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Your ^(TM) GOD POWER

...To Get Everything You Ever Wanted
and Live the Life of Your Dreams

The Master's Course

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With The World!

Richard Lee McKim Jr.

T.G.B.E.W.

How to Use Your GOD Power

...To Get Everything You Ever Wanted and Live the Life of Your Dreams



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This Book is dedicated to my Brother

Bob McKim

*Who Inspired me when I needed it,
Who Advised me when I need it, and
Who Supported me when I needed it.*

Thank You & I Love You

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Introduction & Lesson #1



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This Book came as quite a pleasant and unexpected, surprise. While researching the supernatural and other related and unexplainable phenomena, I discovered that there were patterns to these events, and that these patterns were evidence, that our "Reality" is not a static and innate aspect of Life as we have known it. Instead, Reality is a dynamic and ever changing aspect of personal experience. As it turns out, there is not one overall Reality that is consistent throughout the Universe, but instead, there are as many Realities as there are perceivers of Reality, and that they are all as personal and individual to each of us, as our own finger prints.

I will be presenting evidence in this book that cannot be explained in any other way. It is clear that we are actually more powerful and more capable, than we have ever known, to change our own Reality, and even change our whole World in ways that seem unbelievable, and yet, it is all true. Ironically, it is the unbelievable nature of our changeable Realities, that is the very reason that we don't fully and effectively exercise our amazing, GOD Power.

In this book, I will explain the mechanisms and functions of our Physical Reality, and how its design works so well to appear "Realistic" in every detail. But, however magnificent Physical Reality is, it does have what seem like "Flaws" in its design, which reveal its true nature. These apparent "Flaws" in the Reality Mechanism, have become evident due to man's evolving use of his magnificent GOD Power, and expanding belief in himself, which has outpaced Physical Reality's ability to maintain a "Realistic" Physical Experience. However disconcerting these flaws in Physical Reality's "Realism," the gaps in its "Realistic appearance" are justified and explained as "Supernatural Occurrences," which actually gives them validity.

It will become clear that Physical Reality, is merely an elaborate illusion, not too different from the Reality that was depicted in the movie, "The Matrix." However, our imaginary Reality is not created by machines or some super computer, but instead, by us, the participants, who are experiencing it firsthand. It is a marvelous creation, which offers us a way to experience a physical state of being that is far different from that which we could have experienced in our true "form" as nonphysical beings of pure positive energy.

I will teach you how to use your GOD Power in effective ways, to accomplish anything and everything that you have ever wanted to in your Life Experience. Nothing is outside your ability, when you are using your GOD Power. However, it does take discipline, and practice to use it well. But, mastery over your GOD Power, will directly equate to mastery over your own Reality and your Life.

This book is geared to KNOWING. Knowing is Belief on Steroids. Knowing is the basis of your Reality. If you can reach KNOWING, you have absolute and complete control of your life.

How To Use Your GOD Power - “The Master’s Course”

To assist you in learning this material, I have included Video Examples. These Videos are a bonus, to your learning. While it is not necessary to view the Videos, because the information about them is complete in this book, it will add additional clarity and confidence to your KNOWING. Since, “Seeing is Believing,” these Videos are a bonus learning opportunity for those who are eager to really understand this material, and want to learn more.

I have also included Chapter Review information. These are the “Cliffs Notes” of each chapter. It is the main points that you should KNOW. After the Chapter Review Notes, I have included a Chapter Quiz. This is designed to further clarify the material. The answers are in the back of the book. It is my intention to assist you in every way that I can, to reach KNOWING, and when you do, the World will belong to you.

It is important to read the entire book because, I have “Distributed” the main points that you need to know throughout the entire Book. Each of the most important points in this book could have been made again and again in every chapter. However, if I had made the main points in every place that they were appropriate, this book would have been at least three times as big as it already is. So, I have selected a certain group of main points for each Chapter including the chapter on “What is Theoretically Possible,” which I think is the most interesting and thought provoking Chapter in the Book.

In writing this book, I unfolded it in a logical progression. However, as I mentioned above, so many points that I didn’t get to until later in the book, are so fundamental and important to every Chapter, that I highly recommend that you read this book at least twice to get the most out of it. Once you have read it through the first time, the information and comprehensive understanding you will then have, will serve you well in your second reading. You will get so much more out of your second reading, once you understand the whole book.



Books Inform, Courses Teach!

This is not a Book, it’s a “Course.” As a course, it has many elements that when used together will facilitate the best learning experience. With this Course, You can:

 **Read the Material,**  **Listen to the Material,** &  **Watch the Material.**

First, the Book itself has more than 500 pages full of Information, pictures and illustrations to help explain the material and important points. The Audio Tracks, (Audio-Book 35+ Hours) have at least two hundred more pages of information in “Audio Form” that are not covered in the book (13+ Hours More than the Book). Not only does the Audio Track have more information, but, it also powerfully conveys the information by how the material is read and explained. Additionally, the Audio Tracks have “Sound-Illustrations” and “Audio-Quotes” where I not only read the Important Quotes written in the book, but, I also include the Audio Clips of the actual people speaking their own Quotes.

This Course also includes more than 100 Video Examples which add a high degree of validity to the material and also help to make the important points that convey the material in a powerful way. *You should make it a point to watch the Videos that accompany this material.*

Finally, this Course includes all the information in a Slide-Show format which has over 1,500 Slides and more than 51+ hours of Audio & Video. These Slide Shows “Play” like videos, automatically showing you all the illustrations, pictures and information that you need to see and playing the information that you need to hear. It includes “Animated Illustrations” & the Video Examples which help to powerfully make the important points of the Course. This is a very easy way to quickly cover and learn the material.

The Best way to cover this Material is to Read the Book first with the Audio Tracks Playing at the same time. When you come to a Video Example, pause the Audio, and Watch the Video, then continue. After you have completed the entire Book, then watch the Slide-Show as your “Second Read.” The Video Examples are all included in the Slide Presentation as well, so that you can cover all the material in this format as well. It is not as important or necessary to View the Videos the Second time around because you should still remember them.

Enjoy...

Lesson #1. I am giving you Lesson #1 right at the start of this book, because, you will need to make a decision after the end of this lesson of whether or not you should continue reading this book. Your “Reality,” is based on your awareness and beliefs. There is nothing about your Reality that can’t be changed. Even the “Laws of physics,” such as fire burns things, and gravity, are only “Laws” for those who believe in them.

Becoming aware of certain kinds of knowledge, will affect and change your Reality. This is like the story of the Tree of Knowledge, which bears “informational fruits.” This book is just such a fruit. Once you read it, your perception and conception of your Reality will forever be changed in ways that may be impossible to undo. This is where you must be particular as to what material and information you read, what movies and shows you watch, and what kind of people you interact with. You must choose your influences wisely.

If you read this book and watch the associated Video Examples, your concept of Reality will be stretched to the limit and forever changed. You will no longer be able to believe in “one Reality for all,” or that physics and the physical processes of Life on Earth, are governed by “Laws” that are fixed and unchangeable. You will realize that every single thing that you thought was an absolute, is actually flexible and voluntary.

Like in the movie, “The Matrix,” you must decide whether to continue reading this book now and face these new truths, or put it down, and remain in the comfort of your current Reality as it is. All I’m offering is the truth and a complete understanding of how Reality really is.

Let the Quest for KNOWING Begin...

Part I

YOUR GOD POWER & PURPOSE

New Features and Additions At The End of This Book:

Special Book Sharing Features (Page 556)

See all the New Book-Sharing Features that have been added to this Book. You can now share everything in this Book from the Course Information and Teachings to The Course Illustrations, with Your Family, Friends, and the entire World.

Course Illustrations & Gallery (Page 558)

See the Course Illustrations, Posters and Quotes, that can be Downloaded and shared with Your Family, Friends, and the entire World. Each Shareable Illustration has a thumbnail Image and all share Links including the shareable Hyperlink.

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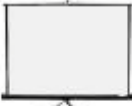




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1. Your GOD Power

All great philosophies and religions say that we were made in GOD's image. What does that mean? What is an "Image" any way? Of course most of us think of an "Image" as a picture or how something looks. Obviously it's not how we look, because we all look different. But, then "Image" does mean "Likeness." It must be that we were made in the "Likeness" of GOD. But that raises a whole new bunch of questions. How are we like GOD? Is it because we think? Is it having thoughts? No, that can't be right either, because animals think and have thoughts too. So, what makes us "Like" GOD but different than animals? Is it because we make decisions? No, that's not it either. Animals decide if something is good to eat or whether they are in danger or not. So, what is the answer then? It has to be "Like" GOD on the one hand, but at the same time different than animals, but, it's not thinking, thoughts, or deciding. We must have a special "Ability or Power," "Like" GOD, that animals don't have. It must be a "GOD POWER." What is this special GOD Power? What is it and how does it work? This "GOD POWER" that we all have, must be something special if GOD has it too. It must be a very powerful and special gift for us, if we have it and animals don't. But what is this mysterious GOD Power that we all have and how can we start using it?



Illustration



Your GOD Power is very simple and easy to use, and yet, it is the most powerful ability known to man.

Your GOD Power is the Ability to Change Reality, By Assigning Meaning.

There is nothing else that even comes close to this GOD Power. This is the One Power that GOD has, and with it he created the Universe and everything in it. The entire Universe and everything in it, including us, are made up of, and created from, Pure Energy. The only Power and ability that is necessary to create the Universe from Energy is the ability to Define and assign Meaning to the Energy and it becomes.

What is a Planet and what is the Meaning of a Planet? It is the definition of, and the meaning of Earth that forms it and maintains it. There is definition and meaning in a Star, a Planet, and a Human Life. It is through assigning meaning that anything can be manifested from the energy of the Universe. Without meaning, there is nothing. Nothing can exist without already having definition and meaning. This includes everything from solid matter, to non physical things such



as situations, circumstances and events. They all exist and have meaning. This is GOD's Power and because we were made in his "Image," we have it too.

Yes, you have the same Power as GOD, but, it is somewhat Muted in your Human experience because of "Immersion" which you will learn about later in this book. It is through your "Immersion" that you use your GOD Power to create and form the boundaries of your own Physical Human experience. More on that later...

So, how do you use your GOD Power and why is it so great? While you will get a better understanding of this as this book unfolds, I will give you a few examples of how it works right now, just to get you started. Many of you in the self help fields will recognize this information. Only now you will get a better understanding of how and why it works. I am speaking of "Visualization." It's not exactly "Visualization" that is the key, but, "Visualization" is one method of asserting Meaning. Before you can really understand Visualization, you first must understand how your Mind (Not your Brain) works.

I always get a good laugh whenever I hear someone say, "You are tricking the Brain, because it doesn't know whether you are actually performing the exercise or just imagining it." They say this because they really don't understand the "Reality Mechanism." Everything that you do is giving meaning. This is like animals. When you exercise, you are communicating, in a physical way "This activity is working these muscles and as a result will cause muscle growth." That IS the meaning of lifting weight. So, where ever there is meaning, (And there is always meaning) there is the result and response to that meaning. The muscle gets bigger and stronger. It is important to note, that the muscle is not responding to the exercise, but to the meaning of the exercise. Everything is operating on meaning, always on meaning, only on meaning and nothing but meaning. So when animals run, the meaning is "the muscle is exercising" and the result and response (to the meaning) is stronger muscle. So far we are just like animals, we do something, which has meaning, and then we get a result from that activity that had meaning.

Remember the result is always from the meaning and NOT from the activity itself. The activity itself, only serves to convey a certain MEANING. That is all it does.

GOD Power Given:

Human Beings:	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
Animals:	YES <input type="checkbox"/>	NO <input checked="" type="checkbox"/>

Here is where we use our GOD Power to accomplish things that animals have no way to match. (By the way, I use animals by comparison, because it is easy to see the difference between those who have GOD Power, Humans, and those who do not, animals.) We will be using exercise by lifting weights, as our example. While we are lifting the weight, in our mind, we can change the

meaning of what we are doing. In our mind only, we can see ourselves as lifting a heavier weight, doing more exercise, than we are actually physically doing. The result? Of course, the muscles get even bigger than they would have been before, because the result/response is always based on the meaning and not the actual activity. In fact, there have been many studies that have shown that those who didn't even exercise at all (No physical movement at all), but only visualized the weight lifting activity in their minds, built exactly as much muscle as those who actually did the hard work and actually exercised. This is because, both of these groups were giving meaning to what they were doing, one by actually doing it, and the other just by visualizing it. Naturally, for an animal to get stronger, the only choice it has is to give the meaning by actually running, because it has no ability to assign or give meaning in any other way. You can begin to see how powerful and valuable this ability to create and assign meaning is.

Video Example - Exercising By Visualization Gets the Same Results



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[Sci Channel Weird Connections ¹ on Visualization and Physical Training \(5:33\) \(View All\)](#)



Check Video

¹ Weird Connections <http://science.discovery.com/tv/weird-connections/weird-connections.html>
Weird Connections is a fast-paced and entertaining glimpse at the strangest experiments being performed in the name of science today. On the surface these experiments seem so "out there" that it's hard to believe they're more than late-night lab pranks. researchers put a roach in the driver's seat of an electric powered vehicle; or use gravity-defying frogs to help mankind colonize Mars; or force locusts to watch *Star Wars* in order to help develop safer automobiles. Each episode takes the viewer on an unlikely and unexpected journey, plotting the connections between one amazing experiment and the next and ending with the real scientific advances they have inspired.



What is this video about?

Visualizing exercise can and does work as well as actually exercising. In this Video Example, the researchers first test the natural ability of all the volunteers. Once they have the initial physical ability established, they divide the group in two. One group works out by actually lifting weights and doing some very strenuous exercise, while the other group simply thinks about lifting the weight in their mind.

In order to assist the visualization process, the researchers filmed these volunteers from behind as they were actually doing the exercise during the first testing stage. They then played the actual video of the participant, from the participants' point of view, while they were sitting at the exercise machine. So, everything was the same except that they didn't actually lift the weight, they only watched themselves doing it, and sat at the machine as if they were doing it.

The results? After several weeks of "Training," the Visualizers amazingly, built more muscle than those who actually lifted the weights and did the hard training.

What does this example show and what does it mean?

What this Video Example shows is that it is the MEANING that is actually accomplishing anything. The actual Lifting only gives Meaning. That's it. When you lift heavy weight, you convey absolute and clear Meaning. However, when you visualize lifting, and get the feeling like you are really doing the lifting, you are also conveying meaning. Both are equally powerful.

This Video Example proves that we can easily substitute physically created Meaning for Mentally created Meaning. That is Your GOD Power, to assert Meaning, and create Meaning at will. And since our entire existence is a function of MEANING, if we can decide what that Meaning is, we have absolute control over our own Life Experience with our GOD Power.

Just so I'm clear about Physically generated Meaning and Thought generated Meaning, I want to stress that we came here for the physical experience; the fun and exhilaration of the physical action and feeling. So, using physical means to assert and create Meaning is perfectly fine, in fact it is preferred. It is just that when using your GOD Power, to adjust meanings, change Meanings or assert new Meanings, it is not always easy to assert the new meaning in a physical way. More often than not, it will have to be a mental thought process. But, by all means, enjoy your physical expressions and physical experience because that's what you're here for.



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The Many Levels of Meaning

Before we go any farther, we really need to understand the mechanics of Meaning. Meaning is present at every single layer and every single viewpoint and at every nook and cranny of every situation. Everything is built and created from Meaning.

Just to show you how pervasive Meaning is in our experience, I will build a simple doghouse built out of Meaning. First, the location has meaning. It is in a certain spot, that is within a certain area that is has the meaning of being owned by a certain person. It is built of wood that has a meaning that was created by the kind of tree that it came from. Its meaning dictates certain properties. You put wood on top, which has the meaning that when a certain substance called water which has a meaning and certain properties, the meaning of a roof keeps the meaning of the water from entering the space which has a meaning of what is enclosed by the wood. Furthermore the meaning of wood prevents the meaning of light from passing through it, where the meaning of glass, does allow the meaning of light to pass, but not the meaning of water.

You can quickly see that the Universe has the most powerful computational abilities you could ever imagine to keep track of all the assigned meanings and still make sure they are all interacting properly. All meaning is calculated and reconciled at the energy level and then only "Represented" at the physical level. (We will go into great detail about "Representations, later in this book.) While the energy level can be best described as in another dimension, we can visualize it better if we think of it as a cloud above every person, object and situation. This would be like a higher level of activity or consciousness. Let's look at a Meaning diagram for the exercise example above.

Normal Workout

Physical	+	Physical	+	Physical	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Person		of weight		of lifting		(More muscle)



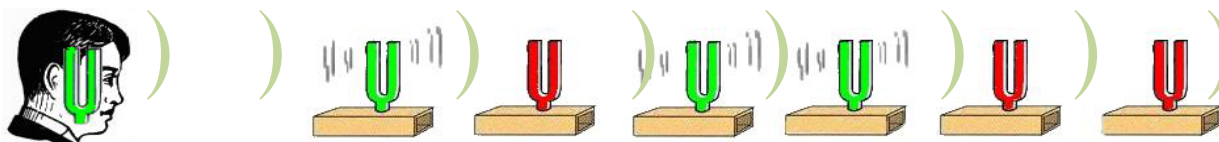
Explain
Illustration
#01-01-i1
9:00



GOD Power (Exercised By Visualization)

Physical	+	Thought	+	Thought	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Person		of weight		of lifting		(More muscle)

Building Muscle Meanings Have Been Activated & Are Being Elicited From The Situation



The Green Tuning Fork Vibrations are Positive Meanings and they Resonate & Elicit ALL the things that will make them Stronger
 Notice that the THOUGHT of working out elicits all the SAME muscle building activities that actually working out does
 The Red Tuning Fork Vibrations are Negative Meanings and they Resonate & Elicit ALL the things that will make them weaker
 Notice that the RED Tuning forks are not "Activated in this example and as a result they do not respond and cause no Harm"

At this point, I need to explain the Green and Red "Tuning Forks" illustration above. Throughout this book, these tuning forks will give you a visual image of how the Meaning Process is working and activating appropriate responses. In this example, you have the Meaning of Exercise which could be represented by the "Green Tuning Forks." When a certain Meaning is initiated, it elicits from the situation all those things that are "like it" and brings them into action. At the same time, all those responses that are not relevant to the Meaning asserted, like the red Tuning Forks, do not respond and are not activated. The meaning of exercising causes all the responses needed to create Muscle to become activated. Some call this the "Law of Attraction," where like attracts like. Once you read the section on "Frequencies and Resonance" you will really understand the Meanings that these Tuning Forks represent.



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Example #2. We just saw an example of using GOD Power to improve muscle building, now, in this example, we will see a medical application. You have been told that you have a serious Life threatening disease. You are given a special medicine that will cure you. You take it and you are cured. What happened here? I know what you are thinking, and no, I'm not going to tell you about the Placebo... not yet. This was real medicine and it really cured a serious sickness. I am using this rather "Normal" example, so that I can explain just how the "Meaning Mechanism" works. First, there was actually a disease present. It had a meaning generated by its chemical and physical properties. Next, the miracle drug has a meaning derived and generated by its chemical content. Then, the combination and interaction between the meaning



#01-02
21:03

of the disease and the meaning of the medicine resulted in a cure in the same way as $2 + 2 = 4$. It's a very simple equation. When an animal has a disease and you give it the right medicine to cure it, the same result is had. The meaning of the disease interacts with the meaning of the medicine given, and the resulting cure is had. Once again, the meanings were derived from the meanings already present in the animal and the chemical makeup of the medicine.



Explain
Illustration
#01-02-i1
1:35

Normal Reality						
Physical	+	Physical	+	Physical	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Person		of Disease		Pill In Mouth		CURE



It is important to understand that in our Universe, there is meaning already present. That's what animals go by, the meaning already present and assigned. Our GOD Power is the ability to assign Meaning and/or change the meaning that is already present as we choose.



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Example #3. As before, you have been told that you have a serious life threatening disease. However, the doctor doesn't have a cure for this one. So he gives you a "Sugar Pill" which is called a "Placebo." This is FAKE medicine. The chemical makeup of this pill has the meaning of a tic tack or candy. However, he tells you that it is a miracle drug that will easily cure your illness. So you take it, and just as expected, the disease is cured. So, what happened here?

First, you had the meaning of the disease generated by the chemical makeup and properties that it possessed, and then you had the meaning of the pill. But, here is the special part. You assigned a new meaning to this pill that it was now a "Trump Card." That no matter how powerful this disease, this would match it and result in a "win" over this disease, a cure. So, the meaning of the disease is combined with the meaning of the medicine, which is now a trump card (Beats all Miracle Cure), which automatically wins by definition & meaning, and you get a result of a cure.

Explain
Illustration
#01-02-12
6:35

Normal Reality

Physical	+	Physical	+	Physical	+	Physical	=	Physical
Meaning		Meaning		Meaning		Meaning		Meaning Result
of Person		Of Disease		Pill In Mouth		Medicine (Sugar)		NO CURE



GOD Power (By Unwitting Belief)

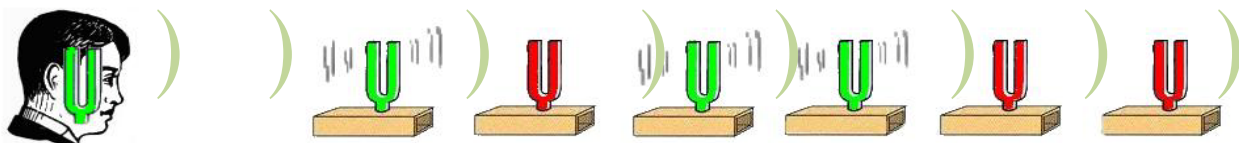
Physical	+	Physical	+	Physical	+	Thought	=	Physical
Meaning		Meaning		Meaning		Meaning		Meaning Result
of Person		Of Disease		Pill In Mouth		Medicine Cure-All		CURED



Illustration



Good Meanings Have Been Activated & Are Being Elicited From The Situation



The Green Tuning Fork Vibrations are Positive Meanings and they Resonate & Elicit ALL the things that will make him Better
The Red Tuning Fork Vibrations are Negative Meanings and they Resonate & Elicit ALL the things that will make him Worse



This is where we differ from animals. You can't give an animal a sugar pill, because the only thing that would happen is give the animal a sugar rush. You combine the meaning of the disease the animal has, generated by the chemical and physical properties of the disease, with the meaning of the pill generated by its chemical and physical properties, which is actually sugar, and you will get the expected result – NO CURE.

If they would have given you the fake sugar pill while you were asleep, or in a coma, it would not have been effective either, because for it to work, YOU had to assign meaning to it and you can only do that consciously. If you had received it unconsciously, the meaning would have remained that of a sugar pill.

Yes you were tricked into using your GOD Power to assign a different meaning to the sugar pill. In this case it worked out great for you. But, the thing is, we are all using our GOD Power all the time. We are always assigning meaning to everything that happens and to everything we think about and do. Many people have died when they didn't have to, because they used their GOD Power poorly.



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Example #4. A person has just been told that they have a serious life threatening disease. In their panic, they call their best friend to tell them the bad news. The friend says "That's too bad. I have heard that, what you have is a terminal situation and that nobody has ever survived that disease." He feels really bad now and it all seems hopeless. The Doctor comes in and says "We have an experimental drug that might work for you. Would you like to try it?" He agrees because something is better than nothing. The Doctor gives him the new drug. The patient dies anyway. What happened here?

First, there was the meaning of the disease generated by the chemical and physical properties of the disease, and then there was the meaning of the medicine based on the chemical and physical properties of the drug. In this case the meaning of the drug was that it really was a miracle drug that was able to cure the meaning of the disease. However, the patient assigned a different meaning to the disease that it was so powerful, that it could not be defeated. The disease became a trump card that prevented any other meaning from curing the disease, and it prevented a drug that would have otherwise cured him, from working.

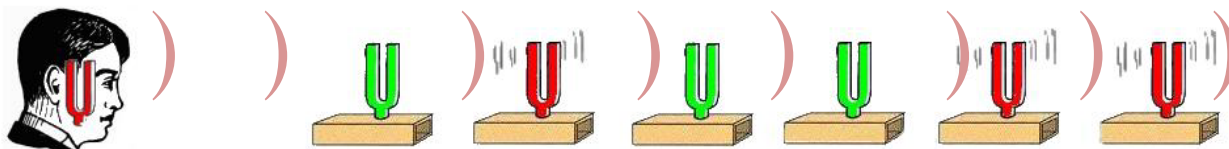
Normal Reality

Physical Meaning of Person	+	Physical Meaning Disease	+	Physical Meaning Pill In Mouth	+	Physical Meaning Medicine Real	=	Physical Meaning Result CURED
----------------------------------	---	--------------------------------	---	---	---	---	---	-------------------------------------

GOD Power (Exercised By Decision)

Physical Meaning of Person	+	Thought Meaning Disease Has No Cure Possible	+	Physical Meaning Pill In Mouth	+	Physical Meaning Medicine Real	=	Physical Meaning Result Died
----------------------------------	---	---	---	---	---	---	---	------------------------------------

Harmful Meanings Have Been Activated & Are Being Elicited From The Situation



The Green Tuning Fork Vibrations are Positive Meanings and they Resonate & Elicit ALL the things that will make him Better
The Red Tuning Fork Vibrations are Negative Meanings and they Resonate & Elicit ALL the things that will make him Worse

Explain
Illustration
#01-02-i3
6:54





#01-03A
8:53



Slide Show
Presentation
Chapter #01
Part 2 of 3
47:00+



Flash Movie
Presentation
Chapter #01
Part 2 of 3
50:14+

Two Real Life Case Studies



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Real Case #1 In this next Video Example, we will see a case where a man died because he thought that he was supposed to. He was convinced that he had an incurable disease and so he asserted the Meaning that he would die and he did. Later it turned out that the disease had been cured by the operation, if only he had known.

Video Example - Man Dies from Placebo Effect



[Placebo - Healing the Body with the Mind \(2 of 4\)](#) (Start View 12:20)

[Play Video](#)

[Check Video](#)

What is this video about?

This video is about a case in 1974. Sam Londe, a retired shoe salesman had cancer of the esophagus, which is the tube running from the mouth to the stomach. Even though the doctors had surgically removed all the cancer they could find, they were sure that it would return. In 1974, this kind of cancer was KNOWN to be 100% fatal and there was no chance that Sam would survive.

Sam died a few weeks later which was no surprise to anyone. However, after the autopsy, it was discovered that even though they did find a small amount of cancer, it wasn't in the esophagus, and clearly it wasn't the cause of his death. He could have easily survived the cancer that he had. He died because he thought he was supposed to. He believed that he was going to die and he did. The Cancer that they found was so tiny

and nobody even knew that it was there. Everyone thought he was going to die from his throat cancer, and so they thought that he did.

What does this example show and what does it mean?

The importance of this Video Example is that Meanings can save you or they can kill you. So, what happened in this situation? First there was the meaning of the Cancer in his esophagus, which was nothing. There wasn't any there. As it turned out, it had all been successfully removed. So there was no Disease Meaning present in his throat.

However, then you add in the "Meaning" of the situation asserted by the Doctors and felt by Sam, that he was going to die for sure from this cancer. So the Meaning he asserted of "I'm going to die," was more powerful than the actual meaning that he had no cancer in his throat any more, and so he died. The Meaning of imminent death, "elicited" a death response from his body.

Note: When asserting Meanings with your GOD Power, be sure to always go for the Better Meaning.

Explain
Illustration
#01-03A-i1
5:54



GOD Power (Exercised By Decision)

Physical Meaning	+	Thought Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person		Disease - No Cure Possible		Operation Actually Effective		Died

Harmful Meanings Have Been Activated & Are Being Elicited From The Situation

The Green Tuning Fork Vibrations are Positive Meanings and they Resonate & Elicit ALL the things that will make him Better
The Red Tuning Fork Vibrations are Negative Meanings and they Resonate & Elicit ALL the things that will make him Worse

Illustration

Play Audio



In these prior examples, we changed the meaning of a pill that we actually ingested or an operation that we actually had. However, we are not limited to changing the meaning of physical matter; we can change and assign meaning to events, circumstances and situations that have no physical form.



#01-03B
25:52

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Real Case #2 So far we have seen Examples where someone has lived because of the Placebo effect or they have died because of it. Now we will see a case where the same man first had a Miracle Recovery from Cancer and lived because of the Placebo Effect and then later had a catastrophic relapse of Cancer and died because of the Placebo Effect. Your Beliefs and Meanings are the Source of Life or Death. What something Means to you and you Believe to be True, Becomes True, for you. That is the Placebo Effect, for the Good or the Bad.

No incident better illustrates this than a now famous case reported by psychologist Bruno Klopfer.² Klopfer was treating a man named Wright³ who had advanced cancer of the lymph nodes. All standard treatments had been exhausted, and Wright appeared to have little time left. His neck, armpits, chest, abdomen, and groin were filled with tumors the size of oranges, and his spleen and liver were so enlarged that two quarts of milky fluid had to be drained out of his chest every day.

But Wright did not want to die. He had heard about an exciting new drug called *Krebiozen*, and he begged his doctor to let him try it. At first his doctor refused because the drug was only being tried on people with a life expectancy of at least three months. But Wright was so unrelenting in his entreaties, his doctor finally gave in.

He gave Wright an injection of *Krebiozen* on Friday, but in his heart of hearts he did not expect Wright to last the weekend. Then the doctor went home.

To his surprise, on the following Monday he found Wright out of bed and walking around. Klopfer reported that his tumors had "melted like snowballs on a hot stove" and were half their original size.

This was a far more rapid decrease in size than even the strongest X-ray treatments could have accomplished. Ten days after Wright's first *Krebiozen* treatment, he left the hospital and was, as far as his doctors could tell, **Cancer Free**. When he had entered the hospital he had needed an oxygen mask to breathe, but when he left he was well enough to fly his own plane at 12,000 feet with no discomfort.

² **Bruno Klopfer** (1900-1971) http://en.wikipedia.org/wiki/Bruno_Klopfer He was born in Bavaria, Germany on 1 October, 1900. He had a profound impact on the development of psychological personality testing, and was an important pioneer and innovator in the development, scoring and popularization of projective techniques especially the Rorschach inkblot test.


³ http://en.wikipedia.org/wiki/Bruno_Klopfer **Klopfer, B., "Psychological Variables in Human Cancer", *Journal of Projective Techniques*, Vol.21, No.4, (December 1957), pp.331-340.** (This paper is also significant because it contains an account of the impact of the treatment of a lymphosarcoma upon Mr. Wright, a patient of one of Klopfer's colleagues (Dr. Philip West) with a bogus medicine, "*Krebiozen*". Klopfer's account of Wright's progress is often referred to in the cancer literature, but the actual reference is seldom cited.)

Wright remained well for about two months, but then articles began to appear asserting that *Krebiozen* actually had no effect on cancer of the lymph nodes. Wright, who was rigidly logical and scientific in his thinking, became very depressed, suffered a relapse, and was readmitted to the hospital. This time his physician decided to try an experiment.

He told Wright that *Krebiozen* was every bit as effective as it had seemed, but that some of the initial supplies of the drug had deteriorated during shipping. He explained, however, that he had a new highly concentrated version of the drug and could treat Wright with this.

Of course the physician did not have a new version of the drug and intended to inject Wright with plain water. To create the proper atmosphere he even went through an elaborate procedure before injecting Wright with the placebo.

Again the results were dramatic. Tumor masses melted, chest fluid vanished, and Wright was quickly back on his feet and feeling great.

 Explain
Illustration
#01-03B-i1
7:35



Normal Reality

Physical	+	Physical	+	Physical	+	Physical	=	Physical
Meaning		Meaning		Meaning		Meaning		Meaning Result
of Person		Of Disease		Injected		Medicine		Patient Dies
		Present		With Water		(Just Water)		Quickly

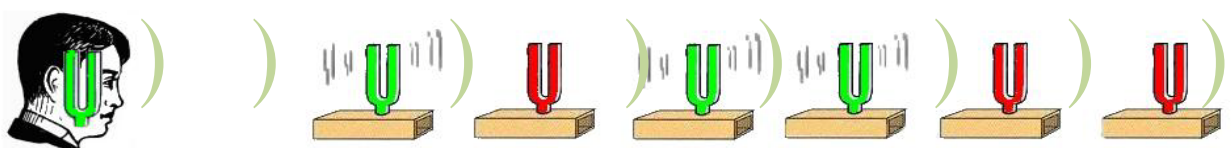
 Play
Audio

GOD Power (By Belief)

Physical	+	Physical	+	Physical	+	Thought	=	Physical
Meaning		Meaning		Meaning		Meaning		Meaning Result
of Person		Of Disease		"Medicine"		Medicine Is		CURED
				Injected		A Miracle Cure		

 Illustration


Good Meanings Have Been Activated & Are Being Elicited From The Situation



The Green Tuning Fork Vibrations are Positive Meanings and they Resonate & Elicit ALL the things that will make him Better
The Red Tuning Fork Vibrations are Negative Meanings and they Resonate & Elicit ALL the things that will make him Worse

 Play
Audio

 i

He remained symptom-free for another two months, but then the American Medical Association announced that a nationwide study of *Krebiozen* had found the drug worthless in the treatment of cancer. This time Wright's faith was completely shattered.

His cancer blossomed anew and he died two days later.^{4 5}

There are several Important Points to get from this Case. First, Wright, the patient, really believed in the new Drug *Krebiozen*. Also, since the Drug was hard to get and he even had to beg his Doctor to get it, it seemed even more "Valuable" and "REAL."

Even though he was at Deaths' Door, with tumors the size of Oranges and two quarts of milky fluid being extracted from his chest every day, and even his Doctor expected him to die within a day or two, he still believed that he could be cured if only he could get this new "Miracle Drug."

So from that place of extreme **Belief and Faith** in the new Drug, *Krebiozen*, he had a Miraculous Recovery. His Cancer Tumors had "melted like snowballs on a hot stove." He left the Hospital "Cancer-Free." He had completely Healed. Since the Drug was later found to be useless, we Know that he "Cured Himself" solely on the Basis of his **Belief and Faith** in the Drug and not because it was actually effective.

This situation could be compared to our Sugar Pill Example we saw earlier. The Actual Chemical Properties and Makeup of the Drug had a Meaning of "No Cure", just like the Sugar Pill did, and just like the prior Example, he assigned a Meaning to it of a "Miracle Cure." So the Meaning that he gave it with his GOD Power "Became" the Drug's REAL MEANING. He MADE IT A MIRACLE CURE by thinking that it was. So he lived.

Importantly, even though the "Drug" was long gone out of his system, it's Meaning was still powerfully keeping him well and Cancer Free. The Meaning Remained "In his system."

Later, rather than just accepting his cure and living the rest of his life Cancer Free, he continued to Worry about his situation. His life was "Tied to the Meaning of that Drug." So as the Meaning of the Drug changed so did his life.

At first, he had given the Drug his own Meaning of a Miracle Cure and it "Became" exactly what he thought it was. But then, he keep reading about the Drug, and what other people thought about it, and then he changed his own Meaning of the Drug to match the Meaning that the "Others" had given it.


⁴ Bruno Klopfer, "Psychological Variables in Human Cancer," *Journal of Prospective Techniques* 31 (1957), pp. 331-40.

⁵ Story Retold By Michael Talbot in his book "The Holographic Universe" Harper Perennial, 1991, Page 94

This is why you MUST be very careful when listening to the opinions of others. When you accept their opinions, you accept their MEANINGS, Good or Bad.

This now changed everything. "If that Drug wasn't REALLY a Miracle Cure, then he must not have REALLY been Cured." Therefore he MUST still have Cancer, and so he then Created it for himself. In the same way that he created a Miracle Drug by his Meanings, he created Cancer. Both were powerfully effective. One created a Miracle Recovery in ten days, and the other Created a Catastrophic Relapse that Killed him in two days.

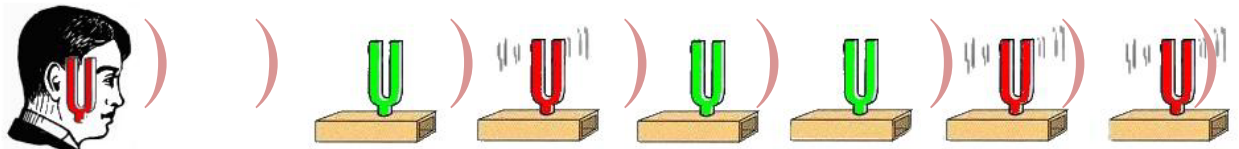
So, at first there was no REAL Drug to cure him but he created a Miracle Drug from nothing by his thoughts, his God Power, and then later there was no Cancer, but he created it from his thoughts by his GOD Power.


Explain
Illustration
#01-03B-i2
9:13

Normal Reality								
Physical Meaning of Person	+	Physical Meaning No Disease Present	+	Physical Meaning No Medicine Needed	+	Physical Meaning No Medicine Given	=	Physical Meaning Patient Lives Cancer Free

GOD Power (Exercised By Loss of Belief)						
Physical Meaning of Person	+	Thought Meaning Disease - No Cure Possible	+	Thought Meaning Medicine No Good = Not Cured	=	Physical Meaning Died In Two Days

Harmful Meanings Have Been Activated & Are Being Elicited From The Situation



The Green Tuning Fork Vibrations are Positive Meanings and they Resonate & Elicit ALL the things that will make him Better
The Red Tuning Fork Vibrations are Negative Meanings and they Resonate & Elicit ALL the things that will make him Worse


Illustration






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#01-03C
12:15

Example #5) As before, you have been told that you have a serious life threatening disease. This is quite a shock to you and you ask for a sleeping pill to get some needed rest. When you wake up, the nurse tells you that the Doctor has some good news for you. Excitedly, you await the Doctor. He comes in and tells you that while you were asleep, he had received some very special medicine and he has already given it to you through your I.V., while you were still asleep, and that the preliminary results look very promising. You heal as expected. However, what you didn't know is that the Doctor not only didn't have any special medicine, but he didn't even administer anything into your system. So what happened here?

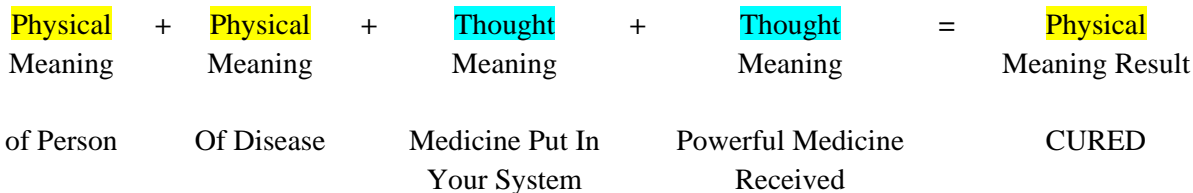
First, you had the meaning generated by the chemical and physical properties of the disease, then you combine that with the meaning of a miracle drug already in your system and working, and the resulting meaning is that the disease goes away and is cured. Remember, it was not the meaning of the chemical properties of the sugar pill that cured the disease before, it was the meaning assigned by you. So, in effect, the actual meaning of the sugar pill, and even the actual physical pill itself was of no use. It was only useful to convey the meaning that you were "Taking Medicine" and the meaning that "It was now in your system." That was the only use the actual sugar pill gave you. But in this case, that wasn't even necessary because, you were told that it was already in your system. Therefore, you didn't need to see it "Go in," to believe it. The Doctor and nurse, after all, were credible people, and if they said they gave you the medicine, it must have happen.



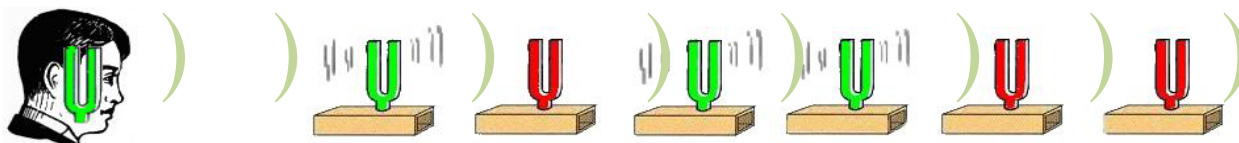
Explain
Illustration
#01-03C-i1
10:13

Normal Reality								
Physical Meaning	+	Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person		Disease		Nothing Put In Your System		No Medicine At All		NO CURE

GOD Power (By Unwitting Belief)



Good Meanings Have Been Activated & Are Being Elicited From The Situation



The Green Tuning Fork Vibrations are Positive Meanings and they Resonate & Elicit ALL the things that will make him Better
The Red Tuning Fork Vibrations are Negative Meanings and they Resonate & Elicit ALL the things that will make him Worse

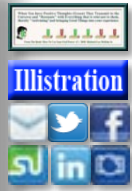
This kind of cure would never work for an animal, because if you didn't actually give them the medicine, there will be no cure. They go by the actual meaning of the chemical and physical properties of the medicine.

This brings up another important aspect of your GOD Power, Belief. You must believe your own assigned meanings. If you didn't believe that the sugar pill was real medicine, it never could have worked. That's why, trickery works so well with placebos. If you were told that you were given a sugar pill, it would have continued to have the meaning of a sugar pill, and it never could have cured you.

Is there any limit to your ability to use your GOD Power to assign meaning? No, there isn't. While you have no actual limits on assigning meaning, you must believe those meanings that you have assigned, for them to work. Second, you only have the ability to assign meaning as it pertains to you. You cannot assign meaning to others without their belief in them.

You could find a nice size rock and say "That it is now gold." But unless you believed it, it wouldn't transform. If you believed in your ability enough, you could turn water into wine and rocks into bread. It is just a matter of changing the meaning of the energy that comprises the object.

So what are some practical uses of your GOD Power? You could think and declare that everything is working out for you. By giving your life experience the meaning that it's all working out for you, you could cause the meaning of any actual situation, to interact with the new meaning that it's working out for you, causing the situation to evolve into a good one for you. Where people might have said no, they will now say yes instead. This is why people have been talking about "positive thinking" all these years and getting great results. They have always known that it works, but not exactly why or how. It is because you have assigned the overall meaning to experiences involving you, that they will "Work Out." And like the sugar



How To Use Your GOD Power - "The Master's Course"

pill, this meaning that you have asserted interacts with the actual meaning generated from the elements of the circumstance, and results in a meaning that "Works out for you." How great is that?

That's why, when you know that things are working out for you, they are. Because if you KNOW that they are, that is stronger than belief, and it is as strong on your life circumstances, as the belief in the Placebo was on the actual disease that you had. Your assigned meaning is more powerful than ANY circumstantial meaning that is already present. Remember, your meaning, that you assigned with your GOD Power, can and will TRUMP any situation, if you believe in it.

In this next Video Example, we will see how the "Unwitting Belief" of a Doctor, resulted in a Miracle cure that would never had occurred otherwise.



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27:03

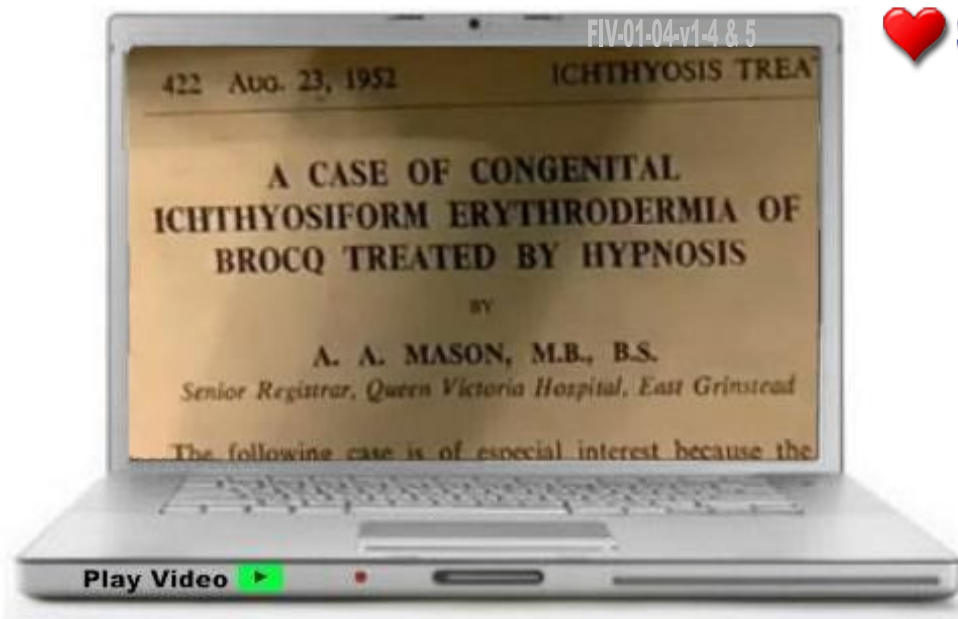


Slide Show
Presentation
Chapter #01
Part 3 of 3
1:16:00+



Flash Movie
Presentation
Chapter #01
Part 3 of 3
1:10:35+

Video Example - The Case of the "Alligator Skinned" Boy



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Placebo - Healing the Body with the Mind (3 of 4) (Start View 10:54)



What is this video about?

In 1952, Albert Mason was an anesthesia specialist, at the Queen Victoria Hospital in East Grinstead, West Sussex, England. A patient was wheeled in to be put under, who looked like he had "Millions of Warts" covering his arms, legs and feet. Mr. Moor, the Surgeon on the case, had been unsuccessfully trying to graft skin from the 15 year old

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boy's chest, where there weren't any "Warts," to his hands. The Surgeon was quite displeased with the results that he was having.

Mason, who remarked that he was rather "Young and Cocky" at the time, said to the Surgeon, "Why don't you treat him with hypnotism?" The Surgeon replied, "Why don't you?" and walked out of the room. Mason had used hypnosis on several occasions with great success to remove warts, and so the next day he hypnotized the Boy.

While the boy was hypnotized, he gave the suggestion to the boy, "The Warts will fall off your right arm and new skin will grow there that is soft and normal." A week later the Boy returned with startling results. (The Pictures in the video are dramatic). The skin on the Boy's arm went from a disgusting blackened and scabby mess, to a normal bright colored skin like you would expect to see on any normal arm.

They went to show the Surgeon, Mr. Moore, but he was in surgery at the time. So, instead they stood outside the plate glass window, and he held up the boy's two arms for the Surgeon to see. The Surgeon's eyes were as big as saucers. He came right out to see the results for himself. He had a closer look and said "Good God!" Mason replied, "I told you that warts go." The Surgeon replied, "This isn't warts, this is a rare congenital disease that he was born with. It's incurable!"

What Albert Mason had done was considered IMPOSSIBLE. This disease normally claimed its victims in early childhood. But, this boy lived and is an old man today, living a normal life. After the news of his amazing success got out, he was inundated by requests of others who had the same disease, but he was unable to help any of them. None of them had responded like the young boy had.

However, there is an explanation. In Albert Mason's own words, "I now knew it was incurable. Beforehand, I thought that it was warts, and I had a conviction, that I can cure warts." His next words are the most powerful of all. He continues, "After that first case, I was acting. I knew it had no right to get well. Any you know, I'm sure that, that was conveyed."

What does this example show and what does it mean?

This is a powerful example of how Meanings are influenced and changed. This was a fortuitous set of circumstances that led to this boy's recovery. If any one thing had been different it would not have occurred. Later on in this book, you will come to realize that nothing in this Universe happens by accident, that every situation and event is "Elicited" by Resonance of Meaning. More on that later...

First, Dr. Moore, the Surgeon didn't tell Albert Mason, that this disease wasn't curable. Next, he didn't correct him when Mason, mistakenly identified the disease as warts.

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Third, Mason had great confidence in his ability to effect a healing (of warts) by hypnosis. As we explore this further, we will see that this example was a complex combination of Meanings that worked perfectly.

While under hypnosis, he told the boy that his right arm would heal, and that new soft skin would grow in its place. Because Mason really believed his suggestion, he gave meaning to the Boy that his right arm was already healing and how it would happen.

First there was the meaning of the actual disease, generated by the chemical and physical properties it contained. Then there was the Meaning of the hypnosis session that conveyed that it was sufficient to heal his right arm only, and that there would be no effect on the rest of his body.

Your power comes from your Knowing, or at least believing in your own Meanings. Mason was so convinced of his ability, that it left no room for doubt to the boy, especially since he had the boy's undivided attention while under hypnosis. Hypnosis allowed Mason to bypass the boy's natural resistance and disbelief that he could be cured. This all resulted in the miraculous cure.

However, once Mason found out that it wasn't warts, and that it was incurable, he lost his confidence in his own ability to effect a cure. He was able to finish up with the Boy, because he already had some success that proved enough to him that he could be cured.

However, when it comes to asserting Meaning while under hypnosis, it is very important that the person who is asserting the Meaning, is confident in what they are saying, because like any normal communication situation, if you are not confident in what you are saying, you will be giving off little clues in the way you say things, or the emotional content of your words etc. It will show.

When others with the same disease showed up to be cured he couldn't make it work. Because he no longer believed in his own mind that the disease was curable, so, it wasn't. It is hard to convey a Meaning that you don't believe in yourself. It always shows.

Normal Reality

Physical Meaning of Person	+	Physical Meaning Disease Not Curable	+	Physical Meaning Nothing Put In His System	+	Physical Meaning No Medicine At All	=	Physical Meaning Result NO CURE
---	---	--	---	--	---	---	---	--



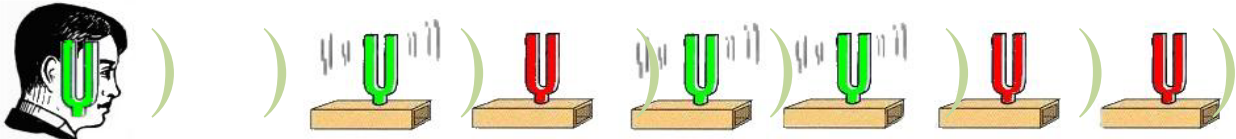
Explain
Illustration
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6:05



GOD Power (Exercised By Hypnosis)

Physical	+	Thought	+	Thought	+	Thought	=	Physical
Meaning		Meaning		Meaning		Meaning		Meaning Result
of Person		Disease		Medicine		Hypnosis		CURED
		Curable		Not Needed		Can Cure		

Good Meanings Have Been Activated & Are Being Elicited From The Situation



The Green Tuning Fork Vibrations are Positive Meanings and they Resonate & Elicit ALL the things that will make him Better
 The Red Tuning Fork Vibrations are Negative Meanings and they Resonate & Elicit ALL the things that will make him Worse

Often the meaning is more powerfully conveyed in a ceremonial setting. That is to say, the more fanfare and complexity of the way the Meaning is conveyed, the more believable it is and the more powerful it becomes. Surgery can be as much about the Meaning of being cured as it is about any real physical action that has been taken. Unlike the simple process of taking a pill, Surgery is a very involved process, of getting prepped for surgery, getting local anesthesia, and actually getting cut open and then actual things being done inside your body. How dramatic is that? You certainly expect dramatic results after all that, don't you?

Video Example – Fake Knee Surgery Works Miracles



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Placebo - Healing the Body with the Mind (1 of 4) (Start View 1:23)

Play Video

Check Video



Play
Audio



What is this video about?

This Video Example is about an experiment that was done by Dr. Bruce Moseley, Baylor College of Medicine, in Houston Texas. He rounded up a group of patients who had extremely painful arthritis in their knees. He divided them into 3 separate groups. One group would receive an actual knee operational procedure of one kind, and the second group would receive an actual operational procedure of another kind, and the third group would not receive any medical procedure at all.

He was very careful to arrange the fake operation to look just like the real thing. After the anesthesia was applied, he would actually cut the same two holes in the patient's skin as the real surgery would have, but that was all. He played a video of an actual surgery to the patient as if his knee was being operated on and the Doctor was calling for instruments and spraying water and acting as if he was actually operating. He could have won an Oscar, because his acting performance was perfect.

After a period of time, he interviewed the patients in all 3 groups and asked them if they were satisfied with the surgery. Every single patient had experienced wonderful results, even the ones who weren't operated on at all.


He theorizes that perhaps it was never the actual surgery that had been healing people, but it was just the placebo effect of having an operation done on them that was actually healing them.

The patients were interviewed 7 years later, and the successful results of the operation (or non-operation) were still unchanged. The one patient interviewed on the Video clip said that before the operation, he was unable to get around, couldn't dance and was experiencing severe pain all the time, but after the "Fake" operation, he could do anything and everything that he wanted to do, without pain.

What does this example show and what does it mean?

This is a powerful example of how Meaning can change anything. As it turns out, it was the elaborate and involved steps that have to be gone through and the high expectations of this complex procedure that resulted in a Meaning that "If you get the operation, you will be healed."

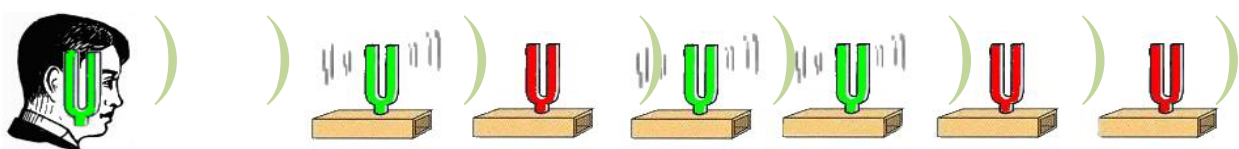
This could be considered a conditional Meaning. If he got the operation, then he would automatically get the healing. So, after the patient goes through the process and gets the operation, he has "earned" or qualified for a "Healing" status. Of course these patients weren't told right away that they had fake surgery, but instead, several years later. By that time, they were well settled into believing that they were healed, and the news of the fake surgery wouldn't cause a relapse.

 Explain
Illustration
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6:17

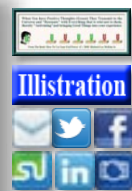
Normal Reality						
Physical	+	Physical	+	Physical	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Person		Disease		Operation		CURED
		Operation Works		Actually Performed		

GOD Power (By Unwitting Belief)						
Physical	+	Physical	+	Thought	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Person		Disease		Operation		CURED
		Operation Works		Was Performed		

Good Meanings Have Been Activated & Are Being Elicited From The Situation



The Green Tuning Fork Vibrations are Positive Meanings and they Resonate & Elicit ALL the things that will make him **Better**
The Red Tuning Fork Vibrations are Negative Meanings and they Resonate & Elicit ALL the things that will make him **Worse**



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Your GOD Power Works on Anything. In this physical Life Experience, you can't necessarily control or change the direction of something that is already well in process. Like if you are reading this and your House is in Foreclosure and will be auctioned tomorrow, that would be a challenge. While it wouldn't be impossible to save your house, it would be quite difficult and not really necessary. Remember, that nothing physical, nor any situation or event has any weight or effect on your experience until it has meaning. It is only the Meaning that

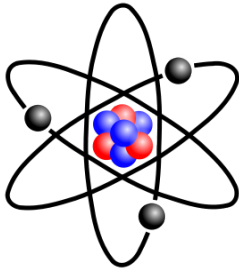
actually "Does" anything and fortunately, you have total control over the meaning with your GOD Power.

Remembering that everything and every situation has a "Default" or starting meaning which is the basis of its existence, because if it had no meaning, it wouldn't exist. In this example of foreclosure, the usual starting Meaning is something like this, "This is all bad. I am losing my house and that represents a failure and will lead to my unhappiness." While people don't generally speak this way, meanings do. Meanings are full of conditions and results. If you neglect to use your GOD Power at this point, as many people do, you will confirm this meaning, and experience it's consequences by default.

However, if you take the time and effort to change the meaning, you will have a result, that can not only be better than the default meaning, but even better than it was when you still had your house! You can change the meaning to this, for example, "This is going to be a time of big change for me, and at this point I am free to go anywhere and even go to places that I might not have gone to otherwise, if I still owned that house. I can now entertain new ideas and I have the freedom right now, to explore all of them like never before. Since everything is always working out for me, this might just turn out to be the best thing that has ever happened to me. I look forward to this change as a new and exciting adventure for me. Bring it on!"

After changing the meaning to something like that, you FORCE, the situation to morph into a great opportunity for you rather than a great loss. It becomes the catalyst for change and growth in new and exciting ways. From this new vantage point, you will be able to see opportunities and options that you could never have noticed before from your place of depression and defeat.

With your GOD Power, you have the ability to change any situation or circumstance in your life, into the best thing that ever happened to you. No matter what happens, it keeps turning out that it was the best thing and it keeps getting better and better. But, don't forget, that not only can you change the meanings in bad situations to great ones, you can change the meanings in situations that are already great, to situations that are Amazingly Wonderful! There is no end to your ability to "Juice Up" your life experience by using your GOD Power.



Illustration



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#01-05
24:24

Your GOD Power and Physics

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In Quantum physics, it is now a widely held belief that the "Observer," actually changes and affects the outcome of the event, just by observing it. No outcome can be predicted with any certainty, without taking in to consideration, the Observer who will be watching the experiment. It is the thoughts and beliefs of the watcher that is the greatest factor in the outcome of the experiment.

Video Example – Quantum Physics – Observer affects Outcome



[Quantum Physics Double Slit Experiment - What The Bleep Movie ⁶ \(5:12\) \(View All\)](#)



⁶ **What The Bleep Movie** <http://www.whatthebleep.com/> *What the BLEEP Do We Know* — First released in theaters in 2004, *WTBDWK!?* went on to become one of the most successful documentaries of all time. Now distributed in over 30 countries, it has stunned audiences with its revolutionary cinematic blend of dramatic film, documentary, animation and comedy, while serving up a mind-jarring blend of Quantum Physics, spirituality, neurology and evolutionary thought. Its success has spanned a massive extended DVD set ("Down the Rabbit Hole") a companion book, study groups, a resource outlet (BLEEP Store), and a host of transformational films that continue to appear around the world.



What is this video about?

This Video explains the difference between Energy as a "Particle" and Energy as a "Wave." It uses animation and explains what the differences are in a very easy to understand way. Particles, like marbles or electrons, act in certain ways that are different than how waves, like the waves across water or waves of energy, act in the same setting.

In this carefully planned experiment they were able to show that the results of the experiment changed and were different when they were Observed, and when they weren't. If they didn't pay attention to it, it turned out one way, but if they looked at it while it was in the process, the result changed.

What does this example show and what does it mean?

This Video Example shows us that, what we think of a situation actually changes and affects it at its most basic and fundamental levels. We know that we can influence living things, but in this Video, we can clearly see that we can even influence the basic foundations of matter itself.

We are powerful beings with the GOD Power to change Meanings, which will change matter itself. When we look at the electron, we are thinking that it is like a particle. Our Meaning has always been that electrons were "particles." So when we watch them, with the Meaning in our minds that they are particles they change into a "Particle Formation." However, when we aren't looking at them, when we are not asserting our Meanings on them, they remain in their unlimited state of "Wave formation." In short, our expectations and Meanings have the power to alter Matter.



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Your GOD Power and Religion

GOD Power and Religion are naturally compatible. Most all religious faiths have said that **as you believe so shall it be**. That **if you have the faith of a mustard seed you shall move mountains**. Your GOD Power is your ability to assign Meaning to any situation or circumstance and cause it to change in a way that becomes beneficial to you. So if you believe that you have changed the meaning and you have the faith and belief of a mustard seed, then you should be able to move mountains.

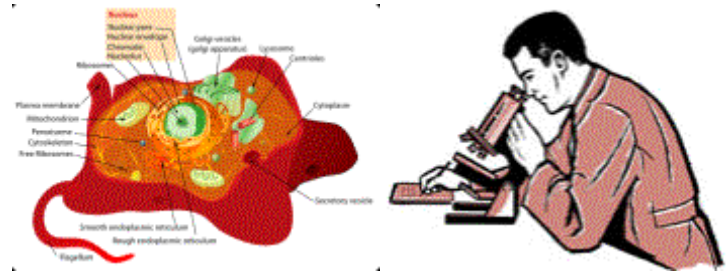


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Your GOD Power and Psychology

In psychology, it's all about self esteem. Since your GOD Power is all about changing the Meaning of a circumstance or event, to one that makes you feel better and is in accord with your wants, desires and beliefs, then the natural result of this change in meaning will be a boost in Self Esteem. It has always been the mainstay of the self help movement to put a positive spin on every situation. To restate the event so that it is in a more positive light. This is the essence of your GOD Power. However, Your GOD Power goes way beyond, changing the meaning of a situation to just feel better; using your GOD Power you change the meaning of the situation to actually change the situation. In that regard, your GOD Power goes way beyond the low expectations of psychology from just feeling better about it to it actually causing it to work out better for real. The main difference in this work and the conventional psychology is that in psychology you are mainly focused on feeling better with no expectations of actually changing your Reality in a real way. With the use of your GOD Power, you are not only feeling better, but, you are actually changing your Reality in a very real way.



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Your GOD Power and Biology

Your body basically has two states: Growth or Protection. While in the state of "Growth" it is flourishing and all good things are happening. Your cells are being nourished and the best chemical signals are being sent, in short it is a perfect state of health. However, if your body is in the state of "Protection," it is partially shut down. The cells go without nourishment, your body begins to change its own genes and even its DNA exposing and even creating such traits as Cancer. It is this fight or flight mode that puts your immune system on hold. Diseases that were being held off now begin to take hold and grow. In short, while you body is in the Protection mode, everything that you DON'T WANT is happening. While you Body is in the Growth mode, everything that you DO WANT is happening. Ideally, you always want to keep your body in the Growth mode.

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So how does your GOD Power figure into these two states? Perfectly! You change the state of your Body by your thoughts and perception. If you perceive the situation as a bad one, you automatically send your body into a state of Protection resulting in a cascade of unwanted results. However if you perceive the situation as a good one, you automatically set your body to a state of Growth and all the beneficial results that cascade from that state. Things that were going wrong now begin to heal, cells that need food and certain chemicals get them. Since your GOD Power is the ability to change Meaning, or how you Perceive the situation, you can always choose to perceive the situation as a good one, with possibilities and opportunities, and set your body back into the growth state of optimum health. However, if you continue to perceive the situation as a bad one, you will elicit a state of Protection from your body which will cause untold amount of damage and harm.

In the next Video Example, you will meet an amazing man Bruce Lipton, who in just the span of 7 video segments, will PROVE to you that your body does in fact respond to MEANING and as a result will always move into either a state of Protection, or a state of Growth. It can only be one or the other and it is always as a result of the Meaning of a situation, which is how you perceive it. Additionally he has the ability to explain these complex biological cell functions in such a way, that anyone can understand. It doesn’t matter if you know anything about cell biology or not, after watching these Videos, it will all make perfect sense.

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Video Example – The Biology of Perception



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Bruce Lipton⁷ - Biology of Perception (1:08:27) (View All)

Play #1 	Play #2 	Play #3 	Play #4
Play #5 	Play #6 	Play #7 	

⁷ <http://www.bruce-lipton.com/about-bruce> Bruce H. Lipton, PhD is an internationally recognized leader in bridging science and spirit. He has been a guest speaker on hundreds of TV and radio shows, as well as keynote presenter for national and international conferences. Dr. Lipton began his scientific career as a cell biologist. He received his Ph.D. Degree from the University of Virginia at Charlottesville before joining the Department of Anatomy at the University of Wisconsin's School of Medicine in 1973. Dr. Lipton's research on muscular dystrophy, studies employing cloned human stem cells, focused upon the molecular mechanisms controlling cell behavior. An experimental tissue transplantation technique developed by Dr. Lipton and colleague Dr. Ed Schultz and published in the journal Science was subsequently employed as a novel form of human genetic engineering. In 1982, Dr. Lipton began examining the principles of quantum physics and how they might be integrated into his understanding of the cell's information processing systems. He produced breakthrough studies on the cell membrane, which revealed that this outer layer of the cell was an organic homologue of a computer chip, the cell's equivalent of a brain. His research at Stanford University's School of Medicine, between 1987 and 1992, revealed that the environment, operating through the membrane, controlled the behavior and physiology of the cell, turning genes on and off. His discoveries, which ran counter to the established scientific view that life is controlled by the genes, presaged one of today's most important fields of study, the science of epigenetics. Two major scientific publications derived from these studies defined the molecular pathways connecting the mind and body. Many subsequent papers by other researchers have since validated his concepts and ideas. Dr. Lipton's novel scientific approach transformed his personal life as well. His deepened understanding of cell biology highlighted the mechanisms by which the mind controls bodily functions, and implied the existence of an immortal spirit. He applied this science to his personal biology, and discovered that his physical well-being improved, and the quality and character of his daily life was greatly enhanced.



What is this video about?

In this Video Example, Bruce describes the basics of how the cells in our Bodies operate. As it turns out, they are actually miniature Bodies themselves, with their own digestion system, nervous system, respiration system, an endocrine system, a reproductive system, an immune system, and communication system, etc., just like our bodies have.

Most importantly, he makes these points. The DNA that is in every cell has no functional power or effect. In fact, the brain of the cell is not in the nucleus, but instead in the outer skin of the cell where it decides what chemicals to activate. No matter what DNA you were born with, your cells have the ability to use whatever part of the DNA pattern that they want to and leave the rest. They even have the ability to make a completely different DNA segment and change what you were born with. You are not limited by the DNA you were born with, that was only your starting point.

Every decision that is made in the Cell, is made based on what its environmental signals are, and not on the DNA already present in the cell. Every cell has chemical receptors on its skin that are looking for the "Signals" that will tell it what it is supposed to do. If a certain chemical is in your blood stream, when it reaches the cells, it tells the cell to do this or to do that. Chemicals are Meanings and each one conveys a different Meaning to the cell. All instructions come by chemical from outside the cell. Therefore, no decisions are made based on what DNA is in the cell. The instructions from the outside tell the cell what part of the DNA to use, or to create a different segment of DNA and change itself.

The Cells basically have two main states of being, Protection or Growth. If they are in the protection mode, they are not letting in any food, they are starving. Not only are they not letting in any food, during this time, they are not spending energy or time repairing themselves. Instead they are on high alert and worrying about outside threats. If they are in a state of Growth, they are "eating" and getting the nourishment that they need, and making repairs to themselves as they are needed, and dividing when they are supposed to, and generally experiencing perfect health.

So how does the cell decide to go into a state of Protection or a state of Growth? It gets a chemical signal from you, and your thoughts. If you are worried, or upset, or any of the other "Bad" emotional states, your brain sends out the chemical signal to "Board up the hatches" and get into the Protection mode because we have a problem going on. If you are happy, feeling good about your situation, and are in a good mood, your brain sends out a chemical signal that "All is well," you can come out and play. You can all take it easy now, the threat has passed.

This means that your entire body, is either shut down, deteriorating and starving, or thriving and nourishing itself, all based on how you perceive the situation at hand.

What does this example show and what does it mean?

In this Video Example, Bruce Lipton clearly demonstrates, that no matter what Genes we have to start with, it all comes down to our Beliefs as to what we will actually create in our body. You are not bound by the genes you were born with, good or bad. Everything is changeable. Your original set of Genes, are only a starting place.

No matter what Genes you were born with, your cells have the ability to create new and different genes to accommodate your perceptions, which are your beliefs and Meanings. Your beliefs and Meanings will either activate genes that you already have or create new ones that more closely match your thoughts. Importantly, he clearly explains that all of the cell's functions can be categorized into one of two groups, Protection or Growth.

The feeling of Fear and all of its related emotions, result in your cells activating their protective mechanisms, commonly known as "fight or flight." While in the defense mode, they fall in disrepair, and can easily become diseased. While in the "protection" mode, they activate genes and or create genes that are harmful to your health and wellbeing. It is a toxic result of toxic thoughts.

However, the feeling of Love and all of its related emotions, result in your cells engaging in all things good. They receive the nutrition that they need. They reproduce properly, are strong and disease resistant. While in the "Growth" mode, they activate and create genes that create and promote your good health and wellbeing.

In both of these cases, genes are activated and or created to meet your circumstance and become your true biology regardless of what genes you were born with. 95% of all cancer patients had no genes for Cancer and yet they developed it anyway.

With your GOD Power, you have total control of your body and even your genes. It is as simple as looking at your current situation and changing its meaning from, "This is the worst thing that could happen to me," to "Everything happens for a reason, and something good is bound to come of this." That simple change in meaning, changes your toxicity in your body from weakness and destruction to Growth and prospering. It not only changes the biology of your body, but it actually changes the reality of your situation.

From the place that this is the worst thing that could happen, your Vibrational resonant frequency, only interacts with more of what you see and expect to see. You can only see how bad it is and more of it. From this Vibrational place there "is no way out." However, from the Vibrational resonant place of, "There is bound to be something good that comes of this," interacts with opportunities, and options that you now become aware of. There is a way out and you can now see it. Of course it was always there, but it was just invisible to you before.

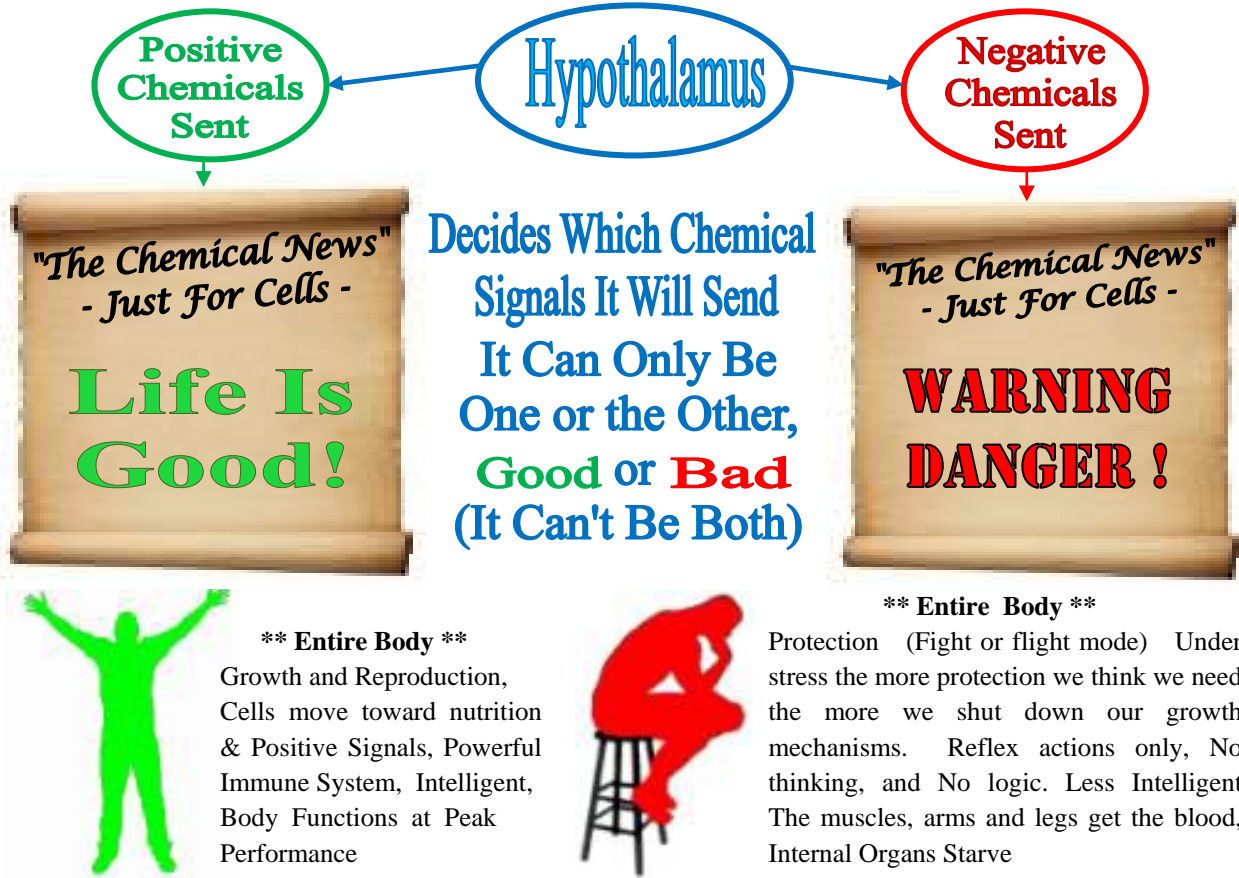
Your thoughts and their resulting Emotions fall into two categories, "Things are Going Well" and "Things Aren't Going Well." These thoughts have a chemical that represents them. The Hypothalamus converts thoughts into chemicals. It's kind of like a radio news broadcast that every cell in the Body is tuned into. If the news is bad, the chemical signal is sent throughout the Body delivering the bad news to every cell so that it can take evasive and protective action. If the news is Good, it sends a chemical message that all is well and that every cell can go about their business of growing and multiplying now that the threat has passed. These chemicals are a message of our state of being.



Explain
Illustration
#01-05-i1
7:44



Your Thoughts



Illustration



Play Audio



Let the Quest for KNOWING continue...



#01-06
2:14



Jump To
The
REVIEW
& QUIZ



Jump To
The
REVIEW
& QUIZ

1. Your GOD Power



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- Chapter Review -

- You were made in GOD's Image, in that you were endowed with a "GOD Power," that animals do not have.
- Your "GOD Power," enables you to take total control of your life experience, by changing the "Meanings," of people, places, situations, and events in your life, at will.
- With your "GOD Power," you can do anything, from changing a Sugar Pill into a powerful cure, to building muscle, simply by watching a video and visualizing it, instead of actually having to do it.
- While your GOD Power gives you the ability to accomplish anything and everything that you can imagine, its foundation and power is based on your Belief. You must believe your "Meanings" for them to be effective.
- Your GOD Power is compatible with religious doctrine, in that if you believe that you can do it, you can. "If you have but the faith of a mustard seed, you can move mountains."
- Your GOD Power is compatible with the findings in Physics in that, it is now widely accepted and believed that, at the most basic level of our understanding, the quantum level, it appears that experimental findings are significantly influenced by the person who is observing the experiment.
- Your GOD Power is compatible with the approaches used by psychologists in that, by rethinking your current situation in a better light, you feel better about it, and you can see new opportunities where you could see none before.
- Your God Power is Ideal with Biology. With your God Power's ability to change Meanings, you can shift your entire Body at will, into a perfect state of Health and Growth.



#01-07
11:35

1. Your GOD Power



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- Chapter Quiz -

1) When it says that we were made in the "Image" of GOD, what does that mean?

- A We look like him
- B We can think
- C We have a certain ability/power
- D None

2) What does Your GOD Power give you the ability to do?

- A Change Meanings
- B Change Your Situation
- C Get Well
- D All

3) What do we have that animals do not?

- A Senses
- B Physical Experiences
- C Ability to think & decide
- D Ability to change Reality

4) What is the foundational basis of every single experience?

- A The actual physical elements and characteristics of the experience
- B The underlying Meaning of the experience

5) Does the idea of GOD Power make sense in terms of Religion, Physics, Psychology & Biology?

- A Yes
- B No



1 2 3



4 5

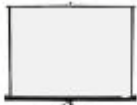
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#02-01
6:04



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2. The Meaning of Life (Your Life)

There have been a lot of books written on the Meaning of Life and they address most topics that come to mind. However, this book is going to cover the Meaning of your Life starting from your choice of a physical incarnation up until you re-immerge back into the nonphysical realm. Your entire experience is just that, an experience and nothing more. Think of it like a "Fantasy Island,"⁸ like the old TV show where people come to have a certain experience and the "Island" magically creates all the elements to accommodate their every "Fantasy." Like the show "Fantasy Island," there is nothing to accomplish or that needs to be done. It is only about the experience while you are here. That is the essence of your Life here on Earth. However, no matter what your "Planned Experience or Fantasy," there had to be a starting place that was appropriate to that experience.

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Point "A" to Point "B" When you came here to Earth, you came for the experience of being Human in Physical Form. You came for the experience of the journey from your Point "A" to your Point "B." Life is all about the journey, not the destination. When you go mountain climbing, you don't fly to the top of the mountain. You start at the bottom and experience the climb. When you go river rafting, you don't drive to the end, because it's not about getting to the end, it's about floating down the river which happens to come to an end at that point. It's always about the experience and the journey from your Point "A" to your Point "B." Point "B" is not a destination; it's the end of the experience. It is not the place you want to be, because it is the end and the journey is over.

⁸ http://en.wikipedia.org/wiki/Fantasy_Island#1998_series Before it became a long-running original television show, *Fantasy Island* was introduced to viewers in 1977 through two highly-rated made-for-television films in which Mr. Roarke and Tattoo played relatively minor roles. Airing from 1978 to 1984, the original series starred [Ricardo Montalban](http://www.imdb.com/title/tt0077008/) as Mr. Roarke, the enigmatic overseer of a mysterious island somewhere in the Pacific Ocean, where people from all walks of life could come and live out their fantasies, albeit for a price.

<http://www.imdb.com/title/tt0077008/> "Fantasy Island" (1978) Fantasy Island is a resort, where there is very little that the host, Mr. Roarke cannot provide. Thus we have visitors have adventures in fantasies that should be impossible, but this island can accommodate them such as visits to any time period they want, meet absolutely anyone they see to do something they request such as getting William Shakespeare to write a play for them.



Every Journey has an ideal starting Point "A" which will result in the most enjoyable journey, to a Point "B" which is never the objective, but, only signifies that the journey has ended. What kind of equipment you take with you depends on what your planned experience is. If you are going mountain climbing, you will need different abilities and equipment than you would need to go river rafting. Your ideal Point "A" for mountain climbing may be at the base of the mountain while your ideal Point "A" for snow skiing, would be at the top of the mountain.

When you were born, you arrived at your ideal Point "A." That was no accident nor was it chance. Nothing in the Universe can happen by accident or chance. It is impossible. However, it is possible for you to think that it was chance or an accident. That is your decision and your choice, as to what you want to believe. Your Point "A," includes the parents you chose, the financial conditions, your body type and health, your sex, your emotional and mental state of mind, the time in history, the country, the planet, the galaxy, and the three dimensional Universe that we all live in. All of this together created your PERFECT Point "A" for your intended journey and life experience. You decided and chose every single one of these aspects of your new experience. (More on that later).

If your journey is to become fabulously wealthy, you wouldn't arrive as the heir of a multibillionaire. That would be like arriving at the top of the mountain for a mountain climb. Instead you would arrive at a place and time, with the ability to accomplish your way to your Point "B." It's the journey and the experience that you are here to have. People, who are born wealthy, obviously have a different journey in mind. Their Journey might be making a difference.

But remember this; everything that you do is only for you and no one else. You are the Center of the Universe and the World revolves around you. If you think otherwise, that is because of your "Immersion" into an experience that is geared to seem very Real and Realistic. However, there is nothing going on in your World that you are not aware of, even if it is on a subconscious level. You only see and experience the World that you believe in. I didn't say the World that you like, but, it is the World that you believe is real. If you think that there are really bad things going on in the World and dangers around every corner, then there are.... For You.

It's like the video game you choose. If you choose to play a war and crime video game, then in that game there are dangers and possible death around every corner. That is the game and World you chose when you turned on that game. However, if you choose a different kind of game, that is joyful, then you may find puppy dogs and bunny rabbits around every corner instead.

As you will find out in the later Chapter called The "Reality of Reality," two completely different realities can exist side by side in perfect harmony with each other. We are on a Fantasy Island, where we can have the World we choose and so can everyone else.



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#02-02
3:59

The Challenge There is nothing that you have to get done while you are here. Everything here is only for your entertainment, enjoyment and your experience. I could give you a million dollars and ask you to give it to the most deserving and least likely person on Earth to get it, but you wouldn't be able to do it. I will warn you in advance that it can't be done. You would tell me, "I'll take that challenge." So you get on a plane and fly halfway around the World. Get in a jeep with a couple of guides and drive for days into the wilderness until you reach the base of a very tall mountain that can only be climbed. So you abandon the jeeps and start climbing the mountain cutting your way through the underbrush until you finally reach a small village at the top of the mountain. You go to the back of the village to the most rundown home, which still has dirt floors, and find a young man in the back room. You announce that you have found the most unlikely person to receive this money and you excitedly hand over the money to him.

Quite pleased with yourself you arrive back in my office to announce your accomplishment. I start smiling and tell you that despite your efforts, you have not accomplished anything special nor unusual. When you understand Resonance, you will realize that the young man had been thinking about things getting better for him, and receiving the help that he needed. He believed that it could work out for him one day in a big way. The only reason that you found him, was because he was resonating with you and attracted you to him. He was attracting wealth to him anyway, if it hadn't been you, it would have been someone else. It would have worked out for him in some way sooner or later anyway.

No matter what you do, you can't help someone that doesn't have it coming to them. They are invisible. Even if you somehow find a person like that, something will happen to deprive them of the benefit you so desperately want to provide. You can only help those who are attracting the help. And since they are attracting the help anyway, even if it's not you, it will be someone else.

The point of the story is to be sure that whatever you are doing, you are doing it because you want to do it and that you are enjoying the experience. In the example above where you travelled across the World to help that young man, if you enjoyed the experience, it was a perfect symbiotic relationship. On the one hand there was a person who wanted help, and on the other hand, there was a person who wanted to give help. That makes for a perfect experience.

However, if it was a hardship on you to accomplish the journey because you felt that if you didn't do it no one else would, think again. Everything is always working out in some way. Things have a way of evolving in the most unusual ways. Perhaps if you hadn't made the journey, the young man would have ended up moving to the big city where he might have started a program to help people and attracted many millions of dollars more than what you gave him.

Remember that we are not really physical. We are all energy trying out a physical experience for the fun of it. We came from energy and we will go back as energy and return again. This is a playground for non physical beings that came to play and experience the physical. To get in the "Game," you enter the playground by being born and you exit by dying.



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#02-03
2:58

Name 3 World Problems Give this some serious thought. Name three Serious World problems that we need to address as a World population or even as a nation. Take a moment right now and get at least a couple in mind before you continue.

Now that you have decided on them, I will tell you that there are no World Problems and no problems at any level. If you were to put on special eye glasses where you could see things as they really are, you would see everything on Earth and Earth itself as a swirling mass of transparent Energy. View it from space. You can see right through it like glass. It would look like the wavy looking heat coming off a hot Florida asphalt road. Using this view, let's try to "Fix" these World problems. What shall we do first? Shall we move some of that swirling energy at the surface of the energy mass and swish it over to the side over there? What do you have in mind?

If this were "Fantasy Island," when you arrived, there would be some really big disaster that needs your immediate attention to resolve. But as soon as you left, the problem would have vanished, because it never really existed in the first place. The problem was only manifested for you, because you wanted something to do, something to worry about or something to fix.

You can easily see from this view of "Reality," that nothing is going wrong. It's just circumstantial energy potential interacting with all the different resonant situations around the Globe. Like the situation with the young man and the gift of money, everything on Earth and throughout the Universe is in a symbiotic relationship. Each serves the other in some way. Because we have an environmental "Problem," we have people who love to figure out ways to help the environment. If we didn't have the problem these people wouldn't get to do the thing that they love. Doctors not only love helping people, but, also make a living at it. So if people didn't get sick, there wouldn't be a job for Doctors. War serves more people than you could imagine. There are those in the Government who love to plan the strategy, there are those who

get to design and build war machines and equipment, and those who love to run around in the trenches shooting each other. If that wasn't fun, we wouldn't have played cowboys and Indians or war games with our cap-guns as kids. These are all "Camp Activities" here on Camp Earth. We are all energy beings playing physical games. Part of the fun of this camp, is the realism that we get through our "Immersion."



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#02-04
7:39

Immersion When we are still in our non-physical state, we know everything. There isn't anything that we can't know just by thinking about it. We didn't emerge into this Physical experience to get anything done. We came here to have a physical experience. Even though, we knew in the nonphysical what a physical experience was, there is a big difference between knowing what it is and getting to experience it. That would be like the difference between knowing about the Wild-West and actually being there in the Wild West walking the streets with your horse and your trusty rifle at your side. The experience is a million times more exciting and fun than just knowing about it. So when we arrived in the physical we became "Immersed" in our physical experience's "character," with the express purpose of having total "Realism." In order to experience a totally realistic physical Human Experience, we had to limit our knowledge and abilities to just what a physical Human has, no more and no less.

It would be like playing a part in a movie as a character in the old Wild-West. Your character wouldn't "Arrive" knowing about jet airplanes, microwaves and cell phones. He would only know about horses and stagecoaches. That would be complete "Immersion" to play the part in the old west setting. The only other difference with "Immersion" is that the character in the Wild-West wouldn't even be aware that he was playing a part. He would think that he is actually that person in that time, with those real Wild-West problems and opportunities. Complete and total "Realism," That's "Immersion."

Another way to really get the concept of immersion is thinking about a Halloween costume. You can put on a costume, with a mask and even though, people who see you on the outside may be fooled by your disguise, you aren't. You don't truly feel like the person you are pretending to be. When you reach the point, where you truly believe that you are the person that you are portraying, you have reached the state of "Immersion."

Immersion is a wonderful state of Intense "Focus." When one is in a state of Intense Focus, he may be considered "Immersed" in the projects or thoughts, where nothing else is thought of or even comes to mind. It is a highly focused concentration on a narrow range of thoughts and or work or even play.

Our experience in this Physical Universe, in this thing we call Life, is a wonderful state of complete and absolute "Immersion." This "Life Immersion" is created by what we don't know, that we don't know, and as strange as it may sound, we are further "Immersed" by what we do know. Actually, the more we know, for the most part, the DEEPER we are thrust into our immersion.

But how does something that you do know, lead to Immersion? For instance, to know about gravity and the laws of physics, is to discount and not believe anything that doesn't conform and abide by these laws. If you do know that Lead cannot be turned into Gold, any thoughts along that line are automatically blocked out, as non relevant, and of no use or not worth thinking about. So all things that you know, "Can't Be," are automatically blocked out and lead to a more focused attention and thoughts on what, can be, and what you are aware of. That is Immersion, the narrowing down of everything in the Universe to just a small range of consideration and relevance to your Human Incarnation. It thereby leads to a seemingly productive and satisfying result, due to the appropriate focus on only the relevant.

There is nothing bad or wrong about the state of Immersion. It is the Grand Design for this physical experience. It is a perfect state of consciousness to have a very satisfyingly, focused physical experience, without unnecessary thoughts directed to questions, such as, what form you will take today, or whether your car will stay on the ground, or if the project you are working on, will disappear or the surprise party you are planning has already been ruined because everyone can read your mind. Immersion, gives you some boundaries that are comfortable to abide by.

To fully understand the concept of Immersion, just consider the animal kingdom. They are even more fully immersed in their experience than we are as Humans. For the most part they only think of surviving, feeding, and breeding. They are not bothered with thoughts like, "What is the meaning of life?" "Is there life on other planets?" "How exactly, does our body work and what kind of internal organs do we have?" They have not tried to figure out electricity or why things fall. They have not complicated their day to day existence by developing a system of trade, and a system of money to exchange for goods and services with other animals. Their way of life is quite focused and immersed to a high degree. Again, there is nothing wrong with this great plan of Nature. It facilitates a very satisfying physical experience as each form of life is naturally immersed in their type of experience, perfectly.

However, Immersion, or should I say total immersion is not for everybody. For those who want to expand their experience to include super human abilities, and travel to other dimensions and all the other feats that are only a thought away, Immersion is only the starting place and not a lifelong boundary. For those individuals, the first step is enlightenment, which is the shedding of light on new areas and Ideas, which you didn't know that you didn't know.

When you don't know that you don't know, you don't even know others who do know. You are not only unaware of the information itself, but you are unaware of those who know the information, even if they are your neighbors. The subject just never comes up. But once you begin to become aware of these other areas of knowing, outside the normal boundaries of your Immersion, you start seeing and learning things that were always there but, you just didn't notice and just couldn't see them before. How far do you want to go?? That is a personal decision, and it's all up to you.

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#02-05
13:11

Your Camp Activity This camp activity section is a great metaphor for your Life Experience here on Earth. When a kid goes to summer camp, he has a lot of choices of what camp activities he wants to participate in. There is canoeing, basket weaving, pottery, camping, horseback riding, bicycling, clay pot making, archery, and many more to choose from. You can't do them all, so you select 3 or 4 for the summer session.

All the activities have a few things in common. First they are all experiences. Each one is geared to be an experience and nothing more. In the basket weaving class, they don't hand you a finished basket. Instead you get to make your own basket and have the experience of making it from beginning to end. They show you how to get started and after you have learned the basics; you make your own.

Once you have chosen your activities, you are really unaware of what is going on in the other activities that you didn't choose. That is the way it should be. Whatever you pay attention to is what you are aware of. Whatever else you don't pay attention to, might as well be invisible, because you have no awareness of it at all.

If you have chosen Horseback riding, then you will always notice the horses as you pass the field that they are in because it is relevant to your experience. However, someone else who didn't choose horseback riding, nor has any interest in them, would hardly notice them, even if they passed them by on the road. The horses would just blend into the background with everything else.

The obvious thing about camp activities is that they have no real consequence, nor are they necessary. After all it is just camp which is a time to get away from home and play for the summer. What you choose to play is of no consequence, just that you are playing and having fun at what you are doing. Because, this is camp and its set up is just for the fun and experience of it, at the end of Camp, it doesn't matter if there was a basket that didn't get made or even finished, or that there was a horse that didn't get ridden, or even a mountain that wasn't climbed. So what? Nothing needed to be done or to get done. It was all just for the experience while it lasted.

This is the same with your life experience. It makes no difference what you do while you are here at "Camp Earth," because the whole place is only energy formed in such a way as to create a temporary physical experience for those who are here. Once you leave the "Camp" facility (Earth), you will return to the non physical form, from which you started. So enjoy your stay.

While here, nothing you do is for the purpose of getting anything done. Like playing in a mountain stream, at the end of the day, nothing is done, nor did it need to be. It only needed to provide an opportunity for the experience of it all. Like summer camp, there are countless possible activities that you can choose from, and no one activity is any more or less important than another. It doesn't matter whether you play the King or the pawn, this time, as it is only the experience of it that was the fun.

Like in a movie, the one who plays the King and the one who plays the Court Jester, may have an equal amount of time in front of the camera and an equal amount of lines to say, so who is to say which part is better to play? Is it playing the stuffy King who is always in a crisis, or is it the Court Jester who is carefree and always having fun? They are both valid parts and there is always a part for every player of parts. (Actors). In the end it doesn't matter what part you are playing, as long as it is one that you like and gives you "The experience of a lifetime."

What kind of "Parts" and camp activities are available on "Camp Earth?" Anything and everything that you can think of. In fact, Camp-Earth is set up in such a way so that if you can't find the part of your dreams, you can even create it.

As we know from the **Challenge Example**, and the **Name Three World Problems Example**, there is really nothing actually going on here. Everything that is happening is doing so because there are people who have chosen it as their "Camp Activity" or the part that they want to play in this life experience. For example, take the environmental issues and the problems we face with them. Do you really think that anything could really go wrong with a planet that is formed and sustained by energy, and is populated by nonphysical beings who are having a temporary physical experience here? No, nothing is going wrong, nor can it. It is happening because there are millions of people who just love to work on solving that "Problem" as their life's work, or as I like to say, their camp activity while here on Earth. You can see how fun it must be, to figure out new ways of generating energy and inventing better devices that save energy and don't pollute, it can be very engrossing and quite satisfying.

Do you think that war is any different? There are literally millions of parts to be played in that activity, from generals to the workers at the manufacturing plant who make a living making planes, or bullets, or whatever. If playing war wasn't fun, we wouldn't have played war like games as kids.

There are doctors, who want to heal, and there are those who play the doctors and those who play the patients and there are those who play the one who lived and those who played the one who died. It's all just like a movie except that you get to really act the part and really experience it.

However, it's not your place to decide what "Camp Activities" are acceptable and which ones are not. It is no more your place to interfere in someone else's Life Experience by excluding their chosen "Activity," than it is their place to interfere with your choice. On the show "Fantasy Island," it would be totally inappropriate for someone having their own fantasy to decide what

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fantasies the others on the Island could or could not have. We each get to choose exactly what we want without the need for approval from anyone else. Yes, some "Activities" may be distasteful to others, and yes, society, does object to certain "Activities," but, part of choosing an "Activity," is accepting the risks and the rewards that come with it. If you go horseback riding, there is a certain risk that you may be thrown off the horse and get hurt. Likewise, if you choose a criminal "Activity," there is a certain risk that you may get caught and put in prison or even killed.

Don't pass judgment on anyone for the part they are playing. After all, in the movies there has to be somebody willing to play the bad guy, if we are going to have someone play the good guy. Like the King and the Jester, no one part is any more or less important to the whole movie. Sometimes, the bad guy part is the most significant part in the movie and the most exhilarating one to play.

The movie "Monster" that came out in 2003,⁹ was about a woman serial killer who went on a killing rampage. This character was overweight, ugly in every way and downright disgusting. It was in no way a "Glamour Part." However, the actress who played the main character, the killer, was Charlize Theron. As you might know, she is a smoking HOT actress who is usually playing the beautiful leading ladies in the movies. However, she chose this part, which seemed wrong for her; after all she could have any beautiful leading lady type part that she wanted. Why did she pick this part?

When she was asked that very question she replied, "Because I wanted the experience of playing that type of role." How can you argue with that? In the end it is always about the experience. She wasn't kidding about getting the experience. She not only spoke the words and preformed the actions of the part, but, she became the part. She actually gained weight, got fat, and actually got ugly and authentically played the part for real. That is the same thing that we are doing, authentically playing a "Life" part for Real.

⁹ http://en.wikipedia.org/wiki/Monster_%28film%29

Monster is a 2003 biographical-crime-drama-thriller about serial killer Aileen Wuornos, Official site · *Monster* at the Internet Movie Database ... [en.wikipedia.org/wiki/Monster_\(film\)](http://en.wikipedia.org/wiki/Monster_(film)). *Monster* is a 2003 biographical-crime-drama-thriller about serial killer [Aileen Wuornos](http://en.wikipedia.org/wiki/Aileen_Wuornos), a former prostitute who was executed in 2002 for killing seven men in the late 1980s and early 1990s. Wuornos was played by [Charlize Theron](http://www.charlizetheron.com/) <http://www.charlizetheron.com/>

Charlize Theron & her as "The Monster"





Why Do People Die Too Soon? Regarding children, who die young, or the like, think about this. If there were a larger than life Movie being made, and it was going to be shown to the World, wouldn't it be fun to be in the Movie? The only thing is that all the big "Speaking Parts" have already been filled. In fact, all the extras for the crowd scenes have already been cast. The only part left to "Play" in this World Famous" Movie, is one that is right at the beginning. It is not a speaking part, you will have nothing to say, but you will be seen by the World and have the experience of being in a major Real Life motion picture. The part is only 5 minutes and it is about a person who walks out into traffic without noticing a truck is coming at full speed, and gets hit and immediately dies. The rest of the Movie is based on this person needlessly getting killed.

Do you want the part? If a part like this were available, millions and millions of people would line up to get it. Why not? You get to be seen by Billions of people. You get the real life experience of being in a movie, even if it is only for 5 minutes. You are only pretending that you are dead, because everyone knows, in "Reality," you are still alive. Why not play that part and have fun with it?

When we "Die," we only return to our nonphysical form and begin planning our next adventure. Just because the "part" was short, doesn't mean that it wasn't wanted, appreciated, and enjoyed, because it was.

When Charlize Theron chose and played the part that she did, it was just for the fun and experience of it. It was a challenge to play that kind of a part as much as it is for a mountain climber to climb an unfamiliar mountain. It not only shows her commitment to her work, but it is a great example of our own Human experience here at "Camp Earth." We don't just "mouth" the words of our experience, we become the part. We are fat, or disabled, rich or poor for real. When we are trying to save a life, it's not "Hollywood," it's a real person who could really die. We get the real experience of the part that we have chosen... and we wouldn't have it any other way. Here on "Camp Earth," we get to pick our own Camp Activities and have the "Experience of a Lifetime."



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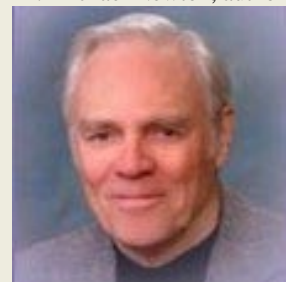
#02-06
6:31

Your Life in the "Planning Stages"

There is nothing accidental about your life experience. You actually chose your body and planned many of the events in your life before you were even born. There was so much to choose from. In the next Video example, Michael Newton¹⁰, a past life regression hypnotist, discloses information that he has learned about this life planning stage during our time between our physical lives. He specializes in past life regression, which is the ability to guide a person, who is deeply hypnotized back in time, before their birth, to the point that they are in a prior life.

He learned this ability to move his clients to this time between lives quite by "accident," as if there were really such a thing. One day after moving his client back to a prior life, they started speaking about their experiences during a time that was not a physical life. They were actually "Planning" their next physical life experience. They were working out the details of who they would meet, and what kinds of experiences they would have and even the body that they would use.

¹⁰ Michael Newton <http://www.spiritualregression.org/> The Newton Institute was founded by Dr. Michael Newton, author of the best-selling books Journey of Souls, Destiny of Souls and Life Between Lives Hypnotherapy. Our organization began as The Society for Spiritual Regression but this name was later changed to TNI to honor its Founder. The Newton Institute (TNI for short) is the home of certified practitioners who provide the experience of Life Between Lives Hypnotherapy (LBL) to individuals throughout the world who wish to find out more about their immortal identity. Life Between Lives Hypnotherapy is a method, pioneered by Michael Newton, using a deep state of hypnosis, whereby individuals can access soul memories. For hidden within are memories of your life as a soul, between incarnations, your life with soul friends and family, planning your future lives on earth. This technique offers you an opportunity to experience a trance-induced "superconscious" state of awareness that brings a deep sense of love, compassion and an understanding of your life purpose. Everyone's experience is unique and personal so you can be confident of a spiritual journey that will fulfill your own needs and wishes.



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Video Example – A Past Life Regression Expert



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Michael Newton - Past Life Regression (44:05) (View All)

Play #1

Play #2

Play #3

Play #4

Play #5



What is this video about?

In this Video Example, Michael Newton describes his work in Past Life Regression. He accidentally got into this field of work when he was hypnotizing one of his patients and they went too far back, and ended up in a prior life experience. Since that time, he has been studying and researching Past Life Experiences and has written several Books on the subject. He has become an expert in the events following death as well as the typical experiences between lives, before people reincarnate for a new life experience.

In this interview, he answers many questions about what exactly happens in this period in-between lives. There are 5 Video Segments and I recommend that you see them all, as they are quite interesting and enlightening. I have outlined the information that I feel was most germane to our purpose.

Starting on Video Segment #2 @ 5:00, he explains that some people who have committed crimes in one lifetime may actually come back in another one as the victim by their own decision. (Remember it is all about the experiences.)

Video Segment #3 at 2:59 to 5:38, he explains the life planning between lives & speaks about "Amnesia." He says that Earth is only "one school" meaning that we can and have incarnated on many other Planets. He says that when we incarnate, we experience a sort

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of “Amnesia” that causes us to forget who we really are and who we have been in the past. (Of Course we know this as “Immersion”)

He says that we decide on the aspects of our next life and on Video Segment #4 @ 2:00 – 7:57, he talks about our future work, and how between lives we are able to see into the future so that we can choose the right body for what we want to do. Amazingly, we choose from several different possible bodies and are able to view ourselves in those bodies in action in future situations. If we like it, then we will incarnate in that chosen body. We even choose which sex we will be in the next life and that we have all lived at least one life as the opposite sex.

What does this example show and what does it mean?

There are several great points of information in this Video Example. First, it is important to realize that we do in fact, reincarnate to experience many different Life Experiences. Remember, nothing needs to be fixed. We are only here for the experience, and not to accomplish anything or get anything done. We are only here for our own growth and personal experiences.

Next, it is important to understand that we plan certain major experiences for ourselves in advance. These experiences are not always “Happy Ones,” but we have planned them for reasons that only our higher self, or inner being knows. This is important to know because the next time you experience some tragedy, you will realize that you probably had planned that for yourself as a growing experience. So get the most out of it and don’t complain.

Also mentioned, is the fact that we choose the body that we will have during this particular experience. Interestingly, just like trying on some new clothes at a department store, we get to tryout our new Body in several future situations to see if it fits our personalities and what we want to experience. If we like it, we get to have it. This is important, because the next time you start to complain about your Body, know this, you picked it out for very good reasons. You didn’t choose it to be unhappy, so it must have been for a very good reason, one that you may never consciously figure out during your lifetime. Suffice to know that whatever the reason, you are meant to work with the one you have. So make the best of it.

He also mentions what he calls a sort of “Amnesia,” which causes people to forget who they are and their past. This is the “Immersion” that we have been talking about. While he doesn’t explain why this happens, we know, that the best and only way to fully experience your “Part” (Life), is to be fully immersed into it, and only know this experience to the exclusion of all else. That is the state of “Immersion.”



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#02-07
5:15

Your "Life Painting" In this Chapter on [The Meaning of Your Life](#), it is important to realize that everyone is here for their own experience and not just here to facilitate yours. In this section we are going to view your life as if it were a "Work of Art." Let's take a moment and create a painting in your mind that represents your life experience, including your joys and sorrows. Include the colors that you enjoy and be sure to include what you believe and don't believe and your philosophy regarding both. What a nice work of art you have made. A life completely represented in a colorful and expressive painting.

Naturally, you weren't the only one who has been creating their own "Life-Painting." There are Billions of others who have been crafting their perfect Painting as they see fit. Like Life, their paintings are also very personal and only intended for their own individual enjoyment. People include experiences and aspects into their own painting and their own life that are their own personal choices, and rightfully so.

I have invited these Life-Painters to exhibit their Life work at a special gathering I call "Civilization." Like everyone else's painting, yours is on display in full view of millions of other Life Painters. Some of them have come over and are now asking you some questions and making disparaging remarks about your work. "Why did you use those colors on your painting? Don't you know that those are the wrong colors in the wrong place? You have way too many swirls and not nearly enough square boxes in your painting."

You are quite perplexed, because in your eyes this is a master piece. In fact it is the work of a lifetime. It is perfect in every way and quite frankly, if they don't enjoy your work, why don't they just move on to see what else is on display. After all, there is no right or wrong way to create a Life-Painting. It is a very personal thing and furthermore, the painting is only meant to be enjoyed by the one who lives it and those who can appreciate it. That is how art is supposed to be. Art is a personal creation that has no right or wrong aspects, but instead is a creation from the heart of its creator.

The interesting thing is that we give art a certain “latitude” in that we allow artist to create almost any kind of creation without undue criticism, because we know that art is an individual creation and expression, and for every creation there will be those who enjoy them and those who enjoy other art instead. The same could be said of a life. Everyone starts out with the canvas they were “Given” at birth and begins to craft and sculpt their own Life to their own taste; after all, they are the only ones who will have to live in their own creation. So why not make it a perfect fit and a masterpiece creation of a very personal nature.

These Life-Paintings, like Life, are a work in progress. You are always adding to it and making changes, to suit your ever changing viewpoints and life experience. You may notice some things that another “Life Artist” has in their Life-Painting that you really like. So add them into your Painting as well. That's the fun of an ever changing and evolving life experience. However, there may be some things that you notice in another painting that you are not fond of at all. So what? Move on. There is no need to comment, it's not your work. If you like it, incorporate it into your life experience. If you don't, then don't.

It is not our place to criticize another's life, nor their choices, because like art, it is their personal creation for their own enjoyment. Life is the most personal creation you will ever have. After all, you have this one life, (This time) so why would you, or anyone, waste a minute of it, sacrificing their own personal desires, to please someone else's opinion? It is your life-painting and your fantasy. Paint it anyway you please and enjoy your magnificent creation.



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#02-08
2:13



What is the Meaning of the Universe?

I have a definition of what the Universe is all about.

"The Universe is Infinite Intelligence Expressing and Appreciating Itself"

R.L.M.



Illustration



The Universe is infinite intelligence, on the one hand expressing itself in as many different ways as you can imagine and more, and at the same time on the other hand, it is appreciating its own expression. For every expression, there is an equal appreciation.

First, we know that the Universe is all about new and unique expressions. That is obvious just by noticing the extreme diversity and DNA. Every single expression in the Universe is unique. Even Identical twins have different personalities and different finger prints.



Every expression has a form of appreciation for that unique expression. In example, a simple Rose, is appreciated by us for its beauty, color, and aroma, and by the bees for its nectar. Animals appreciate it, by avoiding it, because of its thorns. I'm sure that it is also appreciated by countless other forms of life and grub worms etc. However, the Whale doesn't appreciate the Rose, nor does it matter that he doesn't. But, he does appreciate plankton the food that he eats and the water that he swims in, and the Sun for keeping the water at a perfect temperature. The Earth appreciates the Sun for its warmth and the gravitational pull that keeps it from hurling out into space and supports its life.

When a particular expression is no longer appreciated, it ceases to be expressed. Like the record player, 8-track player and the Dinosaurs, it is a continual and ever evolving mix of new and unique expressions thriving in their appreciation and fading away when that appreciation ceases to be.

Let the Quest for KNOWING continue...



#02-09
2:36



Jump To
The
REVIEW
& QUIZ



Jump To
The
REVIEW
& QUIZ

2. The Meaning of Life (Your Life)



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- Chapter Review –

- You are here for a Physical Human Experience and there is nothing that you need to finish or do while you are here.
- You “Arrived” in the perfect Body and in the perfect setting to start your pre-planned Physical Human Experience.
- Your entire Life is simply the Experience that Starts from your “Point A” and Ends at your “Point B.”
- You will only be aware of and be able to help those who are attracting help. However, they will receive the help anyway whether it comes through you or someone else. So, do whatever you do because you enjoy doing it, not because it needs to be done. Nothing needs to be done.
- Every single “Activity” or “Experience” here on Earth is only for your enjoyment and entertainment. Like “Fantasy Island,” the only residual importance of your incarnation, is the experience that you had and the understanding that you gained.
- There are no World Problems, much less any personal problems that are real. They are only the imaginary creations of those who are causing them and those who want to fix them.
- The entire Universe, including Earth and everything on it, are created from Energy that does not need your assistance or help, nor does it need to be fixed by you. It is only here for your enjoyment and manipulation during your Physically Incarnated Experience.
- You are immersed in this “Real-Life Movie-Like” Experience and are only aware of what is relevant to this specific experience, to the exclusion of everything else. You have no memories of past lives or the actual workings of the Universe. That would clutter up and interfere with your current and new experience that you are now embarking on.



#02-10
17:26

2. The Meaning of Life (Your Life)



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- Chapter Quiz -



1) Your arrival here on Earth, can best be described as:

- A An accident B A well thought out, purposefully planned event
- C A completely random event D A freak occurrence

2) In the Point "A" to Point "B" example, Your Point "A" refers to what?

- A Your Birth B The starting place of a journey of experience
- C A new decision D All of These

3) Your Physical Life Experience can be best described as:

- A An accidental result of evolution B Haphazard life combination
- C Playing a chosen character, that is actually experiencing their "part" as a real-life Experience

4) In the Camp Activity Example, it states that you are here for what?

- A To experience the activities of your choice
- B To get something done that needs to be done

5) The concept of "Immersion" can best be described as:

- A The complete and utter focus on your physical experience to the exclusion of all else
- B Remembering your nonphysical abilities and your history from before your birth



1 2 3



4 5

[Go To Answers on Page 540](#)



Entire
Chapter
0:20:08



#03-01
9:41



Slide Show
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Chapter #03
- ALL -
20:08



Flash Movie
Presentation
Chapter #03
- ALL -
24:05



Illustration



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3. The Most Powerful Formula in Your Life (The "Platinum" Formula)

This most powerful formula is:

"Everything Is Working Out For You If You Know It Is."

Each and every word in this formula has an important meaning, so, we will break down this amazing formula into its different parts to get a full understanding of the power that it holds.

"Everything" means all aspects of your Life experience. Everything that you can think of and is important to you is covered by this formula. Your health, Love life, social life, financial well being, happiness, work, hobbies, and everything else you can think of. If it is important to you, and even if it is not, this formula covers it.

"Is" means right NOW, in the present. Not in the future, right now, at this very moment. This doesn't mean going to be, or eventually. It means RIGHT NOW, AT THIS VERY MOMENT, it IS happening.

"Working Out" means whatever events, actions, occurrences, are in the process are all successfully occurring. Regarding your Health, it might mean that your body is successfully healing itself and maintaining its health. Regarding your financial situation, your business and efforts are paying off bringing you the money that you need and want. Regarding Happiness, you are experiencing it and you are finding joy in everything. It means that whatever "Everything" is to you, it is working out successfully for you.

"For You" means that this applies specifically to you, for you, and no one else. While things may or may not be working out for others, they are definitely working out specifically "For You." This is because this formula works in terms of the individual or groups who embrace it. This part is a little tricky because this formula has a "Condition" attached to it. So, individually, you can easily meet the condition. However, sometimes it is more difficult for a whole group to meet the condition.

"If" means that there is a "Condition" attached to this formula. You get to enjoy all the benefits of the formula, including that it encompasses everything that you want, that it is all working out for you right now, only "If" you meet the condition following the "If." If you do not meet the condition stipulated, all the Valuable benefits thus far outlined will not be Guaranteed, nor will they even occur. You MUST be not only willing to honor and fulfill the condition attached; you MUST be dedicated to it.

"You" means you specifically and no one else. It MUST be YOU who acts on this formula. No one else can act on your behalf. It is only YOU who can initiate this formula and activate it to your benefit. Since your life is guided by your own thoughts, that "you can only notice what you think about," and that "you can only see what you notice," and that you can only choose from what you notice, it makes no difference what anybody else thinks. No matter what anyone else thinks or is thinking, it cannot effect what you notice or don't notice. It is impossible. Only You can light up the World that you notice and see.



A good example of this might be two people looking at a huge parking lot full of cars. The first person is thinking about red cars the second person is thinking about a different color. The first person who is thinking about red cars notices them all over the parking lot and what the second person next him is thinking is of no consequence what so ever. You can easily see that whatever color the second person is thinking of, cannot influence what the first person is noticing. However, if the second person says

"I am thinking about how many White cars are out in this huge parking lot." Then the first person would not only notice the red cars, but he would begin to notice the White cars as well. Interestingly, since the second person never learned what color the first person was thinking of and noticing, the second person is still only noticing the white cars.

I must point out that if you listen to, and give thought to, the opinions of others, good or bad, it will influence the World that you will notice and see, not because of what they were thinking, but, because of what you are now thinking. You will subsequently notice and see, what they were noticing and seeing. This is not wrong, it's learning. By reading my words, you are listening to me right now, and hopefully, my words and thoughts will influence the World you experience in a good way.

"Know It Is" means that you have an absolute certainty about it. Many people would substitute the word "Believe" in the same place. However, I draw a clear distinction between these two words. Believe aspires to be Knowing. Belief is good and it's strong, but, it's only tentative Knowing. With belief you have strong confidence in it, but in the face of strong opposition to it, you may experience some doubt. It could cause you to feel less confident. That is the nature of Belief. However, with Knowing, there can be no doubt.

If I were to ask you "Will the Sun rise tomorrow? Even if you only have the most basic understanding of our solar system, you would quickly answer with a resounding "Yes," to that question without any hesitation. That answer comes from a place of Knowing, where there is no doubt nor is there even the possibility of doubt. It would be almost impossible for me to convince you that the Sun will be taking tomorrow off and won't rise again till the following day. That is "Knowing."

Another example of Knowing, might be your Name. You know what your name is and anyone would be hard pressed to convince you otherwise. However, if you got a call from a case worker or some hospital worker, or even a conversation with your Mother, who told you that your real name is actually different on your Birth Certificate, it might shake your confidence in what your real name is. Or if you are a woman who got married and you were told that your Last name hadn't actually been changed on the necessary documents, that might cause some doubt. However, if you had seen the documents yourself, your confidence would be unshakeable, and you could state emphatically from a place of knowing that your name is correct. However, If I asked you what name you go by and respond to, you would definitely answer that question with certainty as there is no possibility of doubt, no matter what any official papers may say.

The odd thing about this Formula, is that if things are working out for you, you of course you know that they are and this formula quickly becomes useless. After all, who needs a special formula to simply state the obvious? The power of the formula is that things will always be working out for you when you know that they are, and they always are. You just have to KNOW it. Not just believe it, but KNOW it.

There was a time when people didn't know for sure that the Sun would rise again. In fact, they didn't even Know that the Earth was round and not flat. However once they Knew for sure that the Earth was round and that the Sun had to rise every day, then, it became Knowing, and could never be lost again.

Likewise, when you reach the level of "KNOWING," that everything is working out for you in every way, at all times, then everything WILL actually be working out for you, at all times and in every way. The rest of this book is dedicated to giving you the information that you will need to reach KNOWING. Like the ancient civilizations who through knowledge, reached a level of Knowing, which could never be taken away, so you too will gain this permanent state of Knowing, that will catapult your Life into never ending happiness and joy. Because you will always KNOW that everything is working out for you, as a result, it WILL always be working out for you.

We will revisit this powerful formula at this end of the Book when you will have enough KNOWING to use it effectively.

Let the Quest for KNOWING continue....

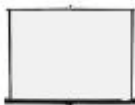
3. The Most Powerful Formula In Your Life (The "Platinum" Formula)



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#03-02
0:36



Jump To
The
REVIEW
& QUIZ



Jump To
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REVIEW
& QUIZ

- Chapter Review –

- The "Platinum" Formula is the most powerful understanding of Reality that you can have or will ever need.
- The "Platinum" Formula is only about you and cannot ever be applied to anyone else.
- The "Platinum" Formula is only effective if you KNOW that it is true and that it works.
- The "Platinum" Formula Will work your entire life



#03-03
9:50

3. The Most Powerful Formula In Your Life (The "Platinum" Formula)



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1 2 3



4 5

- Chapter Quiz -

"Everything Is Working Out For You If You Know It Is."

1) In this formula, what does "Everything" refer to?

- A Your Finances B Your Personal Life C Your Health D All of Them

2) In this formula, what does "Working Out" mean?

- A Getting Better B Staying The Same C Getting Worse D None

3) In this formula, who is "Everything Working Out" For?

- A Your Neighbor B Your Best Friend C Your Mother D You

4) In order for this formula to work, who has to be the one who "KNOWS" that everything is working out?

- A Your Neighbor B Your Best Friend C Your Mother D You

5) What does it mean to KNOW something?

- A You're Doubtful B You Wonder About it
 C You Hope it is D You are Certain

[Go To Answers on Page 541](#)

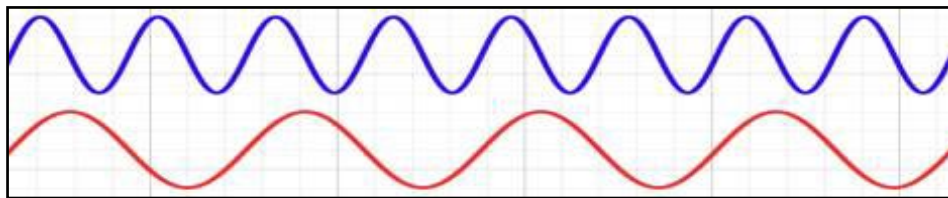
Part II

Frequencies & Resonance

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Entire
Chapter
0:24:53



#04-01
5:34



Slide Show
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Chapter #04
- ALL -
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Flash Movie
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Chapter #04
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29:23+

4. Frequencies & Meaning



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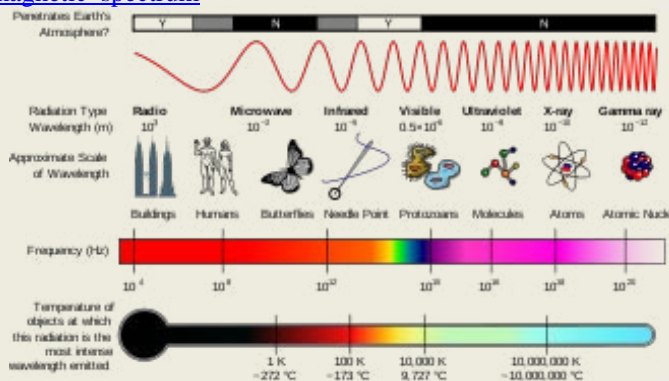


Everything in the Universe is energy. All energy Vibrates. The way that meaning shapes Energy, is by causing a certain "Frequency" that forms the energy into matter or circumstance. It forms it in the same way that a certain frequency will form a musical note, or form the color Red. In music, we listen to a certain range of frequencies that we can hear. In that range, a certain frequency will "Form" a certain sound that we can actually hear. A combination of frequencies together, will form a song. In the Light spectrum ¹¹, there are a certain range of light frequencies that we can see. If the light is in a certain frequency, we see red light. If it is a combination of different light frequencies, we see a picture. If we have a certain combination of light frequencies in combination with sound frequencies, we can watch a movie of an event or the actual event as it is happening. It is all a matter of different frequencies in combination. It's important to understand how frequencies added together create a new single frequency that is made up by a combination of other frequencies.

In the Video Example below is a visual demonstration of how a sound frequency can form a shape and pattern out of a pile of rice. It is only the sound frequency that is acting on the rice. Frequencies have a powerful ability to form Energy into everything from matter to situations.

¹¹ Light Spectrum http://en.wikipedia.org/wiki/Electromagnetic_spectrum

The electromagnetic spectrum is the range of all possible frequencies of electromagnetic radiation. The "electromagnetic spectrum" of an object is the characteristic distribution of electromagnetic radiation emitted or absorbed by that particular object. The electromagnetic spectrum extends from below frequencies used for modern radio to gamma radiation at the short-wavelength end, covering wavelengths from thousands of kilometers down to a fraction of the size of an atom. The long wavelength limit is the size of the universe itself, while it is thought that the short wavelength limit is in the vicinity of the Planck length, although in principle the spectrum is infinite and continuous.



Video Example – Frequency Creates Shape



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Sound Waves (2:10) (View All)



What is this video about?

The first demonstration is by a device sitting on a table. It is a Vibrational device that has a sheet of metal sitting on top of it which is about 18 inches by 18 Inches square. They pour quite a bit of Rice on top of the sheet of metal before they start it vibrating. Naturally, as you would expect, the rice is just in piles, randomly poured over the sheet.

As they turn on the vibrating device to a certain frequency, it transmits the vibration to the sheet of metal, and an interesting thing happens. The Rice begins to form patterns over the metal. Where the Rice "Accumulates" is the place where the frequencies meet and cancel each other out. They are the "Nodal" lines where an up frequency meets a down frequency and end up cancelling each other out completely and equally causing a "quiet" area where the Rice can remain without being vibrated all over the place. The other areas where two up frequencies or two down frequencies meet become very "noisy" and are a place of extreme vibration. No Rice can remain in that very Vibrational place long.

What does this example show and what does it mean?

What this video example shows us is that Frequencies have the ability to cause formations and patterns. Every bit of matter in the Universe is made of Energy that has a certain Vibration. Each certain vibration creates a certain thing. Vibrations are what form energy into the different elements and particles that the Universe is made of. This example shows that a certain vibration will form a certain pattern in the Rice. As the vibration was changed to different frequencies, it resulted in different patterns.

Video Example – Frequency Creates 3 Dimensional Shape



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[Non-Newtonian Fluid on a Speaker Cone \(1:17\) \(View All\)](#)



What is this video about?

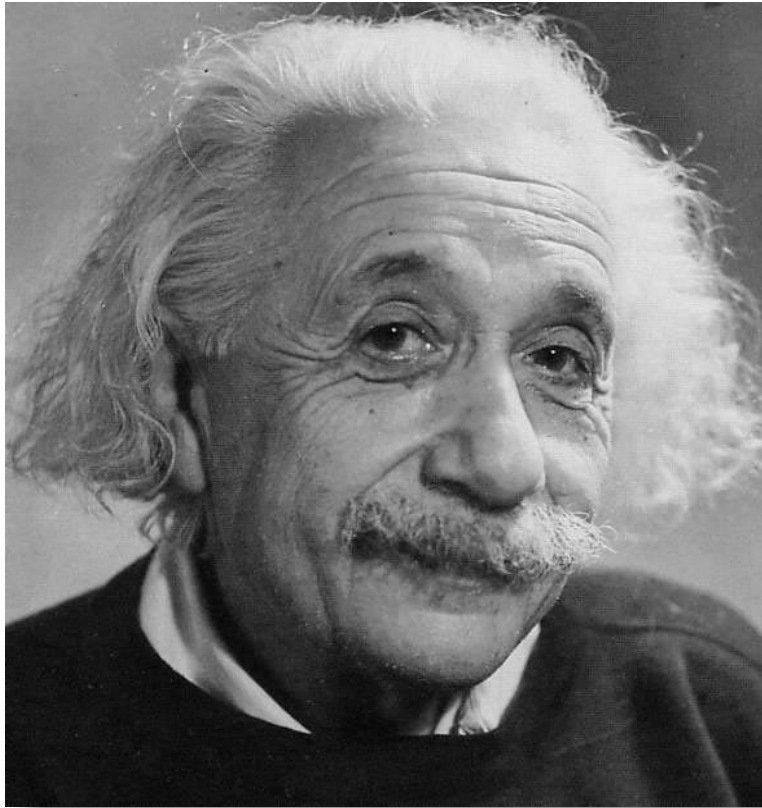
This video shows a low frequency speaker with a Corn Starch Mixture. As it vibrates, the Corn Starch begins to take a three dimensional shape by rising up into the air. This shows, that even a sound frequency has the ability to form and shape matter, if the conditions are right.

This is the explanation that was posted with the Video.

“Corn starch is a shear thickening non-Newtonian fluid meaning that it becomes more viscous when it is disturbed. When it's hit repeatedly by something like a speaker cone it forms weird tendrils. The video was shot at 30 fps and the speaker cone was vibrating at 30 Hz which is why there is no blur. This is the original video with the actual sound of the speaker.”

What does this example show and what does it mean?

This Video Example just shows that a sound frequency can not only create a two dimensional pattern, like we saw with the rice, but can actually create a three dimensional form as well. Of course, these frequencies are very low frequencies at the sound level. The actual frequencies that form matter, and are the basis of creation, are outside of our ability to notice them. Just like infra red light frequencies, we know that they exist, but we can't see them.



#04-02
5:10

Frequency Is the Genius of Creation

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I have always found that the simpler a concept or design is, the more intelligent it is. Using Frequencies to shape energy is the Genius of Creation. It is so simple and yet so powerful. However, you just don't realize how amazingly intelligent and powerful it is until you give it some serious thought.

Consider the picture of the Rice pattern above. Look at it very closely for a moment. Pretend that you are talking to a friend by phone and you want to describe this particular pattern so that your friend is able to recreate that same pattern with some rice. How would you begin to describe this pattern? Would you have to measure it in inches or millimeters? Where should the lines be thicker and thinner? Exactly how thick or thin should the lines be? How would you describe the exact arching curves and where they begin and end? What language would you use? What words would you use? Flowing? Arching? Curving? Connecting? Enclosing? Separating?

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It is such a simple pattern, and yet, it is so difficult to describe and replicate exactly. Yet, the Universe can recreate that pattern, every time, again and again, just by using a certain frequency. It is so much easier to transmit a Frequency that describes an object or a situation, than it is to use any other method. It works so well, because the entire Universe is energy, and that's the one thing that energy is really good at, Vibrating. Can you imagine the Universe having to describe over and over again how to make a Hydrogen Atom, or a Water molecule in any other way? Instead, if you want an Oxygen Atom, just use the Frequency pattern that Means Oxygen. It's like the fact that you can be defined by the "pattern" of your DNA. Your DNA is the physical expression of a certain Frequency that Means "YOU."

Imagine a musical band. In this band there is a singer, a drum player, a piano, a lead guitar and a base guitar and a trumpet. Each of these instruments, including the singer, puts out its own set of frequencies that are changing, but within the range of that instrument. A drum puts out a different range of sound than the guitar or the trumpet, and definitely different than the singer. But when they create a song, it has its own frequency as a whole, even though it is made up of many different frequencies put together.

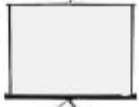
That is the essence of matter. It is composed of molecules, which are composed of atoms, which are composed of electrons, neutrons, and protons, which are composed of yet smaller parts all of which have their own frequency at their level of existence. Just as the guitar has its own frequency, it is part of a song, which is part of a movie, which is part of the theater experience, which is part of a Person's individual experience and it just keeps going and going.

However, even if you are in the movie theater, watching the movie, with all the dialog and action, you can still listen for and hear the sound frequency of the guitar playing in the song playing in the background of the scene. Even though the Frequencies are more complex, they still contain and are able to Represent all of their basic elements. Nothing is ever lost in the "Whole." When you listen to a song, as a single Frequency, you can still experience and recognize any of the individual instruments that make it up.

That is a basic understanding of frequencies and how they are gathered to form greater and yet greater situations and objects. The Universe is made up of first, energy, formed into smaller particles than we will ever know at a certain frequency, then after many untold levels, finally form electrons, neutrons and protons, (Which is where we begin to understand the Universe) which then form atoms, all of which have their own frequencies at their own level. Then eventually they form molecules, and matter, and planets, and solar systems and Universes. While they each have their own frequency and "Song," they are also adding unto the greater and bigger picture until it becomes the Universe. And, just like the different sound elements of a song come together to form one song, all the elements and frequencies of the Universe come together to form The Universe, "One-Verse."



#04-03
1:01



Jump To
The
REVIEW
& QUIZ



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4. Frequencies & Meaning



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- Chapter Review -

- Frequencies are second only to Energy as the basic Building Blocks of the Universe
- Meanings create Frequencies which causes Energy to Vibrate at certain Rates
- Frequencies Range from the highest Vibrations which are unseen and immeasurable, to the Lowest ones which can be seen as Light, heard as Sound, and Felt as Movement.
- Frequencies are added together to form more and more complex frequencies
- Frequencies have the power and ability to form energy into matter and circumstance
- Frequencies are the Genius of Creation because they convey so much information
- The Entire Universe is a single Very Complex Frequency know as the One-Verse



#04-04
13:06

4. Frequencies & Meaning



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- Chapter Quiz -

1) Frequencies and combinations of Frequencies are the basis of what?

- A All Matter B All Circumstances C The Universe D All

2) What is the basis of a Frequency?

- A Meaning that is already present B Meaning that you assign C Either

3) Frequencies can be added together to form:

- A More Complex Frequencies B Matter
 C The Universe D All

4) Frequencies Form What into Matter and Circumstances?

- A Energy B Stuff C Corn Starch D Rice

5) The essence of a Frequency is that it causes Energy to:

- A Become Circumstance B Vibrate
 C Create Form D All



1



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[Go To Answers on Page 541](#)

5. Resonance, the Secret "Match-Making" Force Of the Universe



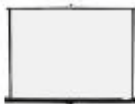
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Entire
Chapter
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#05-01
16:33



Slide Show
Presentation
Chapter #05
Part 1 of 4
1:14:00+



So, now that we know the Universe is made up of combinations of frequencies forming Energy into matter, situations, and events. We also know that it is Meaning that creates these Frequencies. So, what is Resonance and what does it have to do with Your GOD Power? What does "Resonate" mean and how is it the "Matchmaker of the Universe?" Well you know what GOD Power is and what it does. But, now, I'm going to explain to you how it works through Resonance.

Frequencies have an amazing quality, it's called Resonance. Resonance happens when similar frequencies are in proximity to each other. If you had two equally tuned guitars in the same room, and you plucked the third string on one of them, did you know that the third string on the other guitar would automatically start to vibrate? That is called Resonance. Resonance **elicits** an **automatic** response from like frequencies. If there was a piano in the same room and it had a string that was the same frequency to the one that you were plucking on the guitar, it would also respond automatically by vibrating on that string of similar frequency.

If you played a Music CD on your stereo system, that was of a person plucking the third string on a guitar, the third string of a guitar in the same room would still vibrate, because it is not responding to the first guitar, but instead to the frequency that it is generating. It would respond every time whether the frequency vibration is coming directly from the guitar, a stereo system or something else.

This quality of Resonance, is so amazing and powerful and yet so it is so easy to use. It will add greatly to your KNOWING of how the Universe really works. Did you notice that I said it **elicited** the response and the response came **automatically**? The other guitar did not decide to respond, it automatically responded. Also, the other guitar did not respond on its own, the response was **"elicited."** Called forth, beckoned, commanded, requested. The other guitar, not only responded, but, it had to respond, it couldn't decide not to. It responded exactly when it should have and with exactly the appropriate "Tune," vibration, and frequency. The other guitar did not respond with a different "Offering" or a different frequency, or on a different string. It responded with exactly the perfect match to the frequency it heard. Furthermore, there was no effort on the other guitar's part to respond. In fact, no one plucked the string on the other guitar, it responded by itself, "Plucking Itself" so to speak, effortlessly, automatically, and appropriately as it will and does every single time.

The same thing would happen, if you plucked the first string on the first guitar. It would cause the first string on the other guitar to vibrate in automatic response. The same resonating effect



Flash Movie
Presentation
Chapter #05
Part 1 of 4
1:18:45+

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would happen if you plucked the last string; it would automatically elicit the identical response from the other guitar. That is the quality of Resonance. This is the fundamental basis of the Universe.

Also, when the other guitar begins to respond, it makes a sound and a vibration. Because of this, it catches your attention and stands out from everything else in the room. Interestingly, not only does it catch your attention, but, you catch its attention also. After all, you are causing it to vibrate and respond to you, what more do you need to get its attention? In a situation of Resonance, each not only becomes aware of the other, but due to "Likeness" they each are attracted to each other. Thus, the "Law of Attraction."

The property of Resonance not only works with guitar strings, but it will work with Tuning forks, drums, and anything that makes a sound. If you struck the bottom of a kitchen pot or pan, the sound it made would be the exact frequency required to Resonate with it.

The next Video Example uses "Tuning Forks," to demonstrate the principle of Resonance. They come in different sizes and different frequencies. Tuning Forks act just like a Guitar, when one tuning fork is vibrating at a certain frequency, and another one of the same frequency is nearby, it starts to vibrate also, automatically. To further understand this special quality of frequencies check out this next Video Example.



Video Example – Tuning Forks Demonstrate Resonance



♥ Share This



[Resonance \(2:15\) \(View All\)](#)



What is this video about?

In this video, Grandpa John ¹² has two Tuning Forks that are each mounted on a special chamber that makes the sound that they are emitting be able to be heard. The tuning forks are the silver colored metal objects sticking up into the air from the tan colored rectangular wooden sound chambers. A "Tuning Fork," is a cast metal device shaped like a very long "U." They are formed to certain lengths that result in different frequencies when they are struck by a mallet. They are used as a reference to tune instruments, because they are always at the exact frequency. Guitars and pianos and the like, get out of tune as their strings stretch over time. So tuning forks are used to tune them to the exact frequency they are supposed to be at. Since the tuning fork never gets out of tune, it can be used for years and years without needing to be replaced.

In this demonstration, he strikes one of the tuning forks that are mounted on the sound chambers. Immediately, you hear the sound that that tuning fork is making. However, that sound is not from just the tuning fork that was struck by the mallet, but instead from both of the tuning forks mounted on the sound chambers. The frequency caused by the first one, causes the second one to start vibrating and create a sound also. It is most important to note, that the second tuning fork, which is now vibrating and producing a sound of its own, was never touched in any way. It just automatically started vibrating as soon as it "Heard" the other one vibrating. That is the quality of Resonance.

Once the second one starts vibrating and making a sound, which was immediately after the first one started, he picks up the first one by holding the forks. This stops them from vibrating and making any sound. However, you still hear the sound because the second one is still vibrating.

He then demonstrates that it can go either way. So he strikes the second one first this time, and the same result is experienced, except that it is the first one that is now "Responding by Resonance." Like the first time, he picks up the one he struck, (the second one), and still the first one is still vibrating.

As a final demonstration, he takes out two other tuning forks that are made to create two different frequencies. He strikes them and neither of the first two tuning forks responds. Even though they are not mounted on a sound chamber, they would still have responded if the frequencies were a match. This demonstrates that resonance only occurs when there are "like" frequencies involved, or devices that vibrate at like frequencies.

¹² <http://www.grandpajohn.tv/>

What does this example show and what does it mean?

This Video Example, shows in a clear and understandable way, what resonance is. From this example, you can easily visualize the guitar strings responding to each other in resonant fashion. This video points out the two most important things to remember about Resonance.

First. Resonance occurs only in the presence of "Like Frequencies," and will not respond when the frequencies are not a match. Second, the response is automatic, and requires no additional energy, nor does it need any physical action on your part. It is a natural function of nature. Resonance is so automatic, that it would respond in a glass box where no one could touch it, as long as the sound vibration reached it. The resonant "Effect" will continue as long as the primary vibration is activating it.


It is very important to understand that Resonance causes a "MUTUAL" awareness and activation of the "Like" Frequencies. It would be like a guy at a party looking to meet other people like himself. So he shouts above the noise of the crowd, "I like Fishing!" Suddenly, there are several other people in the crowd who shout back, "Me Too!" They end up coming over and they start talking about Fishing. When he shouted that he liked fishing, he was transmitting a certain Frequency out into the World around him. As he did this, those who had a similar "Likeness" (Liked Fishing) responded in the same way with the SAME Frequency. He elicited their response by sending out something about himself. They didn't respond by saying that they were hungry or that they wanted to dance. If he had shouted, "I like Ball-Room Dancing," he would have had a very different result. If there were anyone in the room who also like Ball-Room Dancing they would have responded, but the ones who liked Fishing would have remained quiet and unmoved. They would not have Resonated with that Particular Frequency.

 **Explain**
Illustration
#05-01-i1
2:41




If Same Frequency		
Physical Meaning	+	Physical Meaning
Tuning Fork #1 Frequency		Tuning Fork #2 Of Same Frequency
	=	Physical Meaning Result
		Resonance Activated Response Elicited It Vibrates & Creates Sound

The Same Frequencies Will Activate Resonance and Elicit An Automatic Response



 **Illustration**



 **Play Audio**



When you start the first one vibrating at a certain Frequency, the vibrations reach the second Tuning Fork of the same Frequency and then Resonance causes it to start vibrating also. The Frequency Vibrations from the second one now come back to the first one and begin a Resonant action between the two of them.

If Different Frequency

Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
Tuning Fork #1 Frequency		Tuning Fork #2 Different Frequency		NO Resonance NO Response Elicited NO Vibration

Different Frequencies do not Activate Resonance and Elicit An Automatic Response



Explain
Illustration
#05-01-i2
2:02



Resonance in Real Life Situations



Now that you have actually seen Resonance in action with your own eyes and ears, let's get back to our guitar example. What would happen if you plucked the third string on the one guitar and the other guitar didn't even have a third string? Nothing happens, and nothing can happen. If the other guitar doesn't have a string that vibrates at the same frequency, it does not "Hear" the first guitar, it is totally unaware of it, and as a result it does not respond in any way. You could pluck the third string on the first guitar until your fingers bled, and still, there would be no response coming forth from the other guitar. Resonance only responds "In Kind." It has to be a like frequency to elicit any response. This is very important to understand.

Resonance is not only a "Pervasive Force" that is everywhere and always in action, but it's a very POWERFUL force as well. In the Video Example below, the wind blowing through the cables on the Tacoma Narrows Bridge¹³ caused an audible sound which just happened to match the Resonant Frequency of the Bridge. Even though the bridge was made of steel and concrete, and must have weighed thousands if not hundreds of thousands of tons, the simple sound that the wind made caused that massive structure to writhe and twist as if it were a child's toy being tossed around.

How much "Real" force would have been required to lift that massive bridge into the air like that? How many cranes and jacks and the like would be needed to shake that bridge as forcibly as that sound did? I don't even think that we have anything that I know of, that is big enough and powerful enough to lift and shake that bridge like that simple sound was able to do.

¹³ http://en.wikipedia.org/wiki/Galloping_Gertie

Watch
And
Share



#05-02
28:18

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It is important to note, that it wasn't the wind blowing against the bridge that caused this result. You could stand in a 42 mile and hour breeze. You can visualize how strong a 42 MPH breeze is by thinking of yourself standing up in the back of a pickup truck that is moving at 42 miles per hour. It's nothing. It would have to be a wind in the hundreds of miles per hour range to move that bridge in that way. But just a simple sound at the right frequency, can elicit a powerful response.

Video Example – Resonance Rips Bridge Apart



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Tacoma Bridge (4:12) (View All)



What is this video about?

This segment is a video of a bridge twisting and ripping itself apart. This is a famous video that was taken in Tacoma Washington in 1940 by Barney Elliott, and his friend Harbine Monroe.¹⁴ The suspension bridge was built very strong and lasted until the day came when the wind was blowing at just the right speed (42 MPH), which caused a sound when it passed through the cables holding the bridge up.

The frequency of the sound was just exactly the right one, and matched the resonant frequency of the entire bridge. As we know, the bridge began to respond to the call of Resonance by twisting and shaking and bending until it ripped itself into pieces causing it to finally stop vibrating. After a large part of the bridge fell into the river, and the bridge was now in two pieces, its resonant frequency was much different and there was no longer a resonant effect going on.

¹⁴ <http://www.camerashoptacoma.com/>


What does this example show and what does it mean?

What this example shows, is that everything in the Universe from the very small to the very large has a resonant frequency that is the result of every single aspect of its makeup including size, shape, materials, and even non physical qualities such as thought and meaning.


When you cause a frequency that matches with anything, it will activate it and command it to respond in any way that it can, even if that is by twisting and jumping until it breaks apart. It WILL RESPOND EVERY SINGLE TIME IT GETS THE CALL in the form of a vibration that resonates with it.

As you can see in the video, at 1 minute and 9 seconds, they show the bridge from a wide angle view, and there are people just standing around watching the bridge. There are a few bushes in the scene that are hardly moving at all. It is not the power of the wind that is twisting this bridge, it is the power of the exact frequency that results when cables are at the right tension and the wind is blowing by them at just the right speed, like a bow strokes the violin strings. If the wind had been faster or slower, the bridge would have been saved.

Resonance is a powerful force when you know how to activate it. It will respond every single time and work day and night for you. It will always get a response and it will always work.


Explain
Illustration
#05-02-i1
4:18




Same Frequency		
Physical Meaning	+	Physical Meaning
Bridge's Natural Frequency		Sound Frequency From Wind & Cables Same Frequency
	=	Physical Meaning Result
		Resonance Activated Response Elicited Bridge Vibrates
The Same Frequencies Will Activate Resonance and Elicit An Automatic Response		
		


Illustration


Play Audio



Resonance was achieved by the wind causing a sound vibration that was an exact match with the structure of the bridge. They responded to each other by vibrating. The wind had its vibration represented as a sound, and the bridge vibrated by physically twisting. This is a great example of a "Physical-Resonance."

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In the next Video-Example, we will see the old, "sound breaking a wine glass" demonstration. When a resonant frequency reaches the glass, also in the form of sound, the glass shatters because it cannot flex enough to respond to the resonant frequency. The frequency is demanding more of a response than the glass is capable of.

Video Example – Resonance Breaks Wine Glass



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And
Share



[How to break a wine glass with sound - better version! \(1:29\) \(View All\)](#)



What is this video about?

This Video Example is a demonstration of how a Resonant frequency can affect an object that vibrates at the same frequency. This demonstration is in a lab setting. There is a wine glass which is to be the target of the demonstration. There is a frequency recording device and a powerful amplifier with a speaker attached. Additionally, because the movements of the glass will be so fast, and at such a high frequency, they have mounted a strobe light above the glass so that it, in effect slows down the motion to the point that you can actually see it.

Using the microphone on the recording device, they tap the glass with a stick to cause it to make a sound. That sound is the resonant frequency of that glass. In other words, based on the actual material of the glass, and on its shape, with all factors considered, it has a certain frequency that it vibrates at. (Just like a guitar string that is a certain thickness, a certain length, a certain tension etc, results in a certain frequency that it responds to, and at the same time, is the same frequency which is the note that it will play when strummed.)

After the resonant frequency of the glass is determined, the same exact frequency is set on the amplifier and it is turned up very loud. The speaker is next to the glass sending the exact same frequency that the glass made when it was tapped. Amazingly, the glass begins to quiver and actually flexes and bends to the sound. I don't know how solid glass could bend as much as it does, but after a while it is no longer able to bend enough to respond to the sound and it shatters into pieces.

What does this example show and what does it mean?

This was just like the old commercial many years ago that had a famous singer singing and it shattered a glass. What happened is she hit the high note that matched the glass and unlike a guitar string that can vibrate and move quite a bit without breaking, the solid glass couldn't flex enough and it shattered.

What this example shows is that when a resonant frequency is matched, it must respond. The glass has no choice but to start to vibrate and flex to the sound that is like it. Resonance is a POWERFUL force. It demands a response to likeness and the response always comes willingly even if it means that it will shatter itself doing it. There is no denying the call of Resonance.

This is why, if you set your thoughts and beliefs clearly on what you want, you will elicit, no, let's make this clear, YOU will DEMAND a response from the Universe, commanding everything like YOU, to show up and respond to you. There is no choice. It will shatter itself in order to respond to your call. People, situations, events, places and things, will go out of their way and cooperate with you as they respond to your Vibrational invitational call.



However, if you are not in Vibrational accord with what you want and are looking for, there is nothing you can do to get any response what so ever. Opportunity will not only be invisible to you, but you will be invisible to opportunity. It will go on without you and around you and behind your back and there will be nothing you can do to stop it.

Same Frequency

Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
Glass's Natural Frequency		Sound Frequency From Amp Same Frequency		Resonance Activated Response Elicited Glass Vibrates

The Same Frequencies Will Activate Resonance and Elicit An Automatic Response



Explain
Illustration
#05-02-i2
2:59



Illustration

Play  Audio



Resonance is not limited to physical things. Situations also have a frequency that can be resonated with. In the Video Example below, a waitress in a customer service situation mimics the customer's exact words, causing a resonant quality between them. This ends up eliciting a better tip from the customer.

Video Example – Resonance Helps Waitress Make More Money



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[Waitress Makes More Money by Mimicking Her Customers \(5:26\) \(View All\)](#)

Check Video

What is this video about?

This Video Example is from a show called "Weird Connections" on the Science Channel. In this segment of the show, they are doing an experiment to see if a waitress can make more money in tips if she repeats exactly what her customers have told her.

The experiment is done in the normal scientific manner, where there is a "control group" of waitresses who are told do not repeat what the customer has told you, but, you can write it down and perform your duties as usual. The experimental group of waitresses is told to always repeat everything the customer says when they are ordering, exactly as the customer has said it.

As the experiment concludes they find that on average, the "Control Group" receives an average tip of half a Euro while the Experimental group, receives on average one and a half Euros. This is three times more money in tips, just because they mimicked the customer's exact words.

What does this example show and what does it mean?

What this Video Example shows is that when a person deliberately takes action to be "Like" someone else, they create a situation of "Likeness" which is a Resonant quality. When you are in a resonant relationship, you are able to elicit better cooperation and a higher level of friendship. Likeness is so powerful, that salesmen are often taught to mimic a customer's movements called "Mirroring" to gain a deeper connection with him resulting in making more money. This video shows that Resonance has the ability to elicit the desired results from situations just by being alike. Neither waitress group worked any harder than the other nor did they provide any better service. It all came down to only one thing, being "Like" the customer in a way that created a resonant quality, that elicited a greater and better response, easily and automatically.

Same Likeness

Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
Person's Natural Words		Same Words From Waitress Sameness -Likeness		Resonance Activated Response Elicited Better Tips

The Same Words Will Activate Resonance and Elicit An Automatic Response




Note: This is often called "Mirroring"

Resonance has been shown in a Physical way with the Bridge and the wine glass, and in a relationship way between people with the waitress experiment. However, Resonant qualities are not limited to those two ways. Resonance can be experienced in any situation. In the Video Example below, a computer agent gives a persuasive speech to college students to keep their student ID with them at all times.

At first glance, the computerized head has nothing in common with the student. They are not saying words back and forth like the waitress, and there is no sound frequency that is being matched between them like the Bridge and the Wine Glass. So what can the computer simulation do to attain some sort of "Likeness" or resonant quality that will help the agent achieve his intentioned purpose which is to influence the Students?

In the Video Example, the computer "Agent" achieves a resonant quality by matching the students head movements. It is an amazing result, but not surprising, that a simple identical movement of the head is enough to achieve a resonant quality, or "Likeness."


Explain
Illustration
 #05-02-i3
 1:42





Illustration

Play Audio


Video Example – Resonance Helps Computer Agent Be More Persuasive



Watch
And
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[Avatar Spokesman, Is More Persuasive By Mimicking Head Movements \(4:22\) \(View All\)](#)

[Check Video](#)

What is this video about?

This Video Example is also from the show called "Weird Connections" on the Science Channel. In this segment of the show they are doing an experiment to see if a computerized head, an avatar, can influence a college student by mimicking their head moments.

The experiment is done in the normal scientific manner, where there is a "control group" of students tested where the computerized head just moves in a way that has been preprogrammed and has no relation to what the student is or is not doing. However, with the experimental group of students, the students' head movements were tracked and mimicked exactly by the computerized head 4 seconds later after the student moved their head. (They found that 4 seconds was the perfect time so that the students didn't catch on to what was happening.)

The computerized spokesman was trying to persuade the student that it was a good idea to carry your student ID card at all times on the college campus with all the reasons that supported that position.

As the experiment concludes they find that on average, the "Control Group" was not particularly persuaded by the argument, while the group who had their very own head

movements mimicked, were much more influenced by and agreed more often with the ideas presented.


Every other aspect of the experiment was exactly the same, the speech was exactly the same, and there were head movements by the computer spokesman regularly in both cases. The only difference was that in the more persuasive result, the head movements happen to correspond to the student's own head movements at a 4 second delay. All other factors remaining exactly the same, "Likeness" is persuasive on its own.

What does this example show and what does it mean?

What this video example shows is that when a person is in a Resonant state with "someone" they elicit a cooperation, a response that is favorable, and in accord with that in which they are in resonance with, even if the other person is a computer avatar.

This shows you that you can resonate with anything that is like you in any way. It can be like the way you move your head or like the way you speak, or like the way you sit. But, most importantly, you resonate most powerfully with people, situations and events that are similar to your thoughts and beliefs.


This example just shows you that "Likeness" does catch your attention and causes a REAL effect that can be seen and measured. If you "Tune" yourself by controlling your thoughts and beliefs, and keep them where you want to be, You will be the one causing the resonant effect on all those around you who are like what you are being and wanting to be. You will be the one who elicits the favorable responses and results from your World.


Explain
Illustration
#05-02-i4
2:49



Same Likeness		
Physical Meaning	+	Physical Meaning
Person's Natural Head Movements		Same Head Movements From Computer Agent Sameness -Likeness
	=	Physical Result Meaning
		Resonance Activated Response Elicited Better Agreement

The Same Movements Will Activate Resonance and Elicit An Automatic Response



Note: This is often called "Mirroring"



Illustration



Play Audio 





Watch
And
Share



#05-03
29:28

The Guitar Store


So, now that you understand what Resonance is and how it works, how do you use it and how does it work with Your GOD Power? We will be using a Guitar Store as a metaphor that represents your World. We will say that the high strings on the Guitars, play the "good notes" and represent good things and the low strings play the "bad notes," and represent bad things. The higher notes are the better notes. So you enter a guitar store that is huge, in fact, it is as big as the Universe. There are hundreds of thousands of guitars everywhere. They are on the shelves, the walls the ceiling, hanging in the air and everywhere you look. This guitar store not only has new guitars, but they also sell used guitars, some in good shape and others that are broken, out of tune and even missing some strings. Some even have the strings in the wrong place. In this store, like the Universe, you can find anything that you are looking for.

You step up to the guitar salesman and say, "I am just looking for the guitars that are able to play the high notes, the good things, just the best ones. Do you know which of these guitars can play those high notes?" The salesman smiles because he hears specific requests like this one many times a day. He responds, "There is no way that I can keep track of which guitars can play what notes. Additionally, what I think is a high note may not be a high note to you. Taste is a very individual and personal thing. No one else can choose for you. Only you can choose for yourself. Also, due to changing conditions, any one guitar that could play the high notes yesterday, may not even play them today, and vice-versa. You will have to find what you are looking for on your own."

So, this guitar store is a metaphor for the Universe, and the Guitars themselves are the people, places, events and situations that exist in the Universe. Like guitars, people, places and events, have certain frequency combinations that make up what they are about. So, how do you choose from everything that is in the Universe, and pick just the right the circumstances and events that you want from all that is available? As in the real World, it would be impossible to check each and every guitar, person, place, thing and event in the World individually, just to see which ones are a "Match with you." There must be a better way to sift through everything in the World and get just what you want. If it were you in the Guitar store, what would you do?

Did you think, "Use Resonance, the Universal matchmaker?" If you did, you are correct.

Just so we can understand this concept better by visualizing it, let's modify all the guitars in the Guitar store, by adding a little device that will turn on a light when any of the strings on that guitar are vibrating. In other words, if I were to pluck the third string on my guitar, and the other guitar with the Light-Device on it, has a third string in tune with mine, it would automatically start to vibrate. And since one of the strings on the guitar was vibrating the light would turn on, for as long as the string was vibrating. This way we can visually "see" which guitars are in Resonance with us.



Here is the solution. The easy way to find what you are looking for is to cause it to stand out from the rest of the World. The way you cause it to stand out and catch your attention is to elicit a response from it and cause it to resonate with you. First, turn out the lights in the Guitar store so that you are not distracted by "Good Looking" guitars that cannot perform the high notes. Then, play your own guitar on the exact string and note that you want.

You walk the walk, talk the talk, and "be," think and do the things that you want to see in your World. As you play the exact note that you want, all the other guitars that are capable of playing that same note begin to respond automatically. There are guitars lit up all over the store, as a result of being in resonance with you. You notice them and they notice you. Resonance is a mutual attraction. As you look around in this metaphoric world, you see beautiful houses that are exactly what you are looking for. There are great jobs everywhere. You can see that the economy is booming and opportunity abounds. There are fabulous vacations, people, places and things everywhere. As you play your high string, you vibrate a wonderful feeling of all is well, and it always works out for me and there is opportunity everywhere. You are eliciting the very best that the store has to offer.

In this moment of pure bliss, you wonder "Aren't there any bad things out there in this World because I don't see any of them." The answer is Yes, they are out there in the World along with every possibility and combination that you can think of. But you can only notice what is in resonance with your thoughts. In this guy's situation, he is vibrating, thinking, talking and walking a great frequency and vibration, and as a result, he only notices the good things that are a match with his thoughts. So the answer is Yes, they are out there, but he can't see them and neither can you. They are in the dark and invisible to him. From where his current vibration is, he is unable to notice and see anything else.



Explain
Illustration
#05-03-i1
6:35



Same Likeness

Thought Meaning + **Physical** Meaning = **Physical** Result Meaning

This Person's
Natural Thoughts
& Beliefs Have Certain
High Frequencies

Guitars with Similar
High Frequencies
Good Situations
And opportunities

Resonance Activated
Response Elicited
Light Up & Stand
Out From The Rest

High Frequency Meanings Have Been Activated & Are Being Elicited From The Situation



The Green High String Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Lights of Despair are not activated and do not respond to Positive Thinking, they remain in the dark unlit & unnoticed

After he selects what he wants from the opportunities that have made themselves known and presented themselves to him, he stops playing that wonderful note in order to enjoy his findings and selected experiences. Just then another gentleman comes in the store. He obviously is quite upset and without prompting he begins to play the lowest string available on his guitar as he speaks. "What an awful day that I've had already. My car broke down, I can't find a job in this bad economy, I got sick, I'm behind in my house payments and it's just getting worse all the time. It's going to get a lot worse before it gets any better for me. But, I am looking for a guitar that plays the high notes, just the good ones that will make my situation better. Do you have any?" The guitar store owner responds as usual, "You will have to choose for yourself, it's not my place to select one for you, only you can see the guitar that is the right Match for you."

As this new guy looks around, he sees lights everywhere. These are all the guitars that are in resonance with him. But not with what he wanted, but, instead with the vibration of his real thoughts. He may say that he wants the good things, but all he is focused on and talking about and thinking about is "Low String" bad things. So, as a result all these guitars that are lighting up, are the ones that are capable of resonating on the low strings and playing the low notes. He is eliciting the worst guitars that the store has to offer. As he looks around in this Metaphoric World, all he sees are bad things. He says "Look at that one, no jobs are available, and I knew it. And look over there at that news report; foreclosures are at an all time high. I can't see any opportunity out there for me. I knew it. I just knew it."



Explain
Illustration
#05-03-i2
3:16



Same Likeness

Thought Meaning	+	Physical Meaning	=	Physical Result Meaning
This Person's Natural Thoughts & Beliefs Have Certain Low Frequencies		Guitars with Similar Low Frequencies BAD Situations And opportunities		Resonance Activated Response Elicited Light Up & Stand Out From The Rest

Low Frequency Meanings Have Been Activated & Are Being Elicited From The Situation



The Red Low String Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Green Lights of opportunity are not activated and don't respond to Negative Thinking, they remain in the dark unseen & unknown

As we all know, there are actually opportunities and great jobs everywhere "out there," but because of how he thinks, he doesn't notice them because he is in resonance with the lack of opportunity. He literally cannot see them. Even when they are right in front of him, they are invisible. They are in the dark, out of sight and out of mind.

Then as they finish talking a third man enters the "Guitar store of life" and just like the rest, he requests the best guitars that are available. Once again, the guitar store owner tells him that he is the only one who can find what is a true match for him. It might not be exactly what he wants, but it is "what is available to him." He can only choose from what he is aware of. He is only aware of what he notices, and he only notices what is in resonance with him and catches his attention. After all, you can only choose from what you notice and become aware of. How could you choose something that you can't see or don't notice?

So, like the two customers before him he begins to play his own guitar and talks at the same time, matching his words with his tune. Then like the others, lights begin to appear in the dark, indicating resonance and likeness with him. He starts out by saying "I'm a realist. I tell it just like it is the good and the bad. I know that there are lots of wonderful opportunities out there just waiting to be noticed." As he was speaking, a whole bunch of lights appeared out of nowhere. He continued, "But, I also know that the World is full of pitfalls just waiting to swallow up a man and take every cent that he has." More lights appeared as he said that. "There is some of everything out there and it's just a crap shoot as what you end up with." Even more lights appeared. Now the guitar store was lit up like a Christmas tree. The only problem was... "Which guitars were capable of playing the high notes and which ones were total losers? After all, he thought and talked about good things and bad things and lit up some of everything. This is where most people are.



Explain
Illustration
#05-03-i3
2:34



Same Likeness

Thought Meaning	+	Physical Meaning	=	Physical Result Meaning
This Person's Natural Thoughts & Beliefs Have Certain High Frequencies & Low Frequencies		Guitars with Similar High Frequencies & Low Frequencies Good & Bad Situations And opportunities		Resonance Activated Response Elicited Light Up & Stand Out From The Rest Both Get Noticed

High Frequency Meanings Have Been Activated & Are Being Elicited From The Situation

Low Frequency Meanings Have Been Activated & Are Being Elicited From The Situation



The Green High String Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Low String Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them

If You Notice Everything, How can you tell which is a Good Opportunity and which is a Bad One?

The first guy only played the high notes that he wanted and therefore, only elicited from the Universe, responses that matched what he wanted. It didn't matter what opportunity he chose, because everyone was a winner and blessing to him. However, with the second guy, it didn't matter what opportunity he chose, because every one of them was a loser and would lead to more heartache. However, with the third guy, he elicited a little bit of everything. That's like working in a gold mine that is also a mine field. You don't know if the next call you get is a great new job offer or a call from the Doctor with bad news about your health.

So, how do you use your GOD Power, to elicit only what you want? Well first, remember that Your GOD Power is the power and ability to assign Meaning to any person, place thing, event or circumstance and you elicit and resonate from that Meaning. So you start by assigning the good meaning that everything is working out for you in some way. Every situation no matter what it is or how it looks, is leading you to a better situation and the Life that you have always wanted. Affirm to yourself that opportunity abounds and can easily be seen by those who know it's there. As you assert these meanings, you will cause a vibration within you, a frequency that elicits a "like" response from your life experience through the power matchmaker of resonance. You will begin to notice and see anything and everything that you ever wanted. And while you may not get the thing you want instantly, you will notice the path that will lead you there.

So, how is this using your GOD Power, because it sounds just like positive thinking? The difference between using your GOD Power and using Positive Thinking is your level of consciousness. Your God Power is a higher consciousness function. That is to say, that you have awareness, that when you assert meaning, you actually create a resonant force that causes the Universe to respond by eliciting what you want and making it stand out, and become available to you. You KNOW what you are doing and have a high expectation due to simple cause and effect. While positive thinking on the other hand, has good intentions, and usually

makes you feel better, you don't have the conscious awareness that you are deliberately forcing the Universe to create favorable options for you.

If you didn't take the initiative to use your GOD Power to assert the new meaning in an otherwise bad situation, you would be eliciting all things bad. You could only notice how bad things are and how they are getting worse. I've got news for you, not only do things look bad from that perspective, but, they are bad and getting worse for real.

Just too really get this point VERY CLEAR. Let's revisit our example of the man who died by the Placebo effect. Remember, he had a very negative view about the future of his health. So, not only did things look bad for him from that point of view, BUT, they actually were bad. He elicited his own death as a result of his poor point of view. So, your point of view affects more than just how things look and seem to be, it has the power to make things actually happen, good or bad.

So, if nothing is working out for you and every path that you take leads to a dead end, then you have to do something about it. You can't let that continue, or it WILL GET WORSE. It has to, it is the power of Resonance to elicit and bring you more. You have to say and think a different meaning instead, such as, "This is just making me stronger. Every no, is one step closer to the yes I'm looking for. This could be the day that an amazing opportunity comes my way. Every day is full of possibilities that could lead to the life of my dreams." When you change the meaning of your situation, you change your vibration, and as a result, the doors that were invisible before, suddenly are not only noticeable, but they are wide open, and inviting you to a new world of opportunity and success.

If the "starting" meaning of your situation is desperate, for example, then you would think of a new point of view and assert a new Meaning such as, "This is the beginning of Great Things." If this is NOW the beginning of Great Things, then you now expect to elicit from the Universe these "Great Things." After all, if this is NOW, the beginning of great things, there must NOW be Great Things to be found. That is the deliberate and conscious use of your GOD Power. You assert the new Meaning, and then look for and notice the results that you have elicited and will be eliciting from the Universe.

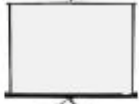
Just remember, if you are looking for red cars, you will see them everywhere. And if I ask you how many white cars did you see, you will be unable to answer, because you were not noticing them. They did not catch your attention because they were not on your mind. When you think that nothing is working out for you, all you can see is that which verifies it, and nothing is working out. Even if there is an amazing opportunity right in front of you, you will not notice it, and therefore not see it, you will not be able to choose it. It will be in the dark and invisible to you.



Watch
And
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#05-04
12:29



Slide Show
Presentation
Chapter #05
Part 2 of 4
61:00+

It has come to the point where we need to really understand how powerful and versatile Meaning is and why it is the Basis of Creation. Many people equate Meaning to Definition. That is they say that the definition or description of the object is its Meaning, but that is not exactly correct. Some might say that Beliefs or Intention somehow equate to and describe Meaning, but that is not exactly right either. Meaning is much more powerful and fundamental than definition or Intention as they are very different slices of "Possible Reality."

Meaning vs. Definition: If you look at the picture above, you might be inclined to say that it is a pencil and that it is a writing instrument. You would be correct, that is, as far as defining it, in its most limited sense. But what if I asked you what is the "Meaning" of what you see above? Then what would you say? If you "Defined" a placebo as a fake sugar pill used to fool patients into believing that they have taken REAL medicine, you would be correct. But is it the Definition of the pill that saved the patient or was it the Meaning of the pill? Meaning and definition are quite different. What is the Definition of "Foreclosure?" What is the Meaning of "Foreclosure?" While the Meanings could range from the worst possible thing that could happen to a new freedom full of possibilities, its definition would still be the same.

In the picture above, an art teacher might assign the meaning to it that it was a sample of what the color Yellow looks like. To a Geometry teacher it might be an example of a multi sided cylindrical object. To a botanist, it might be an instrument that pokes holes in the ground to plant seeds. To a trapper, it might be the trigger mechanism on his trap. To someone with a wobbly table, it might be a shim that keeps the table from moving. It could just be a "Picture" representation of the real thing. It could have hundreds of meanings but it still would only have one definition. Since Resonance is a Function of Meaning, you can easily see how many different possible ideas and results could be elicited from the Universe as the Meanings changed from one thing to another. That's why Resonance is based on the Meanings and not the Definitions.

Meaning vs. Intention: Intention is not Meaning either. If your house is in Foreclosure, what is the Meaning of that? The Meaning of it and your Intentions about it are completely different concepts. Meaning is a "Primary Force in the Universe." Intention is not.

While people talk about the power of Intention and all that, it is actually a weak position and has little or no power compared to Meaning. Since Meaning is the Primary Force in the Universe, it always comes first in any situation or circumstance. First a situation has Meaning, THEN you may or may not have certain intentions about it after that. Just to be clear,

"You Cannot Have Intentions About Something If It Does Not Already Have Meaning"



How can you have an intention about something if you don't know if it is a good situation or a bad one?

Meaning is present FIRST, then comes whatever your intentions are about it. However, if you control the Meaning in the first place with your GOD Power, then of what use is Intention? If you have changed the Meaning to "This situation is working out," then what would your Intentions need to do? Nothing. The situation is already working out. You are already eliciting positive results from the Universe based on what the situation now Means. The situation is "Solving Itself." You are already eliciting everything that is needed to AUTOMATICALLY cause this situation to evolve into what you want all by itself.

Intention is a "Responding" function that is in some way responding to whatever Meanings are already present. Intention is only useful if you don't use your GOD Power to change the Meaning. Then you could have the Intention to make the best of it, or whatever. BUT, why take the weak position of "Responding" to the Meaning already present, when you can just go ahead and change the Meaning to a more favorable one with your GOD Power? If you just go ahead and change the Meaning to a better one, then you don't have to worry about "Intending" anything. It just starts working out all by itself after that.

When Intention is used in an initiating way such as "I Intend Peace on Earth," it is like wanting. Whatever you "Intend" for yourself or about another, or the World for that matter, is the same as wanting but, a bit stronger and more assertive. There is nothing wrong with this because, like "Wanting," it brings to mind these thoughts so that they can Resonate with your World and Elicit the relevant results. But, it is easy to see that "Meaning" and "Wanting" are completely different concepts. If you have the Meaning that the pill you just took is a Miracle Drug that will cure you, it will. But if you "Intend" or "Want" the pill you just took to cure you, it is not nearly as certain.

When Intention is used in an initiating way such as "I Intend to have a good day today," you are saying in a Meaning way that it is possible that you might not have had a good day otherwise. You are asserting in a Meaning way that your "Days" aren't naturally or automatically good on their own. What if you have an accident on the way to work? What would that do to your "Intention" to have a great day? From this place you may feel that your day has somehow gone bad or been temporarily interrupted. Now you will have to Respond to this new development because it does not meet your initial "Intention." Would you then "Intend" to make the best of it? If you even for a moment thought that you are going to make the best of it, you are asserting the Meaning that it is a bad situation that you have to somehow "Cope" with or get past. So, if its Meaning is that it is a bad situation, be prepared to elicit some negative results, regardless of your "Intention" to make the best of them. This is because the "Intention" to make the best of them, asserts that they are bad in the first place and that they do exist.

Why not assert the Meaning of "My days are always great and everything is always working out for me in every way," instead? Then if you have an accident on the way to work, you know that

this is STILL working out for you in some way and that you are still eliciting the best results from this new situation. From this place, you will notice the new options and opportunities that are now present. It is always good and getting better all the time.

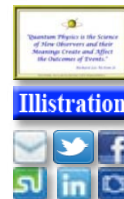
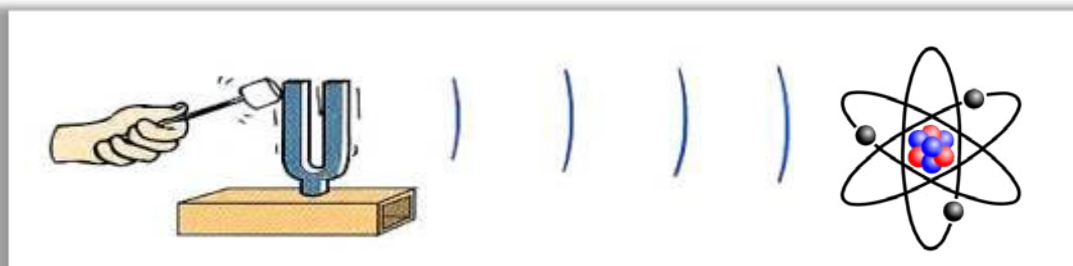
When you ask the question "What does this Mean?" the answer you get is in the present, right now. It is not something that is wanted or going to be later. Resonance and the Universe is acting on that Meaning right NOW. Meaning is a complete and "Finalized" condition or state of affairs. Intention on the other hand is not finalized. It is still "Going To Be." That is, it "Intends to Be." But, it is not there yet, because if it was, it would be Meaning. When you say that the pill IS a powerful Cure, it is. It is final. There is nothing more to accomplish or to happen. It is NOW a powerful drug that will cure you. However, if the same pill "Intends" to be a powerful cure, it is not there yet. But it makes big promises on what it "Plans" on doing, or "Intends" on becoming. How will you know if it actually "BECAME" a powerful cure as it Intended to do? Is it a wait and see kind of thing? What if it didn't make it? Would you rather the Doctor tell you that this Pill IS A POWERFUL CURE, or that it Intends to be and that it is planning on it? Meaning IS, Right Now in the Present. Intention looks toward a future time in which what was Intended will become experienced or actualized. In this way it is sort of like a "Goal."

Meaning vs. Beliefs: Meanings are different than Beliefs in very subtle and yet important ways. Once again, Meaning is a "Primary Force in the Universe." That means that it comes FIRST before Belief. You MUST FIRST have established the Meaning, either by assessing the Meaning already Present or by asserting one of your own creation, then and only then, comes Belief in the Meaning which then empowers it.

While Many people would substitute Beliefs for Meaning, they are fundamentally different. Most people, which includes me in many places throughout this book, will refer to a person's Meaning as a Belief. Technically Meaning is a certain Understanding and Position regarding the object, situation or person etc., then your degree of Belief is your level of confidence in the Meaning. Belief is more specifically confidence and your assessment of a situation's validity.

In Example. You might Believe that the Situation will work out in a very positive and beneficial way. You might say that is your "Belief," and it is, but, technically, your Meaning is that it is working out just fine for you and you have high confidence in that Meaning. You Believe it.

Just to give you another example to show you how these two concepts are truly different, even though most people, including me, put them together. When something happens and you say "I don't Believe this!" you have assessed the Meaning of the situation and you have given it a very low confidence level. No Confidence. No Belief. You wouldn't now call this one of your "Dis-Beliefs" would you? You don't go around talking about you "Disbeliefs" because you don't think of them in that way. It isn't wrong to call the Meanings that you believe your "Beliefs," I just want you really understand exactly what Meaning is and how it is separate from Beliefs, but still integral to them.



#05-05
11:22

Resonance and Quantum Physics

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Physics is divided into two main categories which are "Classical Physics," and "Quantum Physics." The "Classical Physics," is used to describe large objects from billiard balls to Planets, while "Quantum Physics," is used to describe the motion and activity of very small particles such as electrons.



The first of these, "Classical Physics," is described as "Billiard Ball Physics." This is the Newtonian view of matter in that it is the study of physical matter interacting with physical matter. When this ball hits that ball at a certain speed and a certain mass, the second ball will move in a very predictable manner every single time. This level of physics has described the Universe, our Planet, and the interaction of matter very well for hundreds of years and more. For our purposes, this level of Physics is the understanding and description of the Physical "Representations" in our Universe. Remembering that nothing really exists in the physical, but instead it is only "Represented" there. So, Classical Physics describes and explains these "Representations." This would be a certain amount of energy that is represented as a "Billiard Ball" hits another certain amount of energy representing itself as another "Billiard Ball," which results in certain new positions that these representations will assume after the interaction. As we know these representations are created by Meaning, and can be changed if their Meaning is ever changed. Thus, water can be changed into wine or rocks into Bread.

It is at this level of consciousness and understanding that matter seems real. It is at this level of understanding that our eyes receive light through the lenses and convert them into electrical chemical impulses in our brains into an image. That is the "Classical View of Physics," that everything really exists and that situations and circumstances are real physical events that MUST always respond in a certain way.

In this way of viewing the World and our Universe, we easily predict that if a person has their eyes closed, or they have no eyes at all, then since the light is unable to reach the visual cortex by the system of electro-chemical impulses, the person is unable to see. It is from this physical Representational view, that we know that fire burns flesh, and that missing hands are unable to

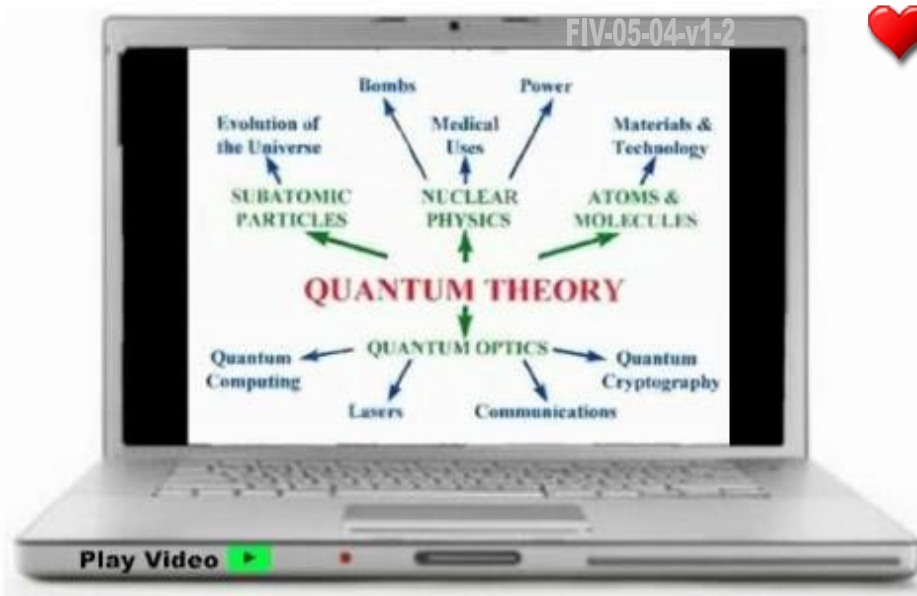
How To Use Your GOD Power - "The Master's Course"

feel objects. It is in this view that we are accepting the already established Meanings of objects and situations. In this View of "Reality," a bullet with a certain weight or Mass that is traveling at a certain speed, will penetrate flesh and cause a severe wound as a result.

Remembering that our own Realities will always support our own point of view, the view point of "Classical Physics" has been verified and substantiated for hundreds of years. Even when there was evidence to the contrary, it was never scientifically provable evidence, it couldn't be replicated, it was discounted, or it just never came to the attention of the main stream physicists.

Now, we get to the very interesting and most important of these two view points of physics. The second level of Physics is known as "Quantum Physics," which deals with the activity and interaction of the most fundamental elements and particles of our Universe. At this level, nothing is certain. No actions can be predicted at all. All that "Quantum Physics" can predict is "Possibilities." Nothing is certain and instead, everything is possible.

Video Example - Quantum Physics & Consciousness



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[The Nature of Consciousness \(Part 2/2\) \(9:55\) \(View All\)](#)



How To Use Your GOD Power - "The Master's Course"

What is this video about? This Video Example features two of the most prominent thinkers of our time who are expressing their views about Quantum Physics and the Nature of Consciousness. Amit Goswami, Ph. D.¹⁵ says:

“Quantum Physics enables us to see directly that we can make sense of the World ONLY if we base the World on Consciousness. The World is made of Consciousness. The World IS Consciousness. Consciousness is the ground of Being. Quantum Physics makes this as clear as daylight.”

This means that the World is not only created by Consciousness, but it is sustained and maintained by Consciousness as well. Consciousness creates by Meaning. Meaning is the foundation of the Universe. We cannot predict the event, only the possibilities. So what determines the specific outcome from all of the possibilities? He continues by saying that,

“Consciousness MUST be involved. The Observer cannot be ignored. The Observer is part of the description of the World.”

We realize that consciousness is more fundamental than objects. That means that Consciousness is at a higher level and has domain over matter. He continues by saying:

“The mathematics shows us clearly that the movement of objects are describable only in terms of possibilities, not the actual events that happens in our experience. Only Objects can be described mathematically and only to the extent that they are Possibilities.”

Quantum Mathematics can only prove that it is possible that the objects exists. This means that nothing is absolute because at any moment it could be changed by a new and different meaning. It is Consciousness that is in control of and directs matter.

If we lived in a Real Truly Physical World where matter was a real physical thing, then it would be easy to prove again and again that a rock is a rock. But since the Universe is a creation of Consciousness in the form of Meaning, it is only a rock at the moment and its Meaning could be changed at any time to something else such as bread or gold. So for the

¹⁵ Amit Goswami, Ph.D. **Theoretical Quantum Physicist** <http://www.amitgoswami.org/>

Professor Emeritus of physics at the University of Oregon's Institute of Theoretical Science, Dr. Goswami is a revolutionary in a growing body of renegade scientists who in recent years have ventured into the domain of the spiritual in an attempt both to interpret the seemingly inexplicable findings of their experiments... and to validate their intuitions about the existence of a spiritual dimension of life. A prolific writer, teacher and visionary... Dr. Goswami has appeared in the movie "[What the Bleep do We know?](#)", The "[Dalai Lama Renaissance](#)", and the recently released award winning documentary on his life and teachings: "[The Quantum Activist](#)"



How To Use Your GOD Power - “The Master’s Course”

first time, Science encounters free will, because the outcome depends on the choice of the Observer and that cannot be predicted scientifically. Amit says:

“Then we see that the Chooser is free. There is freedom of choice and of that Freedom of Choice comes our actual experience.”

This is YOUR GOD POWER! The chooser always has freedom of choice. He can decide and assign any Meaning he chooses to any situation, event, or object that he wants, and from that Meaning, that choice, comes his resulting experience. Your Experience is “Elicited and Created” from the Meanings that you give it.

Professor of Physics, Director of the Institute of Science & Technology at M,U,M. John Hagelin, Ph. D. ¹⁶ says that it is clear that “Consciousness is not created by the Brain.” He says that the Entire Universe and everything in it are Alive and Conscious at the very core. It is a Field of Dynamic, Self Aware Intelligence from which all things emanate.

He says that:

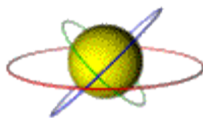
“The deeper you go in the structure of natural law, the less material, the less inert, the less dead the Universe is. The more alive, the More Consciousness the Universe becomes. We are really living in a thought Universe, a conceptual Universe.”

What does this example show and what does it mean?

This is a wonderful Video Example that proves that nothing is certain. Nothing is already settled. There is always a sea of infinite possible outcomes or possible transformations available. As these two prominent experts on Quantum Physics so aptly put it, “Nothing is final and certain until the Observer makes a choice.” That is to say, the Observer decides and asserts a Meaning to the situation or event. At the moment that the situation or event has a Meaning, a specific outcome is chosen and elicited from the sea of all possibilities by Resonance. You might say that Resonance takes the Meaning and goes out and “Extracts” the perfect and most appropriate outcome for that Meaning.

¹⁶ John Hagelin, Ph. D. <http://hagelin.org/> John Hagelin, Ph.D., is a world-renowned quantum physicist, educator, public policy expert, and leading proponent of peace. Dr. Hagelin received his A.B. summa cum laude from Dartmouth College and his M.A. and Ph.D. from Harvard University, and conducted pioneering research at CERN (the European Center for Particle Physics) and SLAC (the Stanford Linear Accelerator Center). His scientific contributions in the fields of electroweak unification, grand unification, super-symmetry and cosmology include some of the most cited references in the physical sciences. He is also responsible for the development of a highly successful Grand Unified Field Theory based on the Superstring. Dr. Hagelin is therefore at the pinnacle of achievement among the elite cadre of physicists who have fulfilled Einstein’s dream of a “theory of everything” through their mathematical formulation of the Unified Field—the most advanced scientific knowledge of our time.





*Quantum Physics is the Science of How
Observers and their Meanings Create and
Affect the Outcomes of Events.*

R.L.M.



Illustration



Once a Meaning has been created, it Resonates with the Universe and elicits a specific Response, which is then called the "Result or Outcome." For once, it is completely understood, that nothing in the physical is absolute. It is all changeable down to the most minute particle and it all depends on the Meaning asserted by the Observer.

It is the one power that we have, our GOD Power, to assert Meanings to events and situations, and even to Matter itself, and cause them to change and re-form themselves according to our Meanings.

This idea of unlimited possibilities in Quantum Physics is the most important aspect of Reality. It is in the unlimited nature of Reality that one can create and elicit any combination of elements that he wants to create his own perfect Physical Life Experience.



Meaning Is THE Primary Force of the Universe



#05-06
2:21

Nothing is more Fundamental than Meaning. Every other Force and "Power" so to speak, is Manifested into existence from Meaning. It is Meaning that Creates, forms and sustains everything in the Universe in the first place, including Atoms and all of their parts.



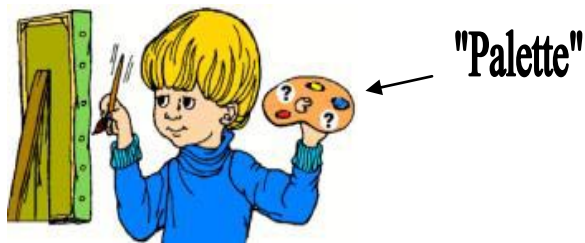
In the last [Video Example - Quantum Physics & Consciousness, Page 102](#), John Hagelin, Ph. D. says that "We live in a World of Potential Electrons." That is to say that they are only Electrons when we expect them to be, otherwise they might not even exist.

All the "Forces" and "Energies" that we have come to believe were fundamental and a constant of Reality, are actually Manifested into existence. These include, Electricity, Magnetism, Gravity, Nuclear, etc. All of these are functions of Atoms and Matter which first has to be created by Meaning. Other creations such as Light, Time & Space, are also Manifested into existence as a result of Meaning.

"Classical Physics," has been used to explain and described these "Manifested Forces." However, later on in this book, we will be covering Example after Example where Fire doesn't Burn, Bullets don't penetrate flesh and finger tips can "See" like eyes. If these Forces were truly fundamental and primary, then they could not be violated and proven impotent. However time and time again we will see that Meaning has "Overridden" them, which could only happen if Meaning was more fundamental and more Powerful than these so called "Forces of Nature."

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Quantum Physics & Painting



#05-07
20:19

When a painter uses a "Palette," he can mix any of the colors that he has in any way that he wants to. If he has Red, Blue, and Yellow, what colors will he make? Quantum Physics tell us that he has an unlimited range of possibilities and that a specific event cannot be predicted. It comes down to a choice and it is always based on the "Observer/Creator," which is the one whose consciousness is creating the Meaning that will elicit a certain response from the Universe. (Make the choice)



Since every color in the Universe can be created from these three colors it is impossible for us to know what color will be chosen, and all we will ever know is that he can choose any color he wants to. No matter what anyone else has ever done, wants to do, might do, or even what he should do, none of that has any bearing on what he might decide and elicit from the situation this time.

Isn't it amazing that there are an infinite number of possible colors that can be made from just those three colors? Just like there is an infinite number different songs that a 3 piece band could play if they learned them.

If three colors or just three band members can create an infinite number of possible outcomes, then what are the possible number of outcomes from a very complex "Problem?" It boggles the mind. It might be said to be (Infinite x Infinite) and according to Quantum Physics, not a single one of those outcomes is certain. Every single one is possible depending on the "Observer" or the one who is asserting the Meaning to it.

Once the painter selects a certain amount of paint from each color and starts mixing them together he has given it Meaning and it will become a certain color. A certain amount of Red paint which is now the Meaning of the "Red Influence," immediately limits the possible outcomes. Once a certain amount of Blue Paint has been selected, then the Meaning of "Blue's Influence" has then been established and the possibilities are limited even further. Once the amount of Yellow has been selected, finally, it can now be only one certain outcome after that. Even though it is not mixed together yet, the Meanings that have been established are vibrating together in a combination that will elicit a certain color from the field of all possibilities.

However, even if and when the color is completely mixed together, it is still never "set in stone." That is no situation, no matter how final it seems, is ever really final. Just as he raises his brush to paint the new color on the canvas, he might decide to add more red or blue or even more

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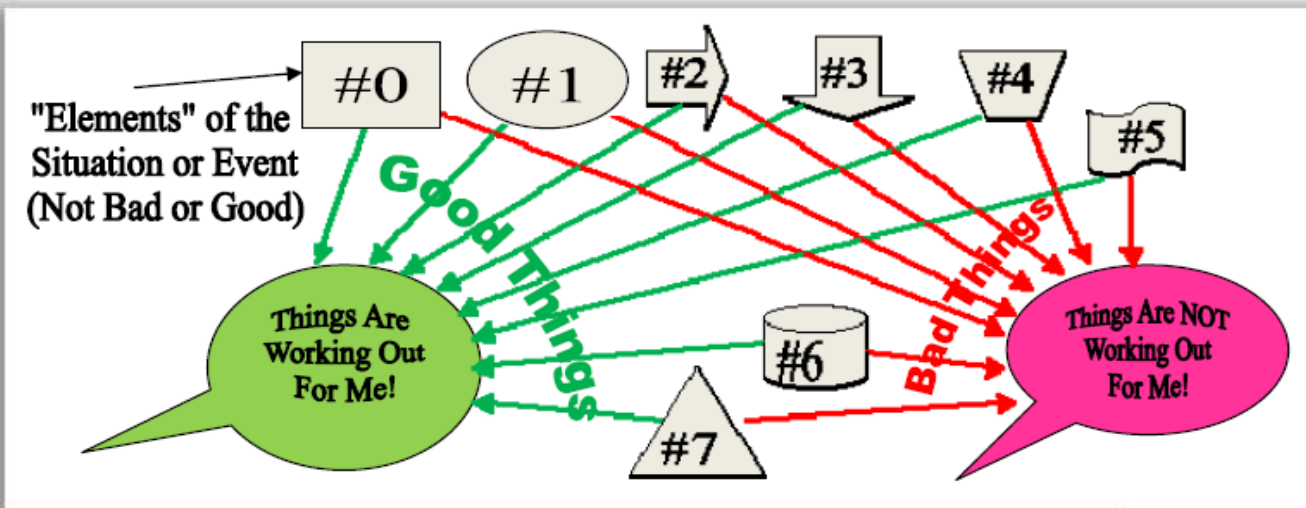


yellow. Even if he has painted the new color on the canvas and it has dried and been there for years, he could come back and paint a new color over the old one. Nothing is ever final and unchangeable. It always remains a "sea of possibilities."

Quantum physics relates to this level where the Meanings have not yet been established. That is why the "Observer/Creator" is so important and why nothing can be finalized. However, once the amounts of color have been selected, once the meanings have been chosen and established, then, and only then can "Classical Physics" take over and predict the exact outcome, the exact color that will result (For the Moment).

Every situation and event is composed of unlimited elements. It could be the weather, the economy, the people involved, the time of day, the country in which it happens, the previous events, the future ramifications, and on and on it goes. Every single "Element" has an unlimited number of possibilities. That is, the outcome is not certain.

Let's look at the weather. It could be raining. Maybe that is a good thing or maybe not. But remember, no matter what the desired result is, every element has a possible Meaning available that will support that outcome. If each element can have unlimited Meanings in this given situation, then how many outcomes are possible with all of those possibilities combined? (Infinite x Infinite x Infinite etc.) In short, you can elicit any outcome that you want from any situation. It is Possible.



Note in this Illustration that the "Elements are Neutral" and have no fixed Meanings. They can either be good or bad elements depending on what you "Elicit" from them. In Quantum Physics, we know that nothing can be predicted for sure until the "Observer" is taken into consideration, because it is the "Observer/Creator" who will dictate the outcome by giving Meaning to the event. In any given situation, you can name at least 3 or 4 Good benefits and at least the same amount of Bad consequences for any "Element" in the situation. Can you imagine the infinite number of other Good and Bad aspects of that element that the Universe can produce that you haven't even thought of? No matter what the "Element" is, it will become a Good thing or a Bad thing depending on what you are "eliciting" from the situation.

Explain
Illustration
#05-07-i1
8:13

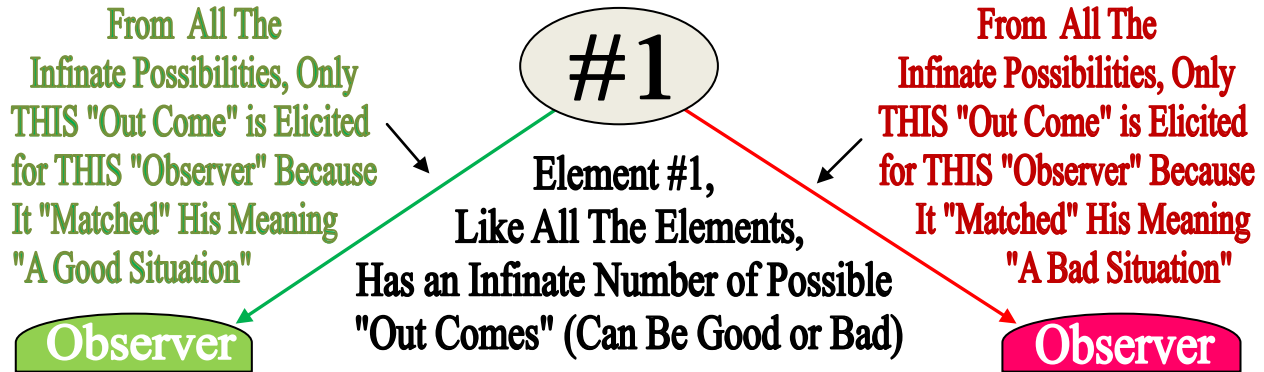


Illustration

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Let's take a closer look at Element #1 to really understand the "Possibilities."



Explain
Illustration
#05-07-i2
6:40

When you are thinking that "Things are working out for me," then you are eliciting "good" aspects from the "Elements" of the situation. While there may be an "Infinite" number of possible benefits from "Element #1," the one that you will elicit will be the one that works perfectly with the "elicited" results from the rest of the "Elements." All of the exact responses will be elicited such that they interact with each other to perfectly create the overall result, whether it will be Good or Bad.

Not only does each "Element" add an infinite number of possible aspects or Meanings to the situation, but they also range from extremely bad to extremely good. This means that depending on the power of your emotional feeling on the matter, it will dictate the degree of Good Response or Bad Response that you elicit.

If you have great Fear and worry about the situation, you will elicit the very worst possibilities from all the "Elements" of the situation such that the overall result will be very bad. However, if you have great expectations and feel ecstatic about the situation, you will elicit the very best combinations of the elements possible.



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When Things "Go Wrong" in Order to "Go Right"

This is where you have to understand that sometimes, the very best outcome for you might be a result that you don't recognize as a good one, but it still is. Just have faith that if you are always expecting the best, you will always get the best even if it doesn't look like it's "the best" at the time. You can't know all the things that are working for you at the higher levels of creation that "Know All" like the Universe. You may end up breaking up with your spouse and feel that was the worst outcome, just to find later that the new person you meet will be the Love of your Life forever. You can't know everything in advance.

You could be having the greatest day of your life. You wake up in a great mood and everything just seems to be working out. On the way to work, every traffic light turns green just in time. Your day couldn't get any better when you suddenly get hit by another car which totals yours and it is such a big mess that you have to miss work that day. Now what? First, consider that everything is working out for you, so this must be part of the "Best for you" plan in some way. However, in this case you find out later that the World Trade Center just got hit by a plane and it was right on your floor where you would have been sitting. While it was nice to find out later that the guy who slammed your car saved your life, you won't always know the direct benefit of circumstances that "seemingly went wrong." It's a gift when you do. Just remember, that even though things look like they are going wrong, they may be actually going the best way possible for you and you would have seen it, if you could have seen the "big picture."

Imagine that you are going west from New York to California. You think, naturally so, that the best way to go is straight, directly to California. As you are driving you notice that the road suddenly turns directly North. "What is the problem? You think. "I want to go West, not North." However, if you could go up in a helicopter and see the "Big Picture" you would realize that there was a huge body of water that the road was going around. If you had still gone straight, you would have gotten wet. Sometimes we have to go in unexpected directions, but we are still heading in the right direction over all.

What if the road is under construction and you have to take a long detour in the North direction? You might think, "There is no good reason for this, they should have made arrangements to still be able to go straight even if it was only one lane." This is of course a negative Meaning on an



#05-08
6:41

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event, like any and every other event, that has no good or bad meaning to start with. However, since you have now given it the Meaning of "Bad," then according to Quantum Physics, the Observer has now given Meaning to the event, making a choice, and now the outcome can be predicted. As you expect, it is a long and slow detour with no redeeming benefits.

What if you took the approach that even though the circumstances have changed and now seem more difficult, things are still always working out for you? Perhaps, as you took the detour, you passed a store that you would never have seen. It catches your attention (Resonating with you) and so you stop and check it out. It has the thing you have been looking for, for years, or while in the store, you meet someone who turns out to be the love of your Life, or who knows what else could happen. All of this wouldn't have happened if there had been no detour. Thank God for the Detour now.

When you were upset about the detour, you had passed that same store, but it did not catch your attention. How could it? It was one of the possible outcomes that would have been great for you, but you were only eliciting negative outcomes when you passed the store and so you passed right by. However, you did stop at another store that just sort of seemed like the place to stop for gas. But as you pulled in, you ran over a nail which flatted your tire and when you were waiting in line, someone pick pocketed you and now you have no money. Why did you stop there? It just seemed like the place to stop. Nothing just seems like the thing to do on its own. It is a function of Resonance. It caught your attention because you were eliciting negative outcomes, and that gas station had a few waiting for you.

So how can you know in advance if an unfortunate event will end up being a fortunate event? That is so Simple to answer and understand. Just look at your reaction to the situation and the Meaning that you give it. If you give it a Bad Meaning, it will not only turn out to be truly unfortunate, but, by the laws of Quantum Physics, you, the Observer, will have selected the outcome from the field of all possible outcomes by giving it a Bad Meaning and it will become even worse. However, if you give Positive Meanings to even the seemingly most unfortunate events and circumstances, you will cause them to become fortunate for you in some unexpected way.

It is most important for you to realize that none of this is a punishment for poor thinking or a reward for good thinking. It is only an attracting of more of what you are thinking, weather it is good or bad. Those "Seemingly Negative" things that happened to you might have been Positive things for someone else. So nothing is good or bad in itself. It is only a negative or a positive thing if you say so. If you label events as Negative, then you will get more of what you think is negative. If you label things and events as Positive you will get more things that you think are positive. You are the Observer, who dictates the specific outcome from the infinite number that is possible, by giving them Meaning.



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#05-09
9:05

The Party of Dice Imagine that you have been invited to a special party with all kinds of people there. It sounds great and you attend. Now imagine that people's personalities can be classified as a number from 1 to 10, with 1 being the worst and 10 being perfect and wonderful. As you walk into the party a weird magical thing happens. You and everyone else at the party turn into dice with 10 sides each, which is 4 more sides than the regular die, but matches our personality scale perfectly.

Most people have many different personalities, depending on what the situation is. If it is a great situation they are at their best, but if it's not, they might turn into real jerks. This is like our guitar example. You can play a high note or a low note on the same guitar; it just depends on the situation.

Suppose that as you enter the party, you are feeling like a "4" because you had a hard day at work and whatever other excuse you can think of. As you go through the party as a vibration of "4", what do you think you will see? Will you see a "10?" Nope. Will you see a "1?" Nope.

Why not? Because as you radiate a vibration of a "4," you automatically elicit a vibration of "4," from everyone else, by the power of the universal matchmaker, "Resonance." Like a guitar, situations, circumstances, people and personalities, all have frequencies. If you were vibrating on the #4 string of a guitar the other guitars would respond by vibrating on their #4 string. If they didn't have a #4 string, you wouldn't even notice them. You can only notice those people who catch your attention. The people who catch your attention are those who are most like you and resonate in your presence and catch your notice. They think like you and talk like you. If they don't, you will soon move on to another conversation with other people who do.

Note that all this resonating and the like is happening at a level that you are not conscious. You think that you just happened to meet someone. But, No, you did not. Nothing in the Universe just happens by accident. Just so you can get this clear in your mind, think about the guitar store again. You are playing a #3 string, and all the other guitars that can and do resonate on the #3 note light up and catch your attention. Now, tell me how another guitar that does not have the ability to resonate on the third string can "Accidentally" turn on its light indicating resonance? It is impossible. Nothing responds by accident. It cannot. While it may look like it from your view point, in the Universal Reality, there is a reason and it's Resonance.

Back to the dice party. As you go through the party you will only see those who are like your "4." If they have no "4" ability, and cannot respond as a "4," they will have left the room before you got there, or they will be completely invisible to you. Someone will say to you "Did you see Bill?" And you will say "NO. Was he even there?" They will respond, "He was there all night and even sang on the Karaoke machine. I'm surprised that you didn't see him." (Obviously, he wasn't a "4," or you would have notice him.)

You go outside to collect your thoughts and actually get feeling better about yourself and suddenly you move up to an "8!" Wow! What a comeback. As you come back into the party and you look around, everything just seems better. The food tastes better, the atmosphere is better, the music is better, and even the people are all "8" and wonderful to talk to. You are eliciting a better result from everything in your environment. Even the same exact food that you didn't care for before, now taste great! Of course, some of the people that you were talking to earlier as a "4," are nowhere to be seen, because they can't be an "8" right now and so you can't see them anywhere.

However, you do see a person that you were talking to as a "4," and surprisingly, they are an "8" now just like you. As you start to talk to him he tells you, "I actually like you better right now, because earlier you seemed like a real jerk, but, now, I can see that you are a great person after all." And you remark "I felt the same way about you. I see now that you are great also." How can this be? This is because when you first saw him, you were a "4" and you elicited and brought out the "4" in him. So you both could only see the "4" in each other, even though, like a guitar, you had many other and better strings, the only one you both noticed in the moment, was the "4."

As you change your attitude and resonant Vibrational place, you will elicit different outcomes, meet different people, have different opportunities, because they are no longer invisible to you, but, instead, actually catch your attention and you catch their attention.

While this is the basic concept of how this works, it is not strictly based on personality alone. You may be repulsed by their personality, but be attracted to what they are talking about or the clothes they are wearing. We are very complex beings, there are a million ways that one person may Resonate with another. Even posture causes a resonate quality. Remember the Waitress example where she caused Resonance by saying the same exact words, and the computer agent who established Resonance by using the same head movements.

Objects made of the same metal, and even the same exact amount of metal, will have a different resonant quality based on the shape and form of the object. It is easy to notice the different resonant frequencies of objects as the frequency can be heard as a sound. If you tap on two glasses that are the same but have with different amount of water in them, they will sound

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different. If you have different size glasses or different size pots and pans, they all sound different. Like the bridge that ripped itself apart, all forms have an overall resonant value (Frequency). When you combine all of the aspects of the materials that they are made of etc, it all adds up to an overall resonant frequency for that object. That form aspect of resonance is the same for people.

Everything about a person adds up to their signature frequency. In a song, you can have 1 Guitar, 1 drum set and 1 singer, and still you can have billions and billions of different songs with their own unique frequency. Just imagine if you start adding in more guitars and horns and other instruments and more singers. People can be similar in some ways, while completely different in others. Still using our song metaphor, one person's "Horn Sound" may be a very similar frequency with another person's horn sound, and yet everything else is different. But, in that way, they resonate with each other. Maybe that sameness is that they both like dogs or cats, have the same hobby, or went to the same school.

When "Likeness" is perceived, it causes resonance. In psychology this is called "Mirroring" or mimicking. When one person makes the same gestures or takes on the same posture or talks in the same way as another, it causes "Likeness" and causes an almost automatic Rapport ¹⁷ between the two people.

Check Video



Check Video



We saw two examples of this in the [Video Examples on the Waitress who got better tips, Page 88](#), and the [Computerized agent who got better agreement, Page 90](#). It's not surprising, because "Likeness" is the basis of Resonance and Resonance has the ability to elicit an automatic response from the other object that it is in resonance with. Rapport could be thought of as simply, a high state of Resonance. So, if a Salesman creates "likeness," and therefore resonance with his customer, it is much easier for him to elicit a purchase from that customer. It is much easier to elicit agreement and action, from someone that you are in "Rapport" or Resonance, with.

¹⁷ **Rapport** is one of the most important features or characteristics of unconscious human interaction. It is commonality of perspective: being "in sync" with, or being "on the same wavelength" as the person with whom you are talking. <http://en.wikipedia.org/wiki/Rapport>



#05-10
1:37



Slide Show
Presentation
Chapter #05
Part 3 of 4
67:00+

Your Head Above the Clouds If you were able to stick your head above the clouds, you would no longer be able to see anything else below you. However, if there were other people with their heads above the clouds also, you all would be able to notice and see each other. If one of these other people had a great opportunity available, to whom could he offer it? He couldn't offer it to the people below him, because he can't see them and has no idea who they are. He can only offer it to the people with whom he is aware. That includes you. You see, when you are operating within a certain frequency range, you are only aware of those other people and circumstances that are within that range. Every other situation and person in the World may as well be invisible, because in reality, they really are.

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That is why people promoting success always say, "Go to the Neighborhoods where you want to live. Hang out with the people that you want to emulate. Think like they do and you will see the same opportunities that they see." If instead you go the same places and think the same things that you have always done, you will always notice the same things that you have always noticed, and you will always have exactly the same opportunities that you had before.



Flash Movie
Presentation
Chapter #05
Part 3 of 4
1:11:53+



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#05-11
7:16

The Smorgasbord Technique Life is like a Smorgasbord. It has everything that you could think of and then some. All you have to do is select what you want from the abundant variety that is life and forget the rest. The only thing is that this Smorgasbord is set up a little different than the normal one. In this one, you wander around the restaurant and look at what everyone else is eating. You are looking out at life around you in order to see what is available. I don't mean who or what specifically, but instead, the "elements" or pieces and parts that will make up your perfect meal or life experience. On a smorgasbord, you don't have meals that are already "put together," instead you only have the parts that make up the perfect Meal. You notice that one person has the main course that you really love, Roast Beef, and they seem to be enjoying it, so you make a mental note of it. Next, over there is another person who has the vegetable side dish, that you have always liked, corn, and so you make note of it. Then another has the bread that you want, but everything else they have you don't care for, but, that's O.K., because you are only looking at the bread anyway, just the part that you want. Finally, another person has the drink and the dessert that you like, Tea and Pecan Pie.

While life is like the Smorgasbord, in that you look for the different kinds of things and parts that you like, it is unlike the smorgasbord, because you can't actually get the separate individual parts and assemble the perfect experience. You cannot get a hand full of blond hair, and get a personality, then pick up the perfect body, and the face that you want and put it all together to create and assemble your perfect Mate. In life, you get "Package Deals" that are already assembled and ready to go. The smorgasbord technique was only to get in mind the elements that you wanted, now it's time to find the right package that already has those elements that you have "Pre-Selected." Let's work through an example to see how this works.

Let's say that You are looking for the perfect mate. How do you find the one that you want? Just like a Smorgasbord, you have to choose the traits that you want and give thought to them. If you want someone with blond hair, and you have given it some thought, all the people who have blond hair begin to resonate with you and catch your attention. Of course that is easy to understand because that is a "visual" thing, something that you can actually see. But the same holds true for anything or any aspect that you are looking for. You can "select" for a great personality. Then people with great personalities, begin to catch your attention even if they aren't saying a thing. Who they are is resonating with you at a psychic level that you cannot see but, still catches your notice. So now, that you have established two traits, those people who have Blond hair and a great personality have twice the resonant quality and catch your attention

and stand out more than the ones with only blond hair or only a great personality. As you build your plate in more and more detail, the greater and greater the resonant quality and power becomes.

Now, you might have a situation where you notice someone in the park who is having a blast playing with their kids. They are having a great time and you think well I can see that they are married and so I can't have that. Wrong! STOP! Remember, this is a Smorgasbord situation. So you have noticed an item that is on someone else's plate already. So what? You are only collecting traits that you are interested in so that you can clearly have in mind what you want for yourself. As you build a more and more detailed idea of who this person is, they will stand out from the crowd, notice you and be noticed by you. You will notice each other. So, NOTICE how they play with their Kids and enjoy that personal trait that you like.

If you notice a trait that you like and then say I can't have them because they are married, or are a celebrity or are too old or too young or whatever, what you end up saying in a Vibrational way is that you can't have that trait! Maybe that person you are admiring in a movie is even dead, so what. You are only noticing things that you like in a person, that's all. So, instead, observe and really enjoy the trait that you love. See it in action. Get your fill of it. Get it clearly in your mind. As your trait list becomes more focused, the power of resonance becomes stronger and stronger, until one day, you bump into someone who is exactly who you have been looking for and it's love at first sight. It happens every day. By the way, this person was also thinking of someone like you, otherwise they would never have noticed you. Resonance is the Best Matchmaker in the Universe. Use it. It's free.

The Smorgasbord strategy works on anything and everything that you are wanting from a great job, to a new car or a new house, or to the Love of your life. All you have to do is look for examples of different aspects of what you want. Observe them and give great thought to them. As you add more and more detail to exactly what you want, its resonant power becomes greater and greater until the day arrives when everything magically falls into place. The last, but most important point is that you must really believe that you can have the thing that you want. Don't worry if you don't at first. The Universe has a wonderful way, of giving you more and more belief, as you become clearer about it. There will come a point where you will not only know that you can have it, but there will be no doubt that you will have it.

There is also the bad use of the Smorgasbord strategy. This is when you constantly give notice to and point out the things you don't want or don't like. You could say "I don't like Brunet colored hair," which would only cause you to notice everyone who has it. Then as you add the things that you don't want, the more and more frustrated you become because that's all you notice is the things that you don't like. Besides, it is much easier to think of what you do want than to name every single other thing that you don't want. That would be like naming thousands of colors that you don't want to paint your house, in order to have the only color left that is what you do want. Wouldn't it be easier to just name the one color that you do want and then just look for that one?



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#05-12
4:32

The Catalog Store Have you ever shopped in a catalog store where there was only one item on the shelf so you could look at it, but, you had to make a list of what you wanted and the store people would get it from the warehouse for you? When you got to the cash register, it would be on the conveyor belt waiting for you. There are still a few of these types of stores around. It is a good metaphor for how the Universe brings you what you think about.

Imagine that you have entered this store and you have a helper, the Universe, who is recording your order as you go along. Right away, you pass many items without even so much as a glance. They were of no interest to you and you paid no attention to them. Obviously, if you gave them no thought, then they are not in your mind and have no resonant power at all. Perfect! Then you come upon an item of interest. You pick it up and look at it closely. You check the price and read the directions and after a few minutes, you hear the Universe on the loud speaker say, "Select Item Number 32." You think what? I haven't decided yet. But you spent so much time examining it, that you now have a strong mental impression of it that now has a resonant power. You will now notice it in your World. What you notice becomes part of your World and experience.

So you say that's O.K. because I actually do like it and do want it. You move on. You casually notice a few more items, but quickly move on as soon as you realize that it is not something you want to notice in your World. You stop and spend enough time to select another item that you want and the Universe calls out to the cashier, "Place item number 58 on the conveyor belt for this customer." That's perfect because you wanted the item. Then out of the blue you notice that there is a pile of dog poop in the middle of the aisle. You comment out loud "How did this get here?" You continue "This is a terrible thing and someone has to be held responsible for this! Where is the manager, I want to complain. They must have guard dogs in here at night and one of them made this awful mess." Suddenly, the Universe calls out "Place one pile of dog poop on the conveyor belt for this customer."

You cry out to the Universe "No you are misunderstanding me. I am only trying to make someone responsible for this. I don't want any myself!" And the Universe replies "You must have great interest in it, because of how much time and thought you are giving it. Anything that is so important to you that you would spend your precious time and thought on it, must be important enough to bring into your World. You have given enough thought to this that it now has a strong resonant power and you will notice piles of dog poop everywhere. You may even

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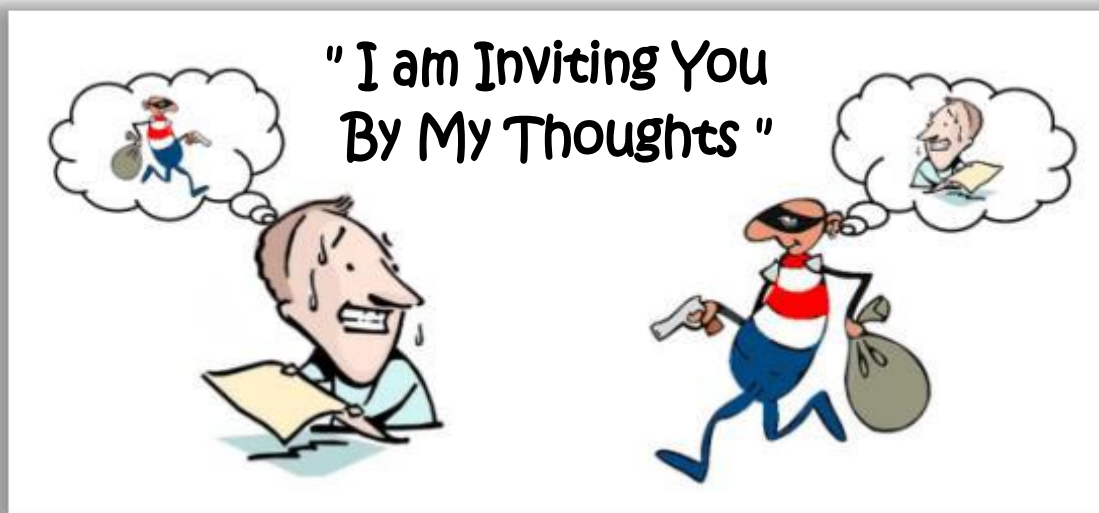
inadvertently step in some. It will show up in all the wrong places at the wrong time because that is exactly the vibration and thought you now have. That is what you will now notice."

At this point it is better to move on and forget about the whole thing, because if you continue to talk about it and complain, the Universe is going to order another helping of Dog Poop for you and you will notice even more of it. Nothing good can come from arguing and complaining about something, because it will only bring more of it to your door step. It may not be the exact same thing, but it will be the exact same problem for you.

The Universe has no ability to decide what you want and what you don't want, what is good for you and what is not. Instead it only uses its wonderful Matchmaker, "Resonance," to elicit what you think about. So, what you think about, you will notice more and more of. If you don't want it, don't think about it. Why would you spend even a minute of your short life paying attention to, and thinking about something that you don't like or want?

The Universe has no capacity, ability, nor does it have the desire to judge you. It only has the ability to bring into your experience those things that you think about, by the power of Resonance. They may be good or bad for you. Only you know if they are by the way your thoughts feel as you are thinking them.

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#05-13
6:43

Your Thoughts Are The Invitation If you are thinking about criminals all the time, it is likely that you will attract one into your experience. As you think about them, you begin to resonate with the criminal types. You bump into them on the street; you ask them for the time, you invite them to your home. However, all along you feel a connection to them because you are resonating with them. But, the connection is not friendship like you think, it's because they are the embodiment of the thoughts you have been thinking. As you resonate, you notice them, and they notice you. This of course is not a good thing for you (in this example). However, if you reviewed you thinking, you would remember that as you were giving thought to the criminal types, you weren't enjoying it much. That would be your clue that you are thinking about something that you don't want to attract into your experience.

The Universe has no judgment as to whether it would be good or bad for you to come in contact with a criminal. You see that in itself isn't good or bad. That is a personal judgment. While it may be bad for you, for a Policeman, it would be good to notice the criminal types. It's his job to find them, and so he gives great thought to them all the time hoping to attract them into his experience.

Same Likeness

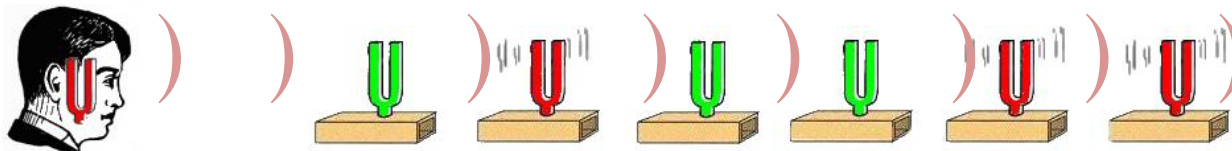
Thought Meaning + **Thought** Meaning = **Physical** Result Meaning

This Person's Normal Thoughts & Beliefs Have Certain Frequencies
"I Might Get Robbed"

Robber with Similar Frequency Thoughts
"I Want To Robb Someone"

Resonance Activated Response Elicited
Robber Notices You & Your House

Harmful Meanings Have Been Activated & Are Being Elicited From The Situation



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL the things that will match them

The Experience's of "Others" Always Becomes Re-Coded to Mean You Your Vibrational system does not discriminate between what happens to others and what you want for yourself. You could be watching a news story on TV about someone else that has been robbed, or you could be driving by a severe accident on the highway, and even though you see it and perceive it as "happening to someone else," your vibration system recodes it as if it were you. This is because it is not WHO is involved, it is WHAT the subject matter is. So someone else in a car accident = you attracting it for yourself. Someone else on TV who has been robbed or gotten a disease = You having the same experiences for yourself.

Everything in your World only relates to you. You are the only one in the Universe that matters to you. So it doesn't matter what you see and who it is actually happening to, it will always be transformed into a future story about you, good or bad.

Nothing is ever good or bad by itself, so it is the same with this. This could be a good thing if you are watching a movie or hearing a story about someone getting rich, becoming successful or finding Love. The Universe will place you in the Role of the one who is succeeding or finding love and you will begin to attract that unto you. By all means, seek out those kinds of experiences for yourself. Get the feeling of the moment and not only enjoy the story line, but imagine it happening to you as well.

Explain
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5:20

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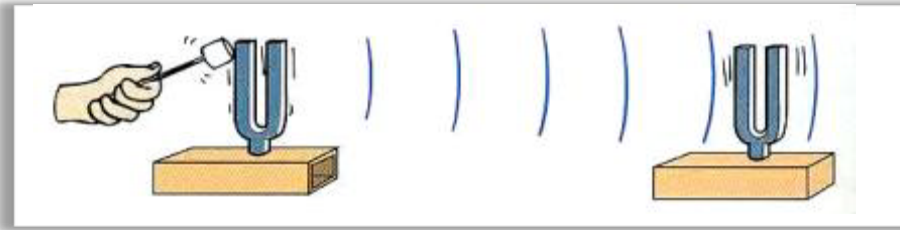
#05-14
1:44

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#05-15
17:02



Resonance Happens at the "Energy Level" Share This

Resonance is not just a visual thing, but instead happens at the "Energy" level where all real information is. That is where Consciousness is and where the actual Resonating happens. Because of this, Resonance can and does occur as a result of "Thoughts" which have no physical form, but which do have Meaning, and since it is always the "Meaning" that creates the Frequency that is in "Resonance," it could be said that it is the Meaning that is Resonating.

In the next Video Example, a dog picks up on the "Meaning" that his beloved owner is coming home. Pay very close attention to this example, because we will be referring to it throughout the rest of this book.

Video Example – Dog Knows His Owner Is On the Way Home



Rupert Sheldrake - The Morphogenetic Universe (1:20:27) (View 51:00-66:05)

View The Entire Video At Once On Line:



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Rupert Sheldrake - The Morphogenetic Universe (1:20:27)

(View #6 @ 4:22 to #7 @ 5:55)

Video #1	Video #2	Video #3	Video #4	Video #5
				
Video #6	Video #7	Video #8	Video #9	
				

Video Example – Dog Knows His Owner Is On the Way Home (2)



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Rupert Sheldrake: Pets and Their Masters (10:24) (View All)

This other Video Segment covers more case studies and has more detail regarding the abilities of Dogs.

What is this video about?

In this Video Example we will meet Rupert Sheldrake¹⁸ who is a researcher that has been studying psychic phenomenon for many years. In this video Example, he is conducting a study on "**Dogs That Know When Their Owners Are Coming Home.**"¹⁹ It seems to be a common experience that dogs and cats, seem to sense and know right when their owners are coming home.

In order to eliminate all other possible explanations, he has carefully set up an experiment that will eliminate all possible explanations except a psychic communication. First, he figures out what might have caused the reaction, such as hearing the car approaching or even recognizing the sound of the owner's car. Or it could have been due to a normal time that the owner comes home. Or it could be someone in the house tipping off the dog that his owner is coming home. Finally, there is the question of exactly when the dog becomes aware that his owner is coming home.

First he has selected a random time in which the owner will come home, that is determined by the roll of the dice. Only the owner knows this time and no one else in the

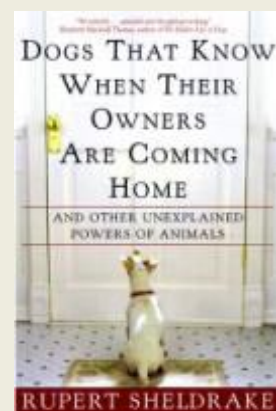
¹⁸ Rupert Sheldrake <http://www.sheldrake.org/homepage.html>

Rupert Sheldrake, one of the world's most innovative biologists and writers is best known for his theory of morphic fields and morphic resonance, which leads to a vision of a living, developing universe with its own inherent memory. Rupert Sheldrake is a biologist and author of more than 80 [scientific papers](#) and ten books. A former Research Fellow of the Royal Society, he studied natural sciences at Cambridge University, where he was a Scholar of Clare College, took a double first class honours degree and was awarded the University Botany Prize. He then studied philosophy at Harvard University, where he was a Frank Knox Fellow, before returning to Cambridge, where he took a Ph.D. in biochemistry. He was a Fellow of Clare College, Cambridge, where he was Director of Studies in biochemistry and cell biology. As the Rosenheim Research Fellow of the Royal Society, he carried out research on the development of plants and the ageing of cells in the Department of Biochemistry at Cambridge University.



¹⁹ **Dogs that Know When Their Owners are Coming Home: and other unexplained powers of animals**, New York, NY: Crown, 1999.

Book Review: <http://www.workingdogweb.com/DogsThatKnow.htm#MoreReview> The rich collection of dog tales and animal stories in this remarkable book makes it an appealing volume for dog lovers and anyone interested in animal behavior. It can be read at a much deeper level as well, but the book is very much worth reading for the animal episodes alone. There's the story of Jaytee, a mixed-breed terrier living in Northern England who correctly anticipated the return of his owner Pam 85 percent of the time during a year-long experiment. Pam kept a log of her own travels including the varying and random times when she set off for home. Her parents kept a log of Jaytee's activities including when he went to the French door to await his mistress. The match-up was remarkable. There's the tale of a cat named Sami living in Washington, D.C., who waits by the door about 10 minutes before either his owner Jeanne or her boyfriend arrives home at Jeanne's high-rise apartment at widely varying and unexpected times. How did Sami or Jaytee or the other critters in the book know their owners had set out for home and would soon arrive -- when the people at home did not know? Stories of horses, monkeys, birds and other species are included in the book as well. Their "unexplained powers" range from anticipating their owners' arrival to coming to an owner's rescue from a considerable distance to expressing grief when a parent or offspring dies, again from a far distant place. Also considered are such phenomena as homing abilities and the coordinated behavior of groups of animals, birds and fish



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house does. That eliminates the usual time possibility, and the possibility of the dog being influenced by the people in the home. Then he has the owner come home in a taxi, which eliminates the possibility of the dog recognizing the sound of the owner's car. He then sets up a video camera in the home that watches the dog and another video camera that follows the owner throughout her day. The video cameras each have a synchronized clock that shows the exact time on the video. This way you can watch both videos side by side and see exactly what is happening with the owner and the dog at the same exact moment.

The owner's activities for the day included some shopping with a friend and eating at a restaurant. After their meal, they leave the restaurant, and have a little conversation outside. The owner decides it's time to head home and waves a taxi over to pick them up. AT THAT VERY MOMENT, the dog that had been sleeping picks up his head and his ears stand up. He looks around and gets up and heads to the door. It takes the owner a while to get home, because she was far away to start with. When she arrives the dog is at the door as usual and wagging his tail in great excitement to see his owner home again. It is a beautiful scene.

Rupert also tells a story about cats. It seems that cats are particularly bothered at the notion of going to the Vet. He has conducted surveys by the owners of cats as well as the vet clinics and has found a correlation between an owner thinking about taking the cat to the vet and then coming home to find the cat is hiding somewhere and can't be found.

It doesn't matter if the owner is home when he thinks about it or at his office, his thoughts are received by the cat and the cat hides. This seems to be well known by the vets because they don't even set appointments for cats any more. They just go by the time the owner actually gets his cat there.

What does this example show and what does it mean?

This video example shows that a dog can sense when his owner is coming home. Not when the owner is near the home, but exactly when the owner decides to come home. It is at the moment of decision. The dog responds the moment that there is the Meaning "My owner will be here soon," because he is able to receive and understand that meaning.

This is a Resonant Situation of like Frequencies. The Dog is thinking I am waiting for my "Owner to Come Home," and when the Owner thinks "I'm going Home" that is a Match. The dog feels the resonant quality and is able to subconsciously or even perhaps consciously, recognize that his owner is on the way home. Just in the same way as hearing the phone ring means someone is calling or the doorbell means that someone is at the door.

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There are several important points here. Number one. Meaning has a Frequency that permeates the Universe, and Resonates with those situations, circumstances, people, and even dogs, that are like that frequency or to which that frequency is relevant. The important thing here is, that millions of dogs had no awareness that this owner was going to her own home. It wasn't relevant to them. It did not resonate with them, it had no meaning to them and as a result it was invisible to them.

Important point number two is that the meaning that was sent when the owner decided to go home wasn't a special event. She didn't make an effort to "Send a message to her dog," but instead it was just the casual, normal, everyday experience of making a decision. It was a very small slice of experience. The facts are that when the owner was shopping and decided that she liked a certain item, that meaning was transmitted to the Universe. When she ordered her lunch, that order was transmitted to the Universe. If she had noticed something that she liked or didn't like those meanings were transmitted to the Universe. Everything that you think and do is creating meaning that is radiating from you and being transmitted like a radio signal to the Universe and everything in it.

Even though every other animal, person, or situation in the Universe had the opportunity to hear and receive that Meaning, it was only relevant to this particular dog, and it was the only meaning that he noticed. He didn't notice when the owner ordered lunch. That wasn't relevant and had no meaning to him. When some other person decided to go home, that wasn't noticed by him either, because it wasn't his owner and so it had no meaning to him. The only vibration that he was "Tuned into" was the one that had the meaning "My owner is coming home to me." So, when that one specific vibration, from out of the trillions of vibrations being transmitted by billions of people, came across him, it caught his attention, and elicited a reaction from him. It was the only one that "Resonated with him."




The point is that you are like a radio station that is constantly broadcasting your meanings to the Universe. When those meanings meet a relevant person, situation or even a dog, there is a reaction and an elicited response. That is why your GOD Power is so important. If you constantly adjust your meanings and vibrations that you are sending out to be exactly what you want, then Resonance will be working in your benefit, setting up situations for you, bringing people, places, circumstances and things to your attention and bringing you to their attention.

All Resonance is doing is matching up your meanings with the appropriate situations that will then be interacting with you at some point. Be sure that the situations that you are lining up for your self are good ones. In the case of the dog, the owner was lining up a hearty welcome from her beloved pet in the "Future" by a thought that she was having in her "Present"

However, Sheldrake also mentions in the Video example that people have a very hard time getting their cats to the vet. They try to call the vet from their work so that the cat doesn't know that it will be going to the vet, but still, when the owner gets home, the cat is nowhere to be found. The "Dreaded" meaning was received by the cat anyway, no matter when or where it was decided or transmitted by the owner.

Likewise if you are afraid that you will be robbed or bitten by a dog, you are transmitting that meaning to the Universe, and when the time is right, you will have a most unwelcomed homecoming. They say that dogs can smell fear, but they are only receiving the Meaning that "You expect them to bite you," and so they do because that is what you are eliciting from them.

 Explain
Illustration
#05-15-i1
4:13

 Play
Audio


Dog's Response

Thought Meaning	+	Thought Meaning	=	Physical Result Meaning
This Person's Normal Thoughts & Beliefs Have Certain Frequencies "I'M Coming Home"		Dog Has Certain Frequency Thoughts "I Want My Owner To Come Home"		Resonance Activated Response Elicited Dog Is Waiting Excitedly For Owner

The Dog Noticed The Green Vibrational Thought - His Owner Is Coming Home



(From All possible frequencies with all kinds of Meanings only one is Noticed and Activated)

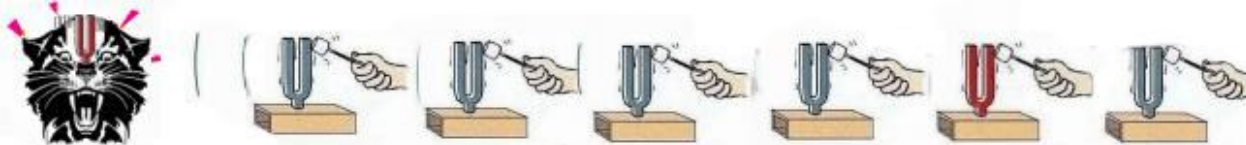
 Explain
Illustration
#05-15-i2
2:55

 Play
Audio

Cat's Response

Thought Meaning	+	Thought Meaning	=	Physical Result Meaning
This Person's Normal Thoughts & Beliefs Have Certain Frequencies "I'M Taking The Cat To The Vet"		Cat Has Certain Frequency Thoughts "I Hate Going To The Vet"		Resonance Activated Response Elicited Cat Is Hiding in Panic, When The Owner Comes Home

The Cat Noticed The Red Vibrational Thought - A Trip To The Vet Is Comming



(From All possible frequencies with all kinds of Meanings only one is Noticed and Activated)



#05-16
28:05

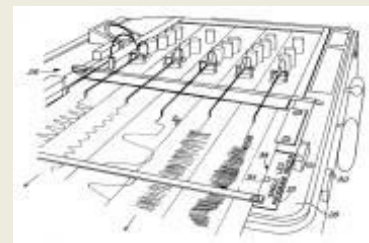
Plant Uses Resonance to Read a Persons Thoughts

If you think that example was wild, you will really enjoy this one. Cleve Backster,²⁰ is an expert in using polygraph equipment,²¹ which detects differences in skin conductivity that are usually associated with lying, but, are actually as a result of "Arousal." He was just messing around one day when he made an incredible discovery that "Plants can read our Minds." The following is an account of his discovery as it happened, in his own words. In this account he was showing slides and pointing out aspects of them to the audience. I don't have the slides he was using and all I have here is the transcript of the presentation.²²

²⁰ Cleve Backster http://en.wikipedia.org/wiki/Cleve_Backster (born 1924) is a polygraph expert best known for his controversial experiments with biocommunication in plant and animal cells using a polygraph machine in the 1960s which led to his theory of "primary perception." He is currently director of the Backster School of Lie Detection in San Diego, California. Backster began his career as an Interrogation Specialist with the CIA, and went on to become Chairman of the Research and Instrument Committee of the Academy for Scientific Interrogation. His course of study changed dramatically in the 1960s, when he claimed to have discovered that a polygraph instrument attached to a plant leaf registered a change in electrical resistance when the plant was harmed or even threatened with harm. He argued that plants perceived human intentions, and as Backster began to investigate further, he also claimed to have found that other human thoughts and emotions caused reactions in plants that could be recorded by a polygraph instrument. He termed the plants' sensitivity to thoughts "primary perception," and first published his findings from the experiments in the International Journal of Parapsychology. The article was met with wide criticism of his research methods, however Backster gained the interest of other researchers, and he expanded his experimental range to test for primary perceptions in other life forms, such as yogurt, bacteria, and human cells. His work was inspired by the research of Sir Jagadish Chandra Bose, who claimed to have discovered that playing certain kinds of music in the area where plants grew caused them to grow faster.



²¹ Polygraph Machine <http://en.wikipedia.org/wiki/Polygraph>
A polygraph (popularly referred to as a lie detector) is an instrument that measures and records several physiological responses such as blood pressure, pulse, respiration, breathing rhythms, body temperature and skin conductivity while the subject is asked and answers a series of questions, on the theory that false answers will produce distinctive measurements. The polygraph measures physiological changes caused by the sympathetic nervous system during questioning. Within the US federal government, a polygraph examination is also referred to as a psychophysiological detection of deception (PDD) examination. Polygraphs are in some countries used as an interrogation tool with criminal suspects or candidates for sensitive public or private sector employment. The use and effectiveness of the polygraph is controversial, with the manner of its use and its validity subject to ongoing criticism.



²² Silva Method Research Primary Perception http://josesilva.info/research/primary_perception_research.htm
Source: Primary Perception, Biocommunication with Plants, Living Foods, and Human Cells - the following is an excerpt of Cleve Backster's primary perceptions research and notes from a recent live presentation at a Sylva centre:

For whatever reason, it occurred to me that it would be interesting to see how long it took the water to get from the root area of this plant, all the way up this long trunk and out and down to the leaves. After doing a saturation watering of the plant, I thought, "Well gee whiz, I've got a lot of polygraph equipment around; let me hook the galvanic skin response section of the polygraph onto the leaf."

Now this is a whetstone bridge circuit that is designed to measure resistance changes, and I felt that as the contaminated water came up the trunk and down into the leaf that the leaf becoming more saturated and a better conductor it would give me the rising time of the water....I would be able to get that on the polygraph chart tracing.

Well this was the thing that started it. Now the thing trended downward rather than upward, which amazed me a little bit because it should have been going slowly upward on the tracings, if it was going to show a drop in resistance. I moved it up here - this was my move - and then it came down again, and this is the thing that amazed me right here because this contour right away...I'm looking and thinking, "That's got the contour of a human being tested, reacting when you are asking a question that could get them in trouble."

So I forgot about the rising water time and said, Wow, this thing wants to show me people-like reactions. "What can I do that will be a threat to the well being of the plant," similar to the fact that a relevant question regarding a crime could be a threat to a person taking a polygraph test if they're lying.

About 15 minutes along - 13 minutes and 55 seconds along in this initial observation...I had tried different things to try to get a reaction from this plant - I had even dipped a neighboring leaf into a cup of rather warm coffee - and the plant didn't show me anything like a reaction. It showed me, if anything, boredom, and just continued to go downwards. If this thing were an individual, the fact that they were getting bored and sleepy. But over here, the idea occurred to me, the idea occurred to me - and only the idea - "I know what I am going to do: I am going to burn that plant leaf, that very leaf that's attached to the polygraph." Now I didn't have matches in the room. I wasn't touching the plant in any way. I was maybe five feet away from the desk. I was essentially away from the plant.

The only new thing that occurred was my intent to burn that plant leaf. Right here, split second-wise, was when I thought of burning that plant leaf and the image entered my mind. I wasn't using words at all. And up that the thing went into a wild agitation. Now this was very late at night and towards morning. The building was empty and there was just no other reason for this reaction. This had been going along at a fairly stable level all the way up to this point. So this amazed me. This, I would say, would be a very high quality observation, and my consciousness hasn't been the same since. And this happened

in 1966. I thought, "Wow! **This thing read my mind!**" It was that obvious to me right then.

So then I went to get some matches from the next room. The secretary was a smoker, and I got some matches out of her desk and brought them in. The next will show where I came back in the room, right about here. I lit the match. I was even into burning a neighboring leaf rather than the leaf I had hooked up. Somehow that was already a special leaf. Even before I had a chance to do this I thought, "Well, this massive degree of reaction that I'm getting here, I wouldn't be able to see any additional reaction if it did occur."

So I thought, "Well, let me reverse the process and remove the threat from the room." So I took the matches back out of the room here, came back in at this point, and the thing just evened right out again, which really rounded it out and gave me a very, very high quality observation.

Now when my partner in the polygraph school we were running at the time came in, he was able to do the same thing also, as long as he intended to burn the plant leaf. If he pretended to burn the plant leaf, it wouldn't react.

It could tell the difference between pretending you are going to, and you are actually doing it, which is quite interesting in itself from a plant psychology standpoint.

 Explain
Illustration
#05-16-i1
5:55

 Play
Audio

Plant's Response To "Actual" Threat

Thought Meaning	+	Thought Meaning	=	Physical Meaning
This Person's Thoughts & Beliefs Have Certain Frequencies "I'M Going To Harm (Burn) That Plant"		Plant Has Certain Frequency "Thoughts" & Vibrations "I Don't Want To Be Harmed"		Resonance Activated Response Elicited Plant Is Responding In Panic, When The Person Comes Over

The Plant Noticed The Red Vibrational Meaning - Harm Is Comming



(From All possible frequencies with all kinds of Meanings only one is Noticed and Activated)



Explain
Illustration
#05-16-i2
4:13



Plant's Response To "Pretend" Threat

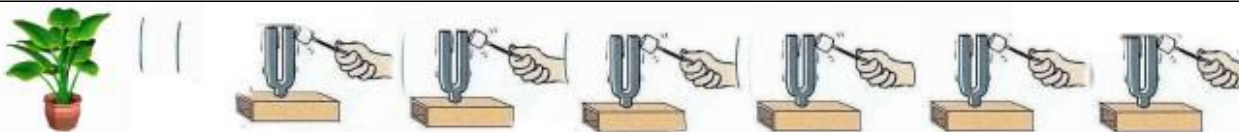
Thought Meaning + **Physical** Meaning = **Physical** Meaning

This Person's Thoughts & Beliefs Have Certain Frequencies
"I'M Going To Do Nothing To That Plant"

Plant Has Certain Frequency "Thoughts" & Vibrations
"I Don't Want To Be Harmed"

NO Likeness
NO Resonance
NO Response
Plant Does Not Respond

The Plant Noticed Nothing - No Vibrational Meaning Was Relevant



(From All possible frequencies with all kinds of Meanings None Were Relevant and None were Noticed and None Activated)

Like the dog example above, the plant was aware of his "Meaning" in a nonphysical, psychic way. But, unlike the happy dog, the plant was very unhappy, because the plant was going to be the receiver of an unwelcomed event that was on its way.

Notice the second to the last paragraph where the plant only reacted to actual meaning to harm, and not to the "pretending to harm." This translates very well into Meaning. When he had the actual intention to harm the plant, that was an actual Meaning of "Harm is on its way," while, his effort to "pretend," had a Meaning of, "No Harm is on its way." As always, it is only the Meaning that is of any consequence. As you can deduce, the physical actions of intended harm and intended trickery, would be exactly the same. There would be movement towards the plant with a match in hand. This clearly demonstrates, that even with identical actions, it is only the actual Meaning that counts.



Additionally, like the dog example above, the experimenter, was always "Transmitting" his meaning out to the Universe, even when at first he had no idea that it was being received.

You are ALWAYS TRANSMITTING your Meanings out into the Universe, and those people, places, events, situations, things and yes, even plants, who resonate with the vibration of your Meaning, respond in their own way.

Video Example – Plants Have Consciousness



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[Experimental PROOF - PLANTS can READ YOUR MIND have Consciousness!!! \(9:59\) \(View 0:00-1:51\)](#)



What is this video about?

This Video has many examples and demonstrations that have been performed and all prove that Plants have Consciousness. In the first segment, Backster himself recounts his first experience that plants can read his thoughts and respond. Just as he was explaining in the information you just read, (above), he had connected a polygraph machine to the leaf of a plant and was trying to get a reaction out of the plant without success. (A polygraph machine, is also called a "Lie Detector," and what it does is measure the change in the conductivity of the skin, or in this case the leaf. When there is a change in the conductivity, it is an indication of nervousness.) He suddenly thought of burning the plant's leaf, and at the exact moment that he had the thought and the intention of burning the leaf, the plant reacted wildly. He said "That moment in February 2, 1966, changed the rest of my life."

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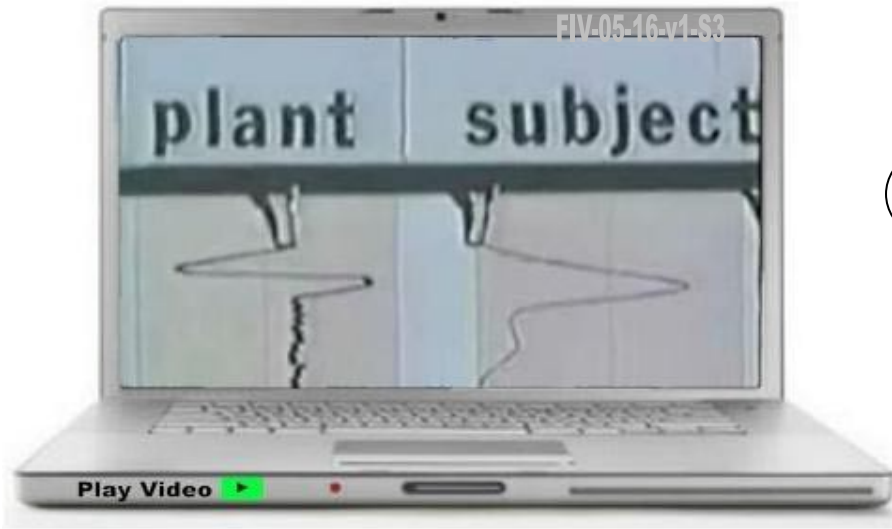
Same Video
As Above

Experimental PROOF - PLANTS can READ YOUR MIND have Consciousness!!! (9:59) (View 1:52-4:03)



(1:52) *The Second demonstration* on this Video is also of Backster trying a different test. He wanted to see if a Plant could and would react to the death of Brine Shrimp. He set up the experiment like before with the plant hooked up to the polygraph machine. In a room next door to the plant, he had live Brine Shrimp in a small cup suspended above a pot of hot boiling water. In order for him to be sure that there was no Human interaction in the experiment, he not only set up the experiment to work automatically by a random timing device, but, he also left the office and drove some distance away so that his presents wouldn't interfere with the results. At the random time, selected by the machine, the automatic device dumped the Brine Shrimp that were in a small white cup, into the boiling water, to their death. At that exact moment, as expected, the plant showed a reaction. This proved that the plant was sensitive, and "Felt" the death of the Brine Shrimp in the next room at the exact moment of their death.

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Same Video
As Above

Experimental PROOF - PLANTS can READ YOUR MIND have Consciousness!!! (9:59) (View 4:03-6:15)



(4:04) The *Third Demonstration* shows that a Plant is able to feel a person's emotional arousal. In this carefully set up experiment, the plant once again is attached to a polygraph type device and isolated in a plastic box to eliminate any possibility of interference in the experiment. Next, a person connected to the same type of equipment, is watching a provocative movie within a few feet of the plant. Right when a very sensual scene is shown on the movie screen, which causes the test subject to respond Emotionally, the plant responds also. The experiment shows that the plant was responding to the heightened emotional response of the person.



Same Video
As Above

Experimental PROOF - PLANTS can READ YOUR MIND have Consciousness!!! (9:59) (View 6:15-6:51)



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(6:16) In this *Forth demonstration*, a woman tries to teach her plant the alphabet. It's not quite clear how its set up, but it appears that the plant is connected to a polygraph type device that is then connected to some sort of speaker. When she talks to the plant, it seems to respond in an audible way.



Same Video
As Above

Experimental PROOF - PLANTS can READ YOUR MIND have Consciousness!!! (9:59) (View 6:51-8:07)



(6:51) *Segment Five* is a demonstration from the Soviet Union. Once again, it seems that a cabbage plant is connected to a polygraph type device that is displayed on an electrical monitor with an audible response as well. This interesting demonstration shows that the cabbage plant reacts widely to a cabbage being chopped up in its presents.

The most interesting aspect of this experiment has two cabbage plants side by side with one that is connected to the monitoring device and one that is not. One by one, several lab assistants, each walk up to the plant that is not connected and stands for a moment and then exits the room. After several people have "Visited" the plant, one actually destroys it by ripping it apart with their bare hands and then exits the room. Naturally, and as you would expect by now, the other plant, the one connected to the monitoring equipment, reacts wildly to this.

But, the most interesting part of the experiment comes next. After some time passes and the plant has settled back down, the assistants each enter the room again. As each one enters, there is no reaction from the plant. But as soon as the actual person, who ripped apart the other plant, enters the room, the plant goes crazy again. The plant was able to recognize the guilty person who "killed" the other plant.

What does this example show and what does it mean?

This Video Example makes several great points. First, we are always sending out meaning. Every emotion that we feel, we send out to the Universe. However, even though it is "Heard and Received" by the entire Universe, it is only noticed by the people, places, situations, events, dogs, plants and whatever else that Resonates with its meaning.

You may be thinking that it's time for you to stop working with these plants and go home. You will find no reaction from the plant to this meaning. However, your dog will be delighted to receive this Meaning and reacts to it instantly by waiting for you at the door. The Meaning has no similarity to any Vibrational frequencies that the plant has. It has no idea that you were even thinking that, because it only knows what it notices, and it only notices what resonates with a vibration that it has. So, if you decide to try another experiment and think about burning the plant, the plant will go crazy, but your dog, will not notice.

The next point that I would like to make is in regard to the cabbage killing experiment. "How did the plant KNOW exactly who killed the other cabbage?" It is obvious that we all have our own individual "Vibrational Signature." That is to say that we are unique in every way including the Vibrational energy we are constantly emitting. Like our song example, even though the elements of the songs may be the same, such as the same instruments are played, but it is still easy to tell them apart when you listen to them. The instruments may be the same, but the song is different. We all are unique in every way and can be easily identified by that unique Vibrational signal.

In the same way that the dog could tell that it was his owner that was coming home and not somebody else, so too this cabbage could tell exactly who the person was that killed the other cabbage by their unique Vibrational pattern.

This is the same unique "Vibrational Signature" that identifies us when we are resonating with our World. Every single person, place, thing, event, situation, dog or plant, knows that it is us specifically, when we are in Resonance together. How else could it work? We couldn't have Resonance be the "Universal Matchmaker," if it wasn't sure who sent the Vibrational signals, now could we?

The Cabbage plant received the signal of death, and the Vibrational signal identifier as to who was responsible. The cabbage plant's reaction when that same person returned to the room, wasn't from a need for revenge, (Thank God), it was from a place of fear and self protection. The plant knew it was possible that it was in danger also. This was very similar to Backster's original experiment with the match and his test plant.

Finally, the most important point that this Video Example makes is that Plants seem to have consciousness without a brain. If it were us, we would say that "we saw the danger with our eyes, and it sent a signal to our Brain, which sent out adrenalin to our muscles for the fight or flight syndrome." That's our realistic and rational way of explaining how Physical Reality works. But as we will see in the Chapter called "[What is Reality?](#)" **Page 205**, nothing is actually going on physically. Everything that we see and feel is only a physical representation of a nonphysical creation.

Obviously, the plant has no brain, which we have always felt was the place where consciousness resides. But it does not. It is in the "Mind" (Not Brain) which resides in the energy realm. We will cover this more later on in the book. I just wanted to point it out while it's fresh in your mind. Consciousness is not a physical property. That means that the Brain which is a "physically oriented object" is not the place where consciousness resides.

The most important thing to realize about how this all works, is that you may never know who or what is Resonating with your Meanings. It could be the person of your dreams, that you have been giving much thought to, makes a wrong turn on the interstate, "Seemingly by accident," and ends up stopping at your store and meeting you as a result. Or, it could be a truck driver, who gets distracted for a moment, "Seemingly by accident," and pulls into your lane of traffic. Everything in the Universe is "Responding and Reacting," to the sum total of all the vibrations that it is Resonating with.

Maybe, you have been giving quite a bit of thought to exactly who you would like to meet, just like you are supposed to, but, you are also thinking, "Somebody else always seems to get the good ones." So the person who made the wrong turn, and ends up in your store, is in your sights just long enough for you to recognize that "They are the one," then someone else steps up and offers some help to them. Sure enough, they leave together. That could have been you, but just as you predicted, and created, it was not. It will never be "You," as long as you send out the meaning that it's never you.

Remember the Dog and the Plant, the next time you start thinking recklessly about things that you want. Every single thing you are thinking is flying across the Universe, faster than the speed of light, making all the right moves for you, or the wrong ones. It's your decision as to what that will be. The person or opportunity of your dreams could be excitedly waiting for you like the dog, or trying their best to avoid you like the cat. It all depends on what you have set up for yourself based on the Meanings that you are sending.



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#05-17
2:25

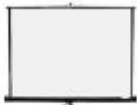
The Golden Rule. Never have we fully understood how important the "Golden Rule" was than we do now.

*"Do Unto Others
As You Would Have
Them Do Unto You"*

This principle has been known since early times. As powerful as it is, it doesn't limit any of your particular thoughts or acts. It just means don't do anything (or Think anything) about another that you wouldn't want done or thought about you. The genius of this is in its simplicity and scope. You see, this Golden Rule and "Karma," places the responsibility of your own actions and thoughts at your own feet by your own judgment. Anything that you think, say or do about or to another, creates a vibration that has a resonant quality. Whatever you are and are about, resonates with others who are the same way and it brings it back to your doorstep.

Some call this Karma. What you put out in the Universe, you get back. What you sew, you reap. When you are kind in thought and deed to others, by your own measure, you will find circumstances manifesting in your life in which you will be the beneficiary of good friends and good fortune. There is no escape from reaping what you sew. If you are able to "beat" others in business and succeed financially at the cost to another, you may suffer with bad health, or bad relationships. If you are inconsiderate of others, you will find that you will be on the receiving end of inconsideration, at the very least.

However, there is one saving grace for all of us. We are judged by our own measure. In other words, we judge ourselves. It makes no difference what others may think, so as long as you feel good about your own thoughts, words and deeds. If you feel good about yourself, you will reap an abundant life, full of joy and happiness, the joy & happiness that you have given to others. Before long you will be experiencing events, circumstances and friends who make you feel great about yourself and life.



Slide Show
Presentation
Chapter #05
Part 4 of 4
1:35:00+



Flash Movie
Presentation
Chapter #05
Part 4 of 4
1:40:46+



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#05-18
1:26

Just Like Old Friends Have you ever met someone and it seemed like you have been good friends for years? And did you notice that you both felt the same way? How do you explain this? When you have been friends with someone for a very long time, you become more and more alike, which causes a strong Resonant effect, due to your growing likeness. The longer you know someone the more alike you become. As a result, you can actually feel the resonance between you. It's a feeling of Closeness (Likeness).

However, when you meet a new person that has many qualities that are just like you, you have a resonant feeling of likeness that feels like longtime friendships. The reason it feels like long time friendship, is because those are the only relationships that have that strong likeness and resonant quality. So when you meet someone new who has that same feeling, the only thing you can compare it to is a long term friendship. Often people who feel this strong resonant feeling will say "It feels like we have known each other for years." The reason is because it normally takes years to become that Resonantly alike.



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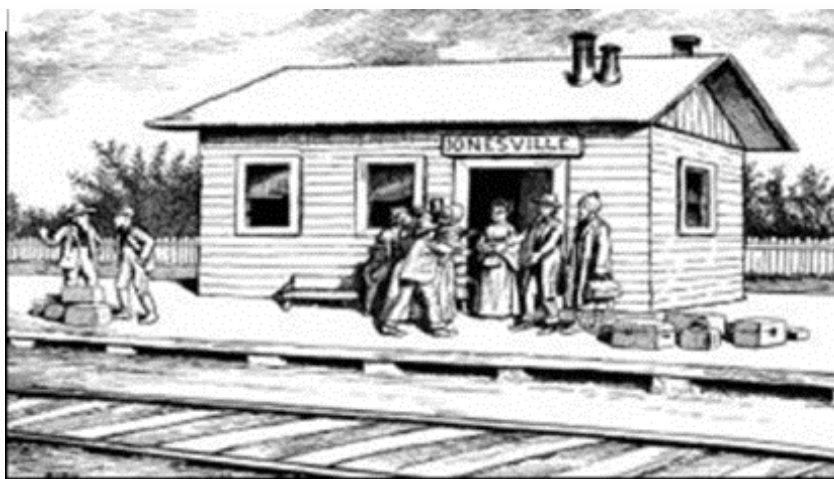


#05-19
4:11

The Music Is Everywhere and It's Nowhere A radio is a great metaphor for understanding Frequencies and Resonance. In my seminars, I will have two radios one tuned to a station that plays great music and one tuned to a frequency that has no music. On stage I will tell the audience that I hear the music wherever I go. I turn on the radio that is tuned to a great radio station, and sure enough the music is playing. I run to the back corner of the auditorium and turn on my radio and again I hear the Music perfectly. I run to the other far corner of the auditorium and still I can hear the music. I come back to the stage and no matter where I go I can hear the music. So I announce to the audience that, "The music is everywhere."

My assistant comes on stage with the other radio and announces that he doesn't hear the music. I ask him "What are you going to do about it?" He replies "Well, I'm going to go to the back right corner of the auditorium where I'm going to get a new job, and then I'll be able to hear the music." I tell him "Give it a try." So he runs to the back right corner and announces that even though he changed his job, he still can't hear the music. Once again I ask "What are you going to do about it?" He replies "Well, I'm going to go to the back left corner of the auditorium where I'm going to get a new girlfriend, and then I'll be able to hear the music." I tell him "Give it a try." So he runs to the back left corner of the auditorium and announces that even though he got a new girlfriend, he still can't hear the music. Once again I ask "What are you going to do about it?" He replies "Well, I'm going to go back to the stage and move across the country to a new home, and then I'll be able to hear the music for sure." I tell him "Give it a try." He runs back to the stage again, and still, no music.

So, then I announce to the audience "The Music is everywhere and it's nowhere." When you can't hear the music, and you aren't happy, you can't find happiness and hear the music by changing your job, finding a new girlfriend, or moving. In fact nothing you can do will bring you happiness. You have to first tune yourself to the happiness station where you are, and then you will notice happiness everywhere and no matter where you are, or what you do, you will hear the music and feel the happiness. Happiness is a state of mind that begets happy thoughts and attracts happy experiences. When you decide on happiness, you can see it in everything. It has a very powerful Resonant quality, that brings out, elicits, the happiness, the happy aspects, of any situation to the forefront, in perfect view where you can not only see and experience the happiness, but you can hear it's beautiful music, often in the form of laughter.



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#05-20
5:08

The New Comers The wise old man would sit at the train station and greet the new comers who would get off the train. They always asked him about his little town. They would say, "What is this town like?" He would always ask in return, "What is it like where you come from?"



Explain
Illustration
#05-20-i1
4:01



They would say that it was mean and nasty, nobody ever waved and no one cared about anyone else that is why they are moving to this new town. He would smile and then reply, "Well that's exactly what you will find here. You will find it's just the same everywhere."

Every now and again he would get a different answer to his question. Sometimes they would respond in a very positive way.



"It's wonderful where we come from. Everybody smiles and tries to help each other, it was a wonderful town. We sure hated to leave it." "Well," he would say, "It's your lucky day. This town is just the same as you described your town to be. Everyone is nice and wants to help each other. It is a wonderful place to live."

The wise old man knew, that it was the Resonant quality of the New Comers, that created their experiences. Whatever their state of mind was and whatever they expected to see and find, is just what they would find. It didn't matter what town they would go to, it would always be the same as the town they had left. Whatever they were about themselves would elicit the same from the people they came in contact with, and they would eventually find their own kind. Resonance has a way of sorting things out and getting the people who belong together, to meet and get together. That is the natural and perfect function of Resonance, the "Universal Matchmaker."



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You Can Have Everything That You Dream Of, Unless You Want It

#05-21
6:48

At first this sounds crazy. Isn't everything that you Dream of, by definition the things that you want? How is it that, "You can have everything that you dream about, but you can't have it if you want it?" Yes, of course I will explain.

We have learned up to this point that Meaning creates Frequency and that Frequency utilizes the Power of Resonance to elicit "its kind" from the Universe. So far, so good. However, it is at this point that we are going to need some "Fine Tuning" of our Understanding to get the most out of it all.

Once again, it is all about your GOD Power of assigning Meaning. You have to be sure that the Meaning that you are giving to the situation is the right one. I don't mean that in a way to say that anything is right or wrong, but, instead to say that it is the correct Meaning to use to get the result that you want. Obviously, if it elicits the wrong result, it was the wrong Meaning. When deciding on Meanings and the subtle differences in their eliciting power, just remember the title of this section because it will guide you perfectly every time.

"You Can Have Everything That You Dream Of, Unless You Want It."

First, let's start with the beginning of the phrase, "You can have everything that you Dream of." The key words in this segment are the words "Dream Of." When you Dream of something what is that like? If you are dreaming of a new sports car, aren't you driving it? Are you showing it off to others or enjoying it in some other way? When you are Dreaming about something, you are usually in the experience of "Having It." You are in the experience of "enjoying it now." Dreams are fun and always in the moment of the experience. If you had the Meaning of, "I have this now and I am enjoying it," then you will be eliciting the experience of, "I have this now and I'm enjoying it."

On the other hand, what is the feeling and experience of, "Wanting something?" Is it a joyful experience? Is it the Meaning of "I have this now," or is it the Meaning of, "I don't have this now and I am not enjoying it at all." Can you picture yourself looking in the showroom where

the fancy sports cars are, both hands covering the sides of your face so that you can see better? The sports car is on the other side of a barrier that separates you from it. In the language of Meanings, a quarter inch of glass, might as well be a million miles, because it is not yours and you don't have it. The actual feeling might be described as "Anxious," or "Wanting," or "Needing," or maybe even "Desperation." So these feelings are the basis of your Meanings. You will elicit more "Wanting," "Anxiousness," "Needingness," and become even more "Desperate."

So you can clearly see the difference of the two Meanings. Have you ever Dreamed that you were at the window of the Sports Car dealership wanting the car? No, that has never happened. When you Dream of these wonderful things, you already have them and are enjoying them. That is the ideal place to create Meanings that elicit their kind from the Universe. Whenever you feel yourself "Wanting," just turn it into "Dreaming." That way your thoughts go from the anxiety of not having it, to joyous thoughts of experiencing it as if you already had it. This might be called "Day Dreaming."

"Day Dreaming" is the most wonderful state of being for Manifesting. When you are Day Dreaming, you are immersed in your thoughts and your imagination is running wild with all the possibilities. Day Dream whenever you can, because when you Day Dream, your judgment is temporally suspended and all things are possible. When they are all possible, you are creating Meanings that will be eliciting and attracting things to you, so that one day, the impossible, will become your Reality.

Throughout this book I will be telling you to think about the things that you want. I haven't said to think about "Wanting them." I said to think about them. What color do you like? Where would you have it? What about it do you like or Love? There is a HUGE difference between thinking about something and "Wanting it."

Enjoy it in your mind as you build all of its elements, (Smorgasbord) but don't create thoughts and Meanings that it is over there and you are over here. In a Dream situation you are already experiencing everything that you want. There is no need to call it wanting or experience wanting, if you can experience Dreaming instead. Besides, if you are good at Dreaming of it, it can be almost as good as already having it. It is the next best thing to actually having it. But, no matter how good you are at wanting something, it is still no fun to experience the wanting of it.

The best point of view is of course to "Dream" about it. That is, think about it as if in a Dream. That is a Meaning of "Having" which will elicits and attracts "Having." The next Best is to think about it like you are planning on getting it or doing it. This has a Meaning of "Having Soon" which will elicits and attracts "Having Soon." But, whatever you do, don't want it and agonize over not having it, because that will make sure that you are always wanting it forever, nonstop. That will have a Meaning of "Don't Have" and you will elicit and attract circumstances and events that will keep you feeling that you "Don't Have."



#05-22
15:06

"911" – A Case Study in Resonance

The events of September 11, 2001 are horrible and unfortunately, will always be remembered. I say unfortunately, because, as you keep horrific events in your mind, it only serves to attract and resonate with other horrific events in your experience, even if it is just a car accident, or a lost opportunity. If people were able to forget the past, when the past is negative, their present and future, would be so much brighter. 911, however, does serve as a powerful case study in Resonance, because there are so many related stories and events that we can now look back on and study.

Starting from the beginning, we know that everything from solid matter, to situations and events, are created from energy by their signature Frequencies. Frequencies, as you recall, have the power to shape energy into certain resulting forms, physical and non physical. Let's refer to the [Video Example, Frequency Creates Shape](#), in the [Chapter on Frequencies, on Page 73](#).



In that example, there was a pile of rice in the middle of the square metal sheet that was in no particular form or shape. However, as the frequency began to vibrate the rice, it started forming a certain pattern for that frequency. While each different frequency had a different pattern, if you repeated the experiment with the same frequency again, the same exact pattern would form and emerge again.

There are two important points to understand in regard to this example. First, the same frequency will always create the same exact pattern, and second, the pattern isn't clear at first. It takes time for the shape to form. If the power of the frequency were greater, (Higher Volume), it would form much faster. If the power of the frequency, Volume, were lower, it would take longer to take shape. So while a certain frequency will form the same pattern every single time, the speed at which it takes shape can vary due to the power of the Frequency (Volume) and other circumstances.

Next, in review, we Know that while circumstances can be the same, their meanings can be different. In example, a building can be blown up and toppled to the ground, and that could be a good thing, if you are building a new Casino in that same location. However, a Building could

be blown up resulting in a loss of property and possible a loss of life and that would be a bad thing. It's all in the Meaning and not the circumstance or event. It is the Meaning, that has a Resonant quality. It is the Meaning of a situation or event that is broadcast and transmitted to the Universe.

However, Meaning isn't always quite as clear cut as those two examples. While the meaning of the blowing up of the second building resulted in a loss of property, (Meaning = Bad), to the contractor who would eventually get the job to build a new building it would be a good Meaning. So in any given event or situation, there may be a thousand different Meanings going on that are resonating in a thousand different ways to each of the "Observers" who are each creating and establishing their own Meanings for the exact same event.

Check Video

YouTube



Now, let's revisit the [Video Examples of the Dog, That Knew His Owner Was Coming Home. Page 121](#). Remember in the dog example, the dog resonated with the Meaning of "HIS owner was now on the way home."

If you were able to ask him how he knew this, he might say, "It was a gut feeling and I felt joy in my heart." Also, in that same Video, Rupert Sheldrake said that Cats know when their Owner intends to take them to the Veterinarian. No matter if the Owner calls the Vet from his work, or in his car, by the time he gets home, the cat is nowhere to be found. So while, the dog rejoices at the Meaning that he had received, the Cat, panics at the Meaning he received. If you were to ask the Cat how he knew that there was going to be a problem, he might say, "I just had a gut feeling that made me sick to my stomach."

So, if we look at these two examples of the Dog and the Cat, to see what they have in common, we will notice that while their Emotions were completely different, they were both heightened emotional responses, really great and really bad.

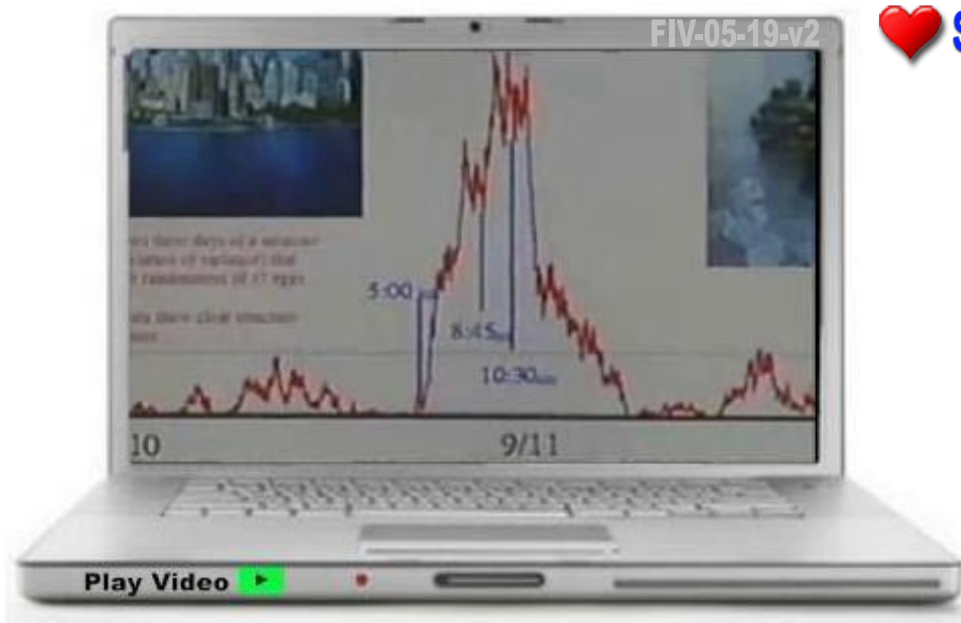
In this next Video Example, you will learn about an Organization that is called the "Global Consciousness Project,"²³ also known as the "EEG Project." They have deployed tiny little circuit boards all over the World to volunteers who are participating in this Global Experiment. These little devices are called "REGs," which stands for Random Event Generators. These little devices randomly generate a number "One" or a number "Zero," in the same way that you would flip a coin and get "Heads" or get "Tails." Just as you would expect, these little circuits normally average 50/50 ones and zeros, just like the odds that you would get flipping a coin.

²³ The Global Consciousness Project, also called the EGG Project, is an international, multidisciplinary collaboration of scientists, engineers, artists and others <http://noosphere.princeton.edu/> The Global Consciousness Project, also called the EGG Project, is an international, multidisciplinary collaboration of scientists, engineers, artists and others. We collect data continuously from a global network of physical random number generators located in 65 host sites around the world. The archive contains more than 10 years of random data in parallel sequences of synchronized 200-bit trials every second. Our purpose is to examine subtle correlations that may reflect the presence and activity of consciousness in the world. We predict structure in what should be random data, associated with major global events. When millions of us share intentions and emotions the GCP/EGG network data show meaningful departures from expectation. This is a powerful finding based in solid science. <http://noosphere.princeton.edu/>

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Even though you would expect these hard wired computer circuits to always be consistent and generate the same results over and over again, it has been shown that they are affected by the Worlds "Emotional Energy." When Princess Diana died, at her funeral, there was such a Worldwide emotional feeling, that the REGs, "spiked" in one direction rather than the usual 50/50 split. There have been several other occasions, such as disasters, which caused the same results. It was the Heightened Emotional level that affected the REGs, not whether the Emotions were good or bad. Remember, it's not the level of emotion from one meaning, but all meanings together.

Video Example – World Consciousness Demonstrated



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[Global Consciousness Project \(GCP\) \(3:26\) \(View All\)](#)



What is this video about?

This Video Example is a short news clip about the **Global Consciousness Project (GCP)**. It is run by retired Princeton University Scientist, Dr. Rodger Nelson. He has deployed "Coin Flipping," Random Event Generators (REG) all over the World, to monitor the consciousness of the World's population. Although these electrical circuits are normally consistent in that they are generating flips that average 50% ones and 50% zeros, on occasion, they end up generating more of one than the other.

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In the 10 years that this project has been in operation, there have been many World events that have caused a shift in these REGs from Random to mostly ones or zeros. The explanation for this is that a rise in the emotional energy of the World influences these electrical circuits to "polarize" or line up and become less random.

In the Video at two minutes and ten seconds (2:10), Dr. Nelson comments that several hours before the first plane hit the World Trade Center, there was a significant spike or shift in the randomness of these devices. He further states that he doesn't know why this occurred BEFORE the event had even become known to the World.

Clearly, the reason that there was a shift in the randomness BEFORE the first plane actually hit the tower is because the Meaning and the Frequency of the coming event was forming the circumstances of the event. Just like the Frequency and Rice example, even though the rice wasn't fully formed into the final pattern, you could hear the particular frequency, and if you are aware, you would know in your heart what pattern it is forming and you could respond at a subconscious or gut level.

Like the sound of fingernails on a chalk board, certain Frequencies, can make you queasy and even sick to your stomach without even knowing why, and like the Cats, you respond and react automatically. Those REGs, were noticing the automatic resonance response from a World population that was aware at some level of consciousness that something bad was coming.

What does this example show and what does it mean?

This Video Example is very important, because it is not often that you have a way to measure and see the Resonant evidence at the very beginning of a situation or event while it's forming. Usually, all we notice is how everybody is upset, or happy, after the event has taken place. We don't notice or see them getting grumpier or happier as they are resonating with their own coming events. This Video Example shows us scientific evidence that something was happening and even though they don't know why it started before the first plane hit the tower, you do.

While the REGs were able to "Notice" something beginning a few hours before it actually happened, the actual Frequency started at the very moment that someone had the idea to do it. That could have been months or even years before.

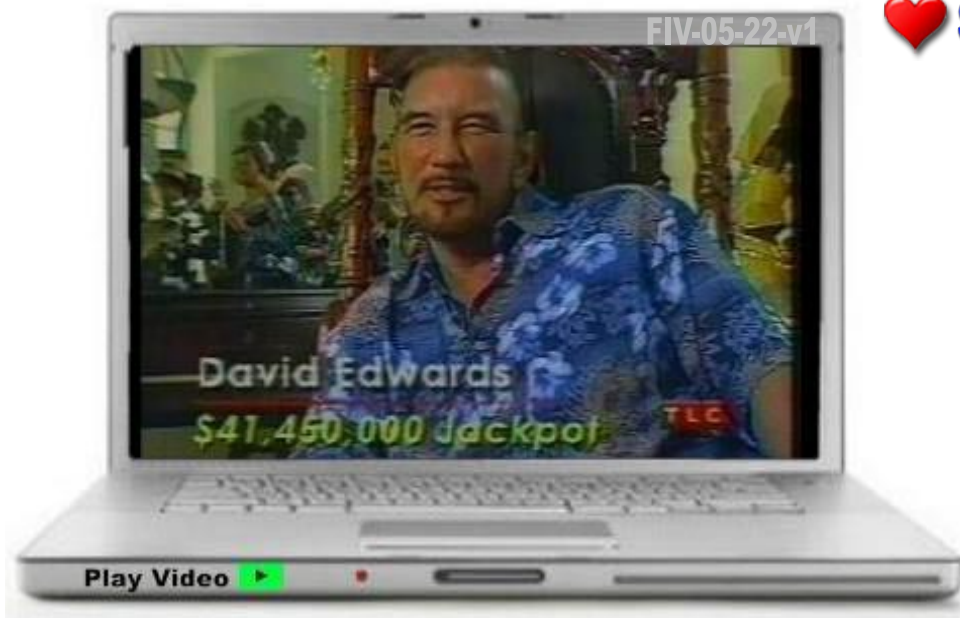


Like the [Video Example of the Bridge that was twisting \(Page 84\)](#) as it resonated with the sound of the wind through its suspension cables, the resonance of the coming event, wasn't noticed by the REGs until the situation had almost matured. However, if someone had their ear to the metal supports on the bridge, they could have heard it vibrating long before it could be seen vibrating.

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Even though the REGs didn't register the coming event until it had almost matured and occurred, some people were able to notice this coming 911 event many days before it actually happened. In the next Video Example, you will meet Dave Edwards, a very "Lucky" man. He had just won the Jackpot on a Forty Two Million Dollar Power Ball Lottery. (\$42,000,000).²⁴

Video Example – Lottery Winner Survives 911



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[Jackpot! - Story of a Man who survived 911 \(3:00\) \(View All\)](#)

[Check Video](#)

What is this video about?

In this Video Example, Dave tells the story of how he won the Lottery and had his life spared in the 911, attack. Because he was the big winner and a celebrity in his own right, he was invited to "Close the New York Stock Exchange." It is a big Honor, to be the one who slams the gavel down to end the trading day. Dave was scheduled to "Close the Exchange" on September 11, 2001.

The weekend before he was to fly into New York, he started getting sick to his stomach and had a feeling of great fear come over him. He called his stock broker to tell him that he wasn't going to be able to make it this time and would he please reschedule him for another time. The Stock broker got quite upset and was complaining because it had been so much trouble getting this set up in for him in the first place. Dave replied, "I know how crazy this is. I'm not coming to New York to close the Stock Exchange because I've got a weird feeling something bad is going to happen to me. Well I got the FEELING.

²⁴ PowerBall Lottery <http://www.powerball.com/>

I've never had it before, and I'm in the bathroom right now throwing my guts up. Now I'm not coming."

So on the morning of September 11, he got a frantic call from his stock broker shouting, "Turn on your TV!!!!!" So he turned it on in time to see the news from the first plane hitting the tower. The Stock Broker continued, "I got a call from the guy at the New York Stock Exchange who was complaining that we weren't there. I told him that there was a memo that you were not going to be there. The man started shouting and said that you were supposed to be here right now.... Then the phone line went dead." The stock broker continued and said, "I just wanted to thank you, because I'm a father, and my boss is a father and we would have all died, had we gone."

What does this example show and what does it mean?

This Video demonstrates that like cats and dogs, people are able to sense resonance from coming events. Of course, like everything else, it all depends on how personally relevant the event is and how strong it is. Life and death events tend to be very strong, while a coming traffic ticket or a hang nail will be very small.

There are so many aspects of these series of events and these examples, that we can learn from and get a real strong understanding, belief and KNOWING.

In order to understand how people are able to pick up on psychic clues such as Resonance, we need to look at musically inclined people. In the example of the Frequency making Patterns in the Rice, we saw that different frequencies created different patterns. A musically inclined person would be able to recognize the different frequencies and call them a "B-Flat" for example. I am just picking names out of the air, because I'm not musically inclined. Let's say another Frequency is "A-Minor."

So when the "B-Flat" frequency is turned on, it creates a pattern we'll call "Aunt Sofia's Lace," and the "A-Minor," makes a pattern we call a "Snow Flake." In this way, he would have been able to establish a relationship between the sound of the frequency and the resulting pattern. This may be how the dog knows his owner is coming home, because whenever he gets a certain feeling, let's call it a "B-Flat," his owner shows up shortly thereafter. Pretty soon, whenever he gets that "Feeling," he gets excited because of the associated meaning. However, with the cat, that "Feeling" of an "A-Minor," means trouble and he runs and hides.

Like these dogs and cats, some people are able to notice Resonance and even interpret the "Feelings" quite accurately with the help of their Emotional Guidance System.



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#05-23
14:54



The Future is being created, Now. In the [Video Example of the Dog Who Knew That His Owner Was Coming Home, Page 121](#), from the dog's point of view, you might say that he was predicting the future, quite accurately in fact. Yet, from the Owner's point of View, it was just a decision he made in the present. Since our future is a cascading result of what is happening right now, it is easy to understand how some people can "See the Future," like the dog. If our musically inclined person, heard a certain frequency, noticed that there was a pile of rice on this vibrating metal surface, he could predict the exact pattern that would appear "In the Future," quite accurately.

There was a study done by parapsychologist William Cox, on train accidents in the U.S. He found that on the days that the trains had serious accidents, there were much fewer people on the train than would have normally been on the train on that same day in previous weeks. ²⁵ This means that these people who for some reason decided not to take the train were actually responding to a gut feeling brought on by the Resonance of an upcoming accident. Remember, there is no such thing as an accident or a coincidence. For those who felt good about their life and had a good outlook on life in general, their Reality would have prevented them from getting on that train. Maybe their car broke down on the way to the train station and they didn't make it, or maybe they got up late and missed the Train. Of course it could have been a straight forward gut feeling that they shouldn't take the train that day. It doesn't matter how the circumstance plays out, just that it does play out in a way that matches your Meanings. If you expect to be safe at all times, then "Things" will happen that end up keeping you safe. These "Things" and events are elicited from the sea of all possibilities by you, to create and fulfill the Meanings that you are transmitting.

²⁵ William E. Cox, "Precognition: An Analysis I and II," Journal of v American Society for Psychical Research 50 (1956)

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Nothing can happen or does happen by "Accident" or "Coincidence." Prove it to yourself. Set up a Tuning Fork of any frequency that you want to and wait for it to vibrate. The moment that it begins to Vibrate, it will not only, not be an "Accident" because it will be vibrating in response to another vibration in the air that is similar, but, it won't be a "Coincidence" either because like frequencies always resonate with one another. That's what they do. That is the basis of the Creation of the Universe.

Now, let's get back to our Lottery Winner. He had just won \$42 Million dollars and was feeling like everything was going great for him, like nothing could go wrong. From this wonderful feeling place, he was resonating with a lot of really great events that were coming his way. However, because he was already vibrating at such a high level of happiness, he didn't notice the other great things that were coming, because the Resonant feeling that they gave him, just blended in with the rest of the great things. However, when this really bad event began to resonate with him, he really noticed it because it was so different from the way he was feeling normally.



To use our guitar example, from earlier, he was vibrating on all those high strings, making beautiful music, when all of a sudden; there was this very loud sound of the low string that began to vibrate. It was so easy to notice because of the contrast it created. When he thought about his trip to N.Y., the sound got louder and its meaning resonated even stronger with his planned trip. He therefore correctly figured out that the cause of this uncomfortable Feeling (Vibration) was due to his trip, and so he cancelled it. I'm sure that as soon as he cancelled his trip, he began to feel much better.

However, for the person at the World Trade Center, that was expecting him to show up, it was business as usual. Even though, I don't have any specific information about him, I can tell you what his life was like. First he was yelling because the guy didn't show up. This was probably the kind of thing that happened to him all the time. He was a frustrated and unhappy person because of how he acted. His life wasn't what he wanted and he must have complained a lot. He had a lot of negative Meaning vibrations that he was sending out and as a result, he would have also "Received" (Noticed) the resonance of negative frequencies all the time. So when the frequency of this coming event started to resonate with him, it probably felt just like a normal day, of things not working out. That may have been why he was so mad. He could have mistaken the bad feeling that he was getting. He may have thought that it was because the Lottery Winner didn't show up like he was supposed to. If you are vibrating on the lower bad Frequencies most of the time (Playing low notes), how could you or would you notice that another low note is playing? It all seems similar to what you are used to and not unusual.

All I know is this. Everybody who died, had that possibility in their energy. People, who notice the death and mayhem that plays throughout the World, accept that it is a part of life. "People get killed every day and my time could come at any moment." That kind of thinking, "Opens the door" to the death opportunities. Everybody who lived had survival in their energy. "Things are always working out for me." These kinds of people don't have the possibility of untimely death in their energy. They don't believe that we are all at risk and could be killed by a drunk driver, disease, or whatever, at any time.

There may have even been someone who totaled their car on the way to work that very morning, and while they were standing in the street looking at what once was a brand new car, uttered these words, "Even though, my car is totaled, I know that everything is still always working out for me in some way." Of course, they didn't make it to work at the World Trade Center that day, and they didn't die either.

This is where people exclaim that, "Good people died in that attack." I reply, "I know, they were wonderful and loving people, but, they also believed that there were things and people out there, who weren't loving and wonderful. They believed that they could be harmed and killed, whether it was by an accident, natural disaster, disease, or at the hands of another. They believed that there was a possibility that one day, it would be them." You could be "Mother Teresa," and still, if you thought about red cars, you would see them.

That's the kind of vibration you develop by watching the news every night and seeing and hearing that people died in a fire in their house, or in a car crash, or got shot at school or in a botched bank robbery, or by some mysterious disease. You begin to believe in the possibility of death whether you are a saint, or a scoundrel. When you know and understand, the matchmaking power of Resonance, you realize that when you are aware of death, death is aware of you. When you are aware of life, life is aware of you. When you are aware of happiness and opportunities, they are aware of you.

In that train wreck example, not only were there people who didn't get on the Train on those "Accident" days, but there were people who did only on that day. I don't have any facts to show you, but it makes perfect sense. People who expect disaster, and misfortune, would have been attracted to take the Train on those days. Maybe they never take the Train, but just decided "For some Reason" to take the Train for once. Of course it crashed and they probably told their friends, "Can you believe it, I take the Train for the first time and sure enough, it wrecks on that day?" I can believe it. If they are experiencing events like that, and they keep talking about it, they are going to keep on eliciting and attracting more and more of them into their experience. Hopefully they will NEVER say, "One of these days one of these accidents is going to kill me," because if they do, it probably will.

If you hear on the news that someone has been breaking into houses, you begin to worry about it. You think, "Could it happen to me?" As you give thought to this, you are transmitting the meaning of "I could be robbed." When a thief drives through a neighborhood looking for his next victim, how do you think he decides which one he will rob? It is the one that he notices and which gives him a "Gut Feeling." Your house, which was once invisible to him, now catches the attention of this thief looking for a house to rob. He feels the resonance of your thought of being robbed and his desire to rob.

This explanation wasn't meant to scare you, and it doesn't happen that fast. However, what you think about often creates a "Normal" vibration for you and it will be responded to by the Universe through Resonance. When you become more careful about what you are paying attention to, and stop noticing things that don't serve you, your life begins to lighten up. For all you know, no one dies in your town, or the World. At least you haven't heard of it anyway, so it doesn't come to mind.

I had a friend of mine who told me that he had all this new security equipment and computer this and that. He said that it was very expensive and state of the art. I told him that he could never out run himself. The more security equipment he got, and the more sophisticated it became, the more he would need it, because he would be attracting and be coming to the attention of those who could defeat what he had.

Anything you guard against, you attract by Resonance. If you look at Warren Buffet, for example, who is worth about \$50 Billion Dollars, you will find him walking through the store shopping just like any other person. He lives in a regular home in a regular neighborhood. He has no body guards nor does he worry about any potential problems, and as a result, he experiences a very safe life.

On the other hand, you will find executives who are worth much less money, with body guards and all the security that you can buy, and still they are threatened and experience close calls on their property and their person.

The problem is that if you don't have it, you will feel venerable, and from that place, you will attract problems. On the other hand, if you do employ security systems, you are still attracting problems. So, what is the answer?

You must align your actions and thoughts with your beliefs and still end up with a Meaning that will resonate only with what you want. If you feel you need the security, then get it, but use your GOD Power to change the Meaning of it. Say in your mind or to others, "I just have this security system because it gives me a discount on my insurance and makes it so that I don't have to worry about anything." From that place, you are sending out the Meaning that you have no concerns, there is no fear. However, if you put in the security system and say to yourself or even

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to others, "I got this security system, because I'm afraid and I'm protecting myself from all the bad people who might try to harm me." Then you are sending out a Meaning that you expect that someone is going to harm you and that you could experience harm at the hands of another. From that place you light up like a beacon to those who are looking for someone like you.

In the wild, do you know how a predator spots its prey? The prey looks and acts like prey. That's what attracts their attention and notice.



Watch
And
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#05-24
3:56

You Don't Need to Figure Out What Went Wrong

It is not important to figure out or discover what went wrong in any situation because, nothing has gone wrong. How can something go wrong, if you control the Meaning? If something has gone wrong, that means that you haven't used your GOD Power "Yet" to change the Meaning to something going right. The actual situation or event is of no consequence and doesn't matter. It is only the Meaning that counts.

Meaning trumps situation every single time. Besides, if you go about thinking and considering what might have gone wrong, you are only bringing it to mind again and you are going to elicit it all over again because of your thoughts. There is nothing worse than hearing someone brainstorming on what when wrong. They start naming all kinds of things, and end up building a strong case as to why it should go wrong and why it will go wrong again. Why would you think of all these bad causes just to give them energy? The really bad thing about this kind of approach is, that you end up thinking of so many more new reasons that weren't even the cause, but now that they have been brought up and are on your mind, they could be the cause of the next problem.

When something has occurred, you are in a new and different place than where you were before. Nothing is the same. What may or may not have gone wrong, doesn't matter, because you have a new and different view point now, that you are going to build on. Don't think of the reasons that something might have gone wrong, think of the opportunities that you have now that you are "here."

If you assert a meaning that everything has worked out in a way that will end up being the best possible situation, then from here, you will begin to see new possibilities that you could have never seen, if you start all over again from the place of "it failed." If it has instead succeeded in some way, which you may not even be aware of just yet, then you are on a whole new path going in a new direction. Since everything is always working, if you say it is, then you will use Resonance to elicit the perfect new options from the Universe in response to your successful situation. Many a failure in the past has lead to amazing and profitable discoveries and opportunities. Many an adversity has suddenly turned around and become the greatest possible situation they could have ever wanted, and it was as a result of a "Failure" that turned into a success. At this point, let me give you my definition of "Adversity."



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Illustration



“Adversity Is A Sudden Change In Direction On A Need To Know Basis”

R.L.M.

Until this moment, you didn't need to know. If you had, you might have changed something or done something differently, and then you wouldn't have arrived at this most opportune moment in your life. You will find that many of the greatest achievements known to man came through a moment of adversity, and if anything had changed prior to that, and that moment of adversity had not occurred, those achievements would have never been born. Often the greatest adversities become the greatest blessings. Do not search for what went wrong or what is wrong; instead search for what went right and what is right now.



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#05-25
8:00

GOD Does Not, and Cannot, Judge You

I just wanted to cover this topic as thoroughly as possible before we end this chapter on **Resonance**. Many people believe that GOD, the Universe, or some Higher Power, somehow judges them in one way or the other. That is not the case at all. While I have covered this concept and understanding several different times thus far, and I will be touching on it some more throughout the rest of this book, I just want to explain it directly, right now as we are discussing Resonance.

The Universe or GOD if you will, has no function, mechanism, or system that can Punish or Reward anyone. The only function or system that operates in the Universe is Resonance, which elicits its "Kind" or "Match" into existence. What you get or don't get, experience or don't experience is a function of Resonance. How can you experience anything in your Life that you did not elicit through Resonance? It is impossible. You can only see and experience what you are in Resonance with, in some way.

If you FEEL GOOD about something that you did or are thinking, you will see and elicit things that you like and want into your experience. You could think of this as being "Rewarded" by GOD, but, it is in fact only Resonance eliciting GOOD Things into your experience because they "Match" your Good Thoughts and Deeds. On the other hand, if you FEEL BAD about something that you did or are thinking, you will see and elicit things that you don't like and don't want into your experience. You could think of this as being "Punished" by GOD, but, it is in fact only Resonance eliciting BAD Things into your experience because they "Match" your Bad Thoughts and Deeds. It is always YOU that is the "Cause" and/or the "Creator" of your own experience. It is you that decides if you have been Good or Bad as you define it. As a result of YOUR OWN JUDGMENT, you will reap the Consequences or the Rewards of your thoughts and actions.

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Check Video

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Remember the [Video-Example "A Past Life Regression Expert."](#) back in [Chapter #2, The Meaning of Your Life, Page 59](#), where Michael Newton describes his work in Past Life Regression. In that Video, he says that when people are planning their next Life Experience, they will often choose to be the victim of a crime in their next experience if they were the perpetrator of a crime in their last Life. How can they be the "Victim" if there is no one willing to be the perpetrator? They are trying out different experiences in their Physical Lives. He also stresses that there is NO JUDGMENT whatsoever during the time in between lives.

Check Video

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Check Video

Google



Later on in the book in [Chapter 10. The Reality of Your Body as a Representation](#), [Video Example – "The Day I Died" Vicki Noratuk's Story, Page 307](#), & [Video Example – Near Death Experience Explained, Page 313](#), you will hear personal stories of people who had Near Death Experiences, where they had a chance to find out what it was like in the non-physical realm. EVERY SINGLE ONE OF THEM, stated that it was a place of pure LOVE and total acceptance. There was no criticism or judgment what so ever. How can there be? You are a sovereign, immortal, non-physical Being who is experimenting and experiencing what it is like to "Play" different parts in a physical Human form.

Like a video game, if you "Die" or get killed in this incarnation, you are out of the game and this experience. And, like a video game you have unlimited lives and can play the game over and over again in any way you wish. While you are in the non-physical realm, you are planning your next entry into the game and experience of Human Life. You are busy planning your next life including what Body you will use and what major experiences you will line up for yourself. If those experiences weren't wrong while you were still in non-physical form, planning them for the future, then how could they be "Wrong" when they play out while you are in physical form? They can't. You can think that they are, and who knows, that may be part of your "Planned Experience." BUT, in the REAL REALITY of the Universe, nothing is wrong; it is all just an experience. Remember we are all Non-Physical Immortal Beings, playing physical beings for the fun and experience of it. Nothing has lasting consequences because nothing is Real. It is all just energy being shaped by Meaning for the Fun and Experience of it all.

Now, I have to say that if it is important to you to "Believe" that there is some Higher Judgment, that is your "Decision." It is not my place to condemn or commend your decisions as they pertain to your own Reality. That is your Business. I would only like to point out that as you give that responsibility away to GOD or the Universe to judge you, praise you, and condemn you, you lessen your own power to Create and Control your own experience. If on the other hand, you recognize that it is your own Judgment of yourself that is affecting and influencing your life, then you can take total control of your own life.

In summary, if you feel bad about something, don't worry that there is some "Higher Judgment," there is not. However, YOUR OWN JUDGMENT does have REAL consequences. If you think that something is Bad or Wrong, then it is for you. If you think that something is not, then it isn't, for you. If you feel bad about yourself for something that you have done or thought, then You need to release your Guilt and self condemnation so that you will not be eliciting more problems into your experience through Resonance. There are several sections in this Book that will show you how to release your Guilt and feel better about yourself.

See:

Chapter #7. You Must Decide

["Tuning Your Meaning with Your Belief" Is Alignment](#) (Page 185)

[Change Your Past and Your Future by "Tuning" Your Present, NOW](#) (Page 192)

Chapter #11. The Reality of Your Emotions

[You negotiate with your emotions!](#) (Page 388)

[The Four Levels of Enlightenment](#) (Page 399)

[How to Get Rid of Your Unwanted Vibrations](#) (Page 445)



#05-26
4:44



Now, Prove It!



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As I have said again and again, this book is all about KNOWING! Just Believing and Accepting is not enough. I want you to KNOW this information is TRUE and REAL! If you want to change your Reality and be able to effectively exercise your GOD Power, you have to be operating at a higher Consciousness Level where you KNOW how the Universe works and where you can create any Experience that you want for yourself. Now that I have said all that, when I tell you that Resonance will Elicit information and create events in your Experience, I don't want you to just take my word for it. I want you to find out for yourself by PROVING IT! There is a simple exercise that you can do that will easily Prove that Resonance is working for you and that it is just as amazing as it sounds in its ability to find what you want and bring it to your attention. This exercise involves the "Noticing" of Numbers that are 3 of a kind. This would be everything from 000, 111, 222, 333, and up to 999. After you have "Practiced Noticing" these numbers they will suddenly appear all the time in your experience.

Step #1. Start looking for every opportunity to see three numbers in a row. That would be like your clock is at say 2:15, so you keep watching it until it gets to 2:22. You notice the time clock on the Football game is at 4:55 seconds to go, so you watch it count down until it reaches 4:44. You notice that your speedometer is just about to reach a triple number so you keep looking back at it until you "Catch" it on a triple number. You are at the store looking at prices and you begin to notice \$9.99. Keep noticing these numbers. Go out of your way to notice them, no matter what it takes. Make it a sport to find them and spot them.

Step #2. Start noticing that you are noticing these triple numbers. Sure you are looking for them on purpose, but, start noticing that you just happen to look up at the clock for no special reason and notice 5:55, or 11:11. As you start noticing that you are noticing triple numbers "Unexpectedly" you begin to realize that there is no "Logical" reason that you would have seen them. You recognize that you haven't looked at the clock all day, but the moment that you do, it is 3:33, or the countdown timer on the Microwave is at 4:44. You could never have seen that number by "Planning" it. You think to yourself "I just happened to look up and there it was! What a coincidence!" But it wasn't a "Coincidence." It was your "Meaning Frequency" of "Seeing Triple Numbers," that was Resonating with the "Situation" and brought it to your attention because it was "Relevant" to your desires. You "Wanted to see triple Numbers and Resonance brought them to your attention. From now on, as long as you have the "Active" Vibration (Meaning), that you want to see triple numbers, Resonance will bring them to your attention. Every time they are in the area, you will just "Happen" to notice them everywhere!

Now that you KNOW Resonance is a REAL force that can work for you, what do you want to notice? Opportunity? The Perfect Mate? A new Home, new job, or whatever else. Start practicing looking for what you want and noticing it as often as you can, and soon the Vibration will not only be "Active," but it will be powerfully Resonating with these things you want in your Experience and making you turn your head, or pick up the phone, or look in the paper, or turn on the TV just in time to see and find just what you are looking for and just the right time.

5. Resonance, The Secret "Match-Making" Force Of The Universe



- Chapter Review -

- Resonance is two "Similar Frequencies" interacting and mutually stimulating each other. Similarity of the Frequencies is determined by the "Meanings" that created them.
- Resonance elicits a response that is Automatic, Irresistible, and Absolute.
- Resonance can exert and elicit a force equal to the "Magnitude of the Situation" or the "Total Mass of the Object."
- Resonance is a "Primary Force" that is above and beyond any and all "Manifested Forces" such as Gravity, Time, Heat, Electricity, Nuclear, Magnetism etc.
- Resonance is a "Pervasive Force" in that is not limited by time or distance.
- Resonance is the Second Most Powerful Force in the Universe, After Meaning & Frequency, because it is a "Responding" Force. Meaning is a "Primary" force because it initiates actions and events.
- Resonance is the "Action" of Creation. Once the Frequency has been created, Resonance goes to work Matching & Eliciting the appropriate Responses.



#05-27
1:39



Jump To
The
REVIEW
& QUIZ



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REVIEW
& QUIZ

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#05-28
26:57

5. Resonance, The Secret "Match-Making" Force Of The Universe



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- Chapter Quiz -

1) Resonance is a state when what occurs?

- A Like Frequencies Meet B Un-Like Frequencies Meet
 C Frequency Meets Energy D A Situation meets Matter

2) Resonance has the ability to do what?

- A Move huge masses B Elicit Responses From Like Frequencies
 C Bring into a mutual awareness people, situations and events D All

3) Resonance is a "Primary Force" second only to:

- A Electrical Force B Nuclear Force
 C Meanings & Their Frequencies D Gravity

4) Resonance has the power to:

- A Elicit a specific result from a situation B Create Mutual Awareness
 C Elicit Responses from any Distance or Time D All

5) Resonance can be best described as:

- A The Universal Matchmaker B Always working & Always effective
 C The "Enforcer" that carries out your Meanings D All



1 2



3 4



5

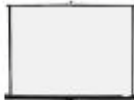
[Go To Answers on Page 542](#)



Entire
Chapter
1:29:17



#06-01
33:05



Slide Show
Presentation
Chapter #06
Part 1 of 2
61:00+



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6. The Power of Labels

The power of labels cannot be over emphasized because the main purpose of a label is to convey Meaning. When you think, speak or physically label something, you are assigning it a Meaning.



We KNOW from the [Video Example – Dog Knows His Owner Is On the Way Home, Page 121](#), and the [Video Examples of the Plants who Exhibited Consciousness, Page 131](#), that you are sending out Meaning to the Universe all the time, whether you are aware of it or not. Both the Dog and the Plant were able to sense the Meaning that applied to them and responded appropriately. As strong as your momentary transmissions of Meanings into the Universe are, labels, have a more lasting influence and can have more dramatic results.



You have domain over everything in your life experience, as it pertains to you. This includes everything from your body, to things like your computer and your car. Yes, you can and do have influence over the workings of mechanical objects as well as over situations and events that don't have a physical aspect. While you cannot assign Meaning in another's experience, you can assign Meaning in every single bit of yours. Before we get into all the labels that you use on a daily basis, let's see some examples of the effects of labels.



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Can Water Sense Meanings?

Not only can dogs and plants sense meanings, but it seems that water also has the ability to respond to meanings as well. If we were to use a microscope and look closely enough at water could we see actual differences in the water itself? The answer is YES. However, it is not in the way the water looks, it is in the way that it behaves that the differences are evident. So, how do we get water to "Behave?" That's Simple.

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The "essence" of the water's characteristics become evident when it freezes and crystallizes. The actual procedure is to expose the water to the "Meaning," and then, freeze it. The way the water crystallizes while frozen is a direct result of the meaning it has absorbed.

The Video Example below shows Dr. Masaru Emoto's²⁶ own research and the results that he has obtained.

Video Example – Water Absorbs Meaning

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[Water, Consciousness & Intent_ Dr. Masaru Emoto \(3:15\) \(View All\)](#)

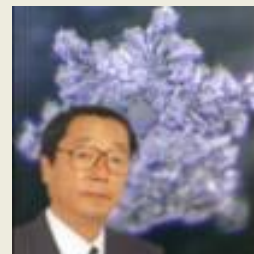


What is this video about?

In this Video Example, Dr. Emoto shows his results from his various experiments with water. It is clearly evident, that water has the ability to absorb and react to "Meanings" that have been imposed on it, or that the water has been exposed to. In each of the

²⁶ http://www.masaru-emoto.net/english/e_ome_home.html Home page of *Masaru Emoto's Site*

http://en.wikipedia.org/wiki/Masaru_Emoto **Masaru Emoto** (江本勝 *Emoto Masaru*, born July 22, 1943) is a Japanese author known for his claim that if human speech or thoughts are directed at water droplets before they are frozen, images of the resulting water crystals will be beautiful or ugly depending upon whether the words or thoughts were positive or negative



pictures in this video, you will see the crystallized results of various words, sounds, and other exposures on water. It is quite enlightening.

The water was placed into different jars, with labels and words placed on the outside. Some of the labels said "Thank You," or "I love you," while others said, "I hate you," or "I want to kill you." Other water samples were exposed to beautiful music and images. After a certain period of time (Exposure), the water was frozen and then the resulting crystals were examined with a powerful microscope.

The water that was exposed to positive words or music crystallized in beautiful, snowflake like shapes and designs while the water that had been labeled with negative words or impressions, failed to crystallize and looked quite disgusting in color and form.

What does this example show and what does it mean?

This Video Example shows that water has a very real and noticeable reaction and response to "Meanings." The beautiful crystals that resulted from the "Happy" water are clearly different from the "Ugly" looking water that responded to the negative "Meanings."

This experiment clearly shows that "Meanings," whether they are conveyed in the form of words, music or pictures, alter and influence water, for the better or the worse. Meanings are the basis of Reality. If you ascertain the Meaning of any situation, you will have the Reality of that situation. If you change the Meaning of that situation, you will have changed the Reality of that same situation. Meaning and Reality go hand in hand.

It is interesting that water is affected by Meaning. Water is commonly called H₂O, which means a molecule consisting of 2 Hydrogen Atoms and 1 Oxygen Atom. This would lead us to generalize and say that any molecule can and does respond to Meaning, and if every molecule, why not every atom? What is the difference? What I am saying to you is that everything in the Universe has Meaning, and you have the Power, to alter those Meanings no matter if they are a water molecule, or an atom, or a machine, or a situation. You have domain over your World. You have the power to make it Heaven, or Hell, for you.

Just to be clear on how this Meaning thing works. The water still has the Meaning that created it as "Water," it's just that it now has an additional Meaning that alters the Meaning to GOOD Water or BAD Water. If the actual Meaning of the Water itself was CHANGED it could become Wine, or dirt.

If water has the ability to respond to and absorb "Meanings," and it does, what happens to the things that drink water, and absorb the water? Could there be a difference that we could see?

What would happen if we took some cooked rice or spaghetti for example, which holds lots of water, and somehow gave meaning to it, what would happen? Obviously, the meaning would be absorbed into the water, but, what kind of a result would that, or could that have?

Dr. Masaru Emoto devised an experiment to demonstrate the dramatic differences that Meanings can have. This experiment in the Next Video Examples can be repeated again and again with the same results. In fact, it would be a good idea for you to replicate this experiment on your own, to further bolster your KNOWING, on this matter.

Video Example – Rice Labeled With Negative Meaning Rots Faster



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[Masaru Emoto Rice Experiment \(3:08\) \(View All\)](#)



What is this video about?

This Video Example explains how the whole experiment is performed. It shows the results of the famous "Masaru Emoto's Rice Experiment." The concept of this experiment is that intention and meaning have the ability to affect water. This was a significant finding, since we are made up of more than 60% water.

Dr. Emoto's Rice Experiment is very simple to do. All you do is cook some rice or spaghetti as you normally would, then put it into 2 different containers. Rice and spaghetti were chosen because they absorb and contain a lot of water when they are cooked. The two containers are each labeled, one with negative words such as "I Hate You," or "You Fool," or "Idiot." Some people use only one saying, while others put

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them all on. The other container is labeled with words such as "I Love You," and "Blessed," and especially "Thank You."

The containers are put up and left alone for a period of time. While the most dramatic differences will be noticed after a couple of weeks, most people can't help themselves and look at them every day to gauge their progress. At the end of the experiment, the rice or spaghetti with the negative labels attached to their containers, are rotten, molded and disgusting, while the Positively labeled container's contents are in much better shape.

The differences are dramatic. The most important point of this demonstration is that the two containers have exactly the same content, which was cooked at the exact same time and placed in equal containers, and placed in the same location. The only difference between them is the labels attached to each of them.

Video Example – Rice Labeled With Negative Meaning Rots Faster - 2

[Rice Hado Experiment Masaru Emoto \(0:49\) \(View All\)](#)



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Same Video
As Above

[Rice Hado Experiment Masaru Emoto \(0:49\) \(View All\)](#)



This Second Video Example shows the results of both "Dr. Emoto's own Rice Experiment," just above with the white tops, and the results of the videographer's personal experiments, are in the mason jars pictured on top.

Even though Dr. Emoto's labels are in another language, (Jars with white tops), can you pick out which one had the "Positive" label and which one had the "Negative" one?

What do these Video Examples show, and what do they mean?


This is a powerful example of the results of Meaning. The labels on the containers conveyed their Meaning to the contents of the containers. That is the "Meaning" of the labels, they describe the contents of the containers they are on. A label on the outside of a container has the same "Meaning" as placing a label on the contents directly. So, you have the "Meaning" of a label, coupled with the "Meaning" that is written on the label, and together it gives "Meaning" directly to the contents.

Remember, that Resonance operates on the vibration of the "Meaning" and not the Vibration of the actual physical aspects of the situation. If it were only the physical aspects that counted, then both of them have the same cooked contents, in the same glass container, with the same masking tape and the same magic marker "lines" on the tape. Therefore, the physical aspects are absolutely, identical.

Remember also, that Vibrations of Meaning, "Elicit" a certain response by Resonance. This Means that Resonance brings forward, the appropriate response that is necessary to match the Meaning.

In the same way that a Placebo can "Elicit" a healing response from a person because of its "Meaning," so can the Resonance of the negative labels "Meaning," "Elicit" a deteriorating, decaying, dying response from the contents that the label is on. The Sugar pill (Placebo), had a label on it, not physically, but, verbally and implied, that it was a miracle drug. That is what the Doctor verbally labeled that sugar pill.

If you look at those two pictures above, you will clearly see that the bottom two jars are labeled in a different language, while the other two were marked on the top, in English. It makes no difference what language the labels are in, because the results were not because of the actual words or the language that was used, it was because of the "Meaning" that was being conveyed. That's what mattered.

 Explain
Illustration
#06-01-i1
5:51

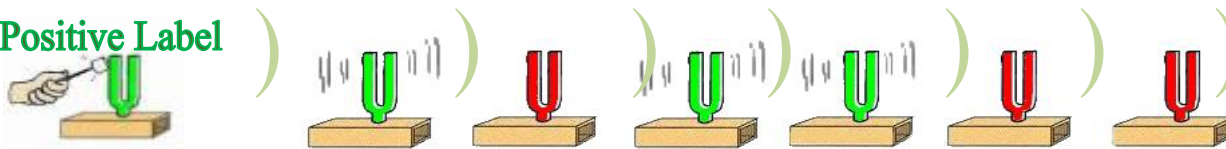
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Audio

Positive Labels

Physical Meaning	+	Thought Meaning	=	Physical Result Meaning
Rice or Spaghetti Natural Vibration Frequency Level		Label = Positive Higher Vibration Frequency Level		Resonance Activated Positive & Better Conditions Elicited For The Rice/Spaghetti

High Frequency Meanings Have Been Activated & Are Being Elicited From The Situation

Positive Label



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL GOOD Things & Situations (ACTIVE)
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL Bad Things & Situations


Explain
Illustration
#06-01-i2
8:12

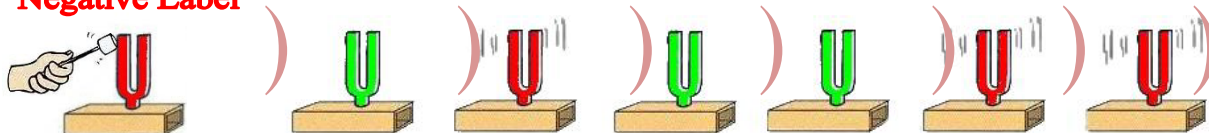

Play
Audio

Negative Labels

Physical Meaning	+	Thought Meaning	=	Physical Result Meaning
Rice or Spaghetti		Label = Negative		Resonance Activated
Natural Vibration		Lower Vibration		Negative & Worse
Frequency Level		Frequency Level		Conditions Elicited
				For The Rice/Spaghetti

Harmful Meanings Have Been Activated & Are Being Elicited From The Situation

Negative Label



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL GOOD Things & Situations
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL Bad Things & Situations (ACTIVE)

What different kinds of Labels can you have? You can have actual physical labels, like we have seen above, or verbal labels, implied labels, or grouping labels. When you "Categorize" something, you are labeling it. Whatever traits and Meanings apply to that category; apply to that item that you have declared is in that category.

Is it a "Winner" or a "Loser?" Is your child a Genius or an idiot? Are you agile or clumsy? Many a thing or situation has been labeled poorly in jest, and is greatly affected because of it. What labels do you think of when you look in the mirror? If you think "FAT" then your body must abide by the Meaning that you have asserted by the label of "FAT." It must start storing even more food in order to live up to the label and the Meaning that you have given it.

Labels Create and Convey Meaning. That's not a bad thing. It is just another wonderful tool that you have at your disposal. How great is it that you can create Meaning as easily as labeling something? It's wonderful. I have used this technique myself on this book. Look on the front cover of this book, down at the bottom right hand corner, just under my Name. What do you see? It is a piece of masking tape (actually its picture Representation), with the letters "T. G. B. E. W." marked on it.



That is a label I put on this book. It stands for, "The Greatest Book Ever Written." Notice that I used the Initials and not the full words. That is because it does not matter what words are used, or language, or symbols, it is always the MEANING that they convey which it is always YOUR Meaning. I could have even put a label on this book that says, "This Book is Sick!" In today's slang that means AMAZING! Because of its Meaning and not the actual words, it still would have worked equally well.

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I didn't put that "T. G. B. E. W." label on my book because I was Bragging, but instead it was just a matter of utilizing the most powerful force that I have, "My GOD Power to Assign Meaning, and the Power of Resonance to carry it out." By labeling my book in this way, I have engaged the forces of the Universe to aid me in its creation. I hereby so label this work and thereby eliciting from the Universe the best Ideas and information for your greatest understanding. (Ever since I placed that label on the cover, Ideas have been coming to me by the hundreds. It is just a matter of organizing them and getting them all on paper.)

Why not label your work, hobby, life or even yourself in a positive way? I'm a Genius! Try that one on for size. You are and or will become whatever you think of yourself to be. It is a must. You will elicit whatever circumstance is necessary to create it and bring it into being. If you think of yourself as a Genius, you will start noticing that you are figuring things out so easily. Great ideas are coming to mind often and you soon begin to think and realize that you are a Genius. They say, (whoever they are,) that it only takes 7 years to become a World Expert on any subject that you please. First you have an interest in something, be it your work or your hobby. Then as you get into it more and more you elicit more and more knowing and understanding about the subject, until you are one of the most knowledgeable people in the World on that subject. It could have all started with a label asserted on you by a friend or family member. They might have said that you were really good at that or really talented in whatever. You then thought of yourself in that way and it began to elicit unto itself and it become true.

That's what "Affirmations" are. Self Labels. I am this or I am that, or I can do this or that, and soon it becomes true. Think of the two jars of rice in the pictures above. Each has a label that defines the nature of the rice inside. You might say that the rice in the good jar is saying an affirmation like, "I am love and I am wonderful. All things go well for me and I expect the best always." That rice elicited the best defenses against rot and was able to defend itself against attack and decay because it elicited all the best help that it needed. On the other hand the rice in the "Bad Jar" might be saying as an Affirmation, "I am no good. Bad things always happen to me. I know that things aren't going to get any better for me." This jar of rice attracted rot like a magnet. It was defenseless because it was not able to elicit help from anyone or anything to help it ward off the rot, which over took it in the end. This is all because the Rice accepted the label that it was given.

What if the Rice, "Consciously" decided that it wasn't going to accept the labels that others have given to it? What if the rice said, "I am strong and independent and I can assert any Meaning I want in my own experience and I am great and getting better every day. Nothing can go wrong for me." If the rice in the poorly labeled jar had taken a stand for itself, and used GOD Power, to assert its own meanings, it would not only have survived, but it might have done even better than the good rice, that was still being controlled by outside forces and influences. But, since Rice doesn't have GOD Power, sadly, it could not defend itself against the mean labels placed on it by others. However, you do Have God Power, and you can easily assert any Great Meaning for yourself that you want to, regardless of what others may say or think.



#06-02
4:03

Take Credit Where Credit Is Due, and... It Is ALWAYS DUE! It's great and wonderful when you have other people do great things for you, like the rice in the good jar. However, if it is not of your own doing, by your own Meaning, then you may receive the help and generosity of another, but feel as if it was a gift or a fluke. You won't be as Powerful and capable as you would be if you were deliberately eliciting that help yourself, or at least taking credit for it.

When you receive benefits from others or fortunate situations, and feel that it was the result of that "Outside" event, you aren't recognizing your own power of Resonance. That is labeling the situation as fate, or chance. From that place, you wait until "They" do something else for you again, if it ever happened again. You give up and give away your own power. Instead, declare and label everything that happens that is good for you was due to your own resonant power. That while they may have given you those nice things, or you might have won the Lottery, it was because and is always because, you are resonating and eliciting and attracting it from the Universe. It was always you and by your power and not due to fate or the generosity of another anyway.

When you take responsibility for the good things that are happening for you, you elicit even more. Every time something good happens, it is a confirmation and proof of your Reality. The other person might have thought that it was their idea to help you, but I GUARANTEE YOU, that it was always you that caused the resonant eliciting action that made it happen. It was your Resonant force that gave them the idea in the first place and elicited their help. Give yourself POWER in your world by labeling everything as your Creation, because it actually is. If everything in your World is your Creation, then you have domain over your entire World.

Because no one can create in somebody else's experience, no one can do you a favor unless you attract and elicit it from them. By the same token, no one can harm you unless you attract and elicit it from them either. Just to be clear on this point, you create and elicit from the Universe as a whole, however, exactly what situations or through which people it will be elicited, will be determined on the best and most direct method for it to be expressed. So while a particular

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person may have helped you or hurt you, it doesn't mean that you specifically elicited it from them, the result was only expressed through them. So if you win the Lottery or get hit by a total stranger in traffic, it is the Universe responding in a resonating way to your Vibrational invitations and requests.

Check Video

Play Video



On the Video Example in the [Chapter Your GOD Power, Page 31, on the Placebo Effect \(4/5\) at \(7:54\)](#) , one of the Doctors always says to his aspirin before he takes them, "You guys are the best aspirin in the whole World and you guys are going to fix this headache and I am only going to have to take two of you rather than three of you!" Then he puts them in his mouth and swallows them. He is labeling them as powerful healers. By doing this, he starts with the Meaning of the drug itself as a pain reliever, and then boosts it with an additional label of "Powerful Pain killer."

A

B

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#06-03
1:42

"Happiness and Unhappiness" is not a Reward or a Punishment", it's Just "A" or "B"

If you think about "A", you talk and walk "A", Because of the matchmaking and attracting power of Resonance, you begin to see and become aware of "A" all over the place, "A" sees you and you attract "A" and soon you have "A". You don't get "A" as a Reward nor do you end up with "A" as a punishment. You end up with "A" as a RESULT of what you were thinking about and paying attention to. It is only a Result.

If you think about "B", you talk and walk "B", Because of the matchmaking and attracting power of Resonance, you begin to see and become aware of "B" all over the place, "B" sees you and you attract "B" and soon you have "B". You don't get "B" as a Reward nor do you end up with "B" as a punishment. You end up with "B" as a RESULT of what you were thinking about and paying attention to. It is only a Result.

If you label yourself as Happy and act Happy and think Happiness you see it and eventually become it. Happiness is NOT your Reward for thinking Happy thoughts. It is your RESULT of thinking happy thoughts. If you label yourself as Unhappy, you act Unhappy and think Unhappy thoughts, you see Unhappiness all over the place and eventually become even more Unhappy yourself. This is NOT your punishment for thinking Unhappy thoughts. It is your RESULT from it.



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“He Who Hath, Shall Hath More & He Who Hath Not, Even That Which He Hath, Shall Be Taken Away...”

This is as old as the hills, but, what does it mean? We have always known this. However, we usually state it a few different ways, “The Rich get richer and the poor get poorer,” or “The better it gets, the better it gets,” and also, “The worse it gets, the worse it gets.” All of these statements are factual and true. They are the result of the Universal Matchmaker, Resonance because these “Labels” cause Resonance to elicit events and situations that match them. Let’s look at this old saying in detail, so that we that can really understand how Resonance works.

He who Hath. This obviously means that this person has something of value, something worth having. But, the most important question is, “How do we know that he hath?” It is useless to speak of the opinions of others (Outsiders); it is only relevant if “He” is the one, who knows that he hath. For him to think that he “Hath” and to even say that he “Hath,” is to Label himself as one who “Hath.” From the place of feeling abundant in any way regarding anything, you resonate that quality and feeling to the Universe. Since He is resonating at this high level, He causes all things that are similar and of value to Him, to resonate in such a way so that, it not only catches his attention, but the opportunities find him. From that place, He is able to “Hath More” because everywhere he looks, all he sees are opportunities and they find him.

However, if it were someone else who declared that “He Hath,” it would in no way what so ever influence his personal vibration and resonating quality. If “He” is thinking about Red Cars, someone else who is thinking about another color, will in no way cause him to start noticing something else. He must be the one who thinks “He Hath” in order for him to cause a Resonance with the Universe that will automatically bring to his attention great Opportunities to “Hath More.”



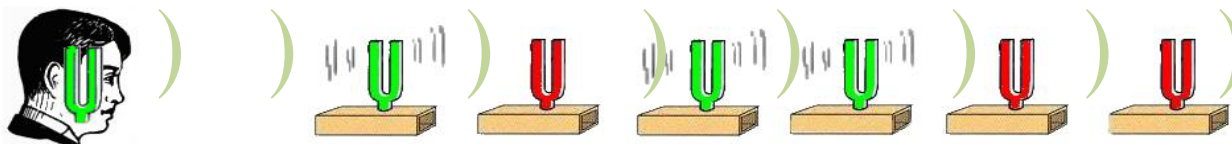


Explain
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8:21

He Who Hath (Aligned & Feels Good About It)

Physical Meaning	+	Thought Meaning	=	Physical Result & Meaning
May or May Not Be in Good Financial or Physical Condition		Feeling Good About What You Do Have Higher Vibrational & Frequency Level Created & Transmitted		Resonance Activated Where All Possible Positive Conditions & Opportunities Are Elicited From You're Experience & Create Mutual Awareness Between You

Positive Vibrational Frequencies Are Eliciting Beneficial Results



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL the things that will match them

He Who Hath Not. Once again, we need to know just exactly who is thinking this. We will therefore assume that, it is the one "Who Hath Not" that is feeling that "He Hath Not." So, as he is thinking that "He Hath Not," he labels himself as "Hath Not," and resonates out into the Universe "Hath Not" and everywhere he looks, he sees things that catch his attention. Whether or not they look good to him, doesn't matter, because, they came to his attention as a result of his "Hath Not" feeling and vibration, that means that these opportunities will end up not working out and he undoubtedly, will lose his money and whatever else he invested, including time, resources and the like. In the end, "Even That Which He Hath, Will Be Taken Away." This is a simple matter of noticing more (Bad Opportunities), and losing even more of what you do have.

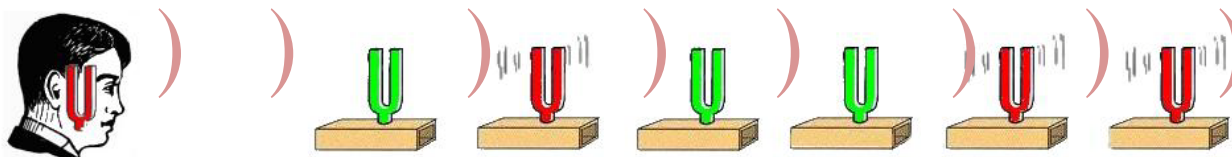


Explain
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10:12

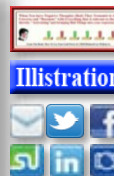
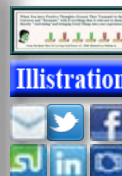
He Who Hath Not (Not Aligned & Feels Bad About It)

Physical Meaning	+	Thought Meaning	=	Physical Result & Meaning
May or May Not Be in Good Financial or Physical Condition		Feeling Bad About What You Do Have Lower Vibrational Frequency Level Created & Transmitted		Resonance Activated Where All Possible Negative Conditions & Situations Are Elicited From You're Experience & Create Mutual Awareness Between You

Negative Vibrational Frequencies Are Eliciting Negative Results



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL the things that will match them



The Rich get richer and the poor get poorer. The Rich feel rich and are rich so they resonate with all things that are like that and will bring them even more money. The same goes for the Poor who feel poor. Everything that they see can't and doesn't work out. First of all, these two different people wouldn't even notice the same opportunities because, like in the Guitar Store example, each only sees what he is like and the rest is in the dark, out of sight, out of mind, and invisible. But, just for argument's sake, if they both became aware of an opportunity for say something that was free or at a great discount, the Rich feeling guy will have just gotten the last one, and when the poor feeling guy steps up to the same opportunity, there will be no more left.

This is not a bad thing. It's the greatest thing EVER!!!! What could be better than a system that automatically filters out every situation and circumstance that you don't think about and pay attention to and at the same time, not only brings to your notice that which you do want and do think about, it actually attracts it to you. How great is that? Just make sure you are only thinking and talking about good things and the things that you like and want to see. That's all.

I know what you may be thinking and the answer is No. You wouldn't want to always at all times see everything that is out there without any filtering. Without the power of Resonance automatically bringing together "Like" people, situations and things, you would have neighborhoods that have a multimillion dollar mansion next to a shack, next to a dump. The CDs in the music store wouldn't be in any "Order" they would just all be mixed together. Everything in the Universe is automatically "Grouped" by Likeness.

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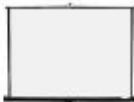
Are You An "Addict?"

How can you tell if someone is or is not an Addict? How do you Know? Your first clue is that like Happiness and Unhappiness, "Addict" is only a label that either reveals a person's Meanings or creates it. That is, if they call themselves an "Addict," it is both Creating and confirming the "Condition." Let's get this topic in the right focus, however, because this Book is only about you. Since it deals with Realities and Meanings, there is NO WAY that we could ever even begin to figure out another person's Reality or their conscious or even unconscious Meanings. Since Meanings are the basis of the entire Universe and since Meanings are a personal

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#06-05
7:14



Slide Show
Presentation
Chapter #06
Part 2 of 2
28:00



Flash Movie
Presentation
Chapter #06
Part 2 of 2
32:35

"Creation" or "Assertion," then it only makes sense if we speak about your personal Reality and your own viewpoint because you can only ascertain your own Beliefs and Meanings. You can also change them accordingly, with your GOD Power, if you want to.



You could have two people who each drink the same amount of beer every day and get drunk and pass out and one might be an "Alcoholic" and the other one might not. I say might or might not because, it cannot be determined by the circumstances or the act of drinking excessive alcohol, but, instead by the Meanings they each have about their drinking. It is only the Meanings that can determine whether or not they are, or are not, an "Alcoholic."

Later on in this book in [Chapter 12. Changing Your Own Reality, Page 466](#), there is a Video Example that shows Darren Brown, "Talking a guy into being Drunk." He is literally Drunk on words. In fact Darren, shows him a secret word, that when he sees it, he immediately becomes drunk, is laughing uncontrollably and is unable to walk a straight line. What if he secretly showed himself that secret word and got drunk on his own thoughts every day? There would be no Alcohol in his system. You couldn't say that it would be bad for his liver.

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You could have two people taking a pill everyday and being determined to do so. One might think that it is a miracle Vitamin and the other a powerful Hallucinogen. In both cases, they experience the powerful effects of the drug that they are taking. The one, who is taking the Vitamin, is experiencing excellent Health and renewed vigor, while the other is experiencing powerful Hallucinations that last for hours.

You might say that the one that is taking the Vitamin is the "Good" person, and that it is a good thing that they are taking care of their health and their "Seeming" addiction to the Vitamin is justified because, after all, it is good for them. Whereas with the other person who is taking these powerful "Illegal" drugs is the bad one, that they should be made to stop this "Bad Behavior." They might "Appear" to be "Addicted," and they might even be "Addicted" to this powerfully effective Drug.

There is only one small, or should I say, BIG, problem with your "OUTSIDER'S POINT OF VIEW." First of all, it is not your business to judge or criticize another's "Life Painting." It will only adversely affect your own experience. Second, they are both taking Placebos, Sugar pills. FAKE DRUGS. Both in essence, were taking exactly the same "Drug" but each had different results because they had different Meanings for what they were doing. What would you do in the case of the "Drug Addict?" Would you confiscate his "Sugar Pills?" Would you declare them to be Illegal? There are several amazing examples of these kinds of cases.

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In a 1962 experiment Drs. Harriet Linton and Robert Langs told test subjects they were going to participate in a study of the effects of LSD, but then gave them a placebo instead. Nonetheless, half an hour after taking the placebo, the subjects began to experience the classic symptoms of the actual drug, loss of control, supposed insight into the meaning of existence, and so on. These "placebo trips" lasted several hours.²⁷

In a study of a new kind of chemotherapy, 30 percent of the individuals in the control group, the group given placebos, lost their hair²⁸

There is also a case on record of a man addicted to the stimulant *Ritalin*, whose addiction is then transferred to a placebo. In other words, the man's doctor enabled him to avoid all the usual unpleasantnesses of Ritalin withdrawal by secretly replacing his prescription with sugar pills. Unfortunately the man then went on to display an addiction to the placebo!²⁹

After all of this discussion, we still haven't even addressed the main question. "Is it bad to be an Addict of "whatever," if you think that you are one?" I don't know, is it? Even that Word, has to have a Meaning of Good or Bad "Labeled" on it before it has any consequence. You could be absolutely, insanely, crazy about Happiness. You could be an "Addict" to being happy. Is that a "Bad" thing? Are you Addicted to Life? Where do you draw the line? Who decides if not you?

Decide for yourself, what you are or are not, and then decide if it is a good thing to "Be" that or not. The only pointer I can give you on this very personal matter, is that whatever you Decide that you are, give it the Meaning that it is a GOOD THING FOR YOU, no matter what anyone else says. If you Decide that "IT" is a GOOD THING, then no matter what you are doing or not doing, "IT" will be eliciting the very best from the Universe into your experience as powerfully as anything else in your life could.

The Bottom Line is this, it doesn't matter what you do or don't do as long as YOU are good with it. If you have Aligned with it and it is O.K. with you, then it is O.K. with all of creation. And to those who are not O.K. with it, they will be the only ones who will suffer as a result of their own judgments. **"Judge Not Others, as your Judgment and Verdict, will only be experienced and enforced in your own experience."** You cannot Judge another Non-Physical Being's Creation, without casting doubt on your own. **"There is no Creation that is not PERFECT."**

²⁷ Hurley, Investigations, p. 10.

²⁸ O'Regan, Special Report, p. 3

²⁹ Ira Mintz, "A Note on the Addictive Personality," American Journal of Psychiatry 134, no. 3 (1977), p. 327



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#06-06
4:00

Meaning is the "Universal" Language

This concept and understanding had to come at this point in the book. At this point you have studied examples of Placebos conveying Meaning, Meaning conveyed by Telepathy to Dogs, Cats and Plants, and now you have seen examples of Meaning conveyed to water and by labels to rice and spaghetti. How is it possible to communicate so easily to your body, to animals, water, and plants? What language does Water Speak anyway? What about Dogs, Cats, & Plants? What about situations, circumstances and events? What language do they speak? How is it that you can speak in your "Native" Language and EVERYTHING in the Universe understands you? That's simple. Meaning is the Universal Language which is actually communicated by a Vibration or "Frequency."

The language you actually speak is so insignificant in the Universe. Can you imagine the billions of communication "Methods" used throughout the Universe from the various life forms, to atoms and their particles and the "Non-Physical" forms such as situations and circumstances? In all these cases and examples the language and communication "Method" and form, is their "SECOND LANGUAGE" and not their primary language. Everything in the Universe is formed from the same Basic Energy which has its own language, which is "MEANING" communicated by Vibrations. Everything that is formed from this Natural Energy of the Universe (Which is Everything) automatically speaks and is able to communicate in this primary Language.

The reason for this is that it is the programming Language of Creation and everything that you are doing and communicating is programming and altering the Universe. Everything that you are about is translated into Meaning and then communicated simultaneously and continually by Vibration or Frequency, to everything else in the Universe that it applies to by Resonance. Since

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Meaning is the only important and relevant factor in creation, everything that you think and do is AUTOMATICALLY translated into Meaning and then communicated to all of Creation.

You are communicating by Meaning all the time even if you don’t realize it. This was easily “Proved” by the Dog & Plant experiments. The Meanings asserted, by thought, were in fact received by the Dog and the Plant and Scientifically Verified. In both of these cases, the Meanings were initiated in thought form consisting of a combination of Words and Mental Images, and yet they were immediately communicated by Vibration to the entire Universe Automatically.

Since everything is always and automatically translated into the Meaning equivalent, and then acted upon by Resonance, if you learned this Primary Language and how to “Speak” it, you will be more powerful in your own creations. That is in Creating the Reality of Your Life. Otherwise, your normal communications by thought and word may inadvertently be communicating Meanings that you don’t want causing harm to your Experience. By learning “MEANING” you can more directly and powerfully communicate your wishes and desires in an effective way.



#06-07
1:55



Jump To
The
REVIEW
& QUIZ



Jump To
The
REVIEW
& QUIZ

6. The Power of Labels



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- Chapter Review –

- Labels are an effective method of asserting Meaning.
- Labels not only assert Meaning, but they continually confirm the Meaning in a visual way.
- Everything in the Universe is created from Energy that has been specifically formed by a certain Frequency that was generated by a certain Meaning.
- Since everything in the Universe is ultimately created by Meaning, then anything in the Universe can be altered and changed by Meaning as well.
- Even simple molecules such as water, can be infused with a certain Meaning by thought, Labels, music, words, pictures and any other conveyance.
- That meaning thus infused into the water is then manifested into expression wherever the water is used.
- Affirmations and "I" statements are Self Labels which are as Powerful and more so, than any label that you could affix to a jar of Rice.
- Happiness and Unhappiness are not real and tangible traits, but instead just labels. If you label yourself as Happy, then you will elicit and experience Happiness in the same way as the Rice elicited and experienced better conditions with the labels of love and appreciation. However, if you label yourself as "Unhappy" then you will elicit and experience the same poor health and conditions as the Rice did that was labeled with similar Negative labels.



#06-08
14:58

6. The Power of Labels



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- Chapter Quiz -

1) Labels have the ability to do what?

- A Assign Meaning to the Contents of containers
- B Work in any language
- C Work Verbally as well as in writing
- D All

2) Labels can apply to what?

- A Your Work
- B Yourself
- C Your Food
- D All

3) Affirmations are Labels that are created how?

- A By Thoughts
- B By Spoken Words
- C By Actions
- D All

4) Written Labels do what powerfully?

- A Confirm Meaning
- B Assert Meaning
- C Convey Meaning
- D All

5) "Happiness" and "Unhappiness" are what?

- A States of Being
- B Just Labels Which Elicit their kind
- C Easily Switched By Decision
- D All



1 2



3 4 5

[Go To Answers on Page 542](#)



Entire
Chapter
1:43:39



#07-01
19:31



Slide Show
Presentation
Chapter #07
Part 1 of 2
51:00+



Flash Movie
Presentation
Chapter #07
Part 1 of 2
51:00+



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7. You Must Decide

Decision is the beginning of everything that is important. You have no Resonating Power if you are not focused, and making a Decision "focuses your Meaning." If you don't care what you are going to have for dinner, then no decision is necessary, and you will end up eating the most likely meal based on your normal Meanings, like what is good and what is bad, what you like and what you don't etc..

However, when it comes to important things, they can't, or shouldn't, be left to "chance." Of course, "chance" means defaulting to the combinations of existing Meanings, resulting in what may seem like a random event, but is in fact, "Created Perfectly" based on all the relevant Meanings combined. That is why you must decide, because by doing so, you "Command" the situation." You over ride the "Random" (Default) results, and instead, elicit the exact results that you want.

I learned from Tony Robbins,³⁰ that the word "Decision" was from the Latin word "**de-caedere,**"³¹ which means to cut away any other possibilities. It means that once you Decide, there are no other choices. There is only one way, the way you have decided. When you use your GOD Power to assert a good Meaning to a situation, you have Decided that it is going to have a good outcome and you cause all other possibilities to be "Cut Away" and disabled. When you assert Meanings with your GOD Power, you are DECIDING the outcome of the situation! You are the "Observer and the Chooser.

When you don't decide, or don't align, with a Decision that you have made, your resonant power cancels itself out. Part of your energy is Resonating "Go Right," and part is Resonating "Go Left," so that you elicit both and neither one is strong. You can't focus a camera or a pair of

³⁰ Anthony Robbins <http://www.tonyrobbins.com/content/biography.aspx> For the past three decades,

Anthony Robbins has served as an advisor to leaders around the world. A recognized authority on the psychology of leadership, negotiations, organizational turnaround, and peak performance, he has been honored consistently for his strategic intellect and humanitarian endeavors. His nonprofit Anthony Robbins Foundation provides assistance to inner-city youth, senior citizens, and the homeless, and feeds more than two million people in 56 countries every year through its international holiday "Basket Brigade." Robbins has directly impacted the lives of more than 50 million people from over 100 countries with his best-selling books, multimedia and health products, public speaking engagements, and live events.



³¹ The first step to any change is a decision. Not a passing interest, or desire, but a firm decision. The word decision comes from the Latin word (de-caedere) for to cut. It means that you cut away any other possibilities. Interestingly, there is a similar word in Korean (GYUL DAHN). These words indicate finality. It is the end of one thing and the beginning of another. Decisions are not just logical conclusions, but acts of willingness and commitments to action. <http://www.amazon.com/review/R31V7AC9WSSW9T>

binoculars on a distant object and on a closer object at the same time and if you focus it somewhere in between both the far away object and the up close objects can't be seen. You have to make decisions, if you want any control of your life.

Once you Decide on anything, the best options and answers suddenly come into focus, and the rest fades out of focus, just like a camera lens being adjusted from something close, to something far away. Whatever you are focused on, Resonating on, is clear and up close, and everything else is just a fuzzy blur.

Your creative powers are always generating your reality. If you have not decided, it is like a ship out at sea, which way do you go if you don't know where you are going? Your engines are running and your propeller is turning and you are going to be going somewhere, but, unless you have made a decision as to where, there is no telling where you will end up. The moment you make a decision, your energies and creative power and resonance have a direction, and with no effort at all, you will find your way automatically. When you have made a decision, then the only options that you see are the ones that will take you where you want to go. You have no choice, because you can't even see any options that will take you elsewhere. Your decision, "Lights your way."

Explain
Illustration
#07-01-i1
7:37
V

Undecided - No Particular Frequencies of Meaning - Nothing Resonating & Standing Out

When you don't make a "Decision," nothing catches your attention. How could it? Not only is there no best way, but, anyway you do go, has no power. In fact, nothing is being elicited from your thoughts or actions.

Decided "Go Left" Meaning Resonating & Best Opportunity Standing Out From the Rest

You Decided to "Go Left" (Purple) The best door of opportunity when you go left, stands out for you and catches your attention and you are also eliciting the best response from that Opportunity Door by Resonance.

Decided "Go Right" Meaning Resonating & Best Opportunity Standing Out From the Rest

You Decided to "Go Right" (Orange) The best door of opportunity when you go right, stands out for you and catches your attention and you are also eliciting the best response from that Opportunity Door by Resonance.

You Must Decide!

Illustration
Social media icons: email, twitter, facebook, youtube, linkedin, whatsapp

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In the first illustration none of the possibilities are standing out from the rest. In fact no matter what you do, nothing special will happen for you because you are not eliciting any special

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response. What if you had chosen door #1, #3 or #6? None of those doors were a good match for either direction. By "Deciding" what you want to do, and aligning with it so that you feel good about your decision, you cause a powerful vibration to be sent out like "Sonar." It causes everything that is like it to not only stand out for you, but, the resonant vibration causes that door of opportunity to notice you.

What if you did pick Door #3 even though it wasn't the best choice for "Gong Left," or "Going Right," would it turn out badly? If you chose Opportunity Door #3 anyway, and you Decided for whatever Reasons that it was the one that you wanted and the best choice of the bunch for you, then, **"IT WOULD BECOME THE BEST CHOICE!"** It is just that simple. That is the power of Decision coupled with Alignment.

Decided "Door #3" Meaning Resonating & Best Opportunity Standing Out From the Rest



You Decided on "Door #3" (Tan) It Now Becomes the best door of opportunity for you. It not only stands out and catches your attention, but, you are also eliciting the best responses from this Opportunity by Resonance.

It is NEVER what you Decide. It is never what you Decide as long as you are happy with the decision that you have made and you feel good about it. You will make every single Decision the Best one for you, when you FEEL that it was the Best one for you.



Video Example - Anthony Robbins Decide



 **Share This**

[Power of Decisions - Anthony Robbins \(6:15\) \(View All\)](#)




Explain
Illustration
#07-01-i2
5:20



Illustration

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What is this video about?

In this Video Example, Anthony Robbins, goes into great detail as to exactly why it is so important to make a decision. In fact one of his famous quotes is:

**“It is in Your Moments of Decision
That Your Destiny is Shaped.”**

Anthony Robbins

He says that the most important thing to do if you want to change your life is to take action and that you can't take any actions until you have made a decision. How could you embark on a course of action, if you have not decided on that course? He says that if you do the same things today that you did yesterday, you will get the same results as before, that if you really want change, you must decide to do things differently than before.

This is a good video to watch as it is inspiring just to hear him speak. He has a way of making things seem so simple and that it all makes perfect sense.

What does this example show and what does it mean?

I agree with Anthony on this point. Decision is the basis of anything. In our case, if you have no decision, you have no Meaning. If you have no Meaning, you have no Vibrational Frequency. If you have no Frequency, Resonance has no work to do. Resonance cannot go forth into the Universe bringing you everything that you want if it has no idea what you want and what course you are going to take.

But deciding is only the first step and has no power without the next step "Aligning." Many a decision has been made "Half-Heartedly" without conviction and has been rendered useless. In order for your decision to carry any weight, you have to believe in them and agree with them yourself. That means "NO RESERVATIONS!" This can be called "Tuning" your frequency to match your Decision.



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"Tuning Your Meaning with Your Belief" Is Alignment



#07-02
28:16

Alignment is the process of matching up your actions and thoughts to your Meanings, or Changing your Meanings to match up with your Actions and Thoughts or some combination of both. The way you know that you have achieved "Alignment" is that it makes you Feel Good. If you are not aligned, you feel unhappy, afraid, worried, depressed etc.

How to Align Yourself to Always Feel Good

As we move through our life experiences, we encounter many cross roads and forks in the road where we ask ourselves: "Which way is the right way to go?" We easily recognize the major-decision cross roads such as: Should I take this new job or stay where I am? Should I stay with my Spouse or break up?

The fact is that every decision is a cross road or fork in the road which requires a decision on your part. These smaller decisions are usually missed such as: Should I wear this or that? Should I eat this or that? Should I watch this or that? What color should I paint my house? When should we have that lunch date? Every single thought is a decision that is leading you to where you want to go or away from it.

How do you successfully navigate the "Labyrinth" of your Life by always making the right decisions and choices? There are two parts to every decision. The first is: "What do you want and where are you going?" You can't make any decision without knowing where you are going. Like the preverbal ship in the Ocean, which way should you steer the rudder? If you don't know where you want to go, it just doesn't matter.

What do you want and where do you want to go? Do you want to be successful and wealthy? Do you want to have a happy marriage and children? Do you want to be famous and a star in the movies? Take the time now to jot down a few things for your goals and wish list. This is most important in order to navigate the Labyrinth successfully, for the Secret of the Labyrinth is about to be revealed.



The secret of The Labyrinth



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And
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The secret of the Labyrinth is, "All possible roads, choices and decisions CAN lead to everything that you ever wanted or CAN lead to a life that you don't want." The secret is that it doesn't matter whether you go left or you go right, weather you take Route A or Route B. Every possible Route CAN lead to what you want.

It doesn't matter whether you take the job or you do not, weather you stay married or you do not, weather you make a call or not, weather you eat this or that or nothing at all. There is NO DECISION that by itself is the right or wrong path for you.

The secret is: You can do anything or not, and it CAN lead to everything that you ever wanted. Yes, I know what you are thinking....

"I have been doing everything and anything and I am still not where I want to be. If I can make any decision and still get what I want, then why don't I have what I want now?"

There is just one small catch... You must be aligned with your decisions every single time. As long as you ALIGN YOUR ENERGY and Life Force, with every decision that you make, the Labyrinth will remake and rearrange itself so that the decision that you have made, will be the right one and will lead you to your goals and the life you have wanted.

Let's see how to Align your decisions and how this all works. Alignment simply means that you FEEL GOOD with the decision that you have made. This is when your Meanings Match Your Beliefs. When you are aligned, your energy flows with the decision and through the decision that you have made and turns any decision you make, into the "right" one. So, for example, you must decide to take a certain job or not. Well, we know that it doesn't matter if you do, or if you do not. There is no ready answer that you have to figure out. Either way can be the right decision for you. You actually have the power and ability to make either decision the right one for you. This is where having goals and dreams already in mind are most important.

**“Alignment Turns Any Decision That You Have Made Into The Correct One.”**

Have you ever heard the saying: Successful people make decisions quickly and change them slowly and unsuccessful people make decisions slowly and change them quickly? The reason for this is that when you know what you want and where you are going, it is easy to not only answer any question right away, but, the answer is not likely to change because it either fits where you are going or it does not. However, people who are not sure what they want or where they are going, can’t make quick decisions because they have to guess if that might be leading to a place they “might” want to go, or maybe not. It takes a long time to decide and then after they have decided, they are still not sure if it was the right decision.

Without a Life-Goal and direction in mind, nothing else can be decided...for sure. So, right now, get a picture in mind of your ideal life experience. Write it down and ponder it often. Once you have an idea in mind of what you want and where you want to go, then your natural inner guidance system can work for you. Your inner guidance system is expressed and felt by your emotions. When you FEEL GOOD and/or have a “GOOD” gut feeling about something, you are on track to your goals.

Feeling Good is Alignment.

In order to achieve alignment you must first know what you want. Just like a car navigation system, you can’t tell which way you are going relative to your destination until you determine your destination. In example, your destination may be happiness, love, and wealth. Your destinations can range from something general to something very specific. Once you know where you want to go, your Emotions can take over and guide you there. Emotions are the indicator of the Alignment. When you know what you want, your emotions act as your guide, reporting the direction of your travel relative to your desires and goals.

When you feel comfortable with your thoughts, you are slightly aligned and moving “generally” in the direction of what you want at a slow but sure pace. When you feel really good about your thoughts and decisions, you are moving more directly and faster to what you want and desire. When you feel great Joy and excitement, you are highly aligned and moving directly toward your dreams and desires at a very rapid rate. You are headed directly to something that you are going to love when you get there.

However, when you feel uncomfortable with your thoughts, you are slightly miss-aligned and moving “generally” away from what you want at a slow but sure pace. When you feel really bad about your thoughts and decisions, you are moving more directly and faster away from what you want and desire. When you feel great fear and depression, you are highly miss-aligned and moving directly away from your dreams and desires at a very rapid rate to something that you are not going to like when you get there.

It is important to realize that what you want can sometimes change on a day to day basis. This can result in feeling bad about something on one day, and the next day or even the next minute, feeling great about it. Don't take action on something until you FEEL GOOD about it. That's why you have your guidance system, to let you know whether to proceed right away, alter your thoughts and then proceed, alter your course and then proceed, or halt altogether.

The Step By Step Method for Alignment



Consider each possible decision. If you are clear on what you want in life, one or the other decision will FEEL like the right one right away. In our example we will use the dilemma of whether to go home to your family or stay late at the office to get some work done.

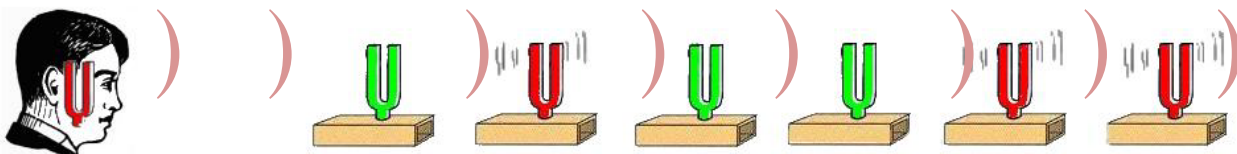
The problem in this situation, as it is in most others situations, is that when you stay late at the office you FEEL BAD about not being home with your family. But, if you were to go home to your family, you would FEEL BAD about not staying at the office to get your work done. In this example you are NOT ALIGNED with either choice. This situation results in a loss of your natural GOD/Life Force Energy no matter which decision you make.

When the meaning for staying at work and neglecting your family is BAD, and you stay at work neglecting your family, then your Resonating Quality will be in force with all things BAD for you because there is no alignment here.

Stay Late At Work & Still Want to Go Home (Not Aligned - Don't Feel Good About It)

Physical Meaning	+	Thought Meaning	=	Physical Result Meaning
Actually Staying Late At Work		Feeling Bad About it Lower Vibration Frequency Level Created & Transmitted		Resonance Activated Where All Possible Negative Conditions & Consequences Are Elicited From Your Experience

Negative Vibrational Frequencies Are Eliciting Negative Results



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL the things that will match them

When the meaning for going home and neglecting your work is BAD, and you go home neglecting your work, then your Resonating Quality will be in force with all things BAD for you because there is no alignment here either.



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3:59





Explain
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#07-02-i2
3:54



Illustration



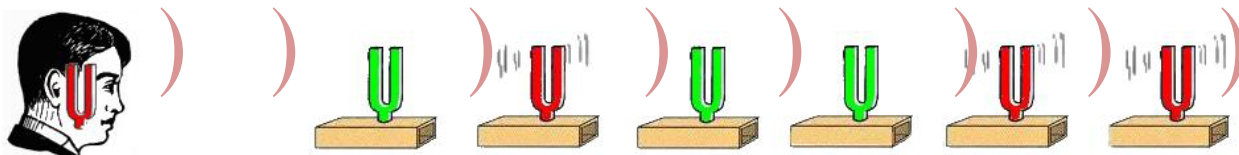
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Go Home & Still Want to Work - (Not Aligned - Don't Feel Good About It)

Physical Meaning	+	Thought Meaning	=	Physical Result Meaning
Actually Going home on time		Feeling Bad About it Lower Vibration Frequency Level Created & Transmitted		Resonance Activated Where All Possible Negative Conditions & Consequences Are Elicited From Your Experience

Negative Vibrational Frequencies Are Eliciting Negative Results



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL the things that will match them

This is where most people go wrong in their alignment. They ultimately choose one or the other and end up FEELING BAD about it. This will adversely affect your progress to your Life Goals and dreams as well as drain you of your joy of living.

The answer to this dilemma and every other one like it is to make a choice, a Decision, and align with it. Remember that neither decision, in itself is right or wrong. So, I will give you Alignment advice for this example decision to show you how you can use this technique for every decision that you have to make.

The secret to alignment is to think it over in your mind and convince yourself that the decision you are going to go with makes since, and that it is really the best decision for you right now. The way you know that you have accomplished "Alignment," is that you will now FEEL GOOD about your decision and in light of your reasons and thoughts, it really is the best choice for you to make.

#1) You Choose to stay at the office. (Sample Alignment Thought Process)

You think to yourself, "If I stay at the office tonight to get this work done, I won't have to worry about it tomorrow and it will be ready on time. Besides, at night the phone doesn't ring as much and it is quite now, and as a result I can do better work I will spend some extra time with my family this weekend, when I will have even more time to enjoy their company and being with them."

If you now FEEL GOOD about staying at the office, you have now aligned your energy and the Universe is now assisting you. In the State of "Alignment," your work at the

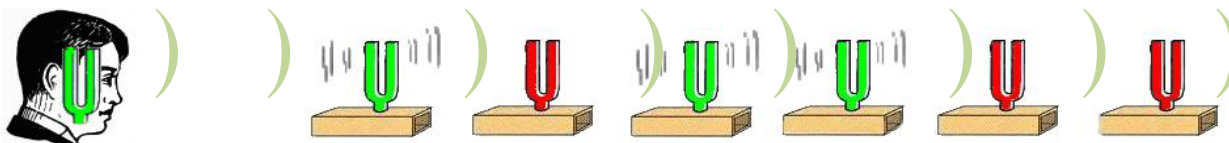
office will now be more productive and will be leading you to everything you have ever wanted. You will be "Resonating" with success and great ideas will come to you.

Feeling Good, is achieved when your thoughts words and actions, match up with the meaning that you have asserted. So, when you assert that staying late at work is Good, and that spending more time with your family later to make up for it is Good, and then that is exactly the action you take, then your Meanings match your actions and create a very Powerful Resonant quality with all things Good in your experience. This is Successful Alignment.

Stay Late At Work & Resolved The Home issue (Aligned & Feel Good About It)

Physical Meaning	+	Thought Meaning	=	Physical Result & Meaning
Actually Staying Late At Work		Feeling Good About it Higher Vibrational Frequency Level Created & Transmitted		Resonance Activated Where All Possible Positive Conditions & Opportunities Are Elicited From You're Experience

Positive Vibrational Frequencies Are Eliciting Beneficial Results



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL the things that will match them

#2) You Choose to go home to your family. (Sample Alignment Thought Process)

You think to yourself, "If I go home to my family now, I will be able to watch the game with them or just spend good quality time with them in the quiet of the evening which they have really been wanting. I could come in early to the office tomorrow to get this extra work done and besides, at that time I will be able to call a few people that I need to confer with on this project anyway. That will give me plenty of time to get my work done then."

If you now FEEL GOOD about going home to your family, you have now successfully aligned your energy, and the Universe is now assisting you. In the State of "Alignment," your work at the office will now be more productive in the morning, and is leading you to everything that you ever wanted. In the state of "Alignment," you will also enjoy the time

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2:54

Illustration

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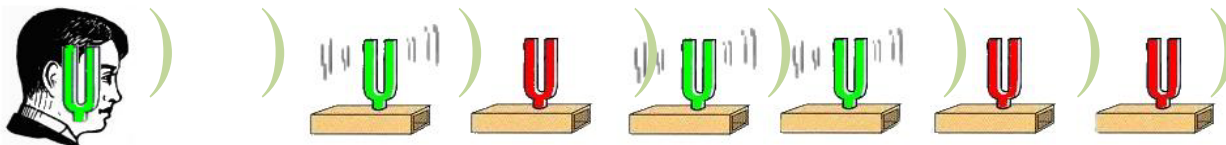
with your family more than before. From this place of contentment and happiness, your vibration will be "Resonating" with all things good for you.

Feeling Good, is achieved when your thoughts words and actions, match up with the meaning you have asserted. So, when you assert that going home is Good, and that coming in early to work later to make up for it is Good, and then that is exactly the action you take, then your Meanings match your actions and create a very Powerful Resonant quality with all things good in your experience. This is Successful Alignment.

Go Home & Will Catch Up On Work Later - (Aligned & Feel Good About It)

Physical Meaning	+	Thought Meaning	=	Physical Result & Meaning
Actually Going home on time		Feeling Good About it Higher Vibrational Frequency Level Created & Transmitted		Resonance Activated Where All Possible Positive Conditions & Opportunities Are Elicited From Your Experience

Positive Vibrational Frequencies Are Eliciting Beneficial Results



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL the things that will match them

Alignment does not force you to make one choice over another. As you can see, either choice will work as long as you take the time and effort to make yourself FEEL GOOD about what you are doing. Don't take action on something until you FEEL GOOD about it. Talk yourself into FEELING GOOD all the time. When you always FEEL GOOD about yourself and your decisions, you not only have a happier life, but, you engage the forces of the Universe to assist you in your every endeavor. Feeling Good, is achieved when your thoughts words and actions, match up with the meanings that you have asserted.



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4:21



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Change Your Past and Your Future by "Tuning" Your Present, NOW

#07-03
30:03

Now that you know how to align your thoughts, words and actions, to match your Meanings, let's see how "Tuning Your Present" can change your past and alter your Future.

This is the true Power of Now. The only reason that "Now" is so important and valuable, is that it is the only time when you can experience anything and where you have any power. You can't experience something tomorrow, until it becomes Now. You can't do something Yesterday, it has to be done Now. Can you imagine telling someone, "Let's do that Yesterday." Yesterday is gone. However, although you can't do anything different Yesterday, you can change your Yesterdays, Today, in the Now... What?

Not only can you change your present experiences, right Now, but you can actually change your past experiences right Now. What? That's right, I said you can change your past right Now. The past is not fixed, far from it. It is as fluid and as flexible as the present if you know how to "adjust it." We can use a combination of Resonance, with our GOD Power and you can change anything. Even if it's already over, whatever that might be, its effects can still be changed. Remember this, the only thing that has any weight and effect is "MEANING." Meaning is King, whether it is the Past, the Present or the Future.

The first thing you have to do is "Tune" your present. Like the example of the two radios above, you have to "tune your Now," to be the perfect now, the perfect radio station. Like a radio, you have a lot of choices of what you can pay attention to. But, unlike a radio, we have the ability to pay attention to many different things at the same time. You need to focus your attention on only what you want. Only pay attention to the types of circumstances and things that you like and want. Just like the guitar Store, what you are thinking about, is the basis of what you notice and can see. You create a Resonant quality that "Lights up" everything in your experience that is similar to what you are thinking about most of the time. So make it GOOD!

When you are happy in the present Moment, and you feel good about yourself, Resonance does an amazing thing, it elicits the best memories from the Past and elicits the best projections of the Future. From your happy NOW Place, your whole life seems to get better even the Past improves and the Future never looked better, and never was better than it's going to be now. WOW!



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Presentation
Chapter #07
Part 2 of 2
53:00



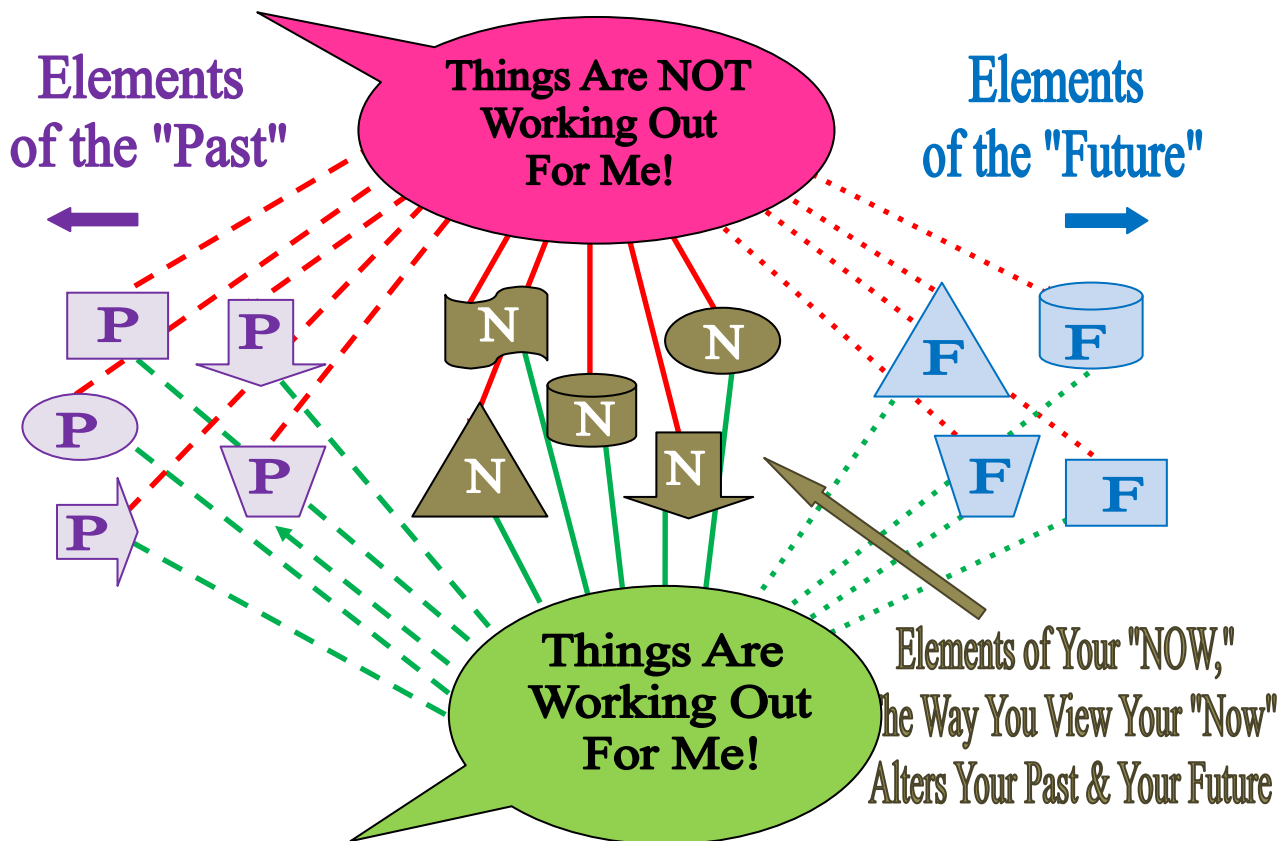
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Part 2 of 2
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"Eliciting & Attracting the Worst of Everything"

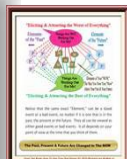


"Eliciting & Attracting the Best of Everything"

Notice that the same exact "Element," can be a Good event or a bad event, no matter if it is one that is in the past, the present or the future. They all can be viewed as either good events or bad events. It all depends on your point of view at the time that you think of them. NOW

You can't "Feel Good," in the Past, nor can you "Feel Good" in the Future. You can only "Feel Good" right NOW. As you focus on how great things are RIGHT NOW, even if that means that they are only great because they aren't as bad as they could be, you begin to get a little better "outlook" on life. As you improve how you are feeling right now, the way you remember your past begins to change. What seemed so terrible, now doesn't seem so bad. In fact, as you improve your feeling about what is going on for you right now, your past starts looking better and better. In fact, not only does your past look better, but your prospects and your mental projections of the Future improve as well.

Tough experiences that you had in the past, now look like the learning experiences that you needed, in order to accomplish what you are accomplishing now. Your now can even improve so much, that you become thankful for your past experiences and declare that "If it weren't for them, you wouldn't be where you are today. Thank GOD that it all happened just the way it did."



Illustration



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From this improving Now (Present), you begin to think that the future is going to be great. In fact, you are now seeing more options and opportunities open up, than you have ever seen before. However, with Resonance, the Future not only looks better but it is going to be better too.

The Power of Now, is the power to create a new vantage point in the Now, from which you can see back into your past and notice that it all makes sense since now, and that it couldn't have happened any differently, or you wouldn't be where you are now. Your thoughts and vibrations that are in the Now, elicit, a certain point of view from your past experiences. No matter what happened in the past, it is your current resonating vibration that you have RIGHT NOW, TODAY, that brings certain information and points of view into focus, and the rest fades from memory. You actually just don't or can't remember it.

The power of Resonance is not limited to the present; it reaches into your past and projects into your future with as much power and force as it has in the present. As you look back into the past with a new resonant viewpoint, you can see new opportunities for you today that were triggered by a past memory "remembered differently." You can get as many ideas and inspirations from the past as you could find in the present. You could just remember someone that you haven't thought of in years, call them up and start a friendship and whatever else all over again. When you thought of your past is as a "bad time," you didn't remember these friends of yours, but as soon as you changed your viewpoint and began to appreciate your past, you now remember them. It is an amazing process.

Improving your Now, can not only elicit wonderful memories and opportunities from your past, but it can arrange wonderful new opportunities in your future. In the same way as thinking about going home, arranged a wonderful homecoming with his dog, your thoughts and resonant vibrations are forming your experiences that are yet to come. If you have a wonderful NOW, because you have worked on it and refused to complain, then from that great Vibrational place, your resonant meanings are cascading forth into your future and lining up wonderful situations and opportunities for you.

However, if you have allowed your NOW, to be an unhappy one, full of sour thoughts and feelings, then your resonant meanings are cascading into your future to bring you some disappointment, disease, or heart break. The love of your life that you would have met made the wrong turn and met someone else. The disease that was benign starts to grow and is "accidentally" missed by your Doctor, until it's too late.

With your powerful Resonant qualities, YOU are "eliciting" from every single aspect of your life experience those things that match your vibration. You can either elicit health or sickness, happiness or sadness, it all depends on what you are feeling RIGHT NOW!

How To Use Your GOD Power - "The Master's Course"



Every "Element" Has Unlimited Possible Outcomes & Results

Let's take a closer look at how it is possible to "Elicit" different Outcomes or Results from the same element depending on your Meaning of the Situation. It doesn't matter if the "Element" is in the Now, or Present, or in the Past or Future, it still has Unlimited possible Outcomes for you that can range from Very Good to Very Bad.

If we were to "Magnify" a few of those "Elements" from the last Illustration, we could see inside them to see some of the possible Outcomes that are available. In the Illustration below, each "Element" of the Situation or the Event is showing only 7 to 8 possibilities each because it would have been more difficult to show all of the Infinite possibilities that are actually available to you.

Every "Element" of a Situation Has Many Possible "Outcomes/Results"

Good Meanings Create Positive Vibrations & Elicit Positive Results From The Elements

Bad Meanings Create Negative Vibrations & Elicit Negative Results From The Elements

Notice That Only 1 Positive Result From Each "Element" Matches This Specific Positive Meaning

Notice That Only 1 Negative Result From Each "Element" Matches This Specific Negative Meaning

Notice that every element has many different possible **Positive Results** and many different possible **Negative Results**. The Observer has the ability to assert many different "Positive" Meanings or many different Negative Meanings. When you use Your GOD Power to assert a SPECIFIC Meaning, Good or Bad, Resonance will Elicit the most appropriate Response from each Element that corresponds EXACTLY to your SPECIFIC MEANING. Only ONE EXACT Frequency (Tuning Fork, Response/Result) Good or Bad is Vibrating and responding to Resonance for that certain Meaning. The one that is a "Match" is the only one that responds. **Note also**, that these "Elements" could be in the Present or the Past or even in the Future. If it is from your "Past" it could be certain Memories or people or Knowledge is being elicited into action. If it is in your "Future" it could be certain "Coming Events" are forming Good or Bad. You have an Unlimited number of Elements possible with an Unlimited number of possible outcomes for each element.

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9:06

As you can see in the Illustration above, every element has the possibility of becoming Good in an infinite number of ways or turning out Bad in an infinite number of ways. Notice that for the Good Eliciting Meaning and the Bad Eliciting Meaning, there is only one outcome in each Element that is actually "Resonating" with that specific Meaning even though there are many other Good and Bad possible outcomes that could be activated from these same "Elements." What this Means, is that you not only need to assert a GOOD Meaning in the particular Situation or event, but you also need to make your Meaning as Relevant to your goals as possible.

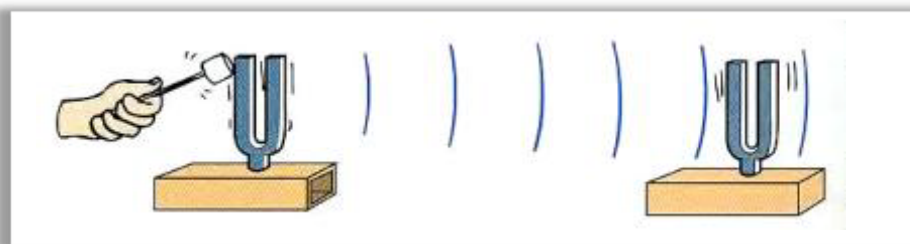
In example, when the Doctor gave you the Placebo pill, he didn't just say that this is "Good medicine that will help you," he said that it was a "Miracle Cure." While the Meaning of "Good Medicine that will help you," is a good meaning and will elicit beneficial outcomes, the Meaning of "A Miracle Cure" will elicit absolute and complete Healing. Different Meanings Elicit Different Results even if they are both Good Meanings or Bad.



To get the most out of your Meanings follow these suggestions:

- 1) Practice the techniques of "Alignment" to make every single decision a good one. Remember, no answer is the right one, until you align with it and make it the best answer for you.
- 2) Recognize all the great things that are working out for you now. You have really great things happening, after all, you are reading this book and it is full of great information that will help you in a significant way.
- 3) Do whatever it takes to get happy and at peace right now, and the past will reform itself and the future will be recreated and take care of itself. Just work on today and everything else will be fine. Good Meanings Create Positive Vibrations & Elicit Positive Results From The Elements

How To Use Your GOD Power - "The Master's Course"



How Your GOD Power Works With Resonance Share This



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13:28



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It's a beautiful thing when it all comes together in a deep understanding that leads to KNOWING!! For a quick review, remember that your GOD Power, is your ability to change or assert a new or different MEANING to a thing, situation, place, event, circumstance, your body, or anything else in your World. Additionally, remember that Resonance is the Universal Match-Maker and is responsible for not only bringing "Like" items together, but also "Eliciting" a "Like" response from any situation etc. So how do these two powerful tools work together? PERFECTLY!!! If your GOD Power is the "Boss," which makes the decisions, then Resonance is the "Muscle," or "The Enforcer," that carries them out.

Let's revisit our Guitar Example. Remember when we plucked our string #3 on our guitar, that the other guitar (Equally tuned & in the same room), automatically responded by vibrating it's #3 string. By doing this, Resonance not only made us aware that there was another guitar in the room with the ability to play that note, but it elicited a response from that guitar that was automatic and effortless. The Guitar could be in a sealed case that we cannot get in, and as long as the sound vibration reaches the guitar, it would respond.

The explanation of how this works as it relates to Meaning, is this. You pluck your #3 string and it vibrates. The Meaning of this action of plucking the string is combined with the meaning of the thickness of the string being so plucked, and finally it is added to the meaning of the tension of the string so that it has an overall Meaning which we will call the #3 string sound. This Vibrational meaning now intersects with the first string on the other guitar, and they are not alike, no action is taken. Same with #2 string not alike. But when it reaches #3, on the other guitar, it has the exact same meaning, and they begin to resonate together. There is a match and it is obvious. As you might have guessed, string #4, #5 & #6 also had no "Likeness" in meaning and therefore no response. Just silence.

However, as our sound vibration travels into the other rooms, it reaches a piano, and finds another string that has the same meaning and they also begin to resonate. It will continue to search and activate a resonating response with every "like" meaning it finds. Oddly enough, the sound reaches the kitchen, and finds a pot hanging on the wall, that has just the right size and composition, and shape that it turns out to have the same meaning and it also vibrates. The power of Resonance finds likeness in meaning and elicits it, anywhere and everywhere, in any kind of situation, event, person, place or thing. Where ever there is "Likeness," it elicits, "pulling it out into the open" by resonating with it.

Suppose that our current situation isn't very good right now. That might correspond to the low frequency of the "Last string on the guitar, #6." In fact, things are so bad, that our guitar doesn't even have the first five strings, it only has one string and it is the gloom and doom, low frequency vibration, string #6. Which means that you are now thinking "Nothing is working out for us, and there is no way we can fix this situation." (That's what a #6, gloom and doom string, sounds like in thoughts and words.) Now what?

In this kind of situation, you are sort of "Boxed In." There is no way out. You know that if you play the string that you have, the #6 string, like the guitar store example, all you will see is bad things and not only will you see them, but they will see and find you, by homing in on your Vibrational invitation. The Vibrational invitation says "Here we are, come and get us." But, you play your #6 string anyway because it's all you have. Sure enough, just as you thought, you have no options, there are no solutions available, everything costs money that you don't have and like the old saying, "The worse it gets the worse it gets." There are some doors that look like they may be the way out, but they are locked from the other side. It is just as dire as you thought.

The Situation Looks Hopeless - Nothing is Working Out For Me

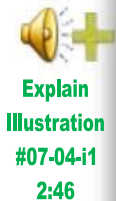
Physical Meaning	+	Thought Meaning	=	Physical Result & Meaning
Actual Situation Doesn't Look Good No Options Can Be Seen or Noticed		Feeling Bad About it Still Lower Vibrational Frequency Level Created & Transmitted		Resonance Activated Where All Possible Negative Conditions & Results Are Elicited From Your Experience Into Full View

Negative Vibrational Frequencies Are Eliciting Negative Results & Options



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL the things that will match them

But, suddenly, you remember, "I Have GOD Power! I have the ability to change meaning. I wonder if it would work, in this situation," you think to yourself. Then you have a little laugh to yourself, and remark, "It always Works!" Looking at your poor, sad little broken down guitar, you say "I hereby declare, by the GOD Power vested in me, that your string shall now be a #1 string and when it is played, it will sound as sweet as any guitar has ever sounded." You have now used your GOD Power to change the meaning of the string and situation from the worst possible situation to the best possible situation. (It isn't always this dramatic a change, not because it couldn't be, but usually, it's just improved to a "Better" meaning, and then a "Better" meaning again, step by step.)



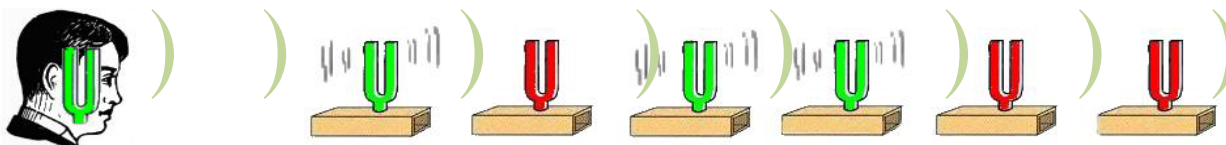
You begin to play that beautiful string, and it sounds so great. The other guitar in the room automatically responds to the new meaning, and it starts to vibrate on the #1 string, just like it is supposed to. If the sound of the string were translated into words it would sound like, "No matter what the situation, something good is possible and there is always a solution." It vibrates "Everything is possible with GOD." The resonant quality communicates "Everything is always working out for me (No matter what)." Those beautiful sounds and thoughts go forth and begin doing their magic with the help of Resonance the Universal Matchmaker. Suddenly, you see options that you were unaware were even possible, much less within reach. The doors that were locked, now, are not only unlocked, but are standing wide open beckoning you to come in.

After considering all the options and opportunities that you can now see, you realize that you weren't in a bad situation after all. As it turns out, it was never a bad one. It just looked like it from that point of view that you had before. But now, you realize that not only was it not really a bad situation, but in fact, as it turns out, it is a great situation! This situation has led you to a place where opportunities are greater and more abundant that you have ever seen and if you hadn't had that "Bad" situation, you would never have found this new place (Mentally and possibly physically). You think to yourself with a smile, "Everything is always working out for me and leading me to better and better situations. The better it gets the better it gets!"

Changing The Meaning Of The Situation To - Everything Is Still Working Out For Me

Physical Meaning	+	Thought Meaning	=	Physical Result & Meaning
Actual Situation Doesn't Look Good No Options Can Be Seen or Noticed		Feeling Good About it Still Higher Vibrational Frequency Level Created & Transmitted		Resonance Activated Where All Possible Positive Conditions & Opportunities Are Elicited From Your Experience Into Full View

Positive Vibrational Frequencies Are Eliciting Beneficial Opportunities



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL the things that will match them

Finally, from this place of great appreciation and confidence, you look back down at the little guitar that led you to this wonderful place and notice that it not only has all its strings back, but every one of them is a #1 String. No matter what tune you play, "it's all good," and everything you notice and experience is working out in every way. Life is a beautiful experience, when you consciously use your GOD Power to raise up the Meaning of whatever experience or situation you're in, to the best situation that you can imagine, and then from there, have a look around.

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How Does the Placebo Work With Resonance?



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4:44

Let's revisit the example of the Placebo sugar pill that cured that terminal disease, and see how it works as explained by Resonance. If you recall, we had the Meaning of the disease that was generated by the chemical and physical properties of the disease, and then we had the meaning of the sugar pill which has a meaning that was nothing more than sugar. But, we opted to use our GOD Power, (even though we were tricked into doing it), to change the Meaning of that pill. In the same way that we changed the meaning of the #6 string (above) to a #1 string, we changed the meaning of the pill from ordinary sugar, to a Miracle Drug.

Once it had the Meaning that it was a Miracle Cure, it used the power of Resonance to "Elicit" a meaning of healing and overall health from a situation that started out with a meaning of disease and death. The power of Resonance is that it "Forces" a response. It elicits what it wants from the situation. It forms and changes the situation so that it is now "Like" healing and health. Like we learned with Quantum Physics, there are infinite possible outcomes that all come down to a choice made by the Observer who is the Experiencer.

When you use your GOD Power, you say, "I hereby declare, by the GOD Power vested in me, that this pill now has the power, to change the meaning of my situation, from disease to health. So be it!" And so its meaning is changed, as you have so declared, you heal and are cured, not by the sugar, but, by the power to decide and declare that you are well, and well you shall remain. You elicit the right combinations of outcomes from each of the elements of the situation so that all together they create a result or overall outcome that matches the Meaning that you have asserted.

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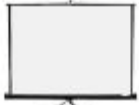
Maybe that means that your body now starts making this chemical or that chemical. It might include, a reduction in something else that suddenly happens. You might have an urge to eat something that you might not normally eat that aids in the healing even though you are totally unaware of it. Resonance will elicit what it needs from each and every element of the situation to end up with the perfect Result and outcome that MATCHES your Meaning.

The actual process in the Guitar example above is this. When you declared that the #6 string was now a #1 string you caused a change in meaning, not in the actual physical experience, although that can and does happen too, but instead just in what it means. As you strummed the #6 string, it had the meaning of a #6 string, based on the meaning of the thickness of the wire, its length, and the tension on it. But the sound and vibration coming from it, was changed to the meaning of a #1 string. So it resonated with all things like the #1 string. This causes "#1 like" things (Good things) to stand out and catch your attention because they are Resonating not on the actual vibration of the string, but on the VIBRATION OF THE MEANING. It is only the vibration of the meaning that creates a frequency that can then be Resonant.

Since you have the GOD Power to assert and change the Meaning of any situation, you have the power to control what that situation resonates with. Since you have the Power to control what resonates in your World, you have the power to choose what you notice, see and experience in your World, good or bad. It all starts with a Decision. So Decide!



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1:31



Jump To
The
REVIEW
& QUIZ



Jump To
The
REVIEW
& QUIZ

7. You Must Decide



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- Chapter Review –

- **The Most important thing that you can do is make a decision. It creates new Meaning, which then begins to elicit and attract its kind into your experience.**
- **Since it doesn't matter what you decide or which way you go, then every direction is still a possibility until you make a decision (Exercise Your GOD Power)**
- **Making a Decision creates a Meaning which has a specific Frequency that can then begin forming energy and eliciting its kind through Resonance**
- **Tuning Your Vibrations is Matching your Meanings with your Beliefs which will then allow you to manifest what you want.**
- **By Aligning Your Vibrations (Meanings) with your Beliefs, You not only improve your present circumstance, but you also improve your Past and your Future.**
- **When you Decide, you align all of your energy and forces in one direction creating more powerful manifestations because, your energies are focused on one objective**
- **You cannot elicit and attract two opposing frequencies at the same time so there can be no action until you make a decision**



#07-07
6:03

7. You Must Decide



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All

- Chapter Quiz -

1) Making a Decision Creates what?

- A A Meaning B A Direction C A Frequency D All

2) Making a Decision allows Resonance to do what?

- A Elicit Appropriate Responses From Your World B Bring Ideas to Mind
 C Show You Opportunities D All

3) Feeling Good about Your Present Circumstances Has What Effect?

- A Elicits Better Options & Opportunities B Makes Your Past Look Better
 C Creates a Better Future D All

4) When Faced With Options and Several Choices it's Best To:

- A Figure Out Which One Is the Correct Choice B Make No Decision
 C Decide Which Option You Prefer & Align with it D Use Random Choice

5) Your God Power is Enacted How?

- A You Decide, You Align, That Creates Meaning, You Elicit by That Meaning
 B You Wait and See What Happens C You Let Others Decide For You

[Go To Answers on Page 543](#)

Part III

The Reality of Reality

(They are not all created equally)

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Chapter
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8. What is "Reality?"

Take a moment and really think about this, because this chapter is going to blow your mind. How can you tell what is "Reality" and what is not? Where does "Reality" come from? Does it come from the Universe? Do you think that there are alternate Universes? If so, do the other Universes have the same "Reality" or do you think that their Reality would be different? If the "other Universe" had a different "Reality," then, does that mean that each Universe has a certain Reality of its own? How do you know what the Parameters of Realty are? In other words, what are the rules as to what is Real and what is not? Does it have to be something that you can see to be real?

Let's try to create a working definition of exactly what Reality is so that we have some common ground together, a starting place to work with. I think that the easiest way to define and experience Reality is from a personal viewpoint. While there are many aspects of Reality that go far beyond what we can experience with our five senses, and even can be described by physics, let's call Reality that which someone can experience. That makes it very simple.

"If someone can experience it, it's Reality"

Sound Reasonable? If you can experience it, that makes it real, and Real equals Reality does it not? So, if you jump into the air, and you come right back to the ground, that means that Gravity is Reality. If you put your bare feet on red hot metal and they get 3rd degree burns, that is Reality. If you get shot with a bullet, it would penetrate your body and kill you and that would be Reality. If you stuck your fingers in the flame of a burning candle for 10 minutes they would be more than burnt, they would be cooked. If you stopped eating food and drinking water for an extended period of time, you would die of dehydration and starvation. Some of these situations you may have already experienced, while others you don't want to experience, but, still you know them to be true. That is Reality, because it is your experience and your knowing. Fair enough? This is actually the correct way to look at Reality, as a combination of personal experience and personal Knowing.

As much as people talk about "Reality," it is really hard to pin down. Most people subscribe to the idea that there is one overall single Reality that covers the entire Universe and is always



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consistent in every way, everywhere. This, as it turns out, is not correct. The actual situation is going to sound Un-Real, but, it is a fact. There is no single Reality that covers the Universe; in fact, there are as many different Realities as there are perceivers of Reality. Realities are as individual as finger prints.

Most of our realities are so similar that we don't even notice that there are differences at all. However, **WE DO NOT SHARE REALITIES WITH OTHERS.** We all have very individual and Personal Realities, which may or may not have similarities with others. Just because we both look at the same car and both recognize that it is the color RED, doesn't indicate a SHARED Reality. If there are similarities, it is not because our Realities are "Shared," it is because we have similar Beliefs and Meanings which are creating similar Realities.



Later on in this Book, you will see a [Video Example where a woman thinks that her Red Car has NOW been painted Black, Page 478](#). This proves that just because we all see the same thing, we still have our own individual Reality, even though it seems "Shared." But, when you know

how Realities work and how they are created, you will recognize the differences easily. If you were to look at two person's finger tips from 12 inches away, they would seem like they are identical. It is only under a magnifying glass that the differences become apparent. In fact it wasn't that long ago that we discovered that finger prints were actually different for each person, so different that they could be used as identification. It took nineteen hundred years after Christ to discover something as simple as our fingerprints were different and in fact, individually unique.³²

Now, we know that our Realities are actually different. It has only taken another one hundred and ten years since the discovery of our unique fingerprints to discover our individually unique Realities. In the same way that the uniqueness of different fingerprints were discovered while looking more closely using a magnifying glass, we will discover together, that our individual Realities are as different as our fingerprints, by a closer examination of the facts. Like fingerprints, the differences have always lay there before our eyes undiscovered, and like the discovery of the individual finger prints, the discovery that we have individual Realities will be revolutionary.

Realities are a matter of perception. Since it is an individual assessment, it will be important to better understand Consciousness and how it works before we get into the differences in Realities. People with a "Higher Consciousness," are better able to recognize the different Realities and can more effectively use their GOD Power.

³² It is generally acknowledged that British anthropologist Sir Francis Galton (1822-1911) was the first to classify fingerprints. His ideas were further developed by fellow Englishman Sir Edward Henry (1850-1931), who devised a method of identification based on the thumbprint. In 1901, Henry established England's first fingerprint bureau, called the Fingerprint Branch, within the Scotland Yard police force Block, E. B. *Fingerprinting: Magic Weapon Against Crime*, p. 7; *The New York Public Library Desk Reference*, p. 452.





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What is a "Higher Consciousness?"

People are always talking about "Higher Consciousness," and yet what are they talking about? What does this mean in terms of your Reality? Higher consciousness is a different state of mind that changes your awareness of your situation. Your level of consciousness relates directly to what level of Reality you can and will experience. At the higher levels of Consciousness, you have a greater and more powerful reality, while at the lower levels of consciousness you have a smaller and more limited Reality. To understand this better, let's look at the different levels of matter.

At the "Normal" level, we have rocks, water, metal objects, etc. However, at a "Higher" level of understanding, we have molecules, which are specific groups of atoms that make up that substance which is then formed into that object. Then at an even higher level of understanding, we have atoms, which are the building blocks of molecules. Then at an even higher level of understanding, we have electrons, protons, and neutrons which are the building blocks of atoms.

If you have noticed, the higher the level we achieved, the more basic and uniform the Understanding. That is to say, at the level of the object, it was the "only one" of its kind. However, as we reached the molecule level, we were now at a level of understanding that covered every object in the Universe that was made of the same material. When we reached the individual atom level, we now reached common ground with every kind of material that had that atom in it, be it metal, water, or whatever. However, at the highest level, for our purposes, we had protons, electrons and neutrons, the most basic building blocks of all matter everywhere. Everything has these elements, no matter what it is. We are even made of these elements.

So, moving up the level of understanding of matter could be like having a higher consciousness. That is to say, our conscious awareness is perceiving matter at a higher level and at a greater understanding. Any thoughts or work we do to this matter at the level of the atom, is not only very powerful, but it also applies to much more of creation. The same is true of our

consciousness, except, our higher levels of consciousness is not just an exercise in understanding, but, it also affords us a higher level of communication, and creation ability.

Another example of levels of Consciousness would be our Bodies. At a lower level of consciousness might be the Cell. It thinks and communicates and has a mind of its own, so to speak. At a higher level of complexity and a higher level of Consciousness might be the Organs. These are more complex and are composed of all the Consciousness of all the Cells that make it up. As a whole it has abilities and functions that the individual Cell does not. Not that their Consciousness is any more able than the Cell, but instead just Broader in its scope. At a much higher level of Consciousness than the Organs in our Bodies is our Body as a whole, us as a person. Our Consciousness is much Broader than any one of our Organs or any one Cell, because we encompass the Consciousness of every Cell and every Organ in our entire Body as one overall Consciousness.

Our Consciousness can rise up much higher than just our Body and our individual selves, to an even greater and greater Awareness's of the "Whole" of Humanity, and the "Whole" of Life and the "Whole" of Creation as one.

This would be like an individual Cell who at his normal level of Consciousness could only imagine his own circumstances and could only communicate at the level of a Cell to other Cells. However, one day he raised his own Consciousness up to the Level of the Organs and could then see and understand the "Connectedness" he had with millions of other Cells as a function of the whole. He could now imagine the function of the whole Organ of which he was a part and because his Consciousness was now at this level, he could now Communicate with Organs and understand them and their functions. However, he could still easily see that even though he was just like all the other Cells in his same Organ, there were many other groups of Cells that were different and existed in different Organs having a different kind of existence than himself.

But, as exciting as this was for this little Cell, he wanted to know more. So he meditated and through great thoughts, he raised his own Cell Consciousness up to the level of a Human Being, a whole person. He could now see the perfection in how the cells, contributed to the Organs, and how each organ contributed to the whole Body. He could now see the beauty and wonder of everything, and how he was not only connected to the other cells in his own Organ, but at an even higher level, he was even connected to every other cell in all the seemingly different Organs of the body. At this level of Consciousness, he could think like and communicate with Human people, Bodies as wholes. At each higher level of Consciousness, he could not only understand that level of existence, but he could communicate and interact and create Meaning at that level as well. It is Much more Powerful to create Meaning at the Level of the Whole Organ, than it is to create Meaning at the level of the lonely Cell. That is the Nature of operating at higher levels of Consciousness. Likewise, it is much more powerful to create Meaning at the level of the whole Body or person that it would be to create Meaning at the level of a single organ.

Consciousness can also be thought of as different channels on a CB radio, the kind of two way radios that truckers use while traveling down the highway. Let's say that normal everyday consciousness is channel #1, and that the highest level of consciousness is Channel #10. When we are thinking and conscious at the lower level of Channel #1, we can only talk and listen to all other things and people on Channel #1. If we want some information, we have to ask someone or look it up in a book. That is a lower level of consciousness. All normal activities and thoughts are at the lowest level of consciousness.



However, if you raise your consciousness up to a higher level, you are now aware of the connectedness of everything. You have access to higher levels of thought, and at the same time, you have more powerful thoughts. Not only can you receive higher level information and knowing on this channel, but you can transmit and communicate to others and the Universe on this channel as well. It is at this higher level of Consciousness that you realize not only how easy it is to change the Meaning of the situation, but, you are also more powerful in doing so. While your GOD Power is always in action asserting Meanings in situations, or confirming them, it takes a higher level of consciousness to use it in a more powerful way on purpose, deliberately.

At the lower levels, you may have to be tricked into believing that the sugar pill will cure you however, at the higher level of Consciousness, you don't even need the charade of a pill, you just say, "I'm cured," and you are.

That is because at a higher level of Consciousness, you KNOW that you can do this and have it happen (Work). You are "Conscious" of the ways the Universe works, and the power of your thoughts and decisions. You have more belief and confidence in your ability at a Higher Consciousness level. At the lower level, you are not even aware that that kind of thing is possible, much less being able to do it successfully.

At the lower levels of consciousness and understanding, you feel that the only way to fix a problem, is to fight someone, or move away, or change jobs or by just accepting your "Fate." While at the higher levels of Consciousness, you can actually see how the situation is working out perfectly for you just the way it is. You can see the opportunities available to you. You see the bigger picture and how it all fits together perfectly for you.



At a higher level of consciousness, you can communicate to others and the Universe in a telepathic way, while at the lower levels; you must make a telephone call or send an email. You can only do and achieve a higher level success, while at the higher levels of consciousness. You can't talk to someone on channel #10, if you are on channel #1. You can't get Channel #10 type ideas and insights, while you are thinking at Consciousness level #1. When you raise up your consciousness level, you are thinking and understanding the bigger picture and are more powerful in your ability to act on it. That is higher consciousness, seeing the bigger picture from a higher vantage point, and having the ability to act on it in a more effective way.

That is one of the main goals of this Book, to raise up your level of understanding of how everything really works and how you can easily create the life of your Dreams through the use of your GOD Power. When you are fully Conscious of how everything works at a higher level, you can make higher level changes in Meaning that are more Powerful and more effective in your own experience.

An example of higher conscious awareness would be your understanding that your brain is only a physical representation of your knowledge and function and that any information you already have or want is available to you outside of your physical brain. At that level of consciousness and awareness, you could easily access information that you know you wouldn't physically have, and because at that level, you think you can, you can. Whereas at the lower level of consciousness and awareness, where you believe that you are only physical, you would think that the only thing that you could possibly know is what you have actually read or learned yourself. You wouldn't be able to access anything that wasn't physical because at that level, you wouldn't believe that you could, so, you couldn't. Your level of consciousness and awareness, dictates what you think you can and can't do, what you can and can't know. It affects your Beliefs and understandings.

Another example of levels of Consciousness is if you had a terrible disease. At a higher level of consciousness and understanding, you could cure yourself with a thought, because your awareness of how things work at this level would allow you to easily do this, while at the lower level of consciousness, awareness and understanding, you would need actual medicine, because your consciousness, awareness and beliefs at that level would only support the normal way of curing yourself.

It is the main purpose of this book, to raise your consciousness to such a high level of understanding and awareness, that you realize that you are unlimited. You can know anything and everything that you want to know. You can be anything and everything that you want to be. You can do anything and everything that you want to do, and you can have anything and everything that you want to have. At the highest levels of Consciousness you will recognize this to be true.

What are the characteristics of a "Reality?"



A "Reality" is a very individualized set of parameters, within which you are aware and exist. What is outside that invisible "Boundary" of awareness, is outside Your Reality. Realities are created by thoughts which include by awareness, define by belief, and excludes by "Mutual Exclusion." That is, what you know to be true, automatically excludes by mutual exclusion, it's opposite. In example, You know that gravity keeps things pulled down to the ground, so by mutual exclusion, you wouldn't believe, or even be aware of, anyone "Levitating" because, its outside of your belief system by mutual exclusion. The thought doesn't even come to your mind, because it has already been pre-excluded from your awareness and thinking. You don't even



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have a chance to decide, because it doesn't even come up. Whatever you believe and know, is your "Reality."


Realities do not, and cannot, interfere with one another. You can have a Reality that is based on anything that you want and it doesn't matter what so ever what anyone else is doing or not doing with their own Reality. While it is true that you are connected to everyone else on the planet, they aren't in your Reality unless they are relevant in some way.

If you want to do an interesting experiment that demonstrates Relevance and Resonance, walk up to someone in a crowded mall, street, or subway station and ask them for the time. The moment you approach them, you have proved Resonance and Relevance in your Reality. You couldn't even have noticed them much less approached them and carried on a conversation unless they were resonating with you to some degree. Know that they are in some way similar to you or your thinking, or you would never have even noticed them. Maybe it was the way they were dressed, or they way they carried themselves, or maybe it was a similarity in the way you both think.

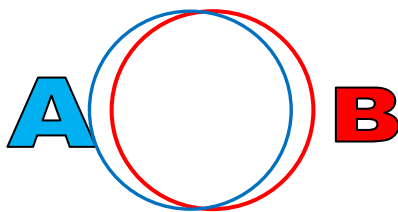
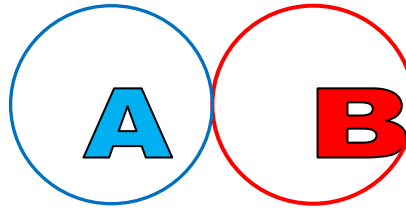
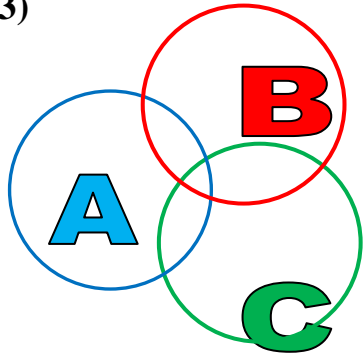
That is the basis of coincidence, you ask someone for the time and you end up knowing them or have some other thing in common that you would never have otherwise known. Relevance is similarity to some degree whether it is obvious like something that you can see, or not obvious like something in their thinking which is something that you cannot possibly see or notice physically. If you see someone holding up a sign or placing an ad in the paper that says, "I have horses and am looking for a trainer," and you are a trainer, you don't think too much of this incident. However, if you bump into them while waiting in a line and get to talking and it comes up, you automatically think that it is a "coincidence," but, it is not. They are both just simple functions of resonance, one that is obvious and one that is not, but, it is still Resonance eliciting experience into your reality by similarity of frequency vibration.

In this next illustration, you can see graphically, how Realities can overlap and how your similarities, can be seen as the "common area" Between them. This is a great simplification because Realities are very complex. However, it can quickly give you a general idea of why so many people believe that there is only one overall Reality. It is simply because most of the people they know, share common thoughts and beliefs and therefore they experience similar Realities with each other. The ways that their Realities are different never become apparent because they never come up. They are never elicited from each other because there are no similarities on those aspects.

People, who have unusual aspects in their Reality, always say, "I thought that everyone could do this." That is simply because they shared so much else in common with their friends and family, that they naturally assumed that everything was the same, and because the differences don't usually come up (weren't elicited), they didn't realize that they were different.

 Explain
Illustration
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5:39

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<p>1)</p>  <p>Reality A and Reality B are Very Similar. The Area that they overlap each other is the area of similarity. The part that doesn't overlap is the area that is not the same. The areas that are not similar do not resonate with each other.</p>	<p>2)</p>  <p>These two People will never meet because their Realities are so different, that it is unlikely that anything will be resonant between them. This could be a Human on Earth and a "Being" living on another Planet.</p>	<p>3)</p>  <p>These 3 Realities each have something in common with each other which might be a hobby or way of life. The Area in "Common" between them has high Resonant qualities. That is probably how they met.</p>
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In these examples you may know other people and of other people by the areas that you are similar. However, even if you meet or are good friends, the areas that are completely "Separate" and completely dissimilar, will never come up in conversation, or be elicited into awareness with one another. The interaction and communication between these people stays within the boundaries of similarity.

In examples of long time friends, the similarity between them becomes more and more pronounced. (This can be seen in the first illustration where the circles are very close together.) They begin to mention things that they would never usually bring up, and as their awareness of each other grows, so does the similarity of their Realities. This results in a feeling of deep connection because of the deep similarity of your Realities, which indicate a great similarity in your thoughts and beliefs. This is the hallmark of deep long term friendship. That is why when you meet someone new, and you start out with so much in common and similarity of thoughts and beliefs, you often say, "It feels like we have known each other for years." This is because it usually takes years to reach that level of similarity.

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The Two Elements of Reality Are: Awareness and Beliefs

Awareness is everything that is within your Reality and your Belief system is what it all means, or how it works for you. It is similar to your computer. Everything you have stored in your computer is everything that it is aware of. This includes pictures, information, documents, songs, movies, etc. All of these items and information are within your computers awareness.

Your Beliefs are the same as your computer's programs. With the programs in your computer, you can only look at certain pictures in certain ways. Some of you have the ability to edit your

 #08-04
5:26

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pictures and songs and change them and others of you can't make any of these alterations. Most of you have very similar (normal) abilities such as copying items from one place and pasting them in another, searching for items on your hard drives, moving them around, and other routine tasks. Some of you have the ability to communicate with other computers by the phone line or by using a flash drive or disk. That would be like conventional conversation between people. However, there are computers out there who can communicate with other computers in a "Telepathic way," or in other words "wirelessly." It all depends on the programs you have. That is, it all depends on your beliefs on how things work that either enhances your Reality, or limits it.

Let's cover a few terms and define them so that we are on the same page so to speak.

AWARENESS Awareness is all that you are conscious of, that you know of. This includes everything that you know, know of and everything you don't know. You may not know the speed of an electron, but you are aware of it. The boundaries of your awareness include everything except that which you don't know that you don't know. All of that, you are unaware of. Awareness is all the data and information that you have. What you are Aware of is everything that you have to work with.

Awareness is about the Subject. It is a function of your thoughts and beliefs and has nothing to do with how you feel about it, only that you believe that it exists and are thinking about it. While your overall Awareness "Contains" a multitude of things, your current Awareness, is that which is relevant at the moment. Your Awareness has brought to notice everything that is "Relevant" to you, whether you like it or not. If you like Red cars and you look in a parking lot, you will see them all over the place, or if you hate red cars and you look in the same parking lot you will see them all over the place. You are Aware of or will become aware of, everything that is relevant in your World whether you like it or not.

KNOWING An unshakable and absolute feeling and confidence about the validity of a specific thing or specific information that is KNOWN. KNOWING is the most powerful state possible. It is far more powerful than Believing, Which is only "tentative" KNOWING.

PERCEPTION Perception is Awareness plus Meaning or Beliefs. It is said that the main difference between our view of a situation and a camera's view is that the camera only sees what is there and nothing more. However, we not only see what is there, but, we perceive the meaning of it. A good example of the difference between Awareness and Perception, is the **Placebo Example #3, in Chapter 1, Your GOD Power, Page 20.** You may be aware that you are holding a pill in your hand, but what you think about it is how you perceive it. Do you perceive the Pill as a cure and the situation as positive one, or do you perceive the pill as a useless effort and the situation as hopeless?

BELIEF A strong, but tentative, confidence/feeling in the validity of a specific thing or specific information. It is strong like wood, But **KNOWING** is concrete. Beliefs are the "programs" that dictate the meanings, abilities, rules and parameters of your Life Experience. Beliefs control how that information is handled, and how your Life is experienced. Your Beliefs didn't develop overnight, although they can be formed instantly. They have been developing ever since your conception and will continue to develop and evolve the rest of your life. Beliefs are established Meanings. They could be more appropriately called "Definitions," because they define what is real or not real, what is good or not good, what you like or don't like. There are four main ways that you have acquired your beliefs. They are, by Instinct, by Assertion, by Example and by Experience.

The Four Ways That Definitions (Beliefs) Are Established



#08-05
18:17

Instinct Definitions by Instinct are definitions inherited through genes, and biological sources. In example, Men and women are naturally attracted to each other. That is biological. Everything that is nature based, are definitions handed down to you as a Human Being and some influences "definitions" from your parents. Most of the Instinctual Definitions are designed to get you started until you have the ability to decide for yourself and make those kinds of decisions. Definitions by Instinct are by far the most effectively learned as they are implanted before birth and the baby has very little ability to challenge their validity or make any conscious decision to change them.

With Humans, the Instinctual Definitions are much fewer than with other animals. Most animals inherit almost all of their Definitions at birth by nature and many are totally self sufficient right at birth. They can swim or run and even eat right away. Without training (Defining by the Parent) most animals can recognize danger and react instantly. They know what to do to attract a mate. They are also born with instincts matching their physical make up such as fish with the instinct to swim, birds with instinct to fly and lions with the instinct to hunt. The more initial Instinctual definitions there are the lesser is the ability or need to learn more definitions later as they are handed almost a full set at birth. It is like a computer program that is complete and has little ability or need to change. A Blue Bird will never be interested in a Mocking bird or a snake as a Mate, and it will never learn to enjoy the taste of Deer.

Generally, as you go up the scale of intelligence, the baby is less and less capable to survive on his own and needs more and more training (Programming-Defining) from the Parents of the offspring. Human Babies are one of the most helpless of all when born. The reason is they are fully programmable. The parents have the ability to influence (Define) almost every possible aspect of that baby's Personality, likes and dislikes. Thus we move to the next form of definition: "Definition by Assertion."



Assertion Definitions by Assertion are definitions given (Told-Asserted), to you and accepted on faith. With Definition by Assertion, the more respected the "Definer" (Parent in this case), the more influential will be the asserted definitions of just what is true and what is not. This type of Definition relies on Faith as there is no proof (Example) by the definer (Parent, Teacher, Doctor, etc.). This type of Definition is much less effective because, without example or proof, it is weak against the logical minds attack, to test its validity. Its effectiveness relies solely on Faith and belief in the definer.

We can use examples of these two different men who are happy living completely different lives.



#1) A man lives in a Million Dollar Penthouse Apartment downtown fully staffed with three servants. He has 5 expensive Italian sports cars, lots of girlfriends, travels all over the World and has everything that money can buy.

We ask him "Are you Happy? With all things considered, are you really happy ... deep down?" He responds "Yes! I couldn't be any happier! I have everything that I have ever wanted and more! Life just doesn't get any better than this!"



#2) A man lives out in the woods in a log home he has built himself. There is no running water, unless you count the stream that runs through the property. He has no electricity, no appliances, and no conveniences as we know them. He grows his own food and hunts for the rest. It's quite hard work and he retires at the end of every day, exhausted.

We ask him "Are you Happy? With all things considered, are you really happy ... deep down?" He responds "Yes! I couldn't be any happier! I have everything that I have ever wanted and more! Life just doesn't get any better than this!"

The first likes the fast life of money and travel. His parents may have been poor, but they told their son (Asserted) that "the life to have is with lots of money and everything it can buy. If you have that you've got it made!"

Of course, this is over simplified for the example, but this is how definitions and Beliefs are formed by assertion. You are told what is good or bad, what to strive for and what is not worth your time. How many times have you heard this phrase ringing in your mind: "A penny saved is a penny earned?" That's a definition by assertion... especially if the person saying it (asserting it), wasn't a saver!

This doesn't mean that people who define by assertion are hypocrites. A poor family may not have the opportunity to demonstrate by their own example the joys of wealth. Most everything

you learn in school is by assertion. The teachers themselves are usually not in the position to be living examples of what they teach.

Let's go on to the second example above, the man who lives in the woods. His Parents told him when he was young and learning his new Definitions of what is and what is not true, that making it on your own makes you a "real man." People who rely on store bought food and the conveniences of electricity are weak. To be a "real man" you must prove yourself against nature and live in harmony with the Earth. I'm sure that you can readily see that this man would be very unhappy in a corporate job and living in the city. His father's words would be ringing in his head every day on his way to work and back and every time he put a store bought TV dinner in the microwave.

I know what you are thinking..."What if he wants to live in the city and have the things that money can buy?" Of course! That is the beauty of being Human! We have the power and ability to change any definition or Belief that we already have, no matter how, when or where we got it, and make any new one that we want! This is just an over simplified example of a possible effect of an asserted definition, Belief, or value by a parent.

Example Definition by Example is learning what is True and Real, by seeing someone living it. This is an example of someone having fun and being happy in a given circumstance or being unhappy in a given circumstance. This can be a very powerful way of learning definitions of what is valuable and what is not. The learning comes not from the example itself, but, from the "interpretation" of the example. It is the interpretation of the Example that gives it Meaning. This is a very important distinction. In Definition and Beliefs by Assertion, the definition of what was valuable was explained clearly and did not have to be figured out. But, in Definition and Beliefs by Example, just seeing an example is not enough, it must be decided what does this mean? Is this something I should strive for or not?

Let's reconsider the example above of the man living in the woods. Suppose he had a son living with him. The son sees the example of his father working hard every day and not having any of the modern conveniences. Now, this must be interpreted! The son may think "We are poor and have to struggle for everything we have, if only we were rich!" With this interpretation or Meaning, the son would wake up every day and feel bad, unlucky, lacking, needy, and less by comparison to his friends and others because of their lack of the things the others have. Or, the father may interpret/define the values for his son this way "We live like real men! Matching our wits angriest nature and surviving on our own! We are not like the week who have to have those modern conveniences we can do everything ourselves!" With this interpretation or Meaning, the son wakes up every day feeling strong and proud like Tarzan! Ready to take on the challenges of the day full of Self Esteem! And once again Self Esteem is everything! The power to change your life lies in your Definitions and their Meanings.

Another interesting point is that the example doesn’t even have to be real. The example could be a fable or story with a moral such as the story of the three pigs, or a story without a moral at all. People, especially children, learn by examples on TV and the movies all the time. Most parents worry about their children watching violence on TV, but, sheltering them from it is actually more harmful. While I don’t advocate the hard core gore that is out there, most of these shows and movies can be used as Teaching/Defining tools.

This concept is like the immune system. Whenever your body is exposed to something harmful it builds anti-bodies against it. However, studies have shown; if children are sheltered from all diseases and never develop antibodies against them they could die from even the smallest exposure later in life. Remember, it is easier to plant on fresh ground and make new definitions and establish first Meanings, where there were none before, than to change definitions and Meanings already rooted in the mind. With this in mind, you should take every opportunity to watch TV and the movies with your children and guide the defining process to your liking.

A lot of movies these days portray the “Bad Guys” as Heroes. They get respect, the money and the glory. These are all forms of Self Esteem. A child on his own, or with a crowd of his peers, lacking Esteem may see that as a “Role Model” (Definition by Example) to follow. While all role models are examples, what they are examples of is always defined. While watching the movie with the child, you may point out something in the movie and say, “Was that the right thing to do in that situation?” You guide the Defining by example by either saying it was or wasn’t depending on the example, and what you want to accomplish as a parent. Explain as you go during the movie or afterwards, and discuss the characters and what was good and bad about each and why. Yes, this takes work, but, once it is done no matter what they see, their values, meanings, and beliefs are set, and what they see in the movies and in life will automatically fall into previously established categories.

It is not my place or anyone else’s, to tell you what is right or wrong. That would be defining on my part. My only intention is to show you how to easily and effectively accomplish what you want.

Experience Definition by Experience is finding out what is True, Real and Believable, and what is not by your own personal experience. This is a powerful way of gaining new definitions. The definitions and Meanings, automatically come with the proof at the time. When you experience Self Esteem, you have a feeling inside that feels incredible. It’s a wonderful rush of excitement and pleasure. The moment of victory, a pat on the back at a job well done, the love and appreciation of another, all feel great. On the other hand, the feeling of the loss of Esteem, such as losing a game, scolding and criticism, and feeling disliked by someone, are all bad feelings, that are very uncomfortable.

It's only natural that we will always move toward that which gives good feelings of Great Esteem, and away from that which does not. That is Defining our Beliefs and Meanings, by Experience. When a child comes into a room full of adults, and on the spur of the moment does a cartwheel, the adults all applaud and give praise. This feels great to the child. And as we all know there will come a second and third cartwheel to entice more applause! The child has learned firsthand that performing a cart wheel generates attention, Shows off their ability, and gets approval from the adults. Of course, the child has no idea of the many layers of Meanings, and beliefs, a stunt like that generates, just that it felt great and now that is in the category of good things to do! These Meanings and Beliefs were learned by Experience. Definition by Experience needs no faith like assertion, no explanation like example, it is just automatically proved because of the resulting feeling gained. It is a fact! That makes Definition by Experience very powerful.

The same is true for experiences that result in a bad feeling, a loss of Self Esteem. A child attempts a cartwheel and falls flat on the ground, all sprawled out in front of their peers. The peers laugh at them pointing in a disapproving way while at the same time calling them names like "klutz." This would pretty much result in never doing that move again in front of those people anyway. This is a very popular form for children. If you can point out the flaws in another, you appear better by comparison.

Let's consider this situation:

A group of children are walking down a side walk one day when they come upon an abandoned house with an over grown yard full of weeds and tall grass. One boy, while gazing at the dilapidated structure is suddenly sized by the idea of throwing a rock through the second floor window to shatter it. He may have seen it done in the movies or by others, or it may be his own idea just now. He hurtles the rock through the window smashing it to pieces. He then looks to his friends for a reaction to his rather bold actions.

The other children laugh and cheer! One exclaims "Wow, can you throw a rock!" Suddenly they are all throwing rocks!

Of course, when the other children see that throwing rocks through windows will earn you attention and praise from the others (definition and Belief by Example) they can't wait to get in on it themselves and throw their own rocks. However, once they have thrown the rocks themselves and received the attention and praise from the others this becomes Definition by Experience, the most powerful definition of all!

A second group of children are walking down the same side walk, on the same day when they come upon the same exact abandoned house with the over grown yard full of weeds and tall grass. One boy, while gazing at the dilapidated structure is suddenly sized by the idea of throwing a rock through the second floor window to shatter it. He may have seen it done in the movies or by others, or it may be his own idea just now. He hurtles the rock through the window smashing it to pieces. He then looks to his friends for a reaction to his rather bold actions.

One of the other children shouts "what's wrong with you? Were you raised in a barn?" The others look on with shock and disgust! The one who threw the rock has learned (Definition and Beliefs by Experience) that this activity does not go over well with this group. Note: A rock throwing frenzy does NOT occur by the others! Once the others saw (Definition by Example) that throwing rocks through windows receives such scorn by the others, they do not feel inclined to do it themselves.



How Your Beliefs Are Created

METHOD	How It is Acquired	How The Meaning Is Created
Instinct	Biological & Inborn	Meanings Established in the Non-Physical Realm and by Parent's Biological Influence They are Automatically Accepted as Fact
Assertion	"Received" From Others	Meanings Created & Asserted By Others Must Believe the one who is Asserting the Meaning, Must be a "Creditable" Source Needs to be Believed on "Faith"
Example	Personal "Observation"	The "Event or Situation" is "Observed" in Person, Read about, Seen in a Movie, etc. Meaning Must be "Decided" & Created by the "Observer" (GOD Power Used)
Experience	Personal "Experience"	Meaning is Automatically Established by The "Natural Outcome" of the Experience (Unfortunately, The "Default" Meanings are Usually Used and Established as Fact)



Illustration



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These four sources of Beliefs are powerful tools to know. Each one of them has their own benefits and drawbacks, but, they will add greatly to your Knowing. It is important to be aware of your own Beliefs and cultivate the ones that you want and discharge the ones that you don't. As we will see in this next story from Gregg Braden, Beliefs can be more powerful than just affecting how you feel about something; they can actually physically alter your Reality.



#08-06
2:50

A Personal Story from Gregg Braden ³³ In his Book, "The Divine Matrix," he relates a story from his childhood that is particularly relevant here.



One day in his Martial Arts class, his instructor offered a challenge to the entire class. He positioned himself in the middle of the room on the soft floor matt that they would normally practice on. He told them that after he announced that he was ready, they were to try their best to push him over from his sitting position. He indicated that he was ready and the entire class of students began pulling on his arms and pushing him with all their might, and still he didn't budge. Then as a last resort, the entire class lined up on one side of him and all together, pushed in the same direction and still were unable to move their instructor. After the demonstration was over, he explained to the bewildered students, what had just happened. He told them that he had become very relaxed and began to concentrate on an image in his mind. In his mind, he was sitting between two huge mountains with chains attached to each of his hands. In his mind, he was unmovable and no matter how hard the class tried to move him, they were unable to change what he was thinking. ³⁴

It was the Instructor's own thoughts that created his Reality. In his thoughts, he was immovable, and so it was the same in his Reality. He used his GOD Power to change the Meaning of his current situation. The situation had its own Meaning to start with, in the same way that a placebo pill has its own Meaning of being sugar to start with.



Like the [Exercise Video Example, Page 16](#), he could have changed the Meaning of the situation by physically sitting between two mountains and actually chaining himself there. That would have been a difficult to meaning to create physically.

However, as we know, we can change the meaning in our mind just as well, from whatever the current situation is, to one that suits our needs, wants and our purposes. That is exactly what the Instructor did. He used his GOD Power in the same way that you can use yours, to change how he perceived his current situation and was able to elicit a state of being "Immovable," in the same way as the sugar pill elicits healing from the Body. He was aware of where he actually was, but created a different Meaning for it, and thus, he "Perceived himself as immovable," and so he was.

³³ **Gregg Braden** <http://www.greggbraden.com/> For over 22 years, Gregg Braden has searched high mountain villages, remote monasteries and forgotten texts to uncover their timeless secrets. Combining his discoveries with the best science of today, his original research crosses the traditional boundaries of science, history, and religion offering fresh insights into ancient mysteries. In doing so he has redefined our relationship to our inner and outer worlds, while sharing his life-affirming message of hope and possibility. Join Gregg through his highly acclaimed media specials, interviews, seminars, books and CD's as he describes why the greatest epoch of peace, cooperation, and healing is yet to come!



³⁴ Gregg Braden "The Divine Matrix: Bridging Time, Space, Miracles, and Belief" (2006), 240 Pages





#08-07
1:45



Jump To
The
REVIEW
& QUIZ



Jump To
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REVIEW
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8. What is "Reality?"



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- Chapter Review -

- A Reality is a Personal Experience that contains certain Limitations as Well as certain abilities.
- Reality is not a "Shared Experience" but instead an Individual Experience that may or may not have similarities to others.
- Realities are created by Awareness and Beliefs
- Higher Consciousness could be thought of as a Broader Understanding
- Different Levels of "Consciousness" are not just different "View Points," But they also denote the Levels at which you can Create Meaning and affect your World.
- Knowing is the strongest level of Understanding. This is a position that cannot be challenged. "I Know that the Sun Will Rise Tomorrow," is a statement of KNOWING. Knowing is the Foundation of your Reality. Knowing, requires little support and maintenance, because it is seldom challenged.
- Belief, is "Tentative" Knowing. It is a strong confidence. It is second Best to Knowing. Beliefs, may require periodic validations to maintain them
- Beliefs and Definitions are created in four ways, By Instinct where you are born with them, By Assertion where you are told them, By Example where you witness them, and by Experience where you have experienced them.
- Perception is Awareness + Meaning



#08-08
07:32

8. What is "Reality?"



Watch
And
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All

- Chapter Quiz -

1) We Share Our Reality with Who?

- A The Human Race B The Animal Kingdom
 C The Universe D No One

2) Realities are Created by?

- A Your Parents B Your Personal Beliefs C Instinct D All

3) Thinking at a Higher Level of Consciousness Allows You to What?

- A See the Bigger Picture B Create More Powerful Meanings
 C Have more Control Over Your Experience D All

4) Your Beliefs can be Created by:

- A Personal Experience B The Opinions of Another
 C Personal Observations D All

5) Realities Define What?

- A What You Can Do B What You Are Aware of
 C What You Can't Do D All

[Go To Answers on Page 543](#)

9. The Reality of Your Life Experience



We have seen examples and stories proving that we all have different Realities that are as real to us as other realities are real to their owners. These examples were extreme to show that there is no other explanation except a different Reality. The Karate Instructor was in a different Reality. He probably weighed less than 200 pounds, but still a whole class of athletic people could not push him over, as simple as that would seem to be.

There are also very subtle differences in realities that you would never think of. One person can walk in any business and get a job, while another, equal in every way except reality, cannot. Remember, that belief is the foundation that enforces your reality. It is both the one that allows ability and opportunity and also restricts it. If you believe that you can find a job easily, you can.

Reality doesn't just have to do with your Body, it has to do with everything in your World. Just like the Holodeck on Star Trek, the reality that it creates not only creates the bodies (People), but every aspect of the environment including every situation, coincidence, accident, circumstances and miracle.

Nobody wins the lottery without the possibility of winning being in their reality. If you watch the shows about the winners, they always say, "I knew I would win some day. It had to be somebody and that somebody could be me." Every single aspect of your Reality is played out according to your belief map and structure. If you expect the worst, you will always get it. If you expect the best, it will always work out for you in some way.

How to Use Your GOD Power to Create Your Own Reality

This could also be said as how to assign new meaning in your reality to create a new one, or how to change or alter your reality. Your Reality basically expands in four stages. The first stage of reality is awareness. Whether you believe in it or not, it's out there. Then comes the acceptance of it. You accept its existence as valid. Even though, you can't do it, it seems real enough. Then comes a strong belief or Faith in it from your perspective. You can't "experience it" yet, but, it could be possible for you. Then somewhere after that, it becomes knowing, and then it is your Reality.

The two most important aspects to changing your reality are, awareness of what you want to be able to do, and the belief that you can do it. Awareness, can come from a book like this one, or from a dream, or any other source, be it real or imagined. While, awareness is very important, belief is by far the most important aspect to accomplishing the alteration. So, for that reason, it is particularly good if you stick to examples of others who have already done these amazing things like lived a hundred years, made the billion dollars, and are socially successful. For that reason, I have included the sources for most of my materials, so that you can follow up on the ones that you have interest in.



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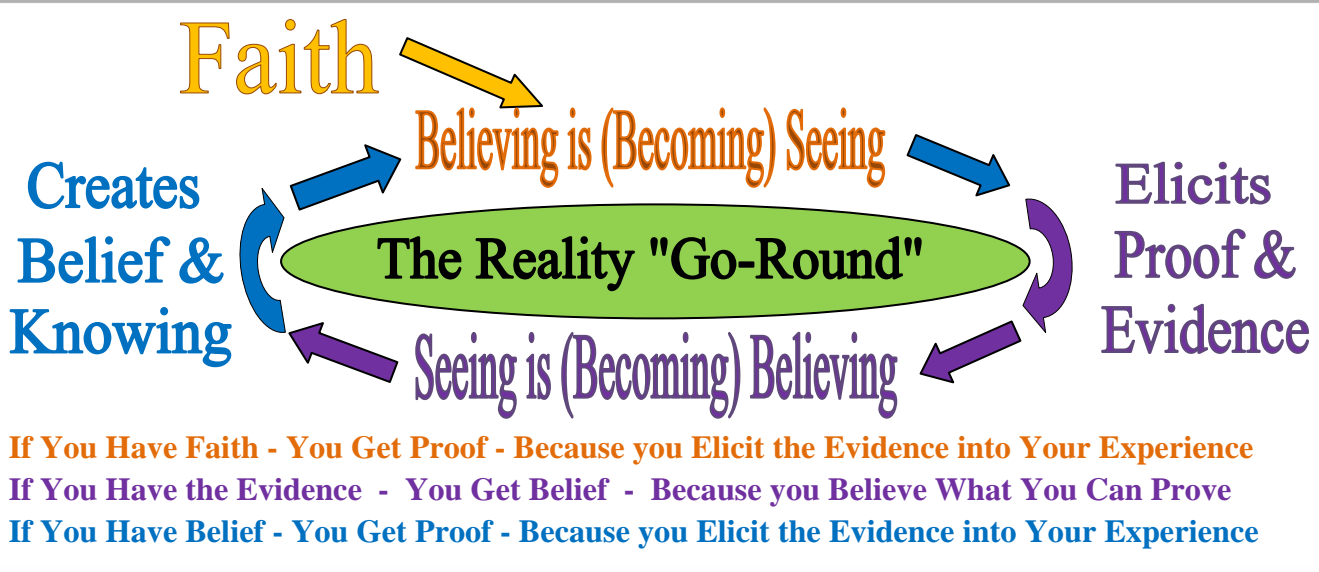
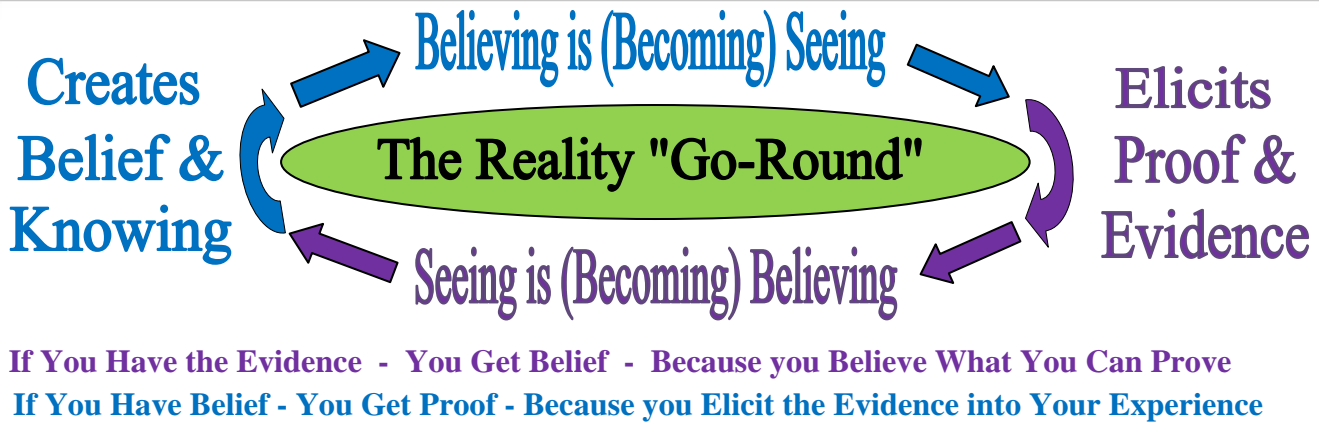
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When you are wanting to expand your Reality to include new abilities and options, it can be hard getting started because you don't already believe in these new abilities. However, you can introduce them into your Reality by Faith. Faith is the key to Your Reality Expansion.

The Power and Extreme Importance of "Faith"  **Share This**


Remembering that Reality is a function of Belief, anything that we really believe is an acceptable basis for Physical Reality. Since Belief is the basis of our Reality, then our Reality must be believable, and in order to be Believable it must be "Realistic" so that we believe it and it therefore becomes Reality. Interestingly, if it's not believable, it's not "Realistic," and if it's not "Realistic," it's not Reality, and if it's not Reality, it's not Believable. Seeing is (Becoming) Believing



This circle just goes round and round. That's why; it is very hard to get something new into your Reality. That is the power of "Faith." It is only with faith that you can grant "belief," before proof. You give your belief to it before you would have actually believed it normally, and then



 #09-02
10:10

 Explain
Illustration
#09-02-i1
9:00



once you believe it without the normal realistic proof, then your Reality brings the proof that it is real. You have to believe it first, for it to become real. Until you first believe it, you can't see it or experience it in your reality. Faith is the doorway that gets something new into your "Reality."

I was having a conversation with my brother, Bob, on this subject of Faith when he said the most profound thing to me which was that Cultures all over the World practice faith and teach their children to believe in things they cannot see. All over the World, children are taught about Santa Clause, the Tooth Fairy, the Easter Bunny, and countless other myths and traditions that involve someone or something that they cannot or will not ever see, but, must believe in anyway. He continued by saying that unlike the children's Faith in God, their Faith in the tooth Fairy, The Easter Bunny & Santa Clause, to name a few, is validated by the evidence of the gifts that they receive. When they are first taught about Santa Clause, it seems unbelievable, but, sure enough, it becomes true. Teaching Children to have Faith in the unseen indoctrinates them, and gives them practice, in the concept of Faith.

There must be a good reason why so many Faith based characters, have developed in every culture around the World. It's not like these cultures have planned to dream up these characters to fake out their children. But, somehow it just seems so important for them to perpetuate these myths. Parents go to great effort, to convince their children that these characters are Real, even though you can't see them. Now you know why. Children must be taught to have faith in the unseen and the unknown, because Faith is the only way to create new aspects of your Reality. Faith is the basis and the only way to exercise your GOD Power. Without the faith and belief in your own "Meanings," they are powerless and meaningless. The bible says, "If you have but the faith of a mustard seed, you can move mountains." Nothing could be truer. Anything you can bring into your reality First by Faith, you can experience later by fact.

If you didn't have the Faith in the Placebo, you would never have gotten to the proof stage, which then makes it Reality. If the "Alligator Skinned" Boy and his Doctor didn't have faith in hypnosis, before they had the proof of it, they would never have gotten to the proof stage. They had to have Faith first, and then they would receive the proof as a direct result of believing first. In all these cases, you could never have gotten proof first. It had to be Faith first, then proof.

However, you not only need to believe and have faith in yourself, to change your own reality, but you must also believe and have faith in others as well. If you can't bring yourself to believe that people can do amazing things that defy logic and what you believe, then you can't and won't experience profound changes in your reality either. Because, as you believe that it is possible for another, and that they have led the way, then it gives you more confidence in your own ability to alter your Reality as well.

Doubt can be a powerful foe or a powerful ally as well. Doubt has the ability to erode the foundation of anything that it is matched against, like the sea washing up against a sand castle. I heard Tony Robbins explain this one time and I have never forgotten it. He said that if you are

up against a strong belief that is holding you back, just start by doubting the belief. Beliefs are hard to break head on, but if you just cast a little doubt on them, they begin to erode.

If you believe that it would be impossible for you to accomplish something, then just start with something like, "I doubt that's true, after all there is nothing that is always absolutely impossible. After all, someone somewhere probably has done it or something like it, I'm sure." Soon, reasons will be coming to mind that support your doubt, and before long, by using doubt, you will not only believe that you can do it, but you will be certain of it.



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#09-03
03:58

Why Does There Seem To Be More Religious Examples of Expanded Realities and Miracles?

This is a very simple question to answer. Remember that "Reality begets Belief, which begets Reality." It is a closed loop that is self-perpetuating and maintains a very steady and consistent life experience. You first look at your "Reality," and you can see what is real and what is not. You then easily believe the things that are real and disbelieve those that are not. From your place of Belief, you resonate only with that which you believe. That causes only evidence of what you believe, to stand out from the rest, be noticed by you and come into focus, while everything else "blur's into the background." There are plenty of very real things in the background, but you can't see them and never will from your current point of view.

So how do you get something into your reality that isn't already there? Well, the easiest way, is "Faith." Faith is a belief in something that might not have any proof or way of proving itself. However, if you allow yourself to even have the slightest belief, based on faith alone, then once it is in your beliefs, it will get to resonate like the rest of your beliefs, and light up the evidence of its existence for you to see. It was always there, but you just never noticed it. Faith is the quick ticket into your Belief-Reality endless loop.

The thing about "Faith" is that it's already the basis of religious doctrines from the start. All religions are based on faith and faith is the one main requisite to have a religion. Religiously oriented people already are used to believing and having faith in something they can't see, and don't have proof of, especially as it is related to their personal religion. It is easy for the faithful followers of a religion to believe that GOD will grant them a miracle, and that it could happen for them. This is especially true, if there is some sort of ceremony, or special location where miracles take place or have been known to take place. They simply believe it is possible to be healed on Faith, and so they change the meaning of their incurable disease to one that can be cured by GOD, and end up eliciting a cure from themselves by their own belief.

However, Physics and psychology don't have the same advantage with "Faithful" followers. They are held to a much stricter standard unfortunately. When a Physicist says, "I can accomplish this kind of a chemical reaction," the people say, "Prove it! Show me the results and prove that there was no possible way that the results could be forged or misread." This is especially true of their peers.

Even though, the different religious Faiths may believe in a different set of "Rules" or conduct or procedure, no one religion would ever doubt or discredit the power of faith and belief. In that regard, they all support each other very well. This is a very good thing because if we didn't have this really huge "System" that teaches and convinces people to have faith in the unseen, there would be a whole lot less examples of expanded reality, and miracles occurring.

Video Example – Infectious Healing Revival


#09-04
01:41



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Infectious Healing Revival³⁵ (6:01) (View All)



³⁵ Video Details are posted by the Video Owner on YouTube.

What is this video about?

In this Video Example, Todd Bentley, a Revivalist in the Ignited Church ³⁶ in Lakeland Florida, performs Instant Miracle Healings every night. There are stories of Cancer patients that are able to walk after being confined to a wheelchair, a woman who had back surgery could bend over and discard her narcotic prescriptions and countless other amazing stories. This Revival was being broadcast Worldwide and on the internet as well. There are many other stories of healing as a result of this Revival, from around the World.

What does this example show and what does it mean?

This Video Example demonstrates People's amazing belief in GOD's ability to Heal people instantly. The ability comes through certain ministry personnel who are able to channel the healing to the people who want it which is the belief that they use.

The main purpose of this Video, is to show that people are getting healed all the time on Faith alone. Of course, in this example it is the Faith in GOD. This is proof on the power of "Faith." This same power of "Faith" can be seen when a Doctor, tells you that the pill he is about to give you will Heal you. Whether it is your Faith in GOD or your Faith in the Pill that the Doctor gave you, it is still the power of a change in Meaning that is believed whole heartedly, without the physical evidence to back it up. It reminds me of the old saying, "If you believe, you shall receive."



#09-05
03:45

In this next Video Example, a Church has inspired its members to find people to heal on their own. They are constantly on the lookout for people with hearing aids, or in wheel chairs and any sign of health problems, because they believe they each have the power to heal.

³⁶ http://www.ignitedchurch.com/?page_id=5

Stephen R. Strader is the Senior Pastor of Ignited Church of Lakeland, Florida. Ignited Church was formed in December of 2005. Pastor Stephen was born again at the age of 8 and was baptized in the Holy Spirit and called into the ministry at the age of 12. He entered the ministry at the age of 18. He married his lovely wife, Janice, in August 1977. He worked as an associate pastor at the Carpenter's Home Church, in Lakeland, Florida, from 1978 to 2005. Stephen's father, Karl D. Strader, was the Senior Pastor of that church.



Video Example – We All Have the Power to Heal



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We All Have the Power to Heal (5:34) (View All)



What is this video about?

In this Video Example, Bethel Church in Redding California ³⁷, has experienced an overwhelming number of Miracle Healings, from minor injuries to Cancer. The thing that makes this so interesting is that it is not the Clergy that are performing these so called miracles, but instead, it is the congregation of the Church.

One of the amazing stories in this Video is a baby girl that was born 6 weeks early and had a hole in her heart and the blood wasn't flowing right. The town got a prayer chain going who were praying for the little baby girl. The Doctor, who didn't believe in Miracles, was watching the hole in the baby's heart when he suddenly shouted out, "Would you look at that! This Heart is healing right here in front of me!" The Doctor, the baby's Mother and Grandfather all watched the heart heal right before their eyes on the ultrasound monitor. The baby is fine now and has a perfect heart.

³⁷ Bethel Church in Redding California - Healing - An Adventure into the Impossible - Bill Johnson
<http://www.ibethel.org/features/journal/11/Healing---An-Adventure-into-the-Impossible/Bill-Johnson>

How to join the adventure . . . Since 1995 we have seen several thousand people healed from various afflictions and diseases. In recent months a shift has taken place where we are now seeing more healed in public places than in church services. The church is learning to be the church. In our adventure to embrace this part of the Great Commission, there have been several things we teach and model for those who desire an increase in the supernatural ministry as commissioned by Jesus.



In Another story, a church member spontaneously healed three different people in a grocery store while he was shopping. It was sort of a “Healing Frenzy.” He believed that he could do it and he did.

The people in this town spend their time looking for people to try to heal. They are so excited about the healings that are happening all over town, they all want to get in on it.

What does this example show and what does it mean?

The importance of this Video Example is that if you believe that you can heal someone, you probably can. As the other members of the Church have their successes with healing, it only serves to inspire confidence in the rest of the congregation. They have a basis for their belief, and that is that GOD and Jesus are working through them to affect these healings, and so it works.

The same kind of “Resort to Higher Power/Authority” works for Doctors when they tell you that they are giving you powerful medicine. In all these cases, it is the belief in the asserted Meaning, “I will be Healed,” that is the basis for the healing.

Most all of these kinds of miracles, are the result of Religious efforts. No one that I know of goes around offering to heal someone in the name of Earth, or The United States, or a Corporation.

Most people don’t have enough “Faith” in themselves to create their own healing. They need some outside “Power” that they can believe in, to do it for them. That outside “Power” could be the Doctor with his powerful medicine (which is really a fake Placebo), or by a powerful miracle done in the name of GOD. It doesn’t matter which way you accomplish your own miracle, whether you have enough faith in yourself to do it, or you rely on the Doctor or GOD, as long as you have the Faith and belief that you can be healed, that is all that really matters.

So, if you are one of those people with a strong faith through your own religious beliefs, use it and make it work for you. You can do anything with GOD’s help. Use these examples in this book to realize that all things are possible, and from your point of view, you can accomplish anything and everything through GOD.



#09-06
05:01

Video Example - Lourdes France, Miracle City



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[Lourdes: Miracle City - France \(14:47\) \(View All\)](#)



What is this video about?

This Video Example is about a special town in France. Lourdes, France³⁸ is Roman Catholic's biggest attraction second only to the Vatican. They have 8 million visitors per year. 150 years ago, Bernadette heard the rustle of a wind and felt something and then had a vision of a woman dressed in white who spoke to her. Ever since that time, people have been coming to these springs and experiencing Miracle Healings.

In the 1980's Doctors pronounced Irishman Peadar Clarke incurable. He has had M.S. throughout his body and he was told he had only 4 years to live. He came to Lourdes France as a last resort, hoping for a miracle healing like so many before him.

In June 1989, after he came to Lourdes, something incredible happened. He had a vision of the Virgin Mary in his hotel room and he found himself standing with his arms outstretched and realized that he was already healing. He said that he had experienced a miracle healing.

³⁸ Lourdes, France <http://en.wikipedia.org/wiki/Lourdes> Lourdes (Occitan: Lorda) is a commune in the Hautes-Pyrénées department in the Midi-Pyrénées region in south-western France. Lourdes is a small market town lying in the foothills of the Pyrenees, famous for the Marian apparitions of Our Lady of Lourdes that are reported to have occurred in 1858 to Bernadette Soubirous. At that time, the most prominent feature of the town was the fortified castle that rises up from a rocky escarpment at its centre.

While there are thousands of claims of miracle cures that resulted from visits to the sacred springs, the church is very careful and particular as to what it will call a miracle. There must be plenty of medical evidence of the condition prior to the experienced miracle, and then there must be a rapid healing that has no other possible explanation. So far, the church has validated and granted Miracle status to 67 accounts of spontaneous healings.

What does this example show and what does it mean?

While they have only granted Miracle status to 67 cases, they say there could be many times more cases that would qualify. Many receive their healing and leave without reporting their case. Others who would have reported their cases did not because of the tremendous amount of paperwork and cross examinations that they have to endure to become validated. Still others that would have otherwise qualified didn't have the prior documentation required. Still, this Video Example, is powerful proof that belief and faith have the power to cure.

There are many cases of miracle healing from the springs of Lourdes France. This next account is one of the most famous and well known.

In 1962 a man named Vittorio Michelli was admitted to the Military Hospital of Verona, Italy, with a large cancerous tumor on his left hip So dire was his prognosis that he was sent home without treatment, and within ten months his hip had completely disintegrated, leaving the bone of his upper leg floating in nothing more than a mass of soft tissue. He was, quite literally, falling apart. As a last resort he traveled to Lourdes and had himself bathed in the spring (by this time he was in a plaster cast, and his movements were quite restricted).

Immediately on entering the water he had a sensation of heat moving through his body. After the bath his appetite returned and he felt renewed energy. He had several more baths and then returned home. Over the course of the next month he felt such an increasing sense of well-being he insisted his doctors X-ray him again. They discovered his tumor was smaller. They were so intrigued they documented every step in this improvement. It was a good thing because after Michelli's tumor disappeared, his bone began to regenerate, and the medical community generally views this as an impossibility

A dossier on Michelli's case was sent to the *Vatican's Medical Commission*, an international panel of doctors set up to investigate such matters, and after examining the evidence the commission decided Michelli had indeed experienced a miracle. As the commission stated in its official report, "A remarkable reconstruction of the iliac bone and cavity has taken place. The X rays made in 1964, 1965, 1968 and 1969 confirm categorically and without doubt that an unforeseen and even overwhelming bone reconstruction has taken place of a type unknown in the annals of world medicine."³⁹

³⁹ O'Regan, Special Report, p. 9.

The Reality of Free Will vs. Fate



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Illustration



#09-07
06:01

We have many Religiously oriented Miracle cures because of Faith. However, Faith is sometimes associated with "Fate."⁴⁰ You are either destined to be healed or you are not. In the old days, and in some Religions still today, the sick receive no special Medicine because they are supposed be "Destined" to live or die by Fate. It is "GOD's Will" they say. So is there such thing as "Fate" that things are going to happen a certain way no matter what, or do we have Free Will to Decide our own futures as we wish?

Which is it, do we have free will or is it just Fate? The answer is that it is both. We have Free Will and at the same time we are governed by Fate. I know that sounds weird and it doesn't even make sense, but let's look at this in a systematic and logical way.

First, you do have Free Will. That is the whole basis of this Book! You have your GOD Power to change anything and assign new Meanings at will. Even Quantum Physics confirms that the Observer is the "Chooser" and the one who causes a single result to occur from the sea of unlimited possibilities. At any moment you can choose one color or another and the very next moment change your mind and choose something else. Your entire life experience is a result of your own choices which started from before your birth when you were still only a non physical being and not yet focused into the physical World of experience. So the first Answer is a resounding YES!!!! You do have Free Will!

However, even though you do have free will you are still completely in the hands of Fate. How can this be that on the one hand you have absolute Free Will, and yet, you life experience is still governed by Fate? That is simple. Remember our old friend Resonance? You first have Free Will to assign Meanings and change them at will, sure enough, but, from that moment on, you are governed by the Fate of your own decisions and Meanings. You make the choices, and then until and unless you change them, you will have a certain Fate that is the natural result of those Free Will Decisions. Remember, everything is always in motion and never finished but constantly "Evolving" into your Life Experience. From the Moment of your Decisions and the resulting Meanings that you have created, your Destined Fate began to form and take shape. Your Fate , could result in an experience in the next five minutes or an experience 20 years from now, but, it is forming and in the process none the less.

⁴⁰ Fate: <http://www.merriam-webster.com/dictionary/fate> Main Entry: 1fate **Pronunciation:** \fāt\ **Function:** noun Etymology: Middle English, from Middle French or Latin; Middle French, from Latin fatum, literally, what has been spoken, from neuter of fatus, past participle of fari to speak —**Date:** 14th century **1** : the will or principle or determining cause by which things in general are believed to come to be as they are or events to happen as they do : destiny **2** a : an inevitable and often adverse outcome, condition, or end b : disaster; especially : death **3** a : final outcome b : the expected result of normal development <prospective fate of embryonic cells> c : the circumstances that befall someone or something <did not know the fate of her former classmates> **4** plural capitalized : the three goddesses who determine the course of human life in classical mythology

This is why there is always a debate over whether we truly have Free Will or are just the "Victims" of Fate , because both are true and at any given moment a case can be made for either. When the Dog owner decided to go home, he exercised his free will to do so. However, by making that decision, he created a certain Fate that he would soon experience when he got home. His Dog would be greeting him at the door full of love and appreciation. However, the decision to take the cat to the Vet would create the eventual Fate , of having to find the hiding cat. Those two "Free Will" decisions would each create a certain "Fate" that he would sooner or later face. If at any moment he changed his mind, thereby creating a new meaning, then the cat would not be hiding and the Dog would still be sleeping.

People who believe that, "Nothing ever works for me," or that, "Good things are always happening for me," are creating their own Fate s. When you worry about disease or talk about crime or the bad economy all the time or worry about anything, you are creating your own Fate. You have the Free Will to think these things, and you will have the Fate to receive them.

The moment you have created Meaning of any kind, you created a certain Frequency. That Frequency emanated from you at a speed faster than the speed of Light and is Resonating with everything that is similar to it in any way throughout the Universe. As it Resonates and interacts with the Universe it is in the process at all times, as long as it is an "Active" Vibration, eliciting ideas, experiences and events into your life. That is your Fate. Those "Active Vibrations are constantly eliciting more and more into your experience, and there is no avoiding that Fate. However, the moment you have changed your "Active Vibrations" to something different, by changing their meaning, then you will still have an "Unavoidable Fate ," but, it will be a different one now.

You will always have Free Will and you will always have a certain Fate that is coming your way that you have created by your "Active Vibrations."



*"While We Are Destined To
Experience the Results of Fate,
We Have the Free Will to
Decide What Our Fates Will Be."*

R.L.M.



Illustration



9. The Reality of Your Life Experience

- Chapter Review –



#09-08
01:56

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- Realities encompass every single aspect of your experience.
- You Create Your Reality by Your GOD Power Which Asserts Meaning, Which Then Elicits Experience and Thereby Creates and Proves Your Reality.
- Faith Grants Belief Before You Have the Proof. Without Belief or Faith in your Meanings First, they will NEVER Elicit and Provide Evidence of Their Own Reality.
- Faith is Vitally Important Because without it, Your Reality Would Remain Unchanged
- There are many Religious Examples of Expended Realities Because Faith is the Basis of Religion. Since Religious People Already Have Faith in the Unproven, They Naturally Experience More Instances of Miracles
- You Have Free Will Which Then Dictates Your Fate. First You Create Meanings and Beliefs by Your Free Will, Which Then Cause a Certain Resulting Experience to be Elicited From Your World, Which is Your Fate.
- While You are Destined To Experience the Fate That Results From Your Decisions and Meanings, You Can at Any Moment, Assert New Meanings and Create New Beliefs, Which Will Instantly Alter Your Fate in a New Direction, Good or Bad
- Fate Can be Thought of as the Eventual and Unavoidable Future Expression of Your Current Meanings, whether it is Good or Bad



Jump To
The
REVIEW
& QUIZ



Jump To
The
REVIEW
& QUIZ



#09-09
11:12

9. The Reality of Your Life Experience

- Chapter Quiz -



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1) Your GOD Power Creates Your Life Experience How?

- A It Creates Meanings Which Elicit Certain Outcomes
- B It Changes Meanings Which Changes Your Experiences
- C It Creates Meanings Which Dictate Your Fate
- D All

2) Faith is So Vitally Important to Reality Creation Because?

- A It Allows a New Experience to Elicit Proof of Itself
- B It is Religious
- C It Makes Decisions
- D It Offers Proof Before Belief

3) There Are Many Examples of Religious Miracles Because?

- A They Deserve Them
- B They Have the Faith to Believe in Them
- C They Go to Church on Sunday
- D God Favors the Religious

4) You Have Created a Certain Destiny or Fate for Yourself by

- A Using Your Free Will
- B Using Your GOD Power
- C Making Decisions
- D All

5) Your Fate is

- A Set in Stone and Unchangeable
- B Can be Changed at Any Moment That You Decide

[Go To Answers on Page 544](#)



1 2



3 4 5



Entire
Chapter
9:40:12



#10-01
04:29



Slide Show
Presentation
Chapter #10
Part 1 of 9
63:00+



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10. The Reality of Your Body as a Representation

Every scientist has always said that our body and the World around us is an illusion, a figment of our imaginations. Most people think "So what," and I agree. If I were them, I would feel the same way. What use is it to know this information? Who cares? To me, it is useless to know that information unless it helps you in some way have a better life experience. In this section, not only am I going to say the same things that you have heard a hundred times, that your Body is just an imaginary projection, but, I'm going to show you how you can use that information to change your reality and improve your life.

It will be easiest to start out by explaining the actual Reality of your Body. Your body is an amazing, spectacular work of "art." I say "art," because it is only for show and it has no real function. It is an amazingly complex work of art that has billions and billions of moving and functioning parts, which in the end, is still only for show and display, and has no real function. It is an amazing complex "physical representation" of the real thing, which actually is nonphysical in nature. In other words, your body is only a projected physical representation of the real thing which is an "Energy Field." Naturally, something that is a "Representation" doesn't in itself "Function," but instead represents that which is actually "Functioning." In our case, that would be our "Energy Form" or "Energy Body."

Yes I know, that you can feel and see with it, and if you get cut, you bleed, and all that. That is what you are supposed to think. Thank God for that. Just like a Ventriloquist wants you to believe that his "Dummy" is really talking, and even though it looks and sounds like he is, in the end, he is not. It is all an illusion. It is a wonderful illusion that we all signed up for, and really wanted when we got here, in this physical experience. However, some of us want to see "behind the red curtain," and really understand how it all works. That includes you. Because if you weren't interested in Knowing how things really work, you wouldn't be reading this book.



Flash Movie
Presentation
Chapter #10
Part 1 of 9
1:06:11+

I'm going to start from the basics, and build as we go. First we need to really understand what "Representation" is.

Representations Representations are examples, symbols, objects, pictures, people, animals, thoughts, names, identifiers, pointers, and definitions that refer to a specific ENERGY Field, or a specific Meaning, which could be a "Sub-set" of another larger Host Field, or greater Meaning. A "Morphic Resonant Field" if you will. Most energy fields are members of a larger field and they themselves host smaller more specific energy fields which could be called sub-sets of the host field. We are only representations, or identifiers of what we really are, which is really only energy. Specifically, we are a certain Energy Field, (An Essence).

The concept of Representations is so important that I am going to explain it with four different analogies so that you will have a crystal clear understanding of how they work. I will compare them to a computer music player (Software), a Character on the Star Trek Holodeck, an Avatar in the Virtual World "Second Life, and finally as a Marionette Puppet.



1) The Computer Music Player (Software) as a Representation

❤️ Share This

#10-02
6:41

If you have a computer or have used one, this example will help explain representations further. In the "Old Days," we listened to music on the radio and even record players, and by the way, who remembers the 8-tracks? These were all very mechanical devices for the most part. When you pushed a button, you really pushed one. When you turned on the device, a real light came on to show you that it was powered up. You really turned a dial, and it really moved from one place to another. But, even though they were mostly mechanical devices, they still had some representations on them. For instance, when you turned the tuning dial on the radio, a needle moved across a series of numbers "Representing" the frequency that the radio was being tuned to. While the needle didn't actually do any tuning itself, it showed you what was going on.

NOTE: We are going to revisit this idea of Representations using a clock Radio, (the old kind) in the last section of this chapter called "**Representations and Their Relationships.**" By that time, we will have a lot more information to work with and it is going to be very interesting. Until then...



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Today, we have music players on our computers. Everything about the "Player" is a representation. Nothing is "Real." No real buttons to push. No real tuning dials, nor tracks on a record or tape. It's all represented on the screen of the computer. And, when you want to turn on the player to start the music, you don't reach up and push the button on the screen, you only represent that you pushed the button by clicking in the right place with your computer mouse.

How To Use Your GOD Power - "The Master's Course"

So, the mouse represents your finger, and the computer screen represents the music player and music comes out the speakers as if it were a real record player. When you turn on the player, a light turns on to show it is powered up. But the light is just a picture of a green spot where there was a picture of a black spot before. It's not a real light. It is only a representation. The player on the screen is no more than a drawing, a picture, a work of art. It in itself has no function what so ever. It may have "Lights" that turn on and dials that move, and bouncing lights which in the end are still only pictures that are presented on the screen at the appropriate time to represent something that you will recognize as a functioning music player. Yet, we "Interact" with this picture on the computer screen, as if it were a real music player.



Computer Music Players that you use to play Music on your Computer. These are 4 different "Skins" that you can get for your Music Player. It is still the same Music Player underneath, but how it is "Represented on the Computer Screen can be drastically Altered at the click of your Mouse. Notice how realistic the buttons look. They are just pictures, but you can push them with your computer controls just like they were real buttons. You can "Push" the volume slide as if it were a real slide.

Now, let's play with this representation some more to really understand this concept. If the player is up on the screen, but something else you have running on the computer, is in front of it, you can't "push" the play button. Even if your mouse is in the right spot, representing your finger perfectly, the player's is not being represented, so you can't start the music. What if something happened to your display software and that part of the player was missing altogether? If the representation is missing, you can't use it any more. In fact if there were any part of the player that was missing or disabled, it could no longer be used. What if the player was "Represented" in a different place on the computer screen? You would have to represent your finger in a different place if you wanted to turn it on.

It is important to realize that these representations are a two way street. You first represent that you turned on the player by clicking on its representative button, and then it responds by representing that it is on, by turning on the power light (a picture of a green dot) and playing the music. Every time you perform a representative "action" it responds with the appropriate, represented, response.

All the action, that actual "work," is happening in the computer memory and processor. It is invisible to you and even if you could "See it" it would be indecipherable to you. It would be millions of ones and zeros streaming by. There would be nothing that looked like a record or tape. Nothing would look like a power light, or a tuning dial. Only millions of ones and zeros zooming by, in fractions of a second. But that's O.K. because; you don't need to know how all that works behind the scenes, you only need to know how to work with the representations, and you do that quite well. In fact, the player on the computer screen is as real as any radio or music player you have ever had and even better even though, it is only a "Picture" on a computer screen.

So, is the music player on the computer screen real or not? Representations are Real, as real as you need them to be. They actually accomplish what they are supposed to accomplish. They can be operated easily, and respond perfectly every time. That is very Realistic. And according to our definition, this must be reality, because it is something that you can personally experience.

2) Star Trek Holodeck Characters as Representations



#10-03
11:02

Every single thing in our Physical Life experience is Represented as physical, even though in Reality it is only Energy. This includes all Life and all Matter. The "Holodeck" on Star Trek ⁴¹ is similar in that it represents every single thing as physical when it is in fact just a Hologram projected from the Computer. That includes all Life and all Matter. There are people who are represented by the computer, that look real and act real and even bleed if you cut them as if they were real. The Holodeck Computer projects Matter such as a chair that not only looks Real, but it can be sat on and used as if it were a real chair. But, in the end, they are only streams of millions and millions of ones and zeros, streaming by in the computer processor.

While the Images and representations on Star Trek's Holodeck, are Fictional, they very closely Represent how life really works. Of course our representations aren't generated by a computer, but instead, by a Morphic Resonant Energy Field, that is invisible to our senses, but, is more real than the Physically Represented Projection that we experience.

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⁴¹ Star Trek Holodeck <http://en.wikipedia.org/wiki/Holodeck> A **holodeck** is a simulated reality facility located on starships and starbases in the fictional Star Trek universe. An episode of *Star Trek: The Animated Series*, "The Practical Joker", formed the groundwork for the idea in the 1970s by portraying a recreation room capable of holographic simulations. The holodeck was first seen in the pilot episode of *Star Trek: The Next Generation*, "Encounter at Farpoint". The concept of a holodeck was first shown to humans through an encounter with the Xyrillian race in the *Star Trek: Enterprise* episode "Unexpected".

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Now, let's go step by step, describing how the Human Representation system called a Body, actually works. The best way to visualize this is to think in terms of the Holodeck on Star Trek, because it is the closest depiction of actual Reality that I have seen.

For those of you who haven't watched Star Trek, The next Generation, I will fully explain the Holodeck in detail, what it is and how it works. It is a room where the computer is able to project three dimensional holographic images that are not only lifelike, but realistic in every way. This computer generated environment (World), can emulate any "Real World" scene wanted by the computer operator. It can project everything from Humans to mountains, to buildings and cars, and everything else you can imagine. These images are projected in such a way, that a "Real" person can walk through and amongst these images and depictions and interact with them, in a very "Realistic" way, as if they were real. They use the amazing capabilities of this Holodeck for entertainment, education, and unusual experiments that they would never try in a real World setting.

In the next Video Example, you will see a segment of a Star Trek Show that features the Holodeck.

Video Example - Star Trek Holodeck

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[The Holodeck \(5:32\) \(View All\)](#)



What is this video about?

In this Video Example, the "Holodeck" has just been upgraded and improved by two little computer experts. The second in command William T. Riker, played by Jonathan Frakes, visits the Holodeck to check out and experience the new improvements.

He asks the computer to generate a Jazz Bar scene, in New Orleans, Louisiana for the year 1958. The Jazz band suddenly appears from nowhere. He then asks for an audience, and finally selects a beautiful Brunette who is to be his date in this factious environment. The band begins to play some music as the scene unfolds and he gets to know this computer generated woman. He speaks his now famous line, "What's A Knock-Out like you, doing in a computer generated Gin-Joint like this?"

What does this example show and what does it mean?

This Video Example demonstrated the idea that the computer generated holographic characters are indistinguishable from the real life people. In the scene, it would be hard, if not impossible, to tell who is "Real" and who is not. The representations generated by the computer are so real in every way that they easily pass as the real thing.

We are so real in every way that we also pass as the real thing. In fact we are so realistic in every way that we even pass as the real thing to ourselves. The biggest difference between the computer generated characters on Star Trek's "Holodeck" is that we are generated by something far more powerful than a computer; we are created by the infinite intelligence of the Universe and we think and believe that we are really Physical.

Using our Star Trek Holodeck analogy, we will start with a computer (Energy Field) generated Human Being. Let's call him "Rick the Representation," or Rick for short. When Rick, the computer generated image, is reading a book on the Holodeck, what is actually happening, is Rick's eyes are seeing words. However, the computer already knows the whole book that is "Being Read" by Rick, in fact Rick, at the energy level already knows the whole book because the book is also generated by the same computer. But, In order to keep this very "realistic," to make this Holodeck a believable reality, he should only know the words that are in front of his eyes. So as these words are re-presented as seen, then Rick's computer represented brain, lights up, just like the computer music player, as if a nerve pathway was really being triggered. The Visual Cortex in the Holodeck generated character, shows activity as if it is really seeing the book, but it is not. The whole scene is generated to be seamless and appear as if the representations are real. So every detail of the projection is "Realistic" so that it is believable. But actually, this computer generated and projected Brain has not seen a thing. The eyes, like the brain and every other part of his Body, are just a nice work of display art. It displays perfectly coordinated displays of activity and response that seem so real to us and make sense to out immersed thinking.

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This reminds me of a clear plastic engine model that my Grandfather gave me when I was a kid. It was a V-8 car Motor ⁴² that would turn and look like it was running. With the clear plastic, you could see inside the cylinders and see the pistons going up and down, with little red lights to represent the spark plugs firing. But even though, it had "All the right parts" and they all looked and seemed like they were interacting with each other in the proper way, and running, the plastic engine model, in the end, was only representing a motor running, but it wasn't actually running.



If you were to put a blind fold over our Computer Generated Representation (The Holodeck Character, Rick), he should not be able to see or read. So when the blindfold is applied, sure enough, our computer generated Character cannot see. But, is that real? No, it is not. Because since the computer generated everything there is to see including the book, then, the computer doesn't need to see through the fake eyes of the computer generation. It doesn't need the light rays bouncing off the book page to enter the eye and be translated into nerve signals and register an image in the brain. That never really happened in the first place. It was only represented to look and seem that way.

If seeing is really done at the energy level (and it is), and the eyes are only for our "Physical (Realistic) Reality Experience" (and they are), then he should be able to see anyway. Right? If we are only pretending to see with our eyes, and in reality, we are seeing at the energy level, then we don't even need our eyes to see. Right? But, then why is it that when we lose our eyes we can't see any more? That is because, we have represented a meaning that we can no longer see, and it makes perfect sense that we have an equal and perfectly "Realistic" representation of blindness. If we poked out the eyes of our Holodeck Character, if the Holodeck is going to be Realistic, we would expect that he will no longer be able to see. After all, seeing comes from the eyes and if we no longer have eyes it would be "realistic" to have a result of no longer seeing. And sure enough, since the Holodeck, is programmed to imitate Reality and create a "Realistic" Reality, when the character no longer has eyes, he can no longer see. That sure makes us feel comfortable. We like it when things work out the way we think they should. When Reality matches what we think reality is. If our Holodeck Character was still able to see and read a book anyway, we would shout at the screen, "That's not Real! That's not realistic at all. There is something wrong with that Holodeck Program, because it is not portraying what is Real Reality." This is because we KNOW that we can only see with our eyes, and when they are covered or lost, we can no longer see anything. Everyone knows that. That is Reality. Right?

⁴² http://www.anticsonline.co.uk/794_1_1046640.html Revell/Monogram 1/4 Visible V-8 Engine Kit (85-8883)
The Visible V8 engine kit includes How an Auto Engine Works - an illustrated guide to the Visible V-8 Engine as well as an instruction booklet. Turn the hand crank and watch as the interior engine parts move! What better way to see how an internal combustion engine works than to be able to see all of the parts move! As you turn the crank at your own speed, each of the parts move, just like the real thing.

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That has been the viewpoint and belief of Man since the beginning of time. But, now, we are beginning to realize that Reality is not the all pervasive, all encompassing "Force" that we once thought it was. We are not bound by a certain overall reality. With our GOD Power, we are able to create on purpose, or in some cases by accident, our own amazing Realities. Unlike animals, who are bound by a single (mostly ridged) Reality, we are able to assign meaning and change meaning, thus altering our own individual Reality in everything from small changes to drastic alterations.



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3) Avatars as Representations in the Virtual World of "Second Life"⁴³

#10-04
04:04

Avatars are representations of people in computer environments. You can't get into the computer yourself, because you are flesh and bone, and the world of the computer is made of ones and zeros. So, if you want to experience this unique "World" with all of the interesting experiences that it offers, you will need to recreate yourself into a "Form" that will be able to function in the computer World.

⁴³ Official "Second Life" Website: <http://secondlife.com>

Information About It: http://en.wikipedia.org/wiki/Second_Life_Second_Life is a virtual world developed by Linden Lab that launched on June 23, 2003 and is accessible via the Internet. A free client program called the Second Life Viewer enables its users, called Residents, to interact with each other through avatars. Residents can explore, meet other residents, socialize, participate in individual and group activities, and create and trade virtual property and services with one another, or travel throughout the world (which residents refer to as "the grid"). Second Life is for people aged 18 and over, while [Teen Second Life](#) is for people aged 13 to 17.

Your "Being" in the Virtual Computer World is called an Avatar. Even though you have recreated yourself in this Virtual World, you still exist in your Flesh and Bone World simultaneously. In other words, you live in and exist in both World environments at the same time. However, your Flesh and Bone World is in control of your representation and expression in the Virtual World of ones and zeros. While you are still Flesh and Bone and experiencing this World, for the time that you are on the computer, you are "Focused" on your experience in the Virtual World.

This Avatar "Being" is made of the same stuff that everything in the computer world is made of. By expressing yourself as an "Avatar," you can function and have all the Virtual World experiences that you could never have in your flesh and bone World. In this special computer World, you can see other Avatars, buildings, rivers, bunny rabbits and anything else you can imagine. While these things all seem separate and independent, they are all made of the same things, pixels and ones and zeros. You, as your Avatar, are generated and exist in this World in exactly the same way as a tree or a building does. The only difference is the tree's Meaning and definition is that it is stationary and doesn't move around like you do, and the building is also stationary but its representation is that it is made of bricks and cement.

This makes a wonderful analogy for your Representation in this Physical World, here on Earth. Like the Virtual World, in your flesh and bone World you are made of the same things that everything else in this World is made of. You are made of atoms of Carbon, Hydrogen, Oxygen, Nitrogen, and various other atoms arranged into molecules and eventually creating the flesh and bone structure that you know as your body. Buildings and trees are made of the same things as you, but just have different Meanings, and designs.

Every World or Universe has its Particular makeup and everything in that World/Universe, is made of the same uniform building blocks, in the same way, which is the "Format" of that Experience. If you want to have a Virtual World Experience, you have to Represent yourself in the "Format" of that World for that Experience, which is ones and zeros, and Pixels if you will. When you wanted to have an Experience in this Physical World, you had to Represent yourself in the "Format" of this Physical World, which atoms and molecules. You cannot have an Experience in any particular "World Environment" without Representing yourself in the "Format" of that World.

While you are Representing yourself as Pixels in the Virtual World, you are still Physical in this World. In the same way, as you are Representing yourself in this Physical World of atoms and molecules, you are still a non-physical Being in an "Energy World."



#10-05
14:59

This next Video Example, is a more detailed look at what it is really like in a Virtual World, specifically in the Virtual World of "Second Life."

Video Example - Your Second Life Experience



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[Awesome Second Life - Introduction Video \(15:05\) \(View All\)](#)



What is this video about?

This Video Example is an introduction to the Virtual World of Second Life, which is entirely in the computer. It begins at how to set up your free account and what it takes to get started in your new "Second Life." In this "World," you can buy things (With Your Real Money) and even build things. One of the biggest "Businesses" in Second Life is Real Estate development. You can buy a house created by someone else, or build your own house where you can invite other people, "Avatars," to visit.

In this computer generated environment, you are able to create everything about yourself, or should I say your computer representation in Second Life, which is known as an "Avatar." You are able to decide what sex you want to be, your body type, size and proportions. You can select your hair style, skin pigment, and your starting clothing style.

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Everyone in Second Life can move about by walking, running, flying or teleporting from one place to another place instantly which is the preferred method of travel. They also have sports cars and yachts in this Virtual World.

This Video shows all the places that you can go and the kinds of things that you can do in Second Life. You can create and do almost anything in this Virtual World that you can in your Real life World.

The most important aspect of this computerized adventure is that you are in control at all times. You can decide who you want to talk to, what you want to say, and how you want to look and act. In this World, there are literally hundreds of thousands of others who have expressed and represented themselves in this experience. You can see how they look and what they are doing in the same way as you could stand on a street corner and watch other people who have expressed and represented themselves as Humans in this Physical World.

Just like our own "Real" World, you can walk up to anyone you see and start a conversation. You could be meeting someone who lives next door to you (In Real Life) or someone who lives across the World in another country.

What does this example show and what does it mean?

The most important point that this Video Example demonstrates is that in this World you have absolute control of how you look, your sex, and what you do and say. This Example shows us what it is like to have this complete and absolute autonomy over ourselves. We have the same power over our lives in our Real World, but, we have forgotten it. That was as a result of our complete Immersion into this experience.

That is the point of this Video, is that we have the power to change anything and everything about ourselves and our World, if we could and would only believe it.

Set up a free account in this Virtual World, and see what it feels like to create your own Representation exactly the way you would like to be. Take your new represented self around and meet other people and see how they will automatically accept you as you are. Perhaps you will see me there. Play in this World for a while and experience the freedom of expression and creation. Then, begin to create your Reality here in your Real "First Life," just as you have imagined it to be.

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This Video Example shows how much flexibility you have in creating your Avatar Repetitive, and your experiences in the Virtual World. However, there are some huge differences between how we are representing ourselves as Humans and how we are representing ourselves as Avatars. The most striking difference is Consciousness and Autonomy.

We think that our Avatar can be anything that it wants to and do whatever it wants to but it cannot. We as Humans can have the Avatar look any way and do anything we want it to do. The Avatar itself has no independent consciousness of its own. It can't do or decide anything by itself. We aren't as capable as the Universe in making Worlds. Perhaps someday, we may develop "AI" or Artificial Intelligence, to the point where we can infuse our Avatars with a "Mind of their own." However, that would cause some complications. "How would you tell your Avatar that you have decided to leave that world and he is now going to have to die?" But, for now, we don't have to face those Life & Death issues, they are just mindlessly doing whatever we want them to do.

The Universe on the other hand is able to create Worlds, where the Avatar Equivalent,⁴⁴ Humans, are self aware and have their own consciousness. While, we do have some direction from our Higher Selves, we can still go about creating our own experiences pretty much as we choose. There is a price for this self aware consciousness however, it is up to us to change our own experiences and make our own World. The Avatar had the advantage of having its "Higher Self," you and me, do all the creating and environmental changing. This is an advantage because, at the higher level of consciousness, Higher Self Level, we KNOW that we can do anything that we want to and we easily do it. Likewise, at our Higher Self Level, we could remake ourselves and change our World in a flash, but, at our normal level of Immersed Consciousness, it's not that easy, or at least we don't think so.

You are actually a very different kind of "Being" in Reality and at your core. In your natural "Form" of pure energy, you wouldn't be able to experience and enjoy the many experiences that are available in this Physical World. So, like the Avatar you created to get into the Virtual World to experience it, you created a Physical "Avatar," made of Flesh and Bone, so that you could have the wonderful physical experiences in the "Physical" World. Again, just like the "Avatar" example above, we still exist in our "Non-Physical" World, even though we have a Representation and expression in this one as well. During our experience in the Physical, we are still in our "Non-Physical" World, but momentarily "Focused" on our experience here. This is just like the time we are in front of our computer playing in the Computer World of "Second Life," we are still a Human Physical Form, but for the moment, we are totally "Focused" on what we are doing in the Computer World.

⁴⁴ Equivalent 1: equal in force, amount, or value; *also* : equal in area or volume but not superposable
<http://www.merriam-webster.com/dictionary/equivalent>

In exactly the same way that you decided how you were going to look, what sex you would be and what kind of experiences you would have when you entered your Virtual world of Second Life, you made those exact same kinds of plans and decisions before you entered your physical life experience here on Earth. In both cases, you were in charge of planning your own experiences and making all the decisions on your own, before you entered your new Experiences in your "New Worlds."

It is mind boggling to realize that we are Energy Beings who are existing in a "Non-Physical" World from, from which we have expressed and Represented ourselves into a "Physical" World from, from which we have again expressed and represented ourselves into yet another "Virtual" World form in the computer. While we are spending time in our computer World, we are actually, non-physical Beings, representing ourselves as Human Beings in a Physical World, representing ourselves as Avatar Beings in a computer World. Our Non-Physical Being, "Inside", is the director of our experience as Human Beings, in the same way as we, Human Beings, are the directors of our Avatars in the Virtual World. Wild, isn't it?

What happens to your "Avatar" life form when it "Dies?" How would it die anyway? What is the "Format" of the Computer World? First of all, since it is your representation, created by you, and under your direct and total control, how could it die without your permission and desire for it to do so? The simple answer is that it cannot. You have to decide from your broader perspective as a Human that you want to have your "Avatar" die and cease to exist in the Virtual World. This is exactly the same for our physical Life experience. We don't die here in the physical, unless we have already decided to from our Non-physical Level. It may seem like an unexpected thing from our "Immersed Viewpoint," but it is not. How could it be? How could your "Avatar" self in the Computer World of "Second Life" die unexpectedly?

I can see it now..... You log on to the computer and start the program and a message pops up that says that, "Your Computer Representation (NAME), has had an accident and has died. Your account has been closed." You would say, "WHAT THE...???" But that doesn't happen. It can't, you are always in charge of your Representation and expression in that World.

However, if your Avatar Self were self-aware and self conscious like us, and in the same "Immersed" condition, how would you quit playing in that World? He would have to die, and he wouldn't know it was coming, would he? You could run him out in front of a computer generated bus and he could get run over and totally "Pixelated to death." Luckily, our computer Avatars aren't self aware, like we are, and we can just stop logging on. We don't have to figure out some way to kill off our Creation/Representation to stop playing in that World.

It is true that there are many deaths in the Virtual World. That is to say that people get tired of it and decide to cancel their account. That is like a death, because they are "Withdrawing" from the experience. However, their Avatar doesn't just fall over with a "Pixel Heart-attack." Instead they just disappear and are never seen again. But, just because they are dead in that

Virtual World doesn't mean that they don't still exist in another World, they do. This is an interesting thought, "What if a person is an avid Second Life player/Experiencer and he dies in his Human Life?" He would die in two Worlds simultaneously. He would be "Withdrawing" from the Computer World of Second Life, while at the same time "Withdrawing" from the Physical World of Physical Life. However, as always, he would still be a Being of pure positive Energy in the Non-Physical World where he is Immortal and can never die. "Will he 'Re-Present' himself again in the Physical World?" Undoubtedly!!

That is a very good way to understand death in our World. Not only can no one else alter your Reality without your agreeing to it, but, no one else can kill you either. The invitation and the opportunity have to be created by you. Even when you die in this physical world, it is only a "Withdrawal" from the physical experience in the same way as it was only a "Withdrawal" from the Virtual World Experience. It doesn't mean that you cease to exist, but instead that you no longer are represented in that particular incarnation, or that particular World.



So the better way to explain "Death" in any World, is to say that you are no longer representing yourself there. In the Virtual World, that means that you disappear never to be seen again. In the physical World, that means that you fall over with a Heart-Attack, or you get hit by a bus. It all depends on the normal "Format" or usual method of "Withdrawing" from that World or that Expression.

What if you decided to "Die" in the Virtual World and you disappeared as usual, but, then many years later, decided to get back in the Virtual World again? You set up a new account, because you have forgotten your old information or maybe you just want to do something different this time. So you decide to try a different sex, and you have a different name and a different look. What would you call that? It's still you, but your representation in the Virtual World is different this time. Would you call it, "Reincarnation?"

If you "Reincarnated" back into the Virtual World, wouldn't you remember some of the same people and the same places? Remember that the normal entry into the Virtual World is quick. You don't have to go through birth, and then grow up as a teen and finally become an adult 20 years later, you get to come in as an adult instantly. So "reincarnation" in the virtual World is a much faster process than in our World, here in the physical.

Can you imagine how funny and difficult it would be if you had to "Immerse" into the Virtual World in the same way as we do here on Earth? You would have to find two people who are different sexes and want to have kids. Then you would have to emerge as an infant, and grow up with them, before you could eventually get to "do your own thing." But, immersion in our World does give us the realistic experiences that are so exciting and fun to experience that it makes it worthwhile.



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#10-06
21:07

4) Marionette Puppets as Representations

Using Marionettes as examples can be a good way to see how the real controls and decisions are managed. Like the Marionettes, the decisions and controls come from a much higher level of Consciousness and only are "Represented at the lower level of Matter or in this case "wood." The people controlling the Marionettes are the ones who are controlling the movements and doing the talking, but it is supposed to seem as if it is the Marionettes are performing and singing.

Video Example – Marionette Experience



[Marionette Show - Step Dancers \(3:04\) \(View All\)](#)



What is this video about?

In this Video Example, these two Marionettes are singing and dancing to some Jazz Music. They are pretty good dancers for being made out of wood. When they are singing, their mouths open and close as if they were actually singing the words. It is entertaining.

What does this example show and what does it mean?

This Video Example was chosen to show that even though it may look like they are singing and dancing, they are only representing actions and words that are generated at a "Higher Level." You might call that higher level where decisions are made and communications are actually created, the seat of consciousness or the "Energy Body."

In this example, the Higher Self, the people working the Marionettes, are made of different stuff and are the ones that are actually doing the stuff. The Marionettes themselves are only acting out and "Mouthing" or lip-syncing the words to the songs just for appearance sake.

When one Marionette says something to another, his mouth moves and words are heard, but in actuality he didn't do anything. He only represented at the Marionette level, what was really going on at a much higher level of consciousness.

This is how our reality really is. Our Bodies act intelligent, appear intelligent, say words and express thoughts, but, in reality, all that is being done at a much higher level and only represented through our bodies at the physical level. I'm not saying that we are not intelligent, we are. I am just saying that we are not these bodies that we express ourselves through. It is not our Bodies that are Intelligent, It is our Real Selves at our Real Energy Level. It's like our "Avatar" in the Virtual World of "Second Life." Another person, "Avatar," wouldn't call your "Avatar" unintelligent, because, they know that it is only "Representing" you, a real person, who is intelligent and physical in nature. Likewise, while our Body, is not the actual thinking intelligent Being, it is representing the actual Intelligent thinking being, who is actually non-physical in nature.

The Marionettes show us a perspective that all thinking is going on in a place that is "Above" them or at a "Higher Level" beyond what you can see and touch. This is exactly how we operate. All of our actual thinking, memories, and actions take place at "Higher Level" in our "Energy Form," and then are presented as a representation in the Physical Form, just like the Marionettes.



Explain
Illustration
#10-06-i1
6:42

Your "Representation" Illustrated as Marionettes

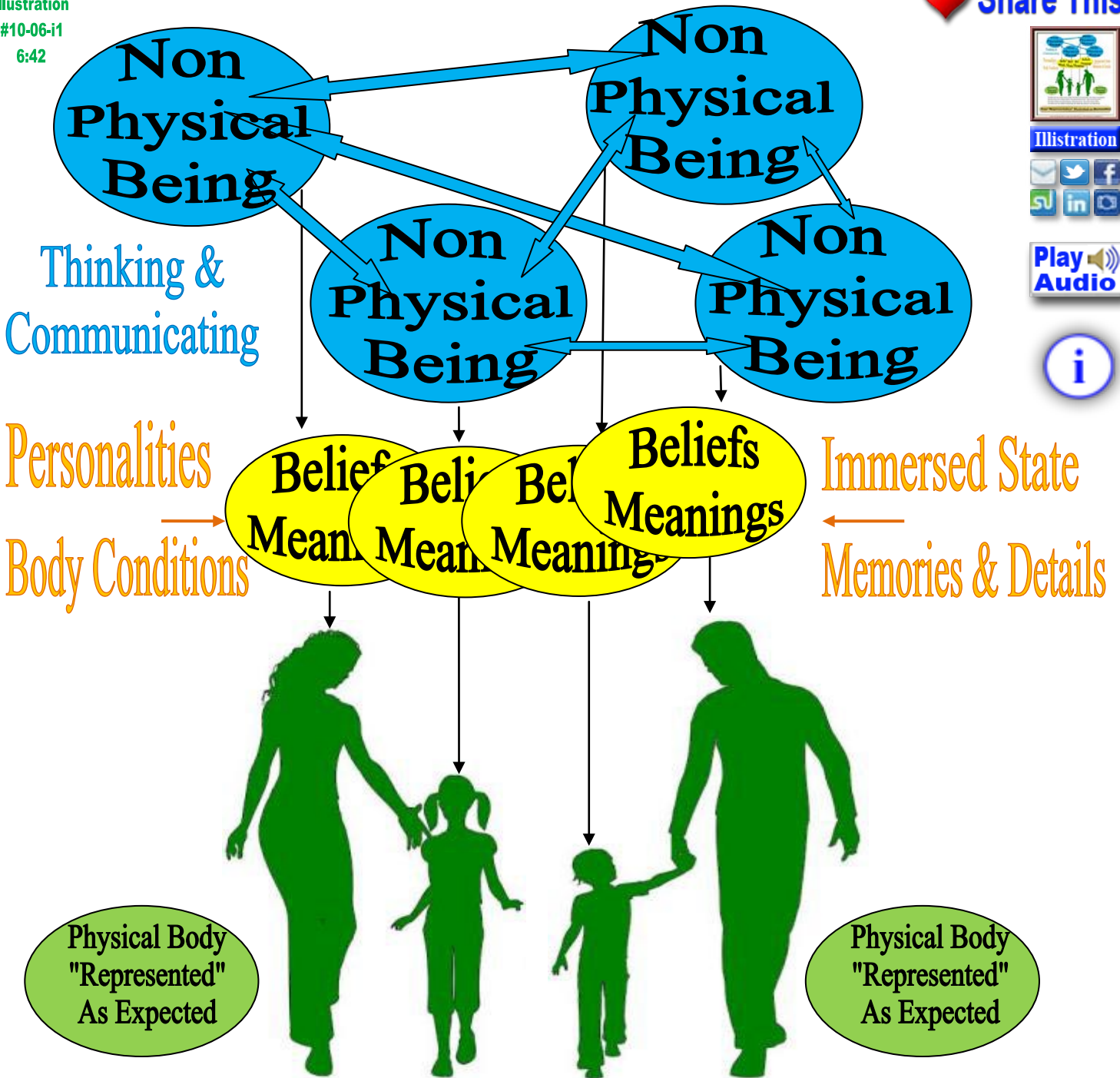
Share This



Illustration



Play Audio



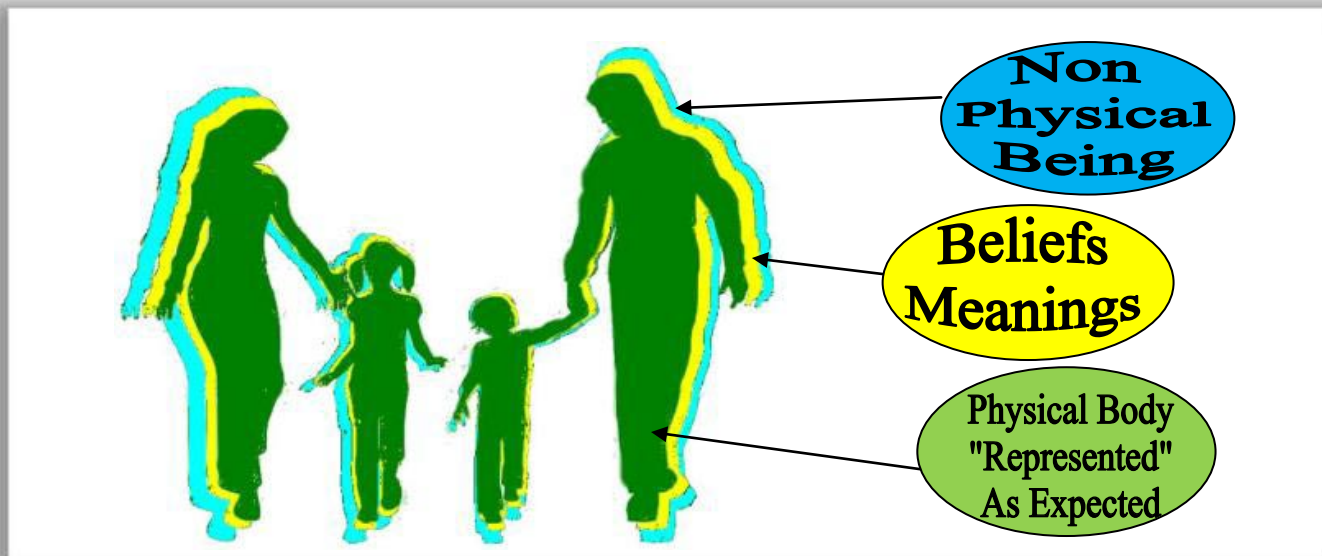
The Blue two way Arrows show where the Real communications and actions are going on.
 The Blue Oval is the Energy Fields of the Being/Person/Soul - They Are All the same.
 The Green Bodies are the Generated "Representations" from their Energy Fields
 The Yellow are Your Beliefs & Meanings that shape your Body & Your Experiences



While it is easier for us to visualize ourselves like the Marionette example as the Nonphysical Energy Field "above" our physical Body in the same way as the people who operate the Marionettes are above the Marionettes, however, our Energy Fields actually surround us.

Explain
Illustration
#10-06-i2
7:25
V

Illustration
Play Audio
i



Check Video
YouTube



Later on in [Chapter 10, The Reality of Your Body as a Representation, Video Example – “The Day I Died” Pam Reynolds Story, Page 304](#), you will find out about a woman who was undergoing a very serious operation, and had an out of body experience. As with most of these stories, she could see herself on the operating table and hear the conversations between the Doctors. Later, when she was back in her body she recounted her experiences and the conversations between the Doctors that she heard, and they were exactly correct.

Normally, skeptics discount these types of stories and try to say that it is some sort of activity in the brain that causes this kind of thing. However, her story is quite different. In order for them to operate on her brain, she was put in a “Total Shutdown Mode.” That is to say, that she was cooled down and her heart was stopped and her brain drained so they could operate. This means that for over an hour, she was completely dead, with no brain activity and no brain synapses firing. She was completely shut down.

The important point here is not her story, even though it is compelling in itself, but instead that she could tell the story. The stories that she had recalled, were from a time during her total shut down, when her brain could not in any way, “record a memory.” Nothing was going on in her brain. However, she was consciously aware and watching the surgery from above. This means that she had the experience, and remembered it, and when her body was able to function again, those memories were still available to her.

Her memories and sense abilities, are not in her brain. If they were, she could not have seen, heard or recalled what was going on during the time that her brain was on ice. Her memories are in her conscious energy form and only represented in her brain. Her consciousness and

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memories are only represented in the location of the Brain in the same way as your vision is located in the area of your eyes, but, they do not function there, they are only represented there.

To make this point very clear, you can **see them** functioning there, but that is not where they are actually functioning. It is like the tuning dial on a radio. You can see the operation of the dial and the setting it is at, and take all kinds of measurements as to the position of the dial etc., but, in the end, the actual functioning is in the variable capacitor on the circuit board. So, you can see it functioning at the dial, where its positions and actions are "represented," and can be measured, but the real functioning is somewhere else.

During the time that she was out of her body, she still knew who she was. She still knew who the doctors were and what they were doing. If her memories were in her Brain, how could she have known this stuff? The simple answer is... She couldn't have.

Like the Marionettes, our real functioning self, resides at a much higher level, the energy level, where all of our consciousness, memories and abilities are held.

Check Video

YouTube



In example. At our energy level we can always see, but, if at our Body level, we have no eyes, then we "represent" that we have no vision, and we cannot see. Later, you will also read about and see a [Video Example – "The Day I Died" Vicki Noratuk's Story, Page 307,](#) on another woman who was blind from birth, and when she "popped out" of her body in a near death experience, she could suddenly see. At her conscious energy level, she still could see, but, she had been "representing blindness" because it was appropriate since her body wasn't supposed to be able to see.

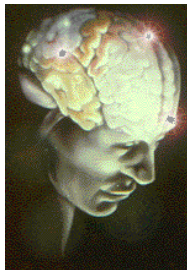
Just like the example in our Holodeck discussion, when the holodeck's character's eyes were covered or poked out, he was no longer able to see, not because he really couldn't, but instead, because it wasn't appropriate for him to see. If in the Marionette example, we removed the eyes of the Marionette, the higher self who is operating the Marionette could still see, but he would make his Marionette "Representative" bump into things, to seem realistically blind, because his Marionette is not suppose to be able to see.

What happens when a Marionette dies? Does it ever happen? I guess they way it would happen, is that he would just lay down one day, in his box, and just would never speak again. He would be full of life one day, and then next day nothing. He would have slipped into a Marionette coma. No movement, no signs of life, just stiff and lifeless. But, what about the life forces that flowed through him just the day before? Surly that can't be gone.

To the other Marionettes it may seem like death, but to us, from our understanding and broader view point, we know that the Marionettes "Inner Being," had just retired and he is no longer representing himself in the Marionette World. Even though from the Marionettes point of view it is death in the worst kind of way, we know that it's not really "Death" as much as it is simply a "Withdrawal" from that World. The "Real" being, the real source of consciousness that was

being expressed through the Marionette, has just moved on to another place of focus and interest, their Grand kids and fishing.

That is so much like our Physical World. Just because our Representation, the Body, had expired or died, or is no longer representing Life, doesn't mean that the conscious aspect has died also. It has not. It has only withdrawn from this experience in the only way it can. I suppose, a person could just disappear, like the Virtual World, or just lie down in a box, like a Marionette, but, that's just not how we exit in this physical world. We have a different "Format" or system here. We "Die" our way out.



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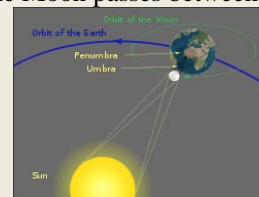
The Power of Our Mind Over Our Body

Our mind, not our Brain, is the seat of our consciousness and the place where all actions, and reactions happen and it is the source of our physical Representations. If we think that we are burnt, we are. If we think that we are not, then we are not. Not because something physical happened or didn't happen, but, solely because we represented that it did or did not, by the Meaning we gave to the situation. That is the basis of our GOD Power, the ability to assign or change the Meaning of a situation, thing or event.



I remember an experience that I had as a kid that I have never forgotten. I think that it must have been during a time of a Solar Eclipse ⁴⁵ because we were told not to look at it because it could harm our eyes. I remember closing my eyes and for some reason I was imagining that I was looking at it when the Sun just began to become visible again, and when it did, (In my imagination), the brightness of it caused a severe pain in my eye. My eye actually hurt as if I were really looking at the Sun.

⁴⁵ Solar Eclipse http://en.wikipedia.org/wiki/Solar_eclipse A solar eclipse occurs when the Moon passes between the Sun and the Earth, and the Moon fully or partially covers the Sun as viewed from some location on Earth. This can only happen during a new moon, when the Sun and Moon are in conjunction as seen from Earth. At least two, and up to five, solar eclipses occur each year; no more than two can be total eclipses. Total solar eclipses are nevertheless rare at any particular location because totality exists only along a narrow path traced by the Moon's umbra.



#10-07
14:50



Slide Show
Presentation
Chapter #10
Part 2 of 9
1:13:00+



Flash Movie
Presentation
Chapter #10
Part 2 of 9
1:16:48+

But, I was in my bed and it was night time and there is no way I could have seen the Sun but, the pain was real and actually happened. It was at that point that I realized that we could really experience events in our minds.

However, now that I understand Representation and GOD Power, it all makes perfect sense. Remembering that physical action of any kind, be it lifting a weight or looking at the Sun, is only a means of creating and establishing Meaning. If I were to really look at the Sun, the representation of my eyes receiving that intense Solar light would have caused my energy system to represent a pain in my eyes in the same way as it would represent a pain in your fingers if they were in a candle flame. That would be the appropriate representation in the same way as someone without eyes would have the representation of blindness.

However, in my case I was using my GOD Power as a kid and I didn't even realize it. I was creating the scene in my mind and due to the clarity of my thoughts and my internal image, I established a Meaning as real to my being as if I had actually looked at the Sun directly. I didn't realize that I was inadvertently creating "Real Events" through my thoughts and imaginations. I don't look at the Sun in my mind anymore, because if I did, I could very easily become blind, not because the Sun's rays ever really entered my eyes, but just because I imagined that they had. For the same reasons, I don't imagine myself with Cancer, or getting into an accident either.

In the same way as the Meaning of lifting weight was just as real as if it had really happened, and the muscle gained was just as real as if they had really lifted the weights, the Meaning that I would be creating by thinking about looking at the Sun, would be as real as if it had really happened, and the result of that Meaning would also be just as real as if it had really happened.

Reality responds to Meaning, which can be created by action and actual circumstance or by thought and imagination using your GOD Power. Either one is as powerful and as Real as the other. Consider the following research:

Video Example - Placebo controls Burning Pain



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Play Video

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[Placebo controls Burning Pain \(3:53\) \(View All\)](#)

[Check Video](#)

What is this video about?

This Video Example demonstrates that if one believes that they have a pain killer applied to their skin, they will actually feel less pain even though the burning is exactly the same.

In this experiment, a volunteer is repeatedly burned by an electrical hot plate attached to her forearm. It is a burning feeling and very painful. After several test "burns" the experimenter repeats the burning while the student volunteer is in a Magnetic Scanning Machine. Her brain is monitored in the regions known to be associated with pain and sure enough her brain is registering severe pain during each burn.

Then the experimenter tells the student that he is applying a special medication on her skin that will block the pain. However, actually, it is only a dab of baby lotion that has no real effect at all. Then he burns her on the spot where the Fake burn medicine is located and sure enough, her brain shows very little pain. She has really experienced a much reduced pain level. This is a fine demonstration of the Placebo effect in action.

What does this example show and what does it mean?

What this video shows is absolute proof that the body responds and reacts to MEANING, and not to what is really going on. In this experiment, what is really happening is that he is burning her arm in a big way, and yet she isn't feeling that pain.

This is a function of GOD Power. The actual meaning of the burning device placed on her forearm is "This is going to burn and hurt." However, she changed the meaning to "This is going to try to burn and hurt, but, I have a pain killer in the same location that will prevent it from hurting me."

She changed the Meaning of "Her Reality." If he had the same thing done to him, he would get burnt, because he would know that it really was going to burn. He would therefore, surrender and yield to the established meaning, and endure the pain. She on the other hand didn't experience the pain. She was tricked into believing that she had a pain blocking medication. It was her faith and trust in what experimenter was saying that gave her the confidence to feel like there would be no pain this time. That is the same thing as saying that she changed the meaning to, "This will not hurt, now."

This is why "Faith" is so important. The ability to believe in something that defies reality. It is only through your faith in your ability to change your reality that you can. Otherwise, you will have to rely on someone tricking you into believing something you wouldn't have believed normally.

This is a very haphazard way of creating your reality. If you have to wait around for other people to trick you into new abilities and expanded possibilities in your Reality, you are either going to wait a long time, or, it just will never happen for you.

KNOW this,



"Whatever You Believe is Possible, Becomes Possible"

R.L.M.

I have helped you believe with this book, by showing you the amazing things that people have done and are doing right now. I know that if you can see that other people have done these things and more, then maybe, you can muster the faith of a mustard seed and begin to believe that it is possible for you.

The moment, that you give it a chance, and have even the smallest amount of faith and belief, you will begin to see examples and evidence that your faith was warranted. Then your faith and belief will grow a little more each time, and each time it will be justified, until you accomplish your goal.



Illustration





Explain
Illustration
#10-07-i1
6:42

Normal Reality

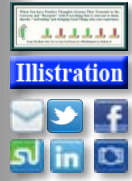
Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Arm		Searing Hot Burning Device		No Protection		She Feels Much Pain

GOD Power (Exercised By Unwitting Belief)

Physical Meaning	+	Physical Meaning	+	Thought Meaning	=	Physical Meaning Result
of Person's Arm		Searing Hot Burning Device		I Have Special Protective Save		She Feels Much Less Pain

High Frequency Meanings Have Been Activated & Are Being Elicited From The Situation

The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



#10-08
11:59

The Representations of "Feeling," - Physical Sensations



We know that our Bodies are just a projected physical Representation of our Energy "Pattern, or Form." However, not only is the Physical & Visible Form projected, but so is the represented sensations. When someone touches your arm, or you burn your finger, you think that you can feel the exact place that it happened, but, it is just a projected phenomenon as much as the physical Image is.

The actual mechanics of the "incident" go like this. First, your represented finger touches a represented hot surface, and then you feel a represented burn, and the place where the burn was represented, you feel the pain. Nothing in this entire event actually happened. Every single step and element was a total representation. The "system" was Matched up perfectly. If it wasn't, you might have felt the burn on the other hand. In that case, the Visual, Physical Representation and the Feeling, Burning Sensations and pain would not have been in "Sync."

When you feel a touch or a burn on a certain place, such as your finger, the feeling of it is generated to seem like it is in the exact same place, but, it is not. There is no feeling at that



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location, only the "Feeling that there is a feeling at that location." This is a perfect Alignment of your sensations with your physical form. They match up perfectly. If you cover the place where your eyes are, then you have no sensation of sight. If you place an onion in front of the place that is your nose, you will smell the onion. If you place your finger in a flame, you will feel the pain in the same place as the flame supposedly touched your finger.

I'm not knocking this wonderful system of physical reality, it is a magnificent creation. I am just saying that I can show you that these parts are really separate, and that they are adjustable by you at will, then you can tailor your own Reality in some very interesting ways.

You know what? The system works very well. I really think that I am seeing from my eyes and when I feel something on my arm, I look and sure enough there is something there. The feeling and the visual observation always seem to match up perfectly. Frankly, I'm glad that it works as well as it does, because if it didn't, we would have a messed up experience.

When someone touches you on your back, it is easy to tell where it is happening, Right? I mean if someone is rubbing a stick on your back you could tell right? In this next Video Example, experimenters have set up what they call a "Virtual" Out of Body experience. This interesting experiment causes the person to miscalculate the actual location of their Body and where their feelings should be located. This set up causes the feeling of being touched, to feel like it is happening about six feet away from them. The feeling is located in an area where there is "No-Body," and it is nowhere near where the actual touching is going on.

Video Example - Virtual Out of Body Experience



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[Virtual out-of-body experience \(2:24\) \(View All\)](#)



What is this video about?

In this Video Example, the woman in white has a Virtual Out Of Body Experience⁴⁶. She has on a Virtual Reality headset which means that she has two video screens in front of her eyes a couple of inches away. This makes it seem like she is really seeing an image in front of her. The camera (on the left side of the picture) is filming her from behind and the image in the white box, (upper right hand corner,) is the actual image that she is seeing from the camera. As the other woman in the brown outfit, strokes her back, she can feel the sensation, while at the same time, she can see it happening in real time. Her view of the "action" makes her feel like she is out of her body because she can see herself from 6 feet behind. It looks like the touching is out in front of where she is actually standing. She is watching herself from behind in her headset vision system.

The weird thing about it is that she thinks that the image of herself, that she is watching from behind is really her physical body. That is to say that she thinks that she is watching herself from outside of her own body, as if she was really experiencing an Out-Of-Body Experience. Thus the "Virtual Out Of Body Experience."

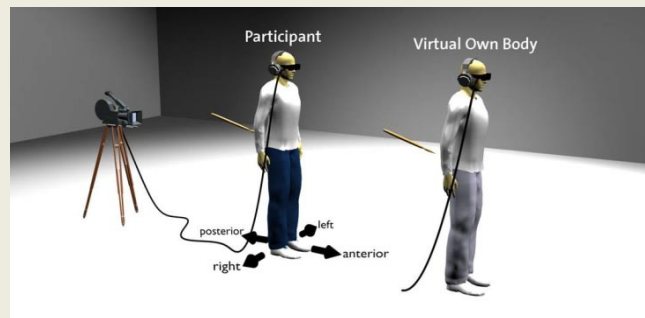
This is the same "View" that people have experienced and reported in Out of Body Experiences due to a Near Death Experience (NDE). They would be out of their Body, usually near the ceiling, watching the Doctors working on their body, from an "outside" point of view.

So when she feels the stroking on her back, she feels it 6 feet in front where she sees her own image. She thinks that her body is in the same place where she sees her image. That is where she thinks her body is and so that is where she "Sees" & "Feels" the touching. She is feeling the sensations at the location where she believes her physical body really is. But her Body and the real place where the touching is going on is six feet further back, as you can see in the picture. She is automatically matching the feeling place with the touching place that she is watching.

⁴⁶ New Scientist - **Prof. Olaf Blanke M.D., Ph.D**

<http://lnc0.epfl.ch/page58446.html>

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What does this example show and what does it mean?

What this Video Example demonstrates for us is that our sensations are felt where we "Think" they are supposed to be felt, and not where they are actually happening. Isn't it interesting that you can be over here and feel someone touching you, but because of a trick of your visual location system, you think that you are really somewhere else and being touched over there? Wouldn't you think that if you are being touched on your back right now, right here that you could tell, no matter what you were looking at?

If the visual projection system were suddenly turned off, or if it suddenly showed the curtains in front of her, instead of her back, she would then feel the touching in the "REAL" place on her back where she is actually standing.

We are projecting our physical body and the sensations that go with it, in the location where we think we are. However, if we get confused and think we are somewhere that we are not, our sensations go to the new location and it makes for a weird situation. We are here, but we feel someone touching us over there. This is similar to the Phantom Limb Syndrome, where we have a feeling in a place where there is nothing there to go with the feeling.

This Video Example, shows and proves that your "Touch" sensations are a separate function of your energy Body, (Form) and that they are brought together to seem "Realistic" and believable.



Explain
Illustration
#10-08-11
3:52



"Perfect Match"

**Actual Location & Feeling Location
They Are Both At the Same Location**

Actual Touching Location
Body Location "Seems" Here
Felling "Felt" Here



No "Visual Trickery"

Don't "Match"

**Actual Location & Feeling Location
They Are At Different Locations**

Actual Touching Location
Body Location "Seems" Over Here (Tricked)
Felling "Felt" 6 Feet Away



With "Visual Trickery"



Illustration



Play Audio



We have already seen that our sensation of touch can be felt in a place where we don't even have a body. We can have a feeling of touch, where there is no flesh to be felt. What about our other senses? Could they be misplaced also? Our most important sense, by far, is our eyesight. We even used our eyesight in the last Video Example, to figure out where our body was. After all, we obviously couldn't rely on our sense of touch to figure out where our body was. "How weird would it be if the Physical Body and the Sensations Systems somehow got out of sync?" What if our sense of sight got mixed up and was experienced in the "Wrong" place? What if someone had their vision moved to their Finger Tips? That would be very weird. Could that really happen? If we were truly physical bodies and with real systems that functioned like we think they do, then this could NEVER happen. How could a finger tip see? That could never happen, or could it?



#10-09
23:12

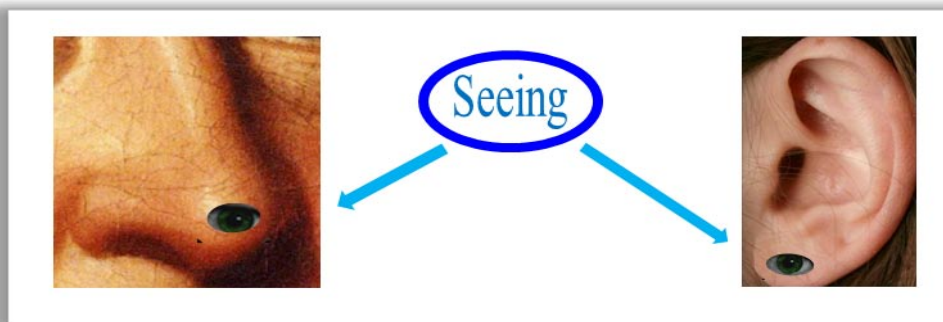
How Do We Really See?

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Before we get to this next bit of research, let's consider the "Reality" of seeing. In order for you to see something, you must have working eyes, right? As physics and Biology tell us, the light bounces off the object and enters the lens of our eyes, which then focuses the image on the retina. At this point, the rods and cones convert the light photons into nerve signals that go directly to our brains. In the visual cortex of our brain, the section at the back of our heads, we then convert those nerve signals to an image that we perceive in our mind. Does that about cover the actual physical reality of sight? If our bodies are truly physical mechanisms, then if any one of these steps in the sight process is missing or damaged, then it would be impossible for us to see. That is Reality, correct? Consider this next bit of research information....

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In Italy the neurologist Cesare Lombroso studied a blind girl who could see with the tip of her nose and the lobe of her left ear.⁴⁷

Can you imagine a Blind Girl who can see with her nose and her ear? This sure doesn't meet with what our preconceived notion about what the reality of sight is. How do you explain the physical and Biological process of seeing with your nose? However, even though it doesn't meet our own reality of what we think seeing is, does this meet our overall definition of Reality? Remember that we said; let's call Reality that which someone can experience. If someone can experience it, it's Reality. Well, she could experience this, so it must be Reality. Even though this is Reality, it's not your Reality nor is it mine. However, to the Blind Girl, she can really see, it is in fact REALITY to her. It is her Reality.



Explain
Illustration
#10-09-11
5:45

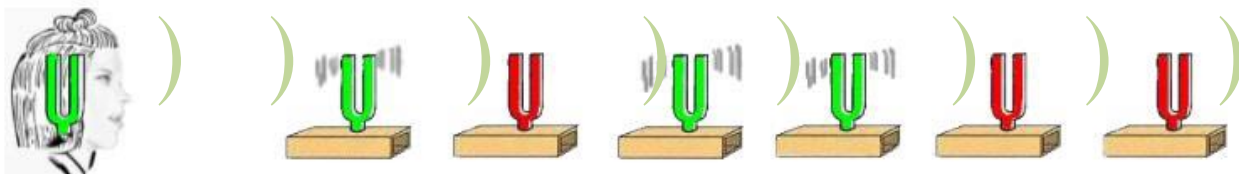
Normal Reality

Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person Blind		Nose & Ear Lobe		Seeing Requires Light & Eyes		She Doesn't See

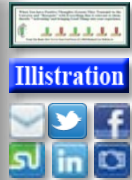
GOD Power (Exercised By Her Own Beliefs)

Physical Meaning	+	Thought Meaning	+	Thought Meaning	=	Physical Meaning Result
of Person Blind		Can See With Nose & Ear Lobe		Seeing Does Not Require Light & Eyes		She Does See With Her Nose & Ear Lobe

The Ability Has Been Elicited & Activated In Her Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



⁴⁷ Frank Edwards, "People Who Saw without Eyes," Strange People (London: Pan Books,

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At this point, we are no longer in any position to make the sweeping statement that there is anything that can't be Reality.

As we move through this chapter and the rest of this book, we are going to see more and more things that must be Reality because they have actually occurred. However, neither you nor I can ever say again, that something is not Reality just because we are unable to experience it ourselves. We are not in a position to determine or judge those experiences that are not our own. The only thing that we can say for sure is what is or is not Reality for ourselves. The rest is someone else's work and it's in their hands, rightfully so.



In the 1960s the prestigious Soviet Academy of Science investigated a Russian peasant woman named Rosa Kuleshova, who could see photographs and read newspapers with the tips of her fingers, and pronounced her abilities genuine. Significantly, the Soviets ruled out the possibility that Kuleshova was simply detecting the varying amounts of stored heat different colors emanate naturally—Kuleshova could read a black and white newspaper even when it was covered with a sheet of heated glass.⁴⁸ Kuleshova became so renowned for her abilities that Life magazine eventually published an article about her.⁴⁹

Normal Reality

Physical Meaning of Person	+	Physical Meaning Finger Tips	+	Physical Meaning Seeing Requires Light & Eyes	=	Physical Meaning Result She Doesn't See With Her Finger Tips
---	---	---	---	---	---	---

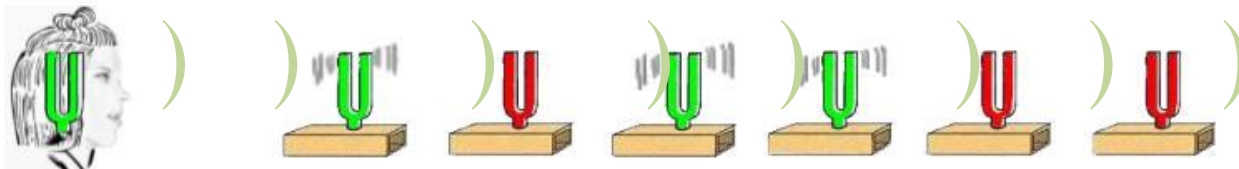
⁴⁸ A. Ivanov, "Soviet Experiments in Eyeless Vision," International Journal of Parapsychology 6 (1964); see also M. M. Bongard and M. S. Smirnov, "About the 'Dermal Vision' of R. Kuleshova," Biophysics 1 (1965).

⁴⁹ A. Rosenfeld, "Seeing Colors with the Fingers," Life (June 12, 1964); for a more extensive report of Kuleshova and "eyeless sight" in general, see Sheila Ostrander and Lynn Schroeder, Psychic Discoveries Behind the Iron Curtain (New York: Bantam Books, 1970), pp. 170-85.

GOD Power (Exercised By Her Own Beliefs)

Physical	+	Thought	+	Thought	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Person		Can See With Finger Tips		Seeing Does Not Require Light & Eyes		She Does See With Her Finger Tips

The Ability Has Been Elicited & Activated In Her Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



Illustration



Play Audio



This woman could see and read with her finger tips and yet, this is real. Frankly, I find this much more useful than the tip of your nose or an ear lobe. Does this meet our definition of Reality? Remember that we said; let's call Reality that which someone can experience. If someone can experience it, it's Reality. Well she can experience it. It is a Reality for the Russian Peasant woman. This is her own personal Reality.

This is like our Virtual Out Of Body experiment above in that there is a "sense" that is operating in a different place and doesn't match up with the "Correct" place on the body. At this point, I don't know how we can use the word "Correct" to describe any Reality. I think that it would be more appropriate to say that it doesn't match up with the place that we expect it to be, based on our own Realities.

In the Virtual Experiment, our sense of touch wasn't even on our body, it was far away where there wasn't a body at all. In this case, at least the sense of vision is still "on the body," but, just not in the location that we would expect it to be. Isn't it interesting that our senses and the sensations that come from them can be moved around to different places and aren't locked in at any certain place on the body? In fact, they don't even have to be "On the Body" at all.

The Representation of the vision sensation got moved from the location of the eyes to the finger tips. Seeing with your finger tips could be useful, but, I would hate to have my sense of smell get moved to my feet. Later on, we are going to find out about a girl who moved her sense of taste into someone else's mouth, where she could taste what they were eating. **(Chapter 10, The Reality of Your Body as a Representation, Page 273)** I don't think that this was her "dieting" strategy, but it could be a good way to enjoy the taste of food without any calories.



A person seeing with their finger tips is a perfect example that two completely different realities, can exist side by side in perfect harmony. One person can put their hand on a news paper and read it and another cannot. She has no "retina" in her finger tips. Her fingers aren't connected to her visual cortex. Where does the light come into her finger tips? Where does the light get converted from a light vibration to a nerve signal? Her fingers have no physical ability to function as eyes, and yet they do. If we were truly physical beings, with truly physical systems, this would be impossible, but, because we are purely Representations, no different than the music player on a computer screen, we can see in any way that we want to and with any body part we choose. On the Computer Music player, we could have the power button or the volume switch moved to a different place and it would still work just fine. That is because it is only Represented there, but it can be represented anywhere that we want.

This is where Physical Reality reveals its "Flaws." Or does it? The "Prime Directive" of Physical Reality insists that every perceived aspect of Reality must have a physical component that "Realistically" explains and describes the event. By this directive, sight has eyes that receive light rays, and a retina that converts them into nerve signals and all kinds of "Realistic" physical processes that cascade through a Brain, finally resulting in vision.

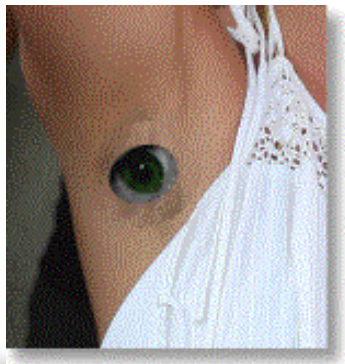
However, seeing with the finger tips violates this "Prime Directive" of physical Reality. If Physical Reality were to support this action in a "Realistic way," it would have to begin generating an eye mechanism in the tips of each finger, and generating specialized nerve cells that lead to the brain through the hands and arms. And only after this transformation was complete, then, and only then, would a "Realistic" reality begin to see from the finger tips by way of this newly generated seeing mechanism. But this Physically "Realistic" counterpart and justification, hasn't taken place. Does this mean that Physical Reality is actually "Flawed?" No it does not.

The reason that reality always has to be "Realistic" is because it is based on our beliefs. We have to believe it for it to be our Reality. So, we only believe that which is "Realistic" and that is why Reality always (almost always) has a realistic explanation, otherwise, we wouldn't believe it and it would not become our reality. Get it? We only believe what is realistic and so we only experience and see that which is realistic.

However, we do have a backdoor to this "realistic" requirement. Reality is actually still working perfectly, by way of an "exception clause." What has actually happened is that this amazing feat has been experienced and the justification is, "The Supernatural, a Miracle, or just a Freak of Nature." It is our belief in the unusual, supernatural and miracles which opens the door to amazing experiences that would otherwise be unavailable to us if they had to have a physical justification.

This is how I got the idea for this book, because I realized that these weren't just freak occurrences, they were all similar in that they were all in their own Reality. They could do things over and over again, consistently within their own Real World (Reality), that we were unable to do in ours. But, the fact that they are able do these amazing things, is as real, as the fact that we cannot. According to our agreed upon definition, "Anything that can be done and

experienced is Real, and Reality." Both of these opposing Realities can and do, exist side by side. Consider this next "Freak of Nature, or Miracle, or supernatural event," or as I like to call it, an expression of their personal, individual and specialized reality.



David Eisenberg, M.D., a clinical research fellow at the Harvard Medical School, published an account of two school-age Chinese sisters in Beijing who can "see" well enough with the skin in their armpits to read notes and identify colors.⁵⁰



#10-10
23:11



Explain
Illustration
#10-10-i1
6:32

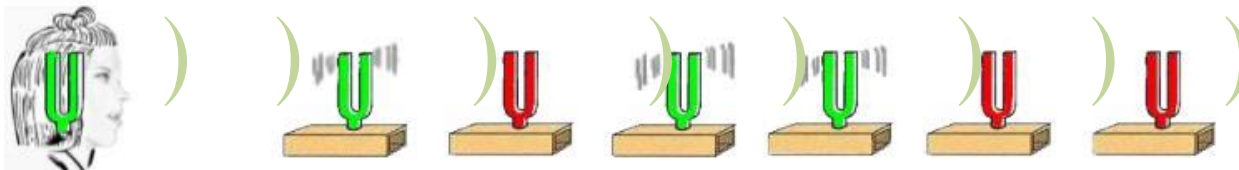
Normal Reality

Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Persons		Arm Pits Don't See		Seeing Requires Light & Eyes		They Don't See With Their Arm Pits

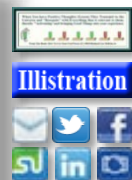
GOD Power (Exercised By Their Own Beliefs)

Physical Meaning	+	Thought Meaning	+	Thought Meaning	=	Physical Meaning Result
of Persons		Can See With Arm Pits		Seeing Does Not Require Light & Eyes		They Do See With Their Arm Pits

The Ability Has Been Elicited & Activated In Their Own Life Experience

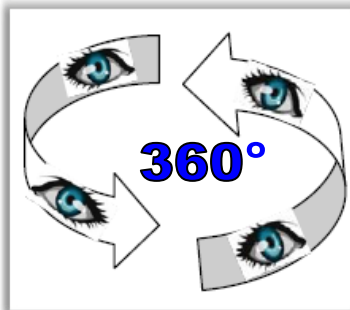


The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



⁵⁰ David Eisenberg, with Thomas Lee Wright, Encounters with Qi (New York: Penguin, 1987), pp. 79-87.

Here is another example of people being able to see in a place that has no visual capacity. There are no visual organs or photo receptors or connections to the visual cortex where vision is supposed to happen. They didn't say whether they needed light to see, but, I suspect that light wouldn't be necessary either, since there was no optical receptors to receive the light anyway. Does this meet our definition of Reality? Remember that we said; let's call Reality that which someone can experience. If someone can experience it, it's Reality. Well they can experience it so it must be reality.



Robert Sullivan, an amateur NDE (Near Death Experience) researcher from Pennsylvania who specializes in NDEs by soldiers during combat, interviewed a World War II veteran who temporarily retained this ability even after he returned to his physical body. "He experienced three-hundred-sixty-degree vision while running away from a German machine-gun nest," says Sullivan. "Not only could he see ahead as he ran, but he could see the gunners trying to draw a bead on him from behind."⁵¹

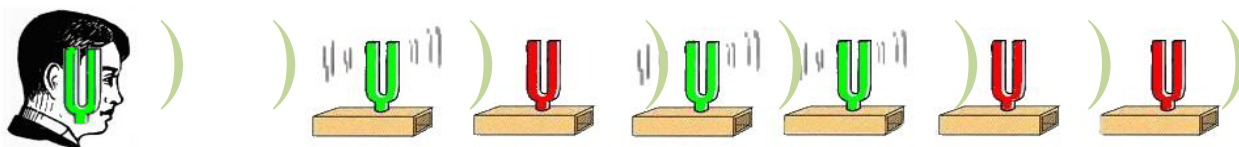
Normal Reality

Physical Meaning of Person	+	Physical Meaning Eyes Only See Forward	+	Physical Meaning Seeing Requires Light & Eyes	=	Physical Meaning Result He Only Sees What Is In Front Of Him
---	---	--	---	---	---	---

GOD Power (Exercised By Traumatic Event)

Physical Meaning of Persons	+	Thought Meaning Can See Everywhere	+	Thought Meaning Seeing Does Not Require Light & Eyes	=	Physical Meaning Result He Saw 360 Degrees Around Himself
--	---	--	---	--	---	--

The Ability Has Been Elicited & Activated In His Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them

What is 360 degree vision? It means that you can see everywhere around you, at the same time. How is that possible when you only have eyes in your face and your face is only pointed in one direction at a time? Does this meet our definition of Reality? Remember that we said; let's call

⁵¹ Moody and Perry, Light, p. 129.

Explain
Illustration
#10-10-i2
7:31


Illustration
Social media icons: Twitter, Facebook, YouTube, LinkedIn, etc.

Play Audio

Information icon (i)

Reality that which someone can experience. If someone can experience it, it's Reality. Well, it was real for the man who needed to save himself from being killed. Therefore, I would call it Reality, his Reality.

The reason this 360 degree vision can even happen, is that you don't see with your eyes, you don't process vision with your brain; in fact nothing actually happens in the body at all. It is only our Representation of experience; in this make believe physical reality. After all, if you are going to be able to see in this physical reality, you have to have some physical reality justification and explanation of how and why that can happen. If the body, more specifically the eyes, were really seeing and it really was a "Physical Process," then the only way anyone could see would be through a light focused lens system that converted light waves into nerve signals that were processed in the brain into a picture. But since ear lobes, finger tips, arm pits, and tips of noses, don't have the necessary physical processes to see, it stands to reason that seeing is actually accomplished in some other way that is not physical in nature.



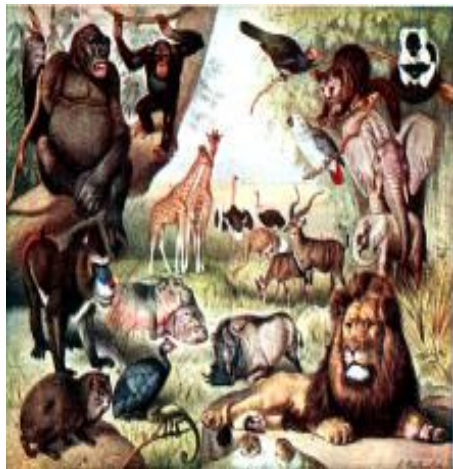
We already know that Thinking, Memory, Consciousness, Taste, and Touch sensations aren't in the body, and now we know for sure that sight isn't there either.

Is there anything left that is actually a physical function? No, nothing is a physical function it is all just Represented as happening in the Body, however, like the Marionettes, even though it might look like it is happening in the physical form, it's all still in the Non physical Energy form. Furthermore, if sight is accomplished in the "energetic form," which doesn't require the physical vision system, then why do we have it in the first place? Of course the reason is that we need a physical "prop" to make our Physical reality more "Realistic" With a "prop" we believe it more and therefore by the power of belief it becomes our perceived Reality.

Since it all happens in the Energy Form, it is so much easier to change anything that you want to by just changing your thoughts and beliefs. If it were all a physical Process and a Real Body that had to be changed, that would be hard. If everything is in the Energy Realm, and it is, and everything is decided and governed by Meaning, and it is, can you imagine how powerful you could be using your GOD Power to alter those Meanings to whatever you want?

Let me take you through the process of seeing the way it is really happening, and at the same time we can use this as an example of how our representative system works. At the energy level, we know everything and are able to do anything that we want to. But we wanted to have a very focused physical feeling experience, like a travel experience. So in order to create the illusion and experience of the physical, we had to filter out everything except that which makes sense and is "Possible" in the physical. So in the physical, we start out with the basic, animal kingdom type "Program" where you are only supposed to be able to see with your eyes, when they are open and only certain frequencies etc. Etc. In the physical "Environment" there are physical processes, (or the appearance of them) which are all well designed to integrate very well together. It is all designed so well that we really believe that it is real. It's very "Realistic!"

However, unlike the animals, we were created with GOD Power, to change and alter Meanings at the highest level. We can decide to see with our armpits, or fingertips, or in a 360 degree fashion if we want to. We can literally change the meaning of anything in our experience.



Here is your first most important understanding,
"There is nothing in the animal kingdom that has any meaning for us what so ever. We are GODs, and with our God Power, we can do anything that we want."

We have looked at the animal kingdom and thought that we are the same, because like the animals, we are born, grow old and die. But, nothing could be farther from the truth. Just because we "Act" like them and do what they do, doesn't mean that we "ARE" like them. WE ARE NOT.

We grow old and die, just like animals do, only because that is our belief and therefore it is the meaning we have accepted as our own. Thus, we do have an experience similar to the animal kingdom, not because we have to, but, because we look at them and say "The same goes for me." And so it does.



Illustration



Explain
Illustration
#10-10-i3
3:47

Does the Light "Enter" Here?

Notice the drastic difference between the Eye system for seeing and the Fingers. There is no way that a finger can see in any physical way. If Fingers can see, then our senses MUST NOT BE based in the physical Body.

Do you still think that your five senses are the actual "receiver" and experiencer of sensations? They are only representations of organs that represent that they do special things. But, none of them are doing anything. They are only representing the sensations which are not occurring in the organ, nor in the brain, not even in the Body at all, but only represented there as a way to be physically "Realistic."



#10-11
19:00



Slide Show
Presentation
Chapter #10
Part 3 of 9
62:00+



Flash Movie
Presentation
Chapter #10
Part 3 of 9
1:05:08+

Are Our Sense Organs Real?



Watch
And
Share



Did you ever see something, hear something or feel something in a dream? What physical organs did you use to accomplish that? They were your imaginary representations that seemed so "Realistic" within your Dream, but were never actually real. However, they are as real as the sensations that you feel while awake. The sensations that you feel when you are awake, have an actual physical looking, representation that is "Realistic" and believable and the imaginary dream doesn't. That is, it no longer has one when you wake up.

At the energy level of your Being, and using your GOD Power, the ability to change meanings, you could smell with your feet, although I wouldn't recommend it. You could see with your belly button and hear with your elbows. Or you could, just as easily, decide to have fun, and use someone else's eyes, nose, ears and mouth. Just think of it this way, you could taste all the sweets you wanted to, and never get fat. You could watch the ball game from the umpire's eyes and his view point.

The British physicist Sir William Barrett found evidence of the phenomenon in a series of experiments with a young girl. After hypnotizing the girl he told her that she would taste everything he tasted. "Standing behind the girl, whose eyes I had securely bandaged, I took up some salt and put it in my mouth; instantly she sputtered and exclaimed, 'What for are you putting salt in my mouth?' Then I tried sugar; she said 'That's better'; asked what it was like, she said 'Sweet' Then mustard, pepper, ginger, et cetera were tried; each was named and apparently tasted by the girl when I put them in my own mouth,"⁵²

⁵² S. Edmunds, Hypnotism and the Supernormal (London: Aquarian Press, 1967), as quoted in Supernature, Lyall Watson (New York: Bantam Books, 1973), p. 236.



Explain
Illustration
#10-11-i1
6:22


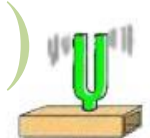
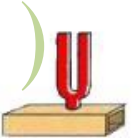


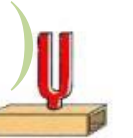

Normal Reality

Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Persons		Taste Is In Your Own Mouth		Nothing In Her Own Mouth		She Tasted Nothing

GOD Power (Exercised By Hypnotism)

Physical Meaning	+	Thought Meaning	+	Physical Meaning	=	Physical Meaning Result
of Persons		Her Taste Is In Hypnotist's Mouth		Nothing In Her Own Mouth		She Tasted Everything That He Did

The Ability Has Been Elicited & Activated In Her Own Life Experience

The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them

The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



Illustration



Play Audio



In his book *Experiments in Distant Influence* the Soviet physiologist Leonid Vasiliev cites a German study conducted in the 1950s that produced similar findings. In that study, the hypnotized subject not only tasted what the hypnotist tasted, but blinked when a light was flashed in the hypnotist's eyes, sneezed when the hypnotist took a whiff of ammonia, heard the ticking of a watch held to the hypnotist's ear, and experienced pain when the hypnotist pricked himself with a needle—all done in a manner that safeguarded against her obtaining the information through normal sensory cues.⁵³



Explain
Illustration
#10-11-i2
6:39

Normal Reality

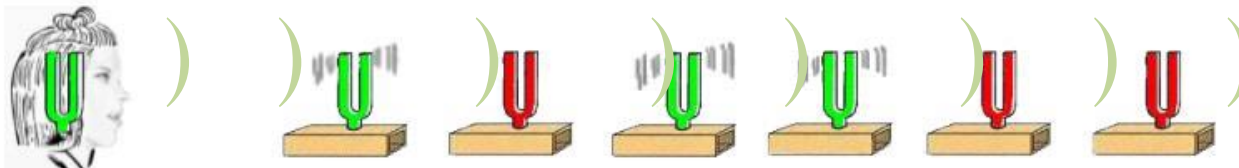
Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Persons		Sense Sensations Are Your Own		No Personal Sense Sensations		Nothing Felt or Sensed

⁵³ Leonid L Vasiliev, *Experiments in Distant Influence* (New York: E. P. Button, 1976).

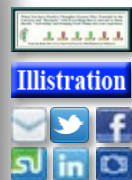
GOD Power (Exercised By Hypnotism)

Physical	+	Thought	+	Physical	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Persons		Sense Sensations Are Hypnotist's Sense Sensations		No Personal Sense Sensations		Subject Felt & Sensed Everything The Hypnotist Did

The Ability Has Been Elicited & Activated In Subject's Own Life Experience



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The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



If these people can see, hear, and feel sensations that are not coming from their own sense organs, then it is clear that they aren't even needed. If you can taste what is in somebody else's mouth, and feel pain when their skin is pricked, then your own body must not be where the actual tasting and feeling are happening. How can your mouth be the actual source of tasting if you can taste without it? All this time you thought that you were tasting with your mouth, when it was only the place that was, at the time, was representing "Realistically" your place of tasting. But, then you go and change the meaning to include tasting with somebody else's mouth. At least, that was, in a weird twisted way, still kind of "Realistic, in that you still tasted with a "Mouth," even though, it wasn't your own. But, what if you decided to see with someone else's fingers? Hear with their hands. If you couldn't hear something, you could just raise your hand way up high and "face it" in toward what you wanted to hear. What if you hypnotized someone to taste with their feet? They would really have to watch where they were stepping.

I'm sure that you are beginning to realize that nothing with regard to your Body is as it seems.

Everything that your body does is representing various functions and it does so according to the established meanings associated with each aspect. The real action is happening in the energy realm not in the superficial, fake, physical representation that we call our body. In these cases, the hypnotist influenced the subjects, to use their own GOD Power, to change the source of the sensations from their own Represented Location, their mouth, their ears, and their eyes, to the location of the hypnotist's representation of a mouth, ears and eyes instead.

Does this meet our definition of Reality? Remember that we said; let's call Reality that which someone can experience. If someone can experience it, it's Reality. Well I guess these experiences were real enough for the people who experienced them, that means that, once again, we have Reality, albeit, their Reality.

Just so we are clear on the point of this whole exercise. Animals have the same physical sensations and representative expressions etc. as we do. However, for them, their reality is fixed. They are not able to make these kinds of changes. If it were the same for us, there would be no point in understanding this whole "Meaning, representation thing, because, in the end, we would have to live with it. However, we can change our Realities. We can use our GOD Power, to alter and change anything we want.

So the first step is to recognize and believe that other realities not only exist, but that you have the GOD Power and ability already, to create and alter them. This whole section is to prove beyond a shadow of a doubt that anything and everything can be altered by changing Meaning, and you have the Ability, the GOD Power, to change Meaning.

If you spent time perfecting the use of your GOD Power, you could go into a restaurant, look over at the table next to you, and check out what the guy next to you ordered by tasting what he tasted as he was eating, to decide if you wanted to order the same thing. You could go to a ball game, and if you had seats way in the back, decide to see the game through someone else's eyes who was closer to the action.

Can Your Body Be Harmed?



Are you beginning to recognize the implications of your ability? Let's continue. Do you think that your body can be harmed? If the answer is YES, then your reality is, YES. But, just because your reality allows your body to be harmed, doesn't mean that everybody's reality is as limited as yours. There are people who cannot be burned. Literally hundreds of credible accounts of fire immunity exist.

#10-12
24:56

Explain
Illustration
#10-12-i1
5:16



It is reported that when Bernadette of Lourdes was in ecstasy she was also impervious to fire. According to witnesses, on one occasion her hand dropped so close to a burning candle while she was in trance that the flames licked around her fingers. One of the individuals present was Dr. Dozous, the municipal physician of Lourdes. Being of quick mind, Dozous timed the event and noted that it was a full ten minutes before she came out of trance and removed her hand. He later wrote, "I saw it with my own eyes. But I swear, if anyone had tried to make me believe such a story I would have laughed him to scorn."⁵⁴

Watch
And
Share

Normal Reality						
Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
Fingers Are Made Of Flesh		Fire Burns Human Flesh		Finger In Flame For 10 Minutes		Fingers Severely Burned and Cooked Well Done

Illustration

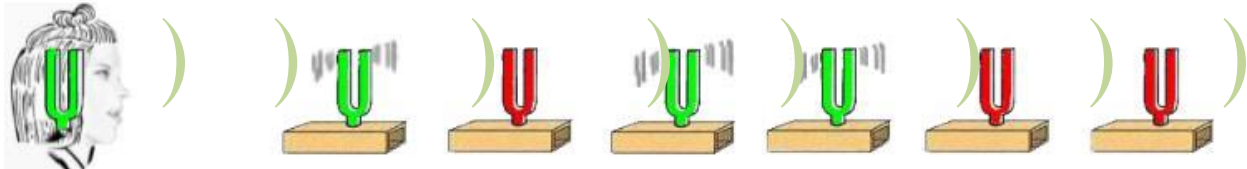
⁵⁴ Franz Werfel, The Song of Bernadette (Garden City, N.Y.: Sun Dial Press, 1944), pp. 326-27.



GOD Power (Exercised By Meditative Trance)

Physical Meaning	+	Thought Meaning	+	Physical Meaning	=	Physical Meaning Result
Fingers Are Made Of Flesh		Fire Does Not Burn Human Flesh		Fingers In Flame For 10 Minutes		Fingers Completely Unharmed

The Ability Has Been Elicited & Activated In Subject's Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them

Can you stick your finger in a candle flame for 10 Minutes without cooking your finger like a hot dog? If not, it's not YOUR Reality. Does this meet our definition of Reality? Remember that we said; let's call Reality that which someone can experience. If someone can experience it, it's Reality. It really happened for her, I guess it was her reality.

In this next Video Example, I will demonstrate the effects of holding a hotdog over an open candle flame for 10 minutes to simulate the experience of the woman in the above example.

Video Example - Hotdog in Candle Flame For 10 Minutes



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[Hotdog in Candle Flame For 10 Minutes](#)

[Check Video](#)



Illustration

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What is this video about?

This is a demonstration Video of what kind of damage would normally occur to a person who held their finger in an open candle flame for 10 minutes. Of course, this is a demonstration that is being performed in a different Reality than that experienced by the woman in the example above.

 Explain
Illustration
#10-12-i2
2:19

 Play
Audio

Normal Reality						
Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
Hotdogs Are Made Of Flesh		Fire Burns Flesh		Hotdog In Flame For 10 Minutes		Hotdog Severely Burned

What does this example show and what does it mean?

This Video Example demonstrates that the only way that she could have survived her own experience is if she was operating in her own different Reality that bent the laws of physics in order to keep her from harm.


The temperature at the outer edge of a candle flame is around 1,400 degrees Celsius.⁵⁵ Fahrenheit is nearly twice that reading; let's say 2,800 degrees Fahrenheit just to use round numbers. Furthermore, Human flesh requires an extended exposure to 1,400 degrees Fahrenheit in order to ignite. When I say "Ignite," I mean catch on fire and start burning. It would only take a couple of hundred degrees to blister up the skin and get a third degree burn.

That means that the temperature of the candle flame was nearly twice as hot as it needed to be to burn Human Flesh. Her hand was in the Flame of the candle for 10 minutes. Her fingers should have looked like the hotdog in the Video Demonstration above. But, they were not. This is clear evidence that she existed in a different Reality, at least while she was in trance.

There are so many credible stories of people who can't be harmed in various ways, and yet, we hardly ever hear of them. That is because, if it doesn't "Match" your Reality, you wouldn't be eliciting their stories into your experience, and since most people have "Normal" (limited) Realities, most people would never hear of these stories. You are not Normal, Thank GOD for that, if you were, you wouldn't be reading this book.

⁵⁵ According to the [The Physics Factbook](http://hypertextbook.com/facts/1999/JaneFishler.shtml)™ Edited by Glenn Elert and written by his students, <http://hypertextbook.com/facts/1999/JaneFishler.shtml>

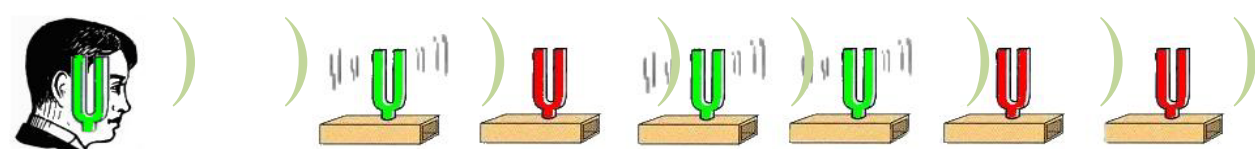
On September 7, 1871, the *New York Herald* reported that Nathan Coker, an elderly blacksmith living in Easton, Maryland, could handle red-hot metal without being harmed. In the presence of a committee that included several doctors, he heated an iron shovel until it was incandescent and then held it against the soles of his feet until it was cool. He also licked the edge of the red-hot shovel and poured melted lead shot in his mouth, allowing it to run over his teeth and gums until it solidified. After each of these feats the doctors examined him and found no trace of injury.⁵⁶

 Explain
Illustration
#10-12-i3
3:03

Normal Reality						
Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
Mouth Is Made Of Flesh		621 Deg(F) Burns Human Flesh		Molten Lead 621 Deg (F) In Mouth		Mouth Severely Burned & Deformed

GOD Power (Enforced By His Own Beliefs)						
Physical Meaning	+	Thought Meaning	+	Physical Meaning	=	Physical Meaning Result
Mouth Is Made Of Flesh		621 Deg(F) Does Not Burn Human Flesh		Molten Lead 621 Deg (F) In Mouth		Mouth Completely Unharmed

The Ability Has Been Elicited & Activated In His Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
 The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them


 Illustration


 Play Audio

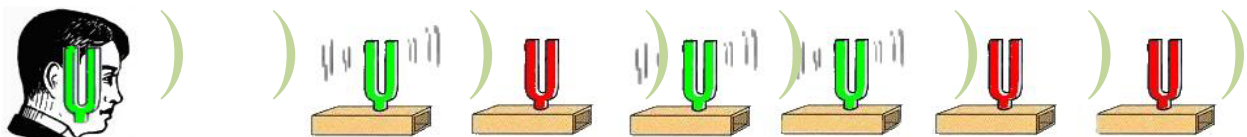


⁵⁶ Gaddis, Mysterious Fires, pp. 106-7.

While on a hunting trip in 1927 in the Tennessee Mountains, K. R. Wissen, a New York physician, encountered a twelve-year-old boy who was similarly impervious. Wissen watched the boy handle red-hot irons out of a fireplace with impunity. The boy told Wissen he had discovered his ability by accident when he picked up a red-hot horseshoe in his uncle's blacksmith shop.⁵⁷

 Explain
Illustration
#10-12-i4
6:46

Normal Reality						
Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
Hands Are Made Of Flesh		Red Hot Irons Burn Flesh		Red Hot Iron In Hands		Hands Severely Burned

GOD Power (Enforced By His Own Beliefs)						
Physical Meaning	+	Thought Meaning	+	Physical Meaning	=	Physical Meaning Result
Hands Are Made Of Flesh		Red Hot Irons Do Not Burn Flesh		Red Hot Iron In Hands		Hands Completely Unharmed
The Ability Has Been Elicited & Activated In His Own Life Experience						
						
<p>The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them</p>						

 Illustration

 Play Audio

Does this meet our definition of Reality? Remember that we said; let's call Reality that which someone can experience. If someone can experience it, it's Reality. These experiences were real enough for those who experienced them. I guess we have discovered yet another "Different Reality."

⁵⁷ Gaddis, Mysterious Fires, pp. 106-7. (29. Ibid., p. 106.)

In the next Video Example, I demonstrate the normal effects of Hot Molten lead on a Hotdog.

Video Example – Hot Molten Lead Poured on Hotdog



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And
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Hot Molten Lead Poured on Hotdog

Check Video

What is this video about?

This is a demonstration Video of what kind of damage would normally occur to a person who poured hot molten lead in their mouth. Of course, this is a demonstration that is being performed in a different Reality than that experienced by the man in the example above.

The lead is first heated until it reaches the "Molten" liquid state. Then it is poured onto a hotdog to demonstrate how the extreme heat of the molten lead almost instantly cooks the hot dog, and in fact burns it beyond recognition in a matter of minutes.

Normal Reality

Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
Hotdog Is Made Of Flesh		621 Deg(F) Burns Flesh		Molten Lead 621 Deg (F) on Hotdog		Hotdog Severely Burned

Play Audio



Explain
Illustration
#10-12-i5
3:17

What does this example show and what does it mean?

This Video Example demonstrates that the only way that the man featured in the story above, could have survived his own demonstration, is if he was operating in his own different Reality that bent the laws of physics allowing him to accomplish this amazing feat.

Lead, like the lead weights that you use when you go fishing, melts into a molten state at about 621 degrees (F).⁵⁸ Water boils at 212 degrees (F). That means that this man had a mouth full of hot molten metal that was three times hotter than boiling water. He held it in his mouth until it cooled enough to be removed in one solid piece.

This is absolute evidence that he existed in his own Reality, one in which the Laws of Physics operated differently than what science suggests it should. Otherwise, his mouth and Tongue would have looked like the hotdog in the Video demonstration above.

These feats could not be performed if the body were Real. Molten lead shot, would at least crack your teeth and cook your tongue like a steak on a grill. But, since the body is only a representation (like an animated physical picture), and we have the ability with our GOD Power to change the meaning associated with our own representation, then there is no limit to what we can do.

The process here is quite simple. Like the placebo in the doctor's office, the "Meaning" of the hot lead was that it wasn't hot. It may have been cold or nothing at all. It could have tasted like candy. It doesn't matter. Nothing has a meaning that is fixed and unchangeable by us with our GOD Power. Only the animal kingdom experiences a fixed reality. You couldn't pour hot molten lead shot into an animal's mouth without cooking his entire mouth region and no doubt resulting in death. However, by the same token you couldn't put the hot molten lead in any one else's mouth either without the same result. Not because, they couldn't accomplish and do what these men could do, but because they don't know that they can do it, and therefore, they cannot. You can only do what you think that you can do. That is your Reality. But not everyone thinks the same as you. Therefore, we all have different realities.



#10-13
18:05

In this next example, a man was able to plunge a sword into his abdomen on a regular basis as part of his "Act." I don't mean to say that he did it as an "Illusion," he actually stuck the sword through his flesh and through his inner organs as part of his performance. Just remember, just because you are seeing some trick or amazing act being performed in front of an audience doesn't mean that it is an "Illusion," it could be Real...

58

Lure Making Tips, http://wiki.answers.com/Q/What_temperature_does_lead_melt_at

More Amazing Stories From The Past

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Mirin Dajo

Mirin Dajo⁵⁹ In public performances at the Corso Theater in Zurich, he left audiences stunned. In plain view Dajo would have an assistant stick a fencing foil completely through his body, clearly piercing vital organs but causing Dajo no harm or pain. When the foil was removed, Dajo did not bleed and only a faint red line marked the spot where the foil had entered and exited.

Dajo's performance proved so nerve-racking to his audiences that eventually one spectator suffered a heart attack, and Dajo was legally banned from performing in public. However, a Swiss doctor named Hans Naegeli-Osjord learned of Dajo's alleged abilities and asked him if he would submit to scientific scrutiny. Dajo agreed, and on May 31, 1947, he entered the Zurich cantonal hospital.

⁵⁹ MIRIN DAJO - The Extreme Human Pincushion

<http://thehumanmarvels.com/?p=98> **The Human Marvels website**

The man in the video is Dutch Fakir Mirin Dajo. He was born in 1912 as Arnold Gerrit Henskes and adopted his name, an Esperanto term that translates to mean 'wonderful'. In 1947, at the Corso Theatre in Zurich, Mirin Dajo allow an assistant to plunge a fencing foil right through his body. The foil appeared to have pierced several vital organs and yet, the fakir remained relatively unharmed. Needless to say, people were shocked, amazed and terrified by what they saw. As word of his remarkable talent spread, a Swiss doctor Hans Naegeli-Osjord invited Mirin Dajo to the Zurich Cantonal hospital for study. Many people, including Naegeli-Osjord, the chief of surgery Dr. Werner Brunner and as well as several other doctors, students and members of the press witnessed these tests. All were dumbfounded by what they saw. In front of the witnesses assembled Mirin Dajo stripped naked to the waist and, following a period of meditation, once again had his assistant plunge the steel rapier through him. He then stood for some time, impaled, while the doctors examined him. The doctors could find no evidence of trickery but many still refused to believe what they saw. Mirin Dajo agreed to an x-ray with the foil in place. The resulting image confirmed the legitimacy of his abilities.

(Continued Next Page)



In addition to Dr. Naegeli-Osjord, Dr. Werner Brunner, the chief of surgery at the hospital, was also present, as were numerous other doctors, students, and journalists. Dajo bared his chest and concentrated, and then, in full view of the assemblage, he had his assistant plunge the foil through his body.

As always, no blood flowed and Dajo remained completely at ease. But he was the only one smiling. The rest of the crowd had turned to stone. By all rights, Dajo's vital organs should have been severely damaged, and his seeming good health was almost too much for the doctors to bear.

Filled with disbelief, they asked Dajo if he would submit to an X ray. He agreed and without apparent effort accompanied them up the stairs to the X-ray room, the foil still through his abdomen⁶⁰

The X ray was taken and the result was undeniable. Dajo was indeed impaled. Finally, a full twenty minutes after he had been pierced, the foil was removed, leaving only two faint scars. Later, Dajo was tested by scientists in Basel, and even let the doctors themselves run him through with the foil. Dr. Naegeli-Osjord later related the entire case to the German physicist Alfred Stelter, and Stelter reports it in his book *Psi-Heating*.⁶¹

⁶⁰ MIRIN DAJO - The Extreme Human Pincushion

<http://thehumanmarvels.com/?p=98> The Human Marvels website

Later that same year, Mirin Dajo was again submitted to examination, this time in Basel. There he actually allowed the doctors themselves to pierce him. Again, there was no evidence of trickery. Not only did Mirin Dajo insist that the doctors treat him roughly, he later jogged several laps while still impaled to illustrate his complete tolerance of pain. Mirin Dajo was a very religious man and some media outlets labeled him a 'Messiah'. According to some reports, Mirin Dajo could hear voices, a spiritual guide. His public displays were often concluded with a lecture and a message of peace. How was Mirin Dajo able to survive this repeated trauma? Who knows. Luck, faith, unique

biology, mind over matter - your guess is as good as mine. He kept performing his feat for audiences. Eventually, to prove his talent was real while on stage, he took to being impaled by three hollow skewers. He would then pump water through those skewers. He became a human fountain. It is not uncommon for eastern fakirs to pierce themselves with swords, many of them can push swords completely through their bodies. However, the majority of them do so through the fatty and 'safe' areas their body. The piercing feats of Mirin Dajo were extreme. It is important to note that his unique skill may have resulted in his demise on May 26, 1948. An autopsy revealed that Dajo died of an aortic rupture. images: 1. promotional photo of Mirin Dajo - no known original source. 2. the x-ray image that shocked the medical world.



⁶¹ Stelter, *Psi-Healing*, pp. 121-24.



Explain
Illustration
#10-13-i1
4:47

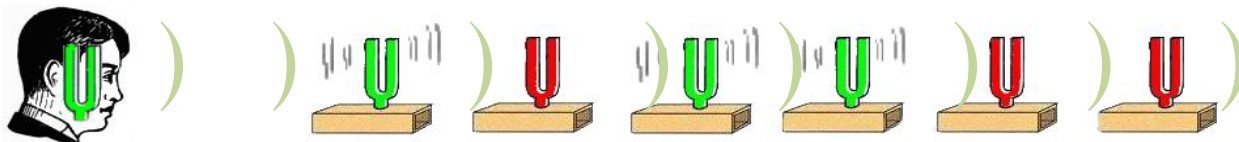
Normal Reality

Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Body		Body Abdomen Severely Pierced Causes Death		Body Abdomen Severely Pierced		Man Could Die If Not Quickly Treated By Doctor

GOD Power (Exercised By His Own Belief)

Physical Meaning	+	Thought Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Body		Body Abdomen Severely Pierced Is No Problem		Body Abdomen Severely Pierced		Man Quickly Heals Without Harm

The Ability Has Been Elicited & Activated In His Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



Illustration



Play Audio



Does this meet our definition of Reality? Remember that we said; let's call Reality that which someone can experience. If someone can experience it, it's Reality. He had these experiences and many credible witnesses who validated that the experience was real, therefore it was his reality. However amazing this feat was, it is not anything special for those who know that they are invincible.

If you believe that your body can be harmed, then by your own meaning, that you have asserted and confirmed, by the use of your own GOD Power, you make it so. But, in Real Reality, the one where your body is only a representation, a projection for our pleasure, amusement, and experience, how can it be harmed? If you stuck a sword through the picture of the music player on the computer screen, do you think damaging the computer monitor, which had the picture of the music player displayed on it, would in any way hurt the actual player? The picture is not the player. The music would continue to play anyway. Do you think that if you plunged a sword through the body of a Holodeck character in a Star Trek episode that the character would necessarily have to die? Or would it be possible that he could live? It boils down to a decision of whether the Holodeck should represent a realistic reality or not? The body is not the Human. It's your "Physical Picture" and realistic physical representative, which you use for this physical experience.

Do you think that there is any way that your computer "Avatar" in the Second Life World, could be harmed? Is there any possibility that anything could happen to it? No, none what so ever. Who knows there may be some sort of thing that could happen, but as soon as you hit "RESET," you would be as good as new.

How else could you have a physical experience, when you are a nonphysical being of pure energy? You have to represent yourself as physical matter. But, that's not who you really are. That's like your avatar in this world. It looks the way you made it to look. It performs and looks like and acts like the real thing in a very realistic way. It's actually a pretty good system.

In this next example, a woman in an act of absolute devotion, is able to stop eating and drinking water for over 30 Years. Yes, you read that right. Because she "Transferred" a disease from another person to herself, she was unable to use her throat, so, it was either create the ability to stop eating and drinking or die.

Therese Neumann. In addition to her stigmata, Neumann also displayed *inedia*, the supernormal ability to live without food. Her *inedia* began in 1923 when she "transferred" the throat disease of a young priest to her own body and subsisted solely on liquids for several years. Then, in 1927, she gave up both food and water entirely. When the local bishop in Regensburg first learned of Neumann's fast, he sent a commission into her home to investigate. From July 14, 1927, to July 29, 1927, and under the supervision of a medical doctor named Seidl, four Franciscan nursing sisters scrutinized her every move. They watched her day and night, and the water she used for washing and rinsing her mouth was carefully measured and weighed. The sisters discovered several unusual things about Neumann. She never went to the bathroom (even after a period of six weeks she only had one bowel movement, and the excrement, examined by a Dr. Reismanns, contained only a small amount of mucus and bile, but no traces of food). She also showed no signs of dehydration, even though the average human expels about four hundred grams (fourteen ounces) of water daily in the air he or she exhales, and a like amount through the pores. And her weight remained constant; although she lost nearly nine pounds (in blood) during the weekly opening of her stigmata, her weight returned to normal within a day or two later. At the end of the inquiry Dr. Seidl and the sisters were completely convinced that Neumann had not eaten or drunk a thing for the entire fourteen days. The test seems conclusive, for while the human body can survive two weeks without food, it can rarely survive half that time without water. Yet this was nothing for Neumann; she did not eat or drink a thing for the **next thirty-five years**. So it appears that she was not only materializing the enormous amount of blood necessary to perpetuate her stigmata, but also regularly materializing the water and nutrients she needed to stay alive and in good health. *Inedia* is not unique to Neumann.⁶²

⁶² In *The Physical Phenomena of Mysticism*, Thurston gives several examples of stigmatists who went for years without eating or drinking.



Explain
Illustration
#10-13-i2
7:12


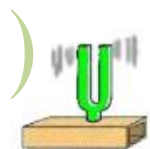
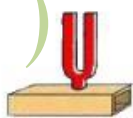

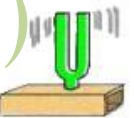

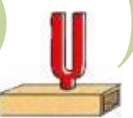
Normal Reality

Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Body		Body Requires Food & Water To Survive		No Food & No Water		Woman Dies An Agonizing Death

GOD Power (Exercised By Her Own Belief)

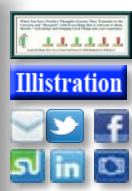
Physical Meaning	+	Thought Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Body		Body Does Not Require Food & Water To Survive		No Food & No Water		Woman Easily Lives & Functions Normally

The Ability Has Been Elicited & Activated In Her Own Life Experience

The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them

The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



Does this meet our definition of Reality? Remember that we said; let's call Reality that which someone can experience. If someone can experience it, it's Reality. Her condition was proved and witnessed by professional people and her case is not the only one. This was Real for her. It was her Reality.

Well, I've really thrown one at you now. Not eating or drinking for thirty years? That's crazy? Isn't it? It is crazy, if you are an animal, because you would be dead very quickly. And frankly, most of the Human population, who subscribe to a "normal" reality, would have perished. However, it is not only possible, but makes perfect sense, when you realize that our Bodies are only representations, images, and cannot be killed or injured unless we agree to it and believe it.

She used her own GOD power to change the meaning of eating and drinking. The normal meaning of living in a physical body is, you must eat and drink water to nourish your cells and body in order to live. But I ask you "Do the characters on the Holodeck, in Star Trek, have to eat and drink to survive? No. However, the program could be set to mimic "Reality" and if they didn't eat the representative food and water, their representative bodies would experience and represent a decreased vitality etc until death was represented. That would make it "Realistic," but not real in the truest sense.



In this next example, Extreme Religious Faith, gave these people super Human Abilities in their time of need.

#10-14
15:04

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In the late 1600s, when King Louis XIV tried to purge the country of the unabashedly Protestant Huguenots, a group of Huguenot resisters in the valley of the Cevennes and known as the *Camisards* displayed similar abilities. In an official report sent to Rome, one of the persecutors, a prior named Abbe du Chayla, complained that no matter what he did, he could not succeed in harming the *Camisards*. When he ordered them shot, the musket balls would be found flattened between their clothing and their skin. When he closed their hands

upon burning coals, they were not harmed, and when he wrapped them head to toe in cotton soaked with oil and set them on fire, they did not burn. As if this weren't enough, Claris, the Camisard leader, ordered that a pyre be built and then climbed to the top of it to deliver an ecstatic speech. In the presence of six hundred witnesses he ordered the pyre be set on fire and continued to rant as the flames rose above his head. After the pyre was completely consumed, Claris remained, unharmed and with no mark of the fire on his hair or clothing. The head of the French troops sent to subdue the *Camisards*, a colonel named Jean Cavalier, was later exiled to England where he wrote a book on the event in 1707 entitled *A Cry from the Desert*.⁶³



Illustration



Slide Show
Presentation
Chapter #10
Part 4 of 9
1:11:00+



Flash Movie
Presentation
Chapter #10
Part 4 of 9
1:14:28+



Explain
Illustration
#10-14-i1
10:45

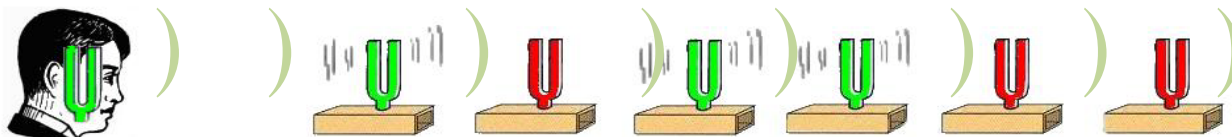
Normal Reality						
Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Body		Bodies & Flesh Can Be Harmed By Bullets & Fire		Men Are Shot & Burned		They Die Agonizing Deaths

⁶³ Podmore, Mediums, p. 264.

GOD Power (Exercised By Extreme Religious Beliefs)

Physical	+	Thought	+	Physical	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Person's Body		Bodies & Flesh Can Not Be Harmed By Bullets & Fire		Men Are Shot & Burned		They Are Completely Unharmed

The Ability Has Been Elicited & Activated In Their Own Life Experience



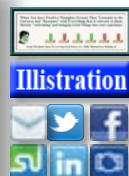
The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them

Does this meet our definition of Reality? Remember that we said; let's call Reality that which someone can experience. If someone can experience it, it's Reality. We are really getting out there now. Bullets flat against skin? Well, it's real, it happened and it's reality. Don't try this at home. It's their reality, but not ours.

For the naysayers, a lot can be said about mind control of the body. However, when you have an example like this one, and there are many others, where not only were these people's bodies and flesh unharmed, but their clothes as well? That can only be explained by a different reality. I don't care how much you claim that mind control is able to do, I would be hard pressed to believe that a person's mind control over their own body, could protect their clothes from burning in a fire as well. That is a result of a personal Reality "Force Field" if you will.

As every other time before, it is simply a matter of using your GOD Power to assign different meanings to any and every aspect of your existence. From his point of view, the bullets were soft marsh mellows which squashed as they hit their skin. But from the shooter's and bullet's point of view, they hit a solid surface stronger than they were able to penetrate. These are two completely different realities that existed simultaneously side by side.

When humans started using their GOD Power to change meanings, and configure their own realities to ones that didn't have a "Realistic" counter part of representation, then we could see "The man behind the curtain." We could see the system and mechanism of reality. When people can see with their finger tips, there is no "Realistic" representation for that. When people can stand in a fire without even their clothes burning, there is no "Realistic" explanation or representation for that. It is just an absolute direct action from the energy body, that can't be represented in physical form in a "Realistic" Physical Reality sort of way, like the other 99% of activities can.





#10-15
14:09

Why Are Most Of These Examples From So Long Ago?

♥ Share This



As we have learned, our Realities are based on our awareness and our beliefs. In ancient times they believed in miracles and special abilities. During the times of Jesus, rocks were turned into bread and water into wine, and no one questioned that it could be done, or that it had been done.

It is our own science that has caused the eroding of our beliefs in the amazing. As we learn about physics, we know that water can't be turned into wine, so it never happens again. However, even though as a population we don't readily believe in these types of abilities, it can't and doesn't stop individual people from having Realities that allow them to have these kinds of amazing experiences still.

To the skeptics and non believers, they believe that there is always some natural explanation or that it is a trick. That's fine. It is not our place to change their reality. However, even though current examples of these types of Realities are harder to find, they are still around. The following Video Example is of a young girl in India, who can see and read even when her eyes are blind folded.

Watch
And
Share



Video Example – "Girl Reads a Book Blindfolded"

♥ Share This



Watch
And
Share



Human X-Ray machine- Unbelievable Eye sight (7:43) (View All)



What is this video about?

In this Video Example, a young girl named, Rajana Agrawal, is able to see and read even though her eyes have been covered with cotton gauze, a thick blind fold and a person's hand. Most of the words spoken in this Video are in another language, but it is still easy to figure out what is going on.

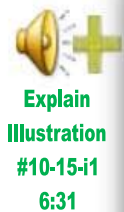
This is obviously some sort of TV Talent Show. The man in the picture is one of the hosts, who is amazed at her abilities. At the beginning of the Video clip, they are putting cotton gauze over her closed eyes. Then they cover the gauze with a thick black blind fold and tie it tightly. It is clear that she can't see. If she did open her eyes the cotton gauze would get in her eyes.

For her first demonstration, they call several volunteers from the studio audience to come up on stage and stand in front of her. She apparently is describing each of them including what they are wearing. So they bring up another group of people and again, she successfully describes them.

Next they hold a book in front of her and ask "What color is the book?" She answers correctly. Then they ask her to turn to a page and start reading. She does. However, the host is so amazed that he wants to be sure that this is really happening, so he puts his hand in front of the girl's eyes to be sure. Still, she continues to read the passage.

What does this example show and what does it mean?

This is a strong example of the altered Realities that we have been discussing above. While not everyone will believe that this is true, they don't have to. All of these examples are for Believers, for it is only the Believers who have the ability to change their own Realities in powerful and amazing ways. The nonbelievers are limited to tiny alterations, only because it takes strong faith and belief to effect big changes.

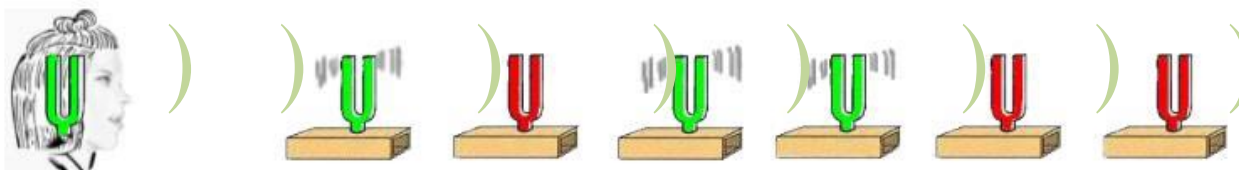


Normal Reality								
Physical Meaning of Person	+	Physical Meaning Eyes See Light	+	Physical Meaning Blind Fold Blocks Light	+	Physical Meaning Hand Blocks Light	=	Physical Meaning Result She Can't Read The Book

GOD Power (Exercised By Her Own Belief)

Physical	+	Thought	+	Thought	+	Thought	=	Physical
Meaning		Meaning		Meaning		Meaning		Meaning Result
of Person		Her X-Ray Eyes Can See Through Things		Blind Fold Now Invisible		Hand Now Invisible		She Can Easily Read The Book

The Ability Has Been Elicited & Activated In Her Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



Illustration



Play Audio



This Video Example is very similar to those who can see with their elbows, fingers, arm pits or ear lobes, because, they are not seeing with their eyes. They are seeing with their minds. The only difference between them is the location where they believe they can see. For the girl above, she believes that it is still her eyes seeing through the blindfold because her ability to see is still in the "Normal" location which is in front of her face. For the rest, they don't believe that their vision is still from their eyes, because where they are able to "See," is nowhere near their eyes.

There are many different ways to "See" however. You could see in the normal way, noticing only the outside representations, such as the clothes and skin on a person, or the outside of a building. However, if you were to X-Ray the building or the person, you could see past the outside representation and see inner representations.

With regard to the body, it is only a question of what level of the representation you are looking at. Some people are able to see inside the Human body and detect illness and disease. This ability is known as "Inner Vision," by many native tribes.



In some shamanic cultures internal vision is one of the prerequisites for becoming a shaman. Among the **Araucanian Indians of Chile and the Argentine pampas**, a newly initiated shaman is taught to pray specifically for the faculty. This is because the shaman's major role in Araucanian culture is to diagnose and heal illness, for which internal vision is considered essential.⁶⁴ Australian shamans refer to the ability as the "strong eye," or "seeing with the heart."⁶⁵

⁶⁴ D. Scott Rogo, "Shamanism, ESP, and the Paranormal," in Shamanism, ed. Shirley Nicholson (Wheaton, 111.: Theosophical Publishing House, 1987), p. 135.

⁶⁵ Michael Hamer and Gary Doore, "The Ancient Wisdom in Shamanic Cultures," in Shamanism, ed. Shirley Nicholson (Wheaton, III.: Theosophical Publishing House, 1987), p. 10.



Explain
Illustration
#10-15-i2
3:26

Normal Reality

Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Body		Eyes Sees With Light		Bodies Block Light		They Cannot See Into The Body

GOD Power (Exercised Their Own Beliefs)

Physical Meaning	+	Thought Meaning	+	Thought Meaning	=	Physical Meaning Result
of Person's Body		Eyes Can See Without Light		Bodies Are Transparent		They Can See Inside The Body

The Ability Has Been Elicited & Activated In Their Own Life Experience

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The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



Illustration



Play Audio



#10-16
15:16

An important point here is that, these Native Shamans, aren't born with this ability, they acquire it. They pray for the ability, which is actually altering their Reality. In these examples of Native Shamans, they acquire the ability on a permanent basis. That is to say, that their Reality is not temporary, nor is it conditional.

There are other Tribal Shamans, who acquire the ability on a temporary and conditional basis. That is to say that they are able to alter their own Reality under certain conditions and their abilities will only be effective, while these conditions are present.



Jivaro Indians of the forested eastern slopes of the Ecuadorian Andes acquire the ability by drinking an extract of a jungle vine called *ayahuasca*, a plant containing a hallucinogenic substance believed to bestow psychic abilities on the imbiber. According to Michael Harner, an anthropologist at the *New School for Social Research in New York* who specializes in shamanic studies, ayahuasca permits the Jivaro shaman, "to see into the body of the patient as though it were glass."⁶⁶

⁶⁶ Michael Hamer, *The Way of the Shaman* (New York: Harper & Row, 1980), p. 17.

Explain
Illustration
#10-16-i1
6:07

Normal Reality

Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Body		Eyes Sees With Light		Bodies Block Light		They Cannot See Into The Body

GOD Power (Exercised By Their Own Beliefs While In An Altered State)

Physical Meaning	+	Thought Meaning	+	Thought Meaning	=	Physical Meaning Result
of Person's Body		Eyes Can See Without Light		Bodies Are Transparent		They Can See Inside The Body

The Ability Has Been Elicited & Activated In Their Own Life Experience

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The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them

Illustration

Play Audio



The Native tribes rely heavily on this type of Vision and healing technique because they don't have X-Ray machines or the specialized medical equipment that we have. It's no wonder that we don't see more of this ability in our culture; there is no need for it. However, that doesn't mean that there aren't still people with these abilities that aren't members of Native Tribes.

In the next Video Example, is an Australian Woman who has the ability to see into the Human Body and diagnose illness, successfully finding the problems when the conventional Doctors could not.

How To Use Your GOD Power - "The Master's Course"

Video Example – "Human X-Ray Machine"



♥ Share This

Watch
And
Share



[Human X-Ray, Natalia VASILYEVA \(2:31\) \(View All\)](#)




What is this video about?

In this Video Example, Natalia Vasilyeva from Hobart Australia is able to "See" into the Human body and view the energy fields. She claims that the colors of the fields are different if there are problems. She first discovered her special ability when she was 25 years old. She says that it is a gift from GOD.

She says that when she closes her eyes, she sees it all. She says that when she is looking into a body, the healthy parts look bright and dynamic in color while the bad and damaged parts look black and dark. She can see Cancer, broken bones and muscle damage to name a few.

In this Example, there is a man who had pain from a traffic accident. After years of pain, and many visits to a dozen Doctors, he was unable to solve his problem. After his visit with Natalia, she was able to see the problem in his neck which was a nerve infection. He went back to the Doctors and told them what was wrong, and they were able to cure him. It worked out quite well.

 Explain
Illustration
#10-16-i2
3:44

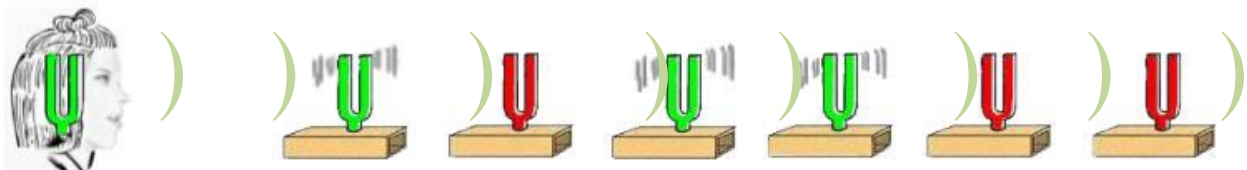
Normal Reality

Physical	+	Physical	+	Physical	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Person's		Eyes Sees		Bodies Block		She Cannot
Body		With Light		Light		See Into The Body

GOD Power (By Her Own Beliefs)

Physical	+	Thought	+	Thought	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Person's		Eyes Can See		Bodies Are		She Can See
Body		Without Light		Transparent		Inside The Body

The Ability Has Been Elicited & Activated In Her Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



 Illustration

 Play Audio



What does this example show and what does it mean?

This Video Example shows that people are able to see into the Human body and see the problem by the color of the energy. This is not too different than being able to see with the finger tips, in that there is a different kind of vision going on. While she is "Seeing," her eyes are closed. That means that it is not the light that comes into her eyes that she is seeing, instead she is seeing with her mind.

Once you relinquish the sight limitations of the eye, then you can see whatever you want to and where ever you want to. That is to say that the eye can only technically see within a certain light range and frequency and it cannot see into anything like an x-ray machine. So if you are seeing with your eyes, then you expect to only be able to see what the eye is supposed to be able to see. But once you leave the eyes behind and see from your mind, then there are no limitations on what you can see.



Watch
And
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Remote Viewing

Once you have accepted that fact that you can see without your physical eyes, then you can see anything in any way. That is to say that you can see in any way that you can imagine. Remote Viewing has been used by Governments to gather information for years. It is the method of going somewhere with your Mind and seeing what's there. They have successfully seen into closed boxes and seen into closed rooms halfway around the World. At the beginning it was thought that the Remote Viewer was seeing through someone else's eyes, but they quickly learned that it wasn't necessary to do that. They could see anything anywhere, whether a person was there or not, whether a person had ever seen the location or not.

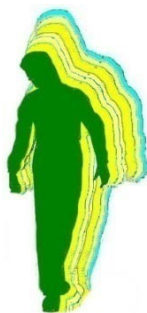


The Sunday Times reported that Ingo Swann,⁶⁷ in a remote-viewing session, was asked to look at Jupiter. He reported that the planet had a ring around it. At the time this was thought to be incorrect. Swann assumed his 'discovery' was a mistaken view of Saturn. In a 1977 account of their findings, Hal Puthoff counted it as an error. Two years later, Voyager 1 sent back pictures of Jupiter showing the planet did indeed have a ring around it.⁶⁸

In this special experiment, Ingo Swann was able to "Remote View" Jupiter before our space probe got there and see certain things that were later by the space probe. This demonstration is also no different than people seeing from their fingertips or seeing 360 degrees. It is just a matter of your Beliefs as to what you can do and what you cannot. KNOW this, you can do anything!

⁶⁷ Ingo Swann, http://en.wikipedia.org/wiki/Ingo_Swann Ingo Swann (born Ingo Douglas Swan on 09/14/1933 in Telluride, CO) is an artist and author, best known for his work as a co-creator (according to his frequent collaborators Russell Targ and Harold Puthoff) of the discipline of remote viewing, specifically the Stargate Project. He has written several books on remote viewing or related topics. Swann does not identify himself as a "psychic," preferring to describe himself as a "consciousness researcher" who had sometimes experienced "altered states of consciousness."

⁶⁸ Remote Viewing Book, Chapter 5, Toward a Scientific Understanding of Remote Viewing, © Tim Rifat, 2002



Watch
And
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#10-17
26:23

What Can We Learn From Those Who Have Multiple Personalities?

As Humans, it is hard to learn about ourselves and our potential capabilities, when everything is working perfectly. In that regard, when people have accidents that affect their brains in different ways, or have some sort of issue such as more than one personality, we are able to see and learn what we can do by the amazing things that they can do.

Multiple Personality Disorder, MPD,⁶⁹ is a condition where, a person has several different distinct personalities that take turns "appearing" in the same body. In most cases, at least initially, they are unaware of the other personalities. The individual personalities only experience "Black outs" where their awareness has stopped until they reappear again.

This will help us clarify our understanding of "Representations" as it applies to our Bodies and ourselves. When these personalities appear in the body, they bring with them their idea of what the conditions of their bodies are. Because these additional Personalities are generated from the same "Master Pattern" they all have the same Master traits, such as a Human Body, with Certain Sexual Organs, etc. However, while they all share a general conception of their shared body, they each have their own variation as to its abilities and its health. If the different Personalities had been created at a Higher Level, they could have actually changed the physical sex of the Body at the same time that they changed the personality set. But, instead, these additional Personalities were created just under that level. They can however, change such things as eye color, body health, eye sight, etc. They can also have a different sexual orientation so that they are Female or Male in thought and feeling, despite what the Body's physical sex actually is. Even though these people still have only one non-physical self, their "Being," they have several different personalities (Belief Settings) that are constantly taking turns altering and controlling the one Body. A Computer Music Player with "Different Skins" works the same way.

⁶⁹ Dissociative identity disorder http://en.wikipedia.org/wiki/Dissociative_identity_disorder Dissociative identity disorder (DID) is a psychiatric diagnosis that describes a condition in which a person displays multiple distinct identities or personalities (known as alter egos or alters), each with its own pattern of perceiving and interacting with the environment. In the International Statistical Classification of Diseases and Related Health Problems the name for this diagnosis is multiple personality disorder. In both systems of terminology, the diagnosis requires that at least two personalities routinely take control of the individual's behavior with an associated memory loss that goes beyond normal forgetfulness; in addition, symptoms cannot be the temporary effects of drug use or a general medical condition.

Explain
Illustration
#10-17-i1
4:41

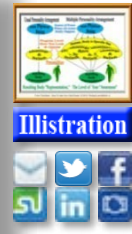
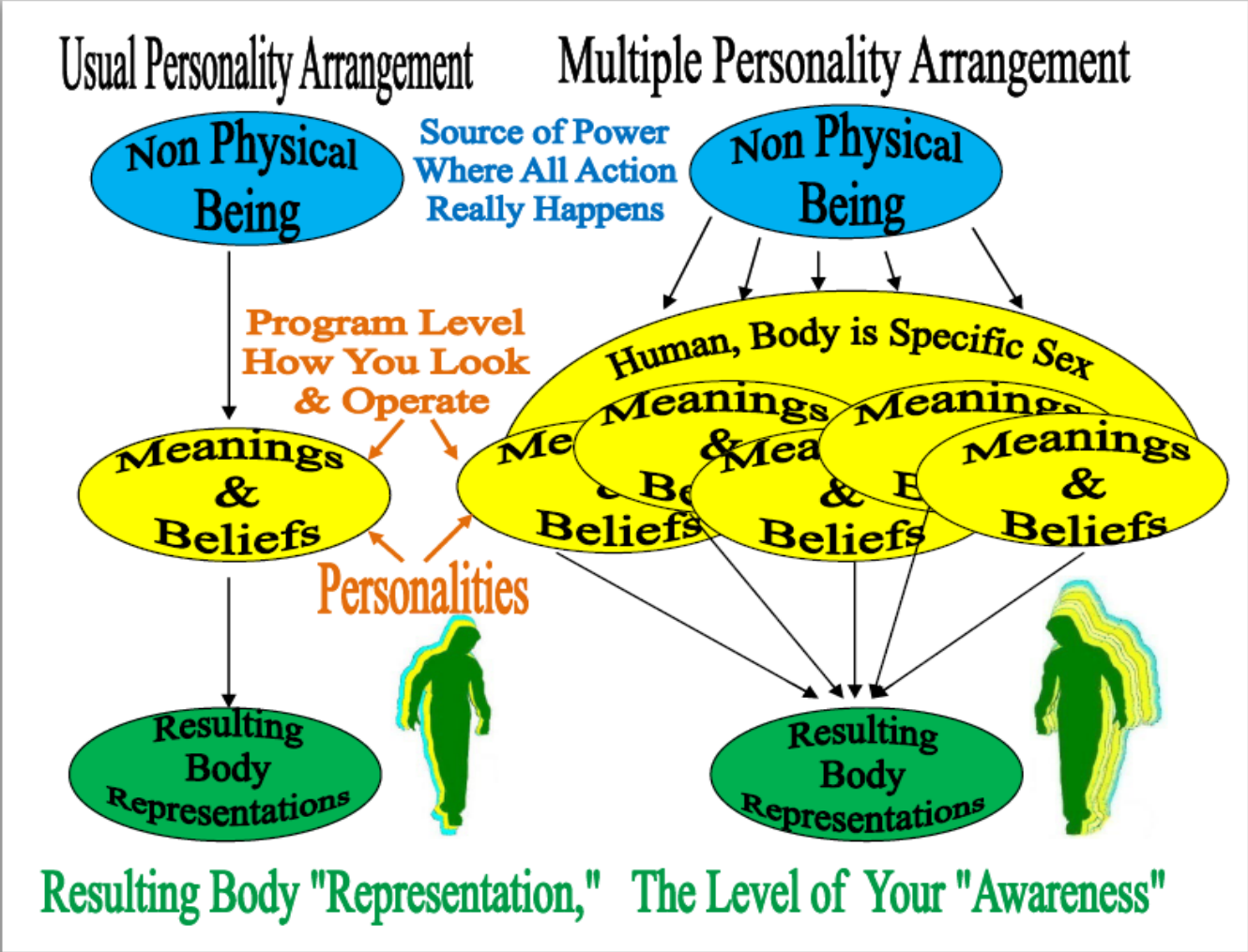


A Computer Music Player can have many different "Skins" which are the configurations of the buttons and the look of the Player. These can be changed at any moment from one to another, by a change in how the program "Represents" Itself. (Personalities) Only One "Skin" is Active at a Time.



Note: No Changes can be made at the "Representation" Level, this is only the Result. Changes MUST be made at the Program (Control) Level, which then is Automatically "Represented" on the Computer Screen, In the Visible & Noticeable "Level of Your Awareness."

Explain
Illustration
#10-17-i2
14:27



The Conditions of the BODY are a direct result of the Meanings and Beliefs of a Person, which is their "Personality." The reason that these definitions reside in the Personality level, is because who you are and how you behave is a direct result of what you Think and Believe. Remember, like the Computer Music Player, no changes can be made at the Representation Level. You may think that you are making changes at this level, but, you are only "Conveying Meaning" from this level to the Beliefs and Meanings which then Re-Presents itself in the new form. It is just like the Music Player, when you move the "Volume Slide Switch" up, you have only conveyed the Meaning to the Program which then Re-Presents the Volume Slide Switch in the Up Position and then Raises the Volume of the Music. The Physical Level is only a "Representation Level" and not a "Functioning Level."

It is the "Personality" of a person that dictates who they are and what Body conditions they have. If a person is under significant stress, they will create a Body that shows that in a physical way. That could be disease, or eye strain, or other damaging effects. Memories are also an aspect of the Personality, because they directly affect what they think of the World and themselves. These "Personality" traits are all based on Meanings and Beliefs.

Even identical twins, can have the very same experience and still view it differently each creating a different Meaning for it. They may even have different Beliefs as to what is important or not and what is dangerous or not. In short, the main difference between Identical twins is their Personalities, because they have different Meanings and Beliefs.

When Meanings and Beliefs about the abilities and conditions of the Body change, the Representations in the actual Physical Body Changes. If the changes in Beliefs and Meanings happen slowly, the resulting Representations change slowly, such as "Aging." However, if the Change is Immediate, such as a Change in Personalities by a person with Multiple personalities, or a person who has been hypnotized to think differently, then the resulting change in the Body's Representation is IMMEDIATE.

The only thing that changes when a Multiple Personality, changes to another Personality, is the "Set of Meanings and Beliefs." These are the "Belief Settings" if you will. That's all. All the Body changes and everything else that changes, **are all cascading results** from the new "Meanings" that are "in charge." If you were to have a Multiple personality that was a diabetic, and when they showed up, the body would show signs and symptoms of Diabetes, and the only reason that would have occurred was because the personality believed it. If you could hypnotize that same personality into believing that they didn't have the disease it would go away. You would have changed that Personality by changing its "Set of Meanings." (Belief Settings)

The Greatest Advantage of the MPD story is the evidence. As we have been learning throughout this book, the Meaning is everything and Beliefs & KNOWING are the foundations of Meanings. Everybody is at their own level of Belief and that is fine. I could tell you that if you have Diabetes and decide now that you don't, it could be gone in an instant. That is the nature of how we are made. There is no actual disease only the "Physical Picture" or Representation of

it in your Body. But, as much as you would want to believe it, it might still be hard for you to get to KNOWING.

However, with the examples of Multiple Personalities, changing personalities and one minute the disease is there and the next it is gone, one minute you need glasses and the next your don't, it PROVES that the condition is NOT IN THE BODY, but instead it is in the mind of the personality. It is in your thoughts and beliefs as to what kind of a body you have and what its condition is. With this kind of PROOF you can begin to believe that you can change your Body in any way that you want. As you give this a little "Faith" you will begin to elicit more evidence and proof that this is true, and your Belief will become stronger and stronger until you have KNOWING!!!!



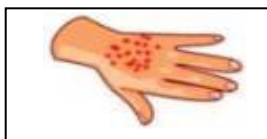
Eyes: Eye Color can change from one personality to another. Seeing ability changes. Some Multiples have to carry several eye glasses in order to be able to see when they change to a different personality. Color Blind, one can be color blind and another is not



Drugs: A person who is Drunk can become sober by changing their personality. There have been stories where one personality will get drunk and another will drive home. There was a case in which 5 milligrams of diazepam, a tranquilizer, sedated one personality, while 100 milligrams had little or no effect on another. Often one or several of a multiple's personalities are children, and if an adult personality is given a drug and then a child's personality takes over, the adult dosage may be too much for the child and result in an overdose. It is also difficult to anesthetize some multiples, and there are accounts of multiples waking up on the operating table after one of their "unanesthetizable" subpersonalities has taken over.



Voice: Speech pathologist Christy Ludlow has found that the voice pattern for each of a multiple's personalities is different, a feat that she says requires such a deep physiological change that even the most accomplished actor could not alter his voice enough to disguise his voice pattern ⁷⁰



Disease One multiple, admitted to a hospital for diabetes, baffled her doctors by showing no symptoms when one of her non-diabetic personalities was in control. ⁷¹

⁷⁰ Richard Restak, "People with Multiple Minds," Science Digest 92 no 6 (June 1984), p. 76

⁷¹ Daniel Goleman, "New Focus on Multiple Personality" New York Times (May 21, 1985), p. C1.

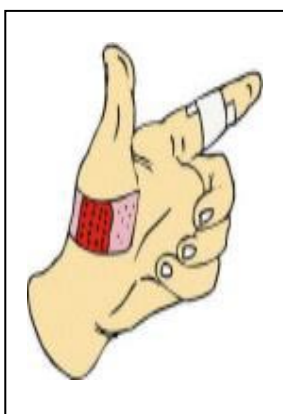
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Allergies: "WHEN Timmy drinks orange juice he has no problem. But Timmy is just one of close to a dozen personalities who alternate control over a patient with multiple personality disorder. And if those other personalities drink orange juice, the result is a case of hives."⁷² It seems that when this person changes to a different Personality, they can easily switch on and off their allergies.



Blood Pressure: Dr. Braun points to one patient who had a blood pressure of 150/110 when one personality was in control, and a pressure of only 90/60 when another personality took over.⁷³



Other: Clinicians have occasionally reported isolated cases of dramatic biological changes in people with multiple personalities as they switched from one to another. These include the abrupt appearance and disappearance of rashes, welts, scars and other tissue wounds; switches in handwriting and handedness; epilepsy, allergies and color blindness that strike only when a given personality is in control of the body."⁷⁴ Other conditions that can vary from personality to personality include burn marks and cysts. There are cases of women who have two or three menstrual periods each month because each of their subpersonalities has its own cycle⁷⁵

The Control that these different "Personalities" have over the Body is dramatic. However, since we know that the Body is only a Representation of our Beliefs and Meanings, then it is no surprise that when our Beliefs change, then our Body "Re-Presents" itself again in the new form. The only thing that keeps us from changing our Bodies so dramatically is that we don't believe, or even know, that we can. The most important point to get from these Multiple Personality stories, is that nothing in the Body is actually a real physical process, instead it is construct of the Mind. If you have a certain Eye color, scar, high blood pressure, disease, allergy, Voice, or whatever else, it is all a product of your Mind (Not your Brain). It is all changeable if you know it is, and now you do.

When people believe that their medical situation is a real physical situation, they feel hopeless to fix it without a real physical solution. However, once they know that the problem is only a Representation by the Mind, then they can use their GOD Power to make changes at the Mind Level, just like the Multiple Personality people do. It is all about KNOWING.

Let the Quest for KNOWING continue...

⁷² The New York Times, Probing the Enigma of Multiple Personality, By Daniel Goleman, Tuesday, June 28, 1988

⁷³ The New York Times, Probing the Enigma of Multiple Personality, By Daniel Goleman, Tuesday, June 28, 1988

⁷⁴ The New York Times, Probing the Enigma of Multiple Personality, By Daniel Goleman, Tuesday, June 28, 1988

⁷⁵ Michael Talbot, The Holographic Universe, Harper Perennial, © 1992, Page 99



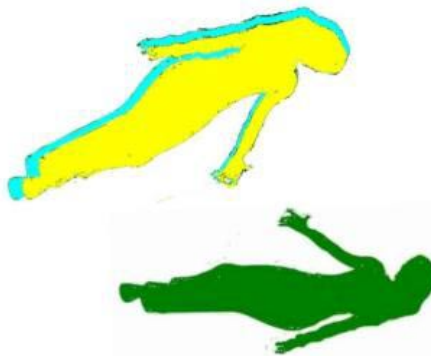
#10-18A
17:57



Slide Show
Presentation
Chapter #10
Part 5 of 9
61:00+



Flash Movie
Presentation
Chapter #10
Part 5 of 9
1:05:01+



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What Can We Learn From Those Who Have NDEs or DE's

An NDE is a Near Death Experience.⁷⁶ I don't know why they are known as Near Death Experiences, when they are actually DE, Death Experiences. These people have actually died and then had some very interesting experiences while they were Dead.

Most of the time, they will report that they "Popped" out of their Body, and floated up to the ceiling where they could see their own Body on the operating table, or where ever it happened to be. They saw what was going on, with their Body and even were able to recall actual conversations. Many then went into the "Light" where they met loved ones or others who comforted them. This next Video Example gives many great examples and the personal stories of people who have had this amazing experience.

⁷⁶ A **near-death experience (NDE)**, http://en.wikipedia.org/wiki/Near_death_experience refers to a broad range of personal experiences associated with impending death, encompassing multiple possible sensations including detachment from the body; feelings of levitation; extreme fear; total serenity, security, or warmth; the experience of absolute dissolution; and the presence of a light, which some people interpret as a deity¹ Some see NDEs as a paranormal and spiritual glimpse into the afterlife. These phenomena are usually reported after an individual has been pronounced clinically dead or otherwise very close to death, hence the term *near-death* experience. Many NDE reports, however, originate from events that are not life-threatening. With recent developments in cardiac resuscitation techniques, the number of reported NDEs has increased. Many in the scientific community regard such experiences as hallucinatory, while paranormal specialists and some mainstream scientists claim them to be evidence of an afterlife. Popular interest in near-death experiences was initially sparked by Raymond Moody 1975 book *Life After Life* and the founding of the International Association for Near-Death Studies (IANDS) in 1981. According to a Gallup poll, approximately eight million Americans claim to have had a near-death experience, Some commentators, such as Simpson claim that the number of near-death experiencers may be underestimated, mainly because some such individuals are presumably afraid or otherwise reluctant to talk about their experiences.



Video Example – "The Day I Died" Pam Reynolds Story



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BBC Pam Reynolds NDE. Pam sees God. Amazing! (10:57) (View All)



What is this video about?

This Video Example is from a very well done BBC Documentary on Near Death Experiences (NDE). The BBC Documentary chronicles several different people who have died and come back from death. While there are several cases that they document, I will only talk about a couple that are of significance to our subject. The first case is Pam Reynolds.⁷⁷ Her story is told in this video Excerpt.

Pam Reynolds, had a brain aneurism, which needed a miracle surgery to cure. In order to perform this delicate procedure, Pam would have to be "Clinically Dead" for more than an hour. It was called, "Operation Stand Still." Her body was cooled down to 10-15

⁷⁷ Pam Reynolds (singer) From Wikipedia, the free encyclopedia http://en.wikipedia.org/wiki/Pam_Reynolds_singer Pam Reynolds (stage name) from Atlanta, Georgia is an American singer-songwriter. In 1991, at the age of 35, she had a near-death experience (NDE) during a brain operation. Her NDE is one of the most notable and best documented in NDE research because of the unusual circumstances under which it happened. Reynolds was under close medical monitoring during the entire operation. During part of the operation she had no brain-wave activity and no blood flowing in her brain, which left her clinically dead. She made several observations about the procedure which later were confirmed by medical personnel as surprisingly accurate. This famous near-death experience is considered by many to be proof of the reality of the survival of consciousness after death, and of a life after death.



Taken By Rick Diamond

More At: <http://www.npr.org/templates/story/story.php?storyId=104397005> Decoding The Mystery Of Near-Death Experiences by Barbara Bradley Hagerty

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Degrees Celsius. Her heart and lungs came to a complete stop. There was no Brain activity and they drained her blood.



When they began to cut into her skull, Pam Reynolds, in her own words, "Popped out of her body." She saw the Doctors working on her and even recalled the medical instruments that they were using.

After she came back, and related her story, Dr. Michael Sabom, a Cardiologist, he reviewed her account of what had happened and compared it to the Doctors report. The details of the procedure and her account was "Seemingly Accurate." She also overheard a conversation between the Doctor and the assistants, who were cutting into her leg. It turns out, that the conversation happened just as she had described it. The Surgeon later stated, that it would have been impossible for her to hear that conversation, because her brain activity was completely stopped, and she had "Clicking Devices"⁷⁸ inserted into each ear to monitor for any brain activity, of which, there was none.

Not only was her Brain circuitry completely shut down, but, she was connected to all the medical equipment that was needed to prove it. The reading on the machines that she was connected to, revealed that there was no way for her to have stored any memories during that time. Since there was no synaptic activity, nothing could have been recorded in her Brain.

At the start of the next Video Example, which is another clip from the same BBC Documentary "The Day I Died," Dr. Peter Fenwick, Consultant Neuropsychiatrist, States that

"When the Heart is stopped and the Brain is not Functioning, it is REALLY not functioning. There can be no memory. It can't be remembering experiences, in some way which are occurring at that time, because the memory circuits don't work. So when the Near Death Experiencers talk about going out of their body and seeing the necessitation process, it's difficult for our current Neuro-Science to understand how this could happen using a memory system which is defunct. So, One has to argue that in some way, the information [She had] is retained outside the Brain, and then, later on [when the brain is functioning again], is fixed into the [Brain's] memory circuits."

⁷⁸ This is a Picture of the "Clicking Module" being inserted in someone's ear to monitor if there is any brain activity. When this devise is "Clicking" and making sounds, if the Brain is active, it will respond to the auditory stimulus and will show Brain activity. So if there is no Brain Response to this sound clicking in her ear, her Brain is shut down.



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This analysis corresponds perfectly with our understanding of how our Body actually works.

As we have mentioned several times, all activity and creation happens in the energy Body, and is only represented as the physical form. So, during the time she was out of her body, she was consciously having experiences and the resulting memories in the same place that she always had them, but, they were not able to be "Represented" in the brain until her body was revived and the Brain was functioning again. Only then, could the represented memories be found in the Brain, after they were (Projected) and represented there.

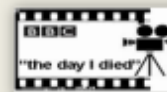
*In another part of this Video (Not included in these Video segments) is **Gordon Allen's Story.***⁷⁹ Gordon Allen recites a common theme, that he remembers being in the Wheelchair and being wheeled into some room. From that moment until he pops out of his body, he has no memory. This is a significant point in our timeline. While he is Passed out, under anesthesia, or otherwise unconscious, he has no memories. This is exactly appropriate in the same way as a person without eyes isn't supposed to be seeing anything; a person who is unconscious isn't supposed to be remembering anything. This is because our Reality is closely tied to the perceived condition of the body. Whatever limitations it is supposed to have, are supposed to be reflected in our Reality. However, once he pops out of his body in an Out Of Body Experience, The limitations of the Body, no longer apply, since it is clear that he is no longer in it. At this point, whatever limitations that were imposed, expected, and experienced while in the body, are no longer in effect. This means that his consciousness was no longer under anesthesia. In other words, since our physical experience is governed by our Beliefs, and he believed that while he was under the anesthesia, he was unconscious, he was. However, since he had popped out of his body, it follows that his condition was no longer tied to the state of his Body. He could now see, hear, think, remember, and experience his surroundings with perfect awareness.

It is important to note that there is only a slight alteration in his reality, only as it applies to his body, but, he is still experiencing the rest of the effects and limitations of his "Immersed State of Being." That is to say that at this point, he is still thinking and recalling his own personal experiences and memories from his own physical life experience and nothing more outside of that.

⁷⁹ Reverend G. Gordon Allen <http://www.gordonallen.org/gordonallenhome.shtml> You may have seen the BBC "Day I Died" broadcast in the UK and throughout Europe on BBC television. The television presentation was also broadcast across North America on cable systems and the Learning channel. The broadcast featured Rev Dr. G. Gordon Allen. Many persons come to this web site looking for him. You have been moved to seek him out and to have more information or a consultation with him. The spirit has spoken to you and that is why you feel the way you do. Perhaps you need assurances for the rest of your life. Perhaps you want a coach and counselor for the life you are now leading, whatever the reason you are in the right place. If you are elderly, sick or impaired and afraid of dying tell us and we will do something about that. You need not die alone and you really do not need to die in fear! Send us an E-Mail to ggamail@gmail.com with your details and we will respond as quickly as there is time for in any given day. **May God Richly Bless You!!**



Play His Video Story Here:



Video Example – "The Day I Died" Vicki Noratuk's Story



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[NDE - Facts, Science & Guesses - Case 22 Vicky Noratuk \(7:54\) \(View All\)](#)



What is this video about?

This Video Example is also from the very well done BBC Documentary on Near Death Experiences (NDE) mentioned above. This case is about Vicki Noratuk. Her story is told in this video Excerpt. (I have also included the story and experience as she tells it in her own words. Below) This Video segment also includes some skeptical opinions. While I respect their right to have their own View Points (Reality), I find it hard to refute "VISUAL" descriptions given by an otherwise Blind person who has never seen before.

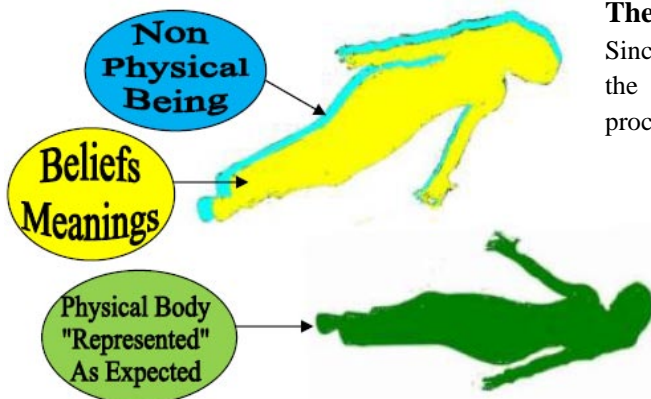
Vicki Noratuk, blind from birth, was in a severe car crash, in Jan 1973. After experiencing the same "Popping out of the Body" experience as other NDE's have reported and experienced, she had a weird and scary sensation. She could see! She saw her own body from a distance as she hovered at the ceiling above her bed. She had never perceived things at a distance because she had to touch them. Even in her dreams, she only experiences of taste, sound and touch, and had no visual impressions at all.

Once again, this example shows us that the true functioning and consciousness resides outside the physical Body. While she still perceived herself "In Her Body," she was unable to see. This was perfectly appropriate because, if your eyes don't work, you are not supposed to see. However, we know, that we are only limited because we think we are. If there are people who can see with their finger tips and their ear lobes, she could see despite the condition of her eyes. This is proved, when she "pops out" of her body, and begins to see. Now, the body's condition relative to her eyes, no longer

pertains. She could now see because, there was no longer a justifiable reason that she could not. This proved that seeing was coming from her energy form, and it proved that her eyes and Brain never were the SOURCE of sight anyway. She is still blind now that she is back in her body, even though she has irrefutable proof that she has the ability to see, despite the condition of her body.

Explain
Illustration
#10-18-11
7:19

The Non Physical Energy Field and Consciousness Separate from the Body



The Body is not Conscious.

Since "Consciousness" has left the Body, it no longer has the ability to respond in a conscious way. It is not processing any sensory data or memories.

Notice: When she is out of her body she is still conscious and in her "Immersed State" (Yellow). She is still limited in her perceptions even though she can now see and Float in the air. Since The Meaning of not being able to see was because of the Body, then once the Body was left behind she could see



What does this example show and what does it mean?

This Video Example is very important to our understanding of how our Body and Brain, are separate from our Consciousness and Mind. In all of these personal stories, they were totally conscious and able to perceive what was going on, even though they weren't in their body at the time.

Due to our Immersion into this wonderful Physical Experience, we have every reason to think and believe that our eyes see and our Brain thinks, because every one of our senses indicate that is the way that it is. But, it is clear that it is not the Body that thinks, sees, and feels, but instead those are functions of the Mind and Consciousness which are outside of and separate from the Body.

Vicki Noratuk's story, in her own words. *A Seattle IANDS Near-Death Experience Story.*

#10-18B
19:49

A Blind Woman's Near Death Experience **Share This**
by Vicky Noratuk

Between 1947 and 1952, 50,000 babies were blinded by excess oxygen, given to them in the newly developed air lock incubator. One of the clues to this tragedy was the discovery of the loss of peripheral vision among pilots breathing oxygen through air masks. I had been in the womb 22 weeks by December of 1950, when I was born at St. Luke Hospital in Pasadena, California. Weighing 3 pounds at birth, it was logical that I

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would be placed in one of the new incubators. Since then, for 43 years, I have seen no light, no shadows, nothing, the optic nerves to my eyes having been destroyed. When I dream, I dream with the same sensations I experience when I'm awake. There is no visual data, just other sensations such as touch and sound. But I have seen as you see. Twice I nearly died, and on those occasions, for the first time in my life, I saw. I left my body and saw. This is an account of my second near death experience.

On February 2, 1973 I was working as a singer and pianist at a restaurant in Seattle, Washington. It was 2 am. The owner, afraid of offending a drunk couple that had offered me a ride home, overruled my objections, and insisted that I accept their offer. He refused to open up his office so I could get change for the pay phone to call a cab. He left, and no one else was going my way. I reluctantly accepted the ride. As we drove along, the driver mentioned he was seeing double. The VW bus weaved through the streets. Near the base of Queen Anne hill there was a squealing of tires, and we spun out of control. The driver's wife yelled "Oh my God, we're crashing!" Everything became very slow. I screamed. **That was my last conscious in-the-body awareness**

Dazed and disoriented I felt myself leave my body through my mouth. Time still seemed stretched and elongated. I was rising into the air, above the street, confused. I saw my body briefly. There was an uncertain moment when part of me wanted to go back into it, but another part of me felt so neat being out! Then I returned. It was like returning to your house when you forget something. I don't remember the trip to Harbor View Hospital.

My first awareness in the emergency room was of being up near the ceiling. I could see again! Throughout this near death experience I was in a state of stunned awe from seeing. In fact, it was so foreign to me that it was a continuous complication in my efforts to cope. But it was also like a foreign language that you don't understand, but that you ache to hear more of. Below me was a body on a cart I wasn't sure was me. I was shocked and aghast. The hair length was mine, and a lot of it had been shaved off! This may not make sense, but it took me so long to grow, and I loved my hair!. It was like losing an important part of me. Blood caked the skull. Nearby I clearly saw a female member of the medical team. I felt drawn to her, and I can't explain why. But I had a great need to get her to understand me. Then I heard a male voice say that there was blood on my left ear drum, and that I might be deaf. "I'm not deaf! I'm not deaf!" I was screaming at him. Maybe she could tell him. "Don't you hear me? I'm right over here!" At this point while the visual impressions floored me, they were secondary to my desire to communicate verbally, because that's the main way I've navigated through life. Then the vegetative state." I yelled at her, "I'm not in a vegetative state!" I was so frustrated and angry because I was yelling with every ounce of strength I had, and it was like I didn't exist! I just wanted to get out of there. Almost immediately, as if in response to my thought, I was drawn up, sort of "Voom!" right through the ceiling and then the hospital, rising through space.

I saw lights. I don't know what they were from. But I didn't care, because I felt so free! I was giddy with the ease of movement I felt as I rose. I felt like screaming and shouting with intoxication. This might sound crazy, but it reminds me of the feeling a puppy might have when it rolls all over the grass, and doesn't even care where it's rolling. In the distance I heard the most beautiful sound, like wind chimes. It contained every single note you could imagine, from the lowest to the highest, all blended together. As a

musician I was intrigued. There were so many different tones that I didn't know were possible! I was awed.

Sucked head first into a dark tunnel, I was drawn by the wind toward a distant light that grew. There was a whooshing airy feeling, as though great, big monstrous fans were drawing me. The tube was comfortably wide. Occasionally I passed what looked like vents or windows in the sides of the tube. Through these I could see other beings both ahead of me and behind me in parallel tubes. They seemed to be expressing the same amazement I was experiencing. Inside I felt warmth throughout my being.

As I neared the end of the tunnel, the light became brilliant. Just before I reached the end I could hear people singing. It was like all the hymns you've ever heard sung at once, and blending together harmoniously! I noticed there were no hymns about Jesus dying, or the sad songs of blood and pain. These were songs of praise and jubilation. As I listened I could pick out an individual piece. Somehow their combined singing was beautiful, not horrible! It was like what could be made in order there could not be made in order here. The jubilation filled me.

My exit from the tube can best be described as rolling out onto grass in a balmy, bright summerland scene of trees, where there were thousands of people singing, laughing and talking. Some played what sounded like string instruments. Flowers were everywhere in different varieties, and I still recall a near jasmine scent. Both the flowers, and the birds I observed in the trees seemed to have light around them. I also noticed that even among flowers and birds of the same kind, some had more light than others. At intervals ornate pillars supported what looked like roofs, creating park shelters. In the distance a huge gate glowed, the brightest object in my field of vision.

Then I saw Debby and Diane coming toward me from the right, and Mr. and Mrs. Zilk approaching from the left. I had been very close to Debby and Diane at the Oregon State School for the Blind. Debby had died from a hydrocephalic condition when I was 10. Diane had drowned in the bathtub next to my room from a muscle spasm four years earlier. Even blind kids can be cruel, and because Debby was quite overweight, moved ponderously and didn't talk very well, and because Diane would curse frequently at people, they were both shunned and made fun of by the other kids. I felt sorry for both of them and reached out to them because of that. Mrs. Zilk had been an elderly next door neighbor who babysat me when my Grandmother had to work. She had been a real sweet woman who went along with a lot of my imaginative playtime stuff. Debby and Diane moved towards me gracefully. Both of them seemed to be healed inside, or somehow made better. I could feel them reaching out to me with love, Diane seeming to have an almost desperate desire to say something.

In a place where time may have no meaning, there was then an instant when I knew everything, when everything made sense. It was like this place was where I could find the answers to all the questions about life, about the planets, about God, about everything. Suddenly I intuitively understood math and science, and I don't know beans about math and science. I hadn't asked about calculus. Now I understood it. Languages became unimportant. I knew them. Even without asking questions, answers were imparted about things I'd always wondered about. I had always been troubled about the Trinity. Now I was aware that the Father was what you might call the Being/Source aspect of God, that the Son was the Doing aspect, and that the Holy Spirit was the

Imparter, the Bringer of Knowledge. I was aware that these three aspects of God, while separate were also one, in the same way that a husband and wife are separate, yet one.

As Debby and Diane were approaching, now almost close enough to touch, I sensed a boundary across which I could not to go. Then Christ appeared. His light filled my vision. Holding out a raised right hand towards me, he said very definitely, "No!", blocking me and them from coming closer to each other. It would be like someone preventing you from going over a cliff, or passing a certain point, beyond which you wouldn't be able to return.

His face was strong and kind. He wore a beard and His hair was long. His gown, open at the chest, had a sash around the waist. I'm describing a form, but the incredible light He gave off outweighed it. Part of me could hardly stand to be around it, but yet I could stand it. It was like the light came out of His body directly, and He was made out of it. I was too, but my light was not nearly as intense as His. Debby and Diane also gave off light, but with Christ it was all around Him, especially around His head where the light was circular, and where He had arms or spokes of light extending, like those you might see from a star. Around the rest of His body the light was more uniform. His eyes were piercing, yet tender. You almost wanted to look away from them, but you couldn't. He could see everything about me, clear beyond everything, even more than I could see or know. It was kind of scary to be so totally known, exposed, and yet accepted and loved. Yet I wanted nothing more than to be part of it. It's kind of like songs about people being in love, where part of them wants to run away, and part of them doesn't.

"Well, hello," He said and embraced me. I didn't ever want to be away from Him, ever, ever. I just wanted Him to envelope me somehow, and not to be separated from Him. I was so excited about the knowledge I'd just found, that I felt like I was burbling and tripping over myself trying to communicate it to Him with a kind of thought transference. And he said, "Isn't it wonderful? Everything is beautiful here, and it fits together. And you'll find that. But you can't stay here now. It's not your time yet. You have to go back." Then He said, "Watch this." And then I saw my whole life, from my birth to the current moment. I knew He was with me, but my awareness of everything else around me disappeared. In this process I actually observed myself, as well as being aware of the thoughts and feelings of myself and all others involved in every incident in my life. Christ left it to me to assess things, to arrive at conclusions myself. I became aware that I was being harder on myself than He was.

In one incident, when I was nine or ten, Sharon, my roommate at the school for the blind, showed me a new dress her mother had just made for her. When she left the room, I ripped all the buttons and the lace off. I was angry because I wanted to be cared about the way her mother cared about her. Now when we observed myself doing this in the life review, Christ said to me, "Yeh, that wasn't too cool. But you made it right though." And Christ laughed as we now observed myself apologizing to and hugging Sharon later. During this entire encounter with Christ I believe he employed my vernacular as a way of relating to me. His laughter was hearty and supportive. Thinking about His reaction to that incident has helped me be less somber and uptight about things my children have done wrong. Then He asked me, "What have you learned from your life?" I answered that I thought it was important to be honest.

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Then Christ said to me, "You have to learn and teach more about loving and forgiving. Whether people deserve it or not is not the point. You shouldn't try to select those who you think should be forgiven, and those who shouldn't." He was referring to a tendency in my past to forgive only those who had apologized to me. He also told me before I left that it was going to be hard, but to remember what I'd learned. Then there was absolutely nothing, for how long I have no idea. All of a sudden I felt heavy, and full of pain. I eventually awoke in the hospital to find that I had a skull fracture, a concussion, a neck injury, a back injury, and a leg injury.

The things I've been through since my second near death experience have been unbelievably hard. But I've learned a lot from them. I'm learning about separating the sin from the sinner. I'm learning about judging less and letting go of some of my past sense of smugness and superiority. Finally, I'm learning to care for myself enough that I no longer allow the negative thoughts of others to drag me down. As Christ said, the path has been hard, but in walking it I feel I've grown. ⁸⁰



In most cases, after moving out of their body and seeing themselves from outside of their own bodies, Near Death Experiencers report moving into a bright light and that as they enter the light, they feel profound love and total acceptance. This is the beginning of their emergence from the state of immersion. As you begin to become more and more aware of the whole picture, you experience what some call, total knowing, universal knowledge, and awareness of everything. This is the experience of going into the light, or going through the tunnel, it is simply the visual experience of their own consciousness expanding and regaining the all knowing state as they become "Un-Immersed."

Some people are able to retain some of that greater knowing even after they have returned to their physical experience "in the body." Others, once again, loose all of that greater knowing as they become "re-immersed" back into their physical experience.

⁸⁰ This entire account was reproduced from the web site: <http://www.seattleiands.org/stories/blind.htm> All contents copyright 1998-2003 by Seattle IANDS, unless otherwise noted. You are encouraged to share the information at this web site with other people, as long as you share it freely.

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Many people who have had these NDEs, have experienced expanded abilities, special insights, been able to see even though they have never seen before, and many other extraordinary talents. However, they believed that it was only conditional, meaning that it was only possible during the Near Death Experience. Nothing could be farther from the truth. Every ability that has been described and experienced by the NDEs, has been experienced and reported by people who regularly have out of body experiences during sleep or meditation, during altered states of consciousness, or due to other means as well.

These experiences of the NDEers are not unique to NDEs. The HUGE advantage that the NDEer has over the ordinary person is that they KNOW that it is real. It is so much easier for them to alter their own Reality, than for you and me because they have already experienced it. However, they don't realize this and they think that it is a onetime event and not repeatable. So it is their own beliefs that prevent them from exploring and developing this ability.



#10-19
16:40

Video Example – Near Death Experience Explained



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**2 Near Death Experience (NDE) Docu's SoulTravel
Out of Body Experiences (OBE's) (1:44:56) (View 0:00-47:00)**



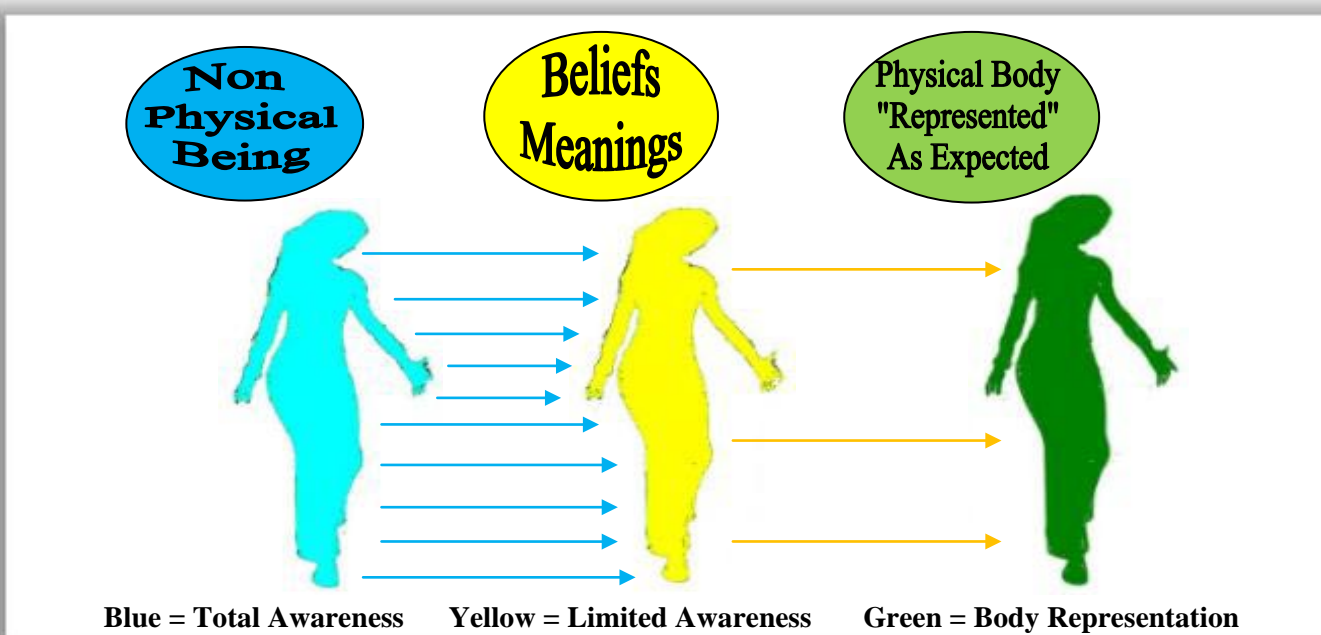
What is this video about?

From the beginning of the Video up until 48 minutes is an interview with Dr. Kenneth Ring ⁸¹. Starting at 48 minutes until the end, are 6 NDE stories told by the people who experienced them.

Dr. Kenneth Ring, author of Lessons From The Light, describes what normally happens in an NDE. First they Float out of their body and look at it from above. Then they begin to move toward the light. After they enter the aura of radiantly beautiful light, 2:10 - they suddenly have a sense of Universal knowledge, unconditional Love, and a life review.


Explain
Illustration
#10-19-i1
6:42


Play
Audio



Your non physical Self is all-Knowing and has no limitations. However, your Immersion State (Yellow) filters out everything that is not part of this physical experience. The level of Beliefs and Meanings (Yellow) generates a Represented Body as a result of all the information about your personality, body type, body condition etc. Your Non physical self perceives the whole Universe, but your beliefs and Meanings (Yellow) only allow you to see what you believe in and have Meanings for. The Green Body above, is the physical Representation of the person's Meanings and Beliefs.

⁸¹ Dr. Kenneth Ring <http://www.near-death.com/experiences/experts04.html> His research involves the ground-breaking work of investigating near-death experiences among blind persons. His findings are detailed in his latest book Mindsight which is bound to become a classic in the annals of near-death research much like his previous books, Lessons From The Light, Heading Toward Omega, Life At Death, and The Omega Project. Ken Ring researched NDEs that involve the experiencer witnessing events while out of their body which is later proven to have taken place. Ken has also researched NDEs that affirms reincarnation. Ken has also examined NDEs among those who attempted suicide. During his extensive research, Ken was also able to examine NDEs where the future was foretold. The following information is Ken Ring's research conclusions from his study.



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What happens when someone goes into the "Light" or through the "Tunnel," is that their (Yellow) limited Awareness, Immersion Self, shrinks until it disappears and you go from a limited awareness to total Awareness. It is in that transition and expansion of conscious awareness, that it looks like a light getting bigger or that you are moving to the other end of a tunnel.

This what that show on CBS called "The Ghost Whisperer" starring Jennifer Love Hewitt, ⁸² means when they keep saying "Go to the light." In their show, they are always interacting with the spirits of the recently dead. These people have left their Body, but are still "Immersed" in the "Human Experience." When they say to these spirits, "Go into the Light," it means for them to come out of their state of "Immersion." As they "Enter the light," they begin to see friends and relatives, because they are beginning to have a broader awareness and are becoming more and more aware of the bigger picture. Once they have gone into the light fully, or reached the other side of the "Tunnel," they will have all their knowledge again, and be fully aware of all the lives that they have lived and how the Universe really works. My book wouldn't be as popular over there because they already know it all, and are at a very high level of Consciousness.

However, once they come back into their Body, they must Re-Immerse into the physical World and once again have their Beliefs and Meanings filter out all the Universal Knowledge that they momentarily had. Now their beliefs don't support them having that kind of knowing. The only thing separating you from that knowledge and total awareness is your Beliefs and Meanings.

Dr. Kenneth Ring further states that when these NDEs return to their body, they describe unusual objects and situations that they could not have otherwise been aware of. The objects are then independently confirmed, validating their stories. Even people who are blind, while out of their body are able to see and report objects that they could never have recognized before since they could not see.

These events can't be from imaginations because the objects that are seen, and the situations that are witnessed are later confirmed by outside sources. How could they imagine seeing something while dead, that later is actually reported to be where it was sited?

(At 13:33 Minutes) Dr. Kenneth Ring talks about the "Life Review, and gives an example of a man who had punched out a person during an altercation and left him unconscious. Then, 15 years later, this man has a NDE, and experiences the "Life review," which is common to most NDE experiences. In the "Life Review," Every single moment in his life is experienced again in a very rapid pace. This time, when that particular incident came up, (The Fight) he saw it and felt it both from a spectator's point

⁸² http://www.cbs.com/primetime/ghost_whisperer/

of view and from the point of view of the person who he beat up. He felt every punch that he had inflicted on the other man, on himself. He realized that whatever kind thing or mean thing we do to another, there will come a time that we will experience it ourselves. We are all one. What we do to another we do to ourselves, even though, we won't experience that aspect of it and perspective until after we die. Dr. Ring makes an important point that this Life Review, is not meant as a punishment but instead it is only a learning opportunity.

(At 15:45 Minutes) Dr. Kenneth Rings says, "That's why people who have NDEs, change [Their life] as much as they do, because they can see and feel what they are doing to other people."

During the "Life Review," or at any time in the nonphysical realm, there is no judgment. This Life Review is not a punishment, it is just a way to fully experience your entire physical experience from every aspect and learn from it. Frankly, while in the physical form, you are experiencing your life from only one perspective and one viewpoint.



(At 31:41 Minutes) He also mentions the part that I find quite interesting, that people experience and sometimes retain certain powers of the mind that occur, and are then considered "gifts of the spirit." In other words, they still have those abilities when they come back into their Body. That is why they call them gifts, because they had the NDE and came back with a special ability as a result.

What does this example show and what does it mean?

There are several important points that are mentioned in this interview. Once again, we realize that our Consciousness and sensory functions are not a function of the Body itself, but instead a part of our Energy Self.

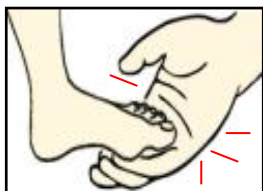
Next, there is evidence upon evidence that these people are in fact out of their Body floating around and watching and noticing things that they could have never seen or even known about. These incidents are real.

In regard to the Life Review, I just want you to really understand that this is not a punishment or pay back situation. If you went about helping people all your life you would get to feel their joy from your actions. However, it seems that this life review experience is merely a "Merging" of your separate experiences into one. Since we are all connected and are all one, then in reality, you are not only experiencing your actions from this view point, but, you are also experiencing your actions from the view point of your "Other Selves." Your "Other Self" would be the aspect of another person that is

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actually a reflection of you. When you are interacting with another, in a good way or bad way, you are interacting with yourself, your "Other Self."

It would be quite confusing if you were experiencing every aspect of yourself from every viewpoint, at the same time, while in the physical form. However, after death, you are able to merge all these viewpoints into one. You merge the experience that you have already experienced during your life, with the view points from all of your "Other Selves," into one complete life experience. The "Other Selves," are the part of you that the other people are representing. You are actually interacting with yourself in every person that you meet.



This is a very deep concept, and it can be a little hard to grasp. Let's say that your two feet and your two hands are 4 "separate" viewpoints (People), while at the same time, they are all really one, "Whole Person," that is you.

During your life, there are times when you step on your hands or your hands slap or scratch, or poke your feet or each other. From your broader, overall perspective, you can feel and experience both the foot stepping on the hand, and at the same time, the pain of the hand being stepped on. That is the entire experience. The "Whole Being" experience. However, from the foot's perspective, it only knows the feeling and experience of stepping on the hand or being on top of the hand. The foot felt no pain even though from the hand's point of view, it hurt. At the time of death, the hands and the feet get to have the overall experience of the entire event, from your perspective, the "Whole Being." The feet get to feel the pain the hand endured, and the hand gets to feel the feeling of being a foot on top of the hand.

While to the feet and the hands, it may seem weird to experience the other side of their actions, to you, who felt both the foot on top, and the pain the hand experienced at the same time anyway, it just seems normal. While the hand and the foot are each experiencing, their own life experience from their unique individual point of view, they only experience a very narrow perspective and segment of the actual whole experience. But, the "whole person," the one who is everyone, is experiencing every single viewpoint and perspective that is being created. When you die, you get to feel and experience the view point of the "whole person," the entire being's point of view. The whole event.

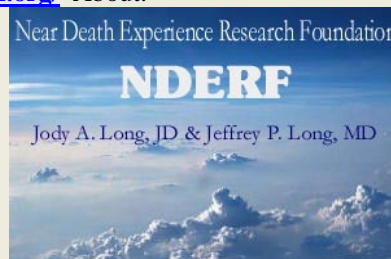
However, you only experience the "Whole Being," as it relates to your life. This means, while the feet and the hands get to experience, the each other's experience, they do not experience the life of other hands or other feet that are not relevant to their own "whole being." In the same way, you only experience your own actions and not the actions of others who have nothing to do with you.

The NDE experience is so profound and life changing for the experiencers, that they often want to share their story to help others. It is important to realize that these people have no agenda and have no reason to make up these stories. Most of them didn't even believe in these kinds of things until it happened to them. However, I could write on this topic for a couple hundred pages and still have more information to give.

There is an organization that researches and studies these events. They are the **Near Death Experience Research Foundation (NDERF)**.⁸³ They have over 1800 full text published Near Death Accounts and growing. They are always looking for more stories to add to their database. I suggest that you spend some time studying their website and reading the stories. Everything that is reported in an NDE experience is possible in your Reality. You may get some ideas for expanded KNOWLEDGE or special abilities or who knows what else. All of these stories are on line and available. Their Web Site Address is: <http://www.nderf.org/>

⁸³ **Near Death Experience Research Foundation (NDERF)**, <http://www.nderf.org/> About:

NDERF (Near Death Experience Research Foundation) www.nderf.org
ADCRF (After Death Communication Research Foundation) www.adcrf.org
OBBERF (Out of Body Experience Research Foundation) www.obberf.org
NDERF is devoted to the study of NDE and support of those experiencing NDE and related experiences. **ADCRF** is devoted to the study of after death communication and support of those experiencing an ADC, or provides a message of hope to those in grieving from loss of a loved one. **OBBERF** is devoted to studying the spiritual spectrum events that do not fit into the



categories of NDE or ADC. These include NDE-like experiences, out of body experiences, and spiritually transformative events. None of the Websites have anything for sale, nor are donations solicited. Part of the reason for this is that the websites are a labor of love. We are here to get the messages of continuing consciousness out to the world. The other reason is that consciousness research is much more credible when there are no commercial interests.

Specifically About NDERF (Near Death Experience Research Foundation, www.nderf.org)

NDERF is devoted to the study of NDE and support of those experiencing NDE and related experiences. NDERF has nothing for sale and does not solicit donations. The NDERF web site is the highest ranked web site among the major search engines for the term "near death experience", and the web site has over 60,000 hits (page views) monthly. NDERF has 11 original NDE research papers posted. A recent major project of NDERF is to translate NDEs and NDE related material into foreign languages. Currently NDEs and NDE related material is available in 22 different foreign languages on NDERF. Readers from over 70 different foreign countries access the NDERF web site monthly.



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What Can We Learn From Those Who Have OBE's?



#10-20
6:18

An "OBE," is an **Out of Body Experience**.⁸⁴ OBEs have been well documented throughout history, but only have been studied more closely in more recent times. They are closely linked to the NDE, Near Death Experience, in that they have very similar characteristics. With the OBE, the person is not Dead, nor are they in any sort of distress. Usually, they are sleeping when they suddenly find themselves floating near the ceiling. While it is a surprise the first time that it happens, the experience is usually deliberately planned.

⁸⁴ An out-of-body experience http://en.wikipedia.org/wiki/Out-of-body_experience (OBE or sometimes OOBE), is an experience that typically involves a sensation of floating outside of one's body and, in some cases, perceiving one's physical body from a place outside one's body (autoscopy). The term out-of-the-body experience was introduced in 1943 by G.N.M Tyrrell in his book Apparitions, and adopted by, for example, Celia Green and Robert Monroe as a bias-free alternative to belief-centric labels such as "astral projection" or "spirit walking". Though the term usefully distances researchers from scientifically problematic concepts such as the soul, scientists still know little about the phenomenon. One in ten people has an out-of-body experience at some time in their lives. OBEs are often part of the near-death experience. Those who have experienced OBEs sometimes claim to have observed details which were unknown to them beforehand. In some cases the phenomenon appears to occur spontaneously; in others it is associated with a physical or mental trauma, use of psychedelic drugs, dissociative drugs, or a dream-like state. Many techniques aiming to induce the experience deliberately have been developed, for example visualization while in a relaxed, meditative state. Recent (2007) studies have shown that experiences somewhat similar to OBEs can be induced by direct brain stimulation. Some of those who experience OBEs claimed to have willed themselves out of their bodies, while others report having found themselves being pulled from their bodies (usually preceded by a feeling of paralysis). In other accounts, the feeling of being outside the body was suddenly realized after the fact, and the experiencers saw their own bodies almost by accident. OBEs often occur during the borderline stage between REM sleep and arousal when sleep paralysis may persist and dream imagery may mingle with sensory input. Some neurologists have suspected that the event is triggered by a mismatch between visual and tactile signals. They used a virtual reality setup to recreate an OBE. The subject looked through goggles and saw his own body as it would appear to an outside observer standing behind him. The experimenter then touched the subject at the same time as a rod appeared to touch the virtual image. The experiment created an illusion of being behind and outside one's body. However, critics point out that it is uncertain how this relates to the OBE phenomenon.



In the next Video Example, Charles Tart ⁸⁵, sets up a scientific experiment to prove that OBEs are real.

Video Example - Charles Tart Experimenter - Ms Z's Story



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[Natural Mystery E.S.P. \(TLC\) \(3:17\) \(View All\)](#)

[Check Video](#)

What is this video about?

In 1978, Dr. Charles Tart, Psychologist, University of California, was conducting some sleep experiments, where he was hoping to gather evidence of an out of body experience (OBE). His subject, known only as "Ms Z." was having regular OBEs and was the perfect candidate for his experiments. While in the state of dreaming, she would find herself around the ceiling looking down at her own body.

Dr. Charles Tart, set up an elaborate system of EEG wires to her head and various other systems to monitor her brain waves during these episodes. At the time she was in her out

⁸⁵ Charles Tart <http://www.paradigm-sys.com/> Dr. Charles T. Tart has been involved with research and theory in the fields of Hypnosis, Psychology, Transpersonal Psychology, Parapsychology, Consciousness and Mindfulness since 1963. He has authored over a dozen books, two of which became widely-used textbooks; he has had more than 250 articles published in professional journals and books, including lead articles in such prestigious scientific journals as *Science* and *Nature*, and provides regular public speaking appearances. Charles T. Tart, Ph.D., a Core Faculty member of the Institute of Transpersonal Psychology in Palo Alto, is internationally known for his psychological work on the nature of consciousness (particularly altered states of consciousness), as one of the founders of the field of transpersonal psychology, and for his research in scientific parapsychology. His two classic books, *Altered States of Consciousness* (1969) and *Transpersonal Psychologies* (1975), became widely used texts that were instrumental in allowing these areas to become part of modern psychology.



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of body state, she showed very unusual patterns in her brainwave activity unlike anything he had ever seen before.

He devised a plan of choosing a random 5 digit number and placing it high up on a shelf so that there was no way that she could see it. She had several OBE's and said that she was unable to maneuver her out of body self over to see the numbers. However, one night, she had the same brain activity as before indicating she had left her body, and this time she successfully observed the number from high above it she saw "25132." That number is now famous as it was the first experimentally documented evidence of an OBE.

What does this example show and what does it mean?

This Video Example shows that a person can separate from their physical body and still have the ability to see, think and move about. It is important to say again, the Mind is where everything is really going on, and the brain is where it "Displays" itself in the physical Reality. Like the example of the computer music player, when a certain chemical process is going on in the brain, it is just a representation of what the mind is doing in a non physical way somewhere else.



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What do these Examples show us about how we Really Function?

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This Video Example brings us back to our other [Video Example of the Cabbage who knew the Killer](#), back in Chapter 5, Resonance, Page 134. How could the Cabbage act in a way that is consistent with someone with a brain, when we know that plants have no Brains? This shows the higher order of functioning where everything really happens. The plant doesn't represent itself as having a brain, nor does the water, but both are able to respond to Meaning.

In the same way that a Human doesn't need a physically represented eye to see, the plant doesn't need a physically represented Brain, to think and respond, and so they do anyway. As I have already explained, the thinking and seeing is happening in the nonphysical energy realm.

We are only now discovering that every single thing that is possible doesn't necessarily have a physical representation that easily justifies and explains it. While our technology may never be able to justify the nonphysical realm and the "Reality of Reality," we can easily infer certain facts from what we have observed.

The cabbage plant reacted to the destruction of another cabbage plant and not because of any harm that came to it personally. This reaction could be assumed to be due to the death of the other plant. This is an awareness which is a function of consciousness. However, in the second part of the experiment, we find that the plant is reacting to the specific Human that destroyed the other plant. That is an obvious awareness of a possible threat to its well being, even though none was offered. That threat was inferred by the plant, based on what that specific Human did to the other plant. That is clearly an example of a rational thought process. That is clearly the function of a Consciousness in a Life form.

From this demonstration we can clearly discern that rational thought and consciousness is not a function of a Brain and from that we can infer, if a plant is able to have conscious rational thought without a brain, then our own conscious rational thought must reside outside of our brains as well. Why would we keep our thinking and rational thought in our brains when a simple plant doesn't have to?

So when we separate our "Being" from our physical Body in an OBE, we take with us all of our senses, memories, conscious ability, and rational thought. None of that is a function of the physical form; it is only "Represented" there.



#10-21
7:03



Slide Show
Presentation
Chapter #10
Part 6 of 9
65:00+

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What Can We Learn From The "Phantom Limb Syndrome?"

One of the conditions that prove and show this matchup of sensations and physical representations is the Phantom Limb syndrome For those who suffer from this problem, they experience a very weird sensation. If they have had an arm cut off due to disease or injury, they still have the feeling that it is still there. They can clearly see that it is not, but their feeling and sensation system still thinks it's there. That in itself is not that much of a problem. The problem comes in when the missing arm is in great pain.



Flash Movie
Presentation
Chapter #10
Part 6 of 9
1:09:43+

Since the Arm is Gone (A phantom Limb⁸⁶) and not there, how can you put any medicine on it to make it feel better? Sometimes, their hand feels clinched in a tight painful grasp, and yet, the hand is not even there. They have no way to open their own hand, to get relief, because it isn't even there.

They have developed an interesting and low cost method of solving that problem. They use what's called a "Mirror Box." Interestingly enough, this same "Mirror Box," can be used for a hand that is still there as well but has arthritic pain for example. If for example their left hand was missing, or they still had it but it was in great pain, they would position a mirror in front of them so that their right hand was next to the mirror and could be seen in the mirror. This of course would produce a "Mirror Image," which is exactly what the left hand would look like. They keep their eyes focused on the mirror viewing their "left Hand," or an image of what it would have looked like and their mind matches the image with the feeling that they still have, and it feels like they have a real hand again.

⁸⁶ A phantom limb http://en.wikipedia.org/wiki/Phantom_limb is the sensation that an amputated or missing limb (even an organ, like the appendix) is still attached to the body and is moving appropriately with other body parts. Approximately 5 to 10% of individuals with an amputation experience phantom sensations in their amputated limb, and the majority of the sensations are painful. Phantom sensations may also occur after the removal of body parts other than the limbs, e.g. after amputation of the breast, extraction of a tooth (phantom tooth pain) or removal of an eye (phantom eye syndrome). The missing limb often feels shorter and may feel as if it is in a distorted and painful position. Occasionally, the pain can be made worse by stress, anxiety, and weather changes. Phantom limb pain is usually intermittent. The frequency and intensity of attacks usually decline with time. A slightly different sensation known as phantom pains can also occur in people who are born without limbs and people who are paralyzed. Phantom pains occur when nerves that would normally innervate the missing limb cause pain. It is often described as a burning or similarly strange sensation and can be extremely agonizing for some people, but the exact sensation differs widely for individuals. Other induced sensations include warmth, cold, itching, squeezing, tightness, and tingling (Ramachandran & Blakeslee 1998; Ramachandran & Hirstein 1998) Although not all phantom limbs are painful, patients will sometimes feel as if they are gesturing, feel itches, twitch, or even try to pick things up. For example, Ramachandran and Blakeslee describe that some people's representations of their limbs don't actually match what they should be, for example, one patient reported that her phantom arm was about "6 inches too short" (Ramachandran & Blakeslee 1998). Some people with phantom limbs find that the limb will gesticulate as they talk. (But whether they feel the weight of the phantom limb while gesticulating is unclear). Given the way that the hands and arms are represented on the motor cortex and language centers, this is not surprising. Some people find that their phantom limb feels and behaves as though it is still there, others find that it begins to take on a life of its own, and doesn't obey their commands.

I placed a coffee cup in front of John and asked him to grab it [with his phantom limb]. Just as he said he was reaching out, I yanked the cup away.

"Ow!" he yelled. "Don't do that!"

"What's the matter?"

"Don't do that", he repeated. "I had just got my fingers around the cup handle when you pulled it. That really hurts!"

Hold on a minute. I wrench a real cup from phantom fingers and the person yells, ouch! The fingers were illusory, but the pain was real - indeed, so intense that I dared not repeat the experiment.

– Ramachandran, *Phantoms in the Brain*, p. 43. ([Ramachandran & Blakeslee 1998](#))

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The method of unclenching the phantom hand for example, is just as simple as watching their hand open up. Of course the opening hand is actually the Right hand just being reflected in the mirror, but, it feels real and their visual system, is able to confirm that the hand is now opened up and not clenched any more.

In this next Video Example, David Butler⁸⁷ explains how to use a Mirror Box for Therapy of a missing hand or a hand that is in pain for other reasons.

Video Example – The "Mirror Box"

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[Mirror Box Therapy with David Butler \(7:02\) \(View All\)](#)



What is this video about?

In this Video Example, David Butler demonstrates several different methods for treating various pains and problems that one might have with their hands. First he discusses what you need to look for in a good useable Mirror Box, as there are several different kinds to choose from. He stresses that the Mirror needs to be a good one so that the hand doesn't look expanded or warped in the mirror.

One of the techniques that he describes for arthritic hands is to watch the reflected hand move easily and without pain. That tells the Brain that the hand can and is functioning perfectly, even though it is inside the Mirror box out of sight.

⁸⁷ Mirror Box Therapy www.noigroup.com

What does this example show and what does it mean?

The important thing to learn from the Mirror Box Therapy is that you are never dealing with the actual hand that has the problem, it is only the "Mirrored" representation of it. This shows that hands can be healed just by observing a working representation of the hand.



Since our senses are projected just as our bodies are, we know that our sense of touch can be projected to any location as it was in the "[Virtual Out Of Body Video Example](#)," Page 261. It doesn't have to be at the same place as our fingers are, or "Were."

Video Example - Phantom Limb Feelings



Watch
And
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[Derren Brown - Phantom Limb \(5:48\) \(View All\)](#)



What is this video about?

This Video Example is of Darren Brown⁸⁸ who is a famous Mentalist, demonstrating his ability to make contact with a person's missing hand. In this amazing video, Darren

⁸⁸ Darren Brown <http://derrenbrown.co.uk/about-derren/> Dubbed a 'psychological illusionist' by the Press, Derren Brown is a performer who combines magic, suggestion, psychology, misdirection and showmanship in order to seemingly predict and control human behaviour, as well as performing mind-bending feats of mentalism. For the past ten years Derren has created TV and stage performances that have stunned audiences, debunked the paranormal and encouraged many to improve and enhance their own mental abilities. His first show appeared in 2000, Derren Brown: Mind Control, and followed with Trick of the Mind Trick or Treat and a series of Specials including the controversial Russian Roulette.



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Brown asks a man with a prosthesis in place of his missing arm, to place it on the table in front of him. He then traces an outline of the false arm and hand, including the fingers on a table with a piece of white chalk.

He then has the man take off his fake arm and pretend that his real arm, the one he used to have, is actually on the table. However, all that is really there is a white outline of an arm and hand. He then asks the man to close his eyes and turn his head so that he cannot see the chalk drawing on the table. He tells him to imagine that his arm is alive and very real just like it used to be, and that it is actually lying on the table where the chalk outline is.

Darren Brown then reaches over and touches one finger of the chalk drawing and asks the man, “Which finger am I touching?” After a few moments he replies, “The ring finger?” He guessed it correctly. Darren Brown then says, “I am going to place an object in your hand and I want you to feel it as if you still had your hand and tell me what it is. He comes close to guessing the first object, but, on the second object, he is exactly right. It is a tea cup.

Later after the demonstration, the man says the he actually could feel the cup and even put one of his (Imaginary) fingers into the cup to verify it. Remember, these are the fingers of a hand that was removed over 20 years before.

What does this example show and what does it mean?

This Video Example proves that we can still feel limbs that are long gone. This evidence proves that our senses and sensations are a separate function of our being, and that they are not an integral part of our physical body either. We can feel and see without the body which is evidenced by NDEs and people who have had an OBE.

As we saw in the Out Of Body Stories above, the person while out of the body, could see and feel and experience sensations without the physical body. The Body isn’t needed for anything except our having a physical “Seeming” experience. So when the arm is gone, we can still feel with it, it’s just that we don’t have a physical representation of it any more. But, it’s still there, none the less.



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#10-22
4:08

Check Video

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The Reality of Homosexuality

In our real form of pure energy, we are neither Male nor are we Female; we only chose our sex expression here for the experience of it. In fact we have actually had many life experiences as both Males and Females, [Michael Newton - Past Life Regression Expert, Chapter 2, The Meaning of Life \(Your Life\) Page 59](#). There is nothing special about the fact that you are a Male or a Female in this life. It does not in any way express who you really are in your Real form. It only expresses what you wanted to try this time, in this life Experience.

In our Representation example of the Virtual World, Second Life, you were able to choose the sex that you wanted to be. When you are milling around in that Virtual World, you will meet many Males and Females that are Females and Males in real life. It's their choice on how they want to express themselves in that Virtual World and in this World as Humans, it is no different.

As we have seen again and again, our different senses and Bodily Sensations are separate from our Body, and our Body itself is only a Physical Representation of our real "Nonphysical Energy Selves." In our "Normal" or real form, we are non physical pure positive energy. We wanted to experience ourselves as flesh and blood beings in this Physical World.

When we chose a body with fingers and eyes, we expected to feel with our fingers and see with our eyes, but that wasn't always necessarily the case. When we choose a Male Body, or a Female Body, we naturally expected the Sexual feelings that we would have would match the Body we chose, but that is not always the case either. Sometimes we will have a Male Body and a Female Sexuality or vice versa. In the cases of the people who had Multiple Personalities, many of the personalities are often of the opposite sex of the Body.

At the lower conscious levels where we think that we are really physical and that we think with our Brains, we may believe that these kinds of situations are accidents. However, at the higher levels of Consciousness, we can easily see and realize that it's no accident that we have the combinations that we have as there are no accidents in the Universe. It was obviously an experimental expression that was decided and chosen before that person was born. It's not wrong, nor can it be.

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It is no more "Wrong" to have a Male body and express a Female sexuality than it is "Wrong" to see with your fingertips and not your eyes. Yet, we celebrate those who see with their finger tips and chastise those who express a different sexuality. Remember the [Life Painting example in Chapter 2, The Meaning of Your Life, Page 61](#), We are all here having our own unique physical experience in the way that we have chosen since before birth, and not a one of our own personal expressions is wrong.

Each and every Human Life Expression, is as special and important as any other Human Expression. In fact, one might say, that those who are trying out new and experimental variations on their Human experience, such as seeing with their fingers, holding hot lead in their mouth, or cross gender expressions, are the interesting and daring ones. While the rest of us still have our "Specialness and Uniqueness" in our own ways, we are still just common among the rest and don't have the flair that these people have.

It is only for your own experience that you create your own Reality. You don't need anyone's permission nor do you need their acceptance of your expression and life choices. By the same token, nobody else needs your permission or your acceptance to have a wonderful experience of their own choosing and creation.



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#10-23
10:14

The Reality of Body Age

I like to perform a demonstration at my live seminars, where I invite 5 people to come to the stage for a hypnotic demonstration. I try to have one of them be as young as possible and another one as old as possible. I announce that I will be pretending to hypnotize them and they agree to pretend that they are hypnotized.

I tell them that when I count backwards from 5 to 1 they will become very relaxed and close their eyes and will be completely hypnotized. I stress that since I am only pretending to hypnotize them and they are only pretending to be hypnotized, they couldn't possibly do anything that they wouldn't normally do. I then count backwards from 5 to 1 so fast that everyone gets a laugh.

I tell them that they are now my willing subjects and that they will do whatever I ask of them. I tell them that the reason that they are all here on stage is because they all have a birthday in common. As of today, they all have had a total of 98 birthdays. Not only has each and every one of them had 98 birthdays, but, they all have the same exact birthday, and it is today.

I continue by telling them that when I wake them up, they will feel and act just like a person who has had 98 birthdays. They will talk and move just like a person that has had 98 birthdays, and that when they awake there will be a news reporter here to ask them questions. Please answer the questions as best you can in the way a person with 98 birthdays would. The last thing that I tell them is that I want an Oscar winning performance.

I begin to count from 1 to 5 and tell them they are wide awake now and welcome them to the program. "I am with Reality News, and I would like to first congratulate you on this special occasion. It is amazing that you all have reached 98 birthdays as of today. I would like to ask each of you just a few questions about yourselves." Then I ask the first person to stand. He begins to stand wobbling and shaking, and I say "Are you all right?" He says "I'm 98 years old and I am feeling my age." I ask, "How is your energy?" He says, "It's just as you would expect of a 98 year old person. It's not what it used to be." And as I ask each of them to stand and answer the questions I always ask them, "How old are you?" And they always respond, "I'm 98 years old as of today." Each of them answers the questions about the same, some with more flare than the others but very entertaining. Importantly, the oldest person and the youngest person act and perform the same rendition of the "older" person.

I tell them that I am now going to count them down again until they are once again in a deep hypnotic trance. And again I count from 5 to 1 so fast that no one can keep from smiling. After all, I'm not really hypnotizing them at all. They are acting on their own accord.

I tell them that things have changed, that they really didn't have 98 birthdays, but instead, they actually all had only 24 birthdays and like before; they all were born on the same day, so they all are celebrating their birthday's today. Just like before, I will wake them up and they will be answering questions from a reporter who was sent here to interview them on this special occasion. Like before, I tell them to act, think, talk and stand just like a person who has had only 24 birthdays would. I count them awake and begin to ask the questions.

"What do you feel like now that you have had 24 birthdays?" They bounce up and act like they have energy to burn. "I feel great! And I'm ready for anything." They all claim to be 24 years old and full of energy and pep. Once again, the oldest of them and the youngest of them put on the same performance. Again I count them back down into the hypnotic state. But this time, I unexpectedly countdown slowly. Again it's funny.

This time I tell them that they all have something in common. They all have been volunteers for the most revolutionary science experiment ever conducted and it was totally successful. Like the

first time, each of them is celebrating their 98th birthday today. But, they don’t feel like a person who has had 98 birthdays would feel, because over the last 12 months they have had every single cell in their entire body replaced. It has been the most amazing scientific experiment ever tried. At a cost of more than a hundred million dollars they all are the recipients of a body that is less than a year old. So, while they have the wisdom and experience of a person with 98 birthdays, they have a brand new top of the line adult size body that is in perfect condition and ready to go.

I tell them that when I wake them, like before there will be a reporter who will want to ask them questions about this amazing experiment. I want you to act like you have the wisdom and confidence of a person who has had 98 birthdays, while at the same time act like you have the energy of a teenager. At this point, I can see that they are confused. It’s hard to act old and act young at the same time. Most people have never imagined this experience and have no idea how to pull it off. (Interesting.....)

I count them up and awake and once again I begin to question them. “How do you feel on your 98th birthday?” They bounce up and exclaim “I feel great, just like a kid again!” I continue by asking, “What do you think of this amazing scientific procedure that you have received?” They respond, “It is the greatest thing man has ever accomplished! And I thank God that I have had opportunity to receive such a wonderful gift.” All the interviews go the same. They all have great energy, and great appreciation, for this amazing scientific accomplishment that they have all received.

Then I explain the point to this whole demonstration. I tell them that in the first example, I had asked them to pretend like they had 98 birthdays. I never said that they were old. Nor did I say to act infirm or weak. I only said that they had had 98 birthdays. Everyone from the youngest one to the oldest one portrayed an old frail person which was their mental image of what a person at that age looked and acted like. The point is that I didn’t lead them to any conclusion. They acted solely on what they thought a person of that age would be like. We all already have an image in our minds of what old age is and **“We are Ageing Ourselves”** with our own GOD power coupled with our beliefs based on this image.

In the second example, everyone had an idea of what youth acted like. Every single volunteer from the youngest to the oldest acted with more energy and enthusiasm when they were acting younger. But the main point of this example is that **“We are Acting Our Age,”** or at least how we think our “age” acts. And yet, we all have the ability to act younger and more vibrant no matter what our age.

Even though our bodies are like holograms, three dimensional representations of what a physical body is thought to look like, it still has very positive aspects in its representation that are quite beneficial to our health. In that regard, the third example is the most amazing of all, because it’s true for everyone.

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Our body actually does replace every cell and we are actually never "older" than 12 months, at any given time. "We always have a brand new body." The only thing is, as these brand new cells are created, they are created in the image that you have for them. If they are supposed to be 98, then they look and act like they are 98, based on what you think 98 looks and acts like. If your image is that you are young, then the cells will be made brand new like always, but they will act and look like the image you have of them and expect from them no matter what that image is, young or old. But the cells are always new.

We think that just because animals have an age progression, so should we, but, nothing could be farther from the truth. We are creating our bodies as we go. Remember it is a projection, a representation of what we think it should be. Remember the Multiple Personalities who change their bodies instantly to match what each "Personality" thinks their body condition should be. If we can see with our ear lobes and bullets can flatten against our stomachs and we can even stop eating and drinking for 30 years, then we can be any age we choose. That is to say, that we can have a body in the condition that we choose.



Getting Younger

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There was an important study conducted by Ellen Langer,⁸⁹ Psychologist at Harvard University. She did a study in 1979, where she took older men and put them in an environment that was in a

⁸⁹ Ellen Langer <http://www.ellenlanger.com/> Dr. Ellen Langer is a professor in the Psychology Department at Harvard University. Her books written for general and academic readers include *Mindfulness*, *The Power of Mindful Learning*, *On Becoming An Artist*, and *Counterclockwise*. Dr. Langer has described her work on the illusion of control, aging, decision-making, and mindfulness theory in over 200 research articles and six academic books. Her work has led to numerous academic honors including a Guggenheim Fellowship, the Award for Distinguished Contributions to Psychology in the Public Interest of the American Psychological Association, the Distinguished Contributions of Basic Science to Applied Psychology award from the American Association of Applied & Preventive Psychology, the James McKeen Cattell Award, and the Gordon Allport Intergroup Relations Prize. The citation for the APA distinguished contributions award reads, in part, "...her pioneering work revealed the profound effects of increasing mindful behavior...and offers new hope to millions whose problems were previously seen as unalterable and inevitable. Ellen Langer has demonstrated repeatedly how our limits are of our own making."



#10-24
25:48

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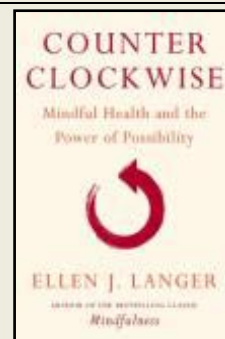
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1959 setting for a week. That was twenty years earlier. Everything in the location was from the 1950’s and they were only aloud to talk about things in the 1950’s as if they were there right now. The TV shows and the TV itself were from the 1950’s. everything they saw from magazines to the furniture was from the 1950’s.

She first tested everyone for all the main characteristics of ageing to see where everyone was starting from. Then after being in the 1950’s environment for a period of time, she found that they all had health benefits from the experience. Their body’s ages were actually reversing. Some no longer had to use their medications, their fingers changed in length and a host of other improvements. The important point here is that they were not told to get better, they were just told it was a 1950’s experiment.

So they had improved automatically because they were just remembering and living in a time when they were younger and more able. This caused the new cells in their bodies to be created mirroring the health of the images they now had in their mind of better, younger times. Her Book is Called “Counter Clockwise.”⁹⁰

⁸⁹ Ellen Langer, **Counterclockwise** <http://www.ellenlanger.com/books/1/counterclockwise>
If we could turn back the clock psychologically, could we also turn it back physically? For more than thirty years, award-winning social psychologist Ellen Langer has studied this provocative question, and now has a conclusive answer: opening our minds to what’s possible, instead of clinging to accepted notions about what’s not, can lead to better health at any age. Drawing on her own body of colorful experiments—including the first detailed discussion of her landmark 1979 “counterclockwise” study in which elderly men lived for a week as though it was 1959 and seemed to grow younger—and important works by other researchers, Langer proves that the magic lies in being aware of the ways we mindlessly react to cultural cues. Counterclockwise shows how we can actively challenge these ingrained behaviors by making subtle changes in our everyday lives. Langer describes ways to reorient our attitudes and language in order to achieve better health; she shows us the ways in which our belief in physical limits constrains us; and she demonstrates how our desire for certainty in medical diagnosis and treatment often prevents us from fully exploiting the power of uncertainty.



Video Example - Turning Back the Clock



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Counterclockwise - Ellen Langer (23:09) (View All)

Play #1

Play #2

Play #3



What is this video about?

In this Video Example, Ellen Langer is being interview by Terri Kelly, on the show Books and Authors. Ellen had written a book called "Counterclockwise" and is the subject of a movie of the same name. In her book, and presumably in the movie also, she recounts her famous experiments on reversing the aging process. She mentions several of them in the interview.

The 1959 Study.



She took old men to a timeless retreat and had them live as if it were 20 years earlier. They had discussions twice a day that were held in the present tense (as if they were in 1959 right now), the decorations and everything about it was from 20 years earlier to put their mind in that setting.

Their vision improved and hearing improved. Their before and after pictures looked younger, and their thinking ability improved. She was even playing foot ball with some of them at the end of the study. All this improvement happened after only 7 days of exposure to and experience in this 1959 retreat setting.



Illustration





Explain
Illustration
#10-24-i1
7:46



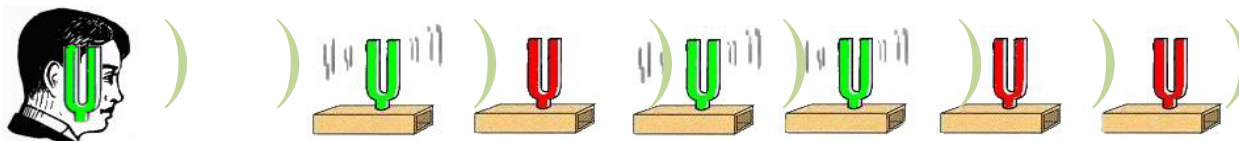
Normal Reality

Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Body		Body Ages Continually		Body Is Certain (Old Age)		Body Continues To Age

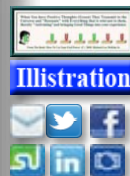
GOD Power (Exercised By Environmental Influence)

Physical Meaning	+	Thought Meaning	+	Thought Meaning	=	Physical Meaning Result
of Person's Body		Body Does Not Continually Age		Feeling Younger Means Getting Younger		Body Starts Getting Younger

The Ability Has Been Elicited & Activated In Their Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



The Chamber Maids Experiment



She studied a group of chamber maids and their physical health. First she asked them if they got any exercise, and they all said no. They thought of exercise as being something that they did after work and didn't feel that making beds and cleaning rooms qualified as exercise.

After she tested them for their strength and ability, she taught them that what they were doing was just like exercise. When they were making a bed, it was like this kind of machine in a gym, and another kind of activity was like another type exercise machine etc.

After a certain period of time since she had showed them that they really were exercising, she tested them again. However before she did she asked the chamber maids if they were



doing anything differently than before. They all said no. She asked if they were eating any differently than before. No, they were not. She confirmed their responses by asking their friends and family. Sure enough, the only thing different than before was that they now thought of their work as exercising and being healthy.

She tested them again and found that they had lost weight, had an improved body mass index, their blood pressure had gone down and their hip to waste ratio had improved. (They looked better and more attractive.) Ellen Langer says that, "No matter what you are doing, eating an apple, doing an interview, or whatever, you are either doing it mindfully or mindlessly."



Explain
Illustration
#10-24-i2
11:07



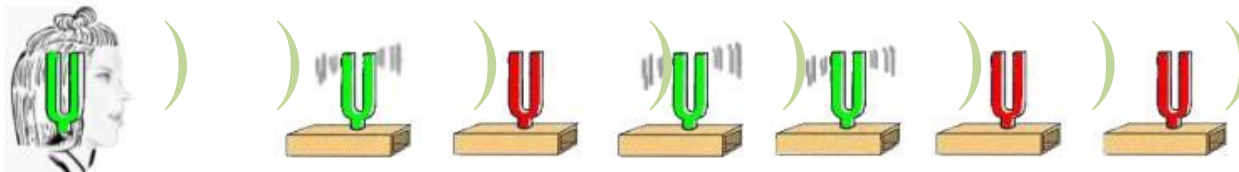
Normal Reality

Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Body		Work Has No Physical Benefit		Working All Day Long		Body Continues To Gain Weight & Look Bad

GOD Power (Exercised By A Change In Beliefs)

Physical Meaning	+	Thought Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Body		Work Is Beneficial Exercise		Working All Day Long		Body Loses Weight & Looks Better

The Ability Has Been Elicited & Activated In Their Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



What does this example show and what does it mean?

This Video Example and interview with Ellen Langer proves that it is not the physical experience that creates or dictates our Realities; it is how we think about it. It is the Meaning that we give to our experience that forms and elicits the result. In each of her experiments, she caused the test subjects to change the Meaning of their own experience.

In the 1959 experiment, the old men were in an environment that caused them to feel and give the Meaning, "I'm young again." That resulted in amazing age reversal in just 7 days. Can you imagine if they were to keep up that way of thinking, still feeling young and vibrant, rather than feeling their actual age again?

In the Chamber Maids experiment, she caused them to rethink their work. Instead of drudgery, it was now an exercise opportunity and they were getting a benefit from the exact same activities they had always done. The only thing that was different was that they had changed the Meaning, of what they were doing. The result was a loss of weight, better health and looking better.



**Remember,
NOTHING WAS DIFFERENT
EXCEPT THAT THEIR MEANINGS
HAD BEEN CHANGED.**

It was like the Placebo pill in one way, in that they elicited a different and better result from the same activity, but it was different than the pill Placebo, because they didn't have to be tricked to get the better result. They just changed how they thought about it.



*Ageing is NOT a Physical Process.
It is not a Process at All.
It is a Function of Your Imagination.*

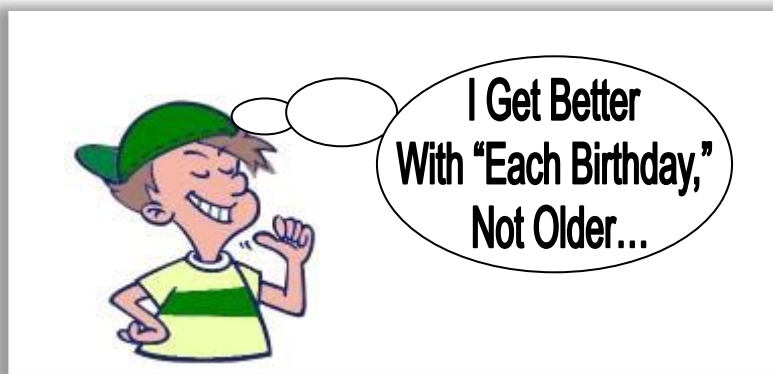
R.L.M.



Illustration



You think that you are getting older and so you begin to look and act like you think you should at a certain age. You get older, not because you have to, but because you use your GOD power to assert the meaning of getting older just because you have another birthday. "Whoever tied Birthdays with ageing anyway?" They don't go together.



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Getting Better With "Each Birth Day," Not Older...



#10-25
18:05

Life as we know it, and in fact, the Universe as we know it, is generated and maintained by Energy Fields, within Energy Fields from the largest field that you can imagine, The Universe, to the smallest field that you can imagine. You might call these levels of Consciousness. At one level, you exist as a separate individual Energy Field, a separate Consciousness, at the next level higher, all life is one, and at the next level up all matter and life are one, and so on.

It's as plain as the fingers on your hand. At one level, you have individual fingers, they are all separate and individual. They are completely different than your toes. But if you go a little higher up, to the palm, your fingers are now all part of the same hand and as you go up even more, eventually all your fingers and toes are all are one together in the body as a whole. The same is true of Human Beings and life itself. At one level we all seem individual and separate, but at a higher level we are all part of the same system. While each finger and toe, expresses their own movements and seeming individuality and independence, in the bigger picture, they are all interdependent as a whole.

For purposes of this discussion, I am only going to refer to the three main Energy field segments that we have as Humans. The first of course, is your Body as a whole. Then as sub systems, are your different organs and bodily systems, which each have individual energy systems, and finally, each and every cell has its own energy field and thus consciousness. This can be visualized like a country. There is the United States as a whole. Then there are sub systems called the States, and then there are individual cells called people. While every level and sub system has a mind of its own and is own conscious, they all work together in harmony within the whole as a country (or Body).

Our country, the United States of America, is like a body. We have a main government and organs which are the states, and then cells which are the people. But we also have high way systems, and water systems, and power systems, airport systems, train systems, and networks of all kinds. We have different people (Cells) who are specialized for certain tasks, such as defense, (The immune system) thinking and deciding, (Government centers) and the like.

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This is a good metaphor for how our body's age has nothing to do with the number of our birthdays. Our country, The United States of America, is now over 233 years old. But our people (Cells) are no more than 80 years old. Our people are constantly being born and dying off, and at any given time, the average age of the U.S. Population is 36.4 years old.⁹¹ That's young in reality, compared to the country as a whole being 233 years old.

That's like a person being 40 say, and their cells are only 1. What if we asked our people (cells) to "Act your Age" and act 233 years old. Our country would have started to slow down at around 60. It would have come to a crawl at 80. And we would have died out as a country at 100 for sure.

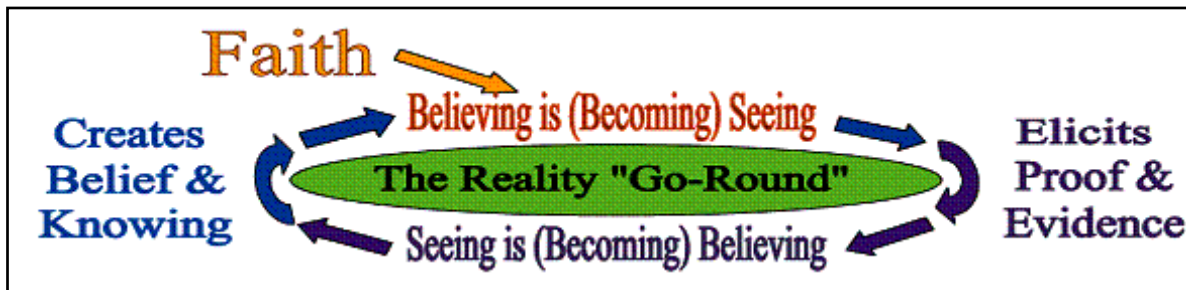
But it doesn't work that way. We get older and wiser and stronger as a country at 233 years old and we are still as vital and vibrant as ever. Our older structures that have gotten too old have been replaced with brand new bright and shiny buildings, bridges and infrastructures. That is the way of "ageing." The way it should be.

Let me see if I can put this to You as clearly as I can....

**YOUR BODY IS A "PROJECTED REPRESENTATION"
THERE IS NOTHING IN YOUR BODY THAT CAN AGE,
YOU ARE ACTUALLY PURE ENERGY,
WHICH CANNOT AND DOES NOT AGE
YOU "ELICIT" AGING FROM YOUR BODY
BY THE THOUGHT OF IT**

In the same way that the Multiple Personality guy changes his eye color, or his diseases, or in the same way a man can die by Believing that he was going to die, YOU CAN SHOW AGING BY THINKING THAT YOU ARE AGING. You can "Prove it to yourself." Think about your age right now. How "Old" are you, right now? Now add 10 or 20 years onto that age. Now what does your Body look and act like at that new age? If you gave an answer that is any different than how you feel about yourself right now, then you are expecting to age and already have a picture and a concept of what it will be like as you age. You WILL Elicit this result!!!!

⁹¹ According to official 2007 U. S. census numbers as reported by Hispanic.com,
<http://hispanic.com/topics/hispanicpopulation.aspx>



In the same way that your Body can "Represent" Good Health or Bad Health, it can Represent Aging or Not Aging. Remember our illustration on the Importance of Faith? Faith Begets (Elicits) Proof & Evidence. In this case, you have the "Faith" or Belief that you are going to get "Older." You think that you are getting Older, so you elicit from your Body the necessary conditions and experiences to match that Meaning. Let's do the same "Mental Exercise" as above by adding years to your "Birthday Count," except this time, "Imagine" that you have the same or even better body conditions then, as you have right now!



So what do the "Experts" say? They can "Prove that we are Ageing?" Do they point to the fact that the cells aren't dividing like they did before? That they don't repair themselves as before? What else? What other "Evidence and Proof" do they have? What "Elicited" that Proof?



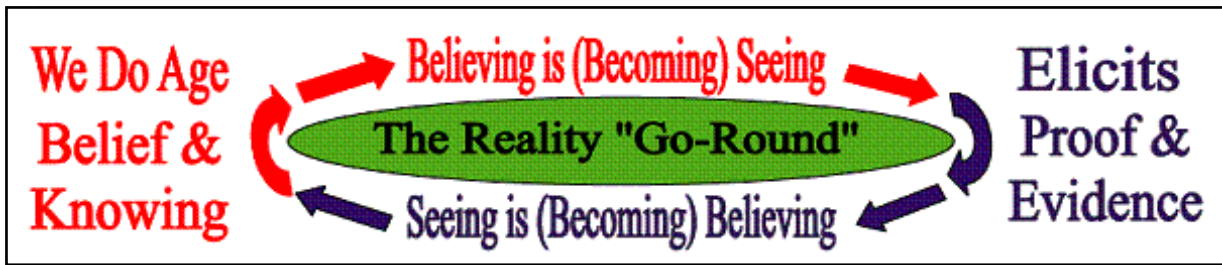
Remember that:

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**If You Believe Something In Your Reality,
You Will Not Only Elicit Evidence Of It,
You Will Elicit The Actuality Of It.**



When the people in the earlier examples in Chapter 1, healed themselves by the thought of it, they not only elicited the evidence of healing (or Death) by the Placebo, but they also elicited the actuality of it as well. As they Healed, the Body "Represented HEALTH" and how did the Body accomplish that? By getting rid of the diseased tissue and replacing it with healthy tissue, what else?



The Reality "Go-Round"

Illustration

Twitter, Facebook, LinkedIn, YouTube icons



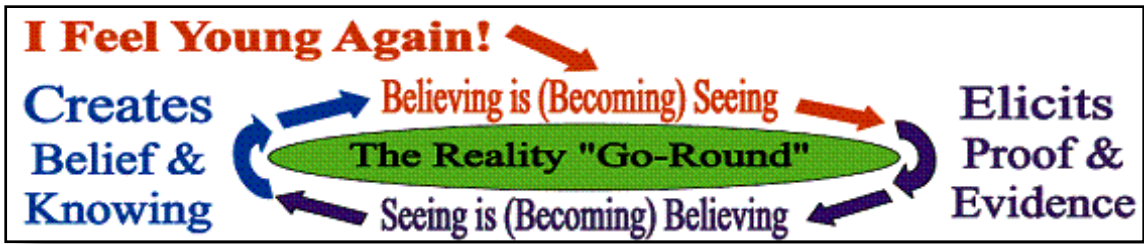
So if you believe in "Ageing" in the same way as you believed in a cure, how would your Body "Represent that? Of course, by having the cells not divide as they once did and not repair themselves. How else would you "Represent" aging? Doesn't it make since that our Body can and does "Represent" aging when we think it, in the same exact way that it "Represents" Healing when we think it?

Check Video

YouTube



Remember in the [Video Example "Turning Back the Clock" with Ellen Langer?](#) There was lots of "Evidence and Proof" of "Aging with those old men who were in the experiment. However, as they were placed in a setting that reminded them of when they were young, all this "So Called Proof and Evidence" starting changing to a "Younger State of Being." How do these "Experts" on Aging explain that the cells were now dividing properly and repairing themselves again as if they were "Young Again?" If this was truly a purely Physical Bodily Function that was unstoppable and inevitable, then how do you explain that not only did it stop, it "REVERSED?"



The Reality "Go-Round"

Illustration

Twitter, Facebook, LinkedIn, YouTube icons



It is a very simple explanation. The Body cannot age because it is a "Representation." When you think that you are aging, it is faithfully Representing that for you, just as you expect it to. When you think that you are Younger, it will faithfully Represent that for you also. Your Body Doesn't Age, it can't. How do you want to be "REPRESENTED?" Well, that is up to you.

The Formula is very Simple:

"What you Believe in Your Reality, Creates a Vibration that when coupled with the Power of Resonance, not only Elicits the Evidence and Proof of itself, but, it also Elicits the "REALITY" of itself as well."

In the Placebo Example, the sugar pill being a cure was a figment of your imagination, and it still cured you. Aging is a figment of your imagination also, and still it is aging you. In short, you Create Aging, in the same way that you can create Good health or Bad Health or anything else in your Experience, by Eliciting it into existence. So how can you STOP Aging? First,

"KNOW" that there is no such thing as Aging.

If you don't KNOW that you can stop Aging, you can't. So, just KNOWING that you CAN STOP AGING is a HUGE STEP. Do you REALIZE that the Body doesn't even have a way to age since it is only a Representation? (When you "Realize" something, you are making it REAL). It only Represents what you think it is. If you think that it is sick, it is. If you think that it has High Blood pressure, it does. If you think that your eyes are Blue, they are. But, if you are a Multiple Personality, that same Body can "Represent" many different conditions depending on whose "Body Concept/Image" it is "Representing" at the time. (The Different personalities) What a Multiple Does "inadvertently" you can do on purpose.

Here are two different Thought Responses based on your "Level of Consciousness."

Lower Level of Consciousness. This is the level where "Bodies" are Real things that Really function. At this level you can "REALIZE" that your cells are constantly being replaced with BRAND-NEW cells. At any given time, your Body is no more than 12 months old.



You could decide that no matter how many birthdays you have, your body will remember that it is constantly renewing the cellular foundation of the structure with new cells and that you intend not to "age" any longer. After all, if you can stop eating for 30 years, you can stop aging also.

Higher Level of Consciousness. This is the Bigger Picture where you REALIZE that "Bodies" are just Projected "Representations." At this level you can easily "REALIZE" that aging is a function of your thoughts, Beliefs, and Meanings and nothing more. Recognize that you have a represented body that doesn't actually see anything, feel anything, doesn't even have to eat or drink, can withstand fire, is impervious to injury, and doesn't have to do anything because it isn't doing anything anyway. It is only representing faithfully your own image of yourself be it



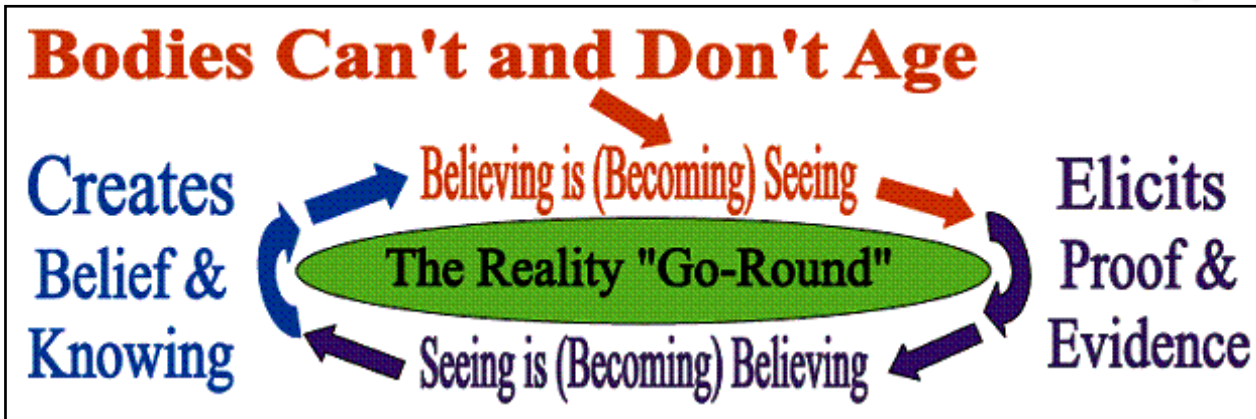
Explain
Illustration
#10-25-11
1:26



young, old, healthy, sick, or whatever. At this level, you REALIZE that if the Body has no real physical functions, then how could it still age? Why would it still age? If it does nothing else, why would Aging be the one thing that it CAN do? REALIZE that "Bodies Can't and Don't Age. If you have the Faith that this is true, you will begin to Elicit more and more Evidence and Proof that this is True.



Explain
Illustration
#10-25-i2
3:34



If we have learned one thing, we have learned that MEANING is KING, and that nothing happens without it and at the same time, Meaning is the one thing that we have total control over. Just remember the Multiple Personality people who can change Body conditions in an instant just by a thought, and Ellen Langer who proved that Aging is in the Mind and that we can be tricked into becoming Younger. If you want to stop it altogether, you have to not believe in it.



#10-26
18:57



Slide Show
Presentation
Chapter #10
Part 7 of 9
63:00+



Flash Movie
Presentation
Chapter #10
Part 7 of 9
1:06:39+

*"Aging is Not a Physical Process,
It is a Thought Process."*

R.L.M.



The flaw in the anti-aging movement is a conflict of beliefs. You can't fight ageing, without confirming that it is real and exists. When you address ageing, you create the very thing that you want to fight. You create aging, because you cannot fight or address something that doesn't exist. So every time you take a pill, or meditate on the subject you confirm and strengthen your belief in it. It's not all bad. If secretly, deep down inside, you do believe in ageing, and if you believe that what you are doing is helping, then you are possibly slowing it, but, not stopping it.

Ageing is not real. If your body is not actually a physically functioning system, and we know that it's not because of all the examples we have seen above, then how could it be getting old? If your Body can't and doesn't really see, if it is impervious to fire, if it doesn't even need food or water, to exist, then what could possibility cause it to age? There is only one possible answer,

Your thoughts that you are ageing, is why you are aging.



Remember that the Multiple Personality people instantly created certain body conditions as they took control of their Meanings and Beliefs. You could take control of how you see your Body conditions as well.

Remember, that you are using your GOD Power to assign meaning in your life just by thinking. It's not something that you can turn off and only use it when you want to. It is ON all the time. Every time you say I'm going to get fat eating this or just I am fat, that's MEANING. When you think, I am getting older or just I am older, that's MEANING.

The Bright Side is this. Until now, you have thought that Aging was REAL and that you **Could Not** stop it. I mean that in its MOST LITERAL SENSE. This was a Lower Level Consciousness thought where Physical is Real and needs to be handled in a Physical way. This would be like the Man with the Disease who thought that the only way to cure a Physical Disease was to use a Physical Cure. That makes perfect Sense at the Lower Level of Understanding (Consciousness). Frankly, at that level of thought, those are the only options that you have.


However, Now that you are at a much Higher Level of Understanding (Consciousness), where you KNOW how things work, You can handle this in a more powerful way by using Your GOD Power to change the Meaning instead. However, this can only be done at the Higher Level of Understanding (Consciousness). The reason that you have to be at a higher Level of Consciousness (Understanding), for this to work is that changing Meanings require your Belief in them. If you don't see the bigger picture and don't really understand how things work, then you could never believe in your New Meanings. You would be stuck having to have to have some sort of Medicine or operation to get cured and you would have to have some sort of anti-ageing drug or operation to slow your aging. But at that low level, you could NEVER stop it.


At this Higher Level of Understanding and Consciousness we ask the questions: "How can a Representation get old?" If the Representation is created from Beliefs and Meanings, then it can't get old unless the Beliefs and Meanings say so. If we have a computerized Representation of ourselves as an Avatar in Second Life, how could it get old when it is only a Representation? We would have to make it look and act old, because Representations can't get old on their own. How could they? They aren't doing anything thing on their own, they are just Representing. It's all in our thoughts and image of ourselves that forms our Body Blue-Print.



Illustration





 Explain
 Illustration
 #10-26-i1
 14:16




 Illustration

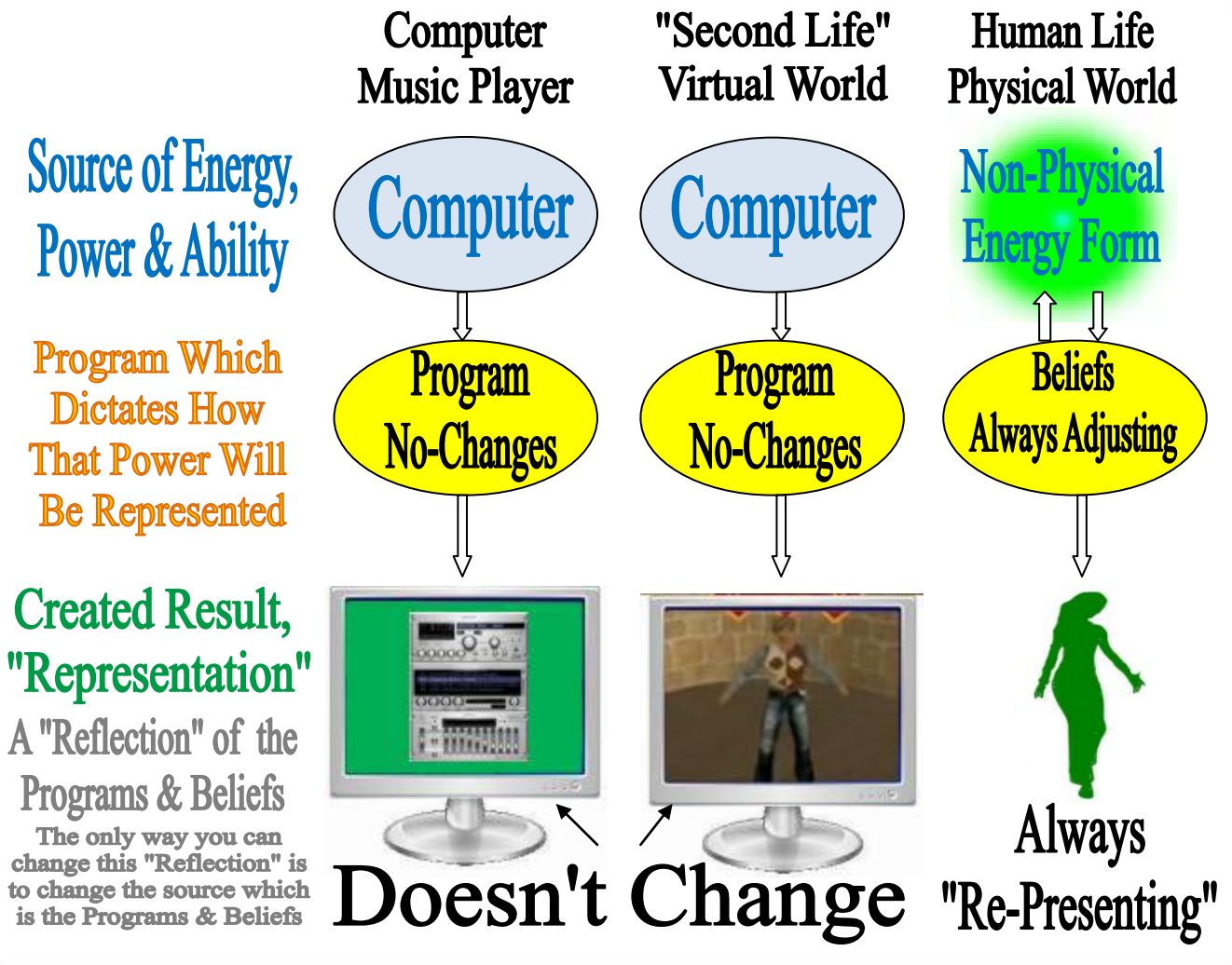



 Illustration


 Play Audio


 Play Audio



When I activated my Computer Music Player, I noticed that it had no wrinkles nor did it have any color blotches. I also noticed the same thing with my Computer Avatar Representative in the Virtual World of Second Life, no signs of Aging. This is because there is no programming that will create these types of "Aging Representations." They are Programmed to always look the same. These are known as "Static" Programs. That Means that while they may have a few options built in, once they are created, they aren't changing any more. Our Program (Beliefs) is a Dynamic Program. That means that it is always adjusting and changing. This results in an ever changing "Representation" that matches the new Program. As we think that we are getting older, we are altering our Beliefs (Program) and thus creating a new Resulting "Representation" of ourselves. The Good News is, I mean THE GREAT NEWS is that we can Change our Programming back to a prior configuration. Not only can we stop changing our Program to represent an even older version of our self, we can change it to represent an even younger Version of ourselves as we saw with Ellen Langer's 1959 Experiment.

The Program "Control" Level, is the Field of All Possibilities. Anything can be Created there and then "Represented" in a Visible Noticeable Way. Nothing Happens or can be Changed at the Representation Level. Remember, like the Computer Music Player, no changes can be made at the Representation Level. You may think that you are making changes at this level, but, you are only "Conveying Meaning" from this level to the Beliefs and Meanings Level, which then Re-Presents itself again back down at the Representation Level in the new form. It is just like the Music Player, when you move the "Volume Slide Switch" up, you have only conveyed the Meaning to the Program which then Re-Presents the Volume Slide Switch in the Up Position and then Raises the Volume of the Music. The Physical Level is only a "Representation Level" and not a "Functioning Level."

Remember that all statements and thoughts about yourself and your World are "Programming Commands." That is to say, when you joke about getting old, you are going to be getting even older. Joking is no joking matter. When you joke in a "Negative" way, by saying things that you don't really want, just to be funny, it's funny all right, but, what's not funny is you are asserting MEANING which is programming yourself. When you say, I'd be lucky to get into that dress or those pants, what are you saying? What about "Pass me another Cancer Stick" when referring to cigarettes? If it doesn't convey the meaning that you really want over all, then don't say it. Don't think it. Practice asserting meanings that you really want. I don't mean to say things that aren't really true, that doesn't work either, because inside it points out your shortcomings and actually draws more attention to them than you might otherwise have had. Just forget what isn't perfect and concentrate on what is.

Now is the time to throw out all those coffee mugs that say "I'm not getting older, I'm just fermenting." Everything in your house, on your computer, in your thoughts that is making fun of aging is confirming that you are aging. It is bringing "Ageing" to mind every time you see it or think it. Every time you think "Ageing" or "I'm getting old" or just "old" in general, you are asserting and confirming the meaning. The meaning that it conveys and confirms is "Ageing is Real, and it's really happening." When you do this, you are using your most prized possession, your GOD Power, to assert and confirm that aging is real, keeping you on the path of ageing.



#10-27
2:38



Aging and the 4 Minute Mile



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And
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There was a time when it was thought to be impossible to run a mile in less than 4 minutes. It was thought that it was an absolute Human limit. The Doctors and "Experts" thought that a person's Heart would explode and fail under that kind of pressure. So over the years, people came close, but they never crossed the "Mental Limit" of the 4 Minute Mile.

Then there was that faithful day when Roger Bannister⁹² ran the Mile in less than 4 minutes and now there are people who are able to do it regularly without any problems. As soon as others heard that it had been done, suddenly person after person reported that they too had beaten the 4 minute mile. That "Imaginary" limit was so powerful that it might as well have been a wall a mile thick. As long as there is a limit in your Mind, there is a limit in your experience. However, the moment the mind limit had been removed, or altered, due to a change in beliefs; there was no longer a physical limit either.

The same is true of Aging. I am quite certain that there have been people who have lived hundreds of years on this planet. There are countless stories of these people in almost every culture. Methuselah was said to have lived 963 years. They lived that long because they didn't know that they couldn't. They could have only done it using their GOD Power, to change the meaning of ageing. What does ageing mean to you? Does it mean becoming more incapable based on your birthdays, or becoming wiser?

Like the 4 Minute Mile Barrier, as soon as someone reading this book really gets the idea in their head and in their Beliefs, that they don't have to age, it will become their Reality. The moment that they begin to demonstrate a halt in their aging process, and even a reversal that can be measured and proven to others, we will see hundreds of people suddenly stop aging and start improving their own health, becoming younger and more vital. It is only a matter of "Changing your Mind" about what aging is, and when that will happen is only a matter of time. You be the first one to cross that mental barrier.

⁹² **Sir Roger Gilbert Bannister, CBE (born 23 March, 1929)**

http://en.wikipedia.org/wiki/Roger_Bannister is an English former athlete best known as the first man in history to run the mile in less than 4 minutes. Bannister became a distinguished neurologist and Master of Pembroke College, Oxford, before retiring in 2001. Sir Roger was the inaugural recipient of the Sports Illustrated Sportsman of the Year award in January 1955 (1954 Sportsman of the Year). Bannister was inspired by miler Sydney Wooderson's remarkable comeback in 1945. Eight years after setting the mile record and seeing it surpassed during the war years by the great Swedish runners Arne Andersson and Gunder Hägg, Wooderson regained his old form and challenged Andersson over the distance in several races. Wooderson lost to Andersson, but set a British record of 4:04.2 in Göteborg on 9 September. Bannister set a personal best at 3:48.4.



Blue plaque recording the first ever sub-4-minute mile run by Roger Bannister on 6 May, 1954 at Oxford University's Iffley Road Track.



#10-28
9:35

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Cells are Living and Intelligent "Beings" in their Own Right

We are in absolute command of our bodies and our reality. No one else can or does have any control over it but us. Your Cells, as we learned in [Chapter 1, Your God Power, with Bruce Lipton, Page 42](#), are complete life forms themselves, just as we are as a whole. However, they do take their cues from you as the one who is directing the Billions of cells in your "Country," or body as it were.

Clive Backster, who was a polygraph expert, which are lie detector machines, conducted some amazing experiments that proved that our cells are intelligent and under our direct control. He is the same person who did the plant experiments that we first saw in [Chapter 5, Resonance, Page 127](#). Lie detector machines respond to changes in the conductivity of the skin or whatever substance the electrodes are touching.

Deepak Chopra⁹³ tells a story about one of Cleve's Experiments in his book, "Ageless Body Timeless Mind."⁹⁴ He had a WWII soldier who had experienced horrible things in the war, to

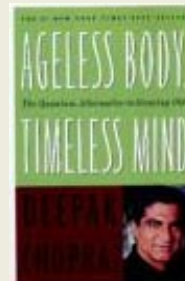
⁹³ Deepak Chopra <http://www.chopra.com/deepakcentral>

Deepak Chopra is a world-renowned authority in the field of mind-body healing, a best-selling author, and the founder of the Chopra Center for Wellbeing. Heralded by Time Magazine as the "poet-prophet of alternative medicine," he is also the host of the popular weekly Wellness Radio program on Sirius/XM Stars. A global force in the field of human empowerment, Dr. Chopra is the prolific author of more than fifty-five books, including fourteen bestsellers on mind-body health, quantum mechanics, spirituality, and peace. Dr. Chopra's books have been published in more than eighty-five languages. His New York Times bestseller *Peace Is the Way* won a prestigious Quill Award, and *The Book of Secrets* was awarded the grand prize at the 2005 Nautilus Book Awards; his bestselling novel, *Jesus: A Story of Enlightenment*, was released in 2008. He is a columnist for the San Francisco Chronicle and Washington Post On Faith and contributes regularly to *Intent.com* and the Huffington Post. Deepak Chopra's popularity as an international presenter and keynote speaker is exemplified by an impressive list of honorariums. For more than a decade, he has participated as a lecturer at the Update in Internal Medicine event sponsored by Harvard Medical School's Department of Continuing Education and the Department of Medicine, Beth Israel Deaconess Medical Center. Dr. Chopra is a fellow of the American College of Physicians, a member of the American Association of Clinical Endocrinologists, an adjunct professor at Kellogg School of Management, and a senior scientist with the Gallup Organization. Before establishing the Chopra Center, he served as chief of staff at Boston Regional Medical Center. He received his medical degree from the All India Institute of Medical Sciences and did his internship at Muhlenberg Hospital in Plainfield, New Jersey. He then completed various residencies and fellowships at university-affiliated medical centers in Boston.



⁹⁴ Deep Chopra M.D., *Ageless Body Timeless Mind*, Harmony Books, N.Y. Page 135-136

The Quantum Alternative to Growing Old <http://store.chopra.com/productinfo.asp?item=58>
A classic bestseller with over two million copies sold! Chopra writes, "People continue to ask me, 'what is a timeless mind, and how does it influence the biological clock?' More and more, I've become convinced that our experience of time directly influences that clock. In moments of transcendence, when time stands still, your biological clock will stop. The spirit is that domain of our awareness where there is no time." In this inspiring and revealing book, Dr. Chopra combines philosophy, modern health research, biology and quantum science with the ancient wisdom of the seers to demonstrate that the effects of aging are largely preventable.



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help his with his research. He took a sample of his mouth cells which were kept alive in a Petri dish in another room. He had electrodes attached both to the man and to his mouth cells in the next room. He then showed movies of planes being shot down and very scary images from the war to the soldier, who responded dramatically to the images, and so did his cells in the next room. His thoughts, not only registered on the machine attached to him, but also registered through his cells on another machine in a separate room. The experiment was conducted again with the cells in another building 7 miles away the same result was found again. His cells, still alive in a Petri dish, in a building 7 miles away, not only received a communication signal from him, but responded simultaneously with his body. When his needles went up, so did the one on the cells 7 miles away.

This proves that not only do you have a direct communication link with every cell in your body, but, it is not dependant on a chemical related pathway. There was no chemical link between them. The brain did not send a chemical impulse to those cells. The communication came from the Energy form, down to be represented in the representative body, part of which was somewhere else. The cells, like the rest of the body are only representing a picture, of what is really going on somewhere else in the energy realm. That is where the action was taking place and where the "Image of a body and it's cells responding" was projected from.

In this next Video Example, we will see just how capable these little cells can be "Out on their own" in the World.

Video Example - Rat Brain Cells Operate A Flight Simulator



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And
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[RAT BRAIN FLIES PLANE \(5:08\) \(View All\)](#)



What is this video about?

This Video Example is about a scientist who obtained some living brain cells from a rat and put them in a solution in a Petri dish. However, this was no ordinary Petri dish, because it had electrodes coming in from all directions that were connected to a special computer. These Rat Brain cells, not only stayed alive, but they were able to operate a computerized flight simulator and fly a jet air plane.

He had the computer set up in a way that he could detect the firings of the rat brain cells. This way he had the input from the rat’s brain and at the same time he sent a signal back to the Petri dish when he wanted to communicate back to the brain cells. He set the computer up to emit a high frequency pulse to the brain cells, when the plane was in “trouble” and always in the same place for the same reason. These high frequency pulses were uncomfortable and the rat brain cells soon learned to respond in a certain way to cause the pulse to stop.

Before long, the rat’s brain cells were flying the plane perfectly in the simulator. This showed the ability for a biological computer, Rat brain cells and a mechanical computer could interact and operate complex systems easily.

What does this example show and what does it mean?

This video example shows that cells can live outside the body, that they are living, self sustaining, independent, intelligent and conscious “Beings.” They are the sub systems of our bodies. Just as we are individual people with minds of our own, in the larger picture we could be considered like the cells of the country that we live in and perpetuate.

Normal Reality Beliefs

Cells Are Not Conscious and Have No Communication Ability

Expanded Reality Beliefs

Cells Are Conscious, Intelligent and Do Have Communication Ability

All cells are individually conscious and intelligent as the above Video example shows us. They can and do take direction from us, and act as they are supposed to in the larger systems, such as your organs, and then your Body as a whole.

Just as Backster’s experiment showed us, cells are in constant communication with us. They are responding to our commands and our assertion of Meanings. If we say and think that we are getting “Old” then our cells respond by acting more and more like we expect them to. When they form brand new cells, the new cells are made “Old” looking and behaving, because that is what we expect them to be. Ellen Langer showed us in her experiments, that when we start

thinking younger, our bodies begin producing new cells that are younger in appearance and vitality.

My experiment on stage proved that people already have an image in their minds of what old age is and what it looks and acts like. We have linked our age to our birthdays for so long, that we can't even imagine having a large number of Birthdays, and not being old as a result. If a simple experiment for 7 days of altered thinking can not only stop the aging process but in fact reverse it and cause people to begin getting younger, then, imagining an image of how we will or should look at old age certainly is what is making us old. Clearly we already have the picture of old age in our minds and clearly our bodies will match that image.

Never has it been more clear than it is right now, that we as Humans, with our GOD Power to change the meanings in our lives, have the power to slow down ageing or even stop it altogether. We have the ability to say, "I don't have to age. It is not mandatory, nor is it necessary." If you can stop eating and drinking altogether for thirty years and still live, and since your cells are at you command, and since Ellen Langer proved that when you think you are younger, you start getting younger, then how could you still believe that aging is required?



Animal Kingdom

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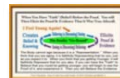
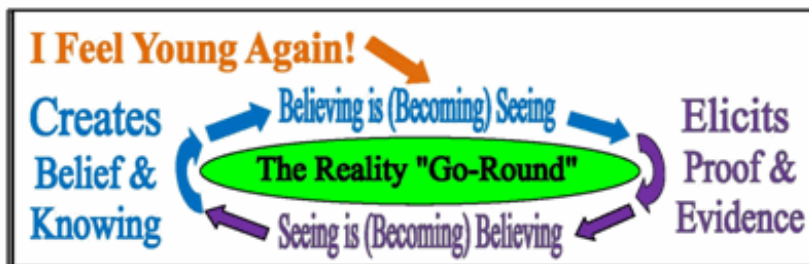
Illustration



Once again, I think that the main reason we think this way, is because we mistakenly look to the animal kingdom, for evidence of nature's overall plan. However, the animal kingdom does not represent a true picture of nature's plan for us, who have GOD Power.



If you were to take old Dogs, or any old animal, and place them in the environment that they lived in as young pups, with the toys and everything else, like Ellen Langer did with the old men in her study, they wouldn't start getting younger.

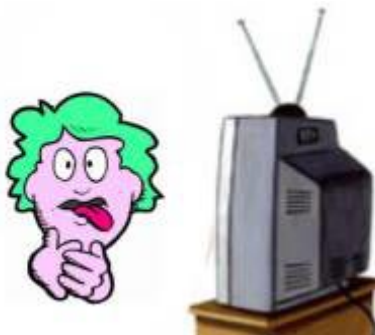


Illustration



But, we do. We see the environment from when we were young and if we start to "remember the feeling of being young again," we start getting young again. When we are imagining ourselves at the younger age, we are asserting Meaning. That's REAL. That's REALITY... "OUR REALITY."

While you will find highly specialized realities, such as bears that hibernate without drinking or eating, or lizards that can change color or re-grow a tail, you won't find instances where any animals have changed their own specific reality, by changing meanings from that established by their own species. Nowhere in the Animal Kingdom will you find examples of animals that haven't eaten or drank water in years, and still live. You won't find any animals that can remain in a roaring fire without as much as a burned hair. You will only find examples of pre-established realities that define their species and their existence.



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#10-29
10:00

The Media Is Killing You!

The title of this segment couldn't be more accurate nor could it be any truer. The Media is responsible for our wide spread Cancer and disease epidemic. I call it an epidemic, because we have never had the incidence of Cancer and diseases that we have today. It is time that we took a stand on this blatant, albeit ignorant, disregard for our wellbeing.

I just had to say something on this topic. As I was finishing this book, I just happened to catch a comment on a morning program. They were so excited that everybody is thinking about Cancer. They mentioned that the night before some sports broadcast had mentioned Cancer Awareness and then somebody else did and now they are and then they said, "Isn't that great?"

NO! THAT - IS - NOT - GREAT...

Let's look at this in a step by step logical progression, shall we?. We know now, that whatever we think about resonates within us and then elicits from our experience that which matches it. People have always understood the power of thought. You hear people saying all the time, "Let's think about Peace and bring peace to our World? So if that is true, and it is, then what does it mean to have Cancer awareness week, or autism awareness, or Breast Cancer Awareness? Why do we need to think about Disease?

THAT - IS - STUPID!

Let's really get a good understanding of how your Frequency Activation System works.


Explain
Illustration
#10-29-i1
2:29



First you see and become aware of a Red Car or Red Cars in general. This could be because a Friend tells you about his, or it could be that they are having "Red Car Awareness Week" and it is all over the news and everywhere you look.



Thanks to all the publicity and your conversations with your friends, you are now thinking about Red cars. It is now an Active Vibration in your Mind. We know that "Active Vibrations" radiate out into the Universe Resonating with everything that is like themselves.



Now, you see Red Cars everywhere. They are ahead of you, behind you, and even next to you in traffic. You park right next to one at the store and when you get home, your neighbor comes over to show you his new car, which is, as you guessed, RED.



Interestingly, we haven't even discussed whether you even like Red Cars or not, because frankly, that doesn't matter. It is just as powerful a Vibration if you hate something, fear something or love that same thing. They all are equally active and powerful Vibrations attracting and eliciting "Their Kind" into your experience.



**All that matters is that you are giving thought to it.
That is all that is required to activate it.**

I hope that I have communicated my sentiment on this issue clearly. As you think about Cancer, you are resonating the feeling and thought of it throughout your body. You begin to elicit everything that is relevant to it into your life experience. You can literally elicit it into existence in your own body. Remember the person who was thinking about criminals and the possibility of getting robbed; just to end up attracting the very thing that she feared?

When you are being "Aware of Cancer," you are becoming aware of all the things that cause it because they are resonating with you and catching your attention. As you go shopping, you notice a food item that catches your attention and you buy it. Why did it catch your attention? It causes Cancer, and now it is resonating with your thought of Cancer. As it resonates with you, it stands out from everything else and catches your attention. You then elicit its special Cancer causing ability into action when you eat it.

What happens when you are eating the same thing that you have eaten for 20 years without harm, but now you are "Aware of Cancer?" You now could elicit from the same food and activate in your body the very ingredients that will begin the Cancer making process. Congratulations, like every other thing that you have brought into your life experience by awareness and thought, you have now brought Cancer into your experience in the same way. (Please excuse the Sarcasm...)

Your thoughts will elicit Health or Disease by the same power of Resonance. If you want to die of Cancer, by all means think about Cancer, think about Disease, go and march down the street and get everyone thinking about disease. Get everyone eliciting Cancer into their experience, so the big drug companies can make their fortunes selling their drugs and the media can make their fortunes on the Drug Company's commercials.

Do you think that it is a benefit that the Drug companies can now advertise their drugs on TV? That's worse than cigarettes. At least the Cigarette ads portrayed a happy sediment and wonderful times. But the Drug companies instill fear and dread with their commercials which is much worse for the public but good for their bottom line. It is not the cigarettes that are the problem it is the feelings and the Meanings that are influential in a negative way. George Burns

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⁹⁵ smoked heavily, and he died at the ripe old age of 100. ⁹⁶ Remember that you are creating your own Reality and one of the main ways to accomplish it, is to learn about what you want and thereby bring it into your experience.



Do you want to make a fortune or be a great Success? Then learn that there are other people out there who are successful, like you want to be. There are other people out there who are making their fortunes. If it exist in your World, it is possible for you. As you pay attention to the details of how it works, you will begin to elicit it into your experience in amazing and wonderful ways.

Do you want to have heart disease? Do you want to have bladder problems? How about depression, does that sound good to you? If you want to have some of that, just follow the same rules of manifesting that you use for anything else that you want. Watch TV, and see and hear and feel the Drug Company's wonderfully effective ads that give you all the information you will need to begin the disease process in your own body. You will learn just how it starts and see in graphic detail just exactly how it begins to degrade your body and how it could eventually kill you. You will need this information so that you can effectively visualize the process. This will begin to resonate and elicit this very response from your body. The drug companies help you with this visualizing process by having such clear and emotionally powerful commercials with amazing graphic detail.

Is it possible that those commercials were created just for this purpose? Why else would they teach you how to get the disease and how it begins its insidious derogation of your body? Well, I guess you need to buy their drugs, now that you are on the path of their favorite disease. I say it's their favorite, because if people didn't have it, they wouldn't be able to sell their drugs.

⁹⁵ George Burns (January 20, 1896 – March 9, 1996), http://en.wikipedia.org/wiki/George_Burns

Born Nathan Birnbaum, was an American comedian, actor, and writer. His career spanned vaudeville, film, radio, and television, with and without his wife, Gracie Allen. His arched eyebrow and cigar smoke punctuation became familiar trademarks for over three quarters of a century. He enjoyed a career resurrection with a new image as an amiable and unusually active old comedian that began at age 79 and ended shortly before his death at age 100.



⁹⁶ George Burns Smoking http://www.cigaraficionado.com/Cigar/CA_Profiles/People_Profile/0,2540,3,00.html

The Ultimate Cigar Aficionado Ninety-eight-year-old George Burns Shares Memories of His Life Comedian George Burns is not only a living legend, he's living proof that smoking between 10 and 15 cigars a day for 70 years contributes to one's longevity. "If I'd taken my doctor's advice and quit smoking when he advised me to, I wouldn't have lived to go to his funeral," deadpans the 98-year-old comedian from a chair in his Hollywood office the morning I show up to discuss his career as one of the world's most renowned cigar smokers. As if to emphasize his point, he takes a puff of the cigar in his hand and exhales the smoke in my direction. He knows I couldn't object to secondhand smoke since I had spent so many years in the company of another renowned cigar aficionado, my father, Groucho Marx...



This begs the question. Is it possible that by promoting the disease, they will be causing a problem that will make them more money? Is it possible that it's better for their bottom line if more people get the disease? Is it in their best interest for you to be well or sick? How do you insure future sales of your precious drugs? Teach people how to get your favorite disease and get everybody aware of it. "THINK ABOUT IT," they say. Why is thinking about it and having an awareness week for a Disease a good idea?

All the media survive on the money from the drug companies who advertise on their networks or in their magazines. I recommend that if you want to have a happy and healthy life experience, that you record your favorite TV programs, and watch them later when you can then zip through the commercials. I recommend that you ignore their propaganda of disease.

Don't become aware of anything that you don't want to invite into your life. Only pay attention to those things and events that make you happy and healthy. Just remember the "Catalog Store" example, when you start paying attention to the dog poop, you bring it into your experience. For that reason, I suggest that you don't pay attention to the SH#& that is out there.



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The Reality of Getting Fat or Getting Sick

At this point, we have come a long way in understanding how Reality works. Let me ask you a question, "Does it really matter what you eat?" Give that some thought. Remember that we are here for the experience of it all and that includes the fun and joy of eating and tasting all of those wonderful tastes. The experience and joy of using your sense of taste to taste a variety of wonderful tastes is no different than they joy of seeing a beautiful sight, or feeling a wonderful touch sensation, or hearing wonderful sounds and music. Why is it that we deny ourselves the pleasure of the things we love to eat, but have no reservations about seeing and hearing everything that we want to? There is no difference between the value and joy in one sense over the other.



#10-30
7:09

We think that what we eat makes a difference to our health and it does not. It's true more people have diseases today than ever before. They have cancer of this and that, and heart disease, are getting fatter than ever, and whatever else you can think of. I'm not going to argue with that and I am instead, acknowledging it. Why didn't they have this kind of wide spread disease and obesity in the past, the good ole days? Yes, I know the normal answer, they didn't have the processed foods and didn't have a sedentary life style, yada, yada, yada. That's what you have been encouraged to Believe, but, that's not the answer.



Remember, it's never the actual physical reality that counts; It is always what you think about it. **NOTHING HAPPENS IN YOUR REALITY WITHOUT MEANING.** So, with that in mind, which is more important, what food you eat or pill you actually take, or what you think about the food you eat or the pills you take? **Now we are getting somewhere...**

It is always what you think about it. Remember the chapter on Resonance and alignment? No matter what decision you make, it will ALWAYS be the correct one for you if you align with it. It makes no difference whether you go left or right, eat this or eats that, as long as what you have decided to do matches what you feel good about doing. When you see on TV that everything with Carbohydrates makes you fat, and that all fats make you fat and that the rest of it causes cancer, what are you to do? If you eat any of those things without aligning with them, you are actually, one might say intentionally, harming yourself.

How can there be so many wild and extremely different diets that are actually working? One is the Grapefruit Diet, and eat this or that diet, and whatever else there is. It is because the people who decide to try this amazing new diet, expect it to work, and so it does. If you eat a gallon of ice cream and fully expect to lose weight, you will. Expecting to lose weight on the Ice cream diet is no different than expecting to get a miracle cure by eating a piece of sugar candy, the sugar pill. It's the same principle.

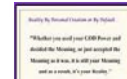
If you eat something that you know (no matter how you came to know it), will make you fat or will cause you to get cancer, you will get fat and you may get cancer. That is the power of the Placebo for good or for bad. You are listening to the Meaning that others are going by and using your GOD Power to assign that same meaning in your Reality. Decide your own meaning. That's worth saying again...

Decide your own Meaning.

Remember that woman who stopped eating and drinking and still lived? Remember the people who can see with their fingers, or stick swords through their body? There is no Meaning in Physical Reality that can't be over ridden by you, with your own Meaning. Nothing makes you fat, or gives you cancer, or cures you, unless you have said so by your own Meaning.



Whether you used your GOD Power and decided the Meaning, or just accepted the Meaning as it was, it is still your Meaning and as a result, it's your Reality.



Illustration



However, it's not just the meaning set by the media and your friends, in sincerity or in jest; you have added your emphatic approval of the Meaning. When you say, "I'll gain weight just by looking at that, or I'll gain 10 pounds just from that one bowl of ice cream," or you say, when referring to your cigarettes, "I think I'll have another Cancer Stick, or Coffin Nail." Do you realize what you are saying? That's like saying, "That pill the Doctor gave me is poison and it will kill me." You would never say that about your medicine, but you do say it about the food you eat and the cigarettes you smoke. Why didn't we have as much lung cancer in the past as we have today? In the past, people didn't know that it was bad for them.

Now that I have said all that, it still doesn't mean that you should just start eating anything and everything that you want to.... at least not yet. You are going to have to work up to it. If your Beliefs haven't changed yet, you will still get the same results as before. You have to start slowly, a little at a time. Try something that is on the borderline for you. Yogurt, or sherbet, or fruit, or whatever you think is just a little fattening or hazardous. Remember that you don't even have to eat to survive, at least in principle. Align with your decision by talking yourself into it. After all, if you can eat a sugar pill and be cured of a major disease, you certainly can eat some ice cream and not get fat.

In fact, if you were really good at this, you could eat ice cream and tell yourself that you will be getting all your daily allowance of vitamins in this one bowl of ice cream. I don't think you are at that level, but it is possible. You could get hypnotized and believe that all the things that you thought were fattening before, are actually diet foods and help you lose weight. I don't know if you are ready for that, but, it too, is possible. I just want you to realize that since nothing physical is ever actually going on, that it doesn't matter if the pill is sugar, or the food is sugar, or fat or whatever, it is only what you believe and expect from it that actually affects what's going on.



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And
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#10-31
14:14

The Reality of Ghosts

We KNOW that the body is only a "Projected Representation" designed to be Realistic and believable, and it is. However, we also know that we primarily came for the Physical Human experience. We wanted the whole experience. That includes being born, growing up, eating, drinking, mating, dying and all the experiences in between. However, these elements are only different experiential aspects that are all strung together, to create the entire physical Human experience from beginning to end. Even though it is a "Package deal," any and all of these parts can be omitted.

We have already seen that a person, ([Therese Neumann](#)), doesn't have to eat and drink in order to continue their physical Human experience ([Refer to Chapter 10. The Reality of Your Body as a Representation, Page 251](#)). While, you don't have to be born, to experience this physical reality either, it does help to be born if you also want to experience a state of immersion, where you believe that you really are a physical Being in a real World setting. However, if you are willing, you can just "pop in" to existence at any age, with any look you want, just as easily as turning on a light switch.

Your physical Body is just a projection which is constantly being changed to reflect the physical state, age and experience of your self-concept. That is, a perfect "representation" of your view of yourself. At this point, we already know that nothing is really happening in the physical realm. Everything physical, is only one method to convey Meaning. The other is thought.

Every second, (it's actually much faster than that), your body is re-presented again and again, each time with subtle changes from the time before. Think of a movie projector. While the movie seems realistic in how the people move on the screen, it is really thousands of still pictures, projected in sequence, to appear like movement. Your body and everything around you is the same way. Although, it may seem solid and static, it is really regenerating from a pattern so fast that your perception is unable to discern the difference. If you are unable to notice the changing pictures in a movie, at a measly 40 frames per second, how could you notice Realities Cycle rate at the speed that it changes. It is probably some gazillion cycles per second.

At the sub atomic level, our science has been able to show that electrons, protons and neutrons regularly flash out of existence and back again. This is the basis of creation. It is actually Re-Creation over and over again.

When a "Ghost" appears in the flesh, it is not any different than you appearing just now. The only difference, is you have been appearing consistently from the moment of your conception, and it seems "Realistic" because you have a history from birth of appearing. However, for a "Ghost," or another nonphysical being like you, there is no history of physicality. They just go from nothing to something. That's why you call them a "Ghost," because they appear in an image of someone that you know has died. Of course, they had to do that because, that is the only way you could recognize them.

If they had appeared as a different person, or a different image, would you have known that they were a "Ghost?" Do you think that every single person that you have ever met was born? Do you think that this Universe is so limited that the only way you can become physical is to be born? No, it is not. The only reason that you wanted to be born, was first for the experience of it, and second, so that you would be able to have a real life Human experience in "Total Immersion." Being "Born," really helps with the belief in the physical Human Experience.

There is no way that you would have believed in your Physical Human Experience, if you had just arrived one day without any history to justify your existence. For those who just "Pop into Existence," that is the price that they pay, still knowing who they really are, and not experiencing total immersion into the "Movie of Real Life." Everything has its benefits and drawbacks. However, there is nothing as exciting and fun as total immersion, where you really believe you are physical and you go about making your way, experiencing all the joys and sorrows of life on Earth.

It is your Immersion into your own Reality that keeps you from knowing who these "People" are. If you fully believe in the physical experience of Birth, life and death, then even if you are talking to a person who just "Popped into existence," the subject of their birth will never come up, or you will be told something that you can believe. That is the nature of your Reality. It keeps your Life "Real" for you.

The literature is full of stories of strangers who suddenly appeared out of nowhere and helped a person right when they needed it, and then "vanished into thin air." They are often called "Angels," because they are always doing good deeds. However, they could very well be your relatives or friends that have died, and came back to help you. Sometimes they appear as you remember them, that's when you would call them a "Ghost," or something else. But, if they appear as someone else, so as not to disturb your Reality, then you would never know who they really were, which for most people, is just as it should be.

In this next Video Example, you will find many stories of loved ones who came back after their death to comfort those that they had left behind.

Video Example – Life After Life, Ghost Stories



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[Life Afterlife \(69:32\) \(View All\)](#)

Video #1	Video #2	Video #3	Video #4	Video #5
You Tube	You Tube	You Tube	You Tube	You Tube
Video #6	Video #7	Video #8	Video #9	
You Tube	You Tube	You Tube	You Tube	Check Video

What is this video about?

In this Video Example, they interview people who claim to have seen their loved ones appear to them after they had died. This wonderful documentary has example after example, of people recounting their personal experiences, which include visually seeing their loved ones after they had died, talking to them and even in some cases actual physical contact (Hugging) is reported.

Judy Guggenheim, the author of "Hello From Heaven," says that they are conservatively estimating that as many as 50 million Americans have had an after death communication. She says, "The evidence is out there."

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This is a well balanced program about visits and communication with loved ones who have died. It has not only the stories of the families left behind, but, it also includes a healthy amount of skeptical analysis. I like that kind of view point because, in your Reality altering endeavor, you will encounter many a skeptic and naysayer. It is important for you to realize, that their comments and point of view, are not a personal attack on you specifically. They must attack anything that conflicts with the Reality that they have come to know. You must be able to let the skeptics have their own Reality while at the same time, maintaining your own. This is good practice...

What does this example show and what does it mean?

Remembering that no matter what point of view you have, no matter what your Reality is, there will be evidence to support it. It is a perfect system. In this Video Example, are countless stories that people tell about encounters with their loved ones after they had died. I find them to be credible. These people have no reason to tell these stories with such heartfelt conviction and with such a feeling of joy that it had happened. These people are truly joyful of the experience.

However, this Video also has a strong dose of skeptics that go to great pains, to disprove the validity of the stories. I find their rational and explanations to be without merit. It is obvious to me, that they are trying so hard to make a point that can't be made. They have an agenda and a point that they are trying to prove. It is such an effort on their part. While the people who really had the experience, have nothing to prove. They have no agenda and are comfortable telling their accounts without effort and with great joy.

This video will serve both the Believers who want to expand their Realities, and the Skeptics who want to maintain their point of view. Even though I completely disagree with the Skeptics point of view, I completely support their right and their passion to maintain it.

For those of you who know that the Universe is a magical place full of mystery and surprise, and who want to expand their own Reality, this video will give you the chance to see evidence that supports your point of view, while at the same time, allowing the skeptics to rant on about their points of view, unmoved and unaffected.

It seems that we have different names for unexplained "Human" looking people who appear unexpectedly. Sometimes they are called "Ghosts," if they are people we know are dead, or they could be called "Angels," if they do heroic or miraculous deeds. I guess it all depends on what someone decides to call them

In the Next Video Example, is a story from Billy Graham's book on Angels. It is supposed to have been true, and told to him first hand from the Doctor who actually experienced the supernatural event.

Video Example – "Angel" Story

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Explained or Unexplained Miracle

Check Video

What is this video about?

This Video Example is a retelling of a story first told by Billy Graham in his book, "Angels."⁹⁷ It is a true story of an experience that happened to a Dr. Mitchell, who was a specialist in Philadelphia PA.

He tells the story of how late one cold snowy night; Dr. Mitchell heard a knock on his door. When he opened the door there was a little girl standing there with here snow boots on, with a pleading expression on her face. She said, "Doctor, could you come and help my mother, she is sick and needs some medical attention, and if you would follow me, I'll take you there." He quickly grabbed his medical bad and left with the girl.

She leads him to the house and opens the door and tells the doctor that, "My mother is in the back bedroom" as she pointed toward the back of the house. He went in and attended

⁹⁷ Billy Graham in his book, "Angels"
<http://www.amazon.com/Angels-Billy-Graham/dp/0849910595/>

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to the woman's needs. She was in critical condition and so he called in an Ambulance to her rescue.

When she began to recover, he said to her, "You have an extraordinary little girl for a daughter, to walk this long distance at night in this storm, and knock on my door when I don't even know you. She was right though, because if I hadn't come, you wouldn't have made it till the morning."

She said to the doctor, "I don't know what you are talking about, I don't have a daughter. I had one, but she died several years ago. In fact if you go to the closet, you will notice a coat and a pair of boots that I have kept in her memory." Dr. Mitchell goes to the closet and sure enough the boots and the coat are there but they are still dry and weren't muddy.

What does this example show and what does it mean?

These kinds of stories don't surprise me at all. I know that our bodies are only projections that they are our representations here in this physical experience. When we go through the entire immersion experience, where we are born and live and die, we don't experience these kinds of events ourselves because we don't expect to. But, as soon as we have emerged from the state of "Immersion" where we know nothing but the Human physical experience, we are able to imagine and do anything we want to.

So, with that in mind, if this little girl wanted to help her mother, she could "Pop" into existence without being born again, (That would have taken to long), and lead a Doctor to her mother's aid, and then "Pop" back into the non physical realm. From her new place of understanding, where she is no longer limited by "Immersion" in the physical experience, she can imagine and do anything.

Remember however, while she was appearing as a little girl, she was still a mature Non-physical being just like the rest of us, regardless of the age of the Body that we are Representing. She only appeared as the little girl again, for the purpose of leading the Doctor to her Mother.

Just so you really understand our true nature, she could have appeared as an old man also, and directed the Doctor in the same way. It would have just required a different tact and a different story.



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"Representations" And Their "Relationships"

An Old Clock-Radio Can Explain The Human Body. What? As I said at the beginning of this Chapter in the first section [1\) The Computer Music Player \(Software\) as a Representation, Page 238](#), we would be revisiting this concept of "Representations" later when we had more interesting information to work with. Well, now you have heard about fingers that see, skin that flattens bullets, fingers that won't burn in a candle flame, people who can taste what is in someone else's mouth, and people who can live without eating or drinking for more than 30 years. Something is definitely going on here...

The first thing I want to do is show you the details of how the "Older" radios were Tuned to a station using a "Representation System." I am going to be taking apart an old radio that I had from when I was a kid. (I won't say just how long ago that was).

The first thing we can see is that it has a list of numbers that indicate what station it is "Tuned" to. When the pointing needle is in a certain position, a certain music station will begin to play from the speaker. If the bottom right hand knob is turned in one direction or another, it will cause the needle to move to a different place and different music will begin to play out the speakers. Of course there are a lot of "Places" on the dial that have no music and only play "Static."

"Outside Representation" As You See It

Clock

Tuning
Indicator



Radio Station
& The Music
Is Located
"Right Here"

Tuning
Knob



#10-32A
26:12



Slide Show
Presentation
Chapter #10
Part 8 of 9
1:10:00



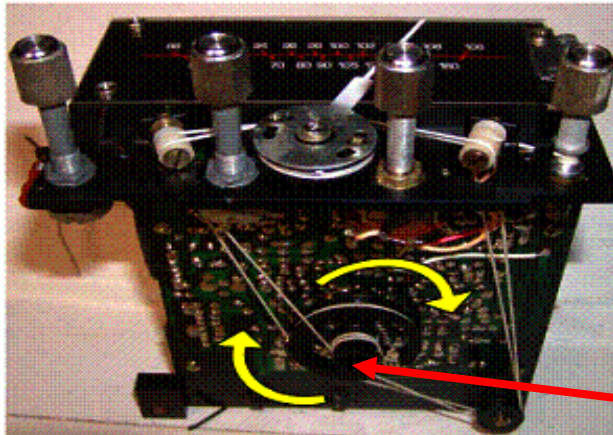
Flash Movie
Presentation
Chapter #10
Part 8 of 9
1:12:59

However, that was just the outside, the part you could see. It was the "Representation" that you worked with to interact with the Radio. On the inside, out of sight, was an elaborate system of strings and pulleys that "Converted" the Representation and conveyed the Representation's message to the place where the REAL Tuning was going on.

This is the "Place" where all REAL action and REAL Tuning is going on. This transparent square thing, pictured on the right, is a Variable Capacitor which sits in the middle of the circuit board. When it is rotated from one position to another it changes its values and the frequency that it is Tuned to changes as a result. The shaft that needs to be rotated and adjusted to cause it to change frequencies, comes out the bottom of the circuit board underneath it.

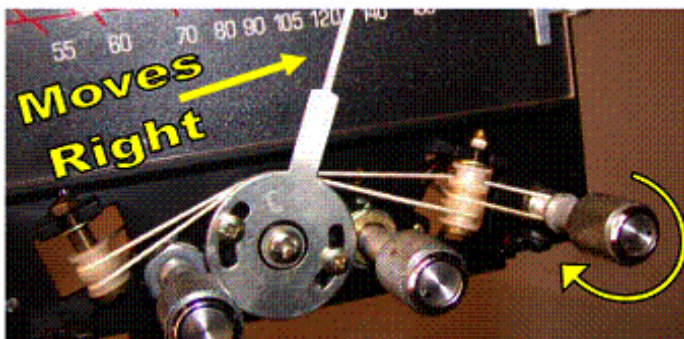


Variable Capacitor



As you can see in this picture, there is quite an elaborate system of pulleys and strings that connect the Tuning Knob, The Tuning Needle, and the Actual REAL Tuner on the circuit board. The black pulley on the bottom of the circuit board is connected to a shaft coming through the circuit board from the Variable Capacitor that is on the other side. (Pictured Above)

Capacitor's Black Pulley



As the Tuning Knob is turned, it moves the string and causes everything to start moving in one direction or the other. As the string moves right, the needle moves right and the Capacitor's Black Pulley rotates to the right.

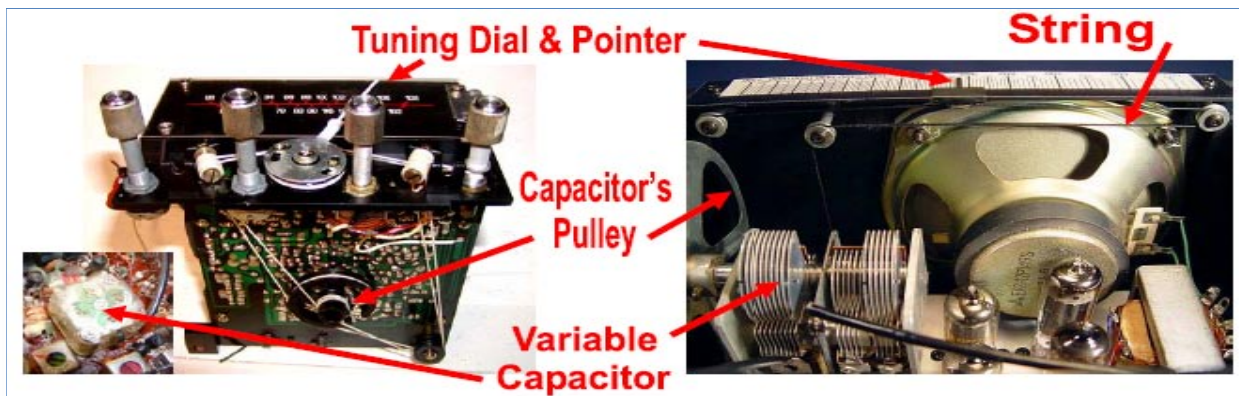
Tuning Knob

The interesting thing about this "Representation System" is that you can turn the Official "Tuning Knob" and make the needle move to the new place, or you could just grab the needle itself, and physically move it to the new location and in both cases the Variable Capacitor would be turned to the right setting and the Station would be there at that location and the Music would begin to play. You could even turn the Variable Capacitor Pulley and it would still move the string. It would all move the perfect amount and it would still work perfectly.


Explain
Illustration
#10-32A-i1
5:01

Even though on the "Outside" you have no idea that it is working this way, it doesn't matter. When everything is working as it is supposed to, the way that it "REALLY" works is of no consequence and it is not important to know. All you know is that certain stations are at certain places on the dial, and when you want to hear them you move the dial to that location where the station is. It all works together seamlessly and perfectly for the "Life of the Radio."

Here is a picture of an even older Radio showing the string Tuning System



Let's use our "3-Levels of Reality" Illustration to see how this Radio's Representation System is like our own



Explain
Illustration
#10-32A-i2
6:37

ILLUSION
THOUGHT
REAL

"Energy Level"

Where All Things Actually Happen. Your Vibration "Elicits" and Creates The Appropriate Response from the Situation at this Highest Level - Non-Physical Energy Level.

"Beliefs & Meanings Level"

Where All Meanings Create Your Vibrations & "Elicits" The Appropriate Response from the Situation at the Highest Level - Non-Physical Energy Level.

"Representation Level"

Where All Results are Re-Presented in Physical Form as they have already been pre-arranged and Created in the energy realm. This is where they are:

"Experienced"

A Certain Resonant Result is First Elicited & Created at the Energy Level, & Then Expressed in the Physical Form



Radio's "Physical Form" & Physical Experience



As we look at this Radio's set up, it looks a lot like our own First you have the main source of all creation (Tuning) at the top. It is the Variable Capacitor which is where the Tuning REALLY happens Then you have the Beliefs and Meanings Level where the Relationship between the REAL Tuner and its Representation is set up (How It Works). Then at the bottom is the Representation Level, where you actually experience and interact with the Radio

As you "Adjust" the Tuning Knob, you are creating a Meaning of which Radio Station will be playing from the Radio. You are creating this Meaning in a "Physical Way" through the Physical Representation. Then, your Physical Actions are then "Interpreted" by the Beliefs and Meanings Level, which describes and defines how the "System" works and operates. At the Beliefs and Meanings Level, there is a System (or Relationship) that says that when you move the tuning dial to the Right to a certain position, you want a station that is on the right represented at that position, to start playing music.

So by the system of beliefs that are in place for this Radio, the actual Source of REAL Tuning is adjusted to a new position and it begins to play the Music from that Radio Station through the represented Radio.

The Represented "Tuning Dial and Knob" is connected to the REAL Tuning Part by a system of strings and pulleys. This particular system has a certain correlation with each other. When the Representation is moved to a certain place, the Real Tuner is also moved to that same setting. If you were to turn the REAL Tuning part yourself directly by hand to a certain "Setting" then the Tuning Dial and the Tuning Knob would also move to a certain place that "Represents" that setting in a Physical & Visible way that we can see and understand.

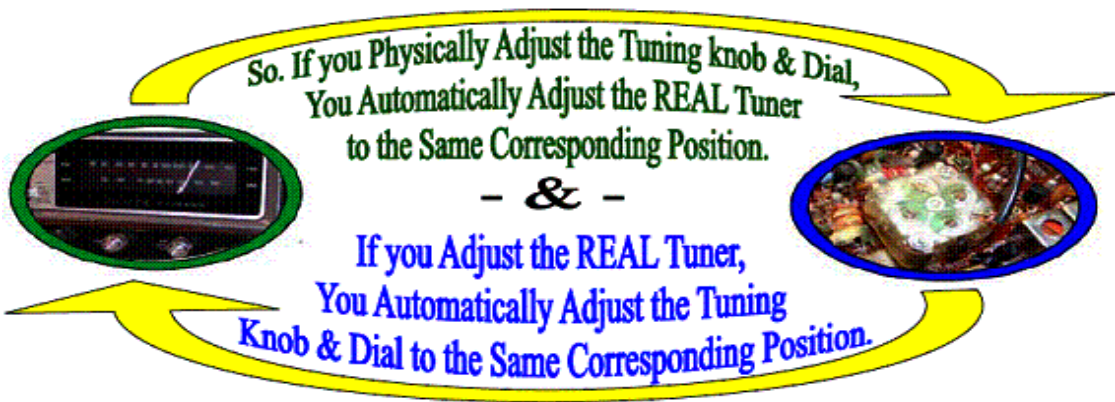


Explain
Illustration
#10-32A-i3
3:40



REPRESENTATION

< The Beliefs & Meanings Level >



REAL

The Beliefs and Meanings Level Establishes The "Relationships" Between The REAL Power and Force in the ENERGY Realm and the Corresponding Physical Representation (If any). It's the "Relationship Link."



Illustration



So. If you Physically Adjust the Tuning knob & Dial, You Automatically Adjust the REAL Tuner to the Same Corresponding Position. AND If you Adjust the REAL Tuner, You Automatically Adjust the Tuning Knob & Dial to the Same Corresponding Position. This is because of the Beliefs & Meanings that have created the "Relationship" between them. This is the "System" or "How it works." If anything had changed in the Beliefs & Meanings level, or the System, then the "Relationship" between the REAL Tuner and the Represented Tuner would have changed.

In example, you could string the "Tuner Representation" to the Volume switch so that when you move the tuning dial, you actually change the Volume of the Radio. Or you could string the REAL Tuner to the Volume Switch and when you went to change the Volume you would be changing Radio Stations instead.

That is WHAT the Beliefs and Meanings Level is all about. It establishes the "Relationship" between some Physical Aspect and the Corresponding REAL Function in the ENERGY Realm. EVERYTHING in your entire existence has these "Relationships" to the Non-Physical Energy Realm, and the nature of these "Relationships" is based on your MEANINGS.

Let's have a look at a few of these "Relationships" that you use quite often.

Explain
Illustration
#10-32A-i4
2:48



The Blue Ovals are the REAL Energy Forms where these Sensations are REALLY Felt and experienced. The Green Ovals are the Physical Representations for these different Senses. The Yellow Ovals are the Relationships (Beliefs & Meanings) between them which are the "Normal" arrangements that you are Born with and that most people subscribe to.

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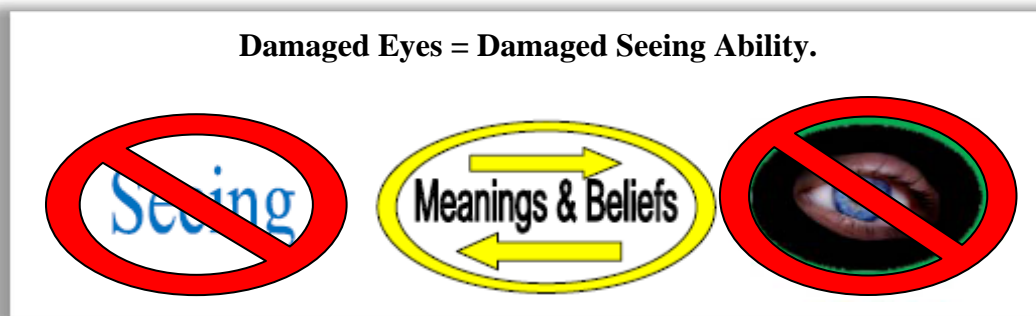
When you have a "Seeing" function in your Energy Form (Blue Oval) that is "Linked" to your Eyes by your Beliefs and Meanings, then when you open your Eyes, the beliefs and Meanings dictate and facilitate that you will see something with them. That would be the "Normal" arrangement and Meanings.



When you have a "Seeing" function in your Energy Form (Blue Oval) that is "Linked" to your Eyes by your Beliefs and Meanings, then when your eyes become damaged in some way you no longer can see. After all the Representation (The Eyes) are no longer representing functionality. Remember that when your Actual Seeing Function is linked to your physical Representation by your Beliefs and Meanings, then when you have a damaged Physical Representation then the Actual Function is also turned "off" not because it has to be, but because you believe that it is, so it is.



Explain
Illustration
#10-32A-i5
3:19




To really understand this "Relationship" quality of Beliefs and Meanings consider this. What is your "Beliefs and Meanings" about Seeing? Do you think that you can only see from your eyes? So, if that is so, then if your eyes are closed, then you can't see? However, that didn't stop all these other people from seeing in other ways and from other places on their body. It is just that you established a relationship between your Seeing "Function" and your Eyes since before your birth.

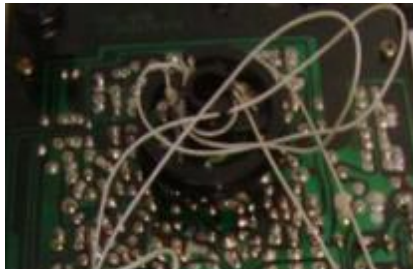
So, like our Radio example, if your eyes can't see then because of your Beliefs and Meanings you can't see. Your actual Seeing Functionality is tied to your Representation. When one is not working they are both not working. When your eyes don't see, you don't see. When your ears don't hear you don't hear. When your Brain is missing some Functionality, then you are missing that same Functionality, not because you have really lost that Functionality, but because you believe that you have. It is always your Beliefs and Meanings that create your Reality. If you believe that you can't see without your eyes then you can't.

Your True and REAL Functionalities are Never Lost 


#10-32B
19:25

This would be like if in the Radio Example above the string connection between the Tuning Knob and Dial and the REAL Tuner was damaged or cut. It would no longer work.


Explain
Illustration
#10-32B-i1
3:33



As you can see in these 2 pictures, the string is off the pulley and it can no longer be "Tuned" by the Normal Tuning controls & the dial has fallen over.

Watch And Share









This would be like if your eyes were damaged or part of your Brain was taken out or injured or something like that. It is only a damaged Representation. Of course on our Radio example, if the Tuning Knob got broken off you would try to fix it by gluing it back on or something else. However if that didn't work, or there was something else broken or messed up with the tuning needle from being dropped or stepped on, then you would no longer be able to listen to any music, especially if the tuner was not tuned to a station when it was broken. However, even though the Radio no longer worked, you would still have the clock on the clock side and it still could tell time and set off an alarm to wake you up in the morning.

This is like a lot like people who have lost their sight or some function in their body, be it something in their Brain, or internal organs or whatever else. While that certain part is broken, beyond repair, the rest is still working and in perfect order. Of course they feel that that part, say their eyes or part of their Brain, is gone forever and since they cannot grow eyes or Brains, they will never see or think like that again. They just live on without that part and without that ability.

Let's look at what that might look like in our "Normal Reality" Illustration:


Explain
Illustration
#10-32B-i2
1:57

Normal Reality						
Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
Eyes & Brains are Needed for sight and thinking		Born With Them Brains & Eyes Don't Re-Grow		Eyes Damaged or Brain Damaged		Sight & Certain Mental Abilities Lost Forever



However in our Radio Example, just because the "Physical" Tuning Representation was broken or didn't work like it Normally used to, Does that mean that the Radio could not be Used any More? Does it mean that it could no longer be Tuned to any station that we wanted anymore?

NO!!!!!! The Tuning Function is still working perfectly just like it always did before. It is just that the "link" or Beliefs and Meanings that connected the "Tuning Representation" to the actual REAL Tuning Function is no longer working due to it being damaged. However, you still could use a screwdriver or even your fingers and tune it by Hand.

The Variable Capacitor (Pully/Dial) Can Still Be "Turned/Tuned" To Any Radio Station



These are two different ways that the REAL Tuner could still be "Tuned" without using the Tuning Knob and Dial

You could turn it by Hand or even use a screwdriver.



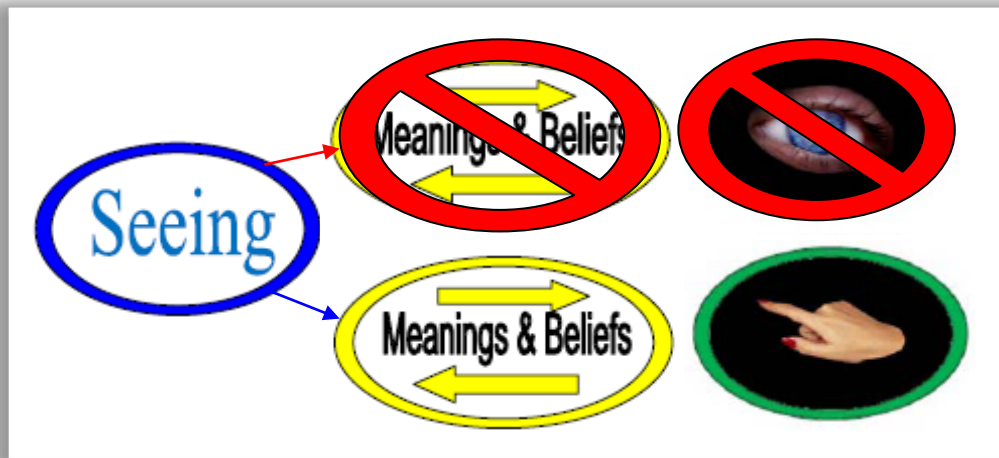
Explain
Illustration
#10-32B-i3
3:13

In our earlier example, the woman who could no longer see with her eyes, used her Beliefs and Meanings to "Connect" her "REAL Seeing" function with her fingers instead. Like the Radio example, just because the "Representation" is damaged, it doesn't mean that you can no longer use it, it just means that you need to access that function in another way.


Remember the Russian Woman that moved her ability to see from her eyes to her finger tips? (See Chapter 10, The Reality of Your Body as a Representation Page 266) That was an Expanded Arrangement of her Beliefs and Meanings. **This woman could SEE with her Finger tips But NOT her eyes.** We also saw many other examples where people linked their TRUE /REAL seeing ability to the tip of their nose, to their left ear lobes and even to their arm pits.



Explain
Illustration
#10-32B-i4
2:49



Remember the Hypnotist demonstration of the Woman who could taste what was in his mouth. (See Chapter 10, The Reality of Your Body as a Representation Page 273) When you have a "Tasting" function in your Energy Form (Blue Oval) that is "Linked" to your Mouth by your Beliefs and Meanings, and Your "Tasting" function in your Energy Form (Blue Oval) is also "Linked" to a Hypnotist's Mouth by your Beliefs and Meanings, then when you use your Taste Sensation, the beliefs and Meanings dictate and facilitate that you will Taste something in Your Mouth and also be able to Taste something in the Hypnotist's Mouth as well. **This Woman could Taste what was in somebody else's Mouth!**


 Explain
Illustration
#10-32B-i5
3:13

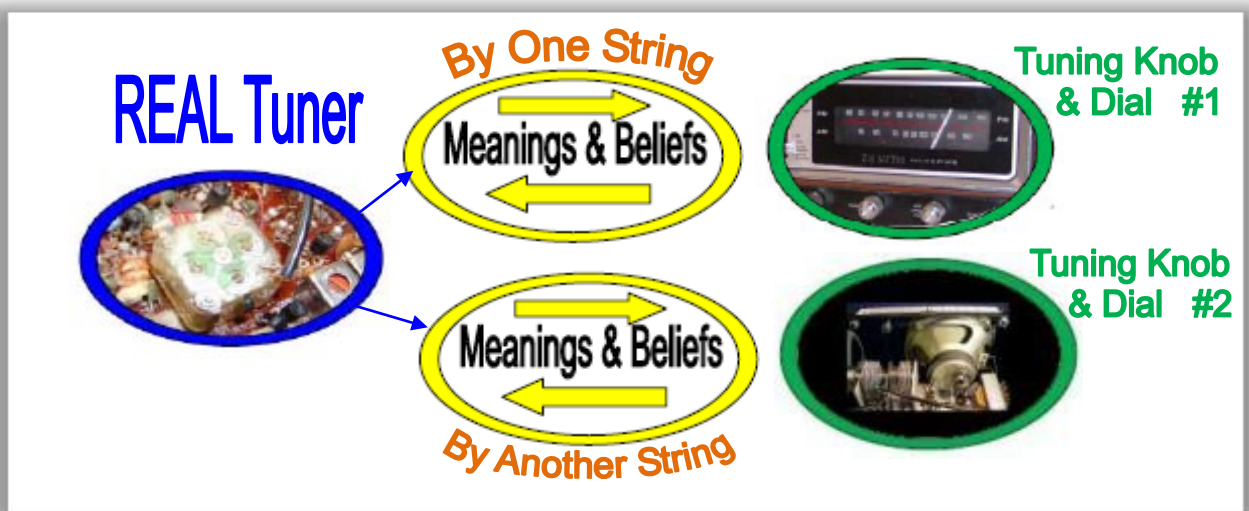


 Play
Audio

With this Arrangement You can Taste all the Food that you wanted to without gaining any weight. This ability comes from an expanded set of Beliefs and Meanings that allow and include Tasting in another person's mouth.

This would be like our Radio Example also. Since the REAL Tuning is a separate function on the circuit board, it can be "Connected" to other Tuning Knobs and Dials also. In fact there is really no limit to how many different ways you can link to this REAL Tuner.

 Explain
Illustration
#10-32B-i6
2:31



 Play
Audio

This would be no different than a laptop computer playing a CD with a Music Program but also having buttons on the laptop computer itself that can control the player or it could even have a Remote control. In Short it is only one Tuner or Music Player that has many different ways to operate it.

We also saw where Ingo Swann (See Chapter 10, The Reality of Your Body as a Representation Page 297) was able to access his REAL Seeing ability, his REAL seeing Function, by having the Meaning that he could SEE without ANY physical Representation. Unlike the woman who linked her "Seeing Function" to her fingers, or the others who used the tip of their noses or arm pits, he just saw whatever he wanted to from any place that he wanted to without using any body parts. He was able to get a close look at Jupiter while sitting in an underground room. By his Beliefs and Meanings he could see anywhere in the Universe, from anywhere in the Universe.



#10-32C
24:12

What about thinking?



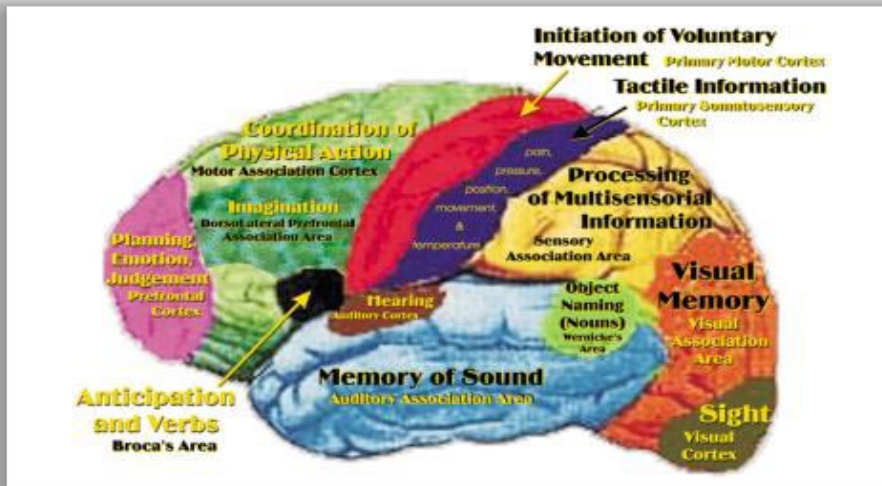
Thinking is just a function of the "Mind" or Energy Body in the same way as seeing is and everything else is. The Brain is just where Thinking is "Represented" in the same way as "Tuning" is represented by the Tuning Knob and Dial. There is no actual Tuning going on at the Dial or at the Knob. They only serve to Create & Convey the Meaning of what you want to hear. The Tuning Dial is only a "Representation of where the REAL Tuning Function is set at. BUT, as we have seen, it is only an accurate "Representation" as long as the "Relationship" is maintained between the Representation and the actual TUNER.



Scientist and Researchers claim to know where all the functions of the Brain are and can even point them out on the Brain itself. In fact, they can probe certain areas of the Brain while the Research subject is wide awake and it will trigger certain body actions and even certain Memories and Thoughts. They claim that these Functions of the Human Body are actually in the Brain. Below is a "Map" of where they have discovered these certain functionalities and what they do.



Explain
Illustration
#10-32C-i1
2:25



You can quickly see that there are "Areas" for Sight, Hearing, Body Movement, Emotions and everything else that you can think of. My question is: "How did they find these areas and discover what they actually do and how do they KNOW that they actually "FUNCTION there?"

Using our Radio Representation Example, I have done some "Scientific" research myself. Using the normal scientific approach, I experimented and discovered that this Radio had several Radio Stations "Contained within the Radio Dial." When I moved the Pointer to different places on the Dial, there were certain places that always had sound coming from them, therefore I Knew that they were "The Functioning place where those sounds are created and come from."



Explain
Illustration
#10-32C-i2
6:04



I know this because every Radio that I tested had the same type Music that came from the EXACT same place on their Dial. So it is easy to conclude that the "Dial" is the place of FUNCTIONALITY and that each location has a certain kind of music that it produces and that all Radios experience the same thing. (This Makes Sense, Doesn't it?)

When something is "Representing" Something else, it has ALL the properties and "Seeming" Functionality of the REAL Thing, BUT it's not REAL. These same Researchers could point at

the Eye and say that is where we SEE, but again, it is only the "Representation" of it. They could cut an eye open and point at all kinds of nerves and lenses and still it's actually FAKE.



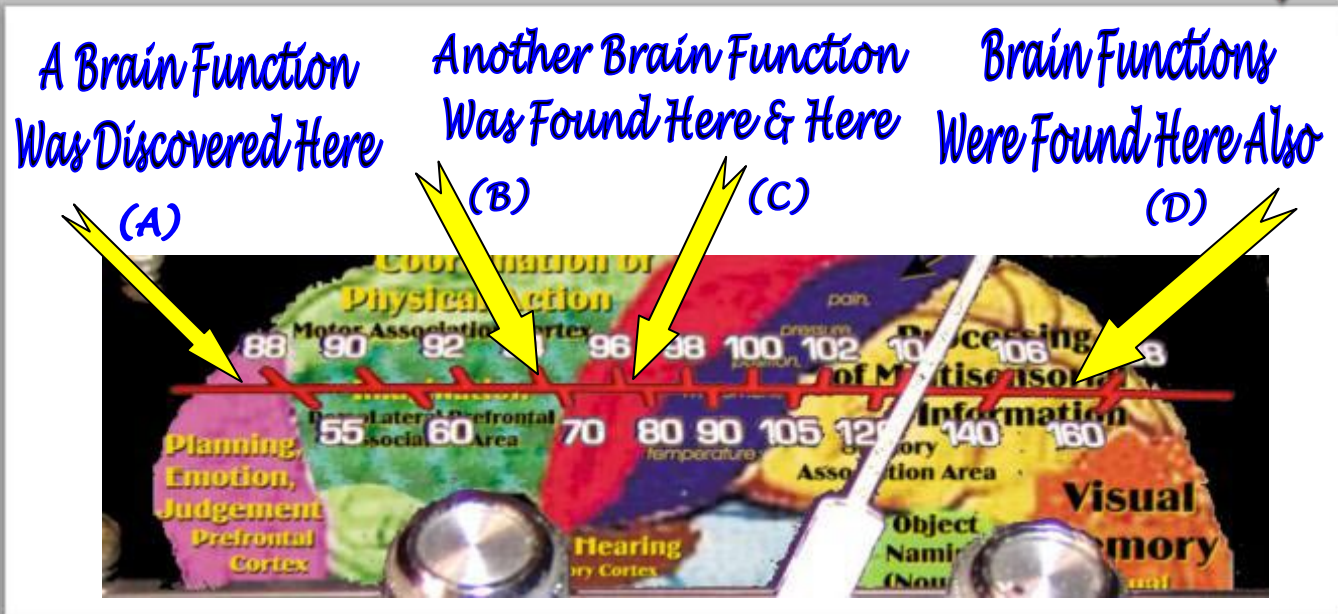
We know that they can easily explain the Vision system of the Human Eye, but can they explain the Vision system of the Human Finger? How about the Vision system of the Human Arm Pit? After all, we had two sisters who could each see from their arm pits. How about the Vision system that allows someone to get a close look at Jupiter? Explain that one!

You can only explain how things work by pointing at their Representations as long as they are functioning in the expected way. That is to say that when an Eye or the Brain is functioning in the usual way, you can point and prod all over the Representations and get great results. It all makes sense. It is supposed to! You can do the same thing with a Radio Dial. When it is in this position it does this and when it is over there it sounds like that etc.

The Brain Map is no different than the Radio Dial. At different places on the Dial or in the Brain, you get different Results. Not because they Function there, but because they are represented there. They can be found there. They are accessible there. But, they don't function there and that is a VERY IMPORTANT DISTINCTION.

♥ Share This

Explain
Illustration
#10-32C-i3
14:15


Illustration



Play Audio

Play Audio



When I make the comparisons between the Radio's Representative Dial and the Brains Representations, people point out that it is easy to see the connection between the Radio Tuning Knob and Dial and the Tuner itself. After all there is a string that leads right to the actual Tuner.

That is so, but still it is the same only, our "Links" between our Representations and their Actual REAL Functioning place are invisible. That is the main difference between the Radio's Beliefs & Meanings "Links" and "Relationships" and ours is that we can see the Radio's Links and even touch them. However, the Relationships, Links, and Associations between our Physical Representations and Their REAL Functioning Form are invisible to us. We know that they are there but we cannot see them or touch them. They only exist in Thought Form and not in a physical form like the Radio.



Watch
And
Share



Think With Your MIND and Not your Brain

This is going to be a very important section to Understand. Your Brain is not the amazing organ that you might think it is. You don't think in your Brain and you never did. In Fact NOTHING happens in your Brain and nothing is controlled by the brain.

Your Brain It is only an elaborate "Representation" Of your Thinking and Functioning Ability.



Let's take this step by step. First, Remember the people who could see with various parts of their bodies and even the Little Girl who could see through a Blindfold and read a book? They were seeing without using their eyes. "Seeing" is a Functional Ability that operates and resides in your Energy Body. It is not a function and ability of the Flesh or Matter.



Remember the Woman who was blind from birth who had the Near Death Experience? (See Chapter 10, The Reality of Your Body as a Representation, [Video Example - "The Day I Died" Vicki Noratuk's Story, Page 307](#). When she "Popped" out of her body, she could see for the first time. It even scared her because she had never experienced sight before. When she separated from the flesh of her body, she still had all of her senses and thinking abilities. She could see, hear, think and remember anything she wanted to recall.



#10-33
26:39



Slide Show
Presentation
Chapter #10
Part 9 of 9
54:00



Flash Movie
Presentation
Chapter #10
Part 9 of 9
58:32



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The most important example I want you to remember was the woman who had the Brain operation. (See Chapter 10, [The Reality of Your Body as a Representation, Video Example – "The Day I Died" Pam Reynolds Story, Page 304](#) Her body & Brain were put into total shut



down. Her blood was drained from her brain for the operation and her body was cooled down. Her heart stopped beating, she stopped breathing and was technically dead. They wanted to make sure her Brain was shut down so they put "Clicking Modules" in her ears (See Picture on Page 305) to monitor for any possible brain activity. There was none.

At this point there was no possible way for her to experience anything through her fleshy body. It was totally dead. It was at this point that she had her Near Death Experience where she also "Popped" out of her body and like everyone else, floated near the ceiling looking down on the doctors. She was listening to them and watching them work on her body. She recalled watching them cut open her skull and some of the others were messing around with her legs inserting something. Later after she was back in her body and awake she recounted her Out Of Body Experience and everything that she had witnessed was accurate.

The important point here is that she was thinking, and consciously observing the operation. She had the use of all of her senses and thinking ability. She knew who the doctors were and what they were doing. That is a function of her memory which was still available to her and working perfectly ***WITHOUT THE BRAIN.***

All of these "Conscious Abilities" are Functioning in the Energy Realm and not in the Flesh. Interestingly, the newly created memories of floating above and watching the doctors, is still in her mind. She can still recall those memories in great detail to this day. But her brain was in no condition to, and incapable of, creating and storing memories at that time when it was drained of blood and nearly frozen. However, if you had some special way of probing her brain now, you would be able to find and discover those memories in her brain now, that is "Represented" there like every other Memory is.



"Is that new Memory really there?" No. "Is any Memory really there?" No. You can find and discover them there, but they all reside solely in Energy Form. In Fact we know that every single experience that you have ever had is still present in your Energy Form. This has been confirmed again and again every time someone has a Near Death Experience, when they experience the "Life-Review" where they relive their entire life in seconds. We first covered this back in [Chapter 2, The Meaning of Life \(Your Life\), Page 59.](#)

I know what you are probably thinking right now.

"O.K. the Brain, like our eyes, ears and everything else is only a Representation. Why shouldn't we think with it in the same way as we see with our eyes and hear with our ears? What is the harm in thinking that we are thinking with our Brains?"

I'm glad that you asked that question and in fact it is the most important point of this whole section. It's not that you will be harmed by thinking that you are thinking with and from your Brain, it's that you will be limited.

"Representations Are Limitations"

Let's first reconsider some of the "Seeing" related examples we have already covered. First, remember Ingo Swann (See Chapter 10, The Reality of Your Body as a Representation Page 297). He was able to see Jupiter up close from millions of miles away "In His Mind." He considered it "Seeing" because it was a visual thing. But if he thought that he could only See with his eyes, he would have never been able to see Jupiter.

This is because we all know the limitations of our eyes. If they are closed we can't see a thing and when they are open we can only see what is in front of our face. However, the man who could see 360 degrees around him was able to save his own life because he expanded his seeing ability beyond what his eyes could do. (See Chapter 10, The Reality of Your Body as a Representation Page 270).



The girl who can see through Blindfolds enough to read a book, shows that she is not using her eyes. (See Chapter 10, The Reality of Your Body as a Representation Page 290). If she thought of her eyes as we do, then she would never be able to see through things.



What about the Tribal Shaman who develop the ability to see into the Human Body to diagnose medical problems (See Chapter 10, The Reality of Your Body as a Representation Page 292).



And the Woman from Australia who closes her eyes and is able to "See all" as she says. (See Chapter 10, The Reality of Your Body as a Representation Page 295).

And last but not least, all those who have still been able to see with different parts of their bodies because their eyes weren't working anymore.

All of these examples are of people who have used their "Seeing Function" in a way that their eyes would not be able to "Represent." If they had stuck with the idea that they only could see with their eyes and only in a way that the eye CAN see, then none of these feats would have been possible because...

**Representations not only represent what you can do,
They also represent what you can't do.**

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So for the people who were blind, if they only believed in their physical eyes, they would never be able to see again. But instead of being defeated, they transferred their "Seeing Ability" from their Represented Eyes to the place where it really Functions, in the Energy Form, the Mind. By doing this, not only could they now see again, but they now had unlimited Seeing ability. Seeing from the Source of Seeing, means that you can see Jupiter, you can see inside a Human Body, you can see through things, and you can see in ways that have nothing to do with the light spectrum and the physical eyes.

They were always able to see from the "Source of Seeing" but, they thought they were seeing from their eyes. When you think that Vision is from the eye then you can only see when the eye is working and only what the eye is supposed to be able to see.

This is like our Radio Example. Did you know that the REAL Tuner on the Radio can receive many more frequencies than the Tuning Dial Represents? When you tune the Radio through its Tuning Knob and Dial, you can only tune in what the Tuning Knob and Dial will let you tune in. If you were to instead, tune the REAL Tuner directly, you could get much more than you would have otherwise been able to get.

Now let's talk about your MIND and its Representative the Brain. First, there isn't anything that the Brain does that you need. That is just like the Radio Tuning Dial. Sure it tunes the Radio, but you can Tune the Radio's REAL Tuner Directly. When you think that you are thinking with your Brain, you have the Beliefs and Meanings that you can only access what your Brain Knows, and it only knows what you have learned in school and this life.



Explain
Illustration
#10-33-i1
8:10



Your "MIND" Has Access To Everything In the Universe

You Are Here

BUT!!! Your "Brain" Only Has Access To What You Have Learned Personally

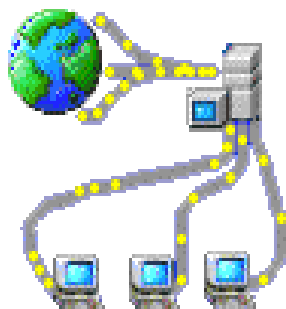
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When you begin to imagine and Decide that you are thinking from your MIND instead of your Brain, then you have unlimited possibilities. There will be things that you can do and know that your Brain cannot, and does not have the ability to "Represent."

Take a moment and think about what you have learned in your life and everything that you know and are able to do. Notice that it all "Conforms" to what a Brain is supposed to be able to think and do. Is there anything that you KNOW that you have not personally learned from your own life experience? No there is not. How could there be? The Brain, that is your Brain can't have anything in it that you didn't put there. This is kind of like a computer. It only has in it what you put in it and that's all.

Now, think about what else there is to KNOW in the Universe. What kinds of things and abilities are possible in the Universe? If you gave it some serious thought you would realize that anything and everything that you can imagine and everything that you cannot, is not only possible but it is probable. There are things that your Brain cannot KNOW and cannot do. There is so much information and know-how in the Universe that if you lived a Billion Lifetimes just learning, you wouldn't be able to have even a small portion of it in your BRAIN.

That is also kind of like your computer. If you think about all the information and programs that are available in the World today, and then multiply that times itself in a geometric fashion, you would still not come close to all that is possible to know and do. There is no way that your computer could EVER have all that information in its Hard Drives (Stored Memory) or running in its processor (Brain). But you wouldn't want it all anyway. You don't want to have to learn everything in the Universe just in case you need it later. That is how the Brain "Operates," or should I say Represents itself. You learn a whole bunch of stuff and later if you need it you have it. But if you need something else, you don't have it.



Thinking from your Mind, is like having your computer wirelessly connected at the highest speed possible to the Internet 24 hours a day, 365 days a year. It is always, that is in ALL Ways, connected to everything that exists. When you are accessing information or ability, you don't know if it is something that you actually learned yourself or something that you are acquiring right now, and it doesn't matter anyway. Was it something that was on your hard drive or from the Universe? Who Knows and who cares. It is all available to you where ever it comes from.

Many people have experienced thoughts and Ideas that have come from their Mind and not from their Brains. They often call these Ideas and Thoughts "Hunches" or "Inspirations" because they recognize that it could not have come from their own Brain as they have no basis for KNOWING it. But they just KNOW that is it correct, and it is. Gut feelings come from the MIND and Not the Brain. If it was from your Brain, you would have a logical basis for the Idea. But when you have no justification for it except a Gut Feeling that it is "Right" (Or Wrong) that is from your MIND.

Regarding Brain Injury or Malady



Watch
And
Share



While thinking with your Mind instead of your Brain, is an amazing expansion of thinking ability for those who embrace it, it is especially important for those who have some sort of limitations caused by damaged Representations (Brains). That is to say, if you no longer have certain brain functions because of an accident or disease or whatever, then your resulting "Representation" would limit your abilities.

When you "Know" that Brain Injury or Malfunction has detrimental results, then it does. Not because your thinking ability and functionality has actually been impaired, but because you think that it has. When you think that your REAL Functioning is in your Brain, you naturally equate injury or damage to your Brain as a problem.

However, when you "KNOW" that your Real Functions and Abilities reside outside of your Brain, in your energy body in the Non-Physical Realm, then you don't expect to experience any deficiencies regardless of the Brain's "Condition." There is no Brain function that cannot go on and function at normal or better than normal ability despite any apparent damage or physical malfunction that it may seem to have.

However, when you are already experiencing some sort of Brain problem, it might be hard to "Change Your Mind" and believe that your Brain is not needed to function normally. Perhaps you could enlist the services of a Hypnotist, who has also read this book, to help you plant that thought deep in your Mind. We will cover some amazing feats in [Chapter 12, Changing Your Own Reality](#), that will assist you in this endeavor. I also outline some very interesting and I believe valid things that you can do to make big changes in your experience in [Chapter 14, What's Theoretically Possible](#), which will also help you with this kind of problem.

But, if you start "Thinking With Your Mind" by saying so and Knowing so, then your abilities and Knowing will not only soar to amazing heights but you will also be impervious to any Brain injury or malfunction. Interestingly, when you KNOW that you are immune to the effects of any harm you may experience to your Brain, you actually also, as a byproduct, become impervious to any Brain injury or malfunction.

This might require a little more explanation. When you worry that you may get old and lose your thinking ability, you actually attract it by the thought of it. It might come in the form of "Alzheimer's disease" or actual damage such as an "Aneurysm" that bursts, or even a car accident. But,

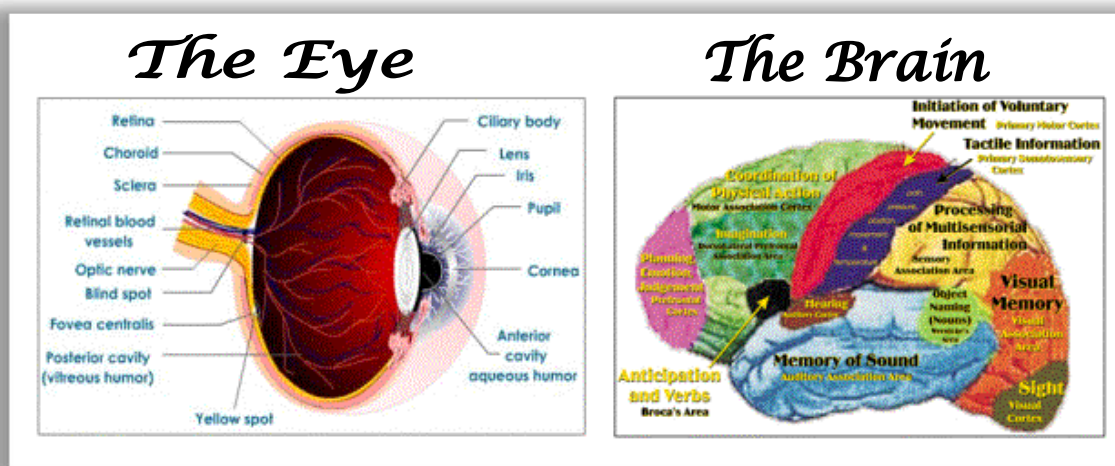
When you "Feel" invulnerable to harm, you "BECOME" invulnerable to harm.



How To Use Your GOD Power - "The Master's Course"

This works in the same way as the Placebo examples we first saw in [Chapter 1, Your God Power](#). When you think that your Body is going to heal, no matter why you think it, it starts to heal. In those examples, the Patient took the Doctor's word that the Drug would Work and it did even though it was really only sugar.

You have great advantages to switching your Thinking to Your Mind, and it should be easy for you to do so, because you have the Understanding and proof that backs up the idea that you are really thinking from your Mind anyway. If people can see from their finger tips, they were never really seeing from their eyes. If they can see when they pop out of their body even though their body is "Blind" and even drained of blood on the operating table, then they were never seeing from their eyes anyway. If they can taste what is in someone else's mouth, then they never were really using their own physical taste.



As complex as the Eye seems, with its lenses and retina, and optic nerve and the Visual Cortex in the Brain, if it isn't really doing anything, then what makes you think that the Brain as complex as it seems is really doing anything either? It is not. Like the eye, it just appears to be, but in Reality, that is REAL Reality, it is only a Physical Representation of your thinking ability, and not the "source" of it.

To make the "Switch" keep thinking that you are using your MIND and have access to the whole Universe, and before long you will. Keep realizing that you have no limitations in your thinking, thoughts, or abilities, based on what you already Know, or already can do. Like a computer connected to the World Wide Web, All of what you have already learned or can already do, is just what you have on your own computer already, but, you still have access to everything else in the World, or should I say the Universe.

"Catch Yourself" having ideas and thoughts that are clearly beyond your normal range. As you do, you will experience more and more of them until you will KNOW THAT YOU ARE NOW FIRMLY WORKING FROM YOUR MIND.



#10-34
2:51



Jump To
The
REVIEW
& QUIZ



Jump To
The
REVIEW
& QUIZ

10. The Reality of Your Body as a Representation

- Chapter Review -



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- **Your Body, just like everything else in this Physical World, it is a Physical “Representation” generated from your Meanings and Beliefs. When you decided to be a Human in this physical World, Your Meaning of What a Human Was and the Meanings of your Specific Traits Manifested the Physical Form that is Your “Representation” in this World of Matter.**
- **Your Physical Senses are Also a Projection that coincides with the Physical Representation of your Body. However Real they may seem, they can be moved around and experienced in different places, such that finger tips see, you can taste what is in somebody else’s mouth, you feel a touch on your back 6 feet away, or you get a close look at Jupiter while you are still standing on Earth.**
- **Your Consciousness, Memories, and sensations Reside in the Non-Physical Realm and only seem to be present in your Body and Brain. Many Near Death Experiences, Out Of Body Experiences, and Medical Evidence, Validate that Consciousness and the physical Sensations can and do separate from, the Body and still function perfectly well.**
- **You are a Non-Physical Being, who, for the Moment, has chosen to Represent Yourself in this Physical World. Even though you have a physical Representation and “Presence” here in the Physical, you still Remain in your Non-Physical World as well in the same way as you create a “Presence” in the Virtual World of “Second Life” even though you are still a Physical Human existing in the Physical World.**
- **Since Your Body is only a “Representation,” it cannot age, get sick, or be killed. Any changes in your Representation MUST be a result of your own direction and Meaning. It is only as a product of your Meanings both in your Immersed Consciousness as well as your Intentions and Meanings in from your Broader Understanding Non-Physical Being. It is a combination of these intentions and Meanings that dictate your existence.**
- **Ghosts and Angels are nothing more than a Representation that has been created in a different way. While they are not Born into existence in this World, nor will they “Die” their way out, they are potentially as Real as your Physically Represented Expression is who was Born into this World and who will Die your Way out.**



#10-35
23:52

10. The Reality of Your Body as a Representation

- Chapter Quiz -



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And
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1) Your Body Can Be Best Described as:

- A A wonderful work of "Physical" Art B Your Expression in this World
 C A Representation Created By Meanings D All

2) While You Are a Physical Human Being in this World You:

- A Are still a Being in a Non-Physical World B Can Create Any Experience
 C Experience a limited Knowledge appropriate for this Incarnation D All

3) Using Your GOD Power You Can:

- A Create or Heal Illness B Age or Not Age C Create Your World D All

4) Your Consciousness & Physical Sensations Can Be Best Described as:

- A Appearing as a Function of the Brain B A Function of your Non Physical Being
 C Residing Outside of the Physical Body and only being projected there D All

5) Ghosts and Angels Have the ability to:

- A Appear to Anyone B Become Physical Without Being Born First
 C Alter Your Reality D Create Meanings in Your Experience



1



2 3



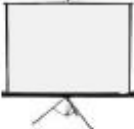
4 5

[Go To Answers on Page 544](#)




Entire
Chapter
5:11:56


#11-01
6:35



Slide Show
Presentation
Chapter #11
Part 1 of 5
65:00



Flash Movie
Presentation
Chapter #11
Part 1 of 5
1:24:50

11. The Reality of Your Emotions



Watch
And
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Your emotional system is an automatic guidance system that gives you alerts as to your current direction and "speed." It is your amazingly powerful "On-Board Computer." That is to say, it lets you know whether or not you are abiding by your own beliefs and desires or not. This system is pure genius in its effectiveness and its simplicity.

This Automatic Guidance System is like a super computer that is processing every bit of information regarding your life experience, on a real time basis, and then out-putting a guiding signal, that is felt. If it were guidance in the form of words, it would interfere with your thoughts (inner conversation) or your outer conversations with others. If this amazing guidance came in the form of visions, it would again interfere with your visual thoughts and your outer visual input. Likewise, it does not interfere with your hearing, your sense of taste nor your sense of smell. Instead, this guidance is "Felt" in a way that doesn't interfere with any other input, or thoughts that you are having. Genius!!

It has been determined that there are six basic emotions which are Happiness, sadness, surprise, anger, disgust, and fear. Like paints, these different emotions can be blended in unlimited ways to create a wide variety of emotional responses. While there are a lot of different ways we can describe an emotional situation, they all fall into two main groups, the ones that feel good, and the ones that feel bad and then the degree to which they feel good or feel bad. The Emotional labels themselves are of no use for our purpose. All we care about is "Do you feel Good about it?" Or, "Do you feel bad about it?"

You can think of your emotional guidance system as a friend that is walking behind you at all times looking out for your well being. He not only hears, sees, smells, and tastes everything that you do, but he also knows your most private inner thoughts of your dreams and your fears, and the inner conversations that you are having. He knows everything that you know.

When you come upon a situation that is the kind of thing that you always dreamed of, he starts patting you on the back and rubbing your shoulders making you feel good. You think, this "feels" good, so my friend must be telling me that this is a good idea. You come upon another situation, where you meet a man in an alley that wants to sell you a "Solid Gold Rolex Watch" for

one hundred dollars. Your friend accesses your memory bank and recalls an episode of a crime show that you watched where this same situation turned out to be a robbery. He starts to poke you in the side. But he hears your thoughts saying "This is a great deal." He hits you in the stomach, you are really feeling your friend's communication that this is not a good idea and that you should leave as soon as possible. He is giving you a "Gut" feeling. So you heed your friend's advice and leave. When you are a sufficient distance away, he begins to pat you on the back and rub your shoulders again and makes you feel good about your decision.

In these examples, you realize that your emotions are your friends. They are only going by what you have already decided for yourself. If you didn't have emotions to automatically guide you throughout the day (and your life), you would have to think about every single thought, and every single situation and calculate whether or not this is what you wanted, every single time. You would always be unsure of yourself.

Your emotions are the best "Tool" you have in your life. How great is it, that you can make certain decisions, learn certain facts, have certain dreams and certain fears, hand them all over to your emotions and say, "Pay close attention to every single thought that I have and every single action that I take, and then take into consideration everything that you know about me, including what I want, and then let me know at the very moment that I need to know, in a quiet, unobtrusive way what I should know without interfering in any way with my current situation." What would you have to pay someone to keep track of your life like that? Of course it would be impossible for you to do it alone, much less anyone else.

It is also most important that you heed your emotional signals because they are also the basis on which your reality is created. If you are feeling like it might not be a good idea to proceed with your plan, and you do it anyway, then you will get a reality that matches your Meaning of, "This is a bad idea." You will never get a good response from your reality, if you think you made a bad or wrong move. Even if that particular event works out, something else is going to happen that results in a bad situation for you. Your Reality is listening to your Emotional Guidance System and not you. Therefore,



"You must never cross your emotional guidance, even if you think it is wrong."

Even though you may feel at times, that the emotions that you are feeling are inappropriate at the moment, they are always exactly 100% correct. Your emotional signals are never inappropriate for your given situation. They will always be based on real information in your memory, and they will always have a real justification for their response.

This doesn't mean that you can't still get your way; it just means that before you continue, you must first have the approval of your emotional guidance system. That will result in your Reality creating a favorable outcome for you. The way that you know when you are in agreement with your emotional guidance system is that you will feel good about doing it. How do you accomplish this?



#11-02
28:12



You negotiate with your emotions!



Yes, I said it and I'll say it again, "You Negotiate with your own Emotional Guidance System," in order to come to an agreement. You want your Emotional Guidance system to agree with your decision by sending a good feeling to you, right? The way you do this is that same way that you would negotiate anything else with anyone else. The only difference is that it is an internal "Discussion" and it is only between you and yourself. You start out by giving all the reasons that you think and believe that this is a good idea. Your Emotional Guidance System will counter by telling you why it is not. (This is the same concept as ["Tuning Your Meaning with Your Belief" Is Alignment](#), that you read about in Chapter 7, You Must Decide, Page 185.)

Watch
And
Share



We are going to review the same exact "Aligning" process that we saw in the earlier chapter, of whether you should go home to your family or stay late at the office to get some work done, except, that we are going to reword it as a "Negotiation" with your Emotional Guidance System.

The problem in this situation, as it is in most others situations, is that when you stay late at the office you FEEL BAD about not being home with your family. But, if you were to go home to your family, you would FEEL BAD about not staying at the office to get your work done. In this example your Emotional Guidance System, makes you feel Bad with either choice.

This is where most people go wrong in their "negotiations" with their emotions. They ultimately choose one or the other and end up FEELING BAD about it. This will adversely affect your Reality and cause unwanted consequences at home and and/or at work, and possible medical problems.

The answer to this dilemma and every other one like it is to make a choice, and then negotiate with your guidance system to reach a mutual agreement on your choice. Remember that neither decision, in itself is right or wrong. So, I will give you Negotiation advice for this example decision to show you how you can use this technique for every decision that you have to make.

The secret to negotiating is to think it over in your mind and convince your emotional system that the decision you are going to go with makes since and is really the best decision for you right now. The way you know that you have reached a "mutual agreement" is that you will now FEEL GOOD about your decision and in light of your reasons and thoughts; it really is the best choice for you to make.

#1) You Choose to stay at the office. (Sample "Negation Thought Process")

First, you have disagreement. You want to stay at the office and get some work done, but your Emotional Guidance System sends a signal of feel bad about it, which means that is a no-go idea. Your Emotional Guidance System comes up with this result because of these reasons.

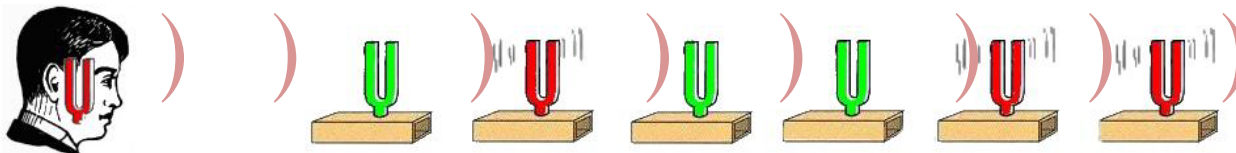
#1) Your family is expecting you home on time for some family time.

#2) If you don't show up on time, they will not only be disappointed, but, they may even get mad about it which would result in worse consequences.

Stay Late At Work (Not In Agreement With Your Emotions - Still Feel Bad About It)

Physical Meaning	+	Thought Meaning	=	Physical Result Meaning
Actually Staying Late At Work		Feeling Bad About it Lower Vibration Frequency Level Created & Transmitted		Resonance Activated Where All Possible Negative Conditions & Consequences Are Elicited From Your Experience

Negative Vibrational Frequencies Are Eliciting Negative Results



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL the things that will match them

You could of course choose to stay at work anyway, but you would create bad Reality circumstances for yourself if you did. It is much better to negotiate with your emotions and come to a mutual agreement. You start the negation process by stating your reasons that it is a good decision.

You think to yourself (say to your emotions) "If I stay at the office tonight to get this work done, I won't have to worry about it tomorrow and it will be ready on time. Besides, at night the phone doesn't ring as much and it is quite now, and as a result I can do better work I will spend some extra time with my family this weekend, when I will have even more time to enjoy their company and spending time with them."

Your emotional system does a quick analysis of your proposal, and takes all these things into consideration.

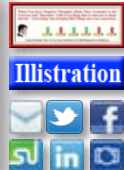
#1) Will your family feel good about your plan? Yes, it seems that they probably will.

#2) Will this be beneficial to your accomplishments at work? Yes, it seems that it will.

#3) Will the effect of this decision be beneficial to your plans and dreams overall?

Yes, it seems it will.

Explain
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#11-02-i1
5:53





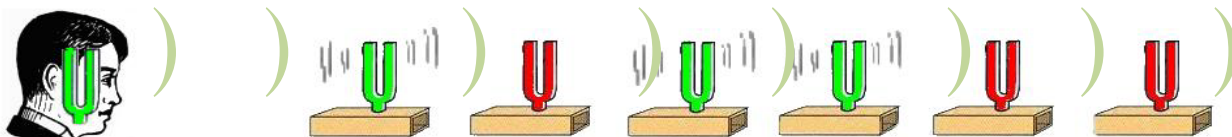
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8:42



Stay Late At Work (Now In Agreement With Your Emotions - Feeling Good About It)

Physical Meaning	+	Thought Meaning	=	Physical Result Meaning
Actually Staying Late At Work		Feeling Good About it Higher Vibration Frequency Level Created & Transmitted		Resonance Activated Where All Possible Positive Conditions & Consequences Are Elicited From Your Experience

Positive Vibrational Frequencies Are Eliciting Beneficial Results



The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL the things that will match them



Illustration



Play Audio



Your emotional Guidance System returns a verdict of Yes and then you begin to feel really good about your decision. You have now aligned your energy and the Universe is now assisting you. In the State of "Alignment," (Agreement) your work at the office will now be more productive and will be leading you to everything that you have ever wanted. You will be "Resonating" with success and great ideas will come to you. Your Family will understand and they will get some extra time with you as a result. It is all good now.

Review:

Let's review this simple example, looking at it in terms of Meaning, frequency vibration and resonance. If you were to continue with your plan without coming into agreement with your guidance system and feeling good about it, you would have been creating a frequency and radiating a vibration of "I'm doing the wrong thing, this might be bad for me." The whole time at work, you would have this in your mind and be thinking that your family will be mad when you get home. From that Vibrational place, you can't seem to think of great ideas for your work and you keep making mistakes on what you are doing. You are eliciting "Bad" results from your work.

When you get home, you already feel bad that you didn't come home on time and they ate dinner without you, so you are sending out a frequency and vibration of "I've Screwed Up," and so you elicit from your family their feelings that you have been bad, because those feelings are in resonance. So, because of how you feel about yourself, you are actually pulling and drawing forth the matching feeling from them. They may not have even been upset about it, but, because of how you feel about yourself, you bring it out in them.

However, once you have aligned yourself with your emotional guidance system to the point where you feel good about your decision, you elicit great things from yourself and your World. You feel comfortable at your desk and great ideas come to you, and you accomplish a lot. You are not weighed down by thoughts of guilt.

When you get home, you are greeted by a happy family, and even if they were upset a little, your inner feelings will elicit a better response from them. When you explain your ideas for the weekend and whatever else, it will be welcomed.

Do not move forward with anything unless you have agreement with your emotional guidance system. Even if you don't have agreement at first (you don't feel good about your plan), you can negotiate with your own emotions and come to a mutual agreement before proceeding.



A couple of other points to remember on this.

First. Sometimes in the middle of something, your emotional feeling about it will change. If that happens, get it back on track before proceeding.

Second. Sometimes, no matter how much negotiating you do, you can't come to a mutual agreement with your emotions. If that is the case, do not proceed, otherwise you will reap unwanted consequences.

Third. Sometimes you have already taken some action that you didn't feel good about and now it can't be changed (The action). If this has happened, what should you do? Since it is of vital importance for all your decisions, actions and thoughts, to be aligned, or in agreement with your emotions, then it is very important for you to correct the situation. You come to agreement "after the fact." That means that even though it is over and you can't change it now, you still can negotiate with your emotional Guidance system to agree that it was good or at least that it was O.K. that you did it or that it happened.

You use the same negotiating procedure as above, except that you do it in the past tense, because it has already happened. For our example, let's say that you wanted to stop at the store on your way to work, but you forgot. Your emotional guidance system is making you feel bad, because you didn't do something that you were supposed to do. If you were to leave it in this condition, you would have that guilt in the back of your mind, and it would be affecting your work, even if you didn't consciously realize it. So once again you begin your negotiations.

You think to yourself (Say to your emotions), "I might have forgotten to go to the store, but, I will have time to go after work, and besides, if I go after work, I can also get some of the cold things that I need to get and I will have more time to browse the store for other things that I might need."

You emotional guidance system considers your proposal and especially considers these points.

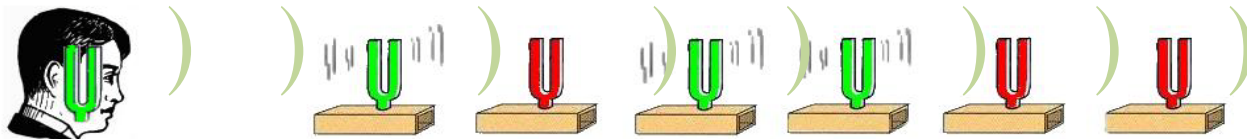
- #1) Was it that important that you went to the store before work? No, apparently not.
- #2) Will you still get the things that you need before you get home?
Yes, it seems that you will.
- #3) It actually seems better that you go after work anyway, because, you will get more accomplished.

The verdict is Yes, this is good. You begin to feel good about your plan. You may now release the guilt and proceed with your plan.

Go To Store Later (Now In Agreement With Your Emotions - Feeling Good About It)

Physical Meaning	+	Thought Meaning	=	Physical Result Meaning
Going to Store After Work		Feeling Good About it Higher Vibration Frequency Level Created & Transmitted		Resonance Activated Where All Possible Positive Conditions & Consequences Are Elicited From Your Experience

Positive Vibrational Frequencies Are Eliciting Beneficial Results

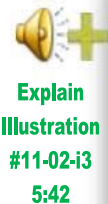


The Green Tuning Fork Vibrations are Good Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Bad Meanings and they Resonate & Elicit ALL the things that will match them

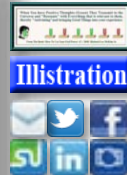
Of course these are very small decisions and examples which wouldn't have a really serious consequence if you did not align, or feel good about them. However, even when they are small, they still add up in your experience.

This same technique can be used for major current decisions as well as past actions. These might include who you married, the job you took, where you decided to live or anything else that you didn't feel good about before or don't feel good about now. Now is the time to fix the past ones, and get in agreement with your emotions to feel good about the current ones.

One last point on negations with your Emotions, they love logical reasoning. Sometimes the best "Retroactive" justification might be, "It was based on what I knew at the time. If I had known then, what I know now, I wouldn't have done it. However, if I had it to do over again, and I had the exact same information to go on, I would do it the same way again." That lets you off the hook for your decision, rightfully so. That is the point of all this, is to get off the hook and discharge any and all guilt. Guilt and regret will eat at your life experience and elicit untold harm to your Reality. It is like termites, they are wreaking havoc to your house and you don't even know it until it all falls down. The same is true of Regret and Guilt; it haunts you until one day when it dominates you and your life. *Get Rid Of It!!!!*



Explain
Illustration
#11-02-i3
5:42





Watch
And
Share



#11-03
29:33

Your Emotional "Volume"

You have learned in the last segment that your Emotions are a powerful help to guide you on the path that you have decided on. They are always guiding you according to your own plan. Now you will learn that they have another powerful ability. They control the "Volume" switch on your Frequencies and the resulting Resonant power that they have.

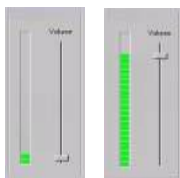


Remember the Frequency vibration on the rice [Video Example in Chapter 4, Frequencies & Meaning, Page 73](#). When the frequency first started the rice began to form its pattern. It takes a certain amount of time for the pattern to form, but it always forms exactly the same way for the same frequency. If the Volume is low, the pattern takes a little longer to form. However, if the volume is turned up full blast, the pattern can form almost instantly. Volume doesn't change the frequency, only its power. The more Volume the more powerful the creation, but, it is still the same creation, just more powerfully enacted.



Remember, the glass Resonating experiment in the [Video Example in Chapter 5. Resonance, The Secret "Match-Making" Force Of The Universe, Page 86](#), where the frequency shattered the glass? If the Volume had been very low, it still would have vibrated the glass and elicited a response. However, the response elicited would have been minimal, and the glass would have been able to vibrate forever at that level. However, when the Volume was turned up, and the frequency still remained the same, a much greater response was elicited from the glass. It was forced by Resonance to begin to actually bend and flex to such a degree that it eventually shattered itself. That is the Power of "Volume." High Emotional "Volume" can make people Bend over backwards to help you, or Bend over backwards to hurt you. It all depends on whether you have turned up the Good or the Bad, Emotional "Volume."

Like the guitar, if you gently pluck the first guitar on string #3, the string #3 on the other guitar will be elicited into a response, but it might be so slight and so subtle that you may have to put your finger on the string or use some special high powered measuring device to detect it. However, if you blasted that same exact frequency through your high powered stereo system, not only would the string on the other guitar vibrate so powerfully that you could see it vibrating, but other things that don't even resonate at that frequency will be elicited into action by the power of the sound vibrations. Your walls will shake and everything will be vibrating. That is the power of "Volume." That is the best way to explain this other aspect of your Emotions. Your Emotions are like a Volume Control on your creations.



If your Emotional level is low, you might say that your creation and resonant power levels are low. You can elicit opportunities and situations into your experience, but you may have to really look to see them. They will not be vibrating in a big powerful way. However, if your Emotional level is extremely high, an opportunity might actually crash into you. I mean that literally.

Check Video



Check Video

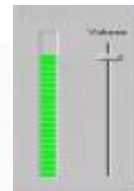




Explain
Illustration
#11-03-i1
12:23



Positive (Really Feel Good) High Emotional Level "Volume" (Elicits a Greater & More Powerful Positive Response From The Universe)



Positive (Feel Good) Low Emotional Level "Volume" (Elicits a smaller & less Powerful Positive Response From The Universe)

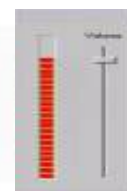
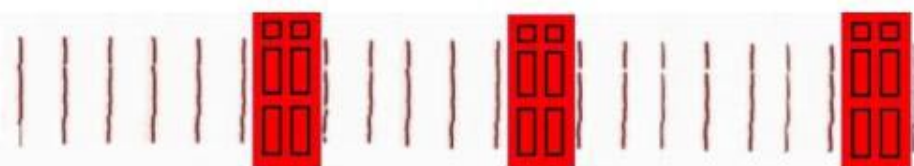


In both of these cases the "Frequency" has stayed the same, the same things are being elicited from the universe, but the difference is the "Volume" or the Power of the Frequency, which determines how fast it will come and how big the elicited response will be when it shows up.

Negative (Feel Bad) Low Emotional Level "Volume" (Elicits a smaller & less Powerful Negative Response From The Universe)



Negative (Really Feel Bad) High Emotional Level "Volume" (Elicits a Greater & More Powerful Negative Response From The Universe)



In both of these cases the "Frequency" has stayed the same, the same things are being elicited from the universe, but the difference is the "Volume" or the Power of the Frequency, which determines how fast it will come and how big the elicited response will be when it shows up.



Note: Both of these examples above are related to the same exact situation. These are examples of four possible responses to any given situation or event. In the first illustration, the person had a Great Meaning and a high emotional level about it and was attracting and eliciting powerful responses from their World. However, when their Meanings were still positive, but were at a much lower emotional level, then it was still good and they were still attracting and eliciting good things, but, with little power. In the next illustration, the person had assessed a negative Meaning to that same event, so it was now attracting and eliciting not so good things into their

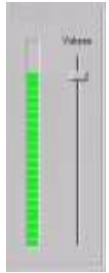
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experience. Thankfully, their emotional level about the whole thing was low, so the Negative result won't be as bad. However, at the next level, they not only had a Negative assessment of the situation, but, they also had a very high emotional response to it, and now they are powerfully attracting and eliciting very bad consequences into their experience.

When you operate at a high Emotional level, Good or Bad, your Frequency Vibrations are so powerful, that they will not only elicit those things on which they are a match, but they will also be able to even elicit the things that are just close to a match. An opportunity that you might happen to notice at a lower emotional level such as a help wanted sign, would turn into a person calling you up directly and offering you the job by phone, at a higher Emotional Level.



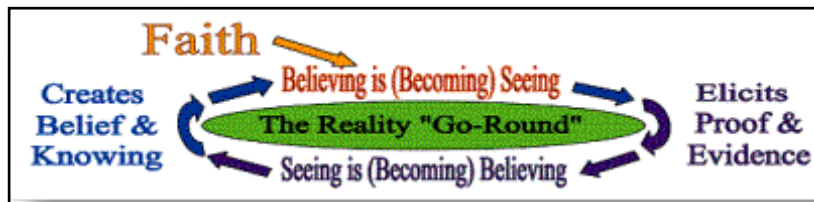
If you are unable for whatever reason to change the emotional Meaning of a situation from a Bad one to a good one, then at least turn down the "Volume" of the Emotions attached to the situation. Don't freak out and start screaming and shouting as that will take the bad situation and make it worse by causing it to elicit bad results in a more powerful and direct way. Instead, count to ten or hold your breath until you pass out. No, I was just kidding on that one, but anything that can quiet down the situation would be beneficial. You could leave the scene, get into a different environment, or say you are sorry or whatever to lessen the emotional level of the situation.



However, if you have a situation that you have changed from Bad to Good, or it was good in the first place, "Turn up the Volume!" Get excited about it. Who can you tell? Who can you call? Celebrate it. Jump up and down and whirl around. Do a little "Jig." Enjoy the moment and you will elicit more and more good things into your experience.



DON'T FALL INTO THE TRAP! How many times have I heard, "I don't want to get too excited or count on it until it is for sure, or until it is over or yada, yada, yada." WHAT? Remember back in [Chapter 9, The Reality of Your Life Experience, Page 224, on the Extreme Power and Importance of Faith](#)? You have to have Faith FIRST, then you will get results. If you don't have enough Faith, to get excited about it, you don't have enough Faith for it to happen for you either. It's just that simple.



Illustration



If You Have Faith - You Get Proof - Because you Elicit the Evidence into Your Experience
If You Have the Evidence - You Get Belief - Because you Believe What You Can Prove
If You Have Belief - You Get Proof - Because you Elicit the Evidence into Your Experience

There are three Problems to this way of thinking.

#1) You have to believe in it for it to elicit a result from your World. If you didn't believe in the placebo, you would have died. You wouldn't say, "I'll wait to feel good about getting cured until it happens," would you? Or would you? Remember that if you don't feel good about something; you are not in agreement with your emotional Guidance system, which means negative consequences.

#2) The Universe and your Reality operate on Meaning, and not situations. The actual situation is nothing without its Meaning. It is only through Meaning that it resonates with the Universe and elicits results. You have total control of the Meaning with your GOD Power! That means, that if the situation turns into "A," or "B," it doesn't matter, because you have the power to change the meaning of result "A" into a great result or turn the Meaning of Result "B" into a great result. You see? It doesn't matter how something turns out, because it hasn't turned out until you give it meaning, and you can always give it a good one.

#3) Remember that in your Reality, you must always give yourself and your Reality the benefit of the doubt. In other words, always expect and assume that it is working for you. Never doubt your own Reality and the benefits that it affords you. Take every moment to appreciate your own Reality and expect that it is working perfectly. Don't say to your own Reality, "I'll wait to get excited about you and what you are doing until you prove yourself." What is that? Would you say that to a child? Or would you say, "I believe in you, you are doing a great job and I believe that it is going to work out just fine. I have faith in you!"

If something is working out for you, even just a little....



GET EXCITED!

Why not? Take a chance on yourself. If it doesn't work out exactly as you thought it would, so what? Change the meaning and get excited again! Why not?

Here is a recap of exactly how your Emotions work for you.

First you have the subject. That is the event, or situation. At this point it is nothing. Second, you have the Meaning of the Event or situation. If the Subject has a bad Meaning, you will now feel bad emotional feelings. If the Meaning is a good one, then you will feel good emotions. Your Emotions are Guiding you as to what this situation is going to create and bring into your experience. At this point, if your Emotional feeling is on the "Bad Side," then it is now that you must change the Meaning to a good one. If you are successful, you will now feel Emotions on the "Good Side." Third, you have the "Volume" of the Emotional Feeling. If it is small, or very low, then its effect will be small, if it is strong or very high, the effect will be fast and powerful.

So Emotions not only indicate the direction and kind of attraction that you are creating, such as good or bad, but they also have the ability to dictate the power of that attraction and that result.



Simply put, when you feel comfortable with your thoughts, you are slightly aligned and moving "generally" in the direction of what you want at a slow but sure pace. When you feel really good about your thoughts and decisions, you are moving more directly and faster toward what you want and desire. When you feel great Joy and excitement, you are highly aligned and moving directly toward your dreams and desires at a very rapid rate. You are headed directly to something that you are going to love when you get there.



However, when you feel uncomfortable with your thoughts, you are slightly miss-aligned and moving "generally" away from what you want at a slow but sure pace. When you feel really bad about your thoughts and decisions, you are moving more directly and faster away from what you want and desire. When you feel great fear and depression, you are highly miss-aligned and moving directly away from your dreams and desires at a very rapid rate to something that you are not going to like when you get there.



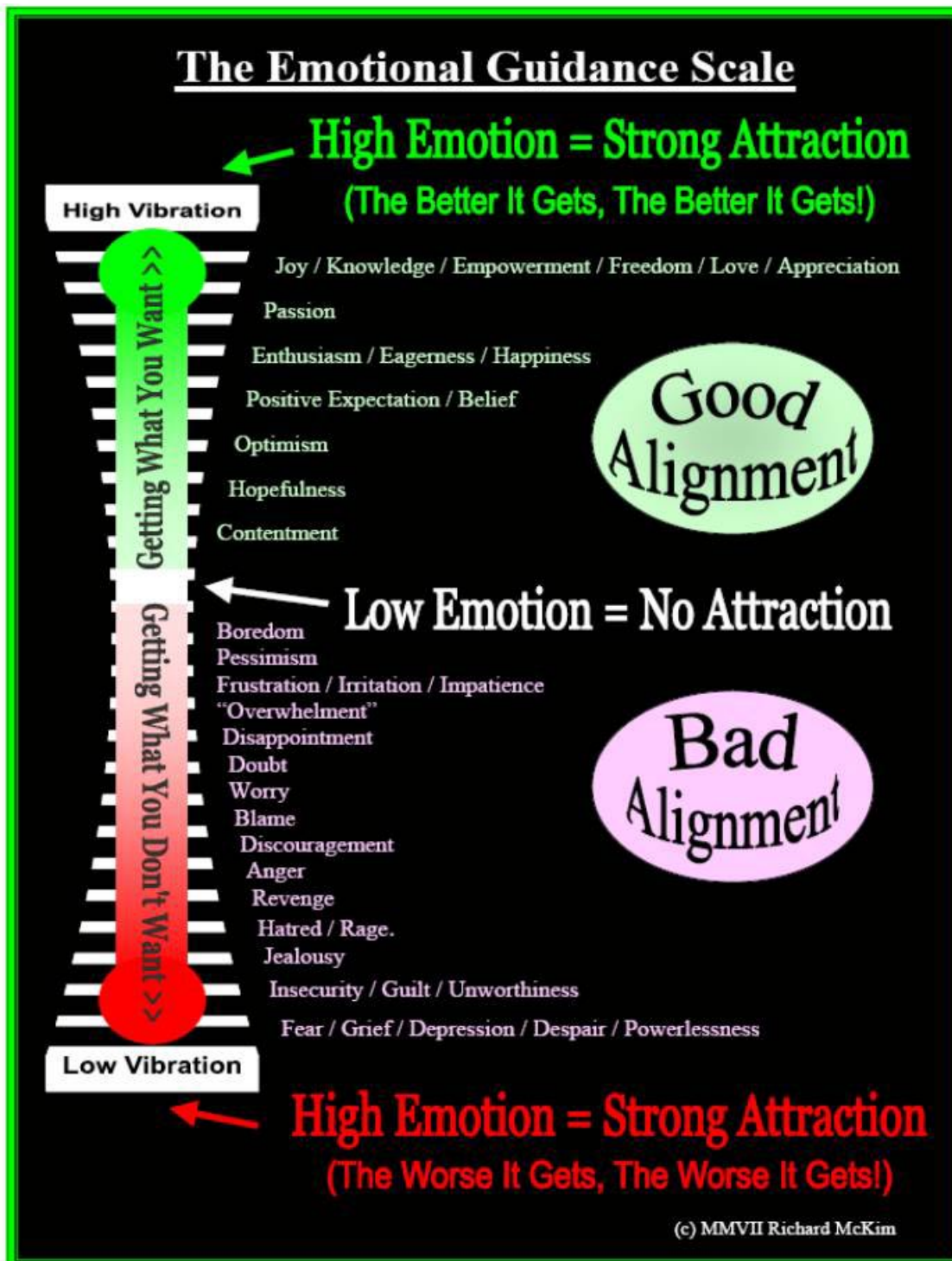
It is important to realize that what you want can sometimes change on a day to day basis. This can result in feeling bad about something on one day, and the next day or even the next minute, feeling great about it. Don't take action on something until you FEEL GOOD about it. That's why you have your guidance system, to let you know whether to proceed right away, alter your thoughts and then proceed, alter your course and then proceed, or halt altogether.

The following chart will graphically list your Emotions and their Power Level.

Explain
Illustration
#11-03-i2
6:38

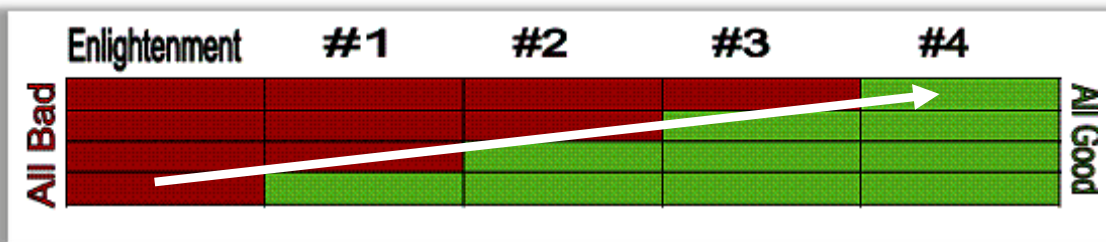


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(Adapted from Abraham-Hicks' Emotional Guidance Scale)⁹⁸

⁹⁸ www.Abraham-Hicks.Com



The Four Levels of Enlightenment



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#11-04A
13:06



Slide Show
Presentation
Chapter #11
Part 2 of 5
62:00+

The Negotiation technique with your emotional guidance system works especially well when you are taking responsibility for the decisions or actions, past or present, yourself. However, sometimes you'll feel that it wasn't your fault, and that you feel bad because of what someone else did. You'll blame someone else for something in the present or the past. That is when you need to follow "The Four Levels of Enlightenment."

Enlightenment is a step by step realization process. It is a matter of moving your awareness to a higher and higher level, until you can see the whole picture and are able to feel good about it, and release it. When you feel good, you have come into agreement with your Emotional Guidance System, which will signal the beginning of good things happening for you in your Reality.

At first you have some sort of problem that was "Someone else's fault." It could be a person, a company, a country or GOD that you are mad at. It doesn't matter if it is something that is going on right now, or if it was something that happened in the past, nor does it matter if they are dead. It is still a problem for you in your Reality, right now. As long as you carry that anger, or distrust, guilt, or whatever emotional title it carries for you, your Reality will continue to bear bad consequences in your experience that you are actually creating for yourself. The first step is to realize what the problem actually means. Usually it has these four components.

- #1) You are mad about it and continually feel negative emotional responses whenever you think about it or are reminded of it.
- #2) You blame someone, or something else for it.
- #3) You experienced some sort of loss, be it time, money, a friend, your happiness, a person's life, bodily injury, or something else.
- #4) You know that this shouldn't have happened. Something went wrong.



Explain
Illustration
#11-04A-i1
1:27

Upset & Angry About It	Still Not Happy	
It's Somebody Else's Fault	Still Not Happy	
You Experienced A Loss	Still Not Happy	
Shouldn't Have Happened	Still Not Happy	



As you can see from this illustration, each of these thoughts are "Negatively" eliciting and attracting unwanted consequences from your World. When you have so many Negative thoughts

in combination, they can have a powerful effect that is detrimental to your happiness, your success and even your health. You MUST turn each of these around and release them. The following is the four steps that will help you do just that.

Forgiveness Forgiveness is the first level of Enlightenment. You must forgive the person, company, country, or even thing, if that is your case. The interesting thing about this step is that it is not for the person being forgiven. It doesn't even matter if they know that you have forgiven them. Of course, if they are dead, it doesn't matter, and besides, if they are dead, they don't care.

The forgiveness is for you. It is always and only about you. Remember that no matter what someone else is thinking, it won't affect your Reality. If you look in the parking lot, and you are thinking about red cars, you will notice the red ones every time no matter what color someone else is thinking about. What they think just doesn't matter in your Reality.

With all that said, it does matter if you are upset by the situation. As long as you blame them and do not release it in the form of forgiveness, you will hold that negative emotion within your being and it will continually elicit health problems for you and bad circumstances from your Reality. That is just a logical fact.





Remember that in the same way that what someone else is thinking can't affect your Reality, you being mad at them, won't affect their life either. They could still have a wonderful life, while you wallow in your misery and anger. You are only hurting yourself.

Let it go already. Say to yourself, "Everybody did what they did but I'm going to let it go now and get it off my chest." You will already begin to feel relief and feel a little better. This means that your Reality is already adjusting itself and things will begin to improve for you even if it is just better health.

After you forgive the person and release it, you still recognize that it was their fault that you still had some sort of loss as a result and still you know that it should never have happened like it did. Still you have made an improvement in your outlook and level of consciousness.



Explain
Illustration
#11-04A-i2
0:51

Upset & Angry About It	I'm No Longer Upset - Feeling Good	
It's Somebody Else's Fault	Still Not Happy	
You Experienced A Loss	Still Not Happy	
Shouldn't Have Happened	Still Not Happy	



Co-Created The next level of Enlightenment is to accept responsibility for what happened. "What did you say?" Yes, that is what I said alright. You are as much, if not more, to blame for this situation, than the person who you are mad at. It is all a matter of understanding Frequency, Meaning, and Resonance. This is why this chapter had to come later in the book.

Remember, that whatever you notice, or whatever happens in your experience, does so because you have elicited it. Nothing can accidentally get elicited into your experience, nor can anyone create something in your experience that you have not allowed and elicited by your own thoughts and vibrations.

If the cat runs and hides from you when you want to take him to the vet, it is because of your meanings and intentions that you elicited that result. You can't blame the cat. If you leave your keys in your car in a back alley, and think to yourself, someone might steal this and they do, it was you who created the situation that lead to that result.

I'm not saying that you created the situation or elicited the result on purpose, I'm sure you did not. However, in Reality, something in your thoughts and feelings attracted, elicited, and resonated with the result that you got. It was you, whether you believe it or not, or whether you can figure it out or not. You might have had a bad feeling about it from the beginning. That would have been your emotional guidance system, telling you not to proceed and you did anyway and now you are blaming someone else for something you actually created yourself.

Whenever you have a situation that has gone bad or gone wrong, I don't feel that it is a good idea to figure out why. Often when you retrace your steps and figure out just exactly what happened in thought and deed, you are actually recreating the same thoughts again and are causing the same vibrations again. There is no need for that. Just go on from here.

It is vitally important that you recognize that it was your own thoughts, actions and creation that caused the situation in the first place. By doing this, you gain power over your World. You are then saying that everything in your experience is by your own hand, good or bad. That gives you the power in thought and deed to direct your own life exactly as you want. By accepting responsibility, rightly so, for everything that happens in your experience, you are saying that no one else has an influence in your experience. You are the only one in control. Which is True anyway. You just need to recognize it and take control.

However, if you insist on giving the responsibility to someone else, you also give them and others the power to control your life. As you believe that they have the ability and power to make you unhappy and cause bad things to happen in your life, you open the door to more of these intrusive experiences from them and others. You will have given up your power to stop them, because you have granted them the power over your experience. You will then battle, your spouse, your boss, your kids, your friends, the Government, Corporations and others for control of your own experience and it will cause you to feel helpless. If you accept the responsibility for all of your experiences the good and the bad, and the ugly, you take command of your life experience and have sole control, just as it should be.

At this level of your Enlightenment, you have not only released your negative feelings about the person who you had blamed, but you have now taken responsibility for the event. By doing this you have claimed your power and exclusive control over your own life experience and reality. You assert and confirm that no one else has the right or the ability to create in your experience. However, at this level you still feel that you have experienced some loss, and even though you realize that it was your responsibility, you still feel that it should never have happened or been allowed to happen.



Explain
Illustration
#11-04A-i3
1:51

Upset & Angry About It	I'm No Longer Upset - Feeling Good	
It's Somebody Else's Fault	It Was My Creation - Feeling Good	
You Experienced A Loss	Still Not Happy	
Shouldn't Have Happened	Still Not Happy	



#11-04B
18:16

Benefit At this next level of Your Enlightenment, you will realize that you have actually gained some benefit from the situation. While at first, you won't be able to see it, with some thought, you will become aware of it. There is nothing that can happen in the Universe that is only good or only bad. We live in a Relative Reality, in that wherever we mark a line in the sand, there is always a place behind it that is better, or a place in front of it that is worse. That is the nature of relativity. Everything can be compared to something else and it will always be better than one thing and worse than another. So in that case nothing is good or bad by itself.

What may be unacceptable in one culture may be the norm in another. Killing someone may be wrong in one circumstance, but, be right in another when you are saving a life. You can never pin down Good or bad. Even if someone dies, they have only exited the Reality Game on Planet Earth, only to return in another experience.

If you let these "Losses" make you feel shorted, or lacking, then you will only attract more of the same. If you let yourself feel unhappy because of some situation, then you will only see unhappy things and elicit unhappy results from your life. Why do you want that?

As you know, what we are feeling and the Meanings we hold, go out to the Universe and elicits into our experience more things like it. Everywhere we look we notice more of it. That is just the natural result of Resonance, the Matchmaker of the Universe. So, if we think that the situation caused a "loss" in some way, then we will only elicit information that matches that point of view. We can only see how it is bad and what it caused. That is just the wonderful way the Universe works.

I say that it is wonderful, because by the same power of Resonance, if we choose to think of the situation as something good that has possibly happened, then, we will begin to see all the great things that have resulted from the experience. Did you learn something? Are you more careful

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about those kinds of things? Do you now teach a class about it? Did you write a book on it? Did it cause you to move and now you are happier than you have ever been?

Due to the Reality of Relativity, there are lots of wonderful things that have happened or that have benefitted you as a result of the event. I have no question about it. It is a fact. It is a law of nature that something good has to happen because you can't have one without the other.

Napoleon Hill,⁹⁹ said that "Within every problem, there is a seed of an equal or greater benefit."

Video Example - Overcoming Adversity and Defeat

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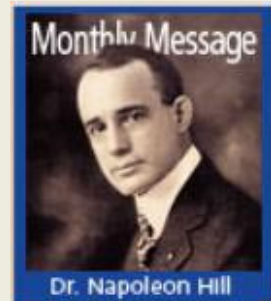
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[Napoleon Hill "Think and Grow Rich" Part 10-Overcoming Adversity and Defeat \(10:10\) \(View All\)](#)



⁹⁹ Napoleon Hill <http://www.naphill.org/> Napoleon Hill was born in 1883 in a one-room cabin on the Pound River in Wise County, Virginia. He began his writing career at age 13 as a "mountain reporter" for small town newspapers and went on to become America's most beloved motivational author. Hill passed away in November 1970 after a long and successful career writing, teaching, and lecturing about the principles of success. His work stands as a monument to individual achievement and is the cornerstone of modern motivation. His book, Think and Grow Rich, is the all time bestseller in the field. Hill established the Foundation as a nonprofit educational institution whose mission is to perpetuate his philosophy of leadership, self-motivation, and individual achievement. His books, audio cassettes, videotapes, and other motivational products are made available to you as a service of the Foundation so that you may build your own library of personal achievement materials... and help you acquire financial wealth and the true riches of life.



What is this video about?

In this next Video Example, Napoleon Hill recites a portion of his book "Think and Grow Rich."¹⁰⁰ This famous book was the distillation of information that he had personally obtained from interviewing the 500 most successful and famous people of his day. These included such names as Andrew Carnegie, Henry Ford, Thomas Edison and more. From this wealth of information he created the 17 principles of success, one of which is that, "Every adversity has the seed of an equal and opposite Benefit." This means no matter how big a problem is, it has a benefit within it that is equally big.

Napoleon Hill says that "Your Positive Mental Attitude is the only way you can convert Failures and Adversities into assets." He also says that, "The Creator very wisely provided everyone with the means for converting these experiences into benefits of a priceless value. The means being our privilege of maintaining and directing a positive mental attitude." He says to practice looking for that seed of equal or greater benefit in every unpleasant situation you have.

Napoleon gives a few examples of this principle starting with Milo C. Jones of Wisconsin. Milo had a farm and was struck down with double paralysis. He was unable to continue his work on his farm in his usual way. However, he still had the use of his mind and he developed a new brand of sausage that was so popular that it made him a multimillionaire.

Napoleon Says, "Before he was hardly making a living, when he found the seed of an equal benefit that compensated him for losing the use of his body which ended up yielding him a huge fortune."

He gives another example of Franklin D. Roosevelt, who was stricken with Polio in the prime of his life costing him the use of his legs. However, he didn't feel sorry for himself and quit, but, instead, he went on to become the President of the United States.

¹⁰⁰ *Think and Grow Rich* is a motivational personal development and self-help book written by [Napoleon Hill](#) and inspired by a suggestion by Scottish-American businessman Andrew Carnegie. It was published in 1937 during the Great Depression. It remains the biggest seller of Napoleon Hill's books, selling a claimed 30 million copies over the next 70 years. The text of *Think and Grow Rich* is founded on Hill's earlier work *The Law of Success*, the result of more than twenty years of research based on Hill's close association with a large number of individuals who achieved great wealth during their lifetimes. At Andrew Carnegie's bidding, Hill studied the characteristics of these achievers and developed 15 "laws" of success intended to be applied by anybody to achieve success. *Think and Grow Rich* condenses these laws further and provides the reader with 13 principles in the form of a philosophy of personal achievement.



Napoleon Hill holding his book *Think and Grow Rich* (1937)

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He says that it's through the challenge of these adversities that you will find the seed of the equal or greater benefit that will propel you to success greater than you would have ever had if the adversity had never happen.

He relates a personal story from when he was only 8 years old. He had lost his Mother, which he says is probably the most traumatic experience that one could ever have especially at such a young age. Normally with this kind of loss, it is thought to have no possible benefits. He says that even in the loss of loved ones, there is always a seed of equal or greater benefit for those who look for it. Despite Napoleon's terrible loss, he was still able to find the seed of an equal and greater benefit as a result of this experience.

He met one of the most wonderful persons he had ever known when his Father brought home his new Mother. His new Mother came into his life and encouraged him to succeed and prepared him for the experiences he was to have when he met Andrew Carnegie. It was as a result of this meeting and his subsequent actions that brought into being his books on how to be successful and experience a fulfilling life. If it weren't for his Mother dying, he would never have written these wonderful books that have helped millions of people World Wide.

He says that nothing is so bad or so unpleasant that it can't yield some benefit if we keep a positive mental attitude toward the experience and make it a habit to always look for that equal benefit.

What does this example show and what does it mean?

Good advice is timeless. This is one of his most remembered and important principles. He came to develop these principles after interviewing the 500 most successful people of his day. It was only after comparing his notes that he found the similarities between them and discovered the common traits between all of these successful people.

The one that we are most interested in here is recognizing that there is always a Benefit in every situation. Of course we can rephrase it to be, "Every situation has unlimited possibilities, and we can elicit from it whatever matches our Meaning of it." That is to say, whatever you think of the situation is what you will elicit from it and what it will become for you. If you think that it has been a total loss, then it has. If you think that everything is always working out for you, albeit in mysterious ways, then it is. Henry Ford once said, "If you think you can, or if you think you can't, you are right." Whatever you think of the situation is what that situation is, for you.

The more thought you give to the possibility of receiving benefits and opportunities as a result of the situation, the more you will discover. By the power of Resonance, as you begin to notice the benefits and are vibrating a frequency that this may have been a good thing, you will see more





and better things and less and less bad things. Even the losses that you once thought you had will somehow change into gains and benefits.

When you have completed this step, you will have realized that not only did you not really suffer a loss, but that you have actually realized significant gains, in understanding, learning, and you could even be financially better off and experiencing more happiness as a result.

By this point in your Enlightenment, you have not only released your bad feelings for the person whom you blamed before, but you have even taken the responsibility for it yourself. Additionally, you now have recognized that it actually ended up benefitting you in ways that you never thought of before. However, you still think that it really shouldn't have happened in the first place.



Explain
Illustration
#1104B-i1
2:03

Upset & Angry About It	I'm No Longer Upset - Feeling Good	
It's Somebody Else's Fault	It Was My Creation - Feeling Good	
You Experienced A Loss	I Have Benefited Greatly - Feeling Good	
Shouldn't Have Happened	Still Not Happy	



Meant To Be When you have completed this step, you will have realized that this was actually a good thing that happened to you. After all, you have not only realized that you have gained many benefits from the experience, but you now also realize that you are the only one who has power in your experience. In fact, if you give enough thought to this whole situation, you will be glad that it happened. There will be so much more over all benefits that you have received, than lost, that it almost seems like you are glad that it happened. You are actually appreciative that it even occurred.

When you are in the place to recognize that everything is working out for you, no matter how it happens, it always turns out to be a benefit and a blessing. You realize that it not only should have happened, but, it was meant to happen. You needed this event to happen in your growth and evolvment.

The World is full of people who grew up with abuse and then wrote bestselling books or it gave them the courage and determination to make it on their own. Those events "Made them" who they are. If it were not for those experiences, they would have been very different people. For those who continue to suffer from past circumstances, it is not because of the situations themselves, but instead, because of how they are responding to it, the meaning they have given it and still give it. Remember, Situations are always neutral. If in their bigger picture, they were meant to overcome this pain, they would be reading this book or would have found another way to grow from it. It is not our place to say that the experience they are creating for themselves

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isn't their "Chosen Path." Perhaps, in due time, they will pop out of it and become what they were heading for. They could be in a "Cocooned Stage" right now, just developing themselves and growing inside until they emerge as a beautiful butterfly.

Remember, that we choose the place and circumstances of our "Point A," when we incarnated here at camp Earth. Nothing in your life experience was by accident, nor was it a mistake. Every single event has purpose and is leading to your "Point B," not for the purpose of arriving at point "B," but, for the purpose of the experiences along the way.





No matter where you have gone, and no matter what your situation has been or is now, if you look down at your feet, you will realize, that not only have you never strayed from your path, but, you have always been on it and moving in the right direction.

When you have the experience of the harmless chicken pox as a kid, you may find it to be a nuisance and inconvenient, but, it will save you when you are older from getting the shingles which at an older age could be deadly. Because you can't see into the future, you can't know what great benefits you are gaining now, in whatever situation you find yourself. Just know that everything that happens in your experience was not only meant to be, but it needed to be.

At this final step of enlightenment and higher consciousness, you realize that everything is good and is always working out for you. Not only is it better for you now, but it was always good for you even though you couldn't see it. Know that every situation in your experience is not only beneficial for you, but it is a blessing for you and was meant to be.

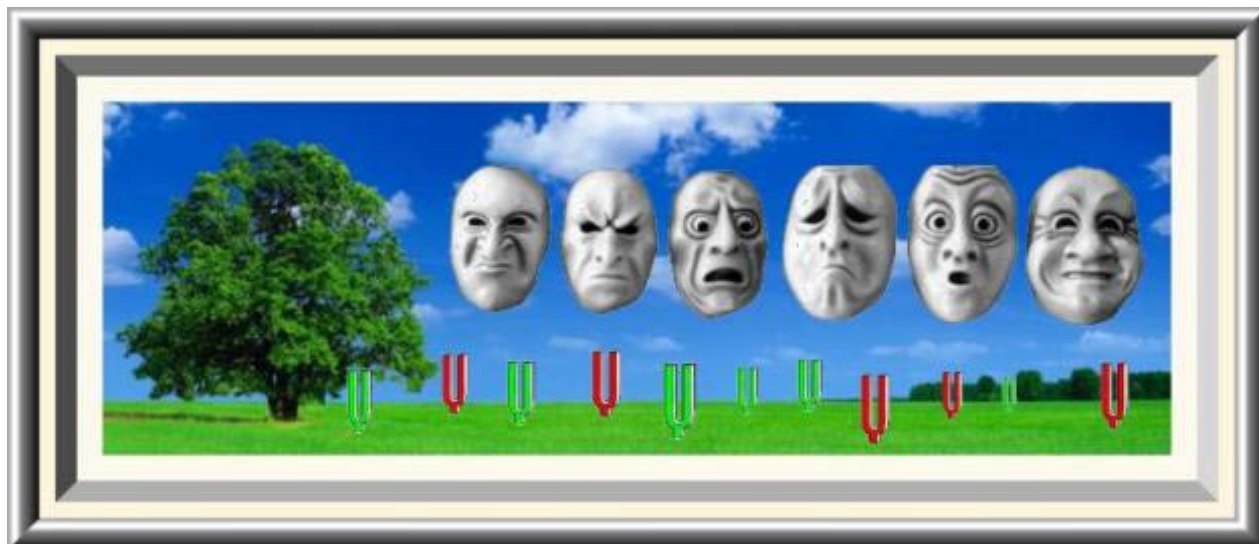


Explain
Illustration
#11-04B-i2
1:50

Upset & Angry About It	I'm No Longer Upset - Feeling Good	
It's Somebody Else's Fault	It Was My Creation - Feeling Good	
You Experienced A Loss	I Have Benefited Greatly - Feeling Good	
Shouldn't Have Happened	I'm Glad This Happen - Feeling Great	



Next time you are feeling upset about something, try using this system to bring your thinking up to a higher level. After you practice using this 4 step system, and you have a situation that comes up, you will just go straight to step 4 and say, "It was meant to be," and be done with it. It works great that way.



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Your Emotions and the "Field of All Possibilities"



#11-05
30:01

This section will explain just exactly how Resonance actually "Elicits" the correct response from the Universe. Every situation has two main categories. What is generally wanted and what is generally not wanted. These correspond nicely with your emotions, which give power to your vibrations. While there are many different names and descriptions given to emotions, they can all be divided generally into two categories, those that feel good, and those that feel bad. Some can go either way, such as, "Surprise, I bought you a gift," or "Surprise I totaled the car." Both are the emotion of surprise, but, one feels good and one feels bad. So, for our purposes, we won't name the emotions, instead we will just ask if it feels good or if it feels bad.

When you are looking at a parking lot, there are many different cars in different colors to look at, but, your mind only selects certain one's for you to notice. Those cars are selected by resonance. If you are thinking about red cars, you will only notice the red cars and the rest will blur into the background. If it is white cars that you are looking for, they will stand out and the rest will fade into the background. If you are looking for Red cars and White cars, they will both catch your attention and the rest will fade from your notice.



Explain
Illustration
#11-05-i1
5:55



**You First see the Parking Lot
And Nothing Stands Out**



**You are looking For Red Cars
And They Stand Out From The Rest**



**You Are looking for White Cars
And They Stand Out From The Rest**



**You are looking For Both Cars
And They Both Stand Out**



This is the most powerful aspects of Resonance. It selects for you only those things that are relevant to your current experience. Otherwise, you would be deluged with information coming in from all directions that was of no use or value to you. Instead, you are only presented with what you are thinking about. However, Resonance does not discriminate between what you want and what you don't want. It only brings you want you pay attention to and are thinking about. You may hate red cars, but if you are thinking about them, you are going to be noticing them. The way to use the powerful abilities of Resonance is to only think and pay attention to what you like and you want in your experience and forget the rest.

Vibrational Relevance While throughout this book we have only mentioned that Resonance works and acts on frequencies that are EXACTLY alike, actually resonance does have an effect on frequencies that are close In "Relevance" also. Up to now, it has been easier to visualize and understand Resonance in a black and white fashion where it either matches and resonates, or it does not.

Now we will learn the subtler aspects of Resonance to see it in its broadest scope.

Frequencies will resonate to the degree that they are "Similar or Relevant."

That similarity is a very broad definition that we need to completely understand. Remembering that everything in the Universe is based on Meaning, then it would make since to say that whether or not any two frequencies are similar, would depend on their meanings. After all it is the Meanings that are the basis of the frequency in the first place. So, at this point, we understand that the more similar the frequencies are, the more powerful the Resonant effect between them and the more dissimilar, the lesser the effect.

Similarity is not a fixed constant; it can change in a second and change again the next second, so it is an ever changing process. However, at any given moment, most everything in your experience can be grouped into two main categories, what you like and want in your experience and those things that you don't like and don't want in your experience.

This now forms the basis of your two main categories of similarity, "Wants" & "Don't Wants." This is where it is going to get very interesting and your understanding is going to skyrocket. Your first rule of understanding is:



"Anything that resonates with a member of a group also resonates with every other member of that group, to some degree."

This means that if you are having a really bad day, and you are creating vibrations of disgust or distrust, or have an expectation of a bad situation, then those vibrations will resonate with something in your "Don't Want" Group also, and by doing so, will also resonate with everything else in the group to some degree.

The way that you can see this in your experience, is that if something goes wrong, then you begin to notice everything else going wrong, and everything you happen to notice on the TV is unpleasant, and your car won't start and you get an unwelcomed phone call or email. What is happening is that all of those things are "Not Wanted" and they are all coming to your attention, because you are resonating with them. It's kind of like a "Vibrational Gang" whose motto is **"You resonate with one of us, you Resonate with all of us."**



Illustration



Naturally, the strongest things that you will notice are those things that are directly similar to your issue. If you are mad because someone said something to you that you don't appreciate, you will notice, that you are getting more of that. It might not be aimed directly at you, but, instead it might be directed at your friend or to a stranger in your presence. That would be the most powerful resonant effect, the frequencies that are almost exactly alike. However, as fringe experiences, you will notice that your toast got burned, or that you spilled the milk, or that you missed an appointment, or countless other resonant effects.

I'm sure that you have heard the saying, "The worse it gets, the worse it gets." Doesn't that make since now? First you have the starting event, that you respond to poorly, then it brings various other experiences that are also unwelcomed, and you respond to those badly also, and now they are bringing their own additional resonant circumstances and events, and they all build on each other until you exclaim, "I'm having the worst day!"

I know you are probably thinking that this Resonant system is not too good, but, it is actually the greatest helper you could have because it also applies when you are having a great day! The better it gets the better it gets!

Here is an Illustration of the two Main Resonant Groups, the good and the bad.





Explain
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15:17



Illustration

Play Audio
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	Good - Wanted Beneficial 	Bad - Unwanted Detrimental 
Emotional	Feel Good - Happy & Content	Feel Bad - Unhappy - Frustrated
Body	Growth - Health - Nourishment Proper Cell Divisions - Disease Resistant	Protection - Cells Starving - Immune System Down - Sickness & Disease
“Perception” of Your Life Experiences		
(Past)	Remember Everything That Was Good Everything Worked Out - Was A Learning experience & Benefits me Now	Remember Everything That Was Bad Nothing Worked Out - Harmed Me Even Now I Still Notice It
(Present)	Notice Everything That Is Good Good - Opportunities - Abundance Jobs - Friends - Trust & Faith	Notice Everything That Is Bad Bad - Lack - Not Enough - No Jobs Enemies - No Trust & No Faith
(Future)	Imagine Everything Being Good Looks Good - Things Will Be Even Better - Looking Forward To It	Imagine Everything Being Bad Looks bad - Things Are Going To Get Worse, Not Looking Forward To It
<p style="color: green;">Anything that is Resonated on the Green (Good) Side resonates with everything on the Green side.</p> <p style="color: red;">Anything that Resonates on the Red (Bad) Side resonates with everything on the Red side.</p>		

If you noticed, everything in your life experience seems to be divided into two groups. That is the nature of "Relativity." Something is always on one side or the other at any given moment. Even though everything seems to be divided into two groups, notice that they are always the same two groups, whether it is your Emotions, your Body or your Experiences.

So if you notice any thoughts or feelings on either side you can tell what you are creating for yourself. If you are thinking that the future is going to be great, then you will be thinking that you past was at least O.K. and that you have learned from it, and you will be feeling good emotionally and your body will be functioning at its best. If you noticed that nothing was working out for you, then you know that you are resonating with everything on the Red side (Bad Side). That means that your body's immune system is shut down, you aren't feeling good, and your present and your past don't look good at all.

While you can deduce the side that you are on by noticing anything that is on that particular side, the easiest way is just to notice your emotions. They will quickly indicate which side you are resonating with. If you are feeling good, then you can expect to be experiencing and seeing everything on the Green side. However, if you are feeling bad, frustrated, upset, or otherwise not happy, then you can expect to be resonating with, attracting and experiencing everything on the Red side, bad things.

Everything in the Universe has Good aspects and Bad aspects. If your emotions indicate that you are on one side or the other, you can expect to be Resonating with, eliciting, attracting, noticing, and coming to the notice of those aspects of the situation. If you buy a brand new car, and you are resonating and eliciting the negative side of the situation it may turn out to be a "Lemon." Or you could end up like a man I heard about who bought a brand new car with cash, decided to get the insurance later, pulled out into traffic and totaled it right in front of the dealership. Or if you are resonating and eliciting the Negative aspects of your experiences, you could be like a woman I heard about who went into surgery to get her knee operated on and wound up getting her sphincter muscle rebuilt (Her butt hole). It could be that a potential Cancer situation, that your body has been holding back, now begins to grow and spread, without your awareness of it.

However, if you are Resonating on the Positive side of things, you might notice a lottery ticket on the sidewalk and end up with Millions of Dollars. You could end up totaling your car, which means that you didn't make it to work, on the top floor of the World Trade Centers on September 11, 2001. Good thing you crashed your car. It could be that the foods that you are eating, which might have made some else sick, tastes great to you and are of no consequence because your immune system is at peak performance. You could stop in a gas station and meet the love of your life. You could wake up one night with an idea that changes your life. You could get up to the ticket counter at the airline just to find out that your flight was over booked and you had to get on the next flight. Just to find out later while on that next flight that you were sitting right next to the one person who could help you accomplish your mission. That happened to Deepak Chopra, who told that story with Wayne Dyer at a talk they had together.

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It is easy to see, that it is better to be resonating and eliciting the positive aspects of your life experience. So what do you do when you realize that you are feeling frustrated or unhappy? You have to get to the feeling good side, whatever it takes. It is clear that there are no benefits or advantages to feeling bad. No amount of self pity, self criticism, guilt, or remorse will bring a good result, but instead it will deteriorate your body, lower your ability to fight off disease and will elicit no end of bad and unfortunate experiences into your life. **YOU MUST CHANGE IT.**



Use your GOD Power in Stages



Watch
And
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This is where your GOD Power is very effective. However, if the situation is really bad or uncomfortable, you may need to use your GOD Power in stages. First stage, no matter what the situation is, assert the Meaning that, "Something is working out in some way." Now that you have asserted that Meaning, you will now elicit that something into view. What is it? Can you see it yet? Remember that EVERYTHING in the Universe has Positive and Negative aspects. So if you consider that "Something is working out," then you will elicit it from the field of all possibilities into view, where you can not only see it, but take advantage of it.

Once you become aware of just what that "Something" is, then build on it. Say, 'That's Good, Now what are My Opportunities from where I am right now?' **Notice that You said "Opportunities."** That has a twofold power. First by saying opportunities and not solutions, you logically discount the problem, and second, you elicit and bring into view, not only the short term "Solution," but you become aware of the bigger picture and become aware of options that are far more than "solutions," they are great "Opportunities!"

The key is to work your way up to the best "Meaning" that you can, little by little. What's good about this situation? What are my opportunities from here? You can keep going and going until you realize that this was the best thing that could have happened and that now, you are glad that it did!

Refer to these Chapters:	Chapter	Page
"Tuning Your Meaning with Your Belief"	7. You Must Decide	185
You negotiate with your emotions!	11. The Reality of Your Emotions	388
The Four Levels of Enlightenment	11. The Reality of Your Emotions	399



The Reality of Coincidence, Accidents & Chance Share This

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#11-06A
16:31

What is the chance of having a "Coincidence" or an "Accident?" The chances are very good on both. They are both natural and automatic functions of Resonance. What is the chance that you will just happen to find something that you are looking for? Think about it. Resonance is the function of both alerting you to the presence of the similar item, and alerting the similar item of your presence.

Just like the two tuning forks, after one sends out its frequency, not only does the other tuning fork become aware of you, the first tuning fork, but when it automatically responds as a result, the first tuning fork, you, become aware of its presence also.

There are no such things as true accidents or coincidences or chance, there are only those things that we call accidents or coincidences or chance. That only means that we just don't recognize what had happened in thought or deed that led to the event. But, nothing can truly accidentally or coincidentally happen. This can be proved by the tuning fork demonstration as well. Set up a tuning fork of any frequency that you choose, and wait for it to start vibrating. The moment it begins to vibrate, that's not an accident, not chance nor is it a coincidence. This just means that a similar frequency is "in the air." It is impossible for it to accidentally vibrate for no reason. It can only begin to vibrate if it is struck deliberately with a mallet, or when it is responding to the Vibrational (Request) of another.



Slide Show
Presentation
Chapter #11
Part 3 of 5
56:00



Flash Movie
Presentation
Chapter #11
Part 3 of 5
58:29

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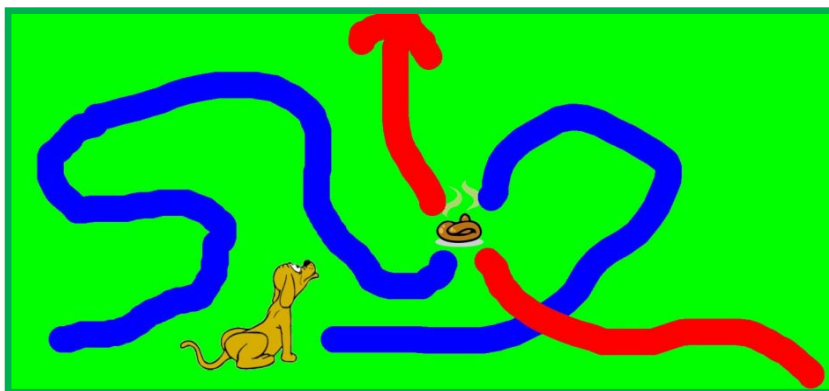
The Dog Poop Example We mentioned a person who was quite upset about some dog poop in the [Catalog Store](#), earlier in [Chapter 5. Resonance, The Secret "Match-Making" Force Of The Universe, Page 118](#). If you recall, they were shopping when they came across some dog poop that was in the middle of the store isle for some reason. Rather than ignoring it, or just casually mentioning it to the store employees, they got quite upset about it and began to rant about how irresponsible it was to let this happen, and wanting to find out exactly who the responsible party was. This wasn't going to go unnoticed or un-punished.

As we expected though, the Universe who was assisting the purchaser, ordered some dog poop, to be delivered to the shopper. When the shopper complained that they didn't want the dog poop, the Universe simply explained that when you pay that much attention to something, wanted or not, you create a mental image or vibration that begins to elicit its kind into your experience. If you didn't want dog poop in your experience, you shouldn't have paid so much attention to it in the first place. The rule of thumb is, "Pay attention to what you want and ignore what you don't." Notice, I didn't say hate it or fear it, or ridicule it, because those thoughts create vibrations that will powerfully elicit and attract it into your experience anyway. Just ignore it, and give it NO THOUGHT. "Care Less."

Well anyway, back to our shopper. They have some dog poop "On Order" and it should be arriving soon. Just as we expect, and maybe sooner than it might have normally happened due to the high "Emotional Level or "Volume" that was thought and expressed, they get some. Just as they were crossing the lawn and heading for the front door, sure enough, they step right in a pile of dog poop. Was this an "Accident" or a "Coincidence?" I think not.



Explain
Illustration
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4:02



The dog followed the "Blue Path" when he was planning his business. The shopper walked the red line from their car to their house when they stepped in "it." What are the odds of them stepping in dog poop when it could have been anywhere in the yard?

The way it works is this. They get out of their car and walk a certain "path" to their house. How do they decide to do that? Do you think that it is a random event? No, it is not. A psychic pathway is already laid out before them and they are just following the path that they elicited from their World. This is not a punishment. It is just a simple manifesting of results brought about by their attention to something. They could have noticed a gold watch in their yard, or some other beneficial thing, if that was what they were eliciting into their experience.

What if this was their exact path that they always take through the yard? That would mean that their actions this time were not directly a result of their elicitations... Right? Well the answer is yes and no. First maybe they would have stepped over it, but I will concede your point. However, what the dog did was still a direct response to their elicitation. Why did he pick that exact spot out of all the places he walked and could have gone? When he was checking out possible places to go, when he came to this spot, it "just seemed to be the right spot." He has no idea what his actions are preparing for the shopper. That is none of his business nor is it his concern. The dog is just acting in what he thinks is a purposeful way, picking out the perfect spot for his "creation."

That is the way the Universe works. Every single element of a situation just seems to be going about its own business and doing whatever they normally do, but it all comes together in a certain way that has been elicited by all of the people, dogs, and whatever else is involved in the situation.

Does this mean that you will always attract and elicit the exact thing that you were thinking about? No, not necessarily. The dog poop example was just a good way to show a direct and exact result, when in fact most often it will manifest in a way that you don't recognize as coming from you or your thoughts. Actually the Vibrational meaning of the dog poop incident was more like, "There is a very unpleasant and unexpected situation that has occurred." That could attract a flat tire on the way home, because it would be a very unpleasant situation and it was a nail in the road that was in the wrong place and it should not have been there. Or it could be a number of different things that could be elicited from this meaning. You could have an unwelcomed call from the doctor, or the teacher or your boss. Who knows how many different ways it could manifest.

The important thing to get from this example is that you will elicit an experience or situation that is a combination of a lot of different elements that just happen to come together in a certain way so that you might call them an accident or a coincidence or a chance, but they are in fact just manifestations elicited by your thoughts.



The purpose of this Next Example is to show you that **NOTHING IS EVER "CHANCE"**

The Monopoly Game's "Take A Chance" ¹⁰¹ Monopoly is a wonderful board game that has been around and popular for decades. It is a board game where you buy real estate and people passing by on your space have to pay you rent for being on your space that you bought. There are some places in the game where you have to take a "Chance" card. That card could either be something good or something bad. "It's a Chance you take."



There are many different possible cards that can be chosen, but for our discussion, let's say that there are only 6 possibilities. The best one that you can get is the "Advance to Go and Collect Two Hundred Dollars," and the worst one is the, "Go Directly To Jail, Do Not Pass Go, Do Not Collect \$200."

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And
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Explain
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1:56



Illustration



Let's say that the Best possible Chance Card is the High string on our imaginary Guitar and the worst card is the Low string on the Guitar and the others from good to bad are in the middle strings. This corresponds nicely to our examples using the Guitar and the tuning forks.



As you are playing the game you happen to land on the space called "Chance" with a big red question mark in the center. That means that you must draw the top card from the stack of orange cards that are in the middle of the game board.



It is called "Chance" because you are taking a chance that it could be something that works good for you or something that works out bad for you. But is it really "Chance" that decides what card you end up with?

Let's say for argument's sake that the cards are well shuffled and that you are the first one to land on a chance space. That means that it could be any one of the six possibilities. This sounds just like "Quantum Physics" in that it is only possibilities and there are no certain results that can be predicted. Remember that it is always the Observer that makes the choice and influences the

¹⁰¹ Monopoly and the images of its game and its parts are a Trade Marks of Milton Bradley
http://www.hasbro.com/games/en_US/

outcome one way or the other. The way the Observer makes a choice is through and by the Meaning of the situation.

So, if you are having a great game so far (Meaning = Good things are happening for me), and you are feeling really good about winning (Meaning = I'm Going to win), then what is the Vibrational result of those Meanings? Good of course. That means that you should be eliciting the best Card from the Sea of possibilities (The best one of the 6 different cards).

This is where you have to really use your imagination to get this once and for all. The Card that is on top is "NOT CERTAIN." If it were certain, Quantum Physics could predict the exact card that you would draw, but they cannot. When you draw that top card,



It "Becomes" The Right Card For You

If something else had changed in the game, which occurs by free will and observer's choice, and it was someone else who chose that same top card, it would be a different card if they were feeling differently than you. They would have elicited a different result from their World.

This is no different than the Girl who was hypnotized to taste the Salt in the Hypnotist Mouth. She could not have physically tasted what was in his mouth, so the tasting has to have been done in the energy realm, and the results, "The Taste of the Salt," then represented in the Physical form.

This is also very much like our "Marionette" example of Reality, because, while it seems like everything is happening at the physical level, it has already been created and decided at the "Higher" energy level and you only become aware of the "Result" as it is "Represented" in physical form. That is to say, you don't "See" the result until you look at the card, but, the result has already been elicited and created before you see it.

This is a very important example because, you need to understand, that Resonance not only "Elicits" certain kinds of responses from your World, but in doing so, it rearranges your World and actually "Changes it" to match your Vibrations. It doesn't just bring things to your attention, like Red cars, and it doesn't just bring you to the attention of others who can help you and offer you opportunities, but, it CHANGES the World to Become a Match to you.

If the top card is not already the best card for you, it will become the best card for you as you grab it. If the energy that is expressing itself as finger tips can represent themselves and see like eyes, and if the energy that is expressing itself as "Water" can be changed to now express itself as "Wine," and the energy that was expressing itself as "Rocks," can change to now express itself as "Bread," then the top card that is presently expressing itself in one way, can now express itself in another to become the right card for you. Remember, you are dealing with forces that have created Universes, and they can easily alter a card to be the appropriate one.

If you are truly vibrating on a high frequency and eliciting a high string vibration from the Guitar, and you are eliciting great things from your World, and you can see opportunities wherever you look, how could you elicit a low string vibration card from a stack that has a high vibration card in it? You can't. If you do, then it was the right card for you.



Remember, I did say that it would always be the "Right Card" for you. Maybe you were feeling great a moment ago, but then another player just built a Hotel on his Board-Walk, and you are now heading down that stretch when you land on Chance. If your confidence has been shaken and you are feeling slightly venerable, you may draw a bad card, a bad "Chance." But know this, whatever you draw in Monopoly or in Life, it is NEVER a Result of Chance, but instead always a result of your Active Vibrations, eliciting and remaking your World to accommodate you, whether that is going to be in a good way or bad way.



Illustration



#11-06B
24:41
Explain
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24:41



REAL

THOUGHT

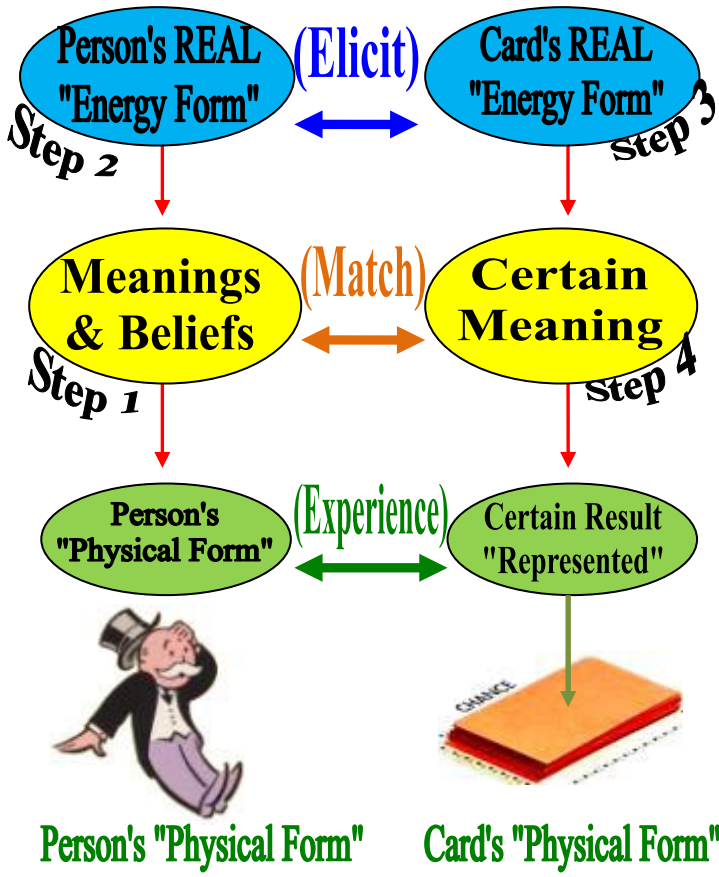
ILLUSION

It "Becomes" The Right Card For You

"Energy Level"

Where All Things Actually Happen. Your Vibration "Elicits" and Creates The Appropriate Response from the Situation at the Highest Level - Non-Physical Energy Level.

A Certain Resonant Result is First Elicited & Created at the Energy Level, & Then Expressed in the Physical Form





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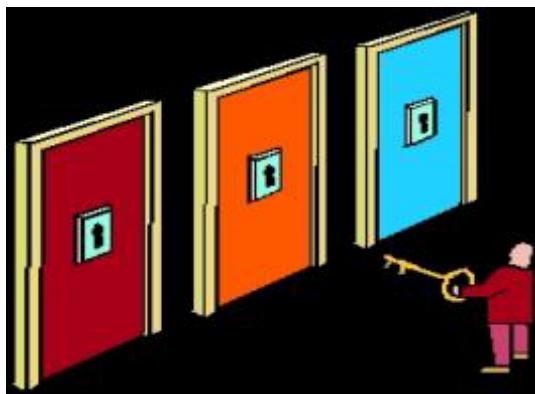
Watch
And
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#11-07
8:24

The Universal Tool Bag The best way to get the results that you want from the Universe through the Power of Resonance, is to focus on what you want in its final form. Planning, while beneficial to a point, can sometimes limit your eliciting power. The Universe has special abilities (Tools) for creating your Experience that you do not have access to. These are special Properties of Resonance, that you can benefit from, but you cannot plan with them.

Let's say that you want to have a store selling widgets, because every business course in history is always referring to widgets. So thinking that planning to the last detail, is the only way to go, you plan everything. You will get a store front, get a loan from a bank, and get widgets from the widget distributor. You utilize your power of Resonance and elicit possible locations from the Universe by looking in the Yellow Pages. How else would you have done it? You then concentrate on getting money from a Bank, and eventually, you elicit a loan from a Bank. You then think about getting widgets from the widget distributor, because that is your plan, and eventually you elicit a distributor who will sell them to you. You reflect on your accomplishments and are quite pleased with yourself. You should be, because you did it the only way that you could have imagined doing it. **Yes it is well done.... But....**



Like the Game Show Host would say,

**“You have done well,
But, let's see what you
could have gotten behind door #2,
Less planning and more
Imagining.”**

If you had spent more time focused on your final goal as it would be in its final state, you may have elicited very different results. By focusing on a strict plan, you did not allow the Universe to use its special bag of tools that are not available to you. If you had thought, I want to have a store of my own, in which I can sell widgets, and it doesn't matter how it happens, you might have elicited some more interesting results including "Accidents and Coincidences."

You might have gotten into a small fender bender when a car slammed you from behind. After speaking with the driver of the other car, you find out that she is a Real Estate Broker and she ends up giving you a really great deal on an ideal property, better than the one you would have otherwise had. Then you are at the store one day picking up some milk, when you get an urge to buy a Lottery ticket, so you do. That night, you can't believe it, you are the winner. You have won most of the money that you will need to open your store. A couple of days later, you get a call from an old Fraternity brother of yours and have a great time talking about the good old days when he asks you, "Want are you up to these days?" You tell him about the store you are going to open and your winnings and that you will be selling widgets. He exclaims, "I have a brother-in-law, whose dad owns a widget factory. I can get those to you at half what you would normally have to pay!" WOW! What an amazing series of "Accidents and Coincidences" that have led to this wonderful result.

Of course we know that there is no such thing as real Coincidences or Accidents. They are all just elicited from the field of all possibilities just as everything else is. It is no different eliciting as great Bank deal as it is to elicit a lottery win. It is not different bumping into a Real Estate Broker in traffic than it is to elicit one from the paper or by word of mouth. These are all just events and situations that "form" due to the resonant frequency that elicits and forms them. The only difference is you can't plan Accidents or Coincidences, and the Universe can.

When you were focused on getting the Money from a Bank, rather than just focusing on getting the Money in general, you limited the Universe's range of possibilities. As a result, you could only and would only notice options from Banks, as that was the only thing that you were eliciting from your thoughts. However, if you were focusing more on the final result of the exact amount of money that you wanted, it could have elicited an untold number of different options that may have been much better than what you could think of.

What we call Coincidences and Accidents are actually a couple of powerful tools in the Universe's bag of tools and techniques. It is important to realize that you cannot plan an Accident, nor can you arrange a Coincidence, but they do happen every day. You can't say that, "While I'm waiting in line at the grocery store tomorrow, I will happen to meet a person who can help me find a job." You can't say that, "On Monday, I will be will be working in the kitchen when I will accidentally cut myself, and when I am looking for a bandage in the house, I will find something that has been lost for years, that I needed to find." You can't plan those

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kinds of events. But, it is those kinds of events that usually bring more powerful results than the straight forward kinds.

How do you take advantage of these wonderful Universal Tools? Simple, just know that everything is working out for you and that anything can happen. Some people prefer to word it as "God works in mysterious ways." As far as our widget store example, have a normal plan, but, also be on the lookout for other possibilities. If you have a car wreck or knock someone over at the store, why did that happen? What could this be?



By keeping your thoughts on your final and ultimate goal, you keep Resonance acting on it instead of the intermediary steps.

For instance, you might want a pay increase, because you want to retire early. But you are so focused on the pay raise as the only option to the point that other possibilities that could have happened didn't. The lottery ticket that you bought is a loser, because you are focused on the pay increase and not the early retirement. In short, know that while you have the power to attract Accidents and Coincidences into your experience for the good or the bad, you cannot plan them. Whether or not they turn out good or bad will depend on either the positive or negative group of possibilities that you are resonating with, and/or the Meaning that you give to the accident or the coincidence when it occurs.

Most importantly, keep your mind and thoughts focused on the main outcome that you want and not as much on the steps to get there. Let those reveal themselves as you go. The only exception to this rule is that it is always about the experience, so if you want some of the particular steps, then by all means focus on those and elicit them into your experience. In short, focus on the most important points that you want first, and then focus on the rest in order of their importance.



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The Reality of "Good Luck Charms," They're REAL!

Of course they are REAL. How could they not be? We know that there isn't a physical reason that they are REAL, but, instead that they are a function of Belief. If you believe that you get "Good Luck," or "Bad Luck," because of a certain cause, or situation, then you will.



#11-08
5:57

This kind of belief in "Luck" is big with athletes, who will wear a certain clothing item or kiss or touch a "Lucky" rock or statue to gain an advantage in their sport, and it actually works, or at least it could work.

This is a very simple situation to understand. First, you are wearing the item or you have kissed the statue, or you have the "Lucky" item in your pocket. Now, you "Feel" like you are going to be "Lucky." From that place you begin to elicit and notice good things happening in your experience. Were they the result of the "Lucky" thing that you did or have? Not exactly...

However, it is because of your Belief in the "Lucky" item that you were on the lookout for fortuitous events and circumstances to occur in your experience. When you are expecting good things to happen, they will. You have the Meaning that "Good things will be happening for me NOW," and so they do. Your Vibrational invitation and request goes forth unto the Universe and elicits these good events into your experience. It seems to be working, and in a way it actually is.

Why not have "Lucky" items in your possession? After all, their main advantage is to "Re-Mind" you (Bring back to Mind), and keep your thinking on fortuitous events. If you expect them you will receive them, that is a very simple formula to understand.

"Lucky" items and rituals have certain advantages over other methods that you could use to keep your thoughts on track. There is a certain "Magic" and excitement involved with lucky items, that simple, and yet effective, notes or pictures don't have. Other type "Re-Minders" (Bring back to Mind), are a little less exciting and more mundane by comparison.

As great as these "Lucky" items and Rituals can be, they can have a down side. If you feel that you must perform some "Lucky Ritual," or have the certain "Lucky Item" with you and you don't, then your supposed "Luck" will suffer and take a turn for the worse. This is because these type "Reality" modifiers are conditional. That is in order to have the benefits they offer, you must do them or have them with you. If you don't have them and you feel "Unlucky," then you will be eliciting "Unlucky" events and situations. That can be a problem at times.

Some people have an obsessive and compulsive need to open a door a certain number of times, or count certain items and do certain things, in order for them to "Feel" that things are "in order" or going to be all right. It is vital that you let these people do what they need to do, because if you take steps to prevent them from doing what they believe they NEED to do, you can and will cause them harm. If they feel that something that needs to be done didn't get done, they could be expecting dire consequences and as we know, that will elicit them from their World. The only thing that you can do for these people is "Wean" them off of these behaviors if you can. They MUST feel that the deed doesn't have to be accomplished any more, before they can actually stop doing them. If they stop before they believe it is no longer necessary, they could be harming their experience.

For the "Lucky" oriented people, realize that your luck is from your expectant state of mind. Know that your expectation of Luck is the invitation for it. The best "Trick" you can do, is give yourself permission to exchange the "Lucky" item in physical form, for its Meaning Form. This way, just by thinking about the Lucky Item, you can access all of its Lucky Powers. This is your GOD Power at work. As you give the Meaning that you have accessed the Lucky Power of the Item or Ritual in thought, you have created the same Meaning as if you had them in physical form. In fact, in thought form, you can "Juice-Up" the Meaning even more, by thinking of the item "Glowing with Power in your Pocket," or by imagining that your "lucky" socks are "Magically Present" on your feet at all times in their "Energy Form" which happens to be true, if you say so. Since it is only in the "Energy Form" where anything truly happens, then you will have the most important part with you at all times. You have the "GOD Power" "Meaning" part always in effect! This way you will always be "Getting Lucky!"



#11-09
29:09



Illustration



How to Analyze Situations "Vibrationally"



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Every situation and event has "Vibrational Elements" that have created it. If you can learn how to analyze situations Vibrationally, you can be even more effective in creating your own. We start out with the understanding that nothing happens or can happen by accident. It is impossible. However, you could think that it was an accident, or a coincidence or whatever, but, in Reality, it will always have a Vibrational cause.

I really want you to get a good understanding of how in any given situation, many completely different results can be elicited from the elements of the given situation. Here are two different examples that will further illustrate this concept.

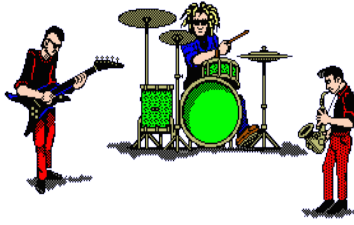


Slide Show
Presentation
Chapter #11
Part 4 of 5
1:19:00



Flash Movie
Presentation
Chapter #11
Part 4 of 5
1:22:55

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Every Element responds in its own way when being elicited by a frequency's request for Resonance. In order to have a certain song from a band, you would have to have a frequency that resonated with each of the members of the band and for it to elicit a certain and yet different response from each member of the band. If you were to elicit a certain drum beat, from the drummer and a certain guitar tune from the guitar player and certain lyrics from the singer, you would have elicited a certain overall frequency known as a certain song.

You could easily elicit a hundred different songs (Frequencies) from that same group of base elements (Band Members). However, the resonance of the song frequency must be exact and elicit the same results from that same group of elements every time. In example, let's say the frequency that elicits that special song is called "Play Sweet Home Alabama." The frequency from that phrase will always elicit a certain drum beat from the drummer and a certain guitar frequency from the guitar player and certain words from the singer at certain intervals.

However, if you were to send out a different frequency that resonates with that band like, "Play the song Free Bird," that would cause a different drum beat to be elicited from the drummer and would elicit a different response from the singer and the guitar player. So, from the same group of base elements of a given situation, you can elicit many different responses all depending on the frequency that is eliciting a response from the situation. Different frequencies and Meanings, elicit different results.

That certain frequency would always elicit a certain drumbeat from the drummer. It wouldn't accidentally elicit a guitar tune from the drummer, or a drumbeat from the singer. Not that it couldn't, but it will elicit from each element of the situation exactly what is needed from that element in order to accomplish and have an overall resonant quality with the frequency that was eliciting the response in the first place. The frequency will elicit what it needs from each and every element of the situation in order to achieve resonance, likeness.

That is a powerful understanding because most people think that a given situation is fixed and that nothing can be done to change it. Every situation is fluid and always ready to respond to any change in meaning that is eliciting and requesting a different response from the situation.



There are an infinite combination of possible results of any given situation or event that can be elicited. You can easily see this when you realize that all colors come from only three main colors in some combination. The main elements of any color in the universe are **RED, BLUE and YELLOW.** It doesn't matter what color you want, it will be created from these three base colors. It might be Blue and Yellow make green, or Red and Blue make Purple, or some other combination that is not in equal parts. You might have just a drop of red and a huge amount of blue, and a splash of yellow, to create the color you want or vice versa. The main thing that

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you need to know is that any color from millions and millions of possibilities can be created from just these three main elements.

If you go to the paint store, and ask for a certain color, you will elicit that color from all the possible colors that are available. It will be created by eliciting a certain response from Red, and eliciting a certain response from Blue, and eliciting a certain response from Yellow and finally by eliciting a certain response from the paint salesman. You could just as easily elicit any one color from the millions that are possible. No one color is any more difficult to elicit than any other. The only thing that matters is the meaning of the eliciting frequency.

The same is true of any situation and event in your Reality. There are literally millions of possible combinations of different responses elicited from the different people, things and even machines in the situation. How the situation unfolds for you all depends on your Meaning of the situation. Your Meaning will cause certain responses to be elicited from certain aspects of the situation and give you certain results. Like the Band example above, certain kinds of elements will contribute or not contribute in their own special way, and like the paint example, there are latterly millions of combinations of possible results from any given situation.

Here is a true story. A girl that I know was on her way to school when a garden rake “Accidentally” fell in the garage and scratched her new car. At first she was quite upset at what had just happened. However, she was one of those who say, “There must be a good reason for everything.” She stood around examining the scratch and finally decided that it was meant to be and that all is well. She was now a few minutes late to school, so she left, knowing that she was going to arrive late. On her way there was a huge accident where two cars crashed together and there may have been fatalities. The accident happened right in front of her where she could see it perfectly. She later reflected that if she hadn’t been delayed by the rake “accidentally” falling down and scratching her car, she would have been at the same place of the accident. It very well could have been her smashed up in her car. Her vibration of safety and good health, elicited the rake falling and causing enough of a problem that it delayed her departure.

The possible things that you could elicit are countless. A policeman may be racing to catch up with you to give you a speeding ticket when he suddenly gets a flat and pulls over himself. No ticket.

Check Video

Play Video



Now that you realize that situations aren’t set in stone and unchangeable, let’s look at some real situations and figure out just how the beneficial results were elicited. Let’s start with the case in the [Video Example - The Case of the “Alligator Skinned” Boy](#), we saw in

[Chapter 1. Your GOD Power, Page 31.](#) He had an incurable disease that somehow was cured. We also know that no one else was ever cured from this disease at least that is what we were told in the video.

Step #1, Whose Creation was it? So, the first place that you will always start is by finding out whose reality was mainly affected. In this case it was the Boy. That means that he was the main creator of this event. A creator creates by using GOD Power and assigning Meaning whether it is done intentionally or not.

Step #2, What was the Meaning that was the basis of the creation? Since, Creation is done with Meaning, he must have had a Meaning that he could be cured, otherwise, it would have never happened. For him to have a Meaning that he could be cured, he must not have been told that it was incurable. This probably was because he was a boy and they didn't want to frighten him.

Step #3, How did this Meaning elicit the necessary responses from the elements of the situation for this result? First, it just so happened that this new Doctor, Albert Mason, who remarked that he was rather "Young and Cocky" at the time, was on the scene thinking that he could do anything. From what we can deduce, he irritated Mr. Moor, the Surgeon on the case and so the main Surgeon wanted to "Teach Him a Lesson." So when Albert said that he could cure these warts with hypnosis, the Surgeon Mr. Moor, said "Why don't you?"

What's important to realize here is, the Surgeon knew that they were not Warts, and he knew that they could not be cured, but because of the nature of their relationship, he wanted Albert Mason to find out by himself the hard way, that it couldn't be done. So, as a result he didn't tell Albert that these were not warts and that it was an incurable genital disease. He wanted to teach this cocky upstart a lesson.

Next, since Albert still mistakenly thought these were warts, and he KNEW that he could cure warts, he continued and preformed the hypnosis with every belief and confidence in its successful outcome. He might have also been extra diligent in his effort in order to show off in front of the surgeon.

It was only after his success that he became aware that the disease was not warts and that it had a very good and justifiable reason that it could not be cured. He was still able to finish with the boy because, even though he now knew that it was not curable, in the boys case it clearly still was.

All the other cases that came to him after that were incurable. Probably because #1, the patients knew that it was incurable, Meaning = No cure possible, and #2, the Doctor now knew that it was incurable, Meaning = No cure possible.

If anything different had been elicited from the elements of this case, the boy would have died. If the Boy himself had been told in a clear and definitive way that he was incurable so that he believed it, he would have died. If the Doctor, Albert hadn't been so darn cocky, the Surgeon might have told Albert that they were not warts, and the boy would have died. If Albert himself hadn't mistaken them to be warts, he would have died. Every single part of the cure was elicited from each "Element" in the situation perfectly, as it always is.

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Like the band, each person in this situation had a certain response elicited from them that contributed to the overall resonant response and result. Like the paint example, there is an infinite combination of possible responses that can be elicited from any situation. In this case a personality conflict erupted between the Doctors that benefited the Boy. Who would ever expect a personality conflict to play such an important role in the cure? But, that is what was required and elicited to have this favorable result.



There is another story that I am told is true by a friend of mine in New York, named Ray Piquero. Even if it is not, we don't care. Remember we are creating Realities that are based on belief, and not what did or didn't really happen. This woman, a street woman I think, was walking down the sidewalk in New York when she came upon a Lottery ticket on the ground. She picked it up and checked it out at the store and it was the winner. How about that story? Now let's analyze this situation to see what possible elements and responses were elicited to create this result.

First, the main creator and whose reality was the basis of the event was the woman. She obviously had a Meaning that anything could happen for her. "You never know something good might just happen." For most people, including me, who find a lottery ticket on the street; we naturally assume that it is no good. Who would throw a good ticket on the ground? But for her, in her reality, amazing things are possible, and could happen for her. It is only from this place, this meaning that she would have ever picked up the ticket in the first place. However, picking it up is not nearly as important for our discussion as the fact that she even noticed it in the first place. I'm sure that hundreds, if not thousands of people had walked over it without notice, or without the thought of picking it up. It was resonating with her Meaning of happiness, wealth, and prosperity. Those Meanings caused that ticket to glow in the psychic realm and stand out from the rest of the "Meaningless" information and elements in the situation. Because that was the meaning that it resonated with, it was also the meaning that elicited her action to go and check it out. That gut feeling is a resonant response. It is a feeling of resonance, which could indicate something good or bad. In her case she probably got a gut feeling of excitement and followed through on it.



Now, let's look at the person who lost the ticket. What were their Vibrational Meanings? Why didn't they cash the ticket themselves? First, we know that they actually had the winning ticket, however briefly. How did that happen? They must have had a Meaning of "I have good things that happen for me." That would explain getting the ticket in the first place, but, why did they lose it? I am quite certain that their meanings were something like this, and this unfortunately is very common among reality creators. They probably thought and even said on a regular basis, "I always get so close. It is just my luck, right when I have success in my sights, I lose it. Opportunity always seems to just slip through my fingers." Does that sound familiar? He must have had the winning ticket in his hand as he pulled something out of his pocket and it

quite literally slipped through his fingers onto the sidewalk. He elicited from himself the loss of the winning ticket, in the same way as a sick person elicits from themselves a healing effect by the meaning of I'm cured.

Whenever you go about making statements about yourself and your World, you are creating your Reality whether you realize it or not. Your seemingly harmless remarks, could cause more than just a loss of money, it could cause your death.

What about the Alligator wrestling guy, Steve Irwin¹⁰², who died from a stingray? He was always wrestling huge alligators and other fierce animals that could have easily killed him and yet they did not. But, then a fluke incident with an otherwise harmless sting ray killed him? How do you explain the Vibrational logic in that?

CAIRNS, Australia — Steve Irwin, the hugely popular Australian television personality and conservationist known as the "Crocodile Hunter," was killed Monday by a stingray while filming off the Great Barrier Reef. He was 44. Irwin was at Batt Reef, off the remote coast of northeastern Queensland state, shooting a segment for a series called "Ocean's Deadliest" when he swam too close to one of the animals, which have a poisonous barb on their tails, his friend and colleague John Stainton said. "He came on top of the stingray and the stingray's barb went up and into his chest and put a hole into his heart," said Stainton, who was on board Irwin's boat at the time.¹⁰³

Experts agreed Monday that Irwin's death — he was struck directly in the heart, witnesses said — was extremely unlucky. "It was extraordinarily bad luck," said Shaun Collin, a University of Queensland marine neuroscientist. "It's not easy to get spined by a stingray, and to be killed by one is very rare."¹⁰⁴

¹⁰² Steve Irwin http://en.wikipedia.org/wiki/Steve_Irwin Stephen Robert Irwin (22 February 1962 – 4 September 2006),

known simply as Steve Irwin and nicknamed "The Crocodile Hunter", was an iconic Australian television personality, wildlife expert, and conservationist. He achieved worldwide fame from the television program *The Crocodile Hunter*, an internationally broadcast wildlife documentary series co-hosted with his wife Terri Irwin. Together, they also co-owned and operated Australia Zoo, founded by his parents in Beerwah, Queensland. He died in 2006 after being fatally pierced in the chest by a stingray barb while filming in Australia's Great Barrier Reef. The Sea Shepherd Conservation Society ship MV *Steve Irwin* was named in his honour, christened by his wife Terri, who said "If Steve were alive, he'd be aboard with them!"



¹⁰³ FOXNews_com - 'Crocodile Hunter' Steve Irwin Killed by Stingray on Great Barrier Reef Monday, September 04, 2006 <http://www.foxnews.com/story/0,2933,212037,00.html>

¹⁰⁴ FOXNews_com - Stingrays Poisonous, but Rarely Kill Humans
Tuesday, September 05, 2006 <http://www.foxnews.com/story/0,2933,212048,00.html>

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First of all, as always, it was no accident. **You cannot elicit a response from yourself or the Universe without a Vibrational Resonant invitation.** We deduced that in the case of the person who lost their winning lottery ticket, they may have felt that opportunities were always slipping through their fingers, but, what could Steve's Vibrational stance be? I am quite sure, that I know.

I'm sure that it was probably a running "Joke" among his friends and himself, that he would never get killed by the fierce creatures that he handled, but that it would instead be by something stupid or a fluke accident that would kill him.

The two main resonant qualities of this Vibrational stance were first that there was a lot of talk and feeling about possibly dying, and second, if it did happen, it would be something unexpected and a surprise. That is exactly what happened, it just so happened by "Accident" that the stinger of a stingray in the ocean just happened to flip around and puncture his flesh, not on his leg or arm, but exactly where his heart was. It was a fluke "Accident," and a total surprise, that this man who faced real dangers everyday would be killed by a simple encounter with a stingray. I am quite certain that was the Vibrational cause of his untimely death.



 **Share This**



Thank You! At this point in our Vibrational Analysis, I want to say Thank You. You have wanted to have this information for a long time. I Know, because I have been wanting to write it for a long time. This Book, like any other Manifestation in the Universe, was Elicited into existence by YOU. The collective You, that is. As you were thinking about it, that vibration was eliciting the "Elements" into place so that the information would become available to you.

I have to tell you that so many things happened on my end that finally FORCED me to get this book done. I had been putting it off because I knew that it was going to be a major undertaking and I kept thinking that I'd get to it later, but as the years rolled by, you kept wanting this information, and things (Seemingly Bad at the time) kept happening to me, that ended up giving me plenty of Time to write this book. Of course at the time, I thought "Why is this happening?" But, as always, I knew the answer was "It's working out for me in some way." And sure enough, I got this book done. Now that I look back at all those weird and unexplained series of events that transpired, I realize that they couldn't have happened in a more perfect way for me to have the time and drive to get this book done. I am so glad now, to have this work done and in your hands for your enjoyment and growth.

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So, I just want to Thank You now, for helping to cause all those weird events to happen to me which created the perfect environment for me to write this book for you. It was you who elicited it into existence and in the Infinite wisdom of the Universe and through its amazing Resonant system, that this book was manifested through me and I'm glad that it was.

We just saw how your wanting this book (Evidenced by your reading it now), caused a series of events to transpire with me which ended up creating this book.

Here is another Vibrational thought (Meaning). Let's see if we can figure out what kind of an event it might elicit or cause? This is the Meaning or thought:

"Wild things seem to happen to me, but I always seem to come out of them somehow, safe and sound."

If this were an event or a situation what would it look like? How would it manifest? Something really scary and deadly happens, but he still ends up safe, despite the dangerous event.



Explain
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7:32

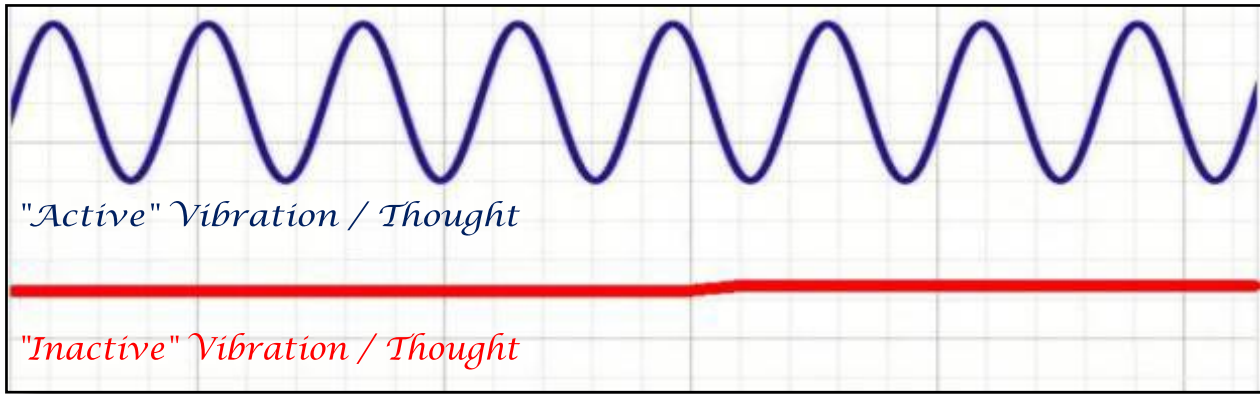


This was one "Lucky" guy!

Look at the first picture above and you can see where this guy broke through the guard rail (Right side where the people are standing on the road). His truck left the road, traveling from the right to the left. He flipped end-over-end, across the culvert outlet and landed on the left side of it where you see the truck now.

Now look at the second picture on the Right.

Some people call these events "Miracles." But Miracles are just results that are elicited from their own Reality. People, who receive Miracles, either believe in them, or are open to them.



#11-10
8:05

“Active” and “Inactive” Vibrations

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Everything that you have ever experienced physically, or experienced in your thoughts, is still with you. Those memories are still there deep in your Mind, even though you may never be able to remember them. We know that they are there because after you finish your physical experience in this life, you will experience a “Life Review,” where you will re-live your entire experience in minutes for educational purposes. Most of the people who have experienced an NDE, Near Death Experience, and those who are hypnotized and regressed to the time “in-between lives,” all report the Life Review experience. So the Memories are all there.

So why can't we remember them all? I feel it is a matter of relevance and importance. Just in the same way as it isn't important for you to remember your past lives in this one, your past memories aren't important either. However, even the hardest memories to remember, come back in full view if they are triggered by a song, or a smell or some other thing that brings them back. Only then are they once again “Relevant.”

While it would be nice to remember everything, selectivity and relevance is quite important. Since, you are continuously eliciting into your experience based on your thoughts, it is important to keep only the currently relevant thoughts in the forefront, and allow the past, and no longer relevant thoughts to fade into the background. That is the nature of your “Active,” and Inactive” thoughts. It is the difference between what you are currently attracting and bringing to your attention, and what you are no longer noticing.



I used to love stopping along the roadside to help people with whose cars had broken down. I have built countless motors and I know my way around an engine very well. I was actually able to help them get started again most of the time, and when I wasn't I could at least explain what had happened so that they could get it fixed. I was always on the lookout for the next opportunity to be the “Hero.” I could spot them miles ahead and even across traffic on the highway, going in the other direction.

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But, there came a time when I no longer had the time to help them, and I didn't want to get dirt on my clothes either. I was in sales then, and I needed to stay presentable for my next sales call. I remember the first time I actually drove right by some people standing on the side of the road hoping for someone to stop and help them. That was a really hard thing to do. But, over time, with much practice in ignoring the broken down cars on the side of the roads, a funny thing happened. I stopped seeing them altogether. They weren't anywhere to be seen. Not on my side of the road or in the oncoming lanes either. Either, people no longer break down on the sides of the road, or I am no longer resonating with them to the point where they catch my attention. It must be the ladder, because I'm sure they are broken down all over the place, but just not in my World.

When you practice disrupting and or ignoring a thought pattern, it begins to lose its Vibrational power. That makes perfect sense. The kinds of things that caught your attention as a kid and were relevant to you then, are no longer relevant, and should no longer be attracted or noticed. That is the relevance factor of Vibrations. The vibrations to find broken down cars are still there, but no longer "Active" and currently resonating in my experience. If I were to suddenly buy a repair shop, or start a wrecker service, that Vibration would be revived and be as strong as ever. I would once again see them for miles and they would see me too. But until then, it is an "Inactive" part of my past. To get a good understanding of "Active" and "Inactive" Vibrations, consider the following analogy.

Suppose you have a CD collection of musical notes that you have collected your entire life. You have every single note that you ever Vibrated on CDs stored in boxes and boxes, in the Warehouse of your mind. But, you still have a certain group of CDs that you have in your CD changer that are the ones that you listen to now. That is easy to imagine, because it is true of your music collection. While you may have hundreds of CDs or even thousands of CDs, there are only a few that you are currently listening to right now. That select group is your currently active song choices that are relevant to you at this time in your life. However, in your vast collection, you probably have CDs and songs that you have completely forgotten about, but if someone brought up the name you would then remember. That is the same with you Vibrations. While you have had millions and most likely Billions of vibrations in your life time, you only have a select group that are your currently active Vibrations, that are at this moment Vibrating and attracting into your experience on a daily basis.

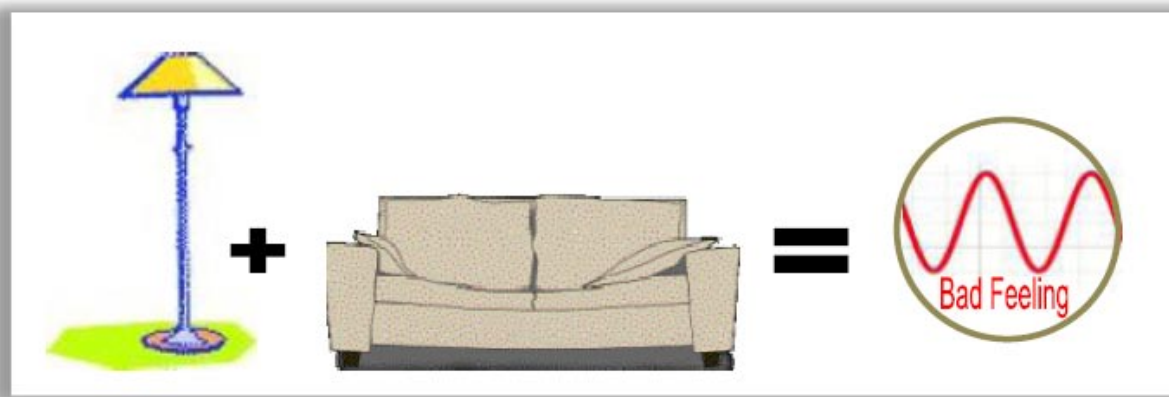


If you have guitars in your living room and you begin to play your CDs that are currently in the CD changer, then they will be sending out certain vibrations into the air. The guitars pick up these vibrations and resonate on just the strings that are similar and resonate with the notes being played. That is just what we have been talking about this whole time.

These would be the high notes for example. Of course, the ones that are being played are the currently active ones. These guitars and tuning forks wouldn't be responding to the Vibrations of the CDs that are stored in the boxes and are not being played. How could they?

If I was to go to my inactive CD collection and pull out an older CD and begin to play it, like my example of looking for broken down cars, it would send out its vibrations once again and I would begin to see broken down cars everywhere, even in my front yard. That is how reviving Inactive Vibrations makes them become active again, by thinking about them again. However, since that is not what I want, I won't think about it, not because it was "Bad," but because it is no longer relevant to the experience that I want. It would just clutter up my experience.

When you keep taking about past situations that no longer matter, good or bad, you are filling your current experience with dead wood, elicitation that are no longer useful. Why not spend your time focusing on just what you want in your experience Now and let the rest go? Keep only what you want and enjoy in your "Active Vibration" collection and forget the rest.



Vibrational Associations

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While it is true that what you think about on purpose are your "Active Vibrations," you may be getting triggered into thinking about things that you don't want. These Thought Activators are associations that you have. Remembering that everything in your Experience has Meaning, good or Bad, you may have some things in your experience that cause you to think of unpleasant thoughts automatically by association.

We deliberately create associations in our experience for things we like and want, which is the purpose of "Mementos and keepsakes." They keep Re-Minding you (Bringing back into Mind) of things that you want to RE-Member (Make a Member again of your currently Active Vibrational Group). This is a very useful tool.



#11-11
9:43

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This would be like the "Vision Board" that was mentioned in the hit movie "The Secret,¹⁰⁵" or it could be a picture from a vacation you took, or a trophy from High School. These pictures and other things that remind you of great times, not only will you Re-Member the actual event and people themselves, but your will also Re-Member the feelings of happiness and joy which will do their magic in your current experience every time they are "Re-Membered."

However, this works for the good and the bad. So by the same token and the same reasons, if something Re-Minds you of bad times or hard times, or it makes you Re-Member something that is still unpleasant, then, by all means, get it out of your sight and out of your experience. By getting it out of sight, it will soon be out of Mind, and no longer eliciting in your current experience.

Sometimes people surround themselves with things that remind them of failures and times that were unpleasant or bring up feelings of guilt or anger, or depression. They do this to maintain their state of mind. As long as those Re-Minders are there they will continue to Re-Member all those feelings and Vibrations in their current experience and keep them from any different experience now, than they had then. When you have the same resonant vibrations now, that you had then, you will elicit from your World the same things now that you elicited then. It is just simple logic.

Sometimes those mementos can be deceiving. It might have been a picture or trinket from better times, but remember Your Vibrations are always from the Meaning. If the Meaning is that those days are gone and will never happen again, then the Meaning is negative and even though the picture is of "good times," it Re-Minds you of Bad feelings. So either change the Meaning, or change the pictures.

Subconscious meanings could be active in your experience and you would never consciously know it. Sometimes you will have created associations in your experience to good and bad things without realizing it. Just like if I started to hum a tune you might recall the words, or if I say the words, you might recall the tune. They are associated and connected to one another. A song may bring back memories from school or your first love. They have become associated and connected one with the other. In this same way, sometimes Feelings have been connected to something that you don't realize. It is easy to realize that a picture of the person you hate makes you feel bad feelings, but what about your living room couch?

¹⁰⁵ **The Secret** <http://www.theseecret.tv/> **The Secret reveals the most powerful law in the universe.**

The knowledge of this law has run like a golden thread through the lives and the teachings of all the prophets, seers, sages and saviors in the world's history, and through the lives of all truly great men and women. All that they have ever accomplished or attained has been done in full accordance with this most powerful law. Without exception, every human being has the ability to transform any weakness or suffering into strength, power, perfect peace, health, and abundance. Rhonda Byrne's discovery of The Secret began with a glimpse of the truth through a 100 year old book. She went back through centuries, tracing and uncovering a common truth that lay at the core of the most powerful philosophies, teachings and religions in the world.

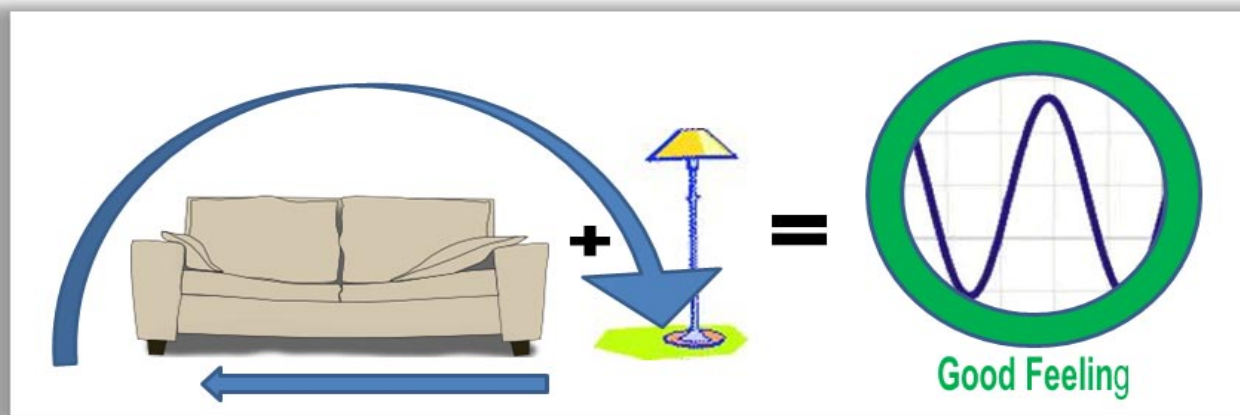
What Rhonda discovered is now captured in The Secret, a film that has been viewed by millions around the world. The Secret has also been released as an audio-book and printed book with more than 16 million copies in print in over 40 languages. The Secret reveals the natural law that is governing all lives. By applying the knowledge of this law, you can change every aspect of your life. This is the secret to prosperity, health, relationships and happiness. This is the secret to life.



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Have you ever been feeling really good and as soon as you entered your house, you just sort of lost that great feeling? Do you think that was an accident? Remember there are no such things as "Accidents," so that couldn't have been the reason. Then what was it? Did you have an argument in the living room with somebody that was particularly memorable? If so, your "Unhappy Feelings" may have become attached to the picture of your living room in your mind. So that at a subconscious level, whenever you are in that room, it suddenly brings you down. It reactivates those same feelings, but because it is subconscious, below your conscious notice, you don't really understand why. Interestingly, however, the argument doesn't even have to have been in that room to make that connection. You could have been on the phone pacing back and forth, when you subconsciously set that feeling to that area. You could have subconscious triggers all over the place, activating your moods and vibrations from good to bad, or from bad to good, without you even realizing it.

What can you do about subconscious triggers? Bring them to the conscious level, where you can deal with them. The way you do this is to take a conscious inventory of everything in your life experience consciously and root out the subconscious rascals that way. I say rascals, because you don't want to raise the emotional level, or volume on this, there is no need. Think of this as a Sherlock Holmes mystery that you are going to solve. Make it fun. Be systematic, in your approach in order to cover everything. I would start on your normal path through your house, starting at the front door. As you open the door, what does this view, the look and things that you see remind you of? Do you have any special memories in there, good or bad? Was this the room where you had the Christmas Tree, or the one where you had the big argument or both?



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A Great Technique For "Rooms" is to Move Things Around

When you move the furniture into a new pattern and new location, it breaks up the old pattern and the memory ties that you had to it. That's why it is always so much fun to redecorate, because everything seems so fresh and new afterwards, because it is. Would a new color of paint change the mood? Any old memories that were triggering have been deleted. Even if they were good, they may still have been burdening you with old vibrations that are no longer

relevant. You can really stir things up by moving stuff from room to room and mixing them together in completely new and different ways.

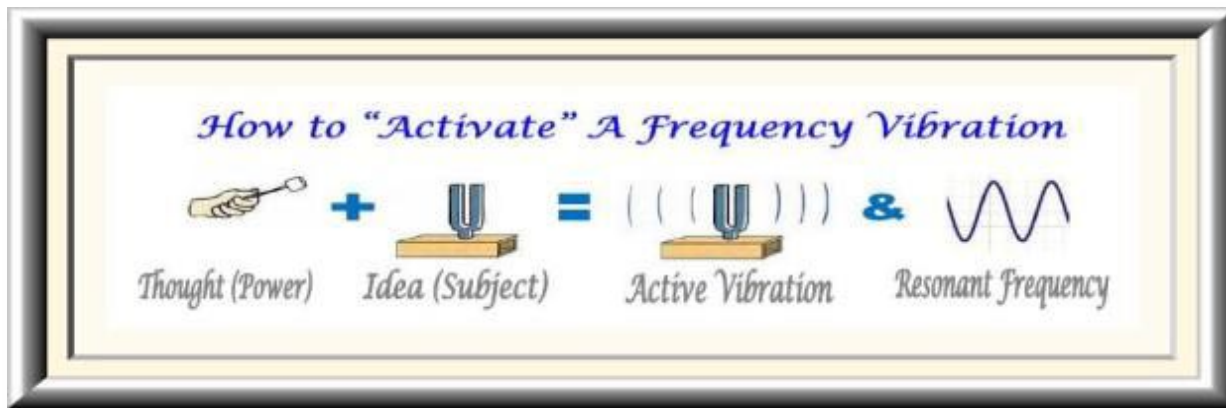
Look at each and every picture, and memento, and thing in sight. What does it remind you of and what does it really mean to you? Whatever it really means is what it is automatically activating in your experience without you realizing it. If it is bad, can you change the meaning? Would it have the same meaning if it were in a different room or place? If not, then discard it or pack it away. This same process could be used at work, in your yard your car your hobbies or whatever else is part of your experience. Maybe you should change cars or even your home or neighborhood?

If you really want to take this exercise over the top, then as you are examining each item, give it a good, no, a great Meaning while you are at it. Why do you have that picture hanging on the wall anyway? If it is someone important to you, then say, "I have this picture on this wall because I really appreciate this person and when I see their picture it Re-Minds me of all the wonderful experiences we had together." How about that thing-a- ma-bob on the table? Why is it there? Is it useful? You could say, "I have this thing here because it is really useful and besides I got a really great deal on it. I enjoy having it in this room." Perfect! If you do that with everything and every aspect of the room, you have done a great job.

Now everything is vibrating with positive Meaning for you. You will actually be able to feel it now, when you enter the room. Even though it will be happening below your conscious awareness, it will still brighten your day. You may even be in a down mood, but when you enter that room, somehow you just feel better and from a place of feeling better, you are eliciting better. Can you imagine if you have given positive and important Meaning to everything in your Experience? You could be walking around in the Vibrational energy of great Meanings all the time, and that is a great feeling.

If something doesn't have a bad meaning or a good meaning, and you don't give it a good meaning, it is Meaningless in your experience. It becomes unneeded clutter in your experience. You don't need the meaningless in your Reality.

One of the most powerful associations you will ever have in your life is one that most people don't even think about or realize. That is your Name. What does it mean when someone calls you by your name? Is it good? Do you have a nickname? Do different people call you different names? Which ones do you love and which ones do you hate? If you make a major change in your life, such as moving or changing jobs or getting divorced, it might be an ideal time to change the name you go by. Your new name would be the new more capable you. It's the You that's got it going on. That's why people have nick names, it's a different identity. When they are called by that name, they "put on a different hat." They are a different person, usually more fun etc. That's all good. I just want you to take inventory of your experience and see for yourself what meanings you have that are shaping your Reality and life.



The Step By Step Explanation of "Vibration Activation"



#11-12
32:24

We are going to see how a vibration can get activated in the first place and how it can get changed from Good to Bad, by observation, association, or thought.



Explain
Illustration
#11-12-i1
11:44

You could start out in the "Positive" (Green) and build up your "Emotional Volume" which would begin more powerfully Eliciting and attracting what you want into your experience. However, if you don't keep track of what you are paying attention to, your "Positive Emotional Volume" could drop so low that you would begin to move into the Negative Range" (Red). But if you become aware that you aren't feeling good about things, you could takes steps to deliberately turn around your emotional direction back into the "Positive" (Green) and get back on track to Eliciting what you want. The picture above shows graphically what this might look like. The longer the bar graph, the more "Emotional Volume and Power you have. To see exactly how this might happen in a normal day, let's look at this step by step.



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First, you observe some activity that is happening. It could be a happy scene, or you are just noticing something that you like, just thinking about it, or it could be something that has a positive association (Meaning) attached to it.



As you continue to give attention to it, it begins to activate a vibration within you that matches it. If this is the first time you have ever thought about this kind of thing, the vibration will be small. However, if you have had this (Positive Type) experience before, it will reactivate that same vibration from your memory and bring it up front and it will be stronger now. The more you activate and reactivate a vibration the stronger it becomes. This is a great thing, because the more you notice the things that you like and enjoy, the more easily you notice them the next time.

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Now that you have this active vibration within your mind and thoughts, it continues to vibrate. Since your thoughts, emotions and body conditions are either in a "Feel Good State," or a "Feel Bad State," then it doesn't matter what gets you to that state, you will remain in that state until something happens to change it.



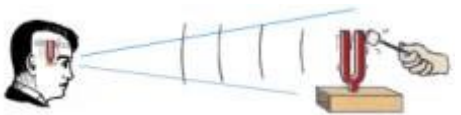
Now that you are in a good mood and in a positive state of "Being," you notice other good things and even more things that you like. From this state of being, not only do you notice wonderful things in your World, but you elicit them into your experience. You get welcomed phone calls, the traffic lights just happen to all be green when you get to them. You get great ideas for your work; you just happen to catch your favorite shows on TV and the list goes on. This is the Ideal State to be in. Remember that vibrations not only Resonate with the exact frequencies that are like them, but they also Resonate with frequencies that are in their "Family" or group, as we mentioned in the section called [Vibrational Relevance, Page 410-411](#). While you are in the Good Vibration state, all things that you think are good are resonating in your experience to some degree. Everything GOOD is working out for you. This could be your job, your Love life, your Health, your Finances, and everything else you have ever wanted.



Explain
Illustration
#11-12-i2
11:18



Then it happens. You notice something that you don't like. It could be that something that "Went Wrong" or someone said something to you, cut you off in traffic, or it could be anything else. This is where you would normally use your GOD Power, to keep in the Good State. You would say something like, "Nothing can ruin my day!" Or you might say, "No matter what happens, things are always working out for me, and I know that eventually, I will realize that this has served me in some beneficial way." If you were to quickly convert the situation to a good one, then you would continue to experience your wonderful life, and you would continue to elicit and bring into your experience everything that you want.



However, for our example, let's say that you get upset instead. You raise a fuss, like that person did in the "Catalog Store" example when they came across the dog poop, or you get your feelings hurt, or just allow it to ruin your day. Since you continued to pay attention to this thought, it has now become "Active" in your mind.



Since you cannot hold a positive thought and a negative thought in your mind at the same time, the negative thought has pushed the positive thought back into inactivity. Now, the Negative thought is the currently "Active" one. Your thoughts have now been altered and as a result, it has altered everything in your experience.

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Now as you look out into your World, things don't look as good. The actual fact is that not only don't they look as good, they aren't as good either. Remember, your state of Being and emotional feeling is more important than just feeling good, it is the bases of what you are eliciting and attracting into your experience. You are actually attracting and causing bad things to happen to you while you are in this state. That cold that was so easily kept at bay now begins to creep up on you since your immune system is turned off. Remember that when your body is in a negative state, your cells go into their protective mode. That means their nourishment and immune protection systems are suspended until the threat passes. Of course they don't know that it's not a "Real" threat, it's just because you're mad about something, how could they? They live on the basis of, "Things are either Good, or they are not."

That job that you were hoping for was just given to someone else. Your car breaks down on the way to the store. The people at the store seem unfriendly and aren't smiling like they normally do. Some of your favorite old memories don't seem as great as they did before. When you think about the future, it seems less optimistic than before. What happened?

It was all going so great. You were supposed to have that job and it was even promised to you! That doesn't seem fair. Sure you got mad and are still mad, but, you say, "I had a good reason!" I'm sure you did. So how is that serving you now? I would recommend that you forgive the guy already and forget it. Look at the damage that is happening because of your lousy state of mind. Now is the time to use your GOD Power and change the Meaning of this situation and get back on track.



Explain
Illustration
#11-12-i3
4:54



Remember, you need to get to the state of feeling good, not because, it's only about feeling good, but, because when you are feeling good, that lets you know that your system and your "Being" is on the GOOD SIDE of things now, eliciting an attracting everything that you want. It's not just a great feeling, it's a signal that, "All is well!" Isn't that a great system, that you can tell that you are in the right state of mind and that your body is working at its best just by feeling good? Pure Genius!!!!

So what you need to do here is change the Meaning of your situation to one that you can feel good about. You could use ["The Four Levels of Enlightenment"](#) that were outlined in this [Chapter 11, The Reality of Your Emotions, Page 399](#). They were: 1) Forgive them, 2) It was your Creation, 3) You got a benefit from it, even if you don't know what it is yet, and 4) If you created it, and got a benefit out from it, then it was meant to be.

How about this: "Since everyone is creating their own experience and what they do is their business, they should be able to do whatever they want in the same way that you can do whatever you want." Also, "Since, no one can create in your experience, you had to have been the one who co-created and invited that experience into your Life, so it couldn't be their entire

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fault." Or you could go the "DIRECT ROUTE" by saying, "Being upset about this is not only ruining my day, but it is adversely affecting my life. I'm over it already, let's have some fun!"

Whatever you have to do, do it. Play your favorite song. Even when you are in a bad mood, some things have such a positive association, that they will still positively affect you. Do something that you like to do. Call a friend, and talk about GOOD things. Don't mention what you are upset about. Why would you want to strengthen that vibration any more than it already is? Eventually, you will be back on the Feeling Good Side.



Explain
Illustration
#11-12-i4
4:03



You have now "Switched from a Negative state of Being to a positive one. Now that you are feeling better, which means that your Body is fully functioning again, and you are eliciting good things into your experience, lets "Juice it up!"



Think about something that you really like something that gets you excited. Go to your favorite place or even just your favorite chair. Or go out to your favorite hangout.

Build up your emotional excitement and joy. **TURN UP YOUR EMOTIONAL VOLUME!**



You will find that as you get more excited and enjoy yourself more and more, you will have a better outlook on life. Next thing you know your Boss calls you up and gives you the job after all. The scratch off lottery ticket that you just bought is a WINNER, and so are you. Cancer cells that had begun to multiply are now destroyed by your powerful fully active immune system. By the way, you are always having those kinds of threats, but, since you are always feeling good, your body is always (All - Ways) working perfectly and keeping you healthy. It is only when people get depressed or angry or have a bad outlook on life, that the different diseases get the upper hand. Why not? The immune system is turned off and shut down. That would be like surfing the net and downloading all kinds of contents and files with your Virus Protection Program turned off.

As you think about the past, it is pleasant. Everything good or bad has lead to this very point, and you wouldn't change a thing. As you think about the Future, it looks bright and full of wonderful opportunities and experiences also.

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Like ["The Dog who knew that his owner was coming home"](#) Video Example, Page 121, there are things that are lining up for you in your not too distant future that are going to be wonderful, because you are feeling good today. You are lining up and eliciting everything that you want and even things that you haven't even thought of yet, are forming in your future. Keep it up. Don't slip into a negative state of mind.



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The Step By Step Explanation of "An Act of Kindness"

In this next Video Example, Wayne Dyer talks about a study that was done that measured the physical Body Results from an "Act of Kindness."

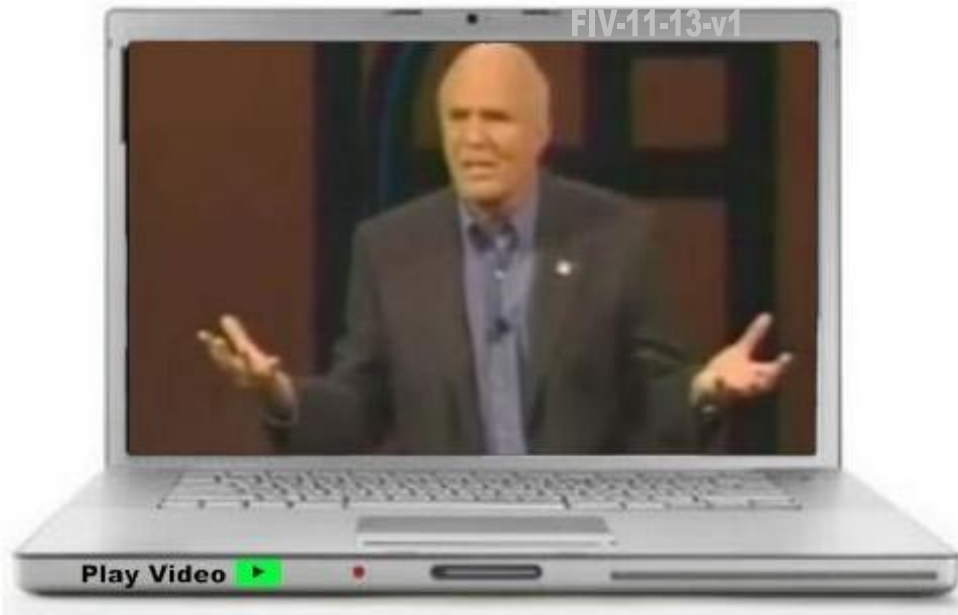


#11-13
20:03



Slide Show
Presentation
Chapter #11
Part 5 of 5
51:00+

Video Example - An Act of Kindness



[Wayne Dyer - Power of Intention \(Part 9/14\) \(9:56\) \(View All\)](#)

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Check Video



Flash Movie
Presentation
Chapter #11
Part 5 of 5
56:32+

What is this video about?

In this Video Example, Wayne Dyer¹⁰⁶ tells us why we should be kind to one another. He has the results from an amazing study that shows that the Serotonin Levels of people are raised as a direct result of an "Act of Kindness."

The Serotonin is the feel good chemicals in the Brain. The study revealed that People who were the recipients of the "Act of Kindness," had a significant rise in their Serotonin Levels. That is pretty much expected. The People who extended and provided the "Act of Kindness," however, also had a rise in their Serotonin Levels equal to the Recipients. Finally, and most interestingly, the People who were not the Recipients nor the Providers of the "Act of Kindness," but were instead just "Witnesses" of the event also had a significant rise in their Serotonin Levels as well!

What does this example show and what does it mean?

This Video Example is important to our studies because it proves that what you witness you incorporate into your Being and your Vibration. While these results were amazing for the researchers, we know from our study that they make perfect sense.



First, let's take a look at this situation from the view point of the "Receiver" of this "Act of Kindness." They of course, could not have received this Kind act, unless they were First vibrating with similar thoughts. This is like our "Challenge" example in [Chapter 2, The Meaning of Life \(Your Life\), Page 50](#), where you were going to try to give a million dollars to someone who would be the least likely to receive it. Later it was clear, that only the ones who had it coming to them, would have received it, because the rest would have been "Invisible," and you would never have been able to give it to them. So, from this we know that the Receiver elicited this "Kind Act" from their World.

Second, the Giver or provider of this "Kind Act" also was vibrating with these same good feeling Kind thoughts, otherwise they would not have been able to notice and resonate with the Vibrations from the first person, the recipient. The vibrations would have passed on by unnoticed and un-responded to. However since each of them were in Resonance with each other on the same good feeling frequency, it is natural that they would each

¹⁰⁶ WAYNE W. DYER, PH.D., <http://www.drwaynedyer.com/> is an internationally renowned author and speaker in the field of self-development. He's the author of over 30 books, has created many audio programs and videos, and has appeared on thousands of television and radio shows. His books *Manifest Your Destiny*, *Wisdom of the Ages*, *There's a Spiritual Solution to Every Problem*, and the *New York Times* bestsellers *10 Secrets for Success and Inner Peace*, *The Power of Intention*, *Inspiration*, *Change Your Thoughts—Change Your Life*, and now *Excuses Begone* have all been featured as National Public Television specials. Dyer holds a Doctorate in Educational Counseling from Wayne State University and was an associate professor at St. John's University in New York. Dr. Wayne Dyer is affectionately called the "father of motivation" by his fans. Despite his childhood spent in orphanages and foster homes, Dr. Dyer has overcome many obstacles to make his dreams come true. Today he spends much of his time showing others how to do the same. When he's not traveling the globe delivering his uplifting message, Wayne is writing from his home in Maui.

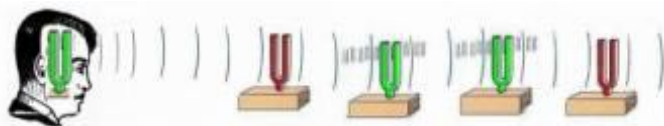


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also be eliciting from their World, very beneficial results. Remember that when you vibrate with things that make you feel good, as the giver or the receiver, you also resonate with beneficial chemicals in your own body that bolster your immune system and make your feel good. The technical way that the Body "Feels Good" is by releasing Serotonin.

This brings us to our third person and the most interesting in the group. Remember in the section just before this one, that by observing an event, Good or Bad, you activate that vibration within yourself. As you activate that specific Vibration, it is now vibrating and eliciting the same things to you. From your own Body, not only do you also elicit the feel good chemical Serotonin, but you also elicit a stronger immune system, and you elicit "Kind Acts" unto yourself. It can not only elicit a "Kind Act" from a stranger to you, but it can also elicit a "Kind Act" from you to a stranger. This wonderful Video Example from Wayne Dyer with these great research studies, not only shows how your Vibrational Activation system works, but it also proves it!

 Explain
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15:11



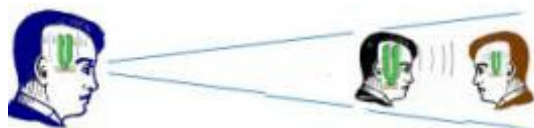
First we have the "Recipient" who had to be feeling good and eliciting good things from his World and himself.

Then we have the person who provided the "Kind Act" who also was vibrating on that same type frequency, otherwise he would never have even seen the first person, much less done a Kind deed for him.



These two then become aware of each other because they were Resonating with each other at a level beyond their awareness. The Recipient, just thinks that this "Kind Act" just came out of the blue

and at the same time, the Provider thinks that it was his idea and that he did it for no particular reason. Unbeknownst to him, his "Kind Act" was elicited from him, (through him) by the power of Resonance. Of course, it was not elicited from him specifically; it's just that it came "through" him because he was vibrating on the same type frequency and so they were "On the same page" as it were.



Of course a Person seeing this "Kind Act," will automatically create the same vibration within himself. Seeing this Kind Act, is no different than

seeing something that you like, or remembering a great vacation or any other good thing that you "Witness" in your experience or in your thoughts. It is because of this fact that it is important that you only pay attention to the things that you like and want, because anything that you pay attention to, will be elicited in your direction. After all, doesn't it make sense to only think about and observe those things that you like? Why would you look at something and pay Attention to something that you didn't like?

How to Get Rid of Your Unwanted Vibrations Share This


#11-14
10:15



Even though unpracticed and ignored vibrations fade into the background, sometimes there are Vibrations that you have currently, that you are conscious of, and you want to get rid of them quickly. You don't want to have to wait for them to fade, because you perceive that they are doing damage to your experience in the mean time while they are still active. Then you must get rid of them quickly and effectively.

One of the problems of unwanted Vibrations that most people don't realize is the "Collateral Damage" that they can cause. If you notice that someone is a liar, then not only do you elicit more lying from them, but you elicit lying from others, and even yourself. If you don't like Red Cars and you seem to notice them everywhere because of it, not only do you notice them, but because that Vibration also resonates with the rest of the "Family" of unwanted events, you will also be noticing more of the other things that you don't like also.

Your Frequency Vibrations are always transmitting throughout the Universe, using Resonance to elicit appropriate information and responses for you. However, what if you have made some changes in your way of thinking and believing and you now want to cancel the unwanted Vibrations? Can they just be cancelled or what does it take to get rid of them? How do you stop unwanted Vibrations from eliciting unwanted results into your life experience?

Well, those are very good questions, and very good thinking by the way. First we have to get back to the basics of what exactly Vibrations are. Remember that Vibrations are made of "Subject" plus "perspective," or "Meaning," and its power is based on the Emotional Level, or "Volume," that it has. The subject might be a pill, and the perspective or the Meaning might be that it is a miracle drug which you might be very excited about. Therefore, you have a Vibrational transmission that will now elicit healing by Resonance, from your body as well as elicit any and all other related events and circumstances that will help and support the healing process, in a strong and powerful way. That could be anything from noticing a show on TV that is about a person who just got healed from the same disease, or it could mean that you get tired and go to sleep so that the Body can do its healing thing.

So in answer to your questions, it is very hard to change the subject. You could say I hate certain people who do this or that, or I am afraid of Cancer or war or disease in general. You don't want to now say that you like or want those things, but at the same time, you can't really say anything about them, because by doing so, you are still activating the subject. So no matter what you say about Cancer, you activate the thought of it and it resonates within you, and elicits its relevant aspects into your experience. So, like you asked before, "What do you do?"



1) Use Your GOD Power to change the Meaning. First, attempt to change the Meaning. If it is Cancer that worries you, then take away its power. Say that it is only a manifested representation created by thoughts and it can be removed in the same way. Also remember that nothing in

itself will give you Cancer, not even your Genes.

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Remember in the [Video Example – The Biology of Perception](#), Chapter 1, [Your GOD Power](#), Page 42, that [Bruce Lipton](#) found that most of the people who had Cancer, didn't even have the Genes for it. It wasn't biology based. This book will give you the understanding and knowing that you need to pull the rug from underneath your fear of Disease.

What keeps a Vibration "Active" is the periodic re-thinking of the subject. If you picture the child's toy, the top, as long as it's spinning, it is upright, but as soon as it slows down, it falls over. The same is true with your Vibrations, thinking about a subject is like reaching out and giving the top another spin, you can keep it going and going as long as you keep thinking about it. If you KNOW that Disease is not a real physical event, but instead it is just a mental construct, then you don't have to worry that it is going to sneak up on you. It can't. It is not created by what you eat or do; it is created in the Mind. Worrying about something, is like keeping the top spinning.

Worry is one of the strongest "Vibrational Activators" there is because, not only does it bring up the subject for thought again, but it adds High Negative Emotional energy to it. By turning up the Volume on the Negative Emotional Energy, that Meaning generates a powerful Frequency Vibration that Resonance brings into your experience even faster and bigger than it ever would have or could have without the Worrying. Stop worrying already. Instead, think about the positive aspects of the situation. Remember, from a place of worry, you cannot see solutions or opportunities, because...



*"Opportunities And Solutions
DO NOT Resonate With Worry."
R.L.M.*

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Since they don't resonate with worry, worry can't reveal them to you. You have to think about the positive aspects of the situation in order to see the Opportunities and Solutions that are available. Opportunities and Solutions do resonate with optimistic viewpoints and Positive thoughts. When you think that things will work out somehow in some way, that creates the Meaning "There is a solution and opportunity available in this situation." When Resonance gets a hold of that Frequency, it resonates with all of the solutions and opportunities that you never imagined there would be, and shows them to you.



2) Change the Bad Vibration (Idea) into a Good One. If you are worried about moving and you want to get rid of that fear that you might have to move, then instead think that Moving might be a great idea. By using this simple technique, you change the negative alignment into a positive one. As it was before, while you were worrying about it, you were not only attracting the move, but you were harming your biological state and resonating

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with and attracting all kinds of other things that you also don't want. By thinking that this might actually be a great idea, suddenly, all the reasons why it might be good come to mind, and at the same time, your body's physical state returns to good, and you are now resonating with and attracting the good things that you want.

What is important here is, that not only do you now see all the reasons that moving would be a great idea, but, at the same time you also now see all of your other options that you couldn't see before. One of those options might be to stay in your house and not move. From a place of fear and worry, you are channeled into the very thing you are worried about like a cow shout that funnels the cows into the trucks that take them to slaughter. Remember Solutions and Opportunities do not resonate with Worry, but they do resonate with optimistic thinking. So if you turn this thing around into a good idea, then it will light up all the other options as well, even those that do not involve moving.



3) The Mutual Exclusion Technique. Remember that you cannot pay attention to the subject of the thought without activating it. This means that if it's a sensitive subject for you, it can't be touched with a ten foot pole, or any thought. However, you might be able to get rid of it by Mutual Exclusion. Mutual

Exclusion means that if one thing is true, then the other has to be false by Mutual exclusion.

If you think that you spend too much, then think that you save too much instead. As you consider that you are a Saver, you will notice yourself saving instead. The Meaning that you are a saver, will elicit saving from you and elicit saving opportunities from the Universe. Often, people will not notice one of their own traits because they are focused on the other. So as you notice yourself saving, you don't notice yourself spending unwisely. By focusing on the one you naturally exclude the other by Mutual Exclusion. By using this technique, you can not only stop thinking about the "Other" Vibration, but you get the bonus of strengthening the opposite Vibration and Meaning in the process.

While Mutual Exclusion works great by using "Opposites," it can also work by "Mutually Excluding Options or Selections." If you don't like the Color Red and you seem to see it everywhere, think instead that you like the color Blue or White, and look for it. You can only pay attention to one thing at a time, so as you are noticing Blue, you aren't noticing Red. This strategy can work for many different situations. If there is someone that you deal with that has a certain feature about their manor or Body that you don't like, then think about and notice something else about them that you do like instead. As you practicing noticing how intelligent they are or how well they dress or something else, you will soon begin to stop noticing that trait that you were not fond of. Also, by the power of Resonance, you will draw out and elicit more of the traits that you are now noticing and the ones that you don't like will all but disappear.

11. The Reality of Your Emotions



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#11-15

2:24



Jump To
The
REVIEW
& QUIZ



Jump To
The
REVIEW
& QUIZ

- Chapter Review -

- **Your Emotions are Your Most Powerful Guidance System.** They act as an “On Board” Computer that automatically Guides your every thought and decision. They will primarily indicating a Good Situation or a Bad Situation and to what degree that it is Good or Bad.
- **Your Emotions DO NOT Interfere with your thoughts and Decisions, but instead only signal the appropriateness of those Thoughts and Decisions through a “Feeling System.”**
- **You MUST Not cross your own Emotional Guidance Because they not only indicate the appropriateness of Your Thoughts and Decisions, but they also indicate the type of Experiences your will be Eliciting from Your World.** However, once you are in accord with your Emotions, you will be Eliciting Beneficial Outcomes from your Experiences.
- **Emotions Not only indicate the type of Experiences that you are or will be Eliciting, but they also indicate the Power in which they will be Elicited.** This Might be thought of as the “Emotional Volume.” That is to say, the More Powerful Your Emotional State, the More Powerfully Your Vibrations will Resonate and Elicit Your Experiences.
- **Your Meanings Powered by Your Emotional State Cause Resonance to Elicit Experiences of all kinds into Your World, the expected and the unexpected.** Many times these unexpected Results, are called “Accidents, Coincidences and even Chance.” However, since there is no such thing as an “Accidental” occurrence, these unexpected Experiences are Manifestations and Outcomes that you simply don’t recognize the cause of.
- **Active Vibrations are the result of the Thoughts that you are now having.** If they are regularly thought of they are “Actively” eliciting experiences from your World. However, if they are long forgotten, and are not supported by your Beliefs, they will no longer elicit outcomes.
- **Meanings can be “Activated” by Associations with People, Places, Things or Events.** You can either accept these Associations, or redefine the Meaning or get rid of the source of the Association.



#11-16
18:30

11. The Reality of Your Emotions



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1



2 3



4 5

- Chapter Quiz -

1) Your Emotional Guidance System Can Be Best Described as:

- A An "On Board Computer" B Guidance Based on Your Reality
 C A Most Amazing and Wonderful System that Assists You D All

2) The Four Levels of Enlightenment Exercise is used for what?

- A To Improve Your Vibrational State of Mind B To Improve What You Elicit
 C To Raise Up Your Consciousness About the Event D All

3) Emotional Volume Can Be Best Described as what?

- A The Level of Your Emotional State, Good or Bad B How You Feel
 C The Power of Your Resonance & Elicited Results D All

4) Accidents and Coincidences Can Be Described as:

- A Outcomes that You Didn't Expect B A Normal Function of Resonance
 C Outcomes Whose Cause You Don't Recognize or Realize D All

5) You Can Get Rid of Unwanted Vibrations by:

- A Using Your GOD Power to Change it B The Mutual Exclusion Technique
 C Change the Bad Vibration (Idea) into a Good One D All

[Go To Answers on Page 545](#)



Entire
Chapter
3:31:30



#12-01
6:58



Slide Show
Presentation
Chapter #12
Part 1 of 4
52:00+



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12. Changing Your Own Reality



Flash Movie
Presentation
Chapter #12
Part 1 of 4
56:58+

I put this chapter last so that you would have learned everything you needed to KNOW in order to change your own Reality on purpose. At this point, this chapter isn't really necessary except, to give you some specific techniques that have been used by others in Reality Creation. First you must recognize that there is a difference in the two main types of Reality. There are only two things that you need to accomplish to change your reality. Number one, you have to know or have awareness of the "Idea" of it. Second, you have to move yourself from wanting it, to believing it, to KNOWING it. When you reach the state of "KNOWING" that the ability is yours, then it is.

Often changing the reality of a situation is just a matter of "Re-Framing It." That is to say, changing your perspective of it, changes the Meaning of it. As soon as the Meaning has changed, your reality has changed.

Reality is not constant in anyway shape or form. Even in the seemingly unchanging field of physics, it now a strong belief that even the Laws of Nature are changing. To be clear, I'm not saying that we are changing how we see the Laws of Nature, that it's our view that is changing, but, that the evidence now supports the idea that the Laws that were true yesterday, may be different today. The actual laws, rules, and parameters of physics are changing over time.

In this next Video Example, João Magueijo, a Professor of Physics at Imperial College London, gives a lecture on the changing Laws of Physics.

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Video Example – The Laws of Physics are Changing



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Faster than the Speed of Light - Could the laws of physics change? (71:51) (View 0:00-15:00)



What is this video about?

In this Video Example, João Magueijo ¹⁰⁷, a Professor of Physics at Imperial College London, tries to explain that we are now realizing that the Laws of Nature & Physics aren't the fixed and unchanging ideas that we have come to believe. He States,

“... I'm not saying that the laws of physics are changing because we have made a mistake with our perception of the laws that have changed, I mean the laws themselves are changing.” He continues, “... what we are saying is that the Universe is making things up as we go along. ...The rules themselves could actually be changing in time. The idea that physics is changing, means that there is no unchangeable super law.”

¹⁰⁷ João Magueijo http://en.wikipedia.org/wiki/Jo%C3%A3o_Magueijo

João Magueijo studied physics at the University of Lisbon. He undertook graduate work and Ph.D. at Cambridge University. He was awarded a research fellowship at St John's College, Cambridge, the same fellowship previously held by Paul Dirac and Abdus Salam. He has been a faculty member at Princeton and Cambridge, and is currently a professor at Imperial College London where he teaches undergraduates "General Relativity" and postgraduates "Advanced General Relativity". In 1998, Magueijo teamed with Andreas Albrecht to work on the varying speed of light (VSL) theory of cosmology, which proposes that the speed of light was much higher in the early universe, of 60 orders of magnitude faster than its present value. This would explain the horizon problem (since distant regions of the expanding universe would have had time to interact and homogenize their properties), and is presented as an alternative to the more mainstream theory of cosmic inflation.



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Physics is based on the speed of Light and the fact that it is a constant and unchanging. This means that if the Speed of Light is not constant and is in fact a variable, the ramifications are profound.

This idea isn't a new one. Paul A.M. Dirac,¹⁰⁸ who was the Nobel Prize Winner in Physics 1933, wrote a paper in 1930, during his honeymoon (of all times). He stated that,

"All the models of the Universe are probably wrong. It is usually assumed that the laws of nature have always been the same as they are now. There is no justification for this. The laws may be changing, and particular quantities that may be considered to be constants of nature, for example the speed of light, may be varying in cosmological time."

What does this example show and what does it mean?

This Video Example shows that not only are the physicists now scrambling to make since of the idea that the laws of physics could be changing before their eyes, but, the idea was first postulated as far back as 1930.

However, we don't need to measure the speed of light to know that the laws of physics are changing, we can just look at the many examples of amazing feats accomplished by people down through the ages. It doesn't take PHD in Physics to realize this. All anyone has to do is read this book, and it will become clear that not only are the laws of nature and physics changing, but, they are potentially individually different for every single person on this Planet.

What about the woman who had her fingers in the candle flame for ten minutes which was witnessed by several people including a Doctor who actually time the event? There is no explanation that can be given that can justify this result in terms of the Laws of nature and physics.

¹⁰⁸ **Paul Adrien Maurice Dirac** http://en.wikipedia.org/wiki/Paul_Dirac OM, FRS (8 August 1902 – 20 October 1984) was a British theoretical physicist. Dirac made fundamental contributions to the early development of both quantum mechanics and quantum electrodynamics. He held the Lucasian Chair of Mathematics at the University of Cambridge and spent the last fourteen years of his life at Florida State University. Dirac shared the Nobel Prize in physics for 1933 with Erwin Schrödinger, "for the discovery of new productive forms of atomic theory.



What about the man who poured molten lead in his mouth until it cooled? How can physics explain a mouth full of hot metal that is three times hotter than boiling water and yet, there was no injury to the soft and delicate flesh in his mouth?

Now that physicists are realizing and recognizing that, the outcome of their experiments are greatly influenced by the observers, they should stop changing the experiments and instead start changing the observers. This is a wild idea that makes perfect sense in today's physics.

In a World, that has as many different realities as people who perceive them, the experiment is not testing reality in general, but instead it is testing the specific reality of the experimenter. All along, the experimenters have been scientists of similar beliefs and they were creating similar results. Instead, why not look for people who have a different reality, such as those who can hold hot lead in their mouth. That would make for very interesting results. It is not the experiment that is in question, it is the experimenter. What if the Experimenter were hypnotized to believe in a different set of physical laws? How would that affect the outcome of the experiment?



#12-02
18:24



The Reality of Magic & Illusion



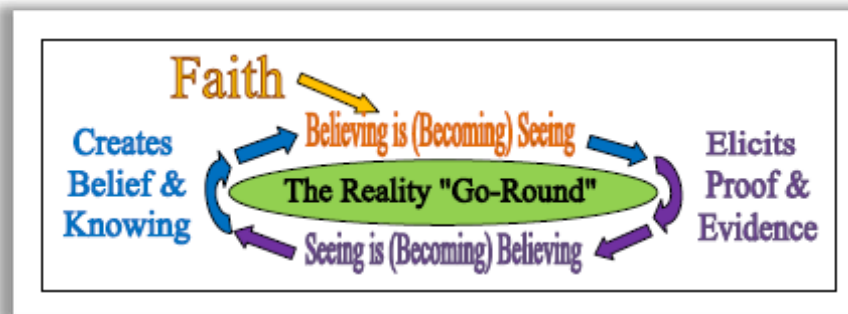
This is an important section to Understand. We are so used to "Ferretting Out" the truth to find out what is Real and what is not, that we end up with very limited Realities for ourselves. You can no longer ask the question "Is it Real," because nothing is Real. We live our lives in an elaborate Illusion, which serves our purposes wonderfully. If you existed in what was Real, I mean "Real-Real," you would still be in your non-physical energy form. You wanted Illusion. You wanted to believe that you were a physical Being; otherwise you wouldn't have come here.

It is kind of funny, that Skeptics go about so intent on proving that something isn't real, when noting is Real in the first place. I guess that they can only handle one level of illusion. If everything is an Illusion, and it is, then what does it mean when a Magician Performs an Illusion? That would be an Illusion within an Illusion. The only difference between Real Magic and Illusion is Belief. If you Believe it, it is Real, and if you don't, it's an illusion.

When I see a Magic Act that amazes me, I don't want to find out how it was done. I want to stay in the amazed "Could it be true" state. That is a "Magical State" because it lends itself to Reality expansion. Finding out how it was done, not only takes away the fun of the mystery, but it undermines the possibilities of me bringing that ability or some other amazing ability into my own Reality.

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We know that we cannot experience anything that isn't already a part of our Reality, and that anything new MUST come in the door of Faith. That is, "Belief First, then Proof." If you spend your time disproving amazing things, you will severely limit the possibility of ever having amazing things happen to you. There might come a day when an amazing hard to believe thing saves your life, or makes you a Millionaire, or causes you to meet the Love of your life. You have to cultivate the amazing possibilities in your life in order to invite them into your Reality.

As a society, we recognize the importance of cultivating belief in amazing things. We have countless fairy tales and mythological characters that bring our children toys and money for their teeth. Have you ever asked yourself why we do this? Doesn't it seem weird that cultures all over the World would spontaneously develop these imaginary figures for their children? Remember that nothing happens by accident. So at some deep, very deep, level we must understand the value and importance of having faith and want to teach that value to our children.

All Great people broke through the barriers of disbelief with faith to do things that nobody believed was possible. When people believed that the World was flat, there were those who had faith in their ideas and went for it any way. When there were those who said we could never send a man into space, well we have people living up there now orbiting the Earth. There isn't anything that can't be done with Faith.

The biggest issue is that we have Conscious Beliefs and Subconscious Beliefs that we have to deal with. At least with the Conscious Beliefs or Disbeliefs, we know what they are and can work on them. However, our Subconscious beliefs are creating our Reality and we don't even know what they are. Back in [Chapter 8. What is "Reality?," The Four Ways That Definitions \(Beliefs\) Are Established, Page 214,](#) we saw the four ways that we have acquired our beliefs in the first place. Many of the more powerful and influential ones were implanted before our birth into the Physical. These are mostly the "Immersion" related Beliefs that keep us comfortably within the bounds of our Illusion of Physical Life. There is nothing wrong with those; I love the Physical Form Experience. However, I would like to make some alterations and include some amazing abilities adding some expanded Reality Experiences to my life.

Those Subconscious Beliefs however, are hard to reach and change. That is why trickery works so well when Doctors give you a placebo pill to cure the incurable. Trickery works because, on the "Outside" it looks like it is the proper real life physical experience of taking real medicine, so you don't question it. As great as this works, there is one HUGE problem with this technique, "How can you arrange to be tricked on something that you want, without knowing that you are going to be tricked?" You have no control to direct the expansion of your Reality in the way that you want it. With this method, you have to rely on others to think up things on their own without telling you. That has got to be the slowest method there ever was, waiting around for someone to trick you into some new ability and new belief thereby expanding your Reality. Don't count on it. That might happen for one person out of a Billion.

That brings us back to Magic and Illusion. These kinds of performances are very well thought out and enacted to fool the audience into believing that they are or at least might be real. These acts look convincing and seem quite believable. Give them the benefit of the doubt. Take a chance on believing them. If your children can believe that a rabbit brings them candy, and a Fairy brings them money for their teeth and a big fat man in a red outfit brings them toys, then you can believe something amazing too. Why not? There are no redeeming benefits in disproving amazing things. However, there are wonderful benefits too believing the unbelievable.



Remembering that at first you will NEVER see conclusive evidence that will prove an amazing thing is Real, if you don't already accept them in your Reality.

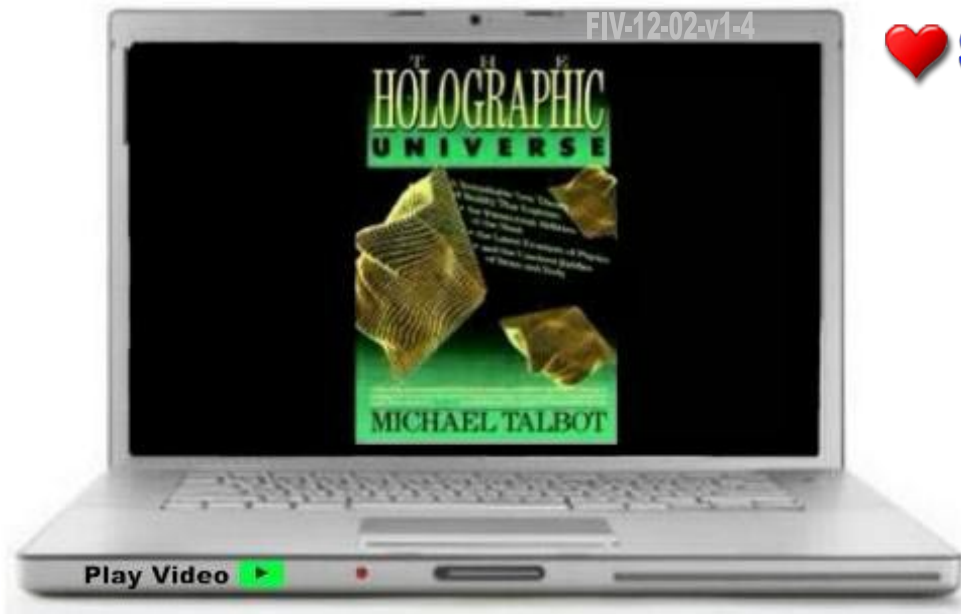
So as a stepping stone to your Reality expansion, give the benefit of the doubt to what you experience. As you do this, it will be included at the very edge of your reality. From that new place, you may discover some more information about the first amazing thing, and/or you might experience something else that is even more amazing. Importantly, from your original starting place (Beliefs), you would never have even been aware of these new amazing things, had you not given the benefit of the doubt to the first ones. As you experience more and more amazing things and accept them into your Reality, you will eventually come across absolute proof that they are in fact REAL, at least in your Reality, and after all, that is all that matters.

In this Next Video Example, Michael Talbot, ¹⁰⁹ Author of "The Holographic Universe," speaks about a man who can manifest things from thin air with his hands. This is REAL Magic.

Illustration

¹⁰⁹ Michael Coleman Talbot [http://en.wikipedia.org/wiki/Michael_Talbot_\(author\)](http://en.wikipedia.org/wiki/Michael_Talbot_(author)) (September 29, 1953 – May 27, 1992) was an American author of a number of books highlighting parallels between ancient mysticism and quantum mechanics, and espousing a theoretical model of reality that suggests the physical universe is akin to a giant hologram. According to Talbot ESP, telepathy, and other paranormal phenomena are real and are a product of his holographic model of reality

Video Example – Materializing Things out of Thin Air



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[Michael Talbot - Holographic Realities 4 of 6 \(9:56\) \(View All\)](#)



What is this video about?

In this Video Example, Michael tells a couple of stories that are relevant to our topic of Magic, Illusions and Belief. One is a story that he also told in his book, "The Holographic Universe." I will quote his personal story here. He had many experiences with ghostly poltergeist type activities. This incident happened in 1976.

"On a few occasions, however, I did see objects actually materialize. For example, in 1976 I was working in my study when I happened to look up and see a small brown object appear suddenly in midair just a few inches below the ceiling. As soon as it popped into existence it zoomed down at a sharp angle and landed at my feet. When I picked it up I saw that it was a piece of brown drift glass that originally might have been used in making beer bottles."¹¹⁰

The other big story is of a man named Sathya Sai Baba, a sixty-four-year-old Indian holy man living in southern India. He can Materialize *mbuti*, or *sacred ash* by the buckets as well as hot foods, sweets and even gold trinkets.

¹¹⁰ Michael Talbot, "The Holographic Universe" Harper Perennial, 1991, Page 150

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Erlendur Haraldsson of the University of Iceland studied this man for over ten years and published his report in his book.¹¹¹ In one story that Michael relates, Haraldsson was in a discussion with Sai Baba when he told Haraldsson that "Daily life and spiritual life should grow together like a double rudraksha."


Haraldsson had no idea what that was and insisted on knowing. Sai Baba was unable to fully explain what it was, so he closed his papers and opened them again and in the middle was a double rudraksha which was like a double acorn. It came from nowhere. Haraldsson asked if he could have it and Sai Baba said yes but let me have it first. He enclosed it again in the paper he was holding and opened it again and the double rudraksha was now clad in gold with a gold chain on it.

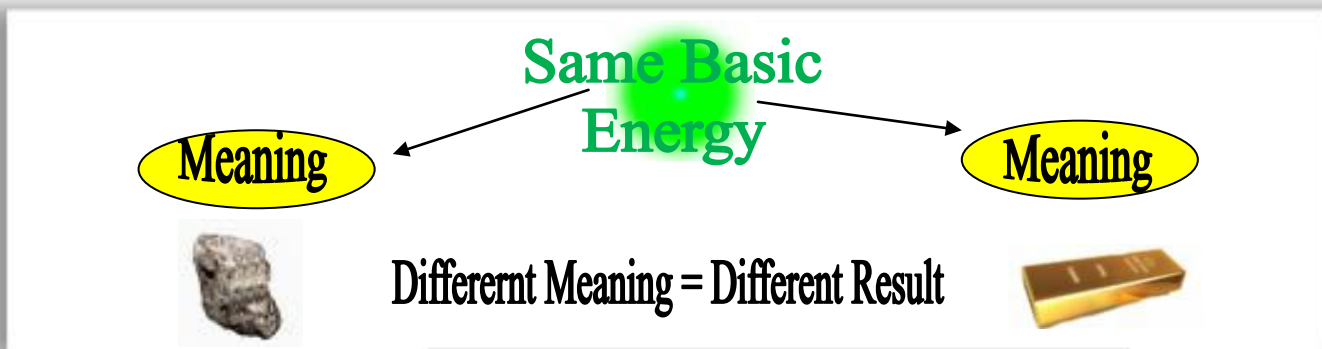
Haraldsson could hardly believe his eyes. How could someone manifest something so specific and then in the blink of an eye have it encased in gold like a high priced jeweler would have done in a couple of hours.

He later had the gold tested and it was of an exceptional purity. He set about to find someone who knew something about the double rudraksha, but no one had one or had ever actually seen one in person. They were extremely rare. He finally found one for sale in a shop that was in very poor shape and the guy wanted as much as \$200 for in US Dollars. That's how rare and valuable these things were.

What does this example show and what does it mean?

This is a wonderful story because, if it were a trick, how could he generate and manifest something so specific on demand that was so hard to find, much less encase it in gold in seconds, right in front of witnesses. There are countless stories of this man manifesting foods from his hands and trinkets just to give them away to the crowds that surround him.

 Explain
Illustration
#12-02-i1
2:02



Everything in the Universe is made of the same basic Energy. The only difference between a Rock and a bar of Gold, is the Meaning that defines them.

¹¹¹ Erlendur Haraldsson, "Modern Miracles: An Investigative Report on Psychic Phenomena Associated with Sathya Sai Baba"

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Meaning creates Frequency, which forms the Energy. You change the Meaning, you change the Frequency and it then forms something different from the same Energy. The Universe is a Magical Creation of its own and we do Magic every day as we Manifest our own Reality. The only difference between us and Sai Baba, is that he uses his GOD Power to assign Meanings that create Frequencies which manifest and form energy into objects at will. He KNOWS that he can do it, and we don't (At least we don't YET!).

Those Stories are True, in that they have been witnessed by Hundreds of people. However, what is true and what is not, is only a matter of what you Believe and is a part of your Reality and what you do not, and is not a part of your Reality.

In this next Video, Keith Barry ¹¹² performs some amazing stunts that appear to be "Real" whatever that is for you. However, he hints that they may be an illusion. Who knows? However, for me they are as real as they need to be for my Personal Reality Expansion Plan.

Video Example – Driving with Someone Else's Eyes



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Keith Barry: Brain magic (19:49) (View All)



¹¹² Keith Barry <http://www.keithbarry.com/biography/biography.php>

Keith started performing magic at the age of fourteen after purchasing a book entitled 'Magic for the complete Klutz' while on a school tour to Edinburgh. The first effect he learned from the book was the vanishing handkerchief and from that point onwards Keith knew what his destiny would be. He was working in the Kitchen Nightclub, owned by U2, where he attracted the attention of Eamonn Maguire who now manages Keith with Principle Management.



What is this video about?

In this Video Example, Keith performs several amazing stunts. In the one pictured above, he is the one with the blindfold on and the black hood over his head. He is driving and has told the freaked out passenger that he is using her eyes to see the road. He is driving at a high rate of speed and the passenger is totally freaking out. He keeps telling her to look straight ahead so that he can see the road.

He also performs some other stunts involving audience members that seem like real magic, and so I accept them as such. This Video is definitely worth seeing.

What does this example show and what does it mean?

In this Video Example, he is using someone else's eyes to see. This is no different than the example we first saw in [Chapter 10, The Reality of Your Body as a Representation, Page 273](#), where a hypnotist told the girl that she would taste what he tasted in his mouth and she did.

This demonstration is also no different than the Remote viewing experiments and research where people can see in their minds places that are across the globe or even out in space. We first saw this reference on [Page 297](#), but, it is so significant, that I will post it again here. In a special experiment, Ingo Swann was able to "Remote View" Jupiter before our space probe got there and saw certain things that were later confirmed by the space probe.



The Sunday Times reported that Ingo Swann, in a remote-viewing session, was asked to look at Jupiter. He reported that the planet had a ring around it. At the time this was thought to be incorrect. Swann assumed his 'discovery' was a mistaken view of Saturn. In a 1977 account of their findings, Hal Puthoff counted it as an error. Two years later, Voyager 1 sent back pictures of Jupiter showing the planet did indeed have a ring around it. ¹¹³

If someone can see rings around Jupiter that are so faint that they can't be seen without a space probe, then someone can see the road 15 feet ahead in some kind of way. Whether this stunt was Real or it was not, doesn't matter, because the "Idea" is REAL. If you want to expand your Reality, you need to find reasons to believe in these kinds of things so that you can use them to build on.

This is a fine example, that whether or not this is real, in whatever sense you define it; it does seem possible based on what we already know to be true. If you were to find out

¹¹³ Remote Viewing Book, Chapter 5, Toward a Scientific Understanding of Remote Viewing, © Tim Rifat, 2002

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that it was not real and exactly how it was done, it would ruin your belief in the possibilities that could be yours if you still had believed in it. The point is that even if it is not real, it looks real enough for you to use it as an example of what is possible so that you can build on it and expand your reality. If you just discount it, by claiming that it isn't real, then you have lost a great tool for your Reality Expansion.

Whether or not you believe these Videos is up to you and your Reality. Remember the only Reality that can or will ever PROVE itself to you is the Reality that you already have. It is the only one that will elicit proof of itself from your own vibrations of belief. With all the other Realities, at least at first, you will elicit and become aware of reasons that it is not true, because that is what you are eliciting from your vibrations of disbelief. Have a little Faith and let something new have a chance in your Reality. You will be glad that you did.

The most wonderful thing about Realities is that I can expand my Reality as far as I want to go without anyone else's permission or belief, and at the same time anyone else can maintain their own Reality as it is, without anyone's permission or Belief and still our Realities will never interfere with one another. We are each entitled to create, maintain, and enjoy the Reality of our own Making. However, if you have big ideas of amazing life experiences within an Expanded Reality, then enjoy magic and illusion and give it the benefit of the doubt, as it can expand your Reality in ways that you never imagined, for what someone once did as a "Trick" you may later be able to do for "Real!"



#12-03
16:46

Fixed Realities vs. Conditional Realities

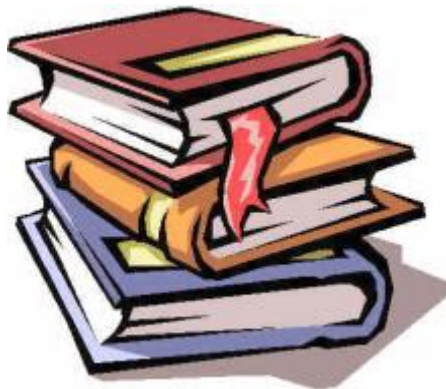


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There is the "Fixed" reality that is always "Real," and doesn't change. That might be that when you throw a ball into the air, it always comes back down. A fixed reality is one that is consistent and always is in force. A conditional reality is one that has a condition tied to it in order for it to be in effect. Such conditions may be that one has to be hypnotized or in a trance, like the woman with her fingers in the candle flame, or it must be in a place of religious significance, or it becomes available under extreme duress, like an emergency where a mother can pick up a car off of her son to save him. It could be that you are the greatest salesman in the World when your boss is with you, but when he is not you can't sell a thing, or the other way around. These are all situations that require some special circumstance to be active.

Below are some different ways that you can use to change and alter your own Reality. While some of these methods will work well on their own, you will boost their effectiveness by using them in combination. For example, first study your subject and new ability and achieve a belief that it is real and exists and then get hypnotized into believing that you now have the ability yourself. Using those two methods together have a more powerful result.



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Study & Learning

Study and Learning seems like the best place to start because this whole book is based on that one technique. The main objective with the study and learning technique is to learn everything that you can about that ability or that reality. If you want to be able to handle hot objects without burning yourself, then learn as much as you can about others who have that Reality. Do what you need to do to believe that it is a real ability and that it is possible for you to accomplish it.

This applies to even small alterations in your Reality. Suppose that you want to have the Reality of "lots of Money," then you must apply the same approach. Find those who have it now. Study the ones who are examples of what you want for yourself. Drive in the neighborhoods that have the kind of houses that you want. Hang out where they hang out, if not in person, then by thought. As you begin to think like they think, you will see what they see. What would a Billionaire say or do in this situation? Opportunities and situations will begin to "Show Up" out of nowhere that is just what you need to get ahead.

You will have a vibration that will, by the power of Resonance, elicit help and ideas from the very people you want to be like. Just like the waitress that was repeating the customer's words to Resonate with them, you will get money handed your way. People will offer you great opportunities because they are Resonating with you, even though they don't know it. It will seem like their idea, but, you will know that you are eliciting it from them. Remember, when you elicit a response or action from another person or situation, it is a pleasant experience for the other person. It is a natural action or gesture on their part that you are bringing out. You cannot elicit something from someone that is not there to begin with. If they wouldn't do it anyway, you won't be able to elicit it from them. So, when good things come your way, it is the normal and natural actions from those people who actually appreciate being able to do it for you.



Altered States



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While everything that causes a different level of consciousness could be classified as an Altered State, we will mainly refer to the Altered States of consciousness that have resulted from some drug or special ceremony. Altered states are the favorite technique of the indigenous tribes and their Shaman. They will use some sort of mind altering substance and then experience insights and abilities that were unattainable in the normal state of consciousness. Let's revisit the example that we first saw in [Chapter 10, The Reality of Your Body as a Representation, Page 293](#).



Jivaro Indians of the forested eastern slopes of the Ecuadorian Andes acquire the ability by drinking an extract of a jungle vine called Ayahuasca ¹¹⁴, a plant containing a hallucinogenic substance believed to bestow psychic abilities on the imbiber. According to Michael Harner, an anthropologist at the New School for Social Research in New York who specializes in shamanic studies, Ayahuasca permits the Jivaro shaman, "to see into the body of the patient as though it were glass."¹¹⁵

¹¹⁴ Ayahuasca http://en.wikipedia.org/wiki/Banisteriopsis_caapi *Banisteriopsis caapi*, also known as **Ayahuasca**, **Caapi** or **Yage**, is a South American jungle vine of the family Malpighiaceae. It is used to prepare Ayahuasca, a decoction that has a long history of entheogenic uses as a medicine and "plant teacher" among the indigenous peoples of the Amazon Rainforest. It contains the beta-carboline harmala alkaloids and MAOIs harmine, harmaline, and tetrahydroharmine. The MAOIs in *B. caapi* allow the primary psychoactive compound, DMT (which is introduced from the other primary ingredient in Ayahuasca, the *Psychotria viridis* plant), to be orally active. The stems contain 0.11-0.83% beta-carbolines with harmine and tetrahydroharmine as the major components



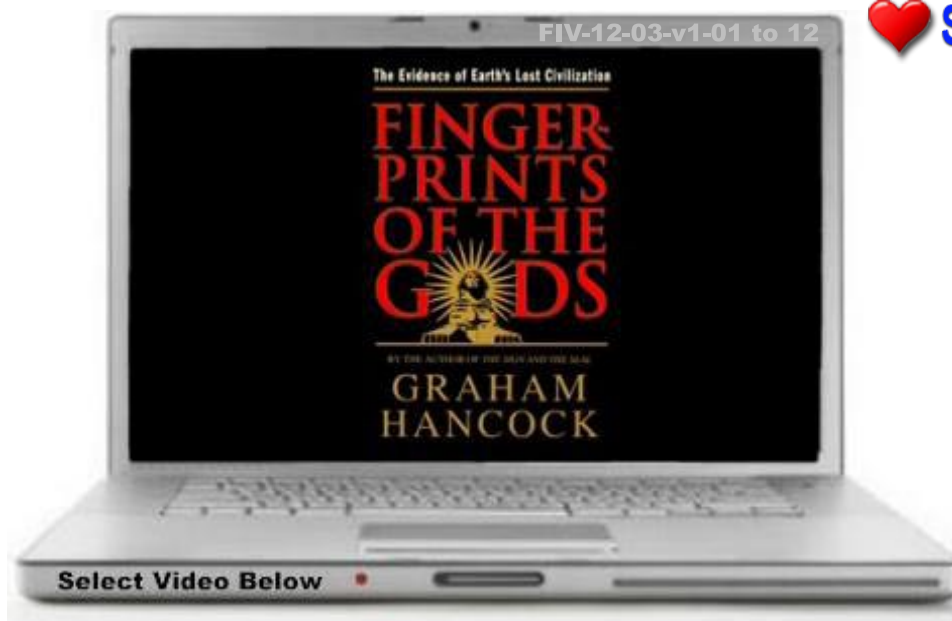
¹¹⁵ Michael Hamer, *The Way of the Shaman* (New York: Harper & Row, 1980), p. 17.

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The Native tribes rely heavily on this type of Vision and healing technique because they don't have X-Ray machines or the specialized medical equipment that we have. The main advantage to using an altered state of consciousness, is that you will have experiences that you would have normally prevented by your conscious control of your Reality.

In the next Video Example, Graham Hancock ¹¹⁶ is being interviewed and talks about his Book "Shamanism Aliens & Ayahuasca." He discusses the beneficial use of these hallucinogenic drugs to reach higher levels of enlightenment. He has become an expert on the tribal use of Ayahuasca, which is used to reach Altered States of Consciousness and has used it himself.

Video Example - Ayahuasca



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[Shamanism Aliens & Ayahuasca: Graham Hancock \(1:51:40\) \(View All\)](#)

¹¹⁶ Graham Hancock <http://www.grahamhancock.com/>



GRAHAM HANCOCK is the author of the major international bestsellers *The Sign and The Seal*, *Fingerprints of the Gods* and *Heaven's Mirror*. His books have sold more than five million copies worldwide and have been translated into 27 languages. His public lectures and TV appearances, including the three-hour series *Quest For The Lost Civilisation*, have put his ideas before audiences of tens of millions. He has become recognised as an unconventional thinker who raises legitimate questions about humanity's history and prehistory and offers an increasingly popular challenge to the entrenched views of orthodox scholars. Born in Edinburgh, Scotland, Hancock's early years were spent in India, where his father worked as a surgeon. Later he went to school and university in the northern English city of Durham and graduated from Durham University in 1973 with First Class Honours in Sociology. He went on to pursue a career in quality journalism, writing for many of Britain's leading newspapers including *The Times*, *The Sunday Times*, *The Independent*, and *The Guardian*. He was co-editor of *New Internationalist* magazine from 1976-1979 and East Africa correspondent of *The Economist* from 1981-1983.

How To Use Your GOD Power - “The Master’s Course”



What is this video about?

In this Video Example, Graham is talking about the ancient tribal use of these plants to learn truths about the other dimensions and other realities. He notes that using this powerful drug is not the only way that you can reach this Altered State of Consciousness.

Other ways to reach this level of consciousness include Rhythmic dancing, certain kinds of music, starvation and pain, atmosphere of certain places, and electromagnetic fields to name a few. He says that the Shamans developed a range of these techniques that are designed to put them into an altered state of consciousness in order to re-tune their frequency to tune into and communicate with supernatural beings.

He cautions however, that one should not partake of these types of substances without the proper guidance, especially the guidance of the Tribal Shaman. He says that the Shaman of South America, are more than happy to guide a new comer through the experience. In those countries it is not Illegal to partake of this ritual substance.

His most important point of it all is that the Ceremonial Ritual is of vital importance. It is the Ceremony that defines the experience and helps it proceed in a beneficial way.

What does this example show and what does it mean?

This Video Example is mostly important to our discussion and to our purpose because of his statement about the Ceremony. He said and stresses that, “The Ceremony is Vital!” While that may not seem like an important point, we know that Meaning is everything, and nothing creates Meaning like a Ceremony.

How To Use Your GOD Power - "The Master's Course"

Check Video



Play Video

Back in our [Video Example – Fake Knee Surgery Works Miracles, Chapter 1, Your GOD Power, Page 34](#), The Doctor only acted like he was doing the operation and yet the patient healed, not because of the operation, because there wasn't one, but because of the elaborate "Ceremony" that he went through. It gave great Meaning that he was going to be healed, and he was.

Many people take these kinds of drugs and have wild experiences, sure enough, but there is no Ceremony, no purpose, no specific objective. Thus, their experiences are all over the place and don't have a very effective outcome.

In the Shamanic Traditions, there is an elaborate Ceremony in which you know the purpose of your (Mind) Journey. You have the Tribal Shaman at your side to guide the experience in a specific way, in order to keep the Meaning and the point of the experience on track. This makes great sense from our point of view because we know that where ever the Meaning is or goes, that is where we will be eliciting responses from the Universe. So if our Meaning "wanders off" and we become afraid, or distracted, we could have a runaway experience eliciting who knows what. We know that Drugs can and do elicit Altered States of Consciousness, but, are they really necessary? Consider the following studies.

It is commonly know that Chemotherapy treatments will cause the loss of a person's hair. In a study of a new kind of chemotherapy, there were people who got the actual chemotherapy and those who got a placebo, the fake drugs. Of the ones who got the fake drugs, 30 percent of them lost their hair. ¹¹⁷

In a 1962 experiment Drs. **Harriet Linton** and **Robert Langs** told test subjects they were going to participate in a study of the effects of LSD, but then gave them a placebo instead. Nonetheless, half an hour after taking the placebo, the subjects began to experience the classic symptoms of the actual drug, loss of control, supposed insight into the meaning of existence, and so on. These "placebo trips" lasted several hours. ¹¹⁸

In both of these cases these people didn't even get there real drugs and still experienced the effects. Are there other ways to reach the Altered States of Conscious other than Drugs? What about the Altered State that alcohol offers? In this next Video Example, Darren Brown induces a state of Drunkenness in a College Student, without him drinking a drop.

¹¹⁷ O'Regan, Special Report, p. 3.

¹¹⁸ Hurley, Investigations, p. 10.

Video Example - Drunk on Thoughts



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[How to get drunk without drinking \(8:50\) \(View All\)](#)



What is this video about?

In this Video Example, Darren Brown talks to a College Student about what it feels like to drink his favorite alcoholic beverage. As he goes through the feeling sensations that occur while drinking, he brings the student to a state that he feels drunk, and he hasn't had a thing to drink.

Once he is drunk on his own thoughts, Darren shows him a secret word, and when he sees it, it will automatically trigger him into being drunk. Darren sends the word to him while he is studying in the library by text message and as soon as he sees the word on his phone, he becomes drunk and staggers around talking to his friends.


The Video is quite entertaining and clearly demonstrates that someone can get as drunk on the thoughts of drinking as he could actually drinking.

What does this example show and what does it mean?

This Video Example, shows that with the right hypnotist and suggestion, you can reach states that would normally be caused by certain drugs. I wonder what would happen if he were to drive in this condition and then get pulled over for a breath test?

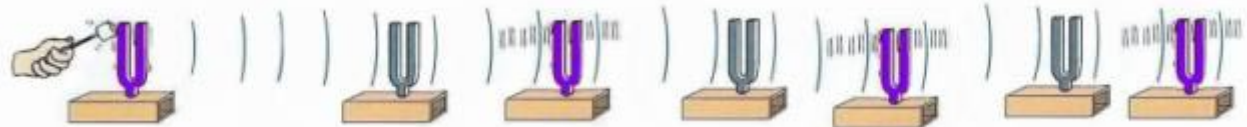
What if there was a Hypno-Bar, where you stepped up to the counter and for a certain price, you could get drunk, stoned, or blitzed on any drug that you wanted to by hypnotic suggestion? Then as soon as you walked out the door, you would suddenly become sober back in your normal state of consciousness.

This example proves that our Body is in fact just a representation and not actually biologically functioning. If our Body was actually having a Biological "Reaction" or Result, then it would be necessary to actually drink the alcohol to get drunk, and once drunk, it would take a certain amount of time to get back to normal, whatever that is.

 Explain
Illustration
#12-03-i1
4:59

 Play
Audio

Normal Reality						
Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person Involved		Drinking Alcohol Makes You Drunk & Giddy		Actually Drinking The Alcohol Many Drinks		Student Is Drunk On Alcohol Drinks

GOD Power (Exercised By Skilful Conversation)						
Physical Meaning	+	Physical Meaning	+	Thought Only Meaning	=	Physical Meaning Result
of Person Involved		Drinking Alcohol Makes You Drunk & Giddy		Thinking About Drinking Many Alcohol Drinks		Student Is Drunk On Alcohol "Thoughts"
The Ability Has Been Elicited & Activated In Student's Own Life Experience						
						
<p>The Purple Tuning Fork Vibrations are Meaning (Get Drunk) and they Resonate & Elicit ALL the things that will match them The Gray Tuning Fork Vibrations are (Sober) Meanings and they Resonate & Elicit ALL the things that will match them</p>						

Clearly, this student is using his GOD Power to assign the Meaning to his thoughts of drinking as being the same as drinking. Remember, everything that we do physically is only for the purpose of creating and generating Meaning. So we can actually drink the alcohol to create the Meaning of "I'm Drunk," or we can just create the same Meaning by drinking in thoughts instead. Remember the Multiple Personality story of the person who let one personality get Drunk, and another one came out that wasn't drunk when it was time to drive home.



#12-04
9:24



"The Mirror," by Sir Frank Francis Bernard Dicksee

Affirmations/Confirmations

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Affirmations are also Confirmations. They not only Assert certain Meanings, but, they also serve to Confirm those same Meanings. They are usually thought of as statements about yourself. Most people think of them as "I" statements, such as, "I am successful" and "I am a money Magnet." While those are Affirmations, so are, "I am fat, I am unhappy, I can't find a job, the economy is bad, I'm getting old, I don't feel good," and "If it weren't for bad luck I wouldn't have any at all." In short, everything that you think and say is an Affirmation of your Reality. Since your Reality is a direct reflection of you, and everything that you think and say creates, maintains and verifies your Reality, it stands to reason, that it is something that you need to pay attention to.

This next Video Example is from Michael Talbot who wrote the amazing book "The Holographic Universe," which I highly recommend. In this rare clip, he is giving a lecture based on his book and the research that he had conducted. This clip is mostly audio with a few pictures, but in it, he tells many "Affirmation" stories. Of course he doesn't call them "Affirmations," but, anything that you think or say that relates to you or your World, ARE AFFIRMATIONS. That is, they either assert or confirm your Reality for the better or the worse.

Video Example – Be Careful of What You Say

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Michael Talbot - Rare Holographic Universe Lecture 8-12 (9:51) (View All)



What is this video about?

In the Video Example, Michael Talbot is relating a few stories that bear our attention. He says that we should never say bad things about the food that we are going to eat like, "I shouldn't eat this because it is bad for me." He says that we are not only feeding our body but, that we are also feeding our mind.

The first story that pertains to our subject is of a man who thinks that he has to eat eggs to live. So for the last 15 years he has eaten 25 eggs a day. That's over 135,000 eggs that he has eaten. This normally would cause a huge **Cholesterol**¹¹⁹ problem. But his levels are not only fine, but, his levels are actually even lower than normal, despite how many eggs he has eaten. He is in good health because he thinks that eating these eggs are GOOD FOR HIM, and so they are. (Always the Meaning of the Situation)

There is another story of a man who eats mainly Bacon Fat, and still has a normal Cholesterol level.

Another Woman eats nothing but "Junk Food," but she was a great follower of Edger Casey,¹²⁰ who said to always bless your food and so she does. She says thinks like "This food will only be good for me and it will nourish my body," and so it does. Her health is perfect.

Another Woman wrote on her "Chemo Therapy" Medicine "Healing Elixir." She gave it a "label" that denoted a wonderful and beneficial medicine and not the harsh and destructive chemical that it really is.

He says to always be vigilant about what you tell yourself. What do you tell yourself when you look in the mirror? When you look at your Body? When you are about to eat? When you go to the Doctor? About your Job, your spouse, your kids, your Life?

He makes a very good comparison when he says that "We are like infants sitting at the control panel of jumbo jets, because we have all these amazing capabilities and things,

¹¹⁹ **Cholesterol** is a lipidic, waxy steroid found in the cell membranes and transported in the blood plasma of all animals, <http://en.wikipedia.org/wiki/Cholesterol>

¹²⁰ http://en.wikipedia.org/wiki/Edgar_Cayce **Edgar Cayce** (March 18, 1877 – January 3, 1945)

(pronounced /keɪsi/) was an American who claimed to be a psychic. He had demonstrated an ability to channel answers to questions on subjects such as health or Atlantis, while in a self-induced trance. Though Cayce considered himself a devout Christian and lived before the emergence of the New Age Movement, some believe he was the founder of the movement and had influence on its teachings. Cayce became a celebrity toward the end of his life and the publicity given to his prophecies has overshadowed what to him were usually considered the more important parts of his work, such as healing (the vast majority of his readings were given for people who were sick) and theology (Cayce was a lifelong, devout member of the Disciples of Christ)



but we're just flicking switches out of ignorance.Our culture strives very hard to teach us what to think but not how to think."

He then gives great advice when he says, "When you are going to say something bad about yourself, ask yourself 'What is the Pay-Off if I do this?' and then decide if you should continue."

What does this example show and what does it mean?

This is a great Video segment. It is full of great stories told my Michael himself that make the very same points that we are making. Whatever you think and say, you create for yourself.

That is the most wonderful ability we could ever have. That is the essence of your GOD Power, to speak a Meaning and then create its Reality. It is never about what you eat, or do or any aspect of your experience. It is always about what YOU THINK ABOUT IT. What you think about it is a direct result of whether or not you have aligned with the decision.



If you are going to Say something, make sure that it is something that you want. Remember ["The Power of Labels" Chapter, Page 164](#), where a simple label created the Reality that the Rice would endure or enjoy. Affirmations are Verbal or Mental labels that you place on yourself and your World. Why would you make your experience worse when you can just as easily make it even better?

In another segment of this series (#7 of 12), he tells of a story where a man was in the hospital to have a section of his intestines removed. I expect it was blocked or wasn't working. The man said that it was good to have this little vacation from his job because he "Just couldn't handle that shit anymore." I guess his body took his words literally and that is why he was in the hospital having a section of his intestines removed because it just couldn't handle the shit anymore. What kinds of things do you say? "This Job is killing me?" Or, "That person will be the Death of me?" Or, pass me another "Cancer Stick" when speaking of cigarettes?

***"Everything That You Think
And Say Creates MEANING!"***

When you say that "Whatever I eat is good for me," it is. When you say that "Everything is working out for me," then it is. How could it not be? When you say it is, you are thinking that it is, and when you are thinking that it is, you see evidence that it is. You are asserting the Meaning that it is, and you are eliciting and attracting everything that will not only confirm that it is, but will create "that it is" even more.



These next four statements are far more than just Affirmations, they are your Rights as a Physically Incarnated Human Being. They are by far the most powerful of all and have unlimited ability to expand your Reality. However, they are like Frequencies in that, as great as they are individually, when you add them altogether you create an overall Frequency that is even more powerful and far reaching. When these are added together they create a single "Affirmation/Confirmation" that is simply the most powerful Affirmation & Confirmation of your GOD Given Rights as a Human Being that has ever been conceived and put on paper.

The Four Most Powerful Affirmations/Confirmations of all time

"I can Know Anything and Everything That I Decide To Know."

&

"I can Be Anything and Everything That I Decide To Be."

&

"I can Do Anything and Everything That I Decide To Do."

&

"I can Have Anything and Everything That I Decide To Have."

=



"I Can Have Any and Every Experience, That I Decide To Have"



Illustration



This one "GOLDEN Affirmation" which is also an absolute Confirmation of your Rights as a Physically Incarnated Human Being, covers any and every possible aspect of your life experience. This is a "Higher-Order" Affirmation that covers every smaller and more specific desire that you could ever have.



Affirmations/Confirmations are "Seeds" which when thought or spoken, begin to grow and multiply and bear fruit unto you. As you speak ill of yourself and/or your World, so you will cast forth the seeds that will bear ugly and deadly fruits unto you. However, if you use "Affirmations," to speak of wonderful truths and assert great Meanings about yourself and your World, then you shall reap a bountiful and abundant supply of wonderful and delicious fruits that you shall feast on and enjoy for the rest of your Life. Bon Appétit!¹²¹



Illustration



¹²¹ Bon Appétit (French for enjoy your meal -- literally good appetite)



#12-05
27:10



Slide Show
Presentation
Chapter #12
Part 2 of 4
53:00+



Flash Movie
Presentation
Chapter #12
Part 2 of 4
56:38+



Hypnotizing

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Hypnotizing can be an effective way to alter your own Reality. In fact, several of the altered Reality examples mentioned in this book were induced by hypnosis. The girl who could taste what another person was tasting, and hear what they were hearing was all due to a suggestion while in the hypnotic state.

The only thing that you have to realize is that you will want your change to be "Fixed" and not to be conditional based on being hypnotized. Many people use this method now, to quit smoking, lose weight, and even to alleviate allergies.

Using hypnosis requires good planning, especially if you want an unusual alteration or a drastic one. The key is in the "Script" which is the words that will be said to you, and how they will be said to you, while you are hypnotized. This may take several sessions.

Being Hypnotized is a powerful way to alter your own Reality. I loved the personal story that Michael Talbot related in his amazing book "The Holographic Universe," about a hypnotist that his father had hired in the 1970's to entertain his guests. Michael was invited and was amazed at what he witnessed.

Video Example - The Invisible Daughter



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[Michael Talbot - Holographic Realities 2 of 6 \(9:53\) \(View 0:00-2:40\)](#)



What is this video about?

This Video Example is an interview of Michael Talbot, the author of "The Holographic Universe." He describes in his book as well as in this interview, a personal experience that he had with a hypnotist & Medium named Albert Heffernan. The following is his account of his experience.

The hypnotist had performed all the normal tricks that you would expect to see, such as being told that a potato was an apple and the person eating it "with gusto," because it tasted so good. But, the demonstration that left Michael amazed and the one that I am so impressed with was the invisibility trick.

As Michael explains, the Hypnotist selected and hypnotized a friend of Michael's father named Tom who had also brought his daughter Laura to the demonstration. The hypnotist had Tom in a hypnotic trance where he could suggest almost anything and Tom would not only believe it, but readily act on it as well. He told Tom that his daughter was now invisible and no matter what, he would be unable to see her. He brought Tom out of the Trance and sure enough he looked all around the room and was unable to see his daughter, even though she was standing right in front of him giggling uncontrollably.

That was not the amazing part however, because there are countless examples of people being hypnotized to not be able to see anything from their own shoe, which they are holding in their hand to the hypnotist himself. The most amazing thing that he did in his demonstration, and the most important part I want you to get, is the see-through part that came next. It was this part of the Demonstration that clearly proved an Altered Reality had been reached.

He had Tom's daughter Laura, stand right in front of him facing him. Even though she was only inches away, he still could not see her, despite her continuing giggles. The hypnotist then stood directly behind Tom's daughter and pulled a pocket watch out of his pocket, and carefully held it against the small of Laura's back. There was no way that Tom could have seen the Pocket watch.

The Hypnotist asked Tom if he could see the pocket watch and he indicated that he could. He then asked Tom if he would read the inscription on the watch. Tom leaned forward and squinted as if to get a better look at the watch and read the inscription perfectly. The hypnotist then passed the pocket watch around the room so that everyone in the room could verify that Tom's answer was correct. Tom was able to see **through** his daughter in order to read the inscription on the watch. He leaned forward to get a better look and read it exactly! ¹²² How do you explain that?

¹²² The Holographic Universe, Michael Talbot, Harper Perennial, 1991, Page 141 Medium & Hypnotist: Albert Heffernan

Explain
Illustration
#12-05-i1
14:05



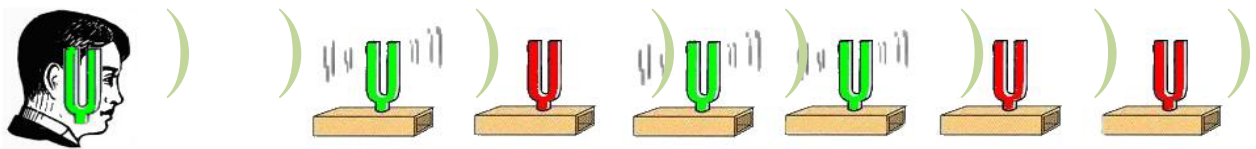
Normal Reality

Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Persons Involved		See With Your Eyes Which Pick Up Light		Bodies Block Light & Vision		Tom Would Be Unable To See Pocket Watch

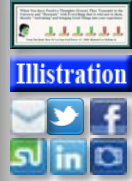
GOD Power (Exercised By Hypnotism)

Physical Meaning	+	Physical Meaning	+	Thought Meaning	=	Physical Meaning Result
of Persons Involved		See With Your Eyes Which Pick Up Light		Certain Bodies Are See Through (His Daughter)		Tom Was Able To Read The Time & The Inscription

The Ability Has Been Elicited & Activated In Tom's Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



What does this example show and what does it mean?

Michael goes on to give his explanation on how it was done, but, I have my own. Michael thinks that Tom was able to read the mind of the Hypnotist and get the information in that way, since the Hypnotist himself would know what the inscription read.

However, I feel there are several reasons that his explanation is incorrect. First, the hypnotist's instructions were to read the inscription, not read my mind. Second, Tom didn't appear to be thinking internally about what was in the hypnotist's head, but instead, was making an effort to use his eyes to see the watch. He leaned forward and squinted as if to get a better look. Those are the actions of someone physically viewing an object. This would be no different than the person who reads with their finger tips, placing their finger tips over what they want to see to get a better look.

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It is clear to me, that he actually read the watch. The way it happened was this. First, you have the Meaning of Reading. For Tom, that was using his eyes to see the object. For the fingertip reader, the Meaning would have been using their finger tips to see the object.

Second, you had the Meaning that his daughter was invisible. That not only "Meant" that he couldn't see her, but also, that he could see right through her. That is the Meaning of being invisible. To be clear, he didn't just say that he couldn't see her, he said that she was invisible which carries every property of invisibility.

Third, there was the Meaning of the inscription that was on the watch. Remember, that everything already has a meaning, which are all the individual meanings that are combined to make the whole Meaning. One of the Meanings of this watch was the words that were written on it. That was the Meaning of the inscription that he was asked to read.

So, he followed the instructions exactly, despite the fact that his physical Reality was bypassed in the process. He "Read" with his Eyes, the watch inscription directly because there was nothing in the way to prevent it. The entire "Action" was completed at the energy level, where all the relevant Meanings were accounted for and the proper result was given. It was as simple as a mathematical equation. Tom's eyes (Seeing device) + zero interference (Invisible Daughter) + Object to be seen (Words on watch) = Tom Knowing what the words are and reciting them out loud.

This is an amazing example of the power of hypnosis. Hypnosis usually involves people doing things that seem as though they are still within Reality even though it truly is another reality which only they are experiencing. However with this example, we are able to actually see that the person is truly experiencing an altered Reality because of the evidence that we are able to witness on the "Outside." That is a rare gift. ¹²³

What if we had changed this demonstration just a little bit by inserting a single sheet of paper in between the pocket watch and the little girl's back, how would that have affected the outcome? That would now Mean, that even though the Meaning of the Daughter was that she was invisible and see through, if the sheet of paper were inserted, he would not have been able to read the pocket watch. Why? Because the meaning of the paper would have still been that it blocks light and that you cannot see through it.

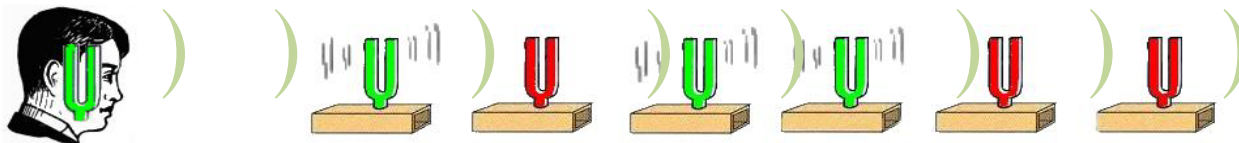
¹²³ Michael Talbot, The Holographic Universe, Tom, Friend of Michael Talbot's Father, Page 141

Explain
Illustration
#12-05-i2
9:07

GOD Power (Exercised and Tried By Hypnotism)

Physical Meaning	+	Physical Meaning	+	Physical Meaning	+	Thought Meaning	=	Physical Meaning Result
of Persons Involved		See With Your Eyes Which Pick Up Light		Paper is opaque And blocks light Can't see Through it		Certain Bodies Are See Through (His Daughter)		Tom Could Only See the Paper & Not Read The Inscription

The Ability Has Been Elicited & Activated In Tom's Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
 The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them

However, if the Hypnotist had done this but also said that the paper was invisible, then he would have been still able to read the pocket watch as before.

The next Video Example is also a Hypnosis demonstration of "Invisibility." However, we don't have the circumstances like we did in Michael Talbot's example, to really believe that the Hypnotist is actually see-through. He might just be "Not Visible" to their perception.

#12-06
25:53

Video Example - The Invisible Hypnotist

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Hypnosis Show; Invisible Hypnotist (2:34) (View All)



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What is this video about?

In this Video Example, the Hypnotist has told this guy on the end that he will not be able to see him. This Hypnotist will be invisible to him. He also told him that he would be seeing some amazing illusions. He then brings the guy back up to consciousness and begins to play some tricks on him.

He holds a towel in the air and moves it toward the hypnotized subject. Since he cannot see the hypnotist, it looks to him like the towel is floating in the air and coming toward him. He jumps up in fear and holds his chair up to protect himself from the floating towel.

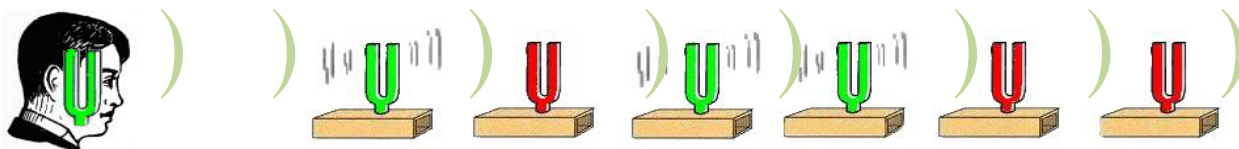
Normal Reality

Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Persons Involved		See With Your Eyes Which Pick Up Light		Bodies Are Visible		The Person Would Be Able To See The Hypnotist

GOD Power (Exercised By Hypnotism)

Physical Meaning	+	Physical Meaning	+	Thought Meaning	=	Physical Meaning Result
of Persons Involved		See With Your Eyes Which Pick Up Light		Certain Bodies Are Invisible (The Hypnotist)		The Person Is Unable To See The Hypnotist

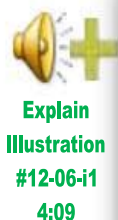
The Ability Has Been Elicited & Activated In Subject's Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them

What does this example show and what does it mean?

While not as definitive as Michael Talbot's example, it still shows how one can absolutely be unable to see something, or someone, that is right in front of them. In Michael Talbot's example we could read about it and hear him describe the experience, but, with this Video Example, you will be able to see this amazing phenomenon yourself first hand.



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While these are examples of hypnotized subjects, you can have your Reality changed just by talking to someone. That is why I say do not entertain or listen to points of view that are counterproductive to your Goals and Reality. Remember that your Reality will provide all the evidence that you want if you first give it some Faith.

In this next Video Example, Darren Brown, talks with a woman for a few minutes about colors and the nature of color and before you know it; her Color Reality has been Altered. This one is really something, enjoy.

Video Example - Who Painted My Red Car Black?



Watch
And
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[Derren Brown - Colourblind \(4:20\) \(View All\)](#)



What is this video about?

Darren Brown meets and has a short conversation with a woman in a Las Vegas Casino. This woman drives a Bright Red car and is parked right out front of the Casino. I'm sure that is why he picked her for this demonstration. He discusses different colors with her and what colors really look like. He has employed NLP techniques which is Neural Language Programming.

By using certain language patterns and certain matching gestures, he is able to change her idea of what different colors look like. Bearing in mind, that this means that something that she has known for SURE, and believed by for all these years since Kindergarten, has been altered in a few minutes of conversation and hand waving. She now thinks that Yellow is Red, and that Red is Black.

How To Use Your GOD Power - "The Master's Course"

Darren asks if they can go and see her car, which she readily agrees to. They go outside the Casino where her car is parked and she says, "My car looks just like that black car right there." She notices that that "Black Car" has her tag on it. Then she asks, "Who painted my car Black?" Darren then asks her, "Are there any cars out here in the parking lot that are the right color [Red]?" She says, "Yes, right over there. The Hummer is Red." The camera looks over to the Hummer and it is as yellow as a Canary. Her friends comment, "Everyone can see that her car is Red, except her." The video is as entertaining as it is amazing.

What does this example show and what does it mean?

This Video example is both a warning and a welcomed demonstration of what you can accomplish for yourself. It is a warning, because it clearly shows you that no matter how well you think that you know something, and for how long you have know it, it can be changed in a few minutes.

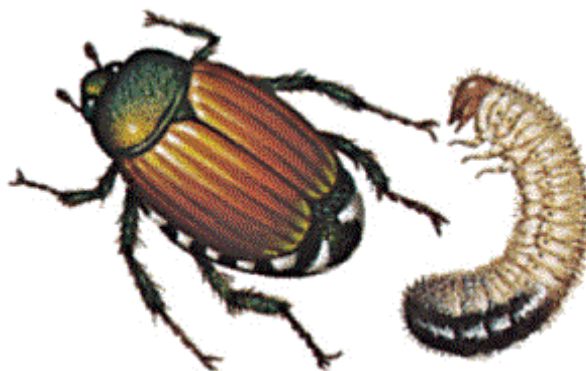
Can you imagine that you are embarking on your Business or personal venture, and a "Well Meaning" friend, has a few cautionary words for you before you go. Those few words could undermine you entire effort, and destroy your opportunity.

Remember that your Reality is based on your beliefs and that it is the Meanings that resonate with your World and elicit their likeness into your experience. What if you needed a Red "Widget" that was the most important part of your plan and your friend, or nemesis, convinced you that they don't exist? You would have the meaning that they don't exist. You could be standing right in front of one, and you would be unable to see it. It would be invisible or it would look like it is a different color.

The Warning is that if you value your Reality and your life goals and experiences, then do not listen to the naysayers, or the disbelievers or doubters, for they could change your World by changing your mind and causing you to doubt yourself.

The Welcomed Demonstration is that, no matter how strongly rooted your beliefs; they can be altered in minutes with the right help. If you have limiting Beliefs, or doubt yourself or your abilities, then this kind of drastic alteration is not only possible, but, very effective. Hypnotism and NLP techniques are very powerful tools in changing stubborn beliefs that are holding you back from having the Reality of your Dreams.

This Video Example is PROOF and EVIDENCE, that something as long standing and seemingly unchangeable, as what color is what, can be altered in minutes. Since your Reality is based on your Beliefs, which generate Meanings and elicit from your World, then small or drastic changes in your Beliefs can change your Reality. What Beliefs do you want to get rid of (Change)? What beliefs would you like to have (Acquire)? There isn't anything that you can't KNOW, BE, DO, or HAVE. Think about it.



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Are Those Japanese Beetles That You Are Eating? I remember watching a hypnosis demonstration by Ricky Kalmon,¹²⁴ on the TV Guide channel one day. It was as wild as you would expect and he was really good at it. He hypnotized people on the street and had them believing that they were in big reality shows and about to win millions of dollars in cash. The people were always told they were the final two and one of them would win the money. In one of these shows the “Contestants” were on the reality show called Fear Factor,¹²⁵ which is a show that had people doing things that were very scary to win money. They were challenged to eat as many Japanese Beetles as they could, and the one who ate the most would win.

The “Japanese Beetles” were in our reality only orange animal crackers. I noticed that as they ate them, they were totally disgusted about doing it. They remarked and complained that the Beetle would burst in their mouth as they chewed on them, and that the claws on their legs would get stuck on their Tongues. I remember thinking just how realistic their descriptions were and just how much they believed it. Of course everyone else on the street was laughing because they knew that they were only eating animal crackers.

¹²⁴ Ricky Kalmon is a sought after Stage Hypnotist, Corporate Entertainer and Motivational Speaker throughout the world. <http://www.rickykalmon.com/> Ricky is the star of the popular TV show *Seeing Stars*, that airs on the TV Guide channel. In each episode, Ricky encounters real people on the streets of Los Angeles and hypnotizes them to become TV personalities. The volunteers actually think they are characters on their favorite shows—Dr. Phil giving advice to people, Paris Hilton on a shoe-shopping spree, or even the next American Idol. Ricky is truly passionate about teaching others how to use his powerful Subconscious Makeover™ System to *harness the power of their subconscious mind through awareness and attention*. Change the way you think and you will change your world—true passions generate spectacular results!



¹²⁵ Fear Factor http://en.wikipedia.org/wiki/Fear_Factor Fear Factor is an American stunt/dare reality game show. The original Dutch version was called *Now or Neverland*. When Endemol USA and NBC adapted it to the American market in 2001, they changed the name to Fear Factor. The show pits contestants against each other to complete a series of stunts better and/or quicker than all the other contestants, by doing this in the fastest time, for a grand prize of US\$50,000. From Seasons One to Five, the contestants were generally three men and three women, all playing for themselves, but in Season Six, the show moved to a permanent format of four teams of two people, each with a pre-existing relationship with one another, all playing for a shared prize of the same amount.

I didn't think much more about it until I related the story to my Brother, Bob. In an amazing revelation of insight, he said something to me that I still remember to this day and it is as profound today as it was then. He said that, "They really were eating Japanese Beetles." I replied that, "It was only animal crackers, because I could see them." He said that "In their Reality, it really was beetles and not animal crackers." That has always stuck with me until this day and perhaps, it could have very well been the seed of thought that has grown into this book.

We know that completely different Realities can exist simultaneously, even side by side. One person can have their fingers in a candle flame for 10 minutes without harm and another puts their finger in the same flame and immediately gets a third degree burn. We have to realize that our Reality will only see that which is in our reality. For example, everyone in the room could see Tom's daughter, but Tom. It was only because we witnessed that he could read "Through" her, that we could really believe that she was invisible to him in the truest sense of the word.

If it weren't for that, we would have only believed that he just didn't notice her, or was somehow ignoring her. That would have matched our view of reality easily. But we had proof that he really had a different reality that was measurable and could be seen and proved by the reading demonstration. In our Reality we still can see her; we can't keep from seeing her. That is our Reality, on the "Outside." Likewise, in the Japanese Beetle eating demonstration, we see animal crackers, we can't help but see animal crackers. That is our Reality, on the "outside." We have to extend the same "Credibility" to their accounts of their experienced Reality as we extend to Tom, who was able to prove, definitively, that his Daughter really was invisible to him. In the same way as his daughter really was invisible to him, those animal crackers really were beetles to the contestants

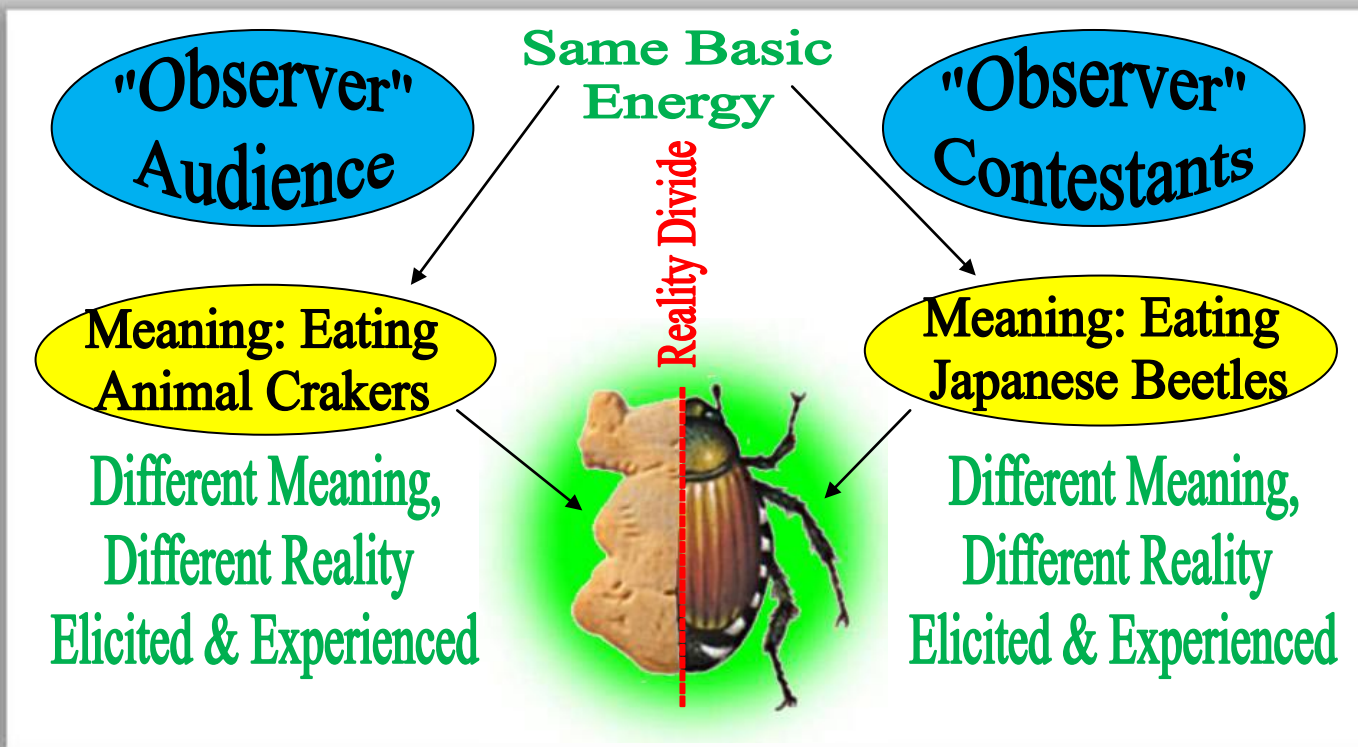
If we look at this in at a higher consciousness level, we realize that our bodies are only representations from an energy realm in the same way as everything else in the Universe is only a representation from the energy realm. One "Mass" of energy called Laura, Tom's daughter, is visible to us who have the meaning that she is there. However, in Tom's Reality, his Daughter is not represented in a visible form. This is no different than two different computers viewing the same picture, one has the authority and ability to see it, and the other computer can't find it.

In the example of the animal crackers, the audience had a meaning that they were eating animal crackers, and so the little mass of energy was represented in their eyes as animal crackers. However, to the "Contestants," those little masses of energy were wiggling and squirming Japanese Beetles that would POP in their mouth as they chewed them.

Their view point of what that energy mass was, is just as valid as the audience's point of view of what it was. Neither point of view was any less nor any more valid. It could have been the other way around, they could have really been eating Japanese Beetles and the audience could have been hypnotized to see animal crackers instead.

This would be no different than the biblical account of water being turned into wine or rocks into bread. The energy may have had the meaning of rocks a moment ago, but to the people about to eat them, the meaning now, is bread, and so they ate. The animal crackers may have been animal crackers to the audience, but they were real squirming, popping beetles to the people who were eating them.

Explain
Illustration
#12-06-i2
10:22



Note: From the point of view of the Universe it is still only energy, but, that same energy is different things to different people depending on what their Meaning of the situation is. Their EXPERIENCE is as Real as they believe that it is. **Their Meaning Creates their Experience.**

In the same way as the Daughter was invisible (For Real) to her father TOM, and at the Same Time she was Visible (For Real) to the others in the room, these "Treats" were in fact Animal Crackers (For Real) just as the crowd saw them, and at the same time they were Japanese Beetles (For Real) just as the contestants saw them and eat them.

Remember that Reality is all based on the "Observer" who decides the Meaning and thus Decides the Reality of the situation. What happens if there is more than one "Observer?" You have more than one Reality, Simultaneously. Remember that we can have two or more diametrically opposed Realities at the same time which cannot and will not interfere with each other. Every "Observer" elicits, sees, and experiences the Reality that Matches the Meanings that they have given the situation or event.

Just like the exercise example we saw earlier, when those people imagined that they were lifting weights, they were (For Real). If you have an experience that you are imagining, you are truly having it to the degree that you believe it. Remember when I was imagining that I was looking at the Sun and I experienced pain in my eyes for real. If you really believe that "Something" happened or is happening, it is. No matter if someone else says that it is not, it is, if you say it is. You created it by your belief. That is the amazing ability of your GOD Power.

Remember, that those other people who saw the Daughter could have said, "You are just imagining that she is invisible, because we can see her plain as day." However, as soon as he read the watch inscription that was on the other side of his daughter he proved that she was truly invisible AND SEE THROUGH TO HIM. That is Reality.

Was it "REAL" that the others in the room saw the Daughter? Yes it was, that was their Reality. So, was it "REAL" that she was invisible to her father and that he could see right through her? Yes, it was, that was his Reality. Can a situation or event have many completely different Realities that are "REAL" at the same time? YES, as you can see, Reality is a very REAL thing and it is also a very PERSONAL thing.

Those contestants REALLY were eating those Japanese Beetles. After the demonstration was over and they were told that they were only eating Animal Crackers, they changed their belief about it, which made them feel better. However, during the time that they thought they were eating the bugs, they were. I just hope that they don't read this book and realize that it was REAL after all.

*So This Begs The Question
"Is Seeing Believing?"*

*Yes, It Is. But, At The Same Time,
"Believing Is Seeing!"*



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And
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#12-07
26:25



Slide Show
Presentation
Chapter #12
Part 3 of 4
1:10:00+

You are Able to Create Reality

So what is really Real? It is all Really Real, to you. Only you can say what is Real in your Reality. Whatever meaning you have for the experiences in your life, will dictate what is or is not real for you. That is the GOD Power that you hold.

While we are discussing the power of hypnosis, I think we should revisit the two examples that we first saw on [Page 273](#).

The British physicist Sir William Barrett found evidence of the phenomenon in a series of experiments with a young girl. After hypnotizing the girl he told her that she would taste everything he tasted. "Standing behind the girl, whose eyes I had securely bandaged, I took up some salt and put it in my mouth; instantly she sputtered and exclaimed, 'What for are you putting salt in my mouth?' Then I tried sugar; she said 'That's better'; asked what it was like, she said 'Sweet' Then mustard, pepper, ginger, et cetera were tried; each was named and apparently tasted by the girl when I put them in my own mouth," ¹²⁶



Explain
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3:56

Normal Reality

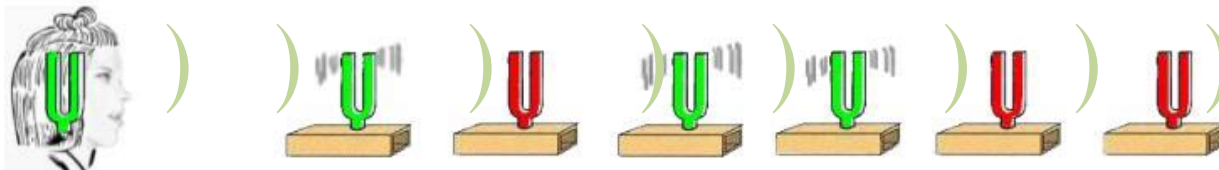
Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Persons		Taste Is In Your Own Mouth		Nothing In Her Own Mouth		She Tasted Nothing

¹²⁶ S. Edmunds, Hypnotism and the Supernormal (Londonr Aquarian Press, 1967), as quoted in Supernature, Lyall Watson (New York: Bantam Books, 1973), p. 236.

GOD Power (By Hypnotism)

Physical	+	Thought	+	Physical	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Persons		Her Taste Is In Hypnotist's Mouth		Nothing In Her Own Mouth		She Tasted Everything He Did

The Ability Has Been Elicited & Activated In Her Own Life Experience



The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them

In his book *Experiments in Distant Influence* the Soviet physiologist Leonid Vasiliev cites a German study conducted in the 1950s that produced similar findings. In that study, the hypnotized subject not only tasted what the hypnotist tasted, but blinked when a light was flashed in the hypnotist's eyes, sneezed when the hypnotist took a whiff of ammonia, heard the ticking of a watch held to the hypnotist's ear, and experienced pain when the hypnotist pricked himself with a needle—all done in a manner that safeguarded against her obtaining the information through normal sensory cues.¹²⁷

Normal Reality

Physical	+	Physical	+	Physical	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Persons		Sense Sensations Are Your Own		No Personal Sense Sensations		Nothing Felt or Sensed

¹²⁷ Leonid L Vasiliev, *Experiments in Distant Influence* (New York: E. P. Button, 1976).



Illustration



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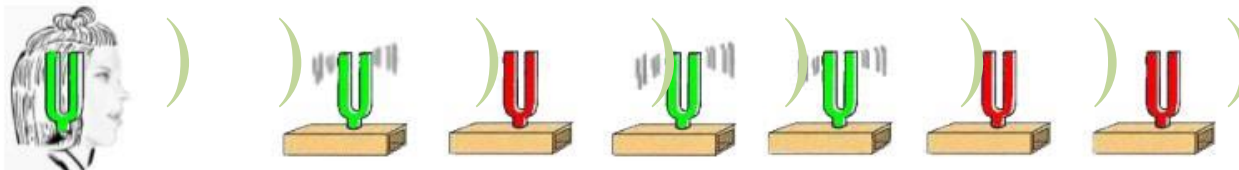


Explain
Illustration
#12-07-i2
9:28

GOD Power (Exercised By Hypnotism)

Physical	+	Thought	+	Physical	=	Physical
Meaning		Meaning		Meaning		Meaning Result
of Persons		Sense Sensations Are Hypnotist's Sense Sensations		No Personal Sense Sensations		Subject Felt & Sensed Everything The Hypnotist Did

The Ability Has Been Elicited & Activated In Subject's Own Life Experience

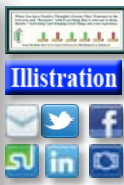


The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them

Like the story told about the invisible Daughter, witnessed by Michael Talbot, these two stories serve as powerful examples and proof that hypnosis can actually change one's reality in ways that are so dramatic, that they are even discernable to witnesses on the "Outside" of their reality. In both of these examples, we have to examine the exact language of the hypnotist's instructions because it is the exact language and instructions that determine the Meaning, and the Meaning is the only thing that counts.

First, the hypnotist in both examples, instructed the subject that they would experience what the hypnotist experienced, whether it was a taste or a smell or sound or feeling. This is a very important point. If the hypnotist had said "You will know what I taste, or what I smell etc.," then the subject would have gained the knowledge by telepathy. However, because, he said that they would taste it, that meant that they would not only know what it was, but they would also experience the taste as well. But, more careful analysis indicates, that they would taste it first, and from that, they would then figure out what it was.

Like the invisible daughter example, this calculation of meanings is as simple as a math equation. First you have the Meaning of what the Hypnotist tasted. Then you add the Meaning of what the subject tasted. Normally, the Meaning was nothing, but, the formula was Subject Taste = Hypnotist taste. So like the sugar pill, the original Meaning was overridden by the new assigned meaning, and the new assigned Meaning was equal to and the same as the Meaning of what the Hypnotist tasted. So if the Meaning of what the hypnotist tasted was salt, then automatically according to the new Meaning, the subject tasted salt. It is important to note, that the Meaning from the hypnotist, was not over ridden. He was actually creating meaning the old fashioned way, by actually doing the physical act of putting salt in his mouth.



Since all actions and activity is only really happening in the energy realm, then all this happens in energy. The hypnotist is represented as tasting salt as a result of his physical meaning, and the subject tastes salt as a result of the asserted meaning. While this was never done to my knowledge, I wouldn't be surprised if you could actually find traces of salt in the subject's mouth at the moment she tasted it. It is completely within the realm of possibility. If the taste of salt could be represented in her mouth, the salt itself could be represented in her mouth as well.



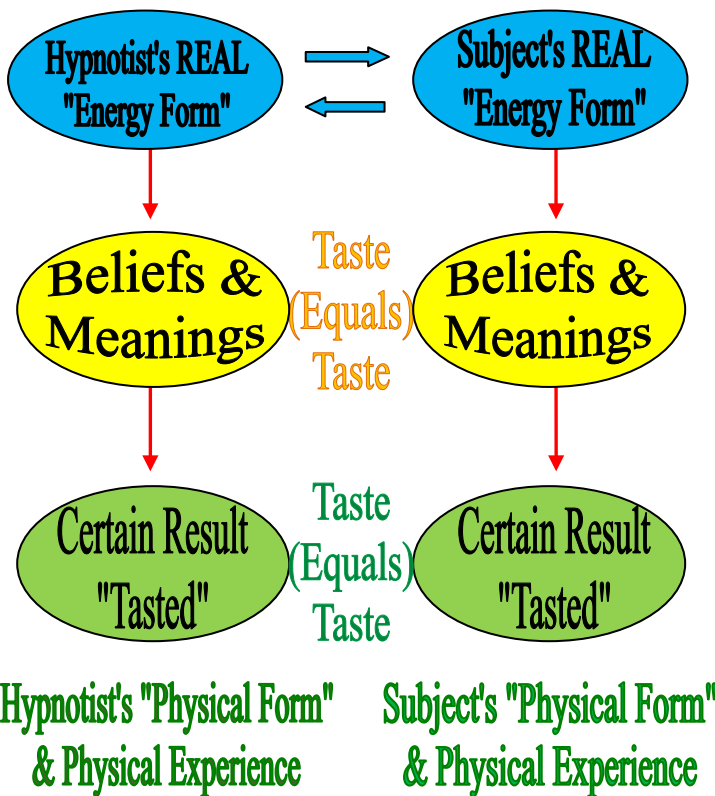
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#12-07-i3
9:40

REAL

"Energy Level"

Where All Things Actually Happen.
Your Vibration "Elicits" and Creates The
Appropriate Response from the Situation
at the Highest Level - Non-Physical Energy
Level.

**A Certain Resonant Result is First
Elicited & Created at the Energy Level,
& Then Expressed in the Physical Form**



THOUGHT

"Beliefs & Meanings Level"

Where All Meanings Create Your
Vibrations & "Elicits" The Appropriate
Response from the Situation at the Highest
Level - Non-Physical Energy Level.

ILLUSION

"Representation Level"

Where All Results are Re-Presented in
Physical Form as they have already been
pre-arranged and Created in the energy
realm. This is where they are:

"Experienced"

Let's look at this from the Multiple Realities point of view. Was it REAL that the witnesses of these two events could not taste what was in the Hypnotist Mouth? YES, that was very Real. They were "Observers" who didn't believe that they had that ability and so they didn't. That was their Reality. Was it REAL that the girl could taste what was in the Hypnotist mouth? YES, that was Real. She was an "Observer" (Participant) who had a meaning for this situation that she could taste what was in the Hypnotist mouth, and so she could. Could these diametrically opposed Realities exist at the same time even though they are completely opposite? Of course, there can be as many view points and Meanings of any given situation and each will have their own PERSONAL Reality as a result.

How To Use Your GOD Power - "The Master's Course"

But it often seems like many people have the same Reality together, like the group who all saw the Daughter, how does that work, individually speaking? They are always "individual Realities," however, often many people can have and do have, the same view points and Meanings for the same situation and they can have the same Reality as each other, but, still they experience it individually. They are NEVER SHARING a Reality; they are just eliciting the same Reality, the same results, as the others.

This is a very important point because while the Realities may seem exactly the same, they are still individually created and experienced which can easily be noticed in the finer details. Each will elicit and notice slightly different aspects of the same event according to their own Meanings. One might think that a person was enjoying a certain event, while another may perceive that they were not. That is why you must always be clear on the fact that they are individual perceptions and individual Realities, that way you can recognize your differences and create it your way, regardless of the other "Observers."

What other kinds of Realities can Hypnosis Alter? How about getting an Orgasm at the mere mention of a word like, "KAPOW!"

Video Example - Kapow

 [Share This](#)



[Kapow -- A Favorite, Revisited \(1:15\) \(View All\)](#)



Watch
And
Share



What is this video about?

In this Video Example, this girl has been hypnotized to experience an intense Orgasm at the mention of the word, "Kapow!" The hypnotist "Count Spankula" speaks the word and sure enough she starts to writhe in ecstasy. She states that, "I can't get an Orgasm like that normally."

What does this example show and what does it mean?

This Demonstration shows that Hypnotism can be used effectively to improve and enhance almost any aspect of your life experience. What if you had a "Secret" word for each drug that you normally took, or experience that you wanted on a regular basis? All you would have to do is utter that word and you would have the experience. That would be quite a savings in your pharmacy bill.

Hypnotism is one of the most powerful methods of Creating Meaning and altering your Reality that I know. It is far easier than practicing Affirmations and safer than experimenting with Drugs. You can even learn how to hypnotize yourself.



 **Share This**

Watch
And
Share



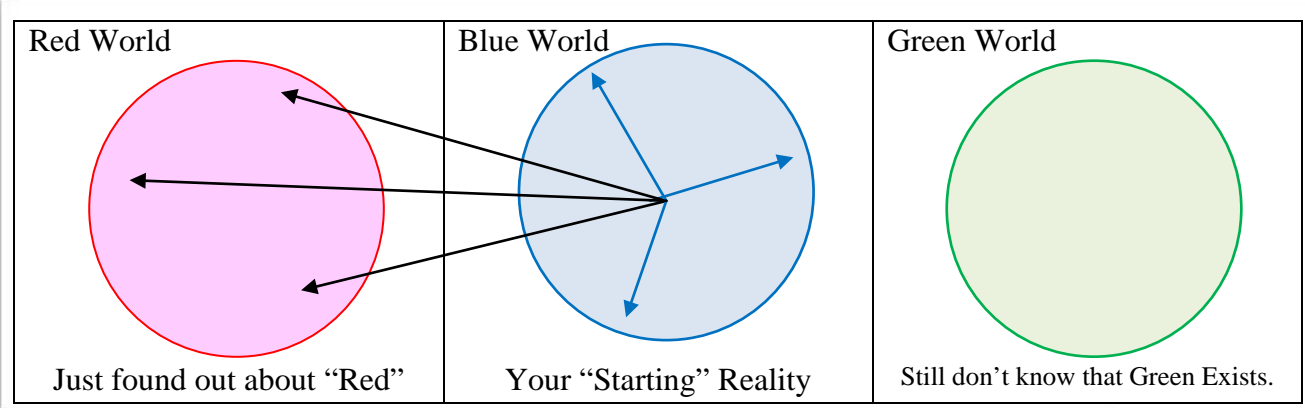
#12-08
28:02

The Reality of Your World...

To get in this "Physical Reality Experience" you must get born into it (Typically), you live a certain amount of time in the Experience, and then you exit the illusion by an experience called death. During your "Time" here, you have experiences, feel real feelings as if they were real, interact with other adventurers, and experiencers, and co-create life experiences together. This is a wonderful adventure and experience and the fact that it is so realistic, is a work of genius. I want to point out that there is nothing wrong with the system. It is working perfectly well for Billions of people and trillions of other Life forms. Just because a few of us are tinkering with the program to figure out how it works so we can maximize our experience, doesn't mean that for everyone else it isn't just perfect the way it is, because it is.

However, once you are here, you must begin to create your World. This is where it all comes together. You have to realize that this is YOUR WORLD. It belongs to no one else but you. It is entirely your creation. Everything that is in it, you put there. Weird... Huh? Think about this carefully. There is some of everything in this Universe, because, since all things are possible, it is probable that somewhere, somehow, anything and everything than can be done, has been done or is being done right now.

If your World is "Blue" then everything in the World that is Blue, you will have available in your Experience (Your World). However everything that is Red or Green or something else, will be outside your knowing. It doesn't mean that they don't exist; they do, because everything does. It just means that in Your World they don't exist.



Explain
Illustration
#12-08-i1
11:49

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There are people doing things that would blow your mind. There could be "People" here from other planets, and you would never know it, because they are not in your World Idea. But, if you suddenly, or slowly, began to consider the Idea of the existence of the color "Red" being real, you would begin to access and annex everything "Red" into your World and it would amaze you. You would exclaim, "Where did all these Red things come from?" They always existed, but not in your World. That's why I keep saying that you are creating your own World. It only consists of what you are aware of and what you think it might contain. There are Literally Billions and Billions of things that you are unaware of in your own town alone, much less in the rest of the World and the Universe. There are non-physical energies all around you and people who can do amazing things that you could never imagine right in your town, and you will probably never know it in your entire lifetime. Whatever "IT" is, it might exist in somebody else's World, but until you are aware of it,

"IT DOES NOT EXIST AT ALL, IN THE WORLD OR THE UNIVERSE."



Explain
Illustration
#12-08-i2
7:00



Your "Sphere of Awareness"

"Your World"
Everything in This Circle
"Exists, & Is Real"

"The Realm of All Other Possibilities"
Everything "Out Here"
Might or Might Not Exist
It only "Exists" When It Gets
"Elicited" into Your World By Awareness

Let's conduct an "Einstein Thought Experiment." First, I want you to think of whose World this could be that you live in. Do you have those People in mind? Now, I have a very experienced Hypnotist who will now hypnotize you. From your new thoughts of what is, you will now cause them to disappear from your experience like Tom's Daughter did. Now, who else is there that is in charge of your World? Again, you will have them disappear from existence. Are there any animals that you want to disappear from your Reality? Your entire History and Memory can be altered as well to where your entire life becomes a different experience. Are you "Realizing" that this is your World yet, that it is exactly as you think that it is, no more and no less?

See if someone else can make something disappear or appear from your experience, in the World? What? They Can't? See if someone else can change what is or is not in the World that you see... What, they can't do that either? Is there anything that "they" can "Control" in the World that you see? Nothing, huh?

Can you make something disappear or appear in the World that you can see and experience? Oh, You Can? Can you change what is or is not in the World that you Know? You can do that also? Is there anything that you cannot create or control in the World using Your GOD Power? You can control it all? Well, I guess that this must be YOUR WORLD, after all, if you are the only one who has the Power to change it and alter it, it must be yours.

In my Reality, or my World, I can see and interact with "Orbs." These are spheres of energy that are intelligent beings of some kind. They are always zooming around and very few people can see them, but, I am one who can. They are about the size of a basket ball and have a darker

center, which I think is the part that shows up in photos. They are able to communicate with me by a system that I created. I will ask a question, in my mind, and they will answer by bobbing up and down for a yes and side to side for a no. If they want to show me something specific like something in the night sky for instance, they will move in a circle so that the thing they want me to see is in the middle of the circle.

One day my dog died, and I wanted to know where to bury her in the back yard. It was at night which is the best time for me to see them well. I asked them if they would show me where she wanted to be buried and they said yes. I followed them across the yard to a place under a nice tree; I said is this the place? They bobbed up and down indicating yes, so that is where she is.

They also have a sense of humor. One day I was asking them if they wanted to show me something. This one in particular bobbed up and down indicating a yes. So I watched that one to see where it was going to go and what it would be pointing out for me to see. It started to move to my right, so I started to turn right. But it kept on going around me. So, thinking that it was headed to a place behind me, I keep turning until I was facing directly behind where I was standing. But, it kept on going around to the right. So I kept turning until I realized that I was going round and round in a circle. It was so funny when I realized that it was a joke. They had played a joke on me and at that moment I realized that they also have a sense of humor. It was a fun afternoon. I have been able to show a couple of people how to see them and they can see them now, but most others, no matter how hard they try, still can't. It's just not their Reality. At least not right now.

You have a pretty broad spectrum of possible awareness material. Your Reality starts out with everything that you are aware of, and is then programmed by your beliefs (meanings) about what you are aware of. Since, it all starts out with what you are aware of, and what you are aware of is a resonant function of your thoughts, then your thoughts are the foundation of your Reality. Your thoughts and Beliefs (Conscious as well as Subconscious), cull out your specific choices from all that is possible and all that is available, to create your World, the only World you know. No one else can add or take from the World that you create. You are the center of the World and the Universe that you know. You will never know anything that is outside your World, because the moment that you become aware of it, it becomes a part of your World.

Did you know that there are other people whom you will never know because their World is so different than yours, you will never be able to meet? It is impossible. They will never exist in your World and you will never exist in theirs. That is a fact. You both look into the same parking lot and you see the red cars and he might see the kind of asphalt it is made of, or a possible site for a condominium. Or he may be observing the blue sky up above or watching the "Orbs" wiz around. You both have different views of the World and will always see different things and resonate with different people, places, circumstances and events. That's Good. That's exactly the way it is supposed to be.

Create your World in its most ideal form and all those who belong, will show up, whether that's people, money, or good times, they will all be there automatically. They will have no choice. They will be automatically invited and compelled to come, by our old friend, the Universal Matchmaker, Resonance. Always go for the best that you can imagine, because whatever you can imagine, you can see and elicit.

By the power of Resonance, you can either reveal the best of everything or the worst. This comes from a low esteem situation. If you don't feel worthy, you may feel that you only deserve and can only have less than the best. But the beauty of having this understanding of Resonance, is that you can reveal and elicit anything that you want. Before, you "put up with" and accepted less than the best because you thought that's all you could get, and it was as long as you were thinking that. But, now you know, if you want to think about wrecks, you will see them and elicit them into your experience,

However, using the same amount of energy of thought, you can just as easily think of fancy sport cars and Rolls Royce's and see them show up as well. An important point to remember about Resonance is that it is a "Total Service." That is to say, it doesn't just bring the fancy car to your attention, BUT, it will also bring to your attention the way to get it also. That might be a better job, or winning the lottery, or inventing something that makes you rich. Who knows what the best way would be for you. But, when you are attracting something and eliciting it from the Universe, it will come into your experience in the best way that it can based on your Beliefs, and your Reality. If you don't believe that you can get a high paying job, or that you can invent anything, but, you do believe in the possibility of winning the Lottery, then that's the way it will happen for you.

I know it all sounds good, but how does one go about creating a World? It's not hard, but it does take a dedicated effort. If you don't take the time to plan out and create your own World, you will end up with a haphazard World, randomly created and thrown together by you.

I recommend the clean slate approach. Start from scratch. Pretend that you are creating a new online World. There are certain "Rooms" or aspects of your new world that you might want to populate with friends and opportunities. Create the room for them and they will show up automatically. Remember, nothing but the best will do. No less.

Your World may include, Politics, outdoor activities, business opportunities, personal friends. Each area must have a reason, and purpose in your experience.



Watch
And
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#12-09
15:00

World Creation Techniques

The "Golden Rule" is a World-creation tool. It is the most important tool in your tool box. You define your World by your own actions. Whatever you do and think is included in your World and everything in your World is thinking about YOU. Think about it, it is in your awareness because you notice it, and you only notice it, because it is resonating with you enough so that you notice it. And if it is resonating enough so that you notice it, it notices you. Even though most of it is minimal, you are the center of your entire World to one degree or another. Whether or not you are aware of everything else in your World and it is aware of you on a Conscious level or not, doesn't matter. What matters is there is a relevant connection and reason that it exists in your World.

I know that this is a big thought, but, it is what it is. If you have learned nothing else so far, you have learned this, this World of GOD Powers and magical creations and abilities, where you are actually creating your own Reality, is much more complex and interconnected that you ever imagined. Everything in your experience, from the World that you know, to the Reality that you live in, is your creation and at your command. It is time that you recognize it and take responsibility for your actions and thoughts and purposefully direct and tailor your perfect Life Experience. It is just as easy to create the perfect life as it is to create a random, haphazard life.

If you are a jerk to someone, then jerks now exist in your world. You can and will easily notice them and will experience a few directly. When you are a jerk, you vibrate your essence, and all other people who are jerks begin to resonate with you and you notice them. It takes one to notice one. That means that you can't notice anything that you don't have a vibration about, even if that vibration is only awareness that they exist. You will notice them and they notice you. You have added them to the population of "your Planet." You have extended an invitation that comes with a compelling resonant quality to show up in your experience. Nothing has the power of a compelling invitation based on what you are "being."

What do you do about it? Simple,

#1) "Be" exactly like the type of person you would like to see in your World, and they will show up. Whatever you are, you will elicit and experience. That is a result of our powerful friend Resonance. Decide that you will make every effort to be everything you ever wanted in

someone else. Don't slip up. Every time you act, think and behave in a way that you would want to experience yourself, you send out an invitation to your World for more of the same. It takes time, but, you can do it.

#2) Practice noticing people, places, situations, and circumstances that you want to see more of. You can activate Resonance from either end. You can think of something or be a certain way and then you begin to notice that which is like it showing up in your experience. Or, you can practice looking for what you like and want in a person or place or situation and just by observing it; you resonate with it and activate it within yourself. It works great. As you practice looking for these things, like the smorgasbord, you see more and more of them, and soon that's all you will see. Your world will be fabulous, because you can only see something if you notice it and if you don't notice it; it is invisible to you and does not exist in your World.

#3) Ignore everything else. Don't hate it. Don't fight it. Don't pay any attention to it at all. If you don't want crime in your World, ignore it. Don't talk about it and don't notice it. However, whatever you do, don't hate it. Remember that everything in the World has its place. Everything that exists does so, because it was created and attracted by someone. That's their business, not yours. If you "Hate" red cars you will see them everywhere. However, if you ignore them, eventually you will no longer see or experience them.

For example, criminals can only rob those who worry most about it or think most about it. That is because they are the only ones that catch their attention. And if there weren't criminals in the World, Police wouldn't have a job. It all makes sense in the big picture (Higher Consciousness), because everything in the Universe is in symbiotic relationships, in that they each gives something to the other. The perfect perspective is to say, that is someone else's creation and their business, not mine. However, if you talk about it, listen to it on the news and are upset that it exists, then you are resonating with it and inviting it in a compelling way into your World. If you are a Cop, by all means invite it, otherwise, I recommend that you just ignore that it even exists at all.

Also, don't talk about cancer, sickness or death, if you don't want it in your World. Just ignore it. If someone can't wait to tell you about someone who is dying in the hospital of cancer or just got run over by the bus, simply tell them, "I'm sorry, but I would rather not talk about that kind of thing, nor do I even want to think about it. Let's talk about something else more pleasant." Not only will that kind of conversation fade from your experience, so will all other aspects of poor health and the like.

Remember we each make our own World. What you watch and entertain, will have no influence or power in what is in my World, and frankly, it's none of my business how you create your World. I'm just explaining how you go about tailoring the perfect World that you want.

Don't stare at accident scenes. I know that gory accidents have an attention grabbing quality that is hard to resist, but resist you must. When I am coming up on an accident scene, I go so far as to look in the opposite direction and notice the shopping center and what's there or look through my CD collection to pick the next CD as to avoid seeing it. Interestingly enough, since I have been doing this the number of accidents that I come across has dropped to almost zero. I haven't seen one in years. So either, the number of accidents has dropped off to near zero, or they just don't show up in my World anymore.

I heard a story that is supposed to be true. A famous high diver, I think it was in the Olympics, hit his head on the diving board or edge of the pool, I don't remember, but, what I do remember is that when the news people offered to show him the video of the incident, he refused to see it. He said that he didn't want to have the image of that in his mind. All I can say is "WELL DONE!" To see it, causes a resonating quality with the event and circumstance, and while it might not actually cause the exact event to happen again, it could be the cause of some crises in confidence, or poor performance or some other undesired result. He knew the World creating fundamentals well. Do not think of, or observe, what you don't want to invite into your World and your life experience.

#4) Choose your media exposures by their content as it relates to your new World. This means not only avoid those types of shows, movies, and magazines that are a bad influence in your World, but, do watch and look for movies, shows, books and magazines that do contribute to your perfect World. Let me clarify right now, when I say a Perfect World, I mean one that encompasses everything that you want and is blissfully unaware of the rest. A perfect world for you may be a World of no sickness and global peace. However, a "Perfect World for a doctor, may be a World in great need of his services, and to a Policeman, a World run amuck, where he can save the day, day after day. In short Perfection is a very personal matter and it is as personal as your own Reality because it is your Reality.

For me, I have no use for Daily Soap Operas, where the characters are always scheming, dying of some horrible disease, or wrought with unpleasant surprises, especially on Friday's when the nature of the shocking revelation will be discovered on Monday when the show continues. Additionally, I am not fond of the news. I find that it has nothing to offer. I don't need to know that a woman and her kids just burned to death this morning, nor do I need to know that in some state across the country, a pile up on the expressway killed 10 people. The fact that a man was shot at gun point, in the Bank in a botched robbery; will only serve to heighten my discomfort every time I enter a bank to conduct my business. There may have been 5 people who got killed today, and 50 who got robbed etc., but, there were BILLIONS of other people who got up, went to work and came back home safely and had a wonderful day. That's the world that I want to be "Tuned Into" and be aware of.

Remember, your mind is a very powerful thing. When you have an image in your mind with an emotional response, it causes a Resonant quality that begins to attract and light up more of that thing in your experience. Next thing you know, you hear from a friend that they saw a robbery, and it just builds and builds like a snowball. If you had never had that image or heard the bad news in the first place, your day would have been quite pleasant.

I'm going to show that you have very little control of the images in your mind. When you watch a news broadcast they are actually "Forcing" images into your mind, and there is little you can do about if you watch those kind of shows. I am going to show you how powerfully an image can be placed into your mind even if you try to resist. I am going to show you a word that describes an item. When you read the word, I want you to try your best NOT TO PICTURE the item in your mind. Let's see if you can do it.....

“Basketball”

Did a picture of a Basketball come into your mind? What if I begin to describe it? You know what it looks like, right? A big Orange Ball with Black strips going around it which is thrown through a hoop with a net under it. Have you been able to keep the image of it from your thoughts? I didn't think so.

You see, when the news says Crime, Murder, Accident, Disaster, These things bring pictures to your mind and are actually programming you to become aware of them through the power of Resonance. I personally haven't watched the news for years and ever since I stopped, I stopped worrying about things as much as I had before. My World is much more relaxed and working perfectly don't you know. If there is something that I really need to know that pertains to something that I am doing or working on, I will "Naturally" find out about it through Resonance, through other channels that I'm in touch with.

Now, that I have covered that topic as much as it needs, let's go on to things to watch. When you select a movie or TV show to watch, consider the theme and plot. Is it a person who succeeds in the end or gets killed? Does he or she find love and happiness or divorce and misery? If you are a divorce attorney, a "good" divorce movie may be just the ticket. Is it a movie that depicts the Government as sneaky and not trust worthy, or always looking out for the little guy? Is it a disaster movie or a crime movie or a guy who dies of cancer in the end kind of movie? What about a horror slasher movie, or supernatural monsters who live under your bed?

Only you know in your heart, what kind of movie depicts the kind of World, you are creating for yourself, and which ones do not. It is not my place to say what is good for you and what is not. Just remember, after the show is over, what are you noticing in your World, that "Matches" what you would like to see, and what do you now think about and notice that you would rather not? It's all up to you; it is your World and your Reality.

#5) If you happen to act or think inappropriately, or notice something that you shouldn't have or fail to ignore something you don't want in your World, that's O.K. It's an easy fix; just use your GOD Power to change it. No matter what has happened, it hasn't happened until it has meaning, and you can quickly alter its meaning and change it from a bad thing to a good thing, even after it has already happened. Suppose that you have just told someone off and acted in a way that you are not proud of and exhibited the kind of behavior that you would rather not invite into your World. That's an easy one. First let's explore how you might think of it to start with, and then we can see the dramatic difference when you change the meaning of what just happened.

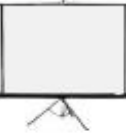
At first, you might think, 1) I just messed up and acted the wrong way, 2) This is going to cause these kinds of people to show up in my experience, 3) I'm not very good at this and I don't think that I'm going to be able to do this as well as I need to.

However, this is the way you will really do it. You simply rethink it, and adjust the meaning of what just happened to where it ends up being a benefit to you. Just think to yourself something like this, 1) Everything that I am experiencing is in some way leading to my perfect life experience. In some way this is serving me and making me better. 2) After all, I just noticed my action, and I am now correcting it. 3) So, in the big picture, this incident has helped me recognize that I am actually improving and this proves it. 4) Well done. Very, well done.

That is a huge difference in meaning. I would say that this change in meaning would neutralize the negative effects of the entire incident because, nothing bad has happened. You are improving, this proved it, and it's a great thing.



#12-10
10:02



Slide Show
Presentation
Chapter #12
Part 4 of 4
38:00



Flash Movie
Presentation
Chapter #12
Part 4 of 4
42:50

A Re-Visit of the "Platinum Formula" with a Twist

Here we are nearly at the end of the book. We have covered so much in just a few hundred pages. Near the beginning of this learning adventure in Chapter #3, The Most Powerful Formula in Your Life, we first encountered the "Platinum Formula." I called it the Platinum Formula, because Platinum was more valuable and stronger than Gold. The Formula is:



"Everything Is Working Out For You If You Know It Is."

R.L.M.

As you recall, I also said that we would revisit this powerful Formula at the end of the book, when you would have enough KNOWING to make it work. Here we are at the end of this book and you are a new and different person. Your Understanding of the Universe and Life has exploded in an exponential way, so much so that you will never be the same person that you were before reading this book.

As you remember, this Formula's opposite was also true, which is, "Everything is NOT working out for you when you KNOW that it isn't." That was the issue. We completely understood every part of the formula, but were unable to actually put it in to practice because it is an "Endless Loop" formula. That is to say that whatever your Reality experience is at the moment, "Going Good," or "Going Bad," that is what will keep happening. If things are going Bad, you know that they are and so it keeps on "Going Bad."

As it turns out, the only way to get the Formula working in a Positive way, was to just assert that things are "Going Good" and KNOW that they are, but, that was the problem. How could you say with confidence that "Things are Going Good," when you actually KNOW that they are not? You have to somehow recognize that they really are going good for you, enough to say that "YOU KNOW IT!" So, here we are on the final leg of our "Quest for KNOWING."

The question is, "How do you KNOW that things are actually going good for you despite how they seem to be?"

That's Simple. You Move yourself to a Higher Level of Understanding (Consciousness) and recognize that your Current situation and the way that it appears to be now is a direct result of how you are thinking about it and the Meaning that you are now giving it.

Watch
And
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Illustration

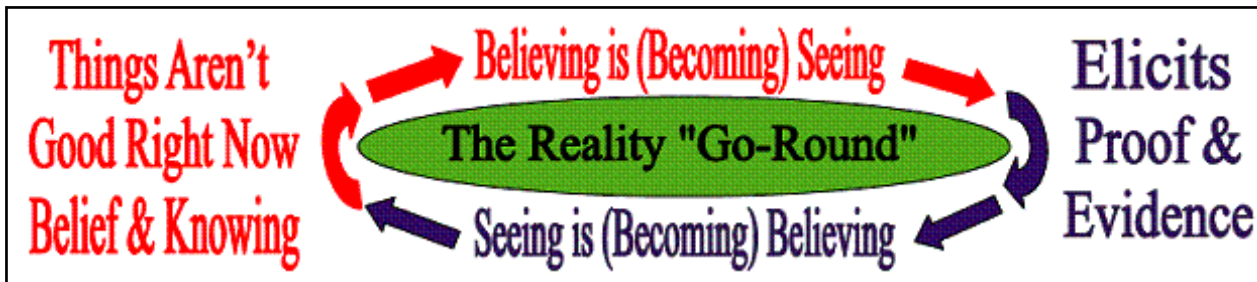




Explain
Illustration
#12-10-i1
1:03



Explain
Illustration
#12-10-i2
0:40



However, at that same Level of Thought, (Higher Consciousness) where you understand how your thoughts create Meanings that elicit Specific Results from any situation or life experience, you Decide to say and consider that, things may be going well after all. Perhaps there are some Opportunities here for you. From that new Place of things are Going good, YOU MAKE THEM TURN OUT GOOD!



So the answer to the Question "How do you KNOW that things are actually going good for you despite how they seem to be," is that you Understand that

You MAKE THEM GOOD by Saying So.

You KNOW that if you are thinking about Red Cars, you will see them. If you are thinking "What are the Opportunities in this situation?" You will see them and therefore be able to take advantage of them. Furthermore, you KNOW that an INFINITE number of possible outcomes can be elicited from every situation and that which one is elicited is determined by the Observer/Chooser. YOU!

Choose "This situation as well as any and every other situation in my life, are going great for me, even if I don't recognize it at the moment." From that Decision, Meaning, Choice, you will Elicit the best options and opportunities from every single element and situation in your life experience. From that place you can say with confidence.

"Every Thing is Going Good For Me"

When you can say that with confidence, KNOWING that just by saying so, you make it so, then your Platinum Formula will work Perfectly for you.

"Everything Is Working Out For You If You Know It Is."



Illustration



Illustration



You will Realize that Everything is working out perfectly for you because you KNOW that it is, because you SAY THAT IT IS.

Now, for the "Twist."

Now we are going to take this powerful Formula and substitute some different wording to create a REALITY Platinum Formula. We are going to substitute the words from the Golden Affirmation and put them in the Platinum Formula making the Greatest Formula of all Time!!!! Remember that the Golden Affirmation said:

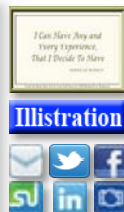
"I Can Have Any and Every Experience, That I Decide To Have."

So the new Formula is:

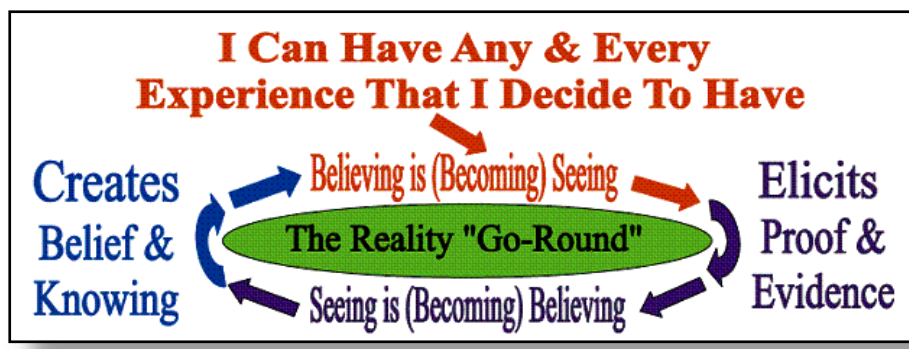
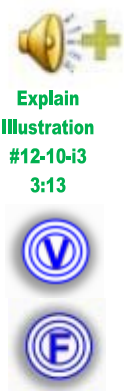


*"You Can Have Any and Every Experience
That You Decide To Have,
If You KNOW That You Can."*

R.L.M.



If you Decide that you can, that it is possible for you, and it is, then your Reality will Elicit everything that you need to know, every ability that you need to have and every other aspect needed for you to have that experience.



When you DECIDE that you can, you are exercising your GOD Power, to create the Meaning I can do this and I will do this. And from there it all begins to take shape. You start meeting the people you need to meet. You just happen to find the information that you need to have. You discover some evidence that gives you even more confidence and belief in yourself and your ability. Until finally on that faithful day when your Experience culminates just as your wanted it to and decided that it would.



Enjoy Your New-Found Power! Your GOD Power to change any Meaning that you want to and thus elicit any Outcome that you Decide to Have. **How Great is that?**



#12-11
6:32



You Have No Defenses & No Protection and... You Don't Need Them



In your "World Creation," just remember that you have no ability to "Protect Yourself or Defend Yourself" against Potential threats such as disease or harm from others or from life itself. This might sound like a problem but it is not, because

You Don't Need Protection From Anything!

Nothing can come into your experience unless you invite it by your thoughts and actions. No one has ever been harmed or died of a disease that they themselves didn't create and attract. How could they?

Let's look at Cancer for example. People who have died from Cancer caused by Cigarettes, did not die because of the Cigarettes that they smoked, instead it was a combination of their belief that Cigarettes cause harm and their overall attraction in regards to health.

Remember that when you are eliciting a response from the Universe that the "Resulting" elicitation will be created from some combination of the "Elements" of the Situation. If this person was creating "Negative" Vibrations from poor meanings on a regular basis, then they were attracting and eliciting Harm to themselves in the same way as the rice was eliciting harm to itself with the negative labels it had. How that harm comes depends on what "Elements" are available to draw from. It will Manifest in the most appropriate and easiest way that it can.

Maybe this person doesn't even smoke, then what? Cancer will develop from some other source. Perhaps it will then be Colon Cancer or Breast Cancer or some other type. What if this person has watched what they eat and done Breast Exams and there is no way that they have any "Elements" that can Cause Cancer? Then it may be Heart Disease or a Heart Attack that will be elicited into effect. It's just with the Media telling you how bad it is to smoke and that you can't eat this or that or whatever, it just serves to increase your worry about what you are doing and makes that particular thing most likely to be the one that "Goes Bad" for you.

How do they know that it is bad anyway? Is it because of the "PROOF" that was elicited by the ones who died from it? Don't you realize that if someone thought that eating "Fruit" would kill them, they would elicit some proof of it and they would die? Then these so called "experts" would then point to the "Evidence & Proof" that this person elicited and say that eating fruit is bad for you. Of course that probably would never happen because most people think that eating fruit is good for you. Do you see that what someone else does in their own "Reality" and dies of in their own "Reality" has nothing to do with you? Everything that some people have died from caused no harm what so ever to others who did or eat the same things.

Watch
And
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Illustration



Do you see where this is going? The reason that so many people die of Cancer from Smoking, is that there are so many people who smoke and there is so much propaganda that it is going to kill you that it makes it an "Easy" way that the body to "Receive" the harm that is coming it's way. If those People who died from Smoking would have never smoked or quit a long time ago, they would have just attracted something else. It is obvious that they weren't attracting good health or the cigarettes would have never harmed them. How could they?



Do you remember the **"Challenge Example" back in Chapter 2, The Meaning Of Your Life, Page 50?** You can't Help someone that doesn't have it coming to them because they are "Invisible" to you and any potential help. By the same token, those who are attracting poor health are going to experience it in some way no matter what they do. They are Eliciting it and it will Manifest.

On the other hand, those who are eliciting Great Health will experience it no matter what they do or don't do. You cannot harm them in any way. Remember all the examples of people who could stand in a fire unharmed and stop speeding bullets with their skin? Do you think that they could get Cancer from smoking? I don't think so. George Burns smoked heavily and still lived until he was 100. I know that he was a happy person and in good spirits most all of the time with a great outlook on life. Do you know how I know this? No, it's not because I read it or saw a program on him. Anyone who has read this book could assess that because if he had a poor outlook on life and was upset most of the time, he would have gotten cancer from his smoking or been the "Victim" of some other Disease and died way before 100.

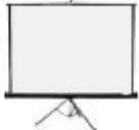
If someone is attracting bad health and/or bad life experiences because of their negative emotions and Negative Meanings about their life, there is nothing that they can do to "Protect" themselves from receiving and experiencing it. It will show up in some way or the other. You can't on the one hand be attracting something and on the other try to stop it. Your attention to it and effort to stop it attracts it even more. That's double attention and double attraction.

But you don't need to protect yourself from anything, if instead you just change your meanings to good ones with your GOD Power and look for the best in every experience and aspect of your life. Then things will just get better on their own. When you are feeling great about yourself and your life, you don't need to protect yourself or defend yourself against anything because you aren't attracting it in the first place.

Ignorance is Bliss! If there is one thing that could be called protection it might be Ignoring people and information on things that you don't want. You will only have to do this at the beginning, because later, as you perfect your use of your GOD Power and assert good meanings all the time, this type of information will not even come to your notice. You will automatically be filtering it out and be totally "Ignorant" of the facts and that will be a blessing to your life.



#12-12
3:26



Jump To
The
REVIEW
& QUIZ



Jump To
The
REVIEW
& QUIZ

12. Changing Your Own Reality



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- Chapter Review -

- Reality is as flexible and capable as you decide that it will be. It is your own personal creation and has no limits that are not imposed by you.
- The Reality of Magic and Illusion is that it is either a Real Experience that is actually being experienced by someone now or it is an example of a Reality that can be experienced by someone. The only difference between Illusion and Reality is the Belief of the Observer which makes it real.
- Realities can be in effect at all times or only under certain conditions or circumstances. These are the "Conditional Realities" which could be activated by Hypnosis, trance, extreme conditions and duress, drugs, Religious locations or heightened emotional state of mind. The Expanded Reality will then loose effect as soon as the condition is no longer present.
- You can expand your own Reality by Studying and Learning about how it is done or others who have done similar feats. You can Expand your Reality by reaching an altered state of Mind through the use of certain drugs, chants, ceremonies or particular breathing patterns.
- Other Reality Expanding Methods include Hypnosis, which can be a powerful technique. However, it is important that the Hypnotist Believes in the suggestions that he is making for them to be most effective. This is why it is a good idea to involve your Hypnotist in your research and develop a plan and a script together.
- Affirmations include any and every statement and thought about yourself and or your World. Every single thought, word, and deed, serve to shape and form your Reality and World by either Creating new Meanings and or confirming the Meanings already present. There is no thought, word or deed that does not serve in some way to Create or Affirm some aspect of your Experience.
- No Realities are shared by anyone. We all have an absolutely individual Reality that is as personal as our own Beliefs. The only way that these Realities may seem similar is when we have similar Beliefs which result in similar experiences. As similar as they may seem, they are still individual experiences.
- Altered Realities can and do exist simultaneously even though they may be direct opposites. One person may see the Fundamental Energy of the Universe as one thing while another sees that same exact energy as something else.
- The Most powerful Expression Known to Man is *"You Can Have Any and Every Experience That You Decide To Have, If You KNOW That You Can."* This one expression serves both to declare your ability as a Human Being and at the same time, to serves as a Declaration of your Rights as a Human Being.



#12-13
17:23

12. Changing Your Own Reality



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- Chapter Quiz -

1) Magic and Illusion can be described as:

- A An Illusion within an Illusion B An Example of Expanded Thinking
 C A Example of what is possible for Real in Your Reality D All

2) Some of the ways that you can Expand your Personal Reality include:

- A Altered Realities due to Ceremony B Affirmations and Assertions
 C Hypnosis D All

3) If a situation is "Observed" and experienced by 100 different People, how many different Realities are experienced?

- A Just one, it was a single event that all witnessed B 100 Different Realities
 C The number depends on the position of the Observer to the event. D 2 Realities

4) Hypnotism can expand your Reality powerfully by:

- A Making people "See-Through" B An Intense Orgasm at the sound of a word
 C Giving you the ability to taste what is in someone else's mouth D All

5) The "Platinum Formula" and the "Golden Affirmation" and the combination of the two together have the most power and effect when:

- A You KNOW that they are true B Apply them to your own life
 C Decide that Things are going good for you and that you can have it all D All



1



2 3



4 5

[Go To Answers on Page 545](#)



Entire
Chapter
1:11:43



#13-01
6:20



Slide Show
Presentation
Chapter #13
- ALL -
1:12:00+



Flash Movie
Presentation
Chapter #13
- ALL -
1:17:30+



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13. The Reality of the Skeptic & the Doubter

Realities are constantly demonstrating amazing feats and special abilities. However, Critics, skeptics, and cynics, could never experience this kind of thing. The Universe is such an amazing and wonderful place, that every single person on the Planet, could look at a given situation, and see it just exactly the way their own Reality dictates it to be. Even if a real Magic trick is demonstrated in front of a skeptic, from the skeptic's point of view, within his own Reality, there will be a way to explain how the trick was done by deception, even if it was not. But that is the perfection of the Universe that we live in. Our own Realities are maintained at all times. How great is that?

It is very important for you to clearly understand that the Skeptic is NOT NEGATIVE. He is instead absolutely POSITIVE about his own Reality. We all can learn a lesson from the Skeptic in that regard. They diligently defend and protect the Reality that they have come to know and believe. They refuse to allow any information or evidence in that would in any way disturb their own Reality. You should be the same way in diligently defending your own Reality, especially if it is not solidified yet and permanent. You should defend his right to his beliefs and his own Reality, as you would defend your rights to your own Reality.

I would never want to hear that a skeptic was convinced that his point of view was wrong. That would be a clear violation of the Reality system of the Universe. We have the right and the ability to create our own Reality as we see fit. This self Created Reality should stand firm on the foundation of its own beliefs and should at all times appear to be correct. It should NEVER experience situations and events that disprove its own validity. This "Reality Self-Protection" is not only provided to the Skeptic, but, it is also provided to you and every other perceiver in the Universe.

You wouldn't want other people to able to change your Reality, would you? Fortunately, they cannot. Only you can alter your own Reality in any way that you wish. It makes no sense to even try to convince a skeptic of anything. If his reality maintains a skeptical point of view, it will not let him experience anything that would upset his foundational beliefs. While you might want to ruin his day by proving him wrong, this is in fact a good thing that you cannot because, for the same reason that the skeptic's reality and beliefs are protected from harm or change, so are yours, and you wouldn't ever want it any other way

You may think, "But when the skeptics are reading this book, they will become aware of the example of the molten lead in the guys mouth, or the woman that lived for 30 years without eating or drinking, or even the woman whose fingers were in the candle flame for 10 minutes without harm." That is true, but, they will say that, "The stories are exaggerated, false, or misunderstood." There will always be an "Out," that lets them maintain their own Reality. Even if some amazing event happens in person, they will have been looking the other direction ("Accidentally") at the very moment that the event happened, and will have missed it altogether. The point is that not only do they want to "see it their way," they actually can't see it any other way. When I say "accidentally," I don't mean to imply that it was purposeful or intentional on the part of the skeptic, but instead, it was purposeful and intentional on the part of his Reality, which will do or cause what it needs to in order to prevent him from experiencing something that is outside his beliefs. It is almost impossible for them to see and know what you see and know.

God bless the skeptics, for they are being as true to who they are, as you are being to who you are. So, if someone doesn't believe in your idea, or your abilities, or anything else, just know, this is not evidence that your idea or plan, or abilities are not valid. They just cannot see what you see, and cannot know what you know, and cannot see the same options and opportunities that you can, because their reality resonates with them like yours does, and there for, it is absolutely invisible to them.

Interestingly enough, when a skeptic comments on this book in his usual skeptical way, it will not contradict the principles set forth in this book, but instead, it will only confirm them, in that it will be evidence of the skeptic's own reality protecting and confirming itself, just as it should. Nothing could be more predictable, or more appropriate, than to have a skeptic take opposition to the material in this book. If a skeptic were to be converted by the material presented in this book, it could only be because he was already "leaning" toward a newer more enlightened point of view. Otherwise, due to the perfection of separate and powerful individual Realities, he could not and would not. Ironically, the more criticism this book gets, the more it proves itself.

Let the skeptics be, without criticism, nor contempt. They have every right to their own reality, just as you have the right to yours. It is not your business to "Change" them or anyone, just as it is not anyone else's business to change you. Everyone in this magnificent Universe, has the God given right, to have a reality of their own choosing and making, within which they will enjoy their own physical life experience. So be it.



Watch
And
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Don't Listen to What Skeptical Minds Have To Say



#13-02
8:54

Remember that completely different Realities can exist side by side, and that each of those realities will seem realistic to their owners. For the Skeptic, there will always be some way to explain away the event, even if they have to resort to simply saying that "It's a fluke of nature." There will always be some reason to discourage you and dissuade you from your Dreams.

However, there is nothing wrong with the Skeptic's way of life or their Reality. It is their "Camp Activity," to find the flaw, and root out the truth, as "they see it." They have as much right to live their chosen Reality as you do to live yours. The reason that they don't believe in your point of view is that they can only see through eyes that are based on their own limited Reality and their point of view. Their reality is quite limited and restricted to the most mundane and basic of characteristics. Their Reality could be compared to that of the animal kingdom, because they must "Conform" to the already pre-established Meanings in nature. They can't stop aging, like Methuselah, or stop eating and drinking like the examples that we have seen, nor can they survive a serious disease without the "Real" medicine.

That is the price of disbelieving. Nothing extraordinary can ever happen for them, because they would never believe it. If they can't believe it for others, how could they believe it for themselves? If you listen to the skeptic, or those who do not believe in your dream, idea, or ability then you run the risk of having their view point "Taint" your reality. It is not worth trying to convince anyone about anything. If it was interesting to them, they wouldn't be fighting you on it. You would know. Only then should you share your views and ideas.

We know that Reality is created by Belief and expanded by Faith. With that in mind why would you ever care what a skeptic has to say? They are "**Professional Doubters.**" The whole basis of their existence is to disbelieve and doubt everything. That is EXACTLY opposite to the principles of Reality Creation and using your GOD Power. If they can't offer support and

confidence in your Idea or support for your objective, and they can't, then why do you care what they have to say?

Which Comes first, the Creation, or the Evidence of it? Well we KNOW that it has to be created before you can experience it, or get proof of it or evidence that it exists, right? How can there be evidence and proof of something before it has been created? The answer is that it MUST be created first, then you will have the Proof and the Evidence of its Reality and existence. So, that logically means that the only evidence and proof that you will ever have is from that which has already been created. So, that means that all Creations, that is new Creations, must be Created on Faith and Belief first without the Proof or evidence of it. **Creation First, Proof Second.**



KNOW THIS:



**Nothing in the Universe was ever created on the basis of "Proof First."
It was always "Faith & Belief FIRST" which then resulted in the Proof next.**

R.L.M.



Illustration



The only evidence and proof that exists First, is that which already exists and has Meaning. Everything new in the Universe, was CREATED ON FAITH AND BELIEF FIRST, because there was no evidence of it or proof of it before it was created. Therefore, Skeptics, can only judge and verify what already exists and nothing more.

When you fight someone, trying to persuade them to see it your way, you will end up hearing their very convincing point of view. Remember every reality has information to support itself. So they will have ample information as to why you can't do what you want to do. But, their information has a flaw. Because they don't believe what you believe, they can't see the opportunities that you can see. You will elicit successful outcomes from events when they couldn't. While the doors of opportunity are wide open and in plain sight for you, they remain invisible to those who don't believe they even exist. However, if you insist on trying to convince someone who is strongly opposed to your ideas, and their ideas get into your mind, those doors of opportunity will slowly disappear from your sight as well, because as you begin to believe what they believe, you begin to see what they see, and not see what they can't see, as well.

Remember Michael Talbot's story of Tom and his invisible Daughter? The others in the room could have been the skeptics, disbelievers and the doubters. From their "Reality" they could easily see Tom's Daughter. They would say "You are faking that you can't see her, I don't believe you." This is because they can't see in their Reality what Tom can see in his. They Really Can't! What if they had convinced Tom that he was "Wrong" and then he suddenly

could see his Daughter? If he had listened to them HE would have ruined his ability to accomplish an amazing thing by his listening to their Points of view.

Would these "Skeptics" point of view be wrong? NO! They really can see her. So they really believe that they are "Right" in their assertions, and they are, but only in their own Reality. In Tom's Reality He CANNOT see her, and that is also True. This is why you cannot listen to the skeptical points of view, because while they may be correct in their own Reality, they probably are not correct in yours. You can see and do what others cannot. Not because they really can't, but, because they think that they can't and so they can't.

Remember that your Reality is based on your belief, which creates meaning, which resonates with everything required to fulfill that meaning. That is to say, that everything related to your belief, will show itself and "Activate" for you automatically. Don't underestimate this powerful Resonant force. A certain sound "Activated" that bridge to point of collapse. A simple thought from a dog's owner, that he was coming home now, "activated" a wonderful greeting response from his beloved dog, upon his return home. If you think of red cars, do you not begin to see them, and if you are noticing red cars right now, don't the others go unnoticed?

If you want to expand your reality to include amazing abilities and experiences, then believe everything. It cost you nothing to say, "That could very well be true. I believe anything is possible." If you don't believe in anything unusual, then it could cost you, not only in the possibilities that could have been yours, but, the next time you need to believe in a special medicine that will cure you, your lack of belief could be fatal, even if the medicine would have really cured you.

This doesn't mean that you can't get ideas and opinions from someone to help you. That's perfect. You are getting ideas and opinions from me right now. However, you can easily tell when it has gone too far and is beginning to impinge on your Reality by how you feel about what is being said. If you begin to not feel good about what is said or how it is being said, you have reached the limit of its value to you and your Reality. Remember that how something is being said can convey as much Meaning or even more Meaning than what is being said. Remember that it is the overall Meaning that you have to pay attention to and not just the "Words" being said. As long as you feel good about the information, and how it is being conveyed, it will be beneficial to you and useful in some way.



#13-03
19:32

Reality "Creation and Maintenance"

Believing is the basis of your Reality. I'll say it another way. Believing is the foundation of your Reality. If you were to erode your foundation, your Reality would collapse, that is change drastically. Your Reality is made of Beliefs. Doubt is the solvent that will slowly dissolve even the strongest beliefs.

The language of Beliefs can be translated into the language of Meaning very easily. "I believe this pill will cure me," translates into the Meaning, "This Pill Will Cure Me." If you think, "I don't believe that this pill will cure me," it translates into the Meaning, "This pill will not cure me." Since your Reality is based on Meanings, then what you believe and what you don't believe directly creates and affects your Reality.

We know from what we have learned so far, that even opposite points of view can both be true. It doesn't matter what point of view you have, whether you are the believer or the skeptic, your Reality will prove you right. Therefore, the first Law of Reality:



Illustration



"Thou Shall Not Judge Thine Own Point Of View"

R.L.M.



Do not look for information or examine information that is contrary to your "Wanted Reality." Remember that there will always be information that both supports your Reality and disproves it. As you take the time to look at evidence that contradicts your "Wanted Reality," you will begin to attract even more information that disproves your beliefs. Eventually, you will lose that aspect of your reality.

How To Use Your GOD Power - "The Master's Course"

Check Video

Play Video



If a dying patient in the Hospital looked for evidence that the special medicine that the Doctor gave him (A Placebo) was not Real, he would have found out that it wasn't real, and he would have died. Remember the Video Example of the Doctor who cured the incurable disease that the "Alligator-Skinned Boy" had, in [Chapter 1, Your GOD Power, Page 31](#)? When he believed that he could cure the disease, (Because he thought it was warts), he was able to cure it. However, as soon as he was told that it was incurable, it shook his confidence and he lost his ability to cure that kind of disease.

Imagine the man who had the molten lead in his mouth, or the man who could stick swords through his abdomen, or the people who could stop speeding bullets, what if they started thinking that what they could do wasn't possible? If the man who had a sword through his abdomen, suddenly had a fear that maybe this time he wouldn't survive, he would have died.

If you are developing a Reality that you are going to be rich and that there is opportunity everywhere for you, the last thing that you need is to have someone telling you that you are wrong, that the economy is in bad shape, that it is impossible to get rich anymore, or at least it would be impossible for you.

For this reason, it is imperative that you only confide in those who support your dreams and aspirations. Your Reality is based on the beliefs that support it. There is no need to consider any other points of view that do not support your plans or your Reality. If you are looking for a job, you don't need to know how many people don't have a job, nor do you need to know that people are being laid off, or that jobs are hard to find. Other people's points of view that are contrary to your own will only contaminate and undermine your own. Their point of view will make sense as every point of view can. If you listened to every point of view, you would have nothing.

Your Reality is based on the fact that what you believe, you will elicit from the Universe, see, and experience. If your beliefs are undermined, you will no longer be able to elicit that Reality from the Universe and experience it. You MUST have a belief in your own point of view and your own Meanings, to be able to see them in the World.

If you want a Reality full of health and happiness, you don't need to watch the news every day and hear about other people burning up in their houses or being shot at work, or getting killed in car accidents. All this will do is erode your point of view that you live in a wonderful and exciting World, full of happiness and prosperity. Are there bad things in the World? Maybe, depending on how you look at it. Do you want to experience those things? If not, don't invite them into your Reality by thought, consideration, or exposure to them.

The "Realist," says, "I know that these bad things are Real and that they really exist." My response is, "You are correct, and you are entitled to experience as much of them as you want. However, since I know how Reality works, I will choose to ignore them, and only think and pay attention to the things, Meanings, and experiences that I want in my own particular Reality." It would be the Realist or Skeptic that would say, "I don't believe that medicine is really a miracle cure that it will cure my Cancer. I can prove that it is really just a sugar pill." And I would reply, "You are right... it's been nice knowing you."

It is not my place to judge what is a good reality or what is a bad one. I can only speak for myself when I say that I am very "Picky" about what I want to invite into my experience. I will not listen to, nor care about, anything that is outside the Reality that I want for myself.

Your main job in Reality "Creation and Maintenance," is to continually look for information, experiences and evidence that supports your point of view, and to practice ignoring people, situations, and information that does not. Maintaining your Preferred Reality is like tending a garden. You must water and nourish those aspects and Beliefs of your Reality that you love and want to bear fruit, and at the same time, diligently keep out the weeds of disbelief and contrary information and points of view.

Be like the "Skeptic." That is to say, always look for reasons and evidence to believe that which supports your own point of view, and look for evidence that denies and disproves all else. Always give the benefit of the doubt to your own Reality and yourself, while at the same time doubt everything else that does not support your point of view. If you doubt it, you will eventually discharge it. Doubt is a powerful tool in your Reality. Simply "Doubt" that anything can stop you from achieving your goals, and one by one, the seemingly insurmountable obstacles will fall away just as a Sand Castile eventually melts into the ocean's relentless surf.

In short, clearly state the aspects and details of your intended Reality. What is your health like? What is your financial condition? What about your spiritual goals and abilities? Then, once you are very clear on what you want, "Weed Out" TV shows, movies, people, and the like that do not support your new Reality. Do not listen to or watch stories of people dying of cancer, if you want to stay well. Do not pay attention to unhappy events and situations if you don't want them in your experience. Do you have books in your house that are contrary to your new Reality? Get rid of them. Got coffee Mugs that say something like "Getting Old is... or whatever?" Get rid of them. Get rid of all pictures, mugs, T-Shirts, or the like that have sayings or in some way contradict your new Reality. (Or at least pack them in deep, deep, deep storage)

If your Reality is a function of what you perceive, and it is, and, if what you Perceive is a function of what you notice, and it is, then if you only pay attention and notice what you like, your Reality will be filled only with what you like.

This next Video Example is very compelling. This is your chance to practice your "Belief." It is of a person who is demonstrating the ability to control matter with his mind (Telekinesis). It is your Job to Believe it. I don't mean that you should believe everything especially if it is clearly not authentic, but, if it looks pretty convincing to you, then give it the benefit of the doubt. If you can believe it for someone else, you will invite that ability and other special abilities into your own Reality. If you choose not to believe it, as many do, then you will only be limiting yourself and that's O.K. Select what you believe and reject the rest. It all depends on what kind of abilities you want to exist in your Reality, and as always, it's up to you.



Remember,

♥ Share This

"The more belief(s) that you have in the extraordinary, the more extraordinary your own Reality can be"



Illustration



Video Example - Telekinesis Demonstration



♥ Share This

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The best psi wheel video- PsiWheel Under a Glass Container 2 (5:35) (View All)



What is this video about?

In this Video Example, this person moves the paper "Pin Wheel" with his mind. He causes it to spin clockwise and then counterclockwise at high speed. In order to prove himself, he shows the bottom of the table, and moves the camera completely around the set up to show that there are no tricks. Next, he covers the Pin Wheel with a glass bowl turned upside down, so that nothing can affect it from the outside. He then takes a blowing hair drier and moves it all over the glass bowl, to prove that no wind could

possibly be blowing the pin wheel. Next he holds a magnet on the glass bowl to prove that nothing magnetic is influencing the pin wheel.

What does this example show and what does it mean?

I find this Video quite compelling. Of course, I KNOW that Telekinesis is real. If you are convinced, as I am, that this video is Real, you will be building powerful beliefs in your Reality that we all have the possibility of amazing abilities. You will also be validating the amazing facts and demonstrations that are mentioned in this book.

Explain
Illustration
#13-03-i1
8:05



Normal Reality

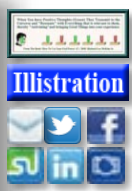
Physical Meaning	+	Physical Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Body		Objects Much Be Touched To Be Moved		Object Not Touched		Object Doesn't Move (Spin)

GOD Power (Exercised By His Own Beliefs)

Physical Meaning	+	Thought Meaning	+	Physical Meaning	=	Physical Meaning Result
of Person's Body		Objects Can Be Moved By Thought		Object Not Touched		Object Does Move And Spins Rapidly

The Ability Has Been Elicited & Activated In His Own Life Experience

The Green Tuning Fork Vibrations are High Frequency Meanings and they Resonate & Elicit ALL the things that will match them
The Red Tuning Fork Vibrations are Low Frequency Meanings and they Resonate & Elicit ALL the things that will match them



Of Course the bottom line is, "What kind of a Reality to do you want to Create for yourself?" If you believe that this demonstration is Real, Fantastic! If you don't Believe that this demonstration is Real, Fantastic! You are either expanding the possibilities within your Reality or you are maintaining your Reality as it is. Either way, you have made a decision and that is more important than anything else. From the place of a decision, you are aligned and fully functioning. It doesn't matter what Reality you want to create or maintain for yourself, it's your life and your Creation.

13. The Reality of the Skeptic & the Doubter

- Chapter Review –



#13-04
2:53



Jump To
The
REVIEW
& QUIZ



Jump To
The
REVIEW
& QUIZ

- **Skeptics Demonstrate the Epitome of Reality Creation and Maintenance. They will stop at nothing to prove that their point of View is Correct. In this regard, we have to appreciate the Skeptic and applaud his dedication to his own Reality. Do not complain or get upset that the Skeptic will not validate your Reality, for he does not have the ability or the Power to keep you from Creating any Reality that you want.**
- **Every Single Reality and Point of View will Elicit Evidence of its Validity and Prove its existence. Therefore, it is of no Use and of no Value to try to Prove or disprove another's Reality. The Only Reality that is should be of interest is your own.**
- **"Thou Shall Not Judge Thine Own Point Of View" You should instead Decide what your Point of View is and then take all measures to support it and Maintain it in the same way that the Skeptic Defends and Maintains his own Point of view.**
- **Don't listen to the contrary Points of View from another, especially if that other person is opposed to your plan or Idea. Since every point of view can prove its Validity, if you listen to the Skeptic or the Doubter, you will inadvertently learn their "Seemingly" Valid points against your Plan which will then be undermined by your own Resonant Elicitations. Since you will now be thinking what they were thinking, you will elicit not only the evidence of their points of view, but you will elicit the results of their points of view as well.**
- **Realities are Created. In that regard, no matter how impossible it may seem, or how unlikely it is to work, if you continue to believe in your plan and have faith, you will elicit the evidence and results that end up working out for you. If this World, and this Universe and your Body, can be created from Energy by an Idea, a Meaning and the Faith that it would work, then YOU CAN CREATE ANY REALITY THAT YOU WANT WITH YOUR GOD POWER. NEVER DOUBT YOURSELF.**
- **Always be on the lookout for information that validates your own point of view and doubt any and all information that does not. Be like the Skeptic and always give the Benefit of the Doubt to yourself and your points of view. Know that all Realities will Validate themselves if you have but the Faith of a Mustard Seed to give them a chance to.**

Watch
And
Share





#13-05A
20:21

13. The Reality of the Skeptic & the Doubter

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- Chapter Quiz -

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1

1) The Reality of the Skeptic Can Be Best Described as:

- A Limited in scope, similar to the Animal Kingdom
- B Well Maintained
- C Defended at all cost
- D All



2 3

2) The Skeptic Can Be Relied Upon to:

- A Never Accept on Faith anything that is not in his own Reality Already
- B Doubt Everything that Does Not Support His Point of View
- C Never encourage Belief and Faith in advance of Proof and Evidence
- D All of the above

Bonus
#1



Bonus
#1

3) The Skeptic Should:

- A Be Appreciated for his diligent Reality Maintenance
- B Be Ignored as to his personal opinions as they are of no consequence
- C Be Doubted as his opinions are only based on his own Reality and Beliefs
- D All of the Above

Bonus
#2



4 5

4) You Should Always:

- A Be on the lookout for evidence that supports your Beliefs
- B Believe in Yourself
- C Doubt any and all information that does not support your assertions
- D All

5) If You Want to Expand Your Reality in a Big Way it would be best to:

- A Believe Everything That is Amazing
- B Look for the incredible
- C Have Faith
- D All



Bonus
#2



#13-05B
13:41

[Go To Answers on Page 546](#)



Entire
Chapter
0:40:26



#14-01
3:34



Slide Show
Presentation
Chapter #14
- ALL -
40:26+



Flash Movie
Presentation
Chapter #14
- ALL -
43:29+



Watch
And
Share



14. *What's Theoretically Possible in Your Own Reality*

This chapter is the one that is really going to get your mind going. I wanted to throw some wild ideas at you to stimulate your mind to heightened levels of creativity and growth. We are so limited in what we believe we can do, that it could be hundreds of years before anyone ever thinks of these things, much less tries them.

When you consider that the entire Universe is only energy shaped and formed into matter and circumstance by Meaning and that we have the ability to alter and assert Meanings, there isn't anything that you can't do. If you have the faith of a Mustard Seed, you can Move a mountain, or create a Planet or Create the perfect Life that you have always wanted.

While some of these ideas, if not all of them, will seem beyond belief, and too farfetched to be possible, I invite you to review the material above and apply the same reasoning. If I had said that you could see with your finger tips, would you have believed it? Yet that has been done. If I had said that you could stop speeding bullets with your skin, would you have believed that? Yet there are books on just such incidents. If I had told you that you could taste in your mouth what someone else was eating, would you have believed that? Yet that is a simple hypnosis trick that can be performed at almost any time. Would you have believed that you could be impervious to fire or hot lead at 700 degrees in your mouth without any sign of injury? No, I don't think that would have been believed either. What if I told you that you could get a close look at Jupiter in your Mind? Like I said, Nothing is impossible, except that which hasn't been thought of yet or isn't Believed yet.

"Anything That You Can Conceive and Believe, You Can Achieve."

Napoleon Hill

The only difference between what is possible and what is not, is that one is believed and the other is not. However, before it could be believed, it first had to be thought of and brought into awareness. That is the purpose of this chapter. It is to present ideas that are so wild that people

may have never even have even thought of them, and thus, never believed them, and they may never have been. But as you read these ideas, remember, that none of them are any more outside reality nor different than what you have already seen. They are not only possible, but it is probable that it can be and will be done by someone. In that vein, I not only invite you to give great deal of thought to these ideas, but, also to formulate some ideas of your own. It is only when you think "outside the box" of conformity, that you can create outside the limitations of conformity.

Remember, that these ideas are altered Reality based. So in order to affect these abilities, you will need to employ one or more of the methods of changing you own Reality, such as Altered States of consciousness, Hypnosis, Affirmations, and any other ways that you may have thought of.



#14-02
11:17



Body Changes If we look at a picture of ourselves from 10 Years ago, we think that is not us now, and to some degree it is not. However, a picture is as much a "Representation" of us, as is our actual flesh. As hard as it may be for some to fathom, our here and now, our "Flesh Selves" are no more significant than a picture of us. It only seems like it is because we believe in, and subscribe to, the boundaries imposed on us in our state of "Immersion." We are only Energy. We are all energy. When we refer to our own Bodies, we say, "This is my Body." We don't say, "This is me." It is true, that is your Body, and it's the one that you are projecting for yourself.

An old picture is as much, us, and potentially as real as we are in the flesh right now. However, the picture is the Body that we were "wearing" 10 years ago. The body we are now wearing is 10 years older, or should I say, is looking like and working like it because we think it should. We create the body that matches the way we think it should be, when our birthdays are at certain intervals. That is a long way of saying that as we think we are getting older, we create a body to match our image of what we think our body age should be. It is our physical representation of what we think in our minds, a certain "aged" Body should look like and work like. That is our Immersed concept and rule that our Bodies must match our age, (that is, the number of Birthdays, that we have had).

The best way to visualize this transformation is to think of your Body as if it were being recorded on movie film. While the seemingly consistent body looks like it is the same one we saw and experienced a minute ago, it is really many thousands (Or gazillions) of versions different than it was.

Just a few minutes ago, it was a body that had just drank a glass of water that was resting in your stomach, but now, it is a body with water that has moved into the bloodstream and is being distributed throughout your body. It is a different version of you.



Interestingly enough, your body is only something that you are wearing. It is not you. You are only and solely Energy. It is like a suit that you keep slightly adjusting and altering every year for years, (To make it "Older), in fact, as old as you think it should be. But you could just get a new suit that you have not messed with. Or you could just change suits, (Bodies,) with the one you wore 10 years ago.

The picture of you, 10 years ago, is quite valuable as it is also a "Representation," and is a real thing. It's a REAL body. It represents your body exactly as it was at the moment that the picture was taken. Had you just eaten? If so, "That Body" has food in its stomach. It's still as real now, as you were real then, when the picture was taken. The only difference, is that you have been messing with the body you are wearing now, and making it older by your own thoughts, not because it had to be, while, the body that you had before, the one that is represented in the picture is still the same. It is a perfect "Copy" of the Body that you had, (that is, Wore,) back then.

The Universe is so amazingly intelligent, that just by indicating that picture, every single thing about that moment can be recalled and the exact bodily conditions of the moment, can be recreated from the pattern that is "Represented" in that picture.

To make a change, you could start with the body that you now have, the one you have been messing with and aging by your thoughts, to create the new and better you, or you could just "switch" your current Body, with the body that you had 10 years ago (The one in the Picture). The one in the picture is still there, and just as real as the one you "have on," and are wearing right now.

The energy pattern of your body, back then, is represented by the picture. And since your Body is really only a projection of a pattern, you can change the pattern that is being projected. Remember the Multiple Personality people who can change their Bodies instantly by "Switching" to a different set of Beliefs and Meanings. As they change them, their Bodies instantly change to accurately "Represent" the new set of Meanings.

You would be doing the same thing. You would be switching your current set of Meanings of an "Older" aged, overweight, or even diseased Body, for the one that was in perfect health back when the picture was taken. Remember the ONLY difference between the body that you have now and the one that you had then is what you believe about it. It is only your Beliefs and Meanings that have changed and just like the Multiple Personality people, as your Beliefs and Meanings have changed, your Body has changed its "Representation" also. The only difference between how you change your body by changing your Beliefs and Meanings and the Multiple Personality person, is that you change your Meanings slowly over years and years and the Multiple Personality Person changes their Beliefs and Meanings instantly.

As you look at the picture and indicate that the body in the picture is the body that you want now, the Universe knows exactly what you want. However, if you didn't have the picture, the identifier, what you wanted would not be as clear, and not nearly as powerful. The energy field of the body that you had then would still be, "Out there," but, you would not be able to identify it as specifically, or as exactly as you could by pointing at a picture and bringing that identifier into your mind. That picture is the marker, which will link you to that exact energy field.

Making the switch is no big deal, you will still have all your memories, unless you don't want them. Your mind is not in your physical body. It is in your energy body in the Morphic Resonant Field. So you will still be the same you, that you are now. Your "Personality" Beliefs and Meanings are separate from your "Body" beliefs and Meanings. The Multiple Personality person changes the Meanings in both areas and you will only be changing the Body Meanings.

You do have one significant advantage that will help you. You have actually been that "Body" before and that should make it easier to switch back to those past "Settings." However, if you want to change to a body configuration that is different than any that you have ever had, thin for example, then it will take some extra effort. I suggest that you have a "Photo Shop" picture made of you as you want to appear, that looks very realistic. That would be a picture that has your face and the body that you want. Make it look as REALISTIC as possible. Use that picture "As If" it were a REAL picture of you in the past. In that way it can be a "Representation" for you and should work just as well.

You would have to reach a Higher Consciousness, by an altered state, or Hypnosis, or both or something else. At the place where you KNOW that this kind of thing is possible, you intend to have your Represented Body now be the same one that you were Representing in that picture. You have to believe that this can be done. Depending on your Beliefs, you might have an immediate switch, or it might occur gradually, like the old men in the 1959 study. But know this, Changing your Body to be the same one you had in that picture, is no different than a Multiple Personality changing their body to a new "Arrangement" when they switch personalities. The only difference is that you are changing your body in a Conscious Deliberate way that still retains your Mind and Memories. You are just hitting "Reset" on your Body.

Note: If this works for you, you must realize this, your Beliefs and thoughts will still be the same as before, and so you will again age your body and begin to cause it to become the in the same condition as it was the first time around if you do not improve your Belief structure and Meanings.

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Mind Changes Mind alterations are easily accomplished. Do you want a super human ability? Or do you want to have physical changes, or mental changes? These are easily done. It can be done in two ways.



First. The easiest way is to identify a representation of the trait or ability that you want. Representation of the trait is important because you are going to have to specifically identify exactly what you want to the Universe. So if you know of a person, living or dead, who had that trait then you are in good shape. A picture would be best, but a name or some way to reference them or identify them is necessary. Then you will need to clearly state and identify the specific trait that you want copied from their energy field into yours. Is it their great memory? Certain knowing about a certain subject? Personality traits? Business skills? Whatever it is, be clear as to what you want.

The mind changes are accomplished in about the same way as the body changes.

The second way is



Cross-Referencing The reference need not be in the exact same setting, (the type of field,) as the intended field to which it will be transferred. At a buffet, you might notice that a salad has raisins or pineapple and you would like to have the raisins or pineapple on your dessert or even main course, you simply need to identify the raisins, that are now in the host energy setting of a salad and say I would like that trait transferred to my dessert or my main course. While raisins are usually only found in a salad dish, there is no reason that you cannot have them on your roast beef dinner.

In a real life example, you may know that a salamander has the ability to grow back its legs, a trait that Humans don't normally have. There is no reason that you cannot transfer that trait from the salamander to yourself to cause your leg to grow back.



Got Some Disease? Do you have Aids, Cancer, or some rare something else? Why not cure it yourself? You don't have to wait for some miracle drug, to get better; you just have to decide that you can do it yourself. I'm not saying to get off the medicine you are taking or make any changes in the medical treatment that has been prescribed to you. I'm just saying that you are the miracle cure. It has always been you.

In the next Video Example, is a man who found out for himself, and now for you too, that the prescription drugs that cost so much and are supposed to be so wonderfully powerful are in fact mostly Placebos. This was an amazing finding.


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7:45

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Video Example - How Powerful is Your Medicine?



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Placebo - Healing the Body with the Mind (2 of 4) (Start View 9:00)

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What is this video about?

In 2001, Professor Irving Kirsch¹²⁸, University of Connecticut, used the Freedom of Information Act in the United States, to obtain data submitted by the drug companies on the top 6 Anti-Depressant drugs. This is the information they have to submit to get their drugs approved for sale. In order for their Drugs to qualify, they have to be at least better than a Placebo. That is to say, that in clinical trials, their medicine has to work better than a sugar pill.

What he found was astounding. The difference between the real drug and the placebos were less than 2 points in a scale that ranged from 50 to 60 points.

¹²⁸ Irving Kirsch <http://psy.hull.ac.uk/Staff/i.kirsch/> My main research interest is in response expectancy, suggestion, and suggestibility. Among the domains in which I investigate these phenomena are: placebo effects, antidepressants, hypnosis, pain perception, behavioural automaticity, memory distortions, complementary and alternative medicine, cognitive-behavioural psychotherapy, repetitive strain injury, irritable bowel syndrome, anxiety disorders, and depression. My book, *The Emperor's New Drugs: Exploding the Antidepressant Myth*, was published by The Bodley Head in 2009. A U.S. edition will be published by Basic Books.



What does this example show and what does it mean?

This inside information into what the drug companies have to do to get their drugs approved is shocking. One would think that these are truly powerful drugs that would perform many times better than the fake medicine would have. That means that these so called powerful drugs are only slightly more effective than a sugar pill.

However, the huge advantage that the "Official" drugs have is their "Placebo" qualities. Like the fake surgery that was so successful due to the overall ceremony, the real drugs have to have a Doctor prescribe them, they are very expensive, and they come with a tremendous amount of hype.

Is it wrong for the drug companies to take advantage of this aspect of Human nature? NO! It's perfect in every way. Would you want your Doctor to tell you that you are taking a "Placebo," or would you rather have him trick you into believing that you have a miracle drug that will cure your Cancer? I think that you would rather be tricked into using your own GOD Power to heal yourself.

Isn't it great that you can buy all kinds of pills that are supposed to do this and that and when you take them, they work just like you expect? Who cares if it is really you? Just remember, it could only be you, if you thought you were taking some special medicine, and that is thanks to the drug companies.

I'm not saying that they all are just slightly better than Placebos, I'm just saying that whether or not there is really some strong drug involved, you personally play a very important part in it working or not. Don't look at it as if the Drugs that you are taking may not be as powerful as you thought, instead, realize that you may be more powerful at healing yourself than you realized.



How to cure your own disease. First do some research and find out who has recovered from it. There is always someone somewhere who did it. Read about it, and look at their picture. Do what you have to do to raise your consciousness to a higher level. That simply means, stop thinking as a physical Human, limited by distance and time. It doesn't matter if they are living or dead. Remember, the Universe knows who you are thinking about and all there is to know about them.

Mentally connect with them. They are as much connected to you as are your hands and legs. Tell your Body and mind to find out how they were cured and do the same thing with in yourself. Your mind can access any information in the Universe as long as you know what you want. It doesn't matter whether or not they took some special medications that you don't have. Remember, it was only and always the Meaning of what those medications were supposed to do, that created the actual cure.

In the Movie "The Secret," there was a woman who had breast Cancer, and she refused to accept it. She kept saying to herself, "Thank You for My Healing," as if it had already been healed. Within a certain amount of time, she went back to the Doctor and it was gone, without any treatment or drugs. She kept asserting the Meaning that it was already healed, and so it was.

Have a missing body part? As we have discussed in several of the Chapters above, your Body is only a representation. So, when your body part was represented that it was lost, your body was projected as expected, without the body part and the functioning was thus limited as a result.

All your body parts are still available to you and can function as new. They are still in your original pattern, located in your energy body. The only reason that a lizard or a salamander can grow back their tails and legs are because they know they can. Your biggest problem is that you know that you can't.

If people can bi-locate and appear and disappear at will, you can recreate a body part. If people can see with their finger tips, you can regain the functionality of your eyes. Anything and everything in the World is possible for you if only you would (or could) believe it.

There are some special cameras that have actually photographed a missing hand's energy field that is still present. The arm comes to an end, but is a fuzzy energy field like image of the hand is still there.

Look at a picture of you with that body part still. Imagine that you still have it and that it is possible to regenerate it again. I saw a science program that was showing some special powder that could re-grow body parts. You had to get the "End" of your finger for example, like raw meat, and put this powder on it and bandage it up. It would grow back slightly. Then you would have to keep repeating the procedure until it grew all the way out. In the program was a man who used it to grow back his finger.

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Know someone who is really sick? Do you have some money to spend on a cure? Why not set up an elaborate Placebo situation? Fly them to some mysterious clinic in some remote part of the World with a miracle cure. Have people send letters of recommendation and of their total remission. Tell them that the drug is not allowed to be imported into your country and that you must travel far to get it. That always adds mystery and power to the effect.

Go to whatever lengths you can to generate extreme belief and expectation. Pay some Doctors to play along if you have to. If you are successful, they will believe in the miracle drug and will use their own GOD Power to heal themselves. Remember, your body is only a projection and it can be adjusted in any way, you believe.



Hypnos-Theater. Imagine a theater experience, where you were immersed into the movie itself. What if you were hypnotized before entering the show and you felt what the actors felt and tasted what they tasted and experienced the show as a character in the movie or play? You would choose one of the characters from the list and you would "Become them" during the show. Of course, the hypnotic instructions would say, that the moment you left the inside of the theater, you would no longer be connected to the character.



Short-Cut to Experience and Knowing. In the normal Immersed experience, you would have to study other people and develop a belief, that needed to become knowing, about any particular ability or skill. This "learning," would then have to go through your filters which are your past history of what you have heard is possible, what you have experienced as possible, what your inborn instincts say is possible, and what you have been taught was or was not possible. If the new learning is outside of these parameters, it will be muted and diluted out, and not reach materialization. This is the natural system of a steady state experience and Reality that keeps our experience calm and regular.

However for you, outside the limitations and boundaries of immersion, you simply identify the "Character" that already has the ability or "Mind Set" that you want, Connect or (link,) directly with Him or her mentally, synchronize your minds and thoughts, then communicate, requesting a Transfer of the abilities, skills or the mindset that you want. This way, you will instantly get the ability, into your mind directly, above and beyond the filters of "reality." Your new abilities and or skills, will be ready to use instantly.

It is important to note, that a "Character" is a defined energy or mindset, which is commonly known as a specific person, animal, (Alive now or long since "Dead,") or even fictional characters & Books, who's characteristics are known to you. You are even a "Character" known

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as (Your Name). Who you really are, is a non physical being who has manifested a Character in the Physical Plane known as (Your Name). This means that you can Import and Transfer, intellect and knowing, from Warren Buffet, Einstein, and even Sherlock Holms.

You can Know everything in the Universe. However, that is much more than you want to know right now, in your physical plane experience, (This time). That is the reason for "Immersion" to exclude from your knowing, everything that is not relevant to your **intended and current physical Human experience**, and Immerse you into the relevant information only. This is actually a great system which results in a very satisfying physical experience by focus.

Every situation, event, thought, Character, action has an energy that describes and maintains it. This is the Morphic Resonant Field. It is like a picture or movie stored in your computer. There is a "File," (The field,) that contains the information and energy that IS the picture or movie or event or person or thing. Just as you can copy a part of a movie, picture or specific lines of code from a certain computer program, you can copy and annex into your character's Energy and Vibrational file, (Morphic Resonant Field,) the aspects already present in another's Morphic Resonant Energy Field, that you want to have and experience in yours.

One can modify their own program file, (Morphic Field,) by thought and creating the change or addition from scratch, But, it takes an "Administrator's" clearance or total belief and knowing of what you are attempting to do or it will not easily take place.

People with multiple personalities are running a "dual Character" program, (Two Morphic Resonant Fields,) that they can switch at will. Their eye color can change instantly as well as diseases disappearing completely and instantly. Under the new program, Vibration or information file, (Morphic Field,) for the "Character," there are not diseases present and they are not expressed in form, as form is generated from the main "reference" energy file, or Vibrational program called the Morphic Resonant Field. As the program, Field, changes so does the resulting expression in form and experience.

This can be easily visualized by this explanation. If you were to create a computer "Character," (an Avatar,) with certain abilities and certain looks for a computer game, you would "Define" these abilities and looks and health, etc. in an information file that, IS, the Character. (This is the Morphic Resonant Information Field). When the "Game Experience" is running, the game is always referring to the Character's file, (The Morphic Field,) to show the character, in his proper form as described and defined, and allow him whatever abilities you have given him, in the program, or, if you will, in his life.

If during the Game experience, or life experience, if you will, you go into the character's computer file, (the Morphic Resonant Field,) and alter his looks and change his eye color; your character's eye color in the "Game" would instantly change to the new color. If you change his program to now have a disease, then the symptoms would show up on the character or disappear depending on what you have decided.

This is also like a soap opera Character. If the script one day says that the character has a disease, then the symptoms become present. If the script says that he has spontaneously healed by a miracle, then the symptoms immediately disappear.

The easiest way to get the update, download, or transfer of information, is "file to file," (Morphic Resonant Field to Morphic Resonant Field). Otherwise, you would have to study the other character and try to learn what they know, how they do it and then still have to believe that you was able to accomplish the same feat that they have accomplished, or it would not take place. Also, it is much easier to access, import and download the abilities that you want by identifying a Character already possessing that ability, and transferring the ability, or lines of computer code, directly from the energy comprising that Character's energy, Vibrational file, (Their Morphic Field,) directly to your Character's energy file. (Your Morphic Field).

So as you select the Character you want to "Learn or Transfer" from, you access the Mind of that character, (His Morphic Resonant Field,) and synchronize your Character's Mind, (You,) (Your Morphic Resonant Field,) with the Mind of the Other Character, (Connecting at proper frequency, (Link, Sync & Resonate,) thereby establishing a direct communication.) Then you request an information file transfer directly to your character, instantly updating yourself with your new found abilities and manifesting in your form and your experience.

You are not necessarily learning and transferring directly from that certain person or character, but instead from the Universe as a whole. You are only transferring from them as your representation of the effect, the act, the process.

This can also be visualized by remembering the "Matrix" movie where Neo was learning from the computer by downloading the know-how directly into his brain by wire. The only difference here is, the transfer is from mind to mind, by thought. Kind of like the famous, Vulcan "Mind Meld" that Spock used in the series, Star Trek. This however, is accomplished, not by touching, it is by thought only, and it is unlimited by distance, time, or reality.

We have Mind, Body and Soul. This all happens at the "Mind" level of our Being. Our Brain is part of our Body and is not our Mind. Our Soul is the Non Physical Love Energy that is playing the Character Part, and having the Physical Experience through the Physical Body.

Transferring an "Ability" or a "Trait" from someone else Mentally, is no different than the girl who was hypnotized to taste what was in someone else's mouth. If she could taste what they were tasting, why couldn't she do what they were doing, or what they could do, or Know what they know? What is the difference?

However, you must choose who you want to "Transfer from." Don't choose a character who also has faults that you do not want to acquire. While, it is possible to transfer only those traits that you want, and leave the rest, unless you are extremely clear in your thinking, you might inadvertently receive some of the rest. The logic of this situation is that anything that you think

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about, you attract as we know from resonance. So, if you are aware of these other traits, such as that they died of cancer, or went mad in their mind, for example, then just based on your awareness, those traits might get pulled in.

By Resonant logic, you can't say I don't want to get cancer, because just by mentioning it, you attract it. If you are going to try it anyway, be very clear in your mind about what you want and don't think about what you don't want. Just focus on the desired trait and think and feel as if you already have it.



As you define that this is how this works, you are in fact, creating this reality, your Reality, in which "this is how this works." You are actually creating this as your reality, and creating Your Universe as operating in this way by saying that it does. So as you say it does, It does.

Visualize, Link, Sync, and Transfer, (Communicate.)

The synchronizing is done using the Visual Cortex, the most powerful area of actual creation in our Brains. The Visual Cortex is the "Work shop" of creation. This area visualizes our reality, thereby creating it, weather we actually see this new reality with our eyes or just in our mind. Therefore, visual icons representing the "Character, or Vibrational energy file," that we want to access, link to, sync with, are necessary, in order to locate and identify, the specific energy file that we want. This icon can be in the mind only or it can be in the physical plane, (outside of our minds,) where you must fix your eyes on it and "take it into your mind." By using this outside visual stimulus, it gives a certain feeling of reality, and most importantly, consistency to the icon energy file identifier.

An icon in the mind, during great concentration, could lose focus due to the distraction of the intense concentration. While, an image outside the mind, such as a picture, remains constant and consistent during the concentration, and the locating of the file, phase.



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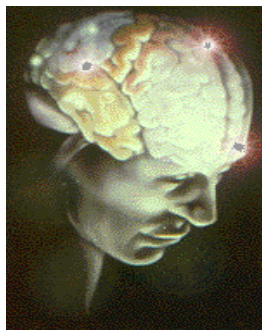
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No distance in the Universe. Like in a dream, you are where you perceive yourself to be. All points in space are in the same place. It is only our perception of distance that causes us to experience distance. We only travel in our perception. Have you ever walked or run or drove from one place to another in your dream? How far was it and how long did it take to get there? Did it really seem like you were actually moving from one place to another? You use all the same perceptions in your waking reality that you do in your sleeping dreaming reality. The sense of distance is a function of physical experience. How could you have a physical experience if physical things didn't take up space and cause distance from one place to another?

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Just Locate by thought. You are here because here is part of your Meaning. If you changed your Meaning to be "I am Here," Where Here is somewhere else, you should be able to locate yourself there. This is a very High level Consciousness ability. At the lower levels of Consciousness, you must go a distance in some sort of machine. However, since everything is only a Representation, like it is in Second Life, you can just "Teleport" yourself anywhere you want to be. In order to do this, you must KNOW that there is no such thing as distance, only Perceived Location. You don't have to "Go" anywhere or any distance. You only

have to "Be" where you want to be. Just like in the Virtual World of Second Life, you don't have to travel anywhere, you can just appear there.

That's why atomic particles seem to be connected at great distances, because there is no distance, it is just our perception that there is. There is a story that Michael Talbot tells about an experiment done with soldiers marching. The members of the group were told that they had marched different distances. Some were told that they were going to march 20 miles and others were told they were going to march 5 miles etc. After the March, which was only a few miles, the ones who thought they had marched 20 miles were worn out and exhausted and the ones who thought they had only marched 5 miles were feeling great. It wasn't what the real distance was, it was what they thought it was that made the difference.

In a dream we can walk or fly or run for miles, but how far did we really go? No distance at all. It is like being on a tread mill, exercising device. We can walk on it for hours and really think that we are going somewhere, but in the end no distance was traveled.

Distance is no more real than time is. If Distance isn't real, and it's not, then we can "Be" anywhere we want to be, in mind and/or in body. If you are now Representing your Body as being Here, why can't you represent your Body as being there? There are countless stories of Monks and others who can Bi-Locate. Be in more than one place at a time. It's your Reality.



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3:06

The "Magical" Home Pharmacy Remembering that EVERYTHING that you "DO" physically is only for the purpose of creating and conveying MEANING, then "Taking" pills are only creating Meaning and NOT actually physically doing anything. We have seen example after example where people took fake medicine and still "Received" the same benefits or effects that they would have from the "Real" Medicine. Additionally, Michael Talbot recounts numerous stories and examples in his book "The Holographic Universe" where people have taken the "Real" Medicine or Drugs without any effect. This same result is found when a Multiple Personality switches to another Personality that has not taken any drugs and therefore is not effected by any drugs or alcohol that another Personality had ingested.

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Finally, we just saw the [Video Example - How Powerful is Your Medicine Page 523?](#), where the actual Drugs that are on the Market claiming Powerful Results only had to be slightly better and more effective than a fake sugar pill to be allowed to make those claims. For all these Reasons and more, it is clear that Drugs and their effects are a function of the Meanings we give them and what we expect of them and NOT what they are actually made of.

So.... With the help of a Hypnotist, you could have a certain "Set" or collection of "Magical" Medicine Bottles, that will automatically change anything that is placed in them into powerful medicines and vitamins, more powerful than any you could buy. All you would have to do is keep them stocked, and filled up with "Tic-Tacs" or some other candy of your choice. As you fill the "Magical Bottles" they transform their contents automatically. When you need a Pain killer, for example, you open that "Medicine" bottle and get out 2 or 3 of the Magically converted "Tic-Tacks" and take them and your headache will go away. You are Using your GOD Power to convey the MEANING that you are taking the necessary Medicine to get the wanted and expected Results. One of the Great benefits of this is that you can create "Magical Medicines" that do things that "Real" Medicines could never do. So, besides the usual collection of Pain Killers, Vitamins, and the like, you could have Weight Loss Pills, Get Happy Pills, Make Money Pills, Find The Love of Your Life Pills etc. Taking these "Magical Pills" daily not only serve to created favorable conditions for your Body and life, like the Positive Labels did on the Rice example, but, they also serve as powerful "Re-Minders" to keep you thinking about what you want to accomplish and keep you expecting Favorable results like the "Lucky Charms" did as we mentioned in an earlier chapter.



Entire
Chapter
0:17:32



#15-01
3:17



Slide Show
Presentation
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#15-01
23:00



Flash Movie
Presentation
Chapter
#15-01
25:58

15. Conclusion



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Your Physical Life Experience is a marvel of self deception and magnificent representations. In the end, it all works together to create a very realistic experience that is believable in every respect. It is not the intent of this book to take away from the realistic experience that you are having, but instead, to show you how you can enhance it in your own way.

However, any changes in your Realistic Reality, require a profound change in belief on your part, not only in the specific change itself, but, in the belief that any changes in reality can be made at all. In that vein, I have explained the actual workings of reality in sufficient detail, and have included demonstrations, illustrations and examples enough, that anyone who has read this book, will realize that Reality is not fixed, and that it is quite possible to alter it, even in profound ways.

All you need is an awareness that there is even such a thing as a changing reality, and that it is possible to change your own Reality, and the rest of the proof and evidence will soon come to light for you in ways that are very personal and appropriate.

Remember, what you think causes your life experience to exhibit, demonstrate, and prove you correct, as it is the only view you have. So, if you allow yourself to think even for a moment, in a new direction about new possibilities for yourself, your World will soon reveal them to you and it will exhibit, demonstrate, and prove you correct in your actual experience. Then it will be easier to believe it, and even easier as more validation is received. It all starts with the faith to believe in something new in advance of the evidence.

You are only here for the experience, Nothing needs to be done

Any event or situation in itself doesn't matter - Only the meaning Matters

Every situation, event, place, or life in the Universe, already has "Meaning."

The Meaning is the one thing that you have control over with your GOD Power

You have the power (GOD Power) to change that meaning, as it relates to you, to a better one.

You must have Faith and Belief in your own Meaning for it to work Powerfully

Resonance activates Your Meaning and elicits the appropriate responses from the Universe

You experience your Life according to your Own Meanings

The Result, is Your New Personal Reality

Have I Met the High Expectations That I Created by the Title of This Book?

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#15-02
10:25



Illustration



Let's review where we have been to see if I have. First I explained that everything in the Universe is created from the very same Energy. I explained and showed you examples of how Frequency forms this Energy into objects and circumstances. I then showed you that Meaning Creates Frequencies which then forms this Energy. In short, it is Meaning (Through Frequency) that is the foundation of every Creation in the Universe. It is Meaning that shapes Energy into Matter, into Circumstances, and into Life. Meaning is at the Core of every single aspect of the Universe. If you change the Meaning you change the object, situation, or life experience.

Next, I told you what your GOD Power was. It is your ability to assign and change the Meanings of anything and everything in your life. You have the Power to assert new Meanings or change and alter existing Meanings. You have the ability to alter every single aspect of your Life experience, not at the surface level, but at its very core. When You change the Meaning that creates the situation, the situation MUST change. I further explained that you can change the Meanings of Situations just by Deciding to do so. Not through "Intention" but, by DECISION! All you had to do was Decide that no matter what the situation appeared to be, it was "GOING TO BE WORKING OUT FOR YOU!" Period! End of discussion!

The very moment that you Decide that things are working out, Resonance will bring to your attention evidence to confirm it. You will begin to recognize that things are in fact working out, and you will see options and opportunities, that you would have never seen or even been aware of had you not changed the Meaning of the situation. You also learned that you could change the meanings of events and activities by Visualizing and picturing the situation differently in your Mind, thereby asserting a different Meaning.

I further explained that Meaning creates Frequency, which then traverses the Universe faster than the speed of Light. That through the Power of RESONANCE that Frequency would find its own kind and elicit its kind into your experience. Resonance is an irresistible force that not only finds its Match, but then elicits and compels a response bringing the two Frequencies into Mutual awareness of each other. This is the power that "acts" on your new Meanings and brings them to completion.

I further explained that your emotions are your "On Board Computer" that are constantly checking and rechecking your actions and thoughts making sure that you are on track with YOUR Desired direction. In the event that you think a thought or make a move that is not in harmony with YOUR PLANS & BELIEFS, it lets you know immediately, so that you can either, get back on track or realign your plans and beliefs to accommodate this new direction. Man will NEVER be able to create a computer that is as powerful and accurate as your Emotional Guidance System.

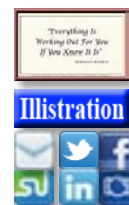
At this point we have covered what your GOD Power is and how it works. Let's see how you have learned to use it to get everything that you have ever wanted and to be able to live the life of your dreams! On this matter I gave you a powerful Formula, The Platinum Formula.



"Everything Is Working Out For You If You Know It Is."

 **Share This**

This simple formula states that if you KNOW that things are working out for you, they are. However, if you don't KNOW it, then they probably are not. The crux of this formula is being able to say with conviction that you KNOW that things ARE working out for you. As simple as that seems, it is the most significant objective of this whole book. This whole book is focused on getting you to KNOWING that everything IS working out for you. I think that we have accomplished that. Let's see how...



By your understanding that Meaning is the basis of any and every situation that has ever existed and will ever exist, coupled with your new understanding that you have the power, the GOD Power, to alter those meanings at will, you now can take control of every single situation in your life. We know that according to our understanding and as verified by Quantum Physics, every event has an unlimited number of possibilities and that it is the "Chooser" or the "Observer" that determines the outcome by a "Choice." You now have that choice to keep the Meaning as it is, or change it to a better one that suits your desires. Furthermore, because every situation has unlimited possible outcomes, each "Observer" in any given situation can "Choose" their individual "Outcome" by asserting their own Meanings that suit their wants and desires.

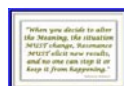
Even though this seems like a conflict of interest, it is not. We have also learned that even diametrically opposed Realities can exist simultaneously side by side without interfering with one another. So even though each "Observer" chooses a different Meaning for any given

situation, each individual Reality will accommodate each Chooser's Meaning in its own way. It matters not, what another says or thinks about any given situation, you have the POWER, the GOD Power, to alter it in your own way for your own purposes, and then enjoy the resulting benefits that you have thus created for yourself.

So, if you KNOW that you have the Power to alter any situation as you please and that no other person can prevent you from tailoring the situation to your needs and wants, and that whatever Meanings you assert, are acted on by Resonance which will exert an Irresistible Primary Force, that is not limited by Time or Space, to elicit and follow through creating the perfect Results for you, according to your Meaning, then you MUST KNOW, that the moment you take control and begin to assert and change the Meanings in your Life, YOU WILL GET EVERYTHING THAT YOU HAVE EVER WANTED AND WILL BE LIVING THE LIFE OF YOUR DREAMS. How could you not?



*When you decide to alter the Meaning, the situation **MUST** change, Resonance **MUST** elicit new results, and no one can stop it or keep it from happening.*



You must KNOW NOW, that the moment that you DECIDE that THINGS ARE GOING GOOD FOR YOU, they are, and that nothing can stop it from happening. You will immediately begin to see better options and better opportunities, and experience better results.



*"Everything Is Working Out For You If You **Know It Is.**"*

That brings us to the final and most important question. "Is everything working out for you?"

Decide NOW, That It Is.
KNOW THIS:
The Moment That You Decide That It Is,
It Is.

Good. Now, assert new and better Meanings to every single situation in your Life. NEVER let a situation or event get by you without making sure that you have validated that its Meaning is acceptable, and if it is not, then use your GOD Power to give it a new and better Meaning. You will be eliciting, noticing, and experiencing an explosion of wonderful experiences and events now. Good Work.



Watch
And
Share

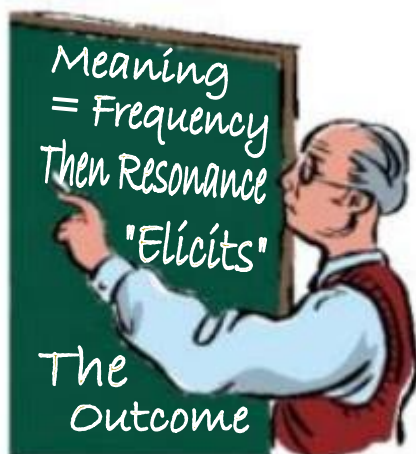


#15-03
3:49

Read This Book Again

You think that you got a lot from it the first time through, just wait and see what you will get in the next read! Remember that you only elicit and experience that which is within your own Reality. I know that most of this information was outside your Reality on the first read through. As a result, you might have read it, but, you have not really processed it into your Reality yet, not completely. However, some of it did "get in" and has in fact altered your point of view. When you read this book again, you will now be reading it and processing it from a new point of view, with new beliefs, that are much higher up than where you were the first time through. From this new perspective you will get an even higher and deeper understanding than you could have gotten the first time through, even if you studied it thoroughly.

Each time you read it, you will be eliciting evidence into your experience that confirms its validity. From that new place of higher belief, you will gain even more KNOWING and understanding. No matter how many times you read this book, you will get new and better understandings and your confidence in your own GOD Power will be stronger and stronger until you are the Absolute MASTER of your own Reality and your own life!



♥ Share This



Illustration



Teach This Material to Someone

♥ Share This

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And
Share

There is only one other way to gain an even better and deeper Understanding of this amazing material, and that is to teach it and share it with others in your Life. I don't mean to pass on this book to others to read, although that would be good too, but to actually verbally explain what you have read and what you KNOW to others. It could be your Family and Friends, Work Associates, Study Groups, or even civic or other speaking opportunities. As you form the ideas in your mind to speak them, they come from a different place, one that is a place of KNOWING, from the passive, to the active places in your mind and thinking. You don't have to be a great "Teacher" to share this KNOWLEDGE, just explain it the best that you can. It will invariably lead to a discussion that will heighten your understanding and KNOWING. If you want, you can just read part of it, a few pages and then explain them, read a few more and explain them. It is in your explaining that you deepen your understanding and greater KNOWING occurs.

You
Tube



If you don't have anyone to explain it to, then explain it to yourself in writing or on tape or just speak it out loud in a quiet place where you have some privacy. How about having your inner discussion with yourself, in the park on a beautiful day, or at the Beach, or in your favorite reading chair with your favorite music playing softly in the background.



Illustration



Maybe you aren't ready to get to the teaching part yet. Fine, then just read it again and maybe after you finish the book for the second time, you will have the confidence and KNOWING to share what you have learned with others. If not, Read it again. At some point, you will feel so good about what you know and the improvements in your own life that you will want to shout it from the roof tops! I'll be listening for those glorious shouts of utter JOY... Thank You!

R.L.M.



#16-01
3:06

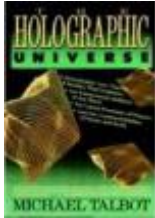
Appendix A



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A Tribute to Michael Talbot *Author of "The Holographic Universe"*



Michael Talbot wrote the bestselling book "The Holographic Universe." I bought the book many years ago and just never got around to reading it. Perhaps it wasn't time for me to read it until now. As we know everything is "Elicited" into action and actuality at just the right time, not a moment before or after. Frankly, it was just after I finished "Digesting" his book that I began to outline this book.

"The Holographic Universe," was just one of his many books that he wrote, but it was his most noteworthy. In it he promotes the idea that the Universe is "Holographic" in nature and is just a 3-d Projection similar to the Holographic image projections you see in the movies and at the theme parks. He made it his mission to explain the benefits of this knowledge through his interviews and public appearances.

After I read his book, I was so excited about the examples and this insight into the workings of the Universe that I wanted to meet him in person and discuss these concepts in depth. However, much to my dismay, I found out that he had died many years before and this "Meeting of the Minds" was never to be.

He was a "Master" of unearthing interesting facts and sources that most people would never be able to find. In his Master Piece, he has cited 530 References!!! That is an amazing amount of research. Most people would never be able to find all those sources and information. However, he had an advantage over most people. He was a firm believer in the supernatural and had personal experiences all his life with such things as "poltergeist" and "Seeing" what others could never see. It was because of his belief and faith in the supernatural that he was able to elicit, find and discover these hard to find stories and information of amazing Realities from around the World.

While I have included a handful of his stories and references in this book, it pales in comparison to the vast wealth of stories and references available in his book. It is your great fortune, that you can read this book first to expand your Reality into include the amazing, and then to read Michael's Book, "The Holographic Universe," to expand your thinking even more. You may never have read his book before because you were not eliciting that kind of information into your experience, but now that you are, it will prove to be quite valuable to you in your quest for "KNOWING."

"Thank You Michael for your wonderful book and contribution to my KNOWING."

Sincerely,

Richard Lee McKim Jr.



#16-02
2:27

Appendix B



Watch
And
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I Need Your Input For My Next Book



I am finding that I am now "Eliciting" amazing stories from people all over the World. As I expand my own Reality to include more and more amazing things and experiences, I am "Eliciting" more and more of them into my experience. I love it!!

Until now, most of the stories and hard to believe facts that were disclosed in this book would never have come your way. However, now that your mind and Reality have been expanded, you will begin to discover more and more amazing abilities in yourself and others. I want to hear about your amazing stories and abilities and even those of others that you know or have heard about. Remember, it is the "Idea" of it that is the most valuable. I am thinking about writing another book on amazing "GOD Power" Stories to further expand my Reader's minds as to what is possible. I am interested in anything that you know personally or have heard about from others.

Michael Talbot said that as a child he was able to see two Moons in the sky until someone told him that it wasn't real. I had a friend of mine tell me that when she was a little girl she levitated and it scared her. Another friend of mine told me that he threw a marble "Through" a wall as a kid and had to go around into the other room to get it. These kinds of amazing things are happening all the time.

I want to hear about them so that I can share them with growing number of enlightened people around the World who KNOW how the Universe really works. I won't share any personal information, just the story itself. I am also interested in Hypnosis stories and even successful Hypnosis "Scripts" that I can share with my Readers to help them expand their Personal Realities even more. Anything that you think would be interesting, Please send it.

Anyone who sends me a story, information, or just requests it, I will include you on a special Contact list to receive updates on interesting information that may be useful to your Reality Expansion work.

Send them to:

YourGodPower@Gmail.Com

Thank You,
Sincerely,
Richard Lee McKim, Jr.

Answers to Chapter Review Questions



1. Your GOD Power - Answers to the Chapter Quiz -

#01-07
11:35

[Go Back To Quiz on Page 47](#)

- 1) When it says that we were made in the "Image" of GOD, what does that mean?
c) We have a certain ability/power
- 2) What does Your GOD Power give you the ability to do?
a) Change Meanings b) Change Your Situation c) Get Well d) All
- 3) What do we have that animals do not?
d) Ability to change Reality
- 4) What is the foundational basis of every single experience?
b) The underlying Meaning of the experience
- 5) Does the idea of GOD Power make sense in terms of Religion, Physics, Psychology & Biology?
a) Yes



2. The Meaning of Life (Your Life) - Answers to the Chapter Quiz -

#02-10
17:26

[Go Back To Quiz on Page 65](#)

- 1) Your arrival here on Earth, can best be described as:
b) A well thought out, purposefully planned event
- 2) In the Point "A" to Point "B" example, Your Point "A" refers to what?
a) Your Birth b) The starting place of a journey of experience c) A new decision d) All
- 3) Your Physical Life Experience can be best described as
c) Playing a chosen character, that is actually experiencing their "part" as a real-life Experience
- 4) In the Camp Activity Example, it states that you are here for what?
a) To experience the activities of your choice
- 5) The concept of "Immersion" can best be described as:
a) The complete and utter focus on your physical experience to the exclusion of all else



#03-03
9:50

3. *The Most Powerful Formula In Your Life* - Answers to the Chapter Quiz -

[Go Back To Quiz on Page 70](#)

"Everything Is Working Out For You If You Know It Is."

- 1) In this formula, what does "Everything" refer to?
a) Your Finances b) Your Personal Life c) Your Health d) All of Them
- 2) In this formula, what does "Working Out" mean?
a) Getting Better
- 3) In this formula, who is "Everything Working Out" For?
d) You
- 4) In order for this formula to work, who has to be the one who "KNOWS" that everything is working out?
d) You
- 5) What does it mean to KNOW something?
d) You are Certain



#04-04
13:06

4. *Frequencies & Meaning - Answers to the Chapter Quiz -*

[Go Back To Quiz on Page 78](#)

- 1) Frequencies and combinations of Frequencies are the basis of what?
a) All Matter b) All Circumstances c) The Universe d) All
- 2) What is the basis of a Frequency?
a) Meaning that is already present b) Meaning that you assign c) Either
- 3) Frequencies can be added together to form:
a) More Complex Frequencies b) Matter c) The Universe d) All
- 4) Frequencies Form What into Matter and Circumstances?
a) Energy
- 5) The essence of a Frequency is that it causes Energy to:
a) Become Circumstance b) Vibrate c) Create Form d) All



5. Resonance, The Secret "Match-Making" Force Of The Universe - Answers to the Chapter Quiz -

#05-28
26:57

[Go Back To Quiz on Page 160](#)

- 1) Resonance is a state when what occurs?
a) **Like Frequencies Meet**
- 2) Resonance has the ability to do what?
a) **Move huge masses** b) **Elicit Responses From Like Frequencies**
c) **Bring into a mutual awareness people, situations and events** d) **All**
- 3) Resonance is a "Primary Force" second only to:
c) **Meanings & Their Frequencies**
- 4) Resonance has the power to:
a) **Elicit a specific result from a situation** b) **Create Mutual Awareness**
c) **Elicit Responses from any Distance or Time** d) **All**
- 5) Resonance can be best described as:
a) **The Universal Matchmaker** b) **Always working & Always effective**
c) **The "Enforcer" that carries out your Meanings** d) **All**



6. The Power of Labels - Answers to the Chapter Quiz -

#06-08
14:58

[Go Back To Quiz on Page 180](#)

- 1) Labels have the ability to do what?
a) **Assign Meaning to the Contents of containers** b) **Work in any language**
c) **Work Verbally as well as in writing** d) **All**
- 2) Labels can apply to what?
a) **Your Work** b) **Yourself** c) **Your Food** d) **All**
- 3) Affirmations are Labels that are created how?
a) **By Thoughts** b) **By Spoken Words** c) **By Actions** d) **All**
- 4) Written Labels do what powerfully?
a) **Confirm Meaning** b) **Assert Meaning** c) **Convey Meaning** d) **All**
- 5) "Happiness" and "Unhappiness" are what?
a) **States of Being** b) **Just Labels Which Elicit their kind** c) **Easily Switched By Decision** d) **All**



7. You Must Decide - Answers to the Chapter Quiz -

#07-07
6:03

[Go Back To Quiz on Page 203](#)

- 1) Making a Decision Creates what?
a) **A Meaning** b) **A Direction** c) **A Frequency** d) **All**
- 2) Making a Decision allows Resonance to do what?
a) **Elicit Appropriate Responses From Your World** b) **Bring Ideas to Mind**
c) **Show You Opportunities** d) **All**
- 3) Feeling Good about Your Present Circumstances Has What Effect?
a) **Elicits Better Options & Opportunities** b) **Makes Your Past Look Better**
c) **Creates a Better Future** d) **All**
- 4) When Faced With Options and Several Choices it's Best To
c) **Decide Which Option You Prefer & Align with it**
- 5) Your God Power is Enacted How?
a) **You Decide, You Align, That Creates Meaning, You Elicit by That Meaning**



8. What is "Reality?" - Answers to the Chapter Quiz -

#08-08
07:32

[Go Back To Quiz on Page 222](#)

- 1) We Share Our Reality with Who?
d) **No One**
- 2) Realities are Created by?
a) **Your Parents** b) **Your Personal Beliefs** c) **Instinct** d) **All**
- 3) Thinking at a Higher Level of Consciousness Allows You to What?
a) **See the Bigger Picture** b) **Create More Powerful Meanings**
c) **Have more Control Over Your Experience** d) **All**
- 4) Your Beliefs can be Created by
a) **Personal Experience** b) **The Opinions of Another**
c) **Personal Observations** d) **All**
- 5) Realities Define What?
a) **What You Can Do** b) **What You Are Aware of**
c) **What You Can't Do** d) **All**



9. *The Reality of Your Life Experience - Answers to the Chapter Quiz -*

#09-09
11:12

[Go Back To Quiz on Page 236](#)

- 1) GOD Power Creates Your Life Experience How?
 - a) **It Creates Meanings Which Elicit Certain Outcomes**
 - b) **It Changes Meanings Which Changes Your Experiences**
 - c) **It Creates Meanings Which Dictate Your Fate**
 - d) **All**

- 2) Faith is So Vitaly Important to Reality Creation Because
 - a) **It Allows a New Experience to Elicit Proof of Itself**

- 3) There Are Many Examples of Religious Miracles Because
 - b) **They Have the Faith to Believe in Them**

- 4) You Have Created a Certain Destiny or Fate for Yourself by
 - a) **Using Your Free Will**
 - b) **Using Your GOD Power**
 - c) **Making Decisions**
 - d) **All**

- 5) Your Fate is
 - b) **Can be Changed at Any Moment That You Decide**



10. *The Reality of Your Body - Answers to the Chapter Quiz -*

#10-35
23:52

[Go Back To Quiz on Page 382](#)

- 1) Your Body Can Be Best Described as
 - a) **A wonderful work of "Physical" Art**
 - b) **Your Expression in this World**
 - c) **A Representation Created By Meanings**
 - d) **All**

- 2) While You Are a Physical Human Being in this World You
 - a) **Are still a Being in a Non-Physical World**
 - b) **Can Create Any Experience**
 - c) **Experience a limited Knowledge appropriate for this Incarnation**
 - d) **All**

- 3) Using Your GOD Power You Can
 - a) **Create or Heal Illness**
 - b) **Age or Not Age**
 - c) **Create Your World**
 - d) **All**

- 4) Your Consciousness & Physical Sensations Can Be Best Described as
 - a) **Appearing as a Function of the Brain**
 - b) **A Function of your Non Physical Being**
 - c) **Residing Outside of the Physical Body and only being projected there**
 - d) **All**

- 5) Ghosts and Angels Have the ability to
 - b) **Become Physical Without Being Born First**



11. The Reality of Your Emotions - Answers to the Chapter Quiz -

#11-16
18:30

[Go Back To Quiz on Page 449](#)

- 1) Your Emotional Guidance System Can Be Best Described as
 - a) an "On Board Computer"
 - b) Guidance Based on Your Reality
 - c) A Most Amazing and Wonderful System that Assists You
 - d) All
- 2) The Four Levels of Enlightenment Exercise is used for what?
 - a) To Improve Your Vibrational State of Mind
 - b) To Improve What You Elicit
 - c) To Raise Up Your Consciousness About the Event
 - d) All
- 3) Emotional Volume Can Be Best Described as what?
 - a) The Level of Your Emotional State, Good or Bad
 - b) How You Feel
 - c) The Power of Your Resonance & Elicited Results
 - d) All
- 4) Accidents and Coincidences Can Be Described as
 - a) Outcomes that You Didn't Expect
 - b) A Normal Function of Resonance
 - c) Outcomes Whose Cause You Don't Recognize or Realize
 - d) All
- 5) You Can Get Rid of Unwanted Vibrations by
 - a) Using Your GOD Power to Change it
 - b) The Mutual Exclusion Technique
 - c) Change the Bad Vibration (Idea) into a Good One
 - d) All



12. Changing Your Own Reality - Answers to the Chapter Quiz -

#12-13
17:23

[Go Back To Quiz on Page 505](#)

- 1) Magic and Illusion can be described as:
 - a) An Illusion within an Illusion
 - b) An Example of Expanded Thinking
 - c) A Example of what is possible for Real in Your Reality
 - d) All
- 2) Some of the ways that you can Expand your Personal Reality include:
 - a) Altered Realities due to Ceremony
 - b) Affirmations and Assertion
 - c) Hypnosis
 - d) All
- 3) If a situation is "Observed" and experienced by 100 different People, how many different Realities are experienced?
 - b) 100 Different Realities
- 4) Hypnotism can expand your Reality powerfully by
 - a) Making people "See-Through"
 - b) An Intense Orgasm at the sound of a word
 - c) Giving you the ability to taste what is in someone else's mouth
 - d) All

- 5) The "Platinum Formula" and the "Golden Affirmation" and the combination of the two together have the most power and effect when
- a) You KNOW that they are true
 - b) Apply them to your own life
 - c) Decide that Things are going good for you and that you can have it all
 - d) All



#13-05A
20:21

13. The Reality of the Skeptic & the Doubter

- Answers to the Chapter Quiz -

[Go Back To Quiz on Page 517](#)

- 1) The Reality of the Skeptic Can Be Best Described as
 - a) Limited in scope, similar to the Animal Kingdom
 - b) Well Maintained
 - c) Defended at all cost
 - d) All

- 2) The Skeptic Can Be Relied Upon to
 - a) Never Accept on Faith anything that is not in his own Reality Already
 - b) Doubt Everything that Does Not Support His Point of View.
 - c) Never encourage Belief and Faith in advance of Proof and Evidence
 - d) All of the above

- 3) The Skeptic Should
 - a) Be Appreciated for his diligent Reality Maintenance
 - b) Be Ignored as to his personal opinions as they are of no consequence
 - c) Be Doubted as his opinions are only based on his own Reality and Beliefs
 - d) All of the Above

- 4) You Should Always
 - a) Be on the lookout for evidence that supports your Beliefs
 - b) Believe in Yourself
 - c) Doubt any and all information that does not support your assertions
 - d) All

- 5) If You Want to Expand Your Reality in a Big Way it would be best to
 - a) Believe Everything That is Amazing
 - b) Look for the incredible
 - c) Have Faith
 - d) All

Appendix D - Video Reference List

Video Examples may change from time to time and even be deleted altogether. Even if the Video Example is no longer available, the information in the book will explain everything that you need to know about that Video. However, if the Video Example is no longer available, check with the Video Example Blog to see if there is a Replacement Video or in some cases there may be additional Video Examples on the same Subject.

www.TinyURL.com/GodPower-VideoExamples



1. Your GOD Power



Chapter #1
Part 1 of 3



[Go To Page 16](#) Exercising By Visualization Gets the Same Results
[Sci Channel Weird Connections on Visualization and Physical Training](#)

[YouTube](#) [Play Video](#) [Check Video](#)

FIV-01-01-v1



Chapter #1
Part 2 of 3



[Go To Page 23](#) Man Dies from Placebo Effect
[Placebo - Healing the Body with the Mind \(2 of 4\)](#)

[Play Video](#) [Check Video](#)

FIV-01-02-v1-3



Chapter #1
Part 3 of 3



[Go To Page 31](#) The Case of the "Alligator Skinned" Boy
[Placebo - Healing the Body with the Mind \(3 of 4\)](#)

[Play Video](#) [Check Video](#)

FIV-01-04-v1-4 & 5



[Go To Page 34](#) Fake Knee Surgery Works Miracles
[Placebo - Healing the Body with the Mind \(1 of 4\)](#)

[Play Video](#) [Check Video](#)

FIV-01-04-v2



[Go To Page 38](#) Quantum Physics – Observer affects Outcome
[Quantum Physics Double Slit Experiment - What The Bleep Movie](#)

[YouTube](#) [Google](#) [Check Video](#)

FIV-01-05-v1



[Go To Page 42](#) The Biology of Perception
[Bruce Lipton - Biology of Perception](#)

FIV-01-05-v2-1 to 7 [Check Video](#)

1 [YouTube](#) 2 [YouTube](#) 3 [YouTube](#) 4 [YouTube](#) 5 [YouTube](#) 6 [YouTube](#) 7 [YouTube](#)

2. The Meaning of Life (Your Life)



Chapter #2
- ALL -



[Go To Page 059](#) A Past Life Regression Expert
[Michael Newton - Past Life Regression](#)

[Check Video](#)

FIV-02-06-v1-1 to 5

1 [YouTube](#) 2 [YouTube](#) 3 [YouTube](#) 4 [YouTube](#) 5 [YouTube](#)

5. Resonance, The Secret "Match-Making" Force Of The Universe



Chapter #5
Part 3 of 4



[Go To](#) Dog Knows His Owner Is On the Way Home
[Page 121](#) Rupert Shel Drake - The Morphogenetic Universe

Whole Video: [Google](#) [Check Video](#) FIV-05-15-v1-1 to 9



[Go To](#) Dog Knows His Owner Is On the Way Home (2)
[Page 122](#) Rupert Shel Drake: Pets and Their Masters

[YouTube](#) [Check Video](#) FIV-05-15-v2



[Go To](#) Plants Have Consciousness
[Page 131](#) Experimental PROOF - PLANTS can READ YOUR MIND

[YouTube](#) [Check Video](#) FIV-05-16-v1-S1



[Go To](#) World Consciousness Demonstrated
[Page 145](#) Global Consciousness Project (GCP)

[YouTube](#) [Check Video](#) FIV-05-19-v2



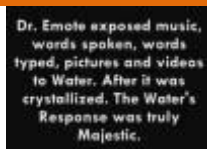
[Go To](#) Lottery Winner Survives 911
[Page 147](#)

[Check Video](#) FIV-05-22-v1

6. The Power of Labels

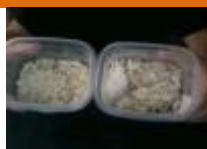


Chapter #6
Part 1 of 2



[Go To](#) Water Absorbs Meaning
[Page 162](#) Water, Consciousness & Intent: Dr. Masaru Emoto

[YouTube](#) [Check Video](#) FIV-06-01-v1



[Go To](#) Rice Labeled With Negative Meaning Rots Faster
[Page 164](#) Masaru Emoto Rice Experiment

[YouTube](#) [Check Video](#) FIV-06-01-v2



[Go To](#) Rice Labeled With Negative Meaning Rots Faster 2
[Page 165](#) Rice Hado Experiment Masaru Emoto

[YouTube](#) [Check Video](#) FIV-06-01-v3

7. You Must Decide



Chapter #7
Part 1 of 2



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9. The Reality of Your Life Experience



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10. The Reality of Your Body as a Representation



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10. The Reality of Your Body as a Representation



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10. The Reality of Your Body as a Representation



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11. The Reality of Your Emotions



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12. Changing Your Own Reality



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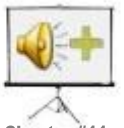


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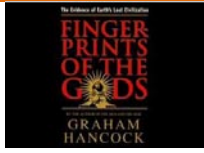


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Chapter #12
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12. Changing Your Own Reality



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13. The Reality of the Skeptic & the Doubter



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14. What's Theoretically Possible in Your Own Reality



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How To Use Your GOD Power

Appendix E - How To Burn Your Own Audio Book CDs

These Audio Tracks, (Audio-Book 35+ Hours) have at least two hundred more pages of information in audio form that are not covered in the book (13+ Hours More than the Book). Not only do the Audio Tracks have more information, but, they also powerfully convey the information by how the material is read and explained. Additionally, the Audio Tracks have “Sound-Illustrations” and “Audio-Quotes” where I not only read the Important Quotes written in the book, but, I also include Audio Clips of the actual people speaking their own Quotes.



Chapter #01			Chapter #02		Chapter #03	
<u>1</u> 20 Tracks 56 Min	<u>2</u> 22Tracks 47 Min	<u>3</u> 29Tracks 65 Min	<u>4</u> 29Tracks 68 Min	<u>5</u> 43 Tracks 45Min		
Chapter #04			Chapter #05			
Included With Chapter #03	<u>6</u> 28 Tracks 74 Min	<u>7</u> 23 Tracks 61 Min	<u>8</u> 23 Tracks 67 Min	<u>9</u> 24Tracks 67 Min	<u>10</u> 14 Tracks 29 Min	
Chapter #06		Chapter #07		Chapter #08		Chapter #09
<u>11</u> 22 Tracks 61 Min	<u>12</u> 25 Tracks 28 Min	<u>13</u> 26 Tracks 51 Min	<u>14</u> 27 Tracks 53 Min	<u>15</u> 41 Tracks 66 Min	<u>16</u> 33 Tracks 48 Min	
Chapter #10						
<u>17</u> 25 Tracks 63 Min	<u>18</u> 31 Tracks 73 Min	<u>19</u> 33 Tracks 62 Min	<u>20</u> 36 Tracks 71 Min	<u>21</u> 28 Tracks 61 Min	<u>22</u> 40 Tracks 65 Min	
Chapter #10			Chapter #11			
<u>23</u> 41 Tracks 63 Min	<u>24</u> 27 Tracks 70 Min	<u>25</u> 33 Tracks 54 Min	<u>26</u> 46 Tracks 65 Min	<u>27</u> 35 Tracks 62 Min	<u>28</u> 21 Tracks 56 Min	
Chapter #11		Chapter #12				
<u>29</u> 34Tracks 63 Min	<u>30</u> 32 Tracks 68 Min	<u>31</u> 42 Tracks 52 Min	<u>32</u> 17 Tracks 53 Min	<u>33</u> 20 Tracks 70 Min	<u>34</u> 28 Tracks 38 Min	
Chapter #13	Chapter #14	Chapter #15		<i>How To Use Your God Power Audio-Book CD Collection (40)</i>		
<u>35</u> 33 Tracks 72 Min	<u>36</u> 40 Tracks 64 Min	Included With Chapter #14				
Bonus Audio CDs: Just The Chapter Reviews & Quizzes For Each Chapter						
<u>37</u> #03-#04 49 Tracks 59 Min	<u>38</u> #05-#07 39 Tracks 53 Min	<u>39</u> #08-#11 52 Tracks 70 Min	<u>40</u> #12-#13 35 Tracks 58 Min			

Burn Your Own Audio Book CDs By Loading up to 80 Minutes of the Book at A Time in Your Music Player/Burner and Then Burning That CD. Then Load The Next CD & Burn It To CD. Do This Until You Have All The CD's Needed For the Book.

(Click on the Audio-Book CD Number that you want to Load Your CD Burner)

Appendix "Slide-Show List"

Select The Slide-Show You Want to Watch and Click on Its #

These Slide-Shows have over 1,500 Slides and more than 51+ hours of Audio & Video. These Slide Shows "Play" like a video, automatically showing you all the illustrations, pictures and information that you need to see and playing the information that you need to hear. They include "Animated Illustrations" & Selected Videos which help to powerfully make the important points of the Course. This is a very easy way to quickly cover and learn the material.



Click On The Slide Show You Want to See

Chapter #01			Chapter #02									
<u>1</u> 24 Slides 56+ Min	<u>2</u> 28 Slides 47+ Min	<u>3</u> 60 Slides 66+ Min	<u>All</u> 55 Slides 68+ Min									
Chapter #03		Chapter #04		Chapter #05								
<u>All</u> 50 Slides 20 Min	<u>All</u> 52 Slides 24+ Min	<u>1</u> 37 Slides 74+ Min	<u>2</u> 28 Slides 61+ Min	<u>3</u> 37 Slides 67+ Min	<u>4</u> 71 Slides 95+ Min							
Chapter #06		Chapter #07		Chapter #08								
<u>1</u> 29 Slides 61+ Min	<u>2</u> 54 Slides 28 Min	<u>1</u> 29 Slides 51+Min	<u>2</u> 57 Slides 53Min	<u>All</u> 69 Slides 66 Min	<u>All</u> 62 Slides 48+ Min							
Chapter #10												
<u>1</u> 32 Slides 63+ Min	<u>2</u> 37 Slides 73+ Min	<u>3</u> 37 Slides 62+ Min	<u>4</u> 42 Slides 71+ Min	<u>5</u> 38 Slides 61+ Min	<u>6</u> 23 Slides 65+ Min							
Chapter #10			Chapter #11									
<u>7</u> 50 Slides 63+ Min	<u>8</u> 31 Slides 70 Min	<u>9</u> 62 Slides 54 Min	<u>1</u> 54 Slides 65++ Min	<u>2</u> 40 Slides 62+ Min	<u>3</u> 25 Slides 56 Min							
Chapter #11		Chapter #12										
<u>4</u> 44 Slides 79 Min	<u>5</u> 56 Slides 51+ Min	<u>1</u> 54 Slides 52+ Min	<u>2</u> 24 Slides 53+ Min	<u>3</u> 25 Slides 70+ Min	<u>4</u> 57 Slides 38 Min							
Chapter #13		Chapter #14		Chapter #15								
<u>All</u> 62 Slides 72+ Min	<u>All</u> 24 Slides 40+ Min	<u>All</u> 25 Slides 23 Min	<p><i>All Slide-Shows Are Presented In A Full Screen, Movie-Like Format</i></p>									
<p>The Reviews & Quizzes For Each Chapter - Just Click On The "Professor" In The Lower Left Corner, And You Will Jump Directly To The Review & Quiz.</p>												
<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>



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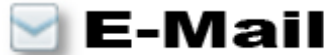
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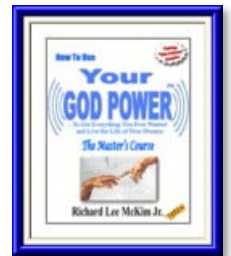
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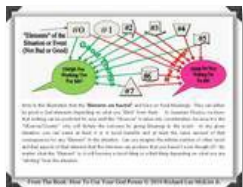
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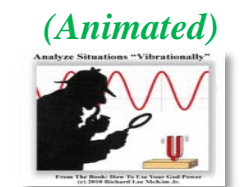
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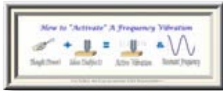
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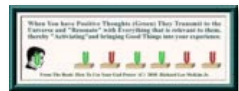
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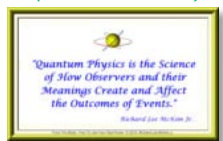
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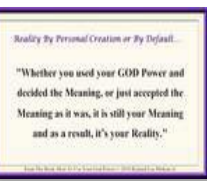
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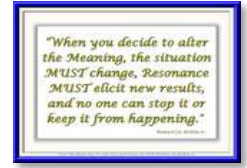
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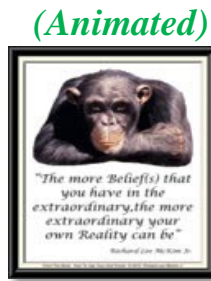
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Bernadette's Finger in Candle Flame For 10 minutes!

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The Physical Body & Its Sensations Are Separate Functions

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Life Is The Journey Between Point A to Point B

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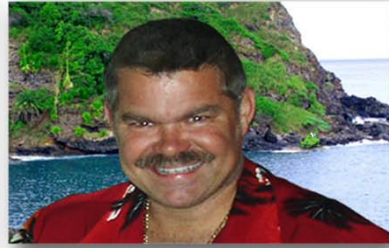
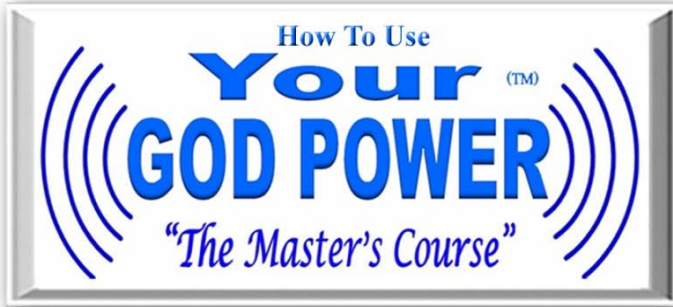


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Richard Lee McKim Jr.



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Basic & Foundational Concepts

#1) The Facts & Circumstances DO NOT CREATE REALITY. Meaning is What Creates & Elicits Reality. Meaning Creates Vibration Which Resonates With And Activates Everything That Is Like It in The Universe. You Have The Power To Decide on The Meaning to Create The Reality You Want.

#2) There is NO Right Answer in The Universe. It Doesn't Matter Whether You Go Left or You Go Right, As Long as You Decide That You Are Going The Best Way. Then The Way You Go BECOMES The Correct/Best Path By DECISION.

#3) You Are in The Perfect Place Right Now. From Where You Are, With What You Have, You Have The Ability to "Elicit" Whatever it Takes to Get to Where Ever You Want to Go. If You Go Left & You End Up on Top of a Mountain, You Will Elicit a Helicopter to Get to Where You Want to Go. If You Go Right And End Up on The Beach, You Will Elicit a Boat That Will Take You Where You Want to Go. If You Need Money, You Will Elicit a Way to Get it. It Doesn't Matter What Your Circumstances Are, What You Have, or Where You Are.

However, If At Any Point, You Think That Things Have Gone Wrong, Then You Will NOT Be Able to See The Solution Even Though It Is Lying At Your Feet. If This Happens, Go Back To #1.

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"Let Your Quest For Knowing, Continue!"

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